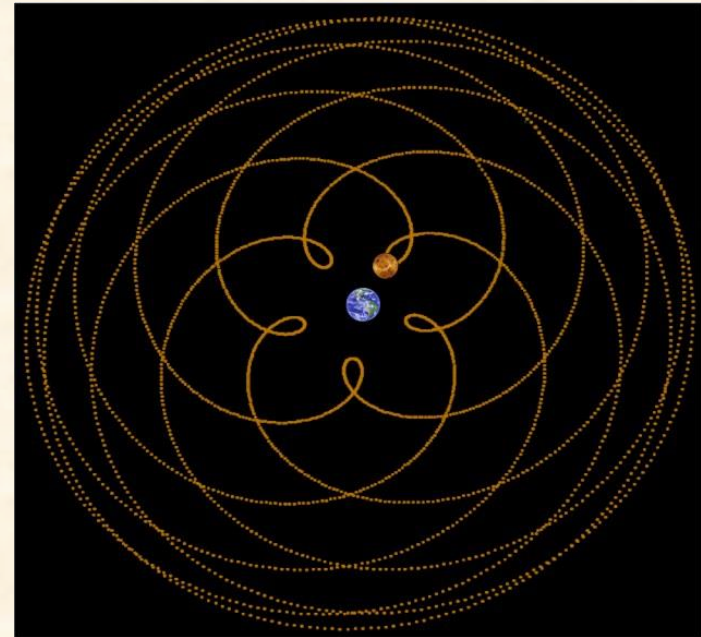


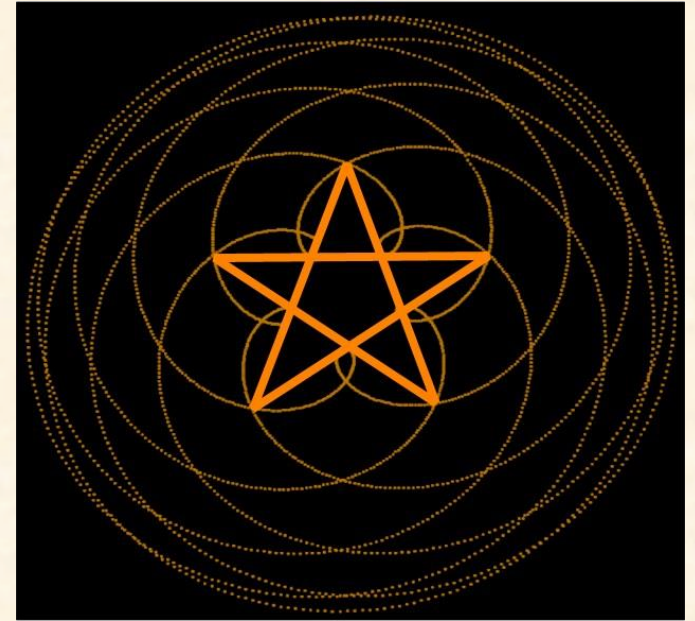
Venus Star Phase

with Cayelin K Castell
and Tami Brunk



Venus Star Phase Overview

- **Quick Venus Cycle Review**
- **Quick Look At Elements**
- **Venus Morning Star Retrograde**
- **Venus Morning Star**
- **Inanna Underworld**
- **Venus Evening Star**
- **Venus Evening Star Retrograde**
- **Metamorphic Underworld**



Venus Star Phase

Descent - Morning Star Journey (about 260 Days) **About 44.5%**

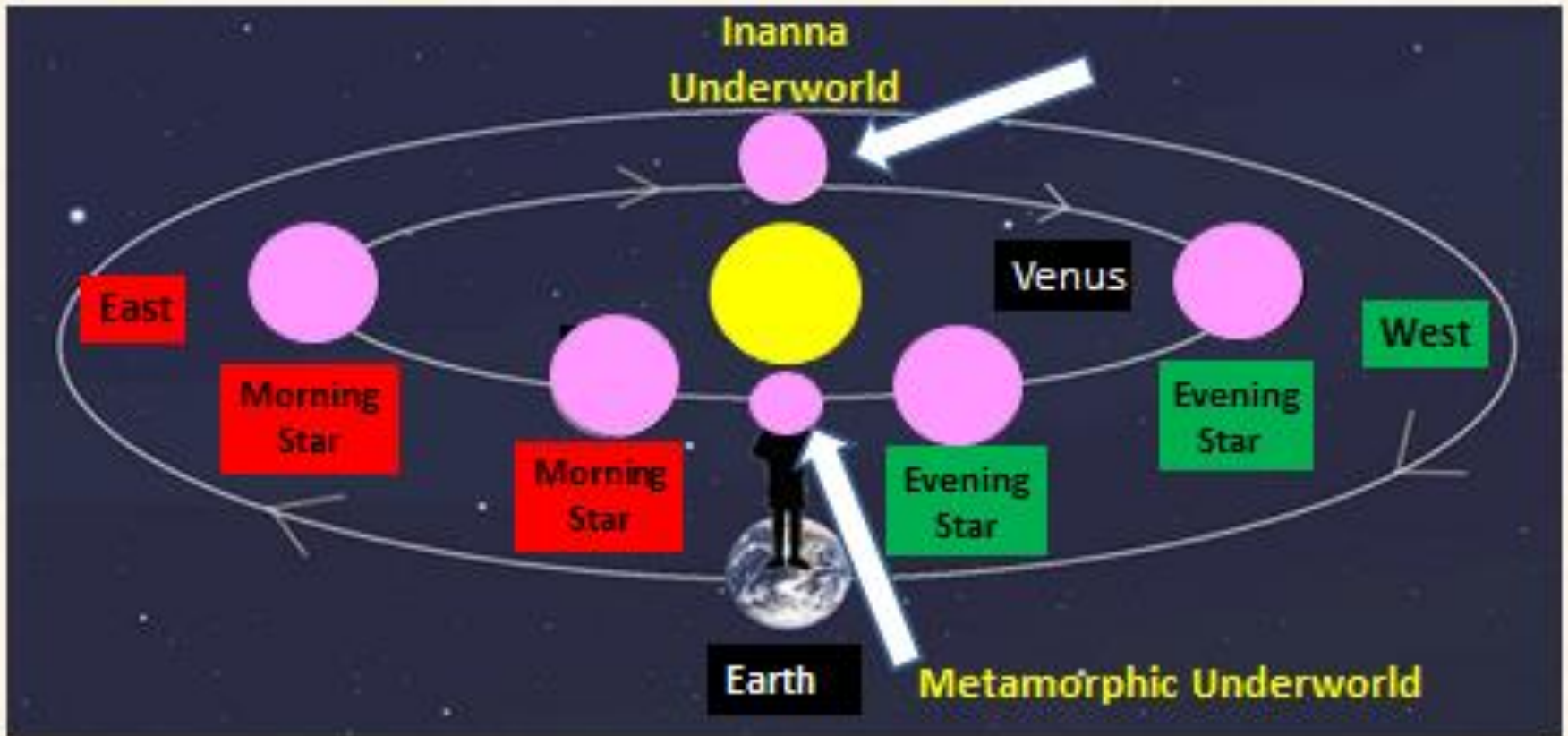
Ascent - Evening Star Journey (about 260 Days) **About 44.5%**

Gates - Venus/Moon conjunctions related to the Chakras

Inanna Underworld - Venus is with the Sun for about 60 to 90 days **About 10%**

Metamorphic Underworld - Venus is with the Sun for about 8 days **About 1.36%**

Note: Venus Retrograde (about 40 Days) and is only **About 6.8% of the cycle**



Fire – Yang Feminine

Morning Star

Enthusiasm

Courage

Inspired Action

Water - Feelings

Inanna Underworld

Shamanic Death

Surrender

Intensity

THE ELEMENTS

Earth – Yin Feminine

Evening Star

Maturity

Wisdom

Life as Sacred

Air - Consciousness

Metamorphic Underworld

Shapeshifting

Quick Transition

Breath of New Life

Invocation to Morning Star Venus

I am the Bringer of the Dawn. I am the Bright and Shining One. I am Bold, and Beautiful

Call me by my true names: Inanna, Sekhmet, Dawn Bringer, and feel my light as the flame inside, fueling your passionate commitment to your True Cause and Purpose

I am She who Calls the Sun, She Who Defends the Cosmic Order, Bringing Light in Times of Great Darkness

All You Beloved's whose Fear and Hesitation cause you to Stumble, call upon me for Courage and Clear Direction

Learn Through me the True Meaning of Sacrifice—to Make Sacred Your Life. What Must you Surrender, to Make your Life Holy Again?

What Must you Let Go, in order to Hear Me and Rest in the Deep Presence of Your Feminine Soul?



Abide in my Fierce Grace, and Be Guided in the Great Giveaway of All That is False in you, leaving only Truth.

Prepare to be Made New.

Morning Star Phase

The Morning Star Phase begins when Venus appears in the Morning Sky, heralding the Dawn and beginning a new Synodic Cycle.

Venus is closest to the Earth and therefore often very bright

Morning Star Venus continues to leap higher in the Sky moving toward Maximum Elongation or the furthest distance from the Sun in the current cycle

After Maximum Elongation Venus begins her descent, growing steadily dimmer and lower in the Morning Sky returning to the Sun. When Venus is within 10 degrees of the Sun she has begun her Underworld Initiation.



Venus is Always Retrograde When Rising as Morning Star Beginning a New Cycle



- Venus in this part of the Cycle only occurs every 19 months for 16 days so it is rare to be born into this phase (about 2.7% born in this Phase)
- All Morning Star Insights and Challenges Apply with additional insights
- Venus Retrograde Morning Star is Closest to the Earth—Bright, Strong, Vital and Eager for her Initiation
- She is still Close to Spirit and her Previous Incarnation
- Inanna “Puts her ear to the Great Below” hearing the call to descend to the Underworld in this part of the Cycle
- She makes the Choice to Go to the Underworld in this part of the Cycle
- She is in Preparation during this part of the Cycle, gathering all her vestments to be offered at the 7 Gates

Venus is Retrograde the First 16 Days of Her Morning Star Journey



If You are Retrograde Morning Star Venus:

- You have a strong connection to Spirit, to your God/dess Nature
- You radiate Vitality and Unshakeable Strength
- You might feel as if a Great Destiny is calling you to a Sacred Aim and Purpose
- You are here to Shine Brightly, meeting Life Challenges as the Spiritual Warrior you Are
- This Star Phase is about CHOOSING to Boldly Meet these Challenges with a Fierce, Resolute Commitment and Courageous Heart

Additional Challenges/Shadow

- With so much strength and vitality, you may find it difficult to relate to those who are not as strong or who don't recognize their Divine Nature and Personal Power. You might also find that people experience you as "too much."

Morning Star Phase: Historical & Cultural Perspectives

- Venus Morning Star **Heralds the Rising of the Sun**: God's light preparing to shine on humanity
- To the Greeks, Morning Star Venus was known as **Phosphorus: "Light Bringer"** and was exemplified by Athena. The Latin name for Morning Star Venus was **Lucifer: *Shining One or Light Bearer.***
- Morning Star was Quetzalcoatl, Evening Star was his brother, Xolotl
- In the Bible **Jesus was referred to as the Morning Star**
- The Phoenicians named Morning Star **Al Fena**, who would become Athena in ancient Greece
- The Yolngu Aborigines Named **Morning Star Venus Barnumbirr**, Creator-Goddess enabling them to communicate with their ancestors



Warrior Goddess

- Morning Star Venus has long been perceived as possessing warrior qualities and across Mesoamerica the **first sighting of Morning Star was a time to initiate battle**

Feminine or Masculine?

- Different cultures perceived Morning Star Venus as either **Feminine or Masculine**. In Shamanic Astrology Morning Star Venus **adds Yang** to the Feminine Archetype (Venus Sign)

Morning Star Sacrifice: Making Sacred

- Descent of Morning Star Inanna, Ishtar, Lucifer's fall into the Underworld, Christ's crucifixion and Pawnee Native American and Mesoamerican Blood Sacrifice are all connected to Morning Star Venus
- At the Turning of the Ages we see the past 5000 years or more has been Feminine and Masculine out of Balance. Distortions have occurred that Glorify Sacrifice with little regard for original understanding and intent
- We now Remember and Restore the True Meaning of Sacrifice as "To Make Sacred." When we Consciously Choose to Strip away all that is Inauthentic in us, we restore the Sacred



In the stories of Christ and Inanna , (both Divine Beings) **Empowered Sacrifice** is an Offering from Choice rather than Imposed by the Powerful onto the weak - benefitting primarily those Enforcing the Sacrifice

*We Honor Morning Star Venus in an Empowered Way,
Sacrificing Any and All Distractions, Karmic Burdens,
Patterns of Harm and Separation from Self and Others,
Programming and Beliefs Blocking our Full Embodied,
Soul-Filled Authentic Expression on Earth*

**The Sacrifice that causes sorrow
to the doer is no sacrifice.**

**Real Sacrifice Lightens
the mind of the doer
and gives him a sense
of Peace and Joy
~ Mahatma Gandhi**



Morning Star Phase Intent

Add Fire: Spontaneity, Energy, Vitality, Strength

Aries Warrior Goddess, Fierce Protector

Leo Queen of Heaven, Self Directed

Sagittarius Spiritual Quest

Questing for Universal Truth

- A Healthy Relationship to Morning Star Venus is about Clear, Single-Pointed Focus to Boldly Engage our Noble Cause and Mission
- It is about Being Willing to Take Fiery, Spontaneous and Inspired Action to Accomplish our Purpose
- It is about Cultivating Fierce Compassion for Self and Others
- Rising Up to Meet the Challenges in our Life Path and Bravely Sacrificing our Old Identities and Patterns so as to Become More Whole/Holy



**Sekhmet: Warrior Goddess and Queen
Defending and Protecting the
Cosmic Order**

Morning Star Phase Intent

- This is a Place of Trust and Innocence
- Discovering we are Powerful Enough, Strong Enough
- We Have What it Takes to Enter the Underworld and Successfully Experience our Initiation.
- Understanding that there are times when Destruction is Necessary, and Letting Go is ALWAYS Necessary.



Morning Star Phase Intent Continued Spirit into Matter, or Soul-Return

Morning Star Descent Deepest
Intent is the Essential Feminine
Alchemical Process of Involution
or Bringing Spirit into Matter

This is about “Ensoulement” or the
Process of Tending and
Remembering our Feminine Soul.



Morning Star Phase Intent Continued: Spirit into Matter, or Soul-Return

- Inanna Morning Star is the All-Powerful Queen of Heaven and Earth
- Spiritually and Materially Masterful Yet Uninitiated in the Realm of Heart and Soul
- Her fierce commitment is to Willingly Give Up her Old Identity, Her Hubris, Her False Power
- To Cultivate Compassion and Become a Fully Feeling, Embodied, Authentic Expression of the Divine In the Way That Only She Can



Morning Star Phase

Challenges on the Path

- **Light-Polarized**, Unwilling to Go to the Depths Due to Attachment and Identification with Spiritual or Material Power and Ego
- **Not Daring to Care** Remaining Distant and Aloof to Suffering and Pain
- **Overcommitting to Projects and Responsibilities** In Denial of Limitations around Time and Abilities



Morning Star Phase

Challenges on the Path

- **Excess Fire or “Pitta”** as Described in Ayurvedic Medicine
- **Turned Inward** is Anxiety or Depression
- **Expressed Outward** maybe Angry Outbursts, Addiction to Conflict and Drama
- **Paralysis** due to Fear of Possible Loss Incurred During Initiatory Process



Morning Star Phase

Venus for Men

- You May be Attracted to Bold, Fearless Feminine Partners, Yet Also Feel as if You Have to Take the Cautious, Reflective Role to Counter Their Impulsiveness
- **You May Project onto Partner that They Take the Initiative and Make Things Happen.**
- Intent is For You to Cultivate that Capacity Within, to Become “Self Sparking”

Your True Intent is to Integrate the Qualities of Courage, Boldness, Willingness to Let Go and Inspired Action

AND to embrace the Morning Star Qualities as Support for Your Own Life Path, Not Necessarily for Others.



Morning Star Phase, Strategies to Overcome Challenges

The key for Morning Star Venus is for her to fully claim her identity as Warrior Queen, and **perceive all of her Life challenges as a sacred initiation.**

Her secret super power is that she **CHOOSES** to move forward, to take risks, to release and relinquish all that stands in the way of deepening into her Feminine Soul.

In the words of author Bill Plotkin:

Entry into the life of the Soul demands a steep price. What's that price? Falsity. Everything that is not authentic.



Morning Star Phase Questions

What does it Mean to Commit to a Mission of Descent, Death and Rebirth?

What am I Willing to Sacrifice to Experience More of the Sacred?

How do I Protect or Restore the Cosmic Balance?

How do I Practice This WITHIN First?

Morning Star Retrograde:

What is Needed for Me to Fully Prepare and Train for my Death and Rebirth Initiation?



Inanna Underworld Phase

Add Water Feeling Realm

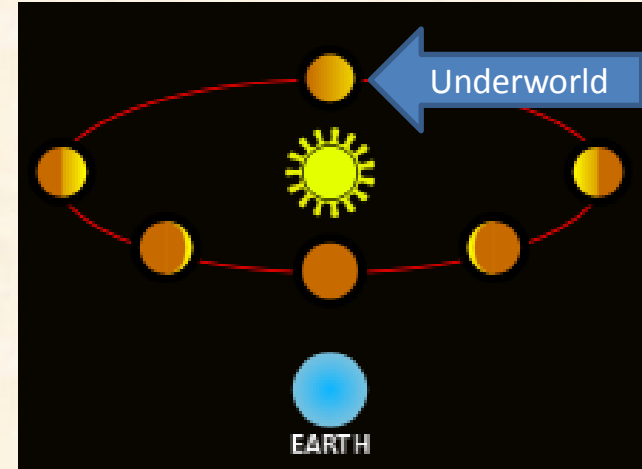
Scorpio Deep Feelings, Including Experiences of Shamanic Death and Rebirth

Cancer/Pisces empathy and compassion for human family

In this Phase Venus is on the Other Side of the Side from Earth for 60 to 90 Days. Venus is not visible as she is within the beams of the Sun, consumed by its light.

This is about Shamanic Death and Rebirth. Inanna Dies but when she is reborn she is still Inanna.

If you have the Inanna Underworld Phase of Venus and nothing in Scorpio or the 8th house, or Pluto aspecting personal planets, and angles, your life will still be very Shamanic requiring you learn surrender for the purpose of gaining greater empowerment.



Inanna Underworld Phase Intent

- Integrating the Shadow and the Light
- You are required to Die and Be Reborn To Your True Self Over and Over
- You are here to learn How to Masterfully Move Between the Worlds
- This is about becoming more empowered through mastering the ability to Let Go, Relinquish, Release , Surrender and Feel Your Feelings from the Inside Out
- Going Deeper Than Ever Before



Inanna Underworld Phase

Challenges/Shadow:

- Feeling at the effect of circumstances beyond your control
- Initially Feeling Disempowered
- **Feeling Life is Too much such as:**
Loss and Emotional Intensity
Intense Experiences and Intense Feelings
- Constantly having to Face Your Fears
- Feeling Frustration, Anger and Not Understanding What the Heck is Going On?

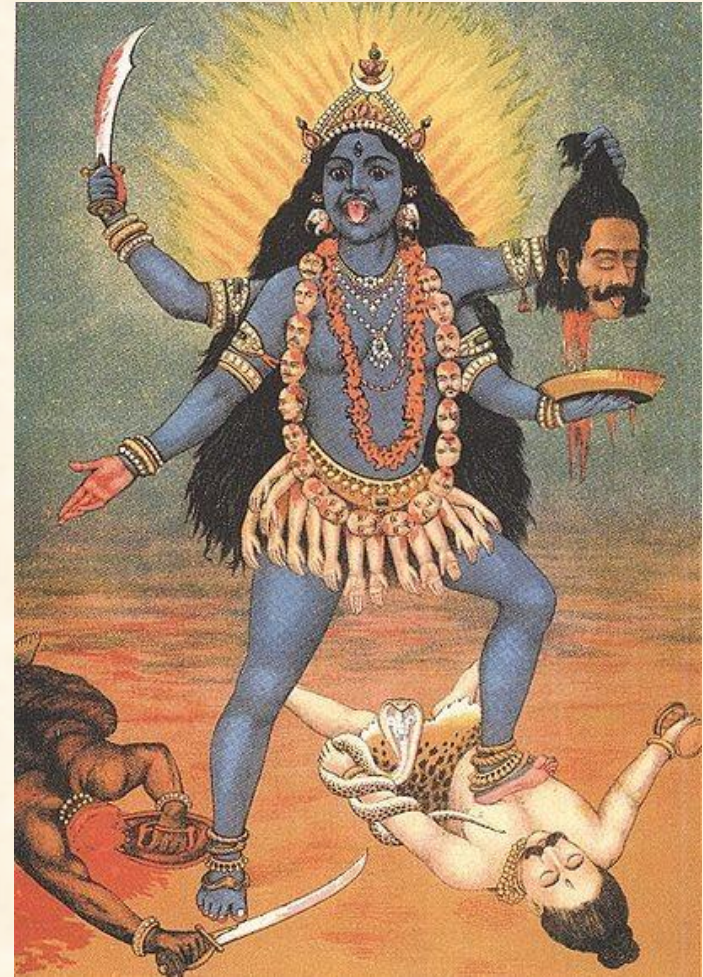


Inanna Underworld Phase for Men

Can feel at the effect of the Dark Goddess, with tendency to attract the shadow side of women.

AND/OR experiencing relationships with the wounded feminine, including:

- Addictions
- Control Issues
- Partners who hate or are afraid of Men
- Partners who are afraid to be in a deep, passionate intimate relationship



May be attracted to partners who express emotional intensity and are into drama and constantly create it, often unconsciously. OR partners who hide their emotional intensity so it comes out in unhealthy ways usually through some form of addiction.

Inanna Underworld Phase for Men Intent

Own your intensity within the self, going deeper into the feeling realm, deep into intensity that comes from the inside out.

To experience **powerful aliveness** by connecting with your inner beloved

What's in the way of you experiencing ultimate aliveness? Clues are in the sign of natal Venus. This will be covered in the other classes

If the sign is Scorpio, or Pluto is involved, there's no question, the intent is to REALLY get empowered, and the doorway is through the Underworld Initiatory Experience.

Also it is important to consider the generation you're born into, as well as the religious and cultural situation you encountered in early life.

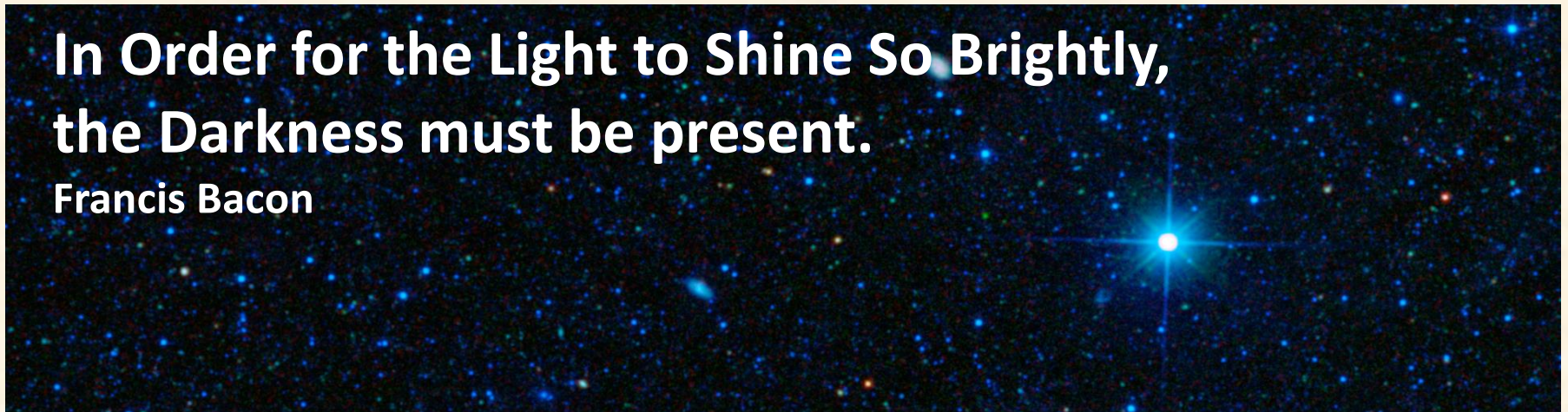


Inanna Underworld Phase Questions

- What would it take for me to embrace full and complete transformation?
- What attitudes, beliefs, modes of being, need to die so that I can be completely transformed?
- What is holding me back from utter and total renewal?
- What would it take for me to Feel ALL that I truly Feel?
And be empowered by Feeling those Feelings?
- What is my deepest fear or fears and what will it take for me to face and embrace it?
- In what ways have my darkest initiations served my greatest experiences of empowerment?

**In Order for the Light to Shine So Brightly,
the Darkness must be present.**

Francis Bacon



Charge of the Evening Star Goddess

I who am the beauty of the Green Earth
and the White Moon among the Stars
and the Mysteries of the Waters,
I call upon your Soul to Arise
and Come Unto Me.

For I am the Soul of Nature that
Gives Life to the Universe.
From me all things Proceed and
unto me they must Return.

Let my worship be in the heart that
rejoices, for behold - all acts of
Love and Pleasure are my Rituals.

Let there be Beauty and Strength, Power
and Compassion, Honor and Humility,
Mirth and Reverence within you.



And you who seek to know me,
know that your seeking
and yearning will avail you not
unless you know the Mystery:
for if that which you Seek,
you find not within yourself,
you will never find it without.

For behold, I have been with you from
the beginning and I am that which is
attained at the end of desire.

Evening Star Phase

This is when the Venus (Queen of Heaven) appears on the western horizon after sunset. As night progresses she slowly sets in the west.

It is as if the stars surrounding radiant Venus in the evening sky are her people and they are illuminated with the divine light of the Goddess. She is the resurrection of divine life force, gained through the experience of healthy self-love and love in general.

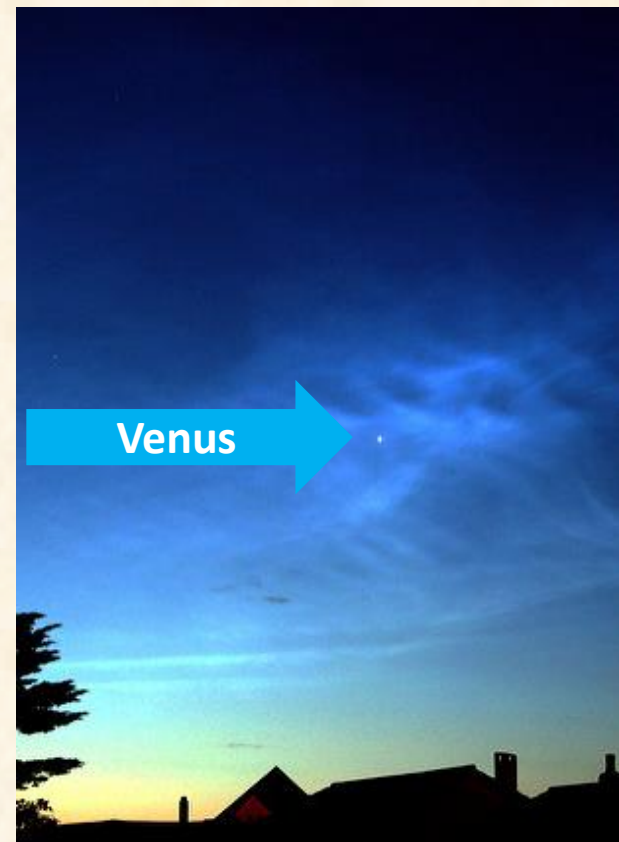
Cultural Perspectives of Evening Star Venus:

Egyptians Ouaiti associated with Osiris

Greeks Hesperus, Aphrodite Goddess of Love and Beauty

Maya [Lamat](#) known as the Love Star synonymous with inner Love. Self-Love nurtured from within, grows and radiates into the world; powerfully touching and transforming every aspect of life.

Sumerians and Babylonians saw evening Star Inanna as the fully initiated Priestess and Queen of Heaven.



Evening Star Phase

Ute Shamans view Evening Star Venus as Uncle, bringer of gifts.

William Blake viewed Evening Star Venus as Wolf

Venus Evening Star is Also Viewed as:

- Alchemical High Priestess
- Sophia Feminine
- Dedicated to Full Integration of the Emerging New Feminine Expression
- Sharing the Wisdom Gained from her Descent and Underworld Time



Evening Star Phase Intent

Add Earth The Physical Realm

Virgo Priestess

Capricorn Wise One

Taurus Love Goddess

- Integration and Synthesis, of the wisdom gained from the Underworld Initiation
- To be of Practical Sacred Service
- To strengthen and cultivate embodied love
- To embody the Sacred
- To urge and invite others to embrace their own initiatory journey
- To Ascend



Venus is so transformed by her experience she feels it would be a gift for others to also choose this initiation and encourages them to do so. The current Story we have describes the Daemons being sent with Inanna - forcing her to choose someone to take her place.

Evening Star Phase Intent

The daemons that return with Inanna are about connecting to:

- Personal Genius
- Creativity
- Brilliance
- Creatorship
- The Underworld experience as a gift intended to support others in accomplishing their own deeper dive.
- Ascending from the underworld it is the Daemons that continue to take you deeper than you've ever been before.

NOTE: Daemons are defined as divine or supernatural beings of a nature between gods and humans, representing an inspiring force, attendant and tutelary spirit. [More about Daemons](#)



Evening Star Phase Intent

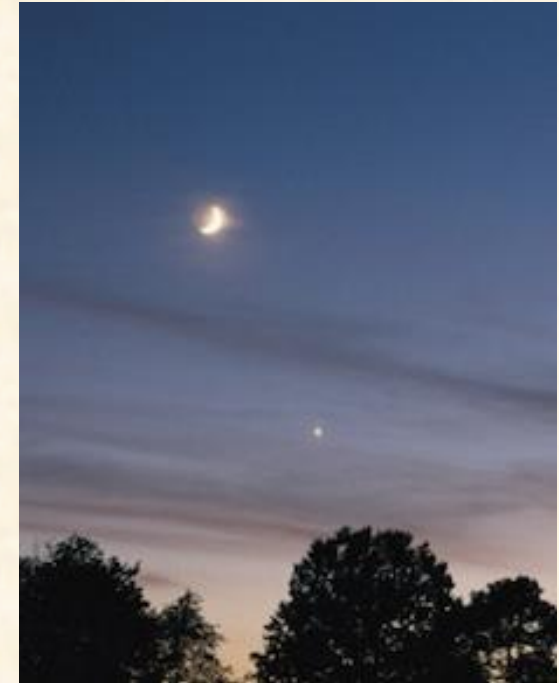
Having gone through Shamanic Death and Rebirth Venus has experienced a powerful Initiation Process. In the Evening Sky, the experience is about Resurrection, Restoration, Integration, and Ascension.

When Sekhmet Awakens As Evening Star
She is Transformed and Becomes A Healer

How You May Experience Evening Star Venus

Regardless of the Sign of your natal Venus you may also include these qualities.

- Being Strategic in your choices
- Considering the Actions You are Choose
Contemplation before Action OR Reflection before Action
considering the Results taking an action might have.
- If this reflection comes from hesitation opportunities may be lost.
However, when coming from wise consideration mistakes may be avoided.



Evening Star Intent

No matter what sign Venus is in if Evening Star add Earth.

And Add these intentions:

- To Further develop the qualities of Love, Wisdom and Connection to the Sacred Expressions of Life
- To Experience an evolving connection to Love and Beauty
 - The natural cycles and seasons of life
 - The ability to get practical useful results when the proper wisdom is applied



Evening Star Experience

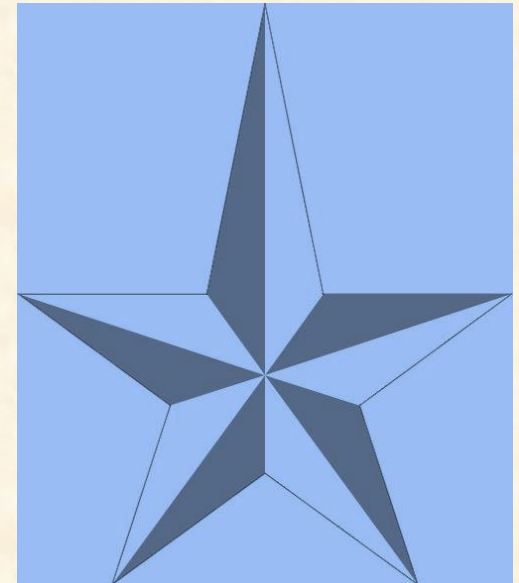
Once you have been through 3 or more Venus cycles - going through Shamanic Death and Rebirth - you will understand and feel more familiar and confident around the process of Resurrection, Restoration, Integration, and Ascension.

- Expresses as Inner Strength and Wisdom that comes from Experience
- Finding the **Priestess, Wise Woman, and Love Goddess** Within
- Becoming skilled at Wise Use of Intellect and Heart working together
- Strengthening your ability to also integrate and operate cooperatively with both your Soul and Spirit, expressing the gifts that come from knowing and living Love and Compassion



Challenges/Shadow of the Evening Star Phase

- May Be Slow To Change
- May Take Too Long To Act
- May Not Act At All
- May Miss Opportunities
- May Be Too Detail Oriented
- May Be Overly Controlling
- May Make Unwise Decisions
- May Be Out of Sync with Sacred Time



Evening Star for Men

May be attracted to partners who are wisdom carriers, who are fully initiated and in a position to catalyze their own initiatory journey.

Down side is they may be bossy and controlling when you haven't owned these qualities for yourself.

True intent is to willingly claim your own wisdom gained through life initiations, and to bring this self trust, love and wisdom to bear in your own life.



Questions for Evening Star Phase

- What would it take for me to skillfully use my wisdom in making timely, wise decisions?
- How can I more fully express my inner high priestess?
- How can I more fully appreciate the beauty of life?
- How can I recognize and utilize the gifts of my Heart and Mind working in ever growing and greater cooperation?
- What would it take for me to experience greater love and compassion for myself and others?
- What would it take for me to further receive and integrate the gifts of restoration and resurrection?



Venus Always Stations Retrograde In the Evening Sky Around 28 to 29 Degrees From the Sun



- Venus in this part of the Cycle only occurs every 19 months for 16 days so it is rare to be born into this phase (is only 2.7% of the cycle)
- All the Evening Star Insights and Challenges Apply with additional insights
- This is the Final Integration and Synthesis of the Current Cycle
- Preparing to Die a Good and Peaceful Death
- Preparing For the Great Giveaway, the Ultimate Surrender, Letting Go and Releasing of the Current Identity
- Getting Ready for a Whole New Incarnation as a Brand New, Youthful, Enthusiastic and Uninitiated Goddess

Venus is Retrograde 16 Days in the Evening Sky Before Disappearing Into the Metamorphic Underworld



- All the wisdom, mastery and skill gained in this incarnation will be returned to the Metamorphic Underworld regardless of willingness to surrender it or not.
- If you have Venus in this Phase of the Cycle you are learning how to simultaneously hold a high level of mastery and wisdom while also knowing you are about to release that mastery and high level wisdom into the Beyond, where it is returned to Original Source.
- **Additional Challenges/Shadow** may occur around the fear of letting go and attachment to what has been attained.

Metamorphic Underworld Phase

Add Air Realm of Consciousness

Gemini Shapeshifter, Magical Feminine

Aquarius Quantum Leap in

Consciousness, Total Identity Shift

Libra Invoking Golden Age and Brand
New Ways of Relating to Self and
Others



If you are one of those Rare Individuals
Born During the Metamorphic

Underworld Phase (only for 8 days every 19 months) a Complete and Utter
Transmutation from one State of Being to Another is being required.

This is a CELESTIAL Surrender Experience different from the Inanna
Underworld type of Surrender

**Like the Caterpillar transforming into a COMPLETELY new form and identity
as the Butterfly**, your Sacred Initiation is to Experience the Complete
Dissolution of Your Previous Form into a **New Incarnation of Yourself**

Metamorphic Underworld Phase

- **Like Gemini** you are a Shapeshifter and a Free Electron
- **Transcending Duality and Polarity** to experience Kairos Time (Sacred Time) and Nonlinear, Magical States of Being
- **Like Aquarius/Uranus** you experience dramatic, sudden life events intended to facilitate a complete Identity Shift, and Quantum Leaps in Consciousness through objective awareness and the ability to step back and witness the radical changes taking place



Metamorphic Underworld Intent

- To Willingly Surrender Identity, Limited Perspectives and Awareness so as to rapidly transform into New Identity and Liberated Consciousness
- To experience time more fluidly and demonstrate liberation from the constraints of linear time and 3-D reality through expanded states of awareness
- To create a field of possibility, magic, and joy that uplifts others and expands and accelerates Cosmic Consciousness
- To take Quantum Leaps in Consciousness that accelerate humanity's evolutionary development



Metamorphic Underworld Phase

Challenges/Shadow Can Be:

- Lightening Fast Change, dying and being reborn almost instantly can feel disorienting and confusing
- Such a Fast Identity Shift Brings up the Questions:
Who am I? How Did I get here?
- Feeling Different from Others, like an Alien as if you are from another planet or realm
- Challenged by the experience of continually Beginning Again
- Sense of Amnesia: I think I know This But Do I Really?



Metamorphic Underworld Practices

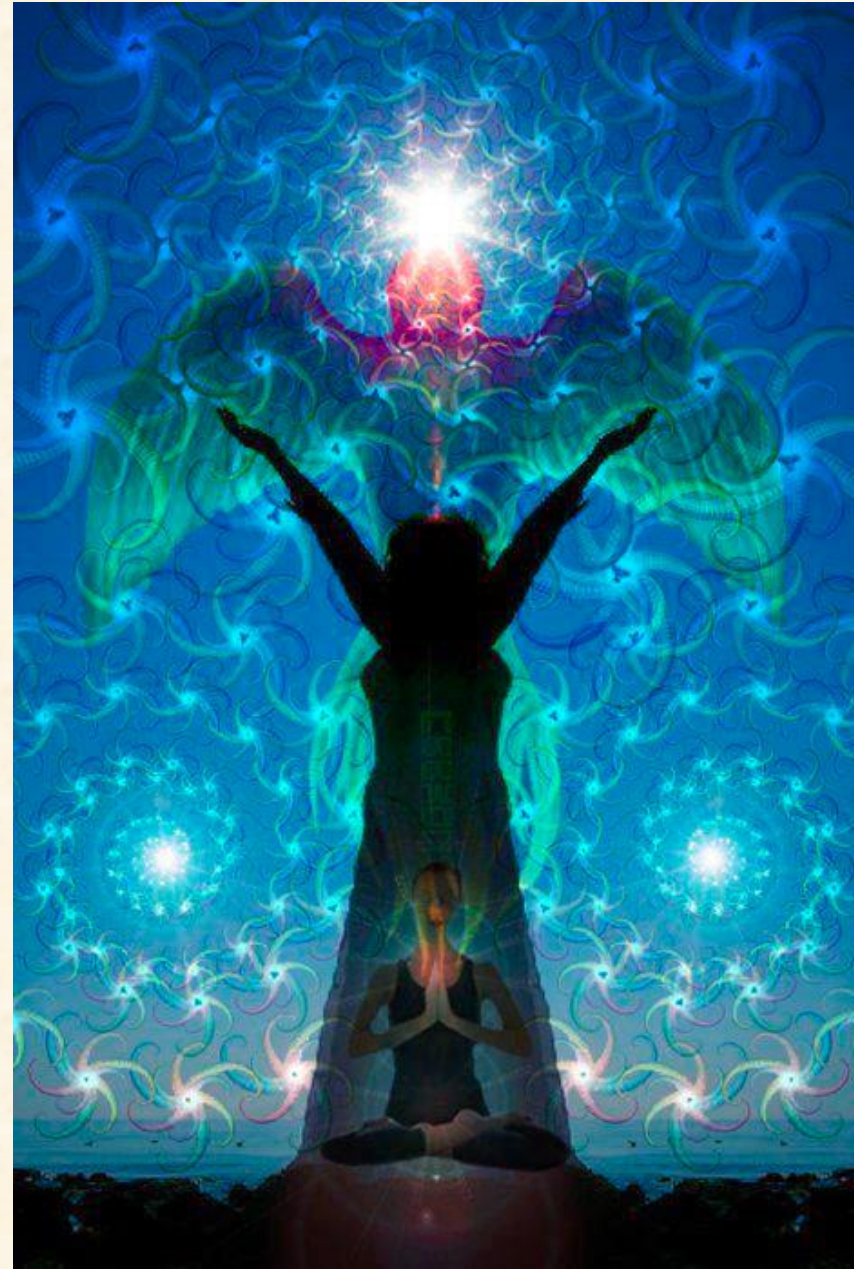
- Acknowledge and Celebrate your Unique Path and Contribution
- Accept that your life is about radical change and transformation
- Know also that you are here to live a life of magical possibility and to inspire others to do the same
- Celebrate The Wings You Have Gained and SOAR!



Metamorphic Underworld

Practices to Support Healthy Activation of this Phase:

- Know that when you are willing to Die to Your Old Self you Generate Wings and the Ability to Take the Great Leaps into Unlimited Possibility and Spiritual Enlightenment
- Accept and celebrate your role to raise the vibration of those around you so as to birth the New Earth



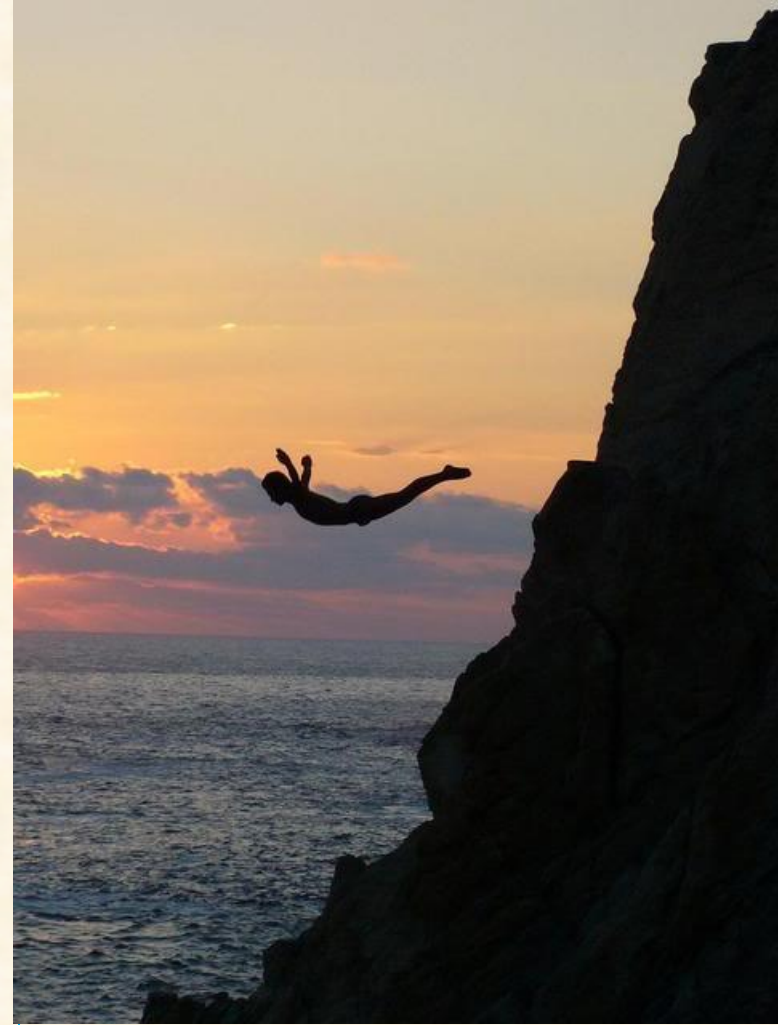
Metamorphic Underworld Phase for Men

You May be Attracted to Partners
who Embody Magical, Shapeshifter,
Otherworldly Qualities

You Might Feel at the effect of a partner
whose identity is continually changing

Intent is to be Willing to Leap
into the Void and Experience Radical
Metamorphosis in Your Own Life

Intent is to Embrace accelerated change,
detached awareness, and expanded
consciousness



Metamorphic Underworld Phase for Men

Questions for Men with Metamorphic Underworld

- How willing are you to take a Quantum Leap into a Totally New Experience of Life?
- What Old Identity Needs to Die for the purpose of Gaining your Wings to FLY?



Metamorphic Underworld Questions

- Am I Ready to Face the Death of my Old Form?
- What Would it Take for Me to Surrender to the Full Metamorphosis?
- How Can I Embrace and Live From the Reality that I Am a Magical, Alchemical Being?
- How can I learn to transcend limitations of Duality, Form, Linear Awareness and Time?
- How do I support others in living Magical Lives full of Possibility, Wonder, and Spiritual Alchemy?



Additional Resources

If you are not signed up for the Full Venus Signature Series the Next Class is July 7th on the Venus Chakra Gates and More on working with the Underworld Phases. We would love to have you join us and you can [Sign Up Here](#)

[Also Check Out the Venus Evening Star Ceremonial Series](#)

If you don't have a natal chart you can get a FREE one here <http://alabe.com/freechart/>



Full Series Participants Have Access to A Venus Series Facebook Page for further sharing, community and connection. You should have received an email or FB invite. If not let us know.

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