

Deepening Exercises for Venus Overtone with Venus Life Review Questions

General Questions for Each of the Venus Overtones

Capricorn Venus Overtone

- *What would it take for me to feel satisfied that I am playing my part to build a more sustainable, earth-loving human culture?*

Aries Venus Overtone

- *Can I recognize the pioneering areas of my life where I have forged new pathways for others to follow? What is the next bold step I will take that will open new doors for humanity?*

Gemini Venus Overtone

- *What would it take for me to be so attuned to the magical dimension of life that my presence awakens a renewed sense of childlike wonder and delight in the world around me?*

Virgo/Leo Venus Overtone

- *What would it take for me to live a daily practice of loving myself no matter what is happening in my outer reality, so I feel confident to show up and shine my light?*

Scorpio Venus Overtone

- *What would it take for me to experience the greatest amount of passionate, alive, life force energy for the purpose of co-creating magic aligned with Divine Will?*

Libra Venus Overtone

- *What would it take for me to have a healthy relationship with myself and as a result enjoy Healthy, Happy, Fun relationships with family, friends, a beloved other, and those in my community?*

Venus Life Review Questions for Venus Star Phases, Inner Phases, & Overtone

Venus Star Phase

- *How have experiences/events from my Venus Returns helped me engage my Venus Star Phase (Morning, Evening Underworld, etc.)?*

Venus Inner Phase (*Underworld disregard question*)

- *How have experiences/events from my Venus Returns helped me engage my Inner Phase (Chakra Gate, Between, Retrograde)?*

Optional Extra Questions by Venus Overtone Sign

General Question

- *How has my Venus Overtone Meta-Goddess shown up in my Venus Returns to help me bring Her contribution into the world as only I can during or following my Venus Return?*

Capricorn/Aquarius

- Can I look back and see support received from the Circle of the Grandmothers during my Venus Return cycles, either through an actual grandmother figure (embodied or in spirit) or the experience of support from the Earth and her creatures?
- How did my experiences and choices during my Capricorn Venus Returns strengthen my ability to hold my inner authority, claim clearer boundaries, and/or learn to manage my “domain” (time, energy, resources) with greater mastery?
- What would it take for me to know and feel satisfied that I am playing my part to build a more sustainable, earth-loving human culture?

Aries

- Can I look back and experience the guiding and protecting warrior feminine energy in my life during these cycles? Where did I find role models to support developing my fierce, committed, action-oriented nature? If I cannot find them, can I honor my own courage and strength developed in these periods despite that lack?
- How did my experiences and choices during my Aries Venus Returns cultivate and temper in me the ability to stand in the fire of conflict, adversity, and challenge and claim my right to be an individual, my right to be me?
- Can I recognize the pioneering areas of my life where I have forged new pathways for others to follow? What is the next bold step I am committed to take that will open new doors for humanity?

Scorpio

- Can I look back into my Venus Return periods and perceive the presence of Kali, as a guide and teacher for me, helping me die to my old self and continually be reborn stronger, more awake, and more alive? Can I honor my willingness to fully feel and experience my life with depth, even when it might have been easier to shut down?
- How did my experiences during my Scorpio Venus Returns deepen me, develop my soulful nature, entitle me to claim my shamanic wisdom and credentials through trial-by-fire, going to hell-and-back life experiences
- What would it take for me to experience the greatest amount of passionate, alive, life force energy for the purpose of co-creating magic aligned with Divine Will?

Libra (begins Nov 1, 2018)

- What would it take for me to have a healthy relationship with myself and as a result enjoy Healthy, Happy, Fun, relationships with family, friends, a beloved other, and those in my community?

Leo/Virgo

- Can I look back into my Venus Return periods and see the supportive, guiding love of the Solar Feminine, Great Inanna, embracing me, uplifting me into a greater experience of radiant, radical self-love? Did I have female role models who were strong, who valued their feminine nature? If not, can I honor my strength and resourcefulness to cultivate these qualities in myself?
- How did my experiences during my Virgo/Leo Venus Returns help me develop my sovereign, unshakeable feminine strength? How did they support me in becoming a powerful leader and ruler of my own domain? How have they supported me in awakening my creative fire, and an experience of radiant, radical self-love?
- What would it take for me to live a daily practice of loving myself no matter what is happening in my outer reality, so I feel confident to show up and shine my light?

Gemini

- Can I look back and see the presence of magic, of fairies and nature spirits supporting me on my path during my Venus Return cycles? Can I see patterns of synchronicity and an ability to move between worlds emerging for me through my experiences, both light and dark?
- How did my experiences and choices during my Gemini Venus Returns enable me to develop a greater sense of freedom and healthy detachment from black-and-white thinking and perspectives? How did my experiences and choices awaken me to the magical dimension of life and myself as a magical being?