

Deepening Exercises for Venus And Outer Planets Plus Life Review Exercise

Deepening Exercise to Integrate Venus and the Outer Planets

- Build/ Renew Your Venus Altar integrating elements to symbolize the Outer Planets in aspect to your Venus. For example, if your Neptune is in aspect to your Venus you might wish to integrate a Kuan Yin image or statue, or post a note with the words like: “What is Mine is Mine and What is Yours is Yours.”

If you do not have an outer planet in aspect to your Venus, use the planet associated with your Venus Star Phase.

- Create a Collage that illustrates your Venus Goddess surrounded by her Guides and Allies associated with the Outer Planets in aspect to her. You might choose to do a simple crayon or marker drawing that brings your inner child to the task, not worrying about how the image looks but rather how it feels. Or do a painting, or write a poem, or use some other form of creative expression to explore the Support and Guidance your Goddess Receives from her Outer Planet Guide or Guides. If you have no outer planets use the Planet associated with your Venus Phase.

Venus and Outer Planetary Complex Questions

- *How have the Outer Planets supported or challenged your intended feminine expression (women) or your connection to the inner and outer feminine (men)?*
- *What gifts have these Teachers brought you?*
- *What guidance do your Outer Planet Guides have for you at this time in Connection to your Venus?*
- *If you do not have natal outer planet Guides to Venus take time to consider when any of these planets were transiting your natal Venus and the teachings you received from that in regard to your emerging feminine identity (women) or inner feminine (men)?*

Venus and the Outer Planets Life Review Questions

- How have life experiences/events encountered during my Venus Return Cycles supported me in integrating the lessons of my outer planets (or those represented by my Venus Star Phase?)
- How have I felt the presence of my personal Guides and Allies either by natal complex and/or transits (also known as initiation cycles)?