

Venus Alchemy Presents Metamorphic Star Phase

With Cayelin K Castell and Tami Brunk



Breakout Questions

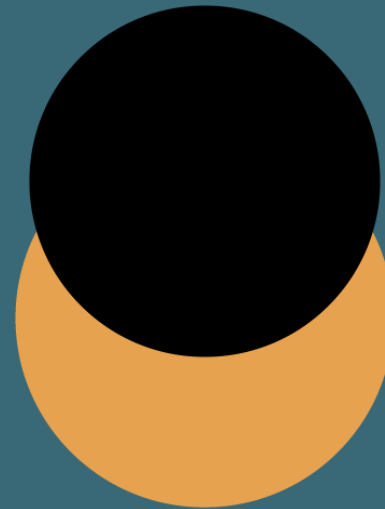
What were themes, patterns, aha's, questions that came up for you in your Evening Star Venus Life Review?

OR

How Have You Been Experiencing the Aquarius Mega Moon/Partial Solar Eclipse?

Partial
Solar Eclipse

Feb 15, 2018



Charge of the Alchemical Goddess

I am the Goddess of Alchemical Transformation.

I am All Endings and All Beginnings.

I am Ancient and I am Newborn.

**I am You, Making Your Most Precious Final Offering
Of Your Life, and All that Defines You.**

**Giving Away What you have Spent a Lifetime Acquiring
Including your Wisdom, Insight, Knowledge, and Experience.
You Are So Much More Than This!**

**I Offer My Body, My Heart, My Spirit to Life.
As I Surrender Again and Again to Death,
My Galactic Womb Gives Birth to the Flowering Universe
and All Is Made New. No Final Death - Only Transformation!**

**I am your Quantum Leap into the Unknown, Into the Beyond
I am Fierce Grace Compelling You To Abandon All That Is Not Love
Urging You to Make the Final Surrender Into Your True Heart.**

I am That Peak Moment of Bliss When You See the Other Side.

I Am Embodied Enlightenment Herself.

**I AM the New Earth, I Am You As the Fully Realized Goddess
Fully Awakened, Fully Transformed.**

**Let Us Dance The New Dream Together In Cosmic Bliss,
Playing The Divine Game With Joyful Abandon, Breaking All The Rules and Creating Anew!**



Venus Is Always Retrograde in the Metamorphic Underworld for 7 or 8 Days



- The rarest part of the Cycle
- Dying a Swift and Complete Death
- The Realm of the Great Giveaway, the Ultimate Surrender, Letting Go and Releasing the Current Identity
- All the wisdom, mastery and skill gained in the current incarnation is transformed in the Metamorphic Underworld regardless of willingness to surrender it or not.
- Engaging a Whole New Incarnation as a Brand New, Youthful, Enthusiastic and Uninitiated Goddess

Participants with the Metamorphic Underworld Venus Star Phase

Name	Venus Sign
Martha	Virgo

1 out of 37 class participants
About 0.37 %



THE ELEMENTS

Air - Consciousness

Metamorphic Underworld

Shapeshifting

Quick Transition

Breath of New Life

Metamorphic Underworld Phase

Add Air Realm of Consciousness

Gemini Shapeshifter, Magical Feminine

Aquarius Quantum Leap in

Consciousness, Total Identity Shift

Libra Invoking Golden Age and New
Ways of Relating to Self and Others

If you are one of those Rare Individuals
Born During the Metamorphic
Underworld Phase a Complete and

Utter Transmutation from one State of Being to Another is being required.

This is a CELESTIAL Surrender Experience different from the Inanna
Underworld type of Surrender

Like the **Caterpillar transforming into a COMPLETELY new form and identity as the Butterfly**, your Sacred Initiation is to Experience the Complete Dissolution of Your Previous Form into a **New Incarnation of Yourself**



Metamorphic Underworld Phase

- **Like Gemini** you are a Shapeshifter and a Free Electron
- **Transcending Duality and Polarity** to experience Time Beyond Time and Nonlinear, Magical States of Being
- **Like Aquarius/Uranus** you experience dramatic, sudden life events intended to facilitate a complete Identity Shift, and Quantum Leaps in Consciousness through objective awareness and the ability to step back and witness the radical changes taking place



Metamorphic Underworld Intent

- To Willingly Surrender Identity, Limited Perspectives and Awareness to rapidly transform into New Identity and Liberated Consciousness
- To experience fluidity of time (also non-time) embracing liberation from the constraints of linear time and 3-D reality through expanded states of awareness
- To create a field of possibility, magic, and joy uplifting others while expanding and accelerating Cosmic Consciousness
- To take Quantum Leaps in Consciousness that accelerate humanity's evolutionary development



Metamorphic Underworld Phase

Challenges/Shadow Can Be:

- Lightning Fast Change, dying and being reborn so quickly may feel disorienting and confusing
- Such a Fast Identity Shift Brings up the Questions: *Who am I? How Did I get here?*
- Feeling Different from Others, like an Alien as if you are from another planet or realm
- Challenged by the experience of continually Beginning Again and Again
- Sense of Amnesia:
I think I know This But Do I Really?



Metamorphic Underworld Practices

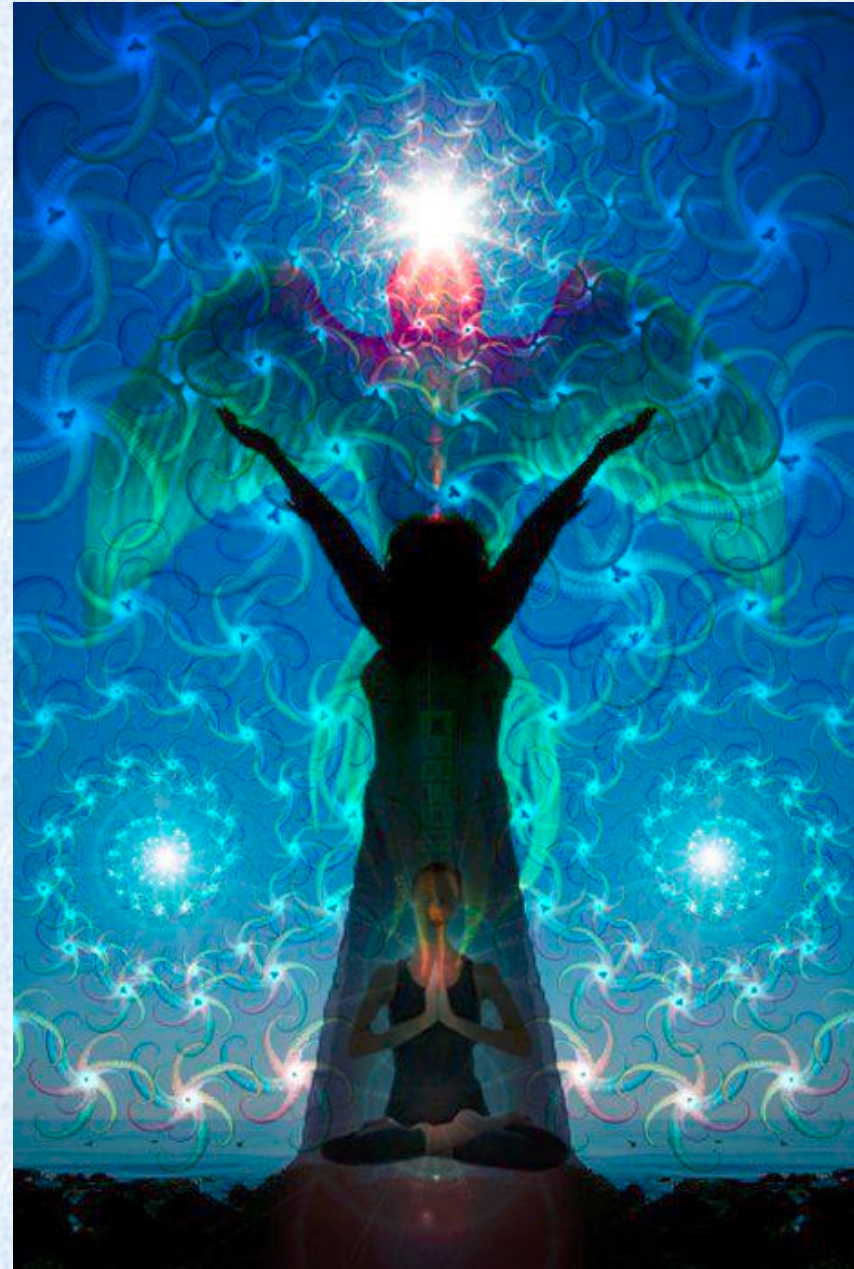
- Acknowledge and Celebrate your Unique Path and Contribution
- Accept that your life is about radical change and transformation
- Know also that you are here to live a life of magical possibility and to inspire others to do the same
- Celebrate The Wings You Have Gained and SOAR!



Metamorphic Underworld

Practices to Support Healthy Activation of this Phase:

- Be willing to Die to Your Old Identity and in so doing Generate Wings enhancing your Ability to Take Great Leaps into Unlimited Possibility and Spiritual Enlightenment
- Accept and celebrate your role to raise the vibration of those around you helping to birth the New Earth



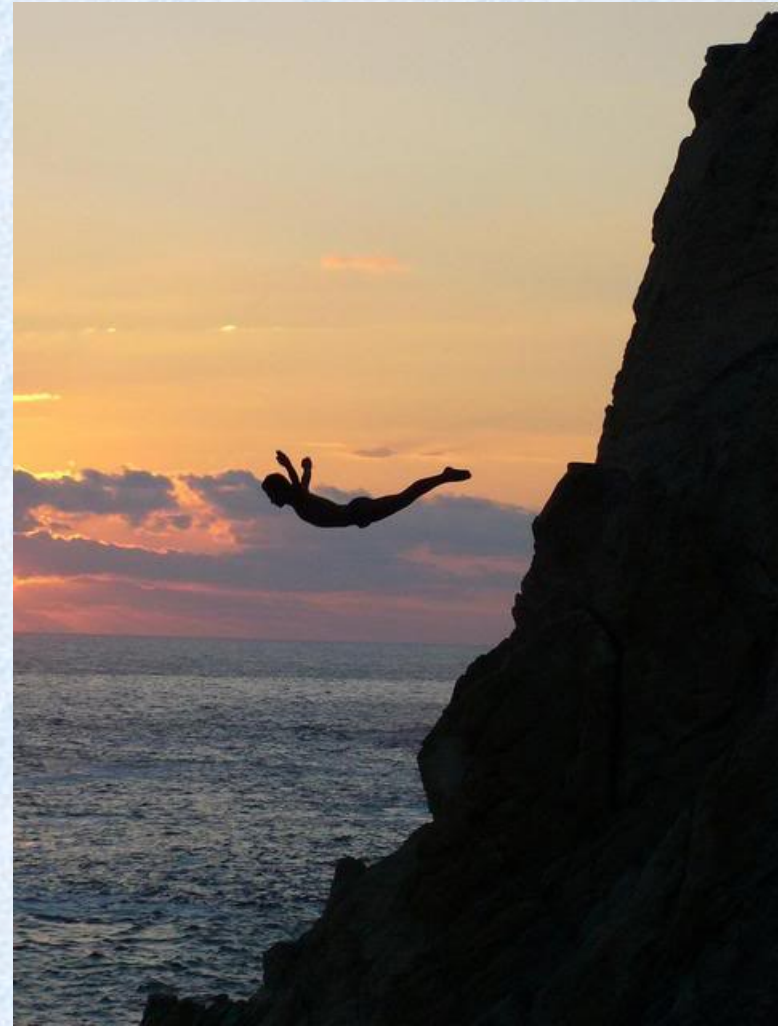
Metamorphic Underworld Phase for Men

You May be Attracted to Partners
who Embody Magical, Shapeshifter,
Otherworldly Qualities

You Might Feel at the effect of a partner
whose identity is continually changing

Intent is to be Willing to Leap
into the Void and Experience Radical
Metamorphosis in Your Own Life

Intent is to Embrace accelerated change,
detached awareness, and expanded
consciousness



Metamorphic Underworld Phase for Men

Questions for Men with Metamorphic Underworld

- How willing are you to take a Quantum Leap into a Totally New Experience of Life?
- What Old Identity Needs to Die for the purpose of Gaining your Wings to FLY?

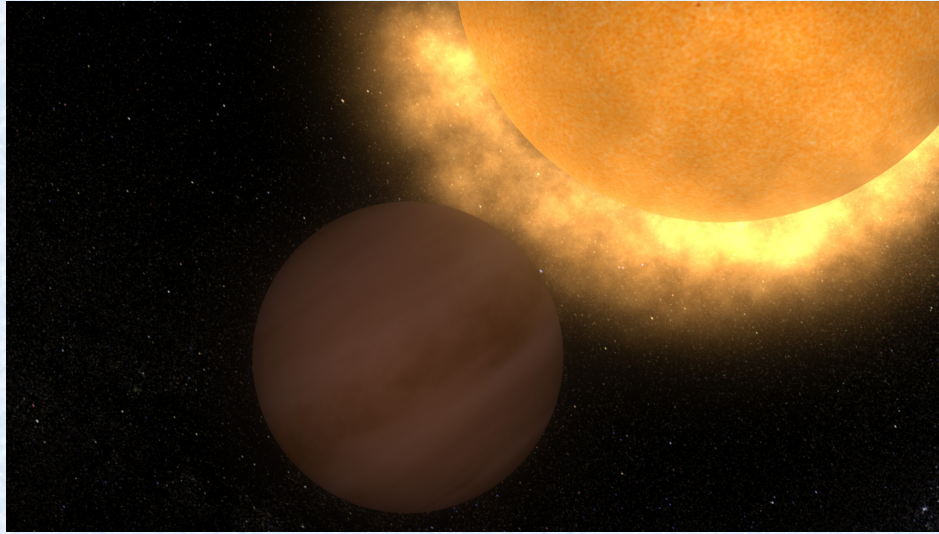


Metamorphic Underworld Questions

- Am I Ready to Face the Death of my Old Form?
- What Would it Take for Me to Surrender to the Full Metamorphosis?
- How Can I Embrace and Live From the Reality that I Am a Magical, Alchemical Being?
- How can I learn to transcend limitations of Duality, Form, Linear Awareness and Time?
- How do I support others in living Magical Lives full of Possibility, Wonder, and Spiritual Alchemy?



Venus Metamorphic Underworld Star Phases



Meta Goddess	Metamorphic Underworld	Rises as Morning Star
Aries	Oct 22, 2010	Nov 04, 2010
Scorpio	May 30, 2012	Jun 12, 2012
Gemini	Jan 05, 2014	Jan 12, 2014
Capricorn	Aug 09, 2015	Aug 21, 2015
Leo	Mar 18, 2017	Mar 31, 2017
Aries	Oct 19, 2018	Nov 01, 2018

Cayelin's Metamorphic Initiations

Oct 2010 shift from Aries to Scorpio

Celebrating 4 year wedding anniversary with Peter hiking in Sedona Got completely lost and found again under a cool rainbow.

June 2012 Venus Transit over the Sun at end of Scorpio Cycle, preparing for Gemini Cycle.

Co-lead a big group to Big Island to experience Venus Transit and visited Pele's Yoni Cave.



Jan 2014 end of Gemini Cycle preparing for Capricorn Cycle it was clear we needed a new way to teach the Venus Cycle that eventually birthed Venus Alchemy.

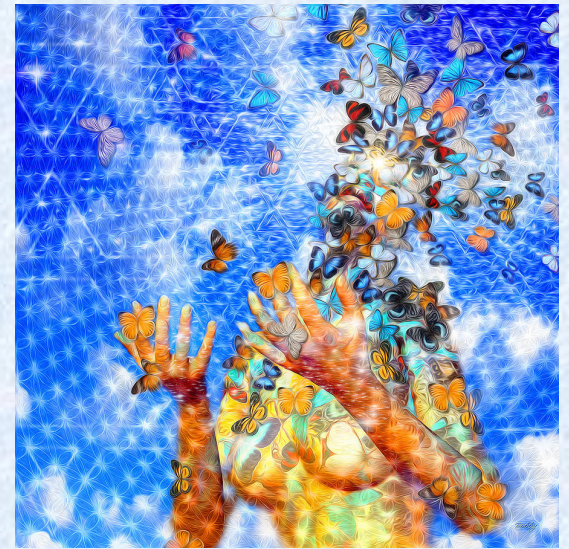
August 2015 end of Capricorn preparing for Leo Cycle Planned and experienced a sacred journey to the Sekhmet Temple with 8 women including me and Tami activating deeper insights into the Venus Cycle.

March 2017 end of Leo cycle preparing for Aries Cycle took a deep dive into the Aries Wild Warrior Woman creating Venus Alchemy Videos

Tami's Metamorphic Initiations

June 2012 Venus Transit over the Sun at end of Scorpio Cycle, preparing for Gemini Cycle.

Integrating wisdom gained from leading groups through entire Scorpio Cycle. Preparing for my personal Venus Return more about me, less about holding space. Ceremony with Venus Transit in Sandia Mountains with group of priestess sisters



Jan 2014 end of Gemini Cycle preparing for Capricorn Cycle: Feeling stuck with Cayelin trying to build energy for Faywood Venus event, we plant seeds for our first ceremonial Venus Teleclass Series.

August 2015 end of Capricorn preparing for Leo Cycle: Invited to join Priestess Circle with former Priestess at Sekhmet Temple, prepared for and welcomed Morning Star Venus in Leo at Sekhmet Temple with Cayelin and I and group of powerful priestesses.

March 2017 end of Leo cycle preparing for Aries Cycle: Facilitating (I'm) Possible Headlines Program, powerful intense process. First call to for Grandmother's Council with Venus Alchemy. Preparing to travel to Costa Rica to co-facilitate a Qoya Retreat with Rochelle Schiek and celebrating the rise of Aries Venus Morning Star.

The Venus Return Cycle

We experience a personal Venus Return Cycle every 8 years. It occurs when Venus begins a new cycle in the same sign as our personal Venus Overtone.

The Venus Return Cycle is a Descent and Renewal Process, our own Personal Inanna Initiation.

The Intent of the 19-month Venus Return Cycle is to activate a deeper and fuller expression of our personal Goddess Archetype.

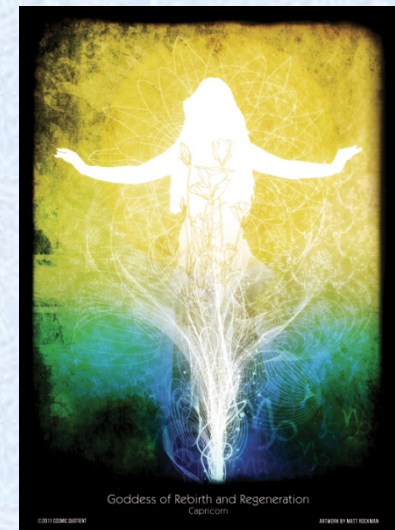


Venus Return Research & Insights

In 2013 Tami surveyed 25 individuals who explored events and experiences from their Venus Returns.

Inspired by observations from Daniel and Cayelin, Tami's research along with Venus Alchemy class participant insights reveal:

- Pivotal Life Events Occur During Venus Returns
- Themes include: marriage, divorce, affairs, childbirth, miscarriage, abortion, illness and death of loved ones among others
- Power loss at beginning of cycle, empowerment near end of cycle common
- Women often encounter violation and oppression mirroring larger wounding of feminine
- Overtone and Venus Sign themes show up
- As we progress to later Venus Returns there is often less intensity and greater empowerment
- Approaching Return as Ceremony Helps!!



Tami's Venus Life Review

**Venus in Sagittarius, Gemini Overtone,
Morning Star 3rd Chakra**

Age 8 Fall From Grace: 2nd Grade Teacher disliked me and singled me out. Previous to that I loved all my teachers and was loved by them.

Age 16 Choosing to be Bad: I saw my older sister, the black sheep, assaulted by my father and later hit by my brother. I felt I had to choose sides, I'd been the "good girl" before this, I chose my sister and rebelled with her.

Age 24 Letting go of Love to Follow My Path: I graduate with my Bachelors in Wildlife Biology. My first true love and I broke up after I chose to follow my own path to take a job as a Park Ranger in Idaho instead of moving back to Missouri.

Age 32 Letting go of Toxic Relationship: Graduated with Masters in Environmental Writing from University of Montana, fell in love with man going through separation. I lost sense of myself in addictive relationship, end of cycle broke it off and decided to focus on my career rather than move to Whitefish Montana to be with him.



**Tami Brunk during
Evening Star phase
of age 40 Venus Return**

Venus Return Narratives

Tami's Age 40 Venus Return

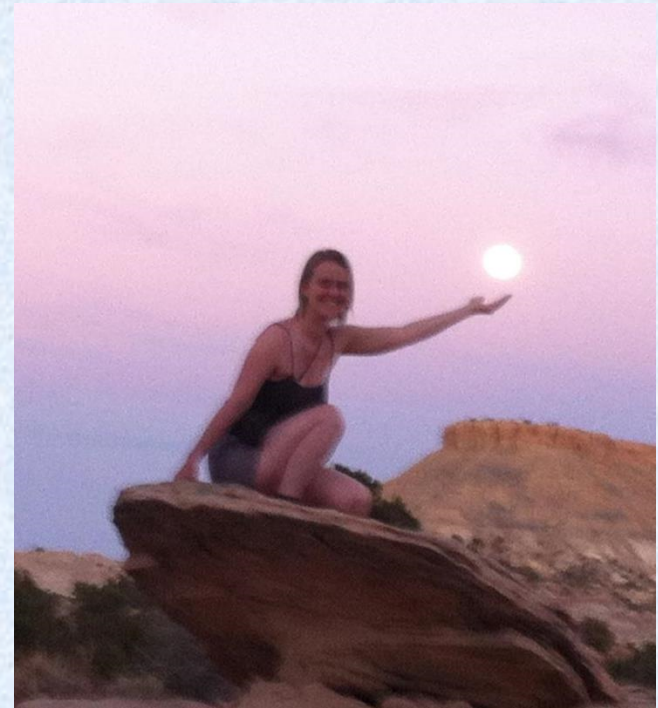
Morning Star Solar Plexus Initiation

My Overtone is Gemini, and my last Venus Return occurred in 2012/2013. During this period my father was dying of cancer- he died 2 days after my 40th birthday.

Prior to his death during each visit home to see my very religious parents, I felt I was passing through a gate where I chose to release attachment to personal identity, being seen or understood; so I could be fully present for my parents' journey.

Support from the Gemini Meta Goddess

After my Dad's death and just prior to the Underworld period, I took my first Robert Moss intensive in Hawaii. My Gemini Meta-Goddess, "She Who Opens the Ways" led me there where I found my tribe of Active Dreamers, and recovered my Magical Child.



I also got my power back when I was gifted with this Dream Mantra, that has remained with me ever since:

***I Will No Longer
Dismember Myself to
Fit Into Ordinary Reality***

Cayelin's Brief Venus Life Review

Venus in Aries, Scorpio Overtone, Evening Star 5th Chakra

Age 8 Abusive Grade School teacher. Afraid to speak in class for fear of being punished or shamed. My parents thought I talked too much and sometimes taped my mouth shut.

Age 16 Excessively shy and afraid to speak up. Parents marriage begins to break apart, I get blamed by my father.

Age 24 A co-worker yells at me (big projection) in front of other co-workers at a temporary job ending in a week. I don't defend myself. I just quietly gather my things and when I get home, I call and quit.

Age 32 My first husband is having an affair and lying about it. I keep catching him in his lies and finally get my voice to demand specific changes. When they don't happen I file for divorce though the divorce is not final until age 33. However, I didn't fight for an equal share of our assets. BIG mistake.

Age 40 Began the Priestess Process forces me to speak in front of others. Lots of Practice.

Age 48 Did my first Radio Shows and Television Interview for Shamanic Astrology. Second husband requires an intervention. I shared with Priestess sisters (using my voice) what was going on and they helped me figure out how. Really scary but empowering in the end. Second divorce follows two years later.

Age 56 In the Best Marriage ever with excellent communication, and getting better all the time. More Radio Shows, Tele-Summits, and Interviews. Created my first YouTube videos with some having over 20,000 views. More teaching opportunities, both live and online. Tracked my Venus Cycle ceremonially and shared the process that helped lead me to creating Venus Alchemy with Tami.



Age 48 Venus Return



56th Birthday, 7th Venus Return in 2012
Almost every Picture Taken that day had orbs.
So magical and affirming!



Cayelin's Venus Life Review

Summary

The primary theme for me has been about gaining Greater awareness and courage to claim and use my voice in more empowered and authentic way since my age 40 Venus Return when I chose to embrace my Venus Signature.

My first Venus Returns were far more traumatic and challenging as I felt very disempowered and afraid to speak, for fear of the repercussions.

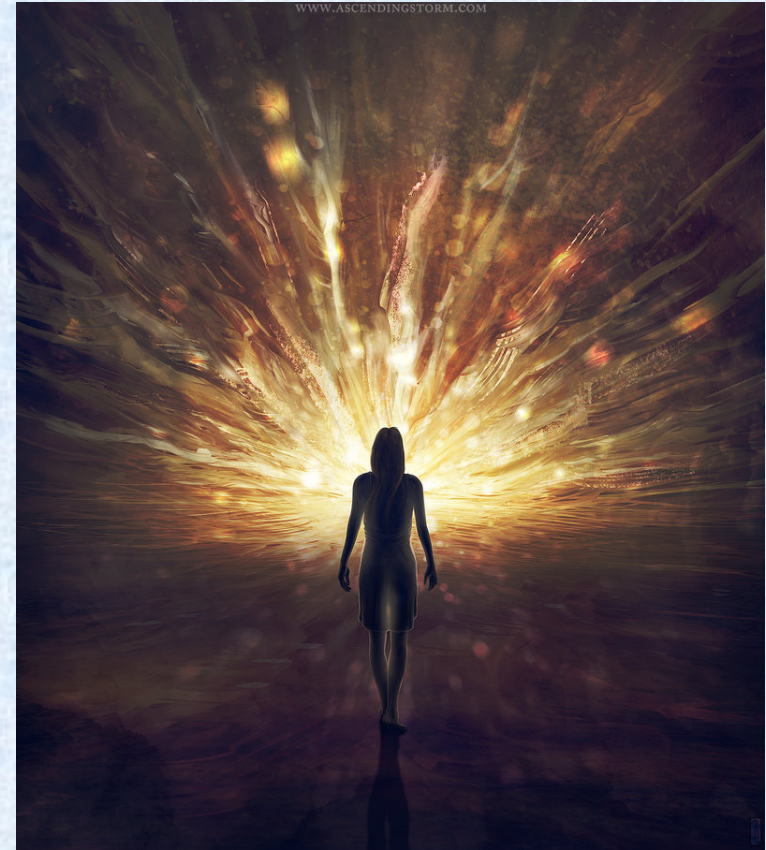
Finding my voice to speak what is transformative, kind, genuine and true has been one of the truly great gifts of this journey for me.



And I can even do astrodrاما now as an experiential way to teach these mysteries. That would have been unthinkable for me years ago. From 2013 Event on Maui

The Venus Life Review Exercise

- **The Venus Life Review is a powerful “Deepening Exercise”** that illuminates your understanding of how Venus Cycles manifest for you
- **It is a Soul Recovery Journey** revisiting events and experiences of previous Venus Return Cycles, re-envisioning them in a healing and empowering way
- **The Intent is to Integrate and Heal Previous Venus Returns** increasing your awareness so you gain maximum benefit from future Return Cycles



Venus Life Review Steps

- **Identify your Previous Venus Return Dates** using the Venus PDF from 1929 to 2082.
- **Review all Venus Return Cycle periods**, beginning with the Most Current, **then write down or track key life events and experiences** that occurred during the cycle. If you have journals, or other records to refer back too - that helps!
- **Consider your Venus Returns through the lens of the Life Review Questions** on the next slide
- **Share your discoveries** by email, on Facebook or in breakouts.



Venus Life Review Questions

Venus Star Phase, Sub Phase, and Overtone

Venus Star Phase

How have experiences and events from my Venus Returns helped me engage my Venus Star Phase (Morning, Evening Underworld, etc.)?

Venus Sub Phase

How have experiences and events from my Venus Returns helped me engage a deeper understanding of my Chakra Gate, Between or Retrograde Phase?

Venus Overtone Meta Goddess

How has my Venus Overtone Meta-Goddess shown up in my Venus Returns to help me bring Her contribution into the world as only I can during or following my Venus Return?



Venus Overtone Questions

Capricorn Venus Overtone

What would it take for me to know and feel satisfied that I am playing my part to build a more sustainable, Earth-loving human culture?



Aries Venus Overtone

Can I recognize the pioneering areas of my life where I have forged new pathways for others to follow? What is the next bold step I am committed to taking that will open new doors for humanity?



Gemini Venus Overtone

What would it take for me to be so attuned to the magical dimension of life that my presence awakens a renewed sense of childlike wonder and delight in the world around me?



Venus Overtone Questions

Leo Venus Overtone

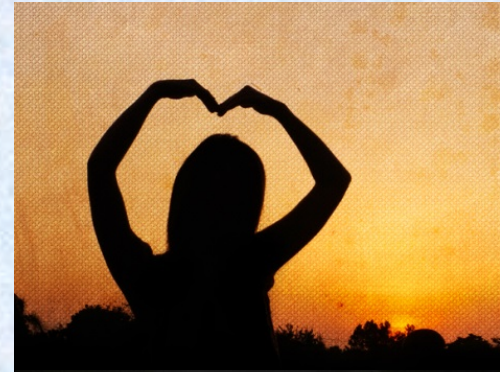
What would it take for me to live a daily practice of loving myself no matter what is happening in my outer reality, so I feel confident to show up and shine my light?

Scorpio Venus Overtone

What would it take for me to experience the greatest amount of passionate, alive, life force energy for the purpose of co-creating magic aligned with Divine Will?

Libra Venus Overtone

What would it take for me to have a healthy relationship with myself and as a result enjoy Healthy, Happy, Fun, relationships with family, friends, a beloved other, and those in my community?



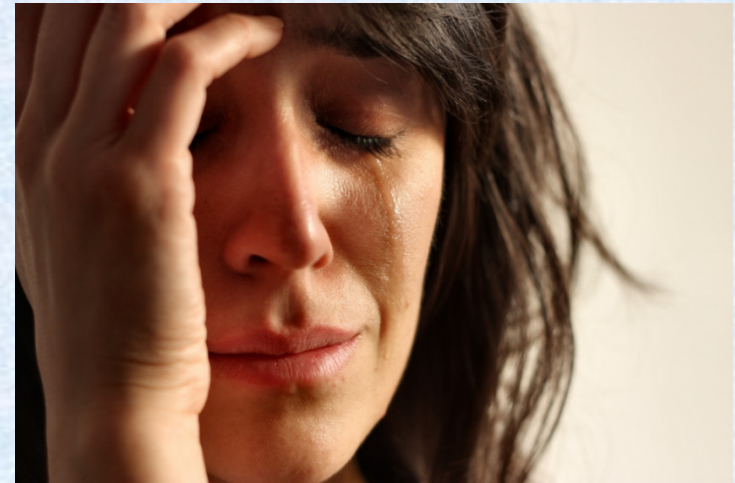
Challenges and Guidance for the Journey

I Don't Remember!

Start with the most recent Venus Return to jog your memory. Record the dates of your Venus Returns to activate additional memories as you explore these Timings.

You might Feel Sad or Afraid

- **It is common to feel uncomfortable** by the many difficult experiences that might show up in our Venus Returns. This might lead to fearing the worst for future returns.
- **Your feelings are coming up so you can heal, and integrate them.** This is a safe, supportive circle to explore these feelings.
- **Reviewing past Venus Returns helps you prepare for Future Venus Returns** with greater awareness and engagement.



Locate Your Aries Overtone Venus Return Dates

Aries Venus Synodic Cycle Dates

April 24, 1937 to November 26, 1938

April 22, 1945 to November 24, 1946

April 19, 1953 to November 21, 1954

April 17, 1961 to November 19, 1962

April 14, 1969 to November 16, 1970

April 12, 1977 to November 14, 1978

April 10, 1985 to November 11, 1986

April 07, 1993 to November 09, 1994

April 05, 2001 to November 07, 2002

April 03, 2009 to November 05, 2010



Current Aries Venus Return: March 31, 2017 to October 31, 2018
Shifting to Pisces in 2025

Locate Your Cancer/Gemini Overtone Venus Return Dates

Cancer/Gemini Venus Synodic Cycle Dates

July 05, 1932 to February 11, 1934 (Cancer)
July 03, 1940 to February 09, 1942 (Cancer)
July 01, 1948 to February 07, 1950 (**Gemini**)
June 28, 1956 to February 04, 1958
June 26, 1964 to February 02, 1966
June 24, 1972 to January 30, 1974
June 21, 1980 to January 28, 1982
June 19, 1988 to January 25, 1990
June 17, 1996 to January 23, 1998
June 14, 2004 to January 20, 2006
June 12, 2012 to January 18, 2014

**Next Gemini Venus Return Date:
June 10, 2020 to January 15, 2022**



Locate Your Scorpio Overtone Venus Return Dates

Scorpio Synodic Cycle Dates

November 26, 1938 to July 03, 1940
November 24, 1946 to July 24, 1948
November 21, 1954 to June 28, 1956
November 19, 1962 to June 26, 1964
November 16, 1970 to June 24, 1972
November 14, 1978 to June 22, 1980
November 11, 1986 to June 20, 1988
November 09, 1994 to June 17, 1996
November 06, 2002 to June 14, 2004
November 04, 2010 to June 12, 2012



Next Scorpio Venus Return Date

Is When it Becomes Libra on November 1, 2018 to June 10, 2020

Locate Your Aquarius/Capricorn Overtone Venus Return Dates

**Aquarius for the first 5 dates
Capricorn from 1975 and beyond
Venus Synodic Cycle Dates**

February 11, 1939 to September 14, 1935
February 08, 1942 to September 12, 1943
February 06, 1950 to September 10, 1951
February 04, 1958 to September 08, 1959
February 01, 1966 to September 06, 1967
January 30, 1974 to September 03, 1975 (Capricorn)
January 27, 1982 to August 31, 1983
January 25, 1990 to August 28, 1991
January 22, 1998 to August 27, 1999
January 20, 2006 to August 25, 2007
January 17, 2014 to August 22, 2015



Next Venus Return: January 15, 2022 to August 20, 2023

Locate Your Virgo/Leo Overtone Venus Return Dates

Virgo first 5 Dates

Leo from 1975 and beyond

September 14, 1935 to April 23, 1937
September 12, 1943 to April 20, 1945
September 09, 1951 to April 18, 1953
September 07, 1959 to April 16, 1961
September 05, 1967 to April 13, 1969
September 02, 1975 to April 11, 1977 (Leo)
August 31, 1983 to April 08, 1985
August 28, 1991 to April 06, 1993
August 26, 1999 to April 04, 2001
August 24, 2007 to April 01, 2009



Last Leo Venus Return: August 22, 2015 to March 31, 2017

Next Leo Venus Return: August 19, 2023 to March 29, 2025

Metamorphic Underworld And Venus Life Review

Deepening Practices

Metamorphic Underworld Life Review

Explore events and experiences from the Metamorphic Underworld Periods over the past 8 Venus Cycles. Look for underlying themes or Patterns that show up.

Going Deeper

Choose a question or questions to meditate on during this week and beyond, perhaps also applying these questions to your experiences from the Metamorphic Venus Phases.

Venus Life Review

Begin creating a timeline of events and experiences from your life during your previous Venus Return Cycles. Use the PDF Handout provided to identify each 19-month Venus Return Period for You, Guided by Overtone or Meta Goddess. See Venus Return Cycle Slides for suggestions on how to do this. **Note:** this is something you can continue with for the remainder of the class series and beyond!



Additional Resources

If you haven't joined the Venus Star Phases and Meta Goddess Facebook Page use this link and request to be added to the page.

<https://www.facebook.com/groups/168793760550372/>

IF you have questions about how to use Venus Star Phase Table to look up your Venus Star Phases or to discover anyone's Venus Star Phase, Overtone, Chakra Gate (if there is one) etc. let us know and we can cover that in a future class.



[Also Check Out the Venus Evening Star Ceremonial Series](#) beginning March 8 if you haven't already.

[Extra Special New Offering!](#) Including:

The Shamanic Astrology Handbook

The Origins of Shamanic Astrology New Book

Twelves Tribes Journey (as a digital download)

All for \$70 including shipping - Regularly \$100

