

Venus Alchemy Presents Venus Morning Star Phase

With Cayelin K Castell and Tami Brunk



Invocation to Morning Star Venus

I Bring the Dawn. I am a Brilliant and Shining One.
I am Bold, Brave and Beautiful to Behold.
I am Inanna, Sekhmet, Ishtar, Durga, Freya, Ixchel etc.
My Light is Your Inner Flame,
Fueling Your Passionate Commitment
To Take Inspired and Decisive Action that Fulfills
Your True Noble Cause and Purpose

I am She Who Summons the Sun
I am She Who Protects the Cosmic Order
I am She Who Brings Light into Great Darkness
I am She Who Surrenders to the Descent

If Fear and Anxiety cause you to Hesitate
Call on me for Courage, Commitment and Clear Direction
I am here to support and guide you
To make Sacred your Holy Cause, Your Divine Mission.

I am here to help you Know and Trust the Deep Presence of Your Fierce Feminine Soul?
Abide in my Wild and Unwavering Grace, I will help you Giveaway All That is False within you,
leaving only the Truth of who you really are.
Prepare to be Made New!



Venus Star Phase

Descent - Morning Star Journey (about 260 Days) **About 44.5%**

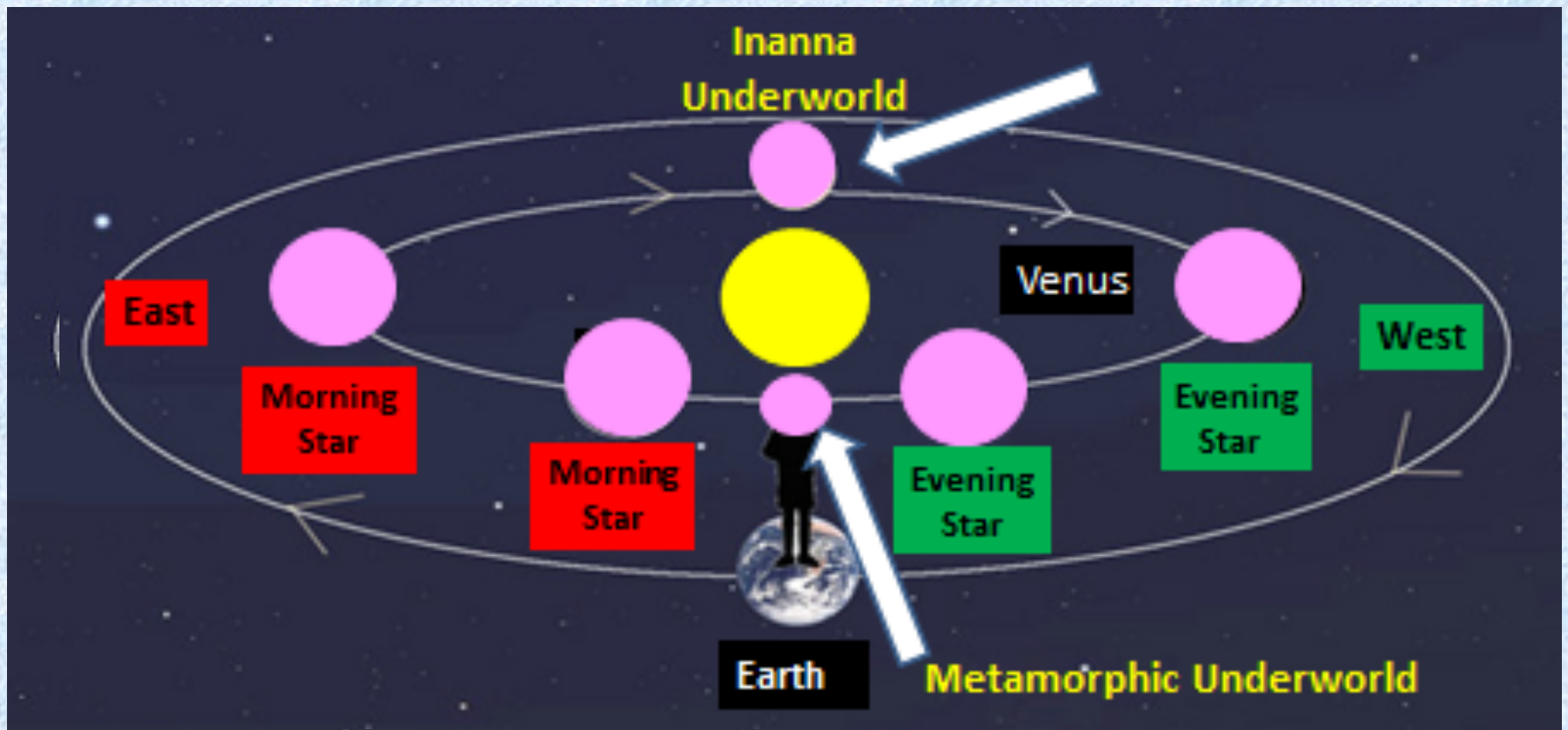
Ascent - Evening Star Journey (about 260 Days) **About 44.5%**

Gates - Venus/Moon conjunctions related to the Chakras

Inanna Underworld - Venus is with the Sun for about 60 to 90 days **About 10%**

Metamorphic Underworld - Venus is with the Sun for about 8 days **About 1.36%**

Note: Venus Retrograde (about 40 Days) and is only **About 6.8% of the cycle**



Fire – Yang Feminine

Morning Star

Enthusiasm

Courage

Inspired Action

THE ELEMENTS

Morning Star Phase

The Morning Star Phase begins when Venus first appears in the Morning Sky, heralding the Dawn and beginning a new Synodic Cycle.

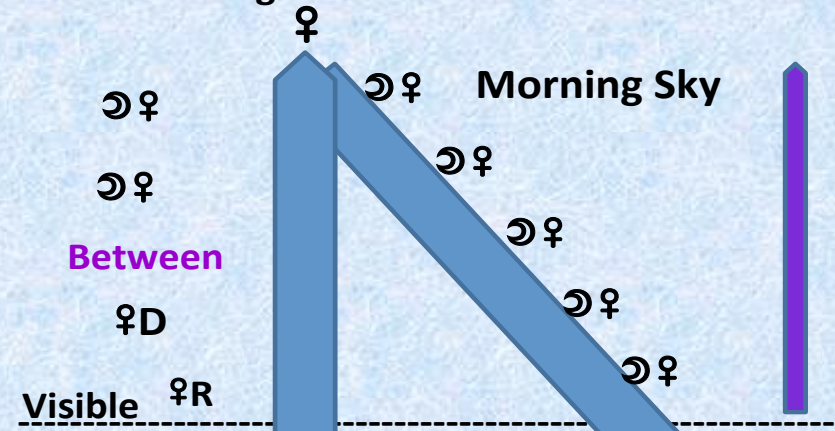
Venus is closest to the Earth and therefore near its brightest from Earth's perspective

Morning Star Venus continues to climb into the sky toward Maximum Elongation (furthest reach from the Sun) over the next couple of months

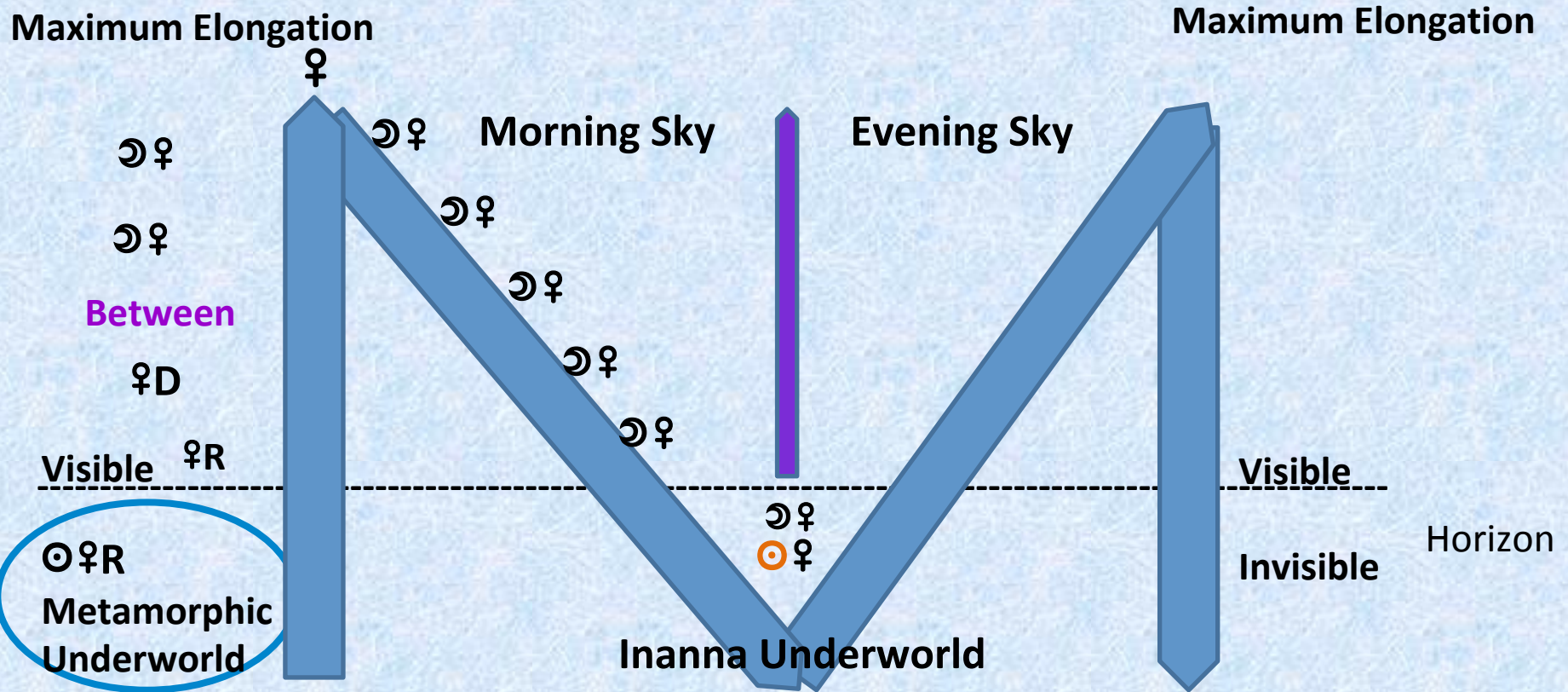
After Maximum Elongation Venus begins her descent, growing steadily dimmer and lower in the Morning Sky eventually returning to the Sun. When Venus is within 10 degrees of the Sun she has begun her Underworld Initiation. (see next slide)



Maximum Elongation



Venus Morning Sky Phases



- Venus Rises into Morning Sky 10 Degrees from Sun always Retrograde
- Venus Stations Direct 16 days later
- First Moon Conjunction begins Descent - number of days varies
- Venus Reaches Maximum Elongation from Sun or Highest point on Horizon after the first or second chakra gate
- After 7 or 8 Moon Gates Venus travels through the underworld for 60 to 90 days within 10 degrees of the Sun and then becomes an Evening Star

Venus is Always Retrograde When Rising as Morning Star Beginning a New Cycle



- **Venus Retrograde as Morning star happens every 19 months for 16 days**
Only 2.7% of people are born in this Venus Phase
- All Morning Star Insights and Challenges Apply with additional insights
- Venus is Closest to the Earth – Bright, Vital, Eager to begin her Initiation
- She is still Close to Spirit and aware of her Previous Incarnation
- While Retrograde Inanna “Puts her ear to the Great Below” hearing the call to descend to the Underworld. She chooses to Go
- She Prepares for her journey collecting her vestments

Morning Star Phase: Historical & Cultural Perspectives

- **Heralds the Rising of the Sun:** God/dess light preparing to shine on humanity
- The Phoenicians named Morning Star **Al Fena**, who later became Athena in ancient Greece
- The Greeks **Phosphorus: "Light Bringer"** exemplified by Athena. To the Romans **Lucifer: *Shining One* or *Light Bearer***.
- The Mayans Morning Star Quetzalcoatl, Evening Star Xolotl (brother)
- **The Bible refers to Jesus as the Morning Star**
- The Yolngu Aborigines saw **Morning Star Venus as Barnumbirr**, Creator-Goddess enabling them to communicate with their ancestors



Warrior Goddess

- Morning Star possesses warrior qualities
Mesoamerica **initiated battles at Morning Star Rise**

Feminine or Masculine?

- Different cultures perceived Morning Star Venus as either **Feminine or Masculine**. In Shamanic Astrology Morning Star Venus **adds Yang (Fire) energy** to your Venus sign or Feminine Archetype

Morning Star Sacrifice: Making Sacred

- Morning Star Inanna/Ishtar descent or Lucifer's fall into the Underworld, Christ's crucifixion and Pawnee Native American and Mesoamerican Blood Sacrifice are all connected to Morning Star Venus
- At the Turning of the Ages we see the last 5000 years (or more) between the masculine and feminine have been out of balance. Distortions have occurred Glorifying Sacrifice with little regard for original understanding and intent
- We now Remember and Restore the True Meaning of Sacrifice - *To Make Sacred*. When we Consciously Choose to Strip away all that is Inauthentic in us, we restore the Sacred within and without.



In the stories of Christ and Inanna , (both Divine Beings) **Empowered Sacrifice** is an Offering from Choice rather than Imposed by the Powerful onto the weak - benefitting primarily those Enforcing the Sacrifice

***We Honor Morning Star Venus in an Empowered Way,
Sacrificing Any and All Distractions, Karmic Burdens,
Patterns of Harm and Separation from Self and Others,
Programming and Beliefs Blocking our Full Embodied,
Soul-Filled Authentic Expression on Earth***

**The Sacrifice that causes sorrow
to the doer is no sacrifice.**

**Real Sacrifice Lightens
the mind of the doer and
gives Him (Her) a sense
of Peace and Joy
~ Mahatma Gandhi**



Name	Venus Sign
Kate Rusko	Leo
Jo Ann Heydron	Leo
Nancy Fisher	Aries
Sharon Smith	Aries
Cat Caracelo	Sagittarius
Margot Darling	Sagittarius
Maureen Paxton	Sagittarius
Aliandra Starr	Sagittarius
Tami Brunk	Sagittarius
Barbara Semple	Scorpio
Laurie Gosselin	Scorpio
Jezanna Gruber	Scorpio
Luttgart Browsers	Cancer
Diane Rusk	Gemini
Ellen Edgerton	Capricorn

Morning Star Venus

**Add Fire to the Sign
Venus is in.**

Morning Star Intent

Add Fire: Spontaneity, Energy, Vitality, Strength

Aries Warrior Goddess, Fierce Protector

Leo Queen of Heaven, Self Directed

Sagittarius Spiritual Quest

Questing for Universal Truth

- A Healthy Relationship to Morning Star Venus is about Clear, Single-Pointed Focus Boldly Engaging a Noble Cause and Mission
- It is about Being Willing to Take Fiery, Spontaneous and Inspired Action to Accomplish a desired Purpose
- It is about Cultivating Fierce Compassion for Self and Others
- Rising Up to Meet the Challenges in our Life Path and Bravely Sacrificing our Old Identities and Patterns so as to Become More Whole/Holy



**Sekhmet: Warrior Goddess and Queen
Defending and Protecting the
Cosmic Order**

Morning Star Phase Intent

- Operating from a Place of Trust and Innocence
- Discovering we are Powerful Enough, Strong Enough
- We Have What it Takes to Enter the Underworld and Successfully Experience our Initiation
- Understanding that there are times when Destruction is Necessary, and Letting Go is ALWAYS Necessary



Morning Star Phase Intent Continued

Spirit into Matter, or Soul-Return

Morning Star Descent
Deepest Intent is the Essential
Feminine Alchemical Process of
Involution or Bringing Spirit into
Matter

This is about “Ensoulment” or the
Process of Tending and
Remembering our Feminine Soul.



Morning Star Intent Continued: Spirit into Matter, or Soul-Return

- Inanna Morning Star is the All-Powerful Queen of Heaven and Earth
- Spiritually and Materially Masterful Yet Uninitiated in the Realm of Heart and Soul
- Her fierce commitment is to Willingly Give Up her Old Identity, Her Hubris, Her False Power
- To Cultivate Compassion and Become a Fully Feeling, Embodied, Authentic Expression of the Divine In the Way That Only She Can



Morning Star Phase

Challenges on the Path

- **Light-Polarized**
Unwilling to Go to the Depths Due to Attachment and Identification with Spiritual or Material Power and Ego
- **Not Daring to Care**
Remaining Distant and Aloof to Suffering and Pain
- **Overcommitting to Projects and Responsibilities**
In Denial of Limitations around Time and Abilities



Morning Star Phase

Challenges on the Path

- **Excess Fire or “Pitta”** as Described in Ayurvedic Medicine
- **Turned Inward** is Anxiety or Depression
- **Expressed Outward** maybe Angry Outbursts, Addiction to Conflict and Drama
- **Paralysis** due to Fear of Possible Loss that might be Incurred During Initiatory Process



Morning Star Phase Venus for Men

- You May be Attracted to Bold, Fearless Feminine Partners, Yet Also Feel as if You Have to Take the Cautious, Reflective Role to Counter Their Impulsiveness
- **You May Project onto Partner that They Take the Initiative and Make Things Happen.**
- Intent is For You to Cultivate that Capacity Within, to Become “Self Sparking”



Your True Intent is to Integrate the Qualities of Courage, Boldness, Willingness to Let Go and engage Inspired Action

AND to embrace the Morning Star Qualities as Support for Your Own Life Path, Not Necessarily for Others

Morning Star Phase, Strategies to Overcome Challenges

The key for Morning Star Venus is to fully claim her identity as Warrior Queen, **perceiving all of her Life challenges as a sacred initiation.**

Her Secret Super Power

CHOOSING to move forward, taking risks, releasing and relinquishing all that stands in the way of deepening into her Feminine Soul.

**In the words of author
Bill Plotkin:**

*Entry into the life of the
Soul demands a steep price.
What's that price? Falsity.
Everything that is not
authentic.*



**What Would It take to Express your
True Wild, Warrior Woman Self?**

Morning Star Phase Questions

What does it Mean to Commit to a Mission of Descent, Death and Rebirth?

What am I Willing to Sacrifice to Experience More of the Sacred?

How do I Protect or Restore the Cosmic Balance?

How do I Practice This WITHIN First?

Morning Star Retrograde:

What is Needed for Me to Fully Prepare and Train for my metamorphic Death and Rebirth Initiation to a new identity?



Morning Star Venus

Retrograde Intent

Fully Prepared for Initiation

- To have a Powerful Connection to Your Divine Nature/Inner Goddess
- To Have a Strong Intuition and Inner Knowing
- To have a Powerfully Felt Presence
- To be a Youthful Spirit Gaining Strength and Power Through the Years
- To Have an Introspective and Reflective Nature
- To Learn to Prepare and Gather Your Resources in ways that Succeed in Meeting Cherished Goals
- To Sense You have a Great Destiny, and Thrive When you CHOOSE to Pursue your Visions and Dreams



Retrograde Venus Morning Star

Shadow/Challenges

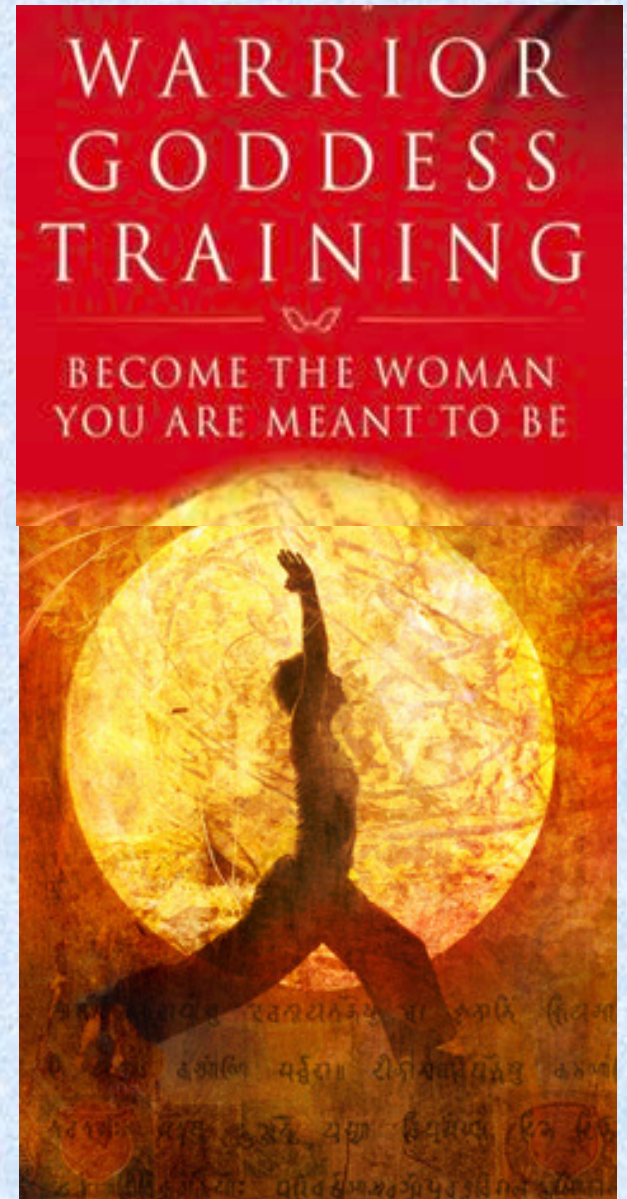
- You May Endlessly Plan & Miss Your Window to Take Action
- You May Obsess Over Details
- You May be Too Attached to Material Belongings
- You May Be So Introspective You Miss Out on Fully Living Your Life
- You May be So Internal Others Can't Connect with You
- You May Be So Connected to Spirit You Have a Hard Time Relating to the World of Duality/ Polarity



Venus Morning Star Retrograde Gifts

When You are Claiming Your Full Venus Retrograde Super Powers You:

- Tap into your Divine Light and Radiant Personal Power
- Get Better - Stronger, More Capable, More Vital - As you Get Older
- Know You Are Called By a Great Destiny, Making You an Inspiration to Others
- Fully Prepare Yourself to Meet Life's Challenges
- Are Able to Make Hard Choices, Even if it Means Letting Go of Your Greatest Attachments
- Cultivate Courage and Move Forward On Your Path, Even When You feel Threatened or Afraid of the Future
- Claim Your Strength as Warrior Goddess



Morning Star Venus Retrograde Questions

What areas of my life or being need strengthening so I can meet my cherished goals and visions?



What are the essential gifts I bring into this lifetime? How can I fully claim these gifts so as to meet life's challenges head on?



What inner work must I tend to so I am prepared to step into my full, in-the-world empowerment?

Venus Morning Star Phases Past 8 Years

- **Aries MetaGoddess:** March 31, 2017 to November 28, 2017
- **Leo MetaGoddess:** August 22, 2015 to July 12, 2016
- **Capricorn MetaGoddess:** January 14, 2014 to September 1, 2014
- **Gemini MetaGoddess:** June 12, 2012 to February 21, 2013
- **Scorpio MetaGoddess:** November 4, 2010 to July 13, 2011



Cayelin's Morning Star Initiations

Oldest Son Born in Morning Star Phase

July 4, 1982. Youngest Son Born in Morning Star Phase May 26, 1990 both have Capricorn Meta Goddess.

Also Introduced to Shamanic Astrology in May 1990 forever changing my life.

Age 40 Venus Return exact in March of 1996 - Scorpio Meta Goddess cycle began November of 1994. Took decisive action initiating into an *Awakening the Priestess Process* when Venus was a Morning Star March 1995.

Took action to help facilitate Mother's acceptance of her death via ceremony August, 1998 Morning Star Phase Capricorn Meta-Goddess.

2004 Morning Star (Gemini Meta Goddess) found out second husband had severe PTSD inspiring me to take action via a not easy and scary intervention getting him help.

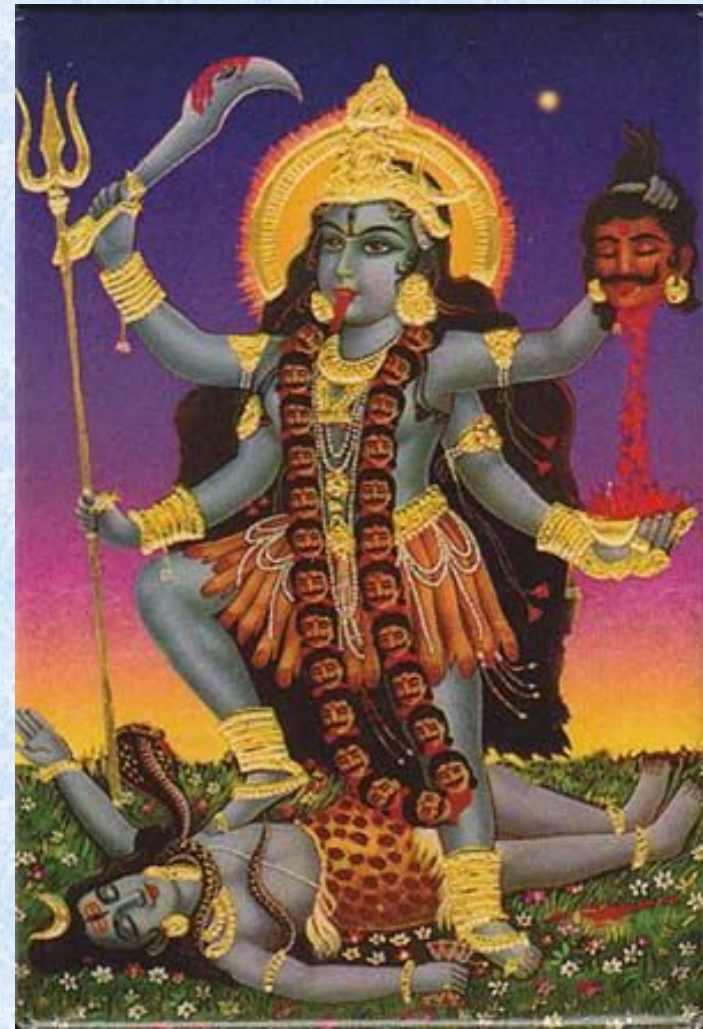


Tami Personal Venus Morning Star Phases Past 8 Years

Aries MetaGoddess: March 31, 2017 to
November 28, 2017

Trying to manage and control health condition (fibroids). By Underworld surrendered to the inevitability of surgery to “let it all go!” I Know this is about coming into my strength and power. Feels like I must choose Kali’s sword, gentler approaches did not work. New relationship called in by Grandmothers, connecting me to my cause and mission to care for Earth and next seven generations.

**Letting go of Parasitic Energy to Empower
Myself as Earth Protector!**



Tami Morning Star Phases Past 8 Years

Leo MetaGoddess:

August 22, 2015 to April 30, 2016

Ten Year Relationship was unravelling.
Focused on growing practice,
travel and work, feeling the slow
death of my relationship



Began to feel the fibroids, indicator of putting energy into relationship and life that wasn't working.

Separated and moved away from NM just before Underworld.

Letting Go of My Old Life to Choose Self Love and Sovereignty

Tami Morning Star Phase Past 8 Years

Capricorn MetaGoddess:

**January 14, 2014 to
September 11, 2014**

Beginning Venus Alchemy and
developing relationship with
Grandmothers. Begin Research into
Venus Return Cycle.



Grandmothers urging me to leave relationship and NM, recognizing I would someday have a piece of land, a place I would root in and dedicate myself to. I began the process of leaving that relationship.

**Grandmothers Preparing me to Let Go,
Planting Seeds for Next 8 Years**

Tami Morning Star Phases Past 8 Years

Gemini MetaGoddess: June
12, 2012 to February 21,
2013

Dad is fighting cancer through
this period and losing. Dies 3
days after Venus Return
birthday at Sacral Chakra.

I begin studying Active
Dreaming, a magical practice
helping me move between the
worlds and grieve my Dad's
death.

**Magical Life Initiated by
Dad's Death**



Tami Morning Star Phases Past 8 Years

Scorpio MetaGoddess:

**November 4, 2010 to July 13,
2011**

Began taking people through the
Venus Cycle in live groups. Feeling
the aliveness of the cycle.

Coming into my personal power in
facilitating shamanic practices.
Also seeing how intense it was for
those in their Venus Returns—
pregnancy, relationships ending,
woman with head injuries (Crown
Chakra Morning Star).



**Initiation as Morning Star Sha-
woman of Power!**

Morning Star Deepening Exercises

Do a Morning Star Life Review for cycles of last 8 years. Find a Mantra that captures the essence of the cycle.

Meditate on the concept of Sacrifice. How has your idea of it changed over your lifetime?

How has it played a role in your Morning Star periods over the past 8 years?



Choose one or more questions from this presentation and work with them over the course of the week.

Additional Resources

If you don't have your natal chart you can get a **FREE** one here <http://alabe.com/freechart/>

Watch for an invitation to join Venus Star Phases Series Facebook Page for further sharing, community and connection. You will or already have received an email or FB invite. If not let us know.



Additional helpful bonus on the Class Page

A PDF of an extensive table to look up your Venus Star Phases or use it to discover anyone's Venus Star Phase, Overtone, Chakra Gate (if there is one) etc.

[Also Check Out the Venus Evening Star Ceremonial Series](#) beginning March 8 if you haven't already.

Venus Morning Star Breakout

