

Venus Alchemy Presents

The Venus and Mars Underworld Encounter and Beyond

With Cayelin K Castell and Tami Brunk



Invocation to the Dark God/Goddess Within

O Mighty Dark God/Goddess Within the Heart of Who I AM
Guiding me through Disruption, Death, Dying, & Total Transformation
Help me to Face my Own Darkness, My Own Deepest Fears

Help me to Feel and Heal ALL my Feelings
Including any hatred, fury, hurt, judgment, guilt, and shame
I still have for myself or others
Help Heal Feelings of Being Abandoned by the Divine in all its Forms
All the ways I have felt wounded, punished, and judged by others
and the Immense Unfairness of it All
How I believe My Imperfections Prevent me from Being all that I can BE
And anything holding me back from feeling loved & accepted just as I am!

**Thank You O Great Dark Ones for this precious Gift
of awareness and safety to feel these difficult feelings
And heal them by transforming them through awareness and courage**

Mighty and Wondrous God/Goddess of the Deep, Dark, Depths
Thank You For Helping Me experience the Precious Secrets Of Surrender
AND What It Takes to Die A Good And Peaceful Death

Thank You for guiding me in letting go with Compassion, Confidence And Courage
So that I restore the Cosmic Balance, Cosmic Justice, Cosmic Awareness Within Myself
And in my Relationship to the ALL of life - Benefiting All Beings Everywhere
While Inspiring Others to their own Greatness & Empowerment by embracing and integrating their Dark Side
Creating a High Vibration Revolutionary Wave of Change for our Beloved Earth!
I am Deeply Grateful that this done and this is so...And So it IS! Blessed Be!



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At The Heart of Great Mystery



When Venus and Mars Disappear into the Underworld
they are traveling with the Sun
The Heart of the Sun or the Heart of Great Mystery
for the deepest purification and “burning away” of
all that is in need of release and transformation

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Inanna's Descent as Death Rebirth Journey

The Venus/Inanna/Ishtar and is a powerful initiation into the mysteries of death and rebirth.

In the Underworld Phase Inanna has reached the land of the dead.

Inanna courageously chooses to go where she will die while still alive.

This mythic telling of the Venus cycle describes the rhythm of life, death, life.



The Dark Goddess Within

Coming Face to Face with the Dark Goddesses is often terrifying as she is fierce, disturbing, awe-inspiring.

The Dark Goddess holds the mysteries of death and dying, sex and sovereignty, suffering and shadow.

These are All essential components within the mysteries of magic and transformation.

She is the one who slays both Venus and Mars or Inanna (wounded feminine) and the Dark God (wounded masculine) within each of us - so they can be reborn anew in their strength and wisdom.



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Venus Underworld July 07 to September 19, 2019

Significant Dates

Aug 13 Venus conjunct Sun (22 Leo)

Aug 21 Venus into Virgo

Aug 23 Sun into Virgo

Aug 24 Venus and Mars conjunct (4 Virgo)

Aug 30 Moon Venus (12 Virgo with Sun)

Sep 04 Venus opposite Neptune (17 Virgo 28)

Sep 14 Venus returns to Libra with Mercury

Sep 19 Venus Rises as Evening Star

Practices to Support the Underworld Journey

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Breathwork (including Tantric, Shamanic, Pranic)

Physical movement: Ecstatic, African or other Tribal Dance, Daily Walks, Rigorous Hikes, Running, Biking, Horseback Riding, Yoga, Shaking etc...

Wear Black

Mirror Work (Face to Face with Your Shadow Side)

Gazing into a Mirror reflects what is within you

What You Feel About Yourself

Where You are Resisting and Where You Are Open

What Thoughts May Need Changing

What Words You are Using that May Need Changing

Awareness about Better Ways to do Self Care

Transforming the Mirror from something Feared to Something Supportive and Transformative



**Gazing into the Mirror start by saying to yourself all the things you judge about yourself
Don't hold back. Feel what you Feel. Take time to be with your feelings. Cry, Scream, Move.**

Return to the mirror and honor your process, your courage and the beautiful YOU that is showing up to face your shadow side and give yourself lots of love and support.

Sunlight Increases Nitric Oxide

Venus is with the Sun and Sunlight Activates Nitric Oxide a chemical transmitter shown to:

- Help memory and behavior
- Assist the immune system
- Defend against tumors
- Regulate blood pressure
- Reduce inflammation
- Improve sleep
- Increases endurance and strength
- Assist in gastric motility

Along with sunlight Nitric Oxide is found in Plant Foods, Leafy Greens, and Beets etc...



https://www.ted.com/talks/richard_weller_could_the_sun_be_good_for_your_heart

WHAT IS NITRIC OXIDE?

Nitric oxide (NO) is a gaseous molecule that relaxes the smooth muscle cells of blood vessels, causing them to widen and allow more blood to flow to muscles. And that also means the delivery of more nutrients like amino acids and glucose, which enhance energy production during workouts and blunt fatigue.

Previous Venus and Mars Sagas (Cycles) together in the Underworld

Month	Day	Year	Underworld Saga Begins with Mars Opposition
April	06	1935	16 Libra and lasted until May 19, 1937
October	10	1941	17 Aries and lasted until Dec 05, 1943
February	17	1948	28 Leo and lasted until March 23, 1950
June	24	1954	03 Capricorn and lasted until Sep 10, 1956
December	30	1960	09 Cancer and lasted until Feb 04, 1963
April	15	1967	25 Libra and lasted until May 31, 1969
October	25	1973	02 Taurus and lasted until Dec 15, 1975
February	25	1980	06 Virgo and lasted until March 31, 1982
July	10	1986	18 Capricorn and lasted until Sep 28, 1988
January	07	1993	18 Cancer and lasted until Feb 12, 1995
April	24	1999	04 Scorpio and lasted until June 13, 2001
November	07	2005	15 Taurus and lasted until December 24, 2007
March	03	2012	14 Virgo and lasted until April 08, 2014
July	27	2018	04 Aquarius and lasts until October 13, 2020

**Born into Underworld
Venus Mars Saga in
March 1956.** Venus
Mars conjunction with
the Sun was August 23
1955 at 28 Leo. My
parents were
UN-happily married.

Age 32 Venus Mars
return the exact
conjunction with the
Sun was August 24,
1987 at 1 Virgo - found
out my first husband
was having an affair.
Devastating.

Age 64 Venus Mars
return the exact
conjunction occurs
August 24, 2019 at 4
Virgo. Best Marriage
Ever with my Best
Husband Ever - married
13 years.



Age 32 Venus Mars Return
Not a Happy Time

Age 64 Venus Mars Return
Super Happy Time

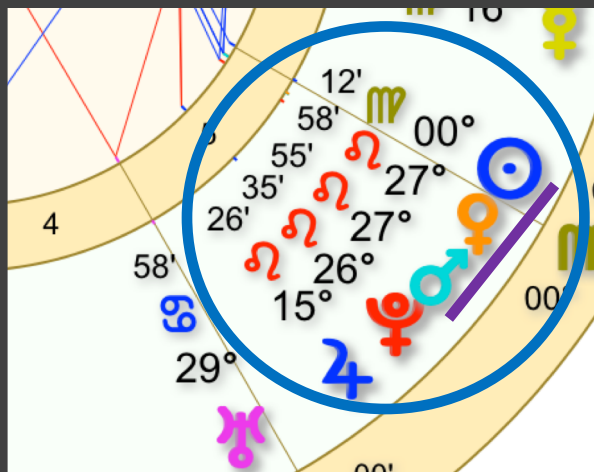
Transits

Event

Aug 23 1955, Tue
8:40:39 PM MST +7:00

Tucson, Arizona

Tropical
Whole Sign



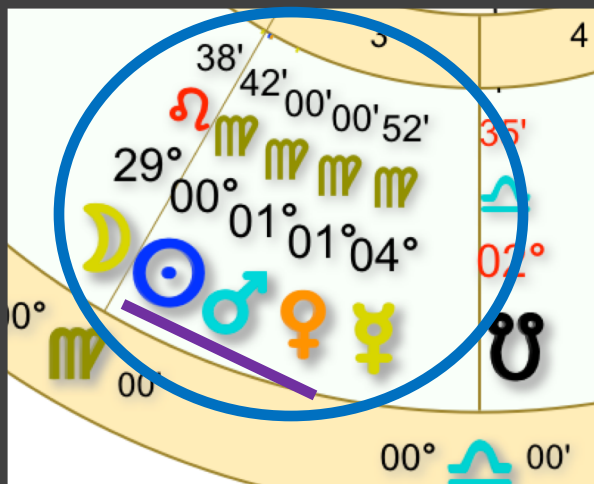
Transits

Event

Aug 24 1987, Mon
2:40:39 AM MST +7:00

Tucson, Arizona

Tropical
Whole Sign



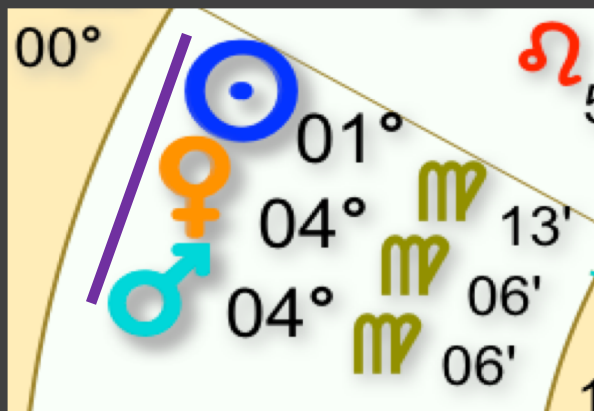
Transits

Event

Aug 24 2019, Sat
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Tucson, Arizona

Tropical
Whole Sign



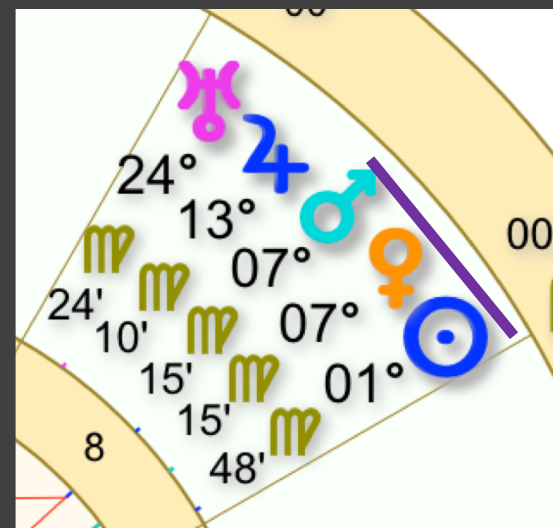
Transits

Natal

Aug 24 2051, Thu
5:40:39 PM MST +7:00

Tucson, Arizona

Tropical
Whole Sign



Tami Mars Venus Underworld Saga Initiations

Evolution of Consciousness in Relationships Libra Aries Relationship

1986-1988 Ages 13-16

Hit by Dad, teenage rebellion and Empowered (Gemini) sexuality

1993-95 Ages 20-22

Two sexual experiences, first in cemetery, neither consensual, and healing

1999-2001 Ages 27-29

Healing love addiction pattern with James

2005-2007 Ages 33-35

Ending relationship with Eric and beginning ten-year healthy relationship with Tom

2012-2014 Ages 39-41

Dad dies of cancer Winter Solstice 2012, with healing between us

2018-2019 Ages 45-47

Pilgrimage to Ix Chel's Temple to heal relationship with masculine. Brother dies of cancer. Empowered dating and Sacred Marriage work



Underworld Mars and Venus with Capricorn Convergence

Ancestral Lineage Healing Between Feminine and Masculine

The Venus Mars Underworld encounter with the Dark Goddess during the 2019 Capricorn Convergence - South Node, Saturn, Pluto) invites us to heal the masculine/feminine wound within our ancestral lineage

Questions to Ask:

What toxic beliefs do I carry from my father and mother's lineage about men? About women? About love and relationships?

How have I lived out these toxic beliefs in my outer relationships and what would it take for me to die to and transform these dynamics? How might it feel to be free of them - and open to healed and healthy dynamics?

How do these or other masculine feminine conflicts play out INSIDE of me and what would it take to die to and transform these imbalanced inner polarities?

How might it feel to experience a healthy bond between the masculine and feminine inside of me? For both polarities to be alive and in a dynamic mutually supportive dance?



Libra Venus Synodic Cycle

November 1, 2018 to June 10, 2020

This Venus and Mars Underworld Initiation occurs within the context of a larger Venus in Libra Cycle

The Venus Cycle Began when Venus Rose as Morning Star in Libra November 1, 2019 and ends June 10, 2020

The intent of this cycle is to dismantle patriarchal relationship dynamics in our lives and the world around us and to personally and collectively empower the new expression of the Relational Goddess

This Cycle is Especially Powerful to Engage because it is the FIRST Libra Venus Cycle in 155 years



More Venus Alchemy and Related Shamanic Astrology Mystery School Courses

Underworld Saga Webinar With Venus and Mars

<https://shamanicastrology.com/underworld-saga-webinar>

Venus Mars Underworld Sagas Course Available for Download **Here**. For special rates on this and other SAMS courses as well as ALL Venus Alchemy Courses consider membership in the Shamanic Astrology Mystery School **HERE**.

Libra Evening Star Ascent Journey

<https://venusalchemy.com/libra-evening-star-ascent-journey/>

You are invited to join **Cayelin Castell** and **Tami Brunk** along with the growing Venus Alchemy community on an 8 month guided journey through the Libra Venus Cycle, a profound initiation of ascent and renewal into the relational realms.

NEW!! Comprehensive Venus Alchemy Signature Series

<https://venusalchemy.com/venus-alchemy-classes/comprehensive/>

All Venus Alchemy classes invite you to experience the ceremonial, initiatory dimension of Venus in our personal lives, as well as in the collective. This Class Series invites a more direct experience of the Goddess as she uniquely expresses through YOU.



Breakout Session Questions

Over this Past Month What Have You Noticed in your Personal Relationship to Self and Others Including:

- Intimate partners
- Family members/close friends
- Opposite Gender
- Living Earth and Cosmos/Magic
- Other



Consider where You May be:

- *Trying to Control Others*
- *Not showing up as your Self*
- *Trying to fit into others expectations or perceived expectations*

- *How Will My Life Feel And Look Different (Use all senses and Feeling) when I completely surrender this Pattern?*