

Essential Home Play And Useful Links

Sacral/2nd Chakra Reclaiming

Highly Recommended Activities

- **Build or Renew Your Venus Altar** adding Sacral Chakra Themes
- **Look for the Venus Moon Conjunction** check for current date
- **Meet With your Evening Star Buddy** by Phone, Skype, email!
- **Introduce yourself via FB Group or email to Tami if you haven't already (she will post)**
- **Deepen your work with the Sacral Chakra** through use of crystals, essential oils, wearing orange
- **Work with Cayelin's Guided Journey**

In-Depth Home Play

All of the Above Along with Any or All of the Practices Below

- **Journal Regularly in your Venus Journal**, tracking dreams, meditations, sketching (see suggested Questions below)
- **Spend time** with Venus, and the Moon in the Evening Sky, Mars, Saturn and Jupiter in the Evening Sky
- **Home Play for Aries at the Sacral Chakra**

Joy Journal Exercise: Every night before sleeping or every week for 20 minutes to an hour explore in your Venus Journal and relive with all your senses in your imagination the experiences that created a physical sensation of joy and pleasure in your body. Through this practice you are anchoring the frequency of joy and pleasure into your life and body, restoring the pleasure principle at the center of your world!

Activating the New Economy Exercise

Set the Clear Intention this Month to Attract Information, Experiences, and Relationships that Feed and Energize a "New Economy" in your Personal Life, Community, and Across the Globe. Look for proof that an economy that serves all humans and the Earth is inevitable and quickly manifesting.

Pay attention to all the ways your spending choices are growing the world you want to live in. Dream forward so that you live every day as if that this is the world you already inhabit.

Share the juicy details of how this New Economy looks and feels and articles or models that already show this proof" everywhere including in your Venus Alchemy Community!

Aries Venus Questions for Reclaiming the Sacral Chakra

- *What Would it take for me to Value Myself as the Fierce and Pioneering Love Warrior That I Am?*
- *What Bold and World Changing Dreams and Visions Will Manifest As I Open to Receive Unlimited Financial Support From the Universe?*
- *How Would it Feel to Be "All In" For the Experience of Maximum Intimacy, Pleasure and Sexual Fulfillment?*
- *How Would My Life Look and Feel If I Were To Prioritize Joyful Creative Expression as Part of My Purpose and Mission?*

Celestial Events at First Gate /Root Chakra

April 15 New Moon 26 Aries and Mercury Stations Retrograde

April 18 Venus Moon 2nd Gate 22 Taurus Opposite Jupiter, Chiron moves into Aries, Saturn Stations Direct

April 22 Pluto Stations Retrograde

April 24 Venus with Pleiades

May 03 Venus with Aldebaran

May 05 Venus Transit Degree

May 13 Venus with Elnath

May 19 Venus on the Cross

Jun 24 Venus exits the Hoop

Sekhmet/Durga Warrior Goddess Prayer at the Root Chakra

Beloved Warrior Protector Goddess, Lady Of Enchantments
Powerful One Of Sensual Beauty And Orgasmic Pleasure
Opener Of The Ways And Satisfier Of Desires
Guide Me In Opening To Receive More Beauty
More Love, More Pleasure, More Health, And Wealth
Than I Have Ever Imagined
Guide Me In Re-claiming the Gifts of Transformative Intimacy
So That I Experience Ecstatic Bliss through Physical Pleasure
O Mighty and Great One In The Wise Use Of Life Force
Including Healthy Expressions Of Personal Value And Self Worth
Guide Me in Claiming and Living my True Value and Worth
Show Me How to Fully Savor And Embrace
The Exquisite Ecstasy Of Embodying Sensual Life Force
That Is Mine To Experience And Express
In Ways that Support Me to Genuinely Stand in my Strength
To Trust my Knowing and Radiate My Light
As I continue to restore the Cosmic Balance within and without!

Resource Links that might be helpful

[The Desire Map: A Guide to Creating Goals with Soul](#)

A life planning tool by Danielle LaPort

[10 Days of Qoya Love Embodiment Practice](#)

Rochelle Schiek's easy 10-day practice to foster embodiment

[Womb Awakening as a Spiritual Path](#) article

The authors founded the FountainofLife.org which has womb mentors, workshops, apprenticeships, dedicated to awakening the womb

[The More Beautiful World Our Hearts Know is Possible](#) and [Sacred Economics](#)

by Charles Eisenstein