

Venus Alchemy Presents

The Aries Underworld Journey

Ending February 18, 2018

With Cayelin K Castell and Tami Brunk



Prayer to the Dark Goddess

Mighty Goddess Of Disruption, Death and Total Transformation

Thank you for Helping Me to Feel What I must Feel to be Liberated and Free

**Thank you for supporting me to have the courage to
Face My Fears And Shadow Side.**

Thank you For Your Commitment to Requiring Me

To feel what I have been afraid to Feel until now...

Including any hatred I may still have for myself or others

The Immense Pain of Hurt, Betrayal, Guilt and Shame

I have ever experienced

Thank you for Helping me Transform

all lower vibrational frequencies already mentioned

Along with all the ways I have rejected myself and others

All the ways I have judged myself as not enough

All the feelings I have around being abandoned by

The Divine, Great Spirit, Great Mystery, All That IS

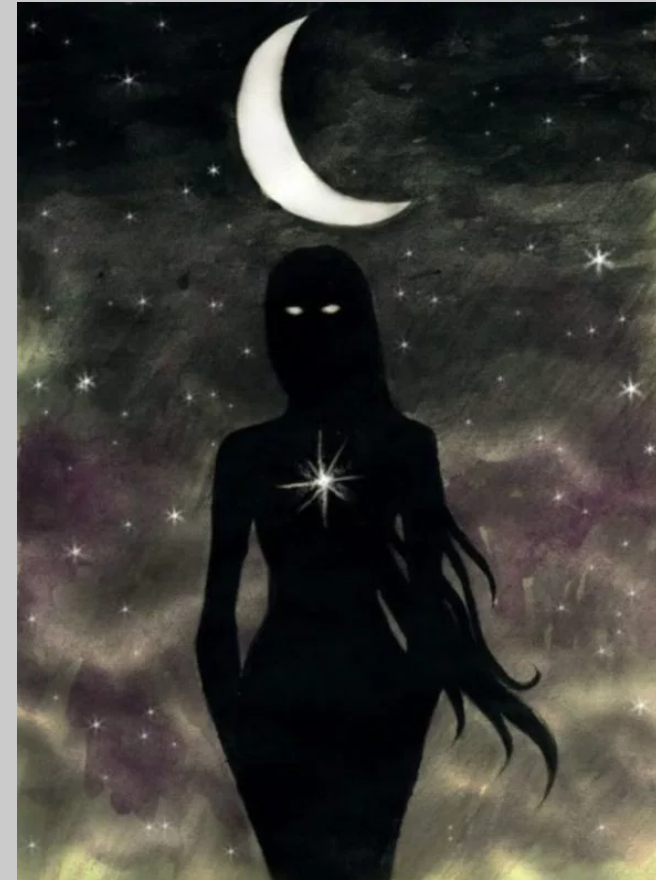
All the ways I have been wounded, punished, and

judged by others and the Immense Unfairness of it All

You for helping me Transmute All This Into Love, Compassion, Confidence And Courage

Restoring the Cosmic Balance, Cosmic Justice, Cosmic Awareness Within Myself and the World

I am Deeply Grateful this done and this is so...And So it IS! Blessed Be

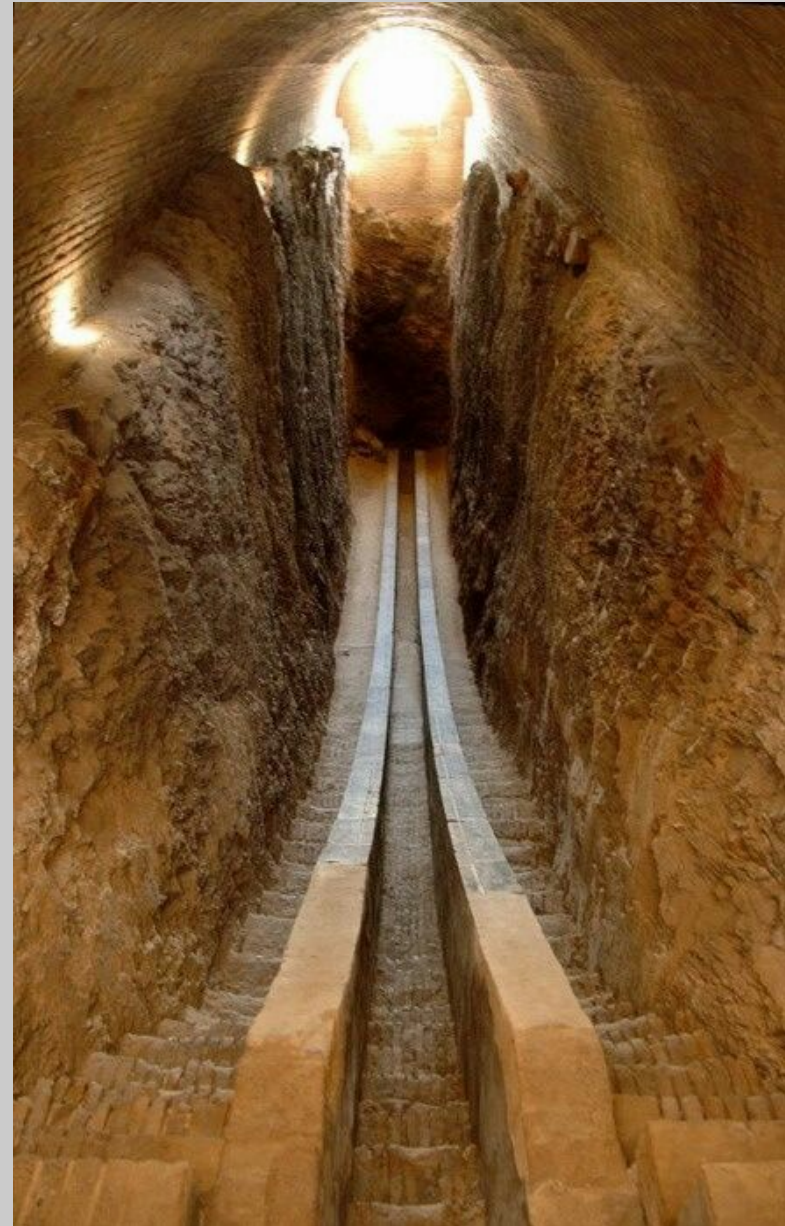


Venus in the Underworld: November 28 to February 18

The 19-month Venus Cycle is an initiatory journey guided by the Sumerian story of Inanna's Descent into the Underworld, her death/rebirth and Ascent from the Underworld.

November 28, 2017 to February 19, 2018 marks the current *Underworld Phase* as Venus passes behind the Sun - no longer visible in either the Morning or Evening Sky.

The Ancient Sumerians Saw this Phase of the Cycle as an encounter with the Dark Goddess undergoing ceremonial Death and Rebirth.



Oprah Winfrey: Venus Underworld Goddess!

The Aries Meta Goddess on The World Stage!

If you are born with this Meta Goddess or have strong Aries on your natal chart you are here to help awaken and empower the Fierce Feminine whose mission is to restore justice and sanity in a culture out of balance.

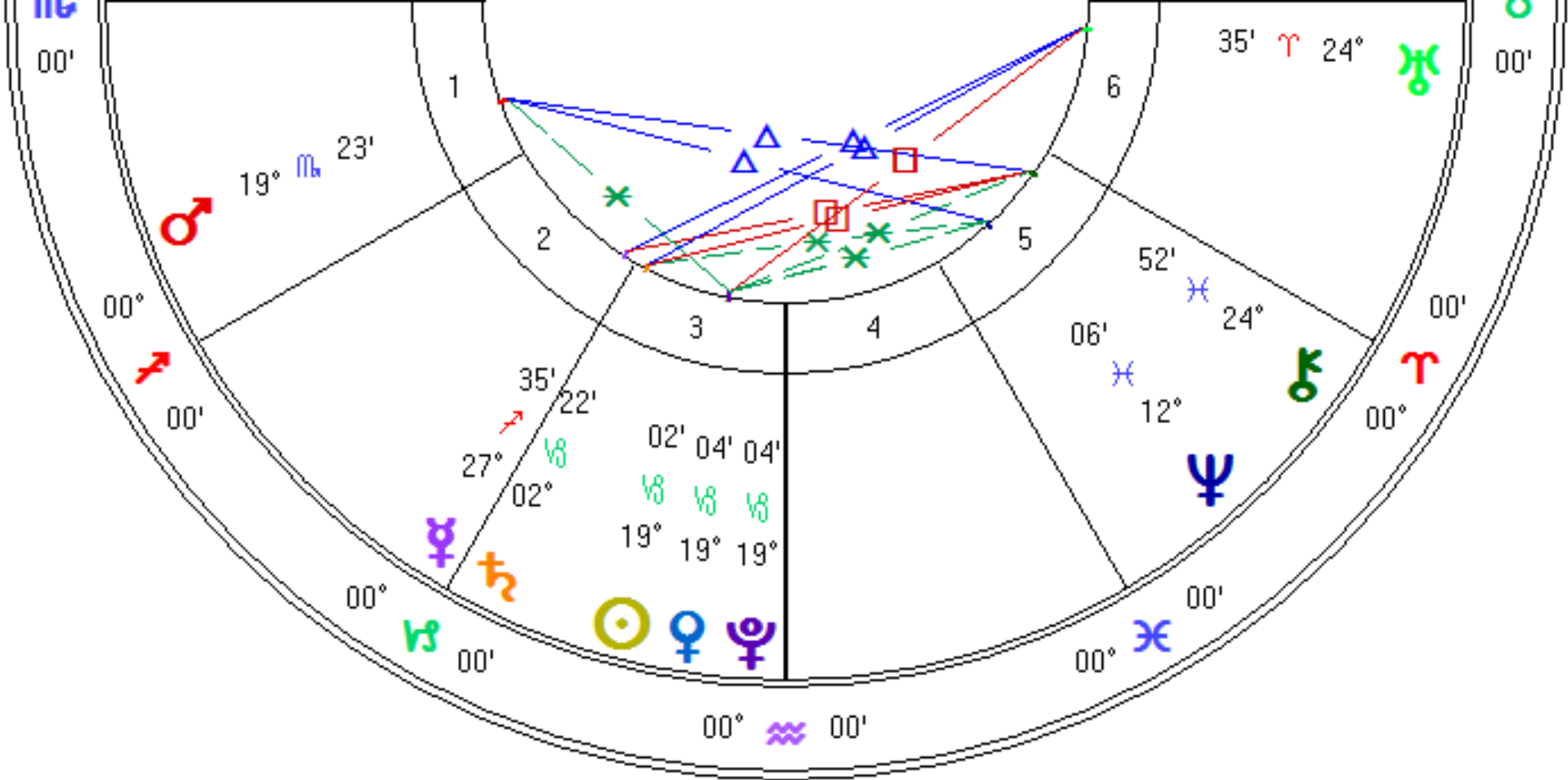
Oprah Winfrey was born with the

Aries MetaGoddess in the Underworld Phase of her journey.

She has acted boldly to empower women and the Divine Feminine in our world, exposing the shadow of misogyny and oppression of the feminine.

Her speech at the Golden Globes (January 2018) was a call to further embolden the Aries Goddess within each of us to rise up and take our place in bringing our world back into balance.





January 9, 2018 Sun, Venus and Pluto all conjunct at 19 Capricorn. A Potent And Energized Double Underworld Signature increasing the possibility of an even more powerful death and rebirth. Pluto and the Underworld is not concerned with what you want, or feel is fair, or right, or just - no matter how painful or difficult. Pluto's only concern is with the transformation of the soul.

Face to Face with the Dark Goddess

She is terrifying, angry, filled with pain, loss, and immense grief...expressing as rage toward her sister Inanna.

When the Dark Goddess surrenders to her grief, frustration, lament and her deep agony - she is healed and empowered releasing her gifts for the greater good.



The Dark Goddess is ME

We all encounter the underworld initiation of death and rebirth.

Passing through the gates of initiation into the Underworld Inanna (who is also ME) encounters unresolved:

Shadow – Uncertainties - Inconsistencies - Cultural Conditioning

Distortions and Lies of the current Culture

Transforming them in the Higher Frequencies of Love and Above



Making Peace With The Dark Goddess

Acknowledge and honor YOUR buried (or not so buried) pain.

This can NOT be accomplished by helping others, being kind and caring toward others, achieving great things in this world. This pain can only be transformed when we accept and acknowledge the deep, dark, scary places within.



When Making Peace With The Dark Goddess

Be willing to:

Cry with Her

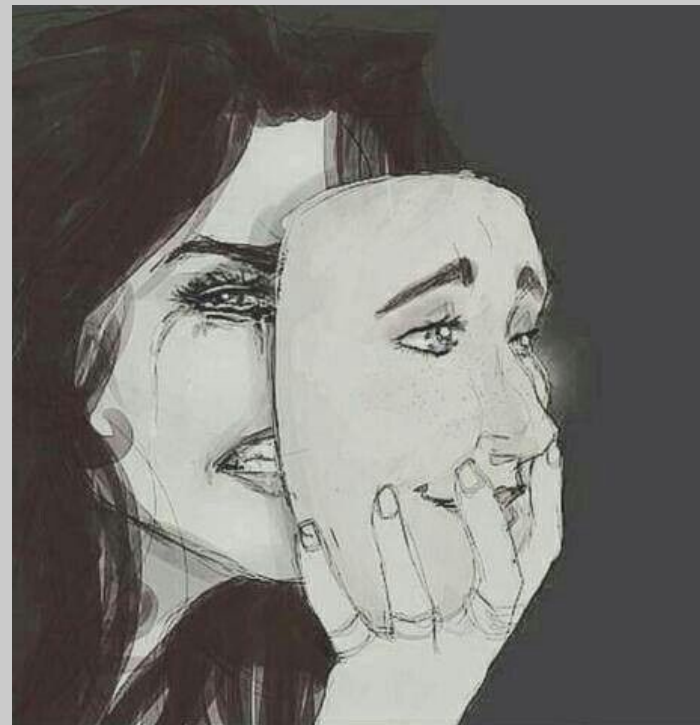
Rage with Her

Feel what YOU feel with Her

Kick, scream, yell, cuss the air, hit a pillow, or express in other ways that are safe.

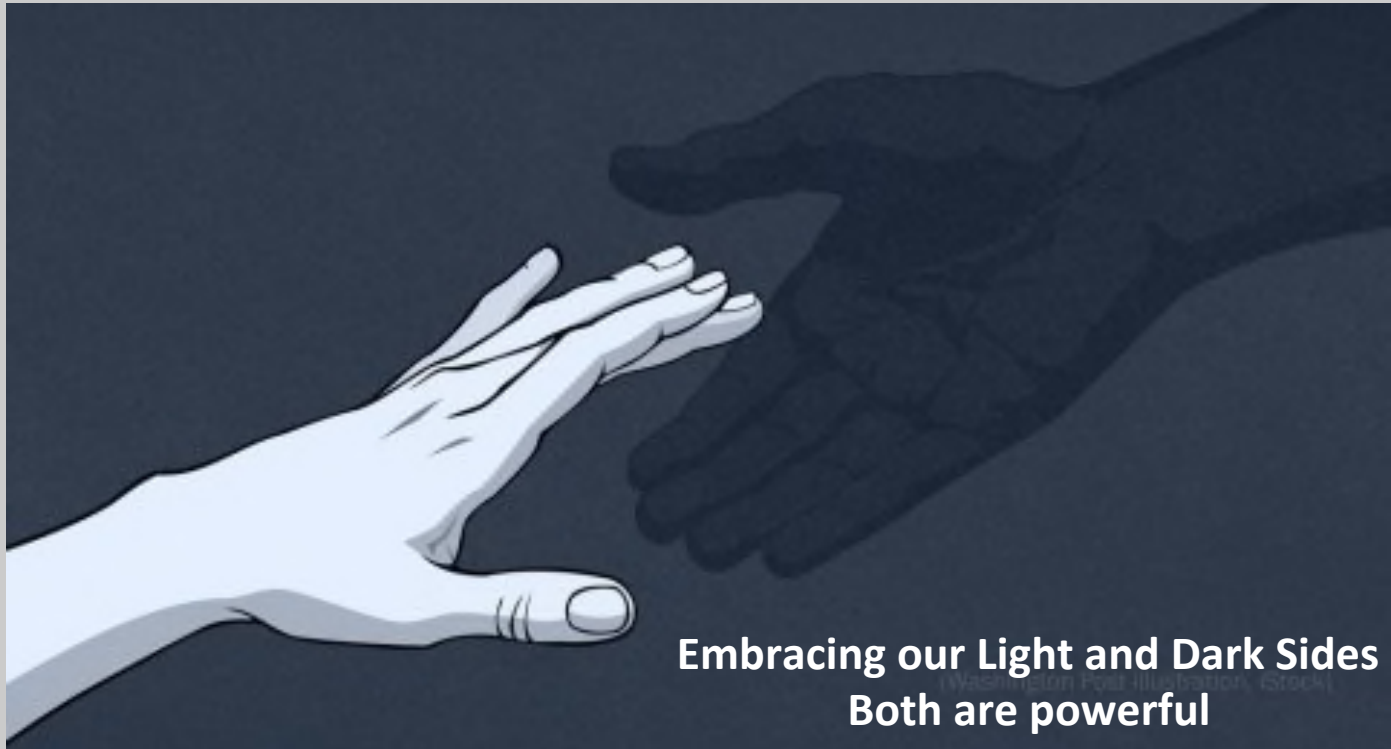
Do NOT direct these feelings toward anyone because as much as it may feel like it is about someone else, this is really about you).

When YOU genuinely feel what you feel – you are liberated and free to express your true essence that has been buried under the pain.



Questions to Ponder in the Underworld

- What have you resisted looking at within yourself or been unaware of that needs your attention and awareness?
- In what ways do you feel in the dark about your life path, who you are, what is next for you?
- What are the new possibilities you can explore that reflects your true self and the gifts you have to offer?



**Embracing our Light and Dark Sides
Both are powerful**

A Collective Perspective

The darkness of hatred, pain, and suffering are evident in our collective experience.

Seeing it outside of ourselves, means it is still within us.

How can we access this pain and heal it within us, helping to heal it in the greater collective?

We have arrived at the time when it is time to awaken more fully the powerful, independent feminine rising up within us to express her true self.

Are you ready?

AWAKENING



MY TRUE SELF

Underworld Venus with Pluto

Magnifies possible feelings of powerlessness over what is happening. The intent is to force surrender through events that may shake you to your core.

This is a powerful opportunity to engage the Dark Goddess Within surrendering to the death she facilitates, bringing your inner darkness to the light of awareness.

It is time to let go of habits around self-destruction, justifying behavior, being weak, a need for revenge, manipulation for power and control over others or situations.

You may find you are a catalyst or shadow magnet whether you want to be or not.



Pluto Up Levels the Initiatory Strength of Venus in the Underworld Domain

The Underworld Goddess does not care about how you feel. You cannot escape this initiation by being GOOD. This is often about Chaotic events beyond your control - you cannot outrun or escape. Surrender is the only option.



Pluto Up Levels the Gifts of Venus in the Underworld Initiation Process

Greater Empowerment and Regeneration through Alchemy, Death and Rebirth and Total Transformation are possible!

In this phase of the journey we are continuing to strip away the false self revealing the True Empowered Self.

Discovering the treasure buried within the fear, pain, rage, aggression, jealousy...feeling it all and being transformed.

The result is intended to reveal our greatest strengths and personal gifts!



Questions for Aries in the Underworld

- In what areas of my life have I been in constant battle? Would it be better for me to lay down my armor and surrender?
- What aspects of Self or Identity have I outgrown and can now let go of?
- What will it take for me to meet my unwanted feelings of pain, fear, sorrow, dread, rage, grief with acceptance and love?
- Where am I pushing, managing, fixing and controlling? Where would it be better for me to allow life to take its course?



Aries Meta Goddess in the Underworld

The Aries Meta Goddess in the Underworld regardless of what sign she is moving through is undergoing a total death process, courageously facing and allowing all old hesitations, unfinished business, fear and timidity, not enoughness, or other blocks that hold her back from a full embrace of her Fierce Feminine Nature to DIE.

This is when we encounter any remaining blocks and fears that hold us back from boldly and wholeheartedly claiming our purpose for incarnating at this time.

This is the time to let go and let fall away any and all self doubt, self-judgment, self criticism or self-abandonment, allowing the new bright flame of our emerging inner Aries Goddess to ignite and burn ever brighter, preparing us for our Ascent and the full reclaiming of our Fierce Feminine Power.



Tools and Practices for Your Underworld Journey

- **Make a Venus in the Underworld Altar**
- **Keep a Venus Journal**
- **Practice Sun Gazing with Venus and the Sun**
- **Amp up your Energy! Through running, hiking, dance, breathwork**



Additional Resources

Oprah's Speech at the Golden Globe Awards

<https://www.cbsnews.com/news/golden-globes-awards-2018-oprah-winfrey-speech-cecil-b-demille-award/>

Sun Gazing Practice Especially While Venus is With the Sun

<https://www.kawoq.org/practice-sun-gazing-get-benefits/>

The Health Benefits of Sungazing

THE SUN IS THE FORCE OF ALL LIFE, AND STARING AT IT CAN INFUSE THE BODY WITH LARGE AMOUNTS OF ENERGY.

- Boosts production of melatonin and serotonin (our "feel-good" hormones)
- Increased Health, Longevity, And Spiritual Well-Being
- Increases the actual size of the pineal gland
- Increased self-confidence
- Increased energy levels
- Promotes weight loss
- Better eyesight
- Enhanced vitality
- Lessen appetite



Transcript of Oprah's Speech

In 1964, I was a little girl sitting on the linoleum floor of my mother's house in Milwaukee watching Anne Bancroft present the Oscar for best actor at the 36th Academy Awards. She opened the envelope and said five words that literally made history: "The winner is Sidney Poitier." Up to the stage came the most elegant man I had ever seen. I remember his tie was white, and of course his skin was black, and I had never seen a black man being celebrated like that. I tried many, many times to explain what a moment like that means to a little girl, a kid watching from the cheap seats as my mom came through the door bone tired from cleaning other people's houses. But all I can do is quote and say that the explanation in Sidney's performance in "Lilies of the Field": "Amen, amen, amen, amen."

In 1982, Sidney received the Cecil B. DeMille award right here at the Golden Globes and it is not lost on me that at this moment, there are some little girls watching as I become the first black woman to be given this same award. It is an honor -- it is an honor and it is a privilege to share the evening with all of them and also with the incredible men and women who have inspired me, who challenged me, who sustained me and made my journey to this stage possible. Dennis Swanson who took a chance on me for "A.M. Chicago." Quincy Jones who saw me on that show and said to Steven Spielberg, "Yes, she is Sophia in 'The Color Purple.'" Gayle who has been the definition of what a friend is, and Stedman who has been my rock -- just a few to name.

I want to thank the Hollywood Foreign Press Association because we all know the press is under siege these days. We also know it's the insatiable dedication to uncovering the absolute truth that keeps us from turning a blind eye to corruption and to injustice.

Transcript of Oprah's Speech

To -- to tyrants and victims, and secrets and lies. I want to say that I value the press more than ever before as we try to navigate these complicated times, which brings me to this: what I know for sure is that speaking your truth is the most powerful tool we all have. And I'm especially proud and inspired by all the women who have felt strong enough and empowered enough to speak up and share their personal stories. Each of us in this room are celebrated because of the stories that we tell, and this year we became the story.

But it's not just a story affecting the entertainment industry. It's one that transcends any culture, geography, race, religion, politics, or workplace. So I want tonight to express gratitude to all the women who have endured years of abuse and assault because they, like my mother, had children to feed and bills to pay and dreams to pursue.

They're the women whose names we'll never know. They are domestic workers and farm workers. They are working in factories and they work in restaurants and they're in academia, engineering, medicine, and science. They're part of the world of tech and politics and business. They're our athletes in the Olympics and they're our soldiers in the military.

And there's someone else, Recy Taylor, a name I know and I think you should know, too. In 1944, Recy Taylor was a young wife and mother walking home from a church service she'd attended in Abbeville, Alabama, when she was abducted by six armed white men, raped, and left blindfolded by the side of the road coming home from church.

Transcript of Oprah's Speech

I've interviewed and portrayed people who've withstood some of the ugliest things life can throw at you, but the one quality all of them seem to share is an ability to maintain hope for a brighter morning, even during our darkest nights.

So I want all the girls watching here, now, to know that a new day is on the horizon!

And when that new day finally dawns, it will be because of a lot of magnificent women, many of whom are right here in this room tonight, and some pretty phenomenal men, fighting hard to make sure that they become the leaders who take us to the time when nobody ever has to say "Me too" again.



Venus Alchemy

Cayelin Castell and Tami Brunk bring you the Mysteries of Venus

The Venus Signature Series Class Begins January 18

<http://venusalchemy.com/venus-alchemy-classes/2018-series/>

The Ceremonial Evening Star Ascent Class Begins March 8

<http://venusalchemy.com/venus-alchemy-classes/aries-arise-evening-star-series/>

