

# Essential Home Play And Useful Links

## Crown/7th Chakra Reclaiming

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### Highly Recommended Activities

- **Listen to Video on Crown/7th Chakra**
- **Build or Renew Your Venus Altar** adding Crown Chakra Themes
- **Look for the Venus Moon Conjunction** check for current date
- **Meet With your Evening Star Buddy** by Phone, Skype, email!
- **Deepen your work with the Crown Chakra** through use of crystals, essential oils, wearing white or violet
- **Listen to Cayelin's Guided Journey**

### In-Depth Home Play

#### All of the Above Along with Any or All of the Practices Below

- **Journal Regularly in your Venus Journal**, tracking dreams, meditations, sketching
- **Spend time** with Venus, Mercury, Saturn, Jupiter and soon Mars in the Evening Sky
- **Home Play for Aries at the Throat Chakra**

#### Aries Venus Cycle Deeper Reflection

Set your timer for 30 minutes and journal stream of consciousness about your journey through the entire Venus in Aries Cycle from March 31, 2017 to now. When complete, answer the following questions, again using stream of consciousness, whatever first comes to mind (you might choose to write with your nondominant hand).

- Where Have I Experienced Imbalance in My Life and Am Now Correcting?
- What Are My Current Priorities?
- How Have I Demonstrated Great Courage in this Venus Cycle?
- Capture in a Single Phrase the Most Essential Learning in This Venus Cycle.

If You Get Stuck Consider the Imbalance in Your Life. What Phrase Describes the Resolution of This?

**Tami's Example:** Imbalance—My Life Has Been Overly Influenced By Others' Expectation (Perceived and Real).  
Current Mantra: **I Am The Whole Hearted Captain of My Life Ship**

## Sekhmet/Durga Warrior Goddess Prayer

### Invoking Divine Feminine Guidance at the Crown Chakra

Beloved Wild Warrior Goddess,  
Knower of Your True Divine Essence  
O Mighty Lady Of Divine Guidance  
Thank you for Guiding Me To Reclaim my Divinity  
To Courageously Trust and Bravely Live the Divine Plan for My Life  
Fully Claiming My Birthright, My Privilege and My Legacy .  
Wondrous Solar Goddess, Divine, Supreme, Omnipotent One  
Filled with the Power of Heaven and Earth  
Mighty In Your Wisdom, Faith and Trust  
Mighty in Your Expression of Divine Love

Guide Me to Fully Reclaim and Live the Divine Truth of Who I AM .  
O Great Omniscient, Fiercely Powerful, and Noble Goddess  
Guide Me in Further Reclaiming the Magical Divine Mystic Within ME  
As I Claim and Expand Conscious Connection to My Divine Knowing  
Guide Me in Joining together with All Life on Planet Earth  
As I Ascend and Claim My Rightful Divinely Intended Place  
So I am Living My Greater Divine Design Now and Always.  
With Gratitude and Love It is Done,  
It is SO and All Heaven and Earth Rejoice...

## **Aries Inanna Coronation Oath**

**These are meant to inspire your own Coronation Oath and Reclaiming of YOUR Crown Chakra.**

Are you willing to actively manage and protect your sovereign domain including: your precious time, energy, resources, body, mind, spirit - from any and all influences that do not serve your heart's purpose and your soul's divine intent?

Are you willing to practice compassion and mercy for yourself as you continue your life journey, even if you have not yet found your worthy cause?

Are you committed to returning again and again to yourself, standing for and furthering a heart-directed mission you hold dear?

As a Wild Warrior Woman in service to the Circle of Grandmothers are you willing to protect the innocent and vulnerable while also caring for the Earth's resources and the next seven generations?

### **Helpful Resource Links**

**We are Entitled to Miracles**

<https://cayelincastell.com/we-are-entitled-to-miracles/>

**A Course in Miracles Website**

<http://www.acim.org>

**Article on 7 traits of Highly Magical People**

<http://www.greatgenius.com/seven-traits-of-highly-magical-people>

**Why Magic Matters**

<https://www.elephantjournal.com/2014/01/20-quotes-to-remind-us-why-magic-matters/>

**Science and the Benefits of Prayer**

[https://www.huffingtonpost.com/entry/why-people-who-pray-are-healthier\\_b\\_1197313](https://www.huffingtonpost.com/entry/why-people-who-pray-are-healthier_b_1197313)

**Considering a Pranic Diet**

<https://health.usnews.com/health-news/health-wellness/articles/2014/08/27/why-you-should-consider-a-high-prana-diet>