

Essential Home Play and Useful Links

Root Chakra Reclaiming

Highly Recommended Activities

- **Build or Renew Your Venus Altar** to Reflect 1st/ Root Chakra Themes
- **Look for the Venus Moon Conjunction** check for current date
- **Connect with your Morning Star Buddy** by Phone, Skype, email
- **Introduce yourself via FB Group or email to Tami (she will post)**
- **Deepen your work with the Root Chakra** through use of crystals, essential oils, wearing red
- **Work with Cayelin's Guided Journey**
- **Listen to Tami's Grandmother Guide Meditation** if you haven't already
- **Call/Connect with Evening Star Buddy** through phone/email/skype
- Work with ONE of the **Questions** (below)

In-Depth Home Play

All of the Above Along with Any or All of the Practices Below

- **Journal Regularly in your Venus Journal**, tracking dreams, meditations, sketching, using questions below)
- **Spend time** with Venus and the Moon in the Morning Sky

Questions for Reclaiming the Root Chakra

- *What are the areas of my life where I feel deeply supported?*
- *How can I grow that feeling even more?*
- *What are my foundations in the areas of community, health, and financial resources?*
- *How can I strengthen them even more?*
- *What Dream Seeds do I want to plant and nourish for myself and for the New Earth?*
- *What actions can I take to nourish these seeds in my life and in the collective dream?*

Libra Root Chakra Reclaiming Questions

- *How Does the Healthy, Grounded Relational Goddess Care for Herself – so she does NOT lose who she IS when in relationship to others?*
- *How do we Rise Together as Ambassadors of love grounded in Feminine Wisdom?*

- *How do we bring our unique Vision and Creativity into the World knowing and experiencing we can accomplish far more together than on our own?*

Home Play for Libra Root Chakra

Seeding the New Earth Exercise

Use the Dreaming a New Earth slide with 4 Elements choosing one or more concepts from each Element to energize your life and the world around you.

This month make it your game to grow these things in the world around you. For example, if you chose Clean Energy, where can you use clean energy? Where is it showing up in your community and across the globe? Feed this your attention and resources. If you choose “forgive the unforgiveable,” challenge yourself to forgive something you previously believed to be unforgiveable. Look in the world around you for people practicing radical forgiveness. Feed this with your attention and resources by sharing these stories, offering prayers, perhaps lending financial support where that can be helpful. Share what you learn on Facebook or with us by email!

Home Play for Libra Root Chakra

Libra Insights Fitting in Versus Belonging Homeplay Practice

Fitting In is a significant Barrier to Belonging. True belonging doesn't require you to change who you are - it requires you to be who you are - both vulnerable and brave. ~Brene Brown

- What Interests You? Hang out with people who share your interests.
- What Brings You Joy? Find time to do those things.
- Make a list of things you do to fit in that feel bad, unfulfilling, less than who you really are.
- Who would you look like, sound like, be like if you weren't fitting in?
- What action could you take to let one *fitting in* thing go or change it somehow?
- How would your life be? What would your days look like? Who would you be spending time with
- Choose to live life defined by YOU and your expectations – not trying to fit into what you imagine others expect of you
- Be sure to notice the impact of your actions and words. Are they helping you to feel more connected to others?
- Start small and practice belonging to yourself first by being your true self – if you notice you are NOT being true to yourself - commit to changing those habits or ways of being work your way - step by step - to being more of your magnificent self

Invocation to the Grandmothers

Oh Beloved Grandmothers We Have Heard Your Call

To Align Our Life Cycles Again with the Venus Mysteries

Restoring the Divine Feminine Presence Within and Without
We Honor You As Wisdom Keepers of Our Bloodline and our DNA
We Celebrate Your Great Love and Resiliency
Triumphing Through 5000 Years of Patriarchy

We See and Feel You Encompassing and Supporting Us As We Rise
Reclaiming Our Sacred Bodies and Sacred Relationship
With Each Other and our Beloved Earth
Recognizing the Joy in Gathering As Community
Accomplishing Far More Together than Alone

We Hear And Feel You As Grandmothers of Our Spiritual and Blood Lineage
Transmitting Wisdom From Across All Reaches of the Galaxy and All Timelines
As well as from the Wisdom of Healthy Mother Cultures Through Earth Time
Providing Us With Knowledge and Divine Insight Aligned with Our Highest Good

Grandmothers Through Your Wisdom We are Guided in Right Action Toward a New Dawn
Listening with Your Ears We Hear Them: The Descendants, Calling Us Forward
Revealing the Timeline Toward the Vibrant New Earth of Our Seventh Generations
And a New Era of Wellbeing, Peace, and Restoration of Our Beloved Mother Earth

Relational Goddess Prayer

Invoking Divine Feminine Life Force at the Root Chakra

Beloved Relational Wise Goddess
Great One of Alchemy, Transformation and Healing,
Goddess Of Great Strength and Kundalini Life Force Energy
Alive with Ancient Wisdom, Great Love and Compassion
Guide and Support me to Reclaim My Ability to Know and Trust
I am Safe and Secure, I am Loved, I am Accepted and Supported
I have Immense Value and am Valued by Others.

Ancient Wise One, Opener of the Ways into Greater Self Love
Help me to reclaim my most Vibrant, Alive, Life Force Energy
So I am Creating and Maintaining Healthy Relational Boundaries
Cultivating a More Conscious Relationship
with my Inner and Outer World

Guide Me in truly knowing the truth of who I AM
As I Gather Strength, Courage and Valor
To Embrace and Express my Evolving Life Purpose

Guide Me to Reclaim a Healthy, Alive, and Powerful Root Chakra
So I again experience the Wonder and Magic Of My Life Force
Living my Sacred Purpose through Sacred Relationship
Restoring Inner Relational Balance Reflected in my Outer World
It is Done, It is So and I Give Thanks. Blessed Be!

Celestial Summary of this Venus Gate

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|---------------------------------|---------------------------------------|
| Sep 28 Libra New Moon | 05 Libra 20 |
| Sep 29 Venus Moon Conjunction | 18 Libra 44 within 6 degrees of Spica |
| Sep 29 Mercury exact with Spica | 24 Libra |
| Sep 30 Venus square Pluto | 20 Capricorn 38 |
| Oct 02 Pluto Stations Direct | 20 Capricorn 38 |
| Oct 03 Venus exact with Spica | 24 Libra |
| Oct 08 Venus enters Scorpio | Beyond 6 degrees of Spica |
| Oct 12 Venus opposite Uranus | 05 Taurus 13 |
| Oct 13 Aries Full Moon | 20 Aries 14 |
| Oct 23 Sun enters Scorpio | |
| Oct 27 Scorpio New Moon | 04 Scorpio 25 |
| Oct 29 Venus Moon conjunction | 26 Scorpio |
| Oct 30 Venus Mercury | 27 Scorpio 36 |

Additional Resources for Evening Star Root Chakra

[Feeding Your Demons](#) by Lama Tsultrim

[About](#) Lama Tsultrim

[The World is as You Dream It](#) by John Perkins

His [Website](#) and [Other Books](#) by John Perkins

The [Pachamama Alliance](#) is working to generate the critical mass of consciousness needed to generate a positive future

[Generation Waking Up](#) is a global campaign to ignite a generation of young people to bring forth a thriving, just, sustainable world.

Add infovenusalchemy@gmail.com as a contact so emails don't land in your spam box.

Astrolabe - Cast a Natal Chart <http://alabe.com/freechart/>

Cayelin's [Venus Package](#) Password to Access the Page **VenusMagic8x8**

Please do not share this with anyone outside of the Class

Venus Buddy Guide: <http://venusalchemy.com/venus-buddy-guide/>

If you haven't been invited to the Evening Star Facebook page yet be sure to Friend Cayelin and Tami on Facebook and we will get you added.