

Essential Home Play And Useful Links

Heart/4th Chakra Reclaiming

Highly Recommended Activities

- **Build or Renew Your Venus Altar** adding Heart Chakra Themes
- **Look for the Venus Moon Conjunction** check for current date
- **Meet With your Evening Star Buddy** by Phone, Skype, email!
- **Introduce yourself via FB Group or email to Tami if you haven't already (she will post)**
- **Deepen your work with the Sacral Chakra** through use of crystals, essential oils, wearing pink or green
- **Work with Cayelin's Guided Journey**

In-Depth Home Play

All of the Above Along with Any or All of the Practices Below

- **Journal Regularly in your Venus Journal**, tracking dreams, meditations, sketching (see suggested Questions below)
- **Spend time** with Venus, Saturn, Jupiter in the evening sky, Mercury, Mars and
- **Home Play for Aries at the Sacral Chakra**

Joy Journal Exercise: Every night before sleeping or every week for 20 minutes to an hour explore in your Venus Journal and relive with all your senses in your imagination the experiences that created a physical sensation of joy and pleasure in your body. Through this practice you are anchoring the frequency of joy and pleasure into your life and body, restoring the pleasure principle at the center of your world!

Activating the New Economy Exercise

Set the Clear Intention this Month to Attract Information, Experiences, and Relationships that Feed and Energize a "New Economy" in your Personal Life, Community, and Across the Globe. Look for proof that an economy that serves all humans and the Earth is inevitable and quickly manifesting.

Pay attention to all the ways your spending choices are growing the world you want to live in. Dream forward so that you live every day as if that this is the world you already inhabit.

Share the juicy details of how this New Economy looks and feels and articles or models that already show this proof" everywhere including in your Venus Alchemy Community!

Aries Venus Questions for Reclaiming the Sacral Chakra

- *What Would it take for me to Value Myself as the Fierce and Pioneering Love Warrior That I Am?*
- *What Bold and World Changing Dreams and Visions Will Manifest As I Open to Receive Unlimited Financial Support From the Universe?*
- *How Would it Feel to Be "All In" For the Experience of Maximum Intimacy, Pleasure and Sexual Fulfillment?*
- *How Would My Life Look and Feel If I Were To Prioritize Joyful Creative Expression as Part of My Purpose and Mission?*

Celestial Events at 4th Gate/Heart Chakra

June 16 Venus Moon at Heart Chakra Gate
June 18 Neptune Stations Retrograde
June 21 Sun Enters Cancer Exact Solstice
June 26 Mars Stations Retrograde
June 27/28 Full Moon in Capricorn and Sun opposite Saturn
June 28/29 Mercury moves into Leo
July 09 Venus moves into Virgo conjunct Regulus
July 10 Jupiter stations Direct
July 12 New Moon Partial Solar Eclipse, Sun opposite Pluto
July 15 Next Venus Moon Gate

Sekhmet/Durga/Warrior Goddess Prayer Reclaiming Divine Feminine Compassion at the Heart Chakra

Wondrous Warrior Goddess of Love
Fierce Protectress of Our Sacred Heart Space
Fierce in Love, Fierce in Compassion
Guide me to Fully Claim My Inner Heart Temple
Where I Experience the Courage and Strength
To Express and Radiate LOVE
Living Love in Every Moment

O Great One of Magic, Alchemy, and Miracles
Great One of the Radical, Radiant Heart
Guide Me to Fully Claim the Healing Power of Love
Guide ME to Be Caring Kind and Compassionate
Just and Forgiving - Toward Myself and Others
Guide Me to Love Myself More Fully Each Day
Guide Me to Experience the Full Ecstasy of Love
So I Courageously Live the Magical Enchantment of Love
Restoring the Cosmic Balance for All Life Everywhere.

Resource Links that might be helpful

Walter Lost [Article on Argone](#)
National Defense Using the Maharishi effect [Article](#)
The Power of the Circle [Article](#)
The Millionth Circle Article by Jean Shinoda Bolen <http://www.millionthcircle.org/JSB/mc.html>
How to Talk to People You Don't Agree With [Article](#)
[Turning to One Another: Simple Conversations to Restore Hope for the Future](#) Book by Margaret Wheatley
Discovering the Sacred Space in Your Heart Intro [Meditation](#)
Entering the Sacred Space within the Heart - [Female Way](#)

Entering the Sacred Space within the Heart - [Male Way](#)
[Living in the Heart Book](#) by Drunvalo Melchizedek

How to Thymus Thump [YouTube](#)
[Thymus Thump PDF](#) mentioned in the YouTube
[Ho'oponopono Article](#) by Joe Vitale
[Heart Math](#) and Mother's Heart Beat [Article](#)
[The Christians and Pagans Song](#) by Dar Williams
[What is a Despacho Ceremony?](#) By The Four Winds Society
[Ho'oponopono Song](#) by Trina Brunk

Resources to Support Immigrant Children and their Families [Article Overview](#)

[Together Rising Love Flash Mob](#). [The Florence Project and Refugee Rights Project](#). This organization provides legal assistance and social services to detained immigrants in Arizona.
[The Young Center for Immigrant Children's Rights](#). This organization works for the rights of children in immigration proceedings.
[Kids In Need Of Defense \(KIND\)](#). This organization works to ensure that no child appears in immigration court alone without representation.
[Asylum Seeker Advocacy Project](#). They work to prevent the deportation of asylum-seeking families fleeing violence.