

Essential Home Play And Useful Links

2nd/Sacral Chakra Reclaiming

Highly Recommended Activities

- **Build or Renew Your Venus Altar** to Reflect Sacral Chakra Themes
- **Look for the Venus Moon Conjunction** check for current date
- **Connect with your Evening Star Buddy** by Phone, Skype, email
- **Introduce yourself via FB Group if you haven't already**
- **Deepen your work with the Sacral Chakra** through use of crystals, essential oils, wearing orange
- **Work with Cayelin's Guided Journey**

In-Depth Home Play

All of the Above Along with Any or All of the Practices Below

- **Regularly Journal** tracking dreams, meditations, sketching (see suggested Questions below)
- **Spend time** with Venus and the Moon in the Evening Sky

Questions for Reclaiming at the Sacral Chakra

- What would it take for me to value myself as the Relational Expert I Am?
- What would it take for me to claim a healthy relationship with money and financial abundance?
- What would it take for me to receive and claim all the pleasure, intimacy and connection in my relationships and my life that are mine to experience?
- What would it take for me to love and cherish my body exactly as it is?

Libra Sacral Chakra Reclaiming Intimacy and Pleasure Questions

- What is the NEW emerging Libra Feminine experience around pleasure and intimacy?
- How does the Libra Feminine engage conscious, co-creative partnership with beloved, friends, community, magic, and the living Earth?
- What would it take for the Libra Goddess to receive and savor pleasurable life force with beloved others?
- What do you desire to create?
- What is your "why" for creating?
- Are you responding to what you believe others want from you or an authentic Inner-oriented desire?

Libra Reclaiming Healthy Relationship with Money

- Do you consciously or unconsciously financially invest in ways that are sourced by the current predatory economic system – unaware of other forms of relational abundance?
- Do you know how you spend money is how you also are voting for your reality?
- What will it take for us as a culture to value LIFE over material wealth or property?
- What will it take for us to transform our personal and collective money paradigm so it nourishes the innate value and dignity of each human and honors the Earth as a Living Being?

Healing the Libra Money Shadow

- Are you Unconsciously Judging your personal value and worth (or others) based on what you perceive is yours or another's financial wealth?
- Practice seeing Acts of Service as Acts of Power infused with Purpose, Life Force, and Abundance.
- Bless ALL Your Money with Love - money you earn and money you give to others. Money you receive as payment or gifts. Money you invest, pay bills with, donate etc.
- Invest in, purchase from, and donate to Businesses and Endeavors that Heal Communities, Earth, Economy.

Abundance Consciousness asks:

- How can I develop my gifts so I can share them and bless the world?
- What form of generous giving will bring me the greatest joy and fulfillment?
- How can my life, my actions, my feelings, and my thoughts contribute to the wellbeing of ALL life on this planet?
- **Abundance Consciousness accurately assesses the challenges and limitations many of us face and asks:** how can this challenge or limitation be approached as a gift in disguise?

Libra Questions Around Creativity

- How can I energize my creative ideas in conscious collaboration with others?
- How can my creative ideas be even more amazing and inspired when I partner with others who are equally inspired and are willing to meet me in co-creative magic - realizing we can accomplish far more together than on our own?
- How can I meet and connect with co-creative partners (human and divine) who are excited to see what we can manifest together modeling conscious, collaborative and co-creative relationship that benefits each of us and all who encounter our co-creative achievements?

Home Play for Libra Sacral Chakra

Infusing Our Lives with Eudaimonia

Explore in your Venus Journal where you are experiencing the most “Eudaimonia,” or nourishing fulfillment and pleasure.

Including the relationships and relationship dynamics, thoughts, activities and emergent insights currently helping you develop your potential and flourish in new and exciting ways that feel like they are benefiting you in the long term.

Make a clear commitment to invest more and more of your time into THESE areas, allowing other areas that are NOT producing such general wellbeing to fall away from your life gently and easily.

Self-Pleasure Practice

In your Venus journal write 20-100 Things that Bring You Deep Pleasure. During this gate commit to doing at least one of these deeply pleasurable things each day. **Identify and track any resistance** holding you back from engaging these practices or totally immersing yourself in them. Allow your growing awareness to support you in reclaiming your ability to receive more and more pleasure in your life!

At The End of Each Day note in Your Venus Journal where you experienced pleasure and intimacy. Pay attention to how you responded to these moments - did you allow yourself to completely drop into the experience? Or did you feel uncomfortable? With awareness reclaim your right to experience pleasure by asking what it would take to allow yourself to FEEL pleasure?

Important Dates for the Libra Sacral Chakra Gate

Oct 27 Scorpio New Moon	04 Scorpio 25 (Diwali, Hindu New Year) see Cross-Quarter Link for more
Oct 29 Venus Moon conjunction	26 Scorpio
Oct 30 Venus Mercury	27 Scorpio 36 https://cayelincastell.com/venus-and-mercury-return-of-the-shekinah/
Oct 31 Mercury Retrograde	27 Scorpio 38 https://cayelincastell.com/mercury-retrograde/
Nov 01 Venus enters Sagittarius	
Nov 07 Exact Cross-Quarter	15 Scorpio https://cayelincastell.com/the-swing-between-the-worlds-at-the-november-cross-quarter/
Nov 11 Mercury Transits the Sun	19 Scorpio https://cayelincastell.com/mercury-transit-of-the-sun/
Nov 12 Taurus Full Moon	20 Taurus
Nov 14 Venus square Neptune	16 Sagittarius and 16 Pisces
Nov 20 Mercury stations direct	11 Scorpio 35
Nov 24 Venus conjunct Jupiter	28 Sagittarius
Nov 26 Sagittarius New Moon	4 Sagittarius
Nov 28 Solar Plexus Chakra Gate	

Sacral Chakra Relational Goddess Prayer Invoking Divine Feminine Pleasure & Intimacy

Beloved Relational Goddess, Lady Of Enchantments
Goddess Of Sensual Beauty And Orgasmic Pleasure
Opener Of The Ways And Satisfier Of Desires
Guide Me In Opening To Receive More Beauty
More Love, More Pleasure, More Health And Wealth
Than I Have Ever Imagined

.
Guide Me To Face Any Remaining Fear Of Intimacy
So That I Experience Its Deepest Gifts And Transformation
O Great One In The Wise Use Of Life Force
Including Healthy Expressions Of Personal Value And Self Worth
Beloved And Adored Wise and Inspired Consort
Wondrous Goddess of the Relational Mysteries
Guide Me To Know I Am Worthy
Guide Me To Know And Live The Full Value Of Who I AM
Guide Me To Savor And Embrace The Full Ecstasy Of Life Force
That Is Mine To Experience And Express
So That I Truly Love Myself in the most Healthy Ways Possible
And In So Doing I inspire Others To Do The SAME
It is Done, It is So, And All Heaven and Earth Rejoice. Blessed Be.

Additional Resources for Evening Star Sacral Chakra

The Venus Project exploring a Resource based economy that serves everyone and all life

<https://www.thevenusproject.com/en/technology/energy#>

[**Money is Love**](#) by Barbara Wilder

[**Soul of Money**](#) by Lynne Twist

[**The Energy of Money**](#) by Maria Nemeth and DVD

[**The Desire Map: A Guide to Creating Goals with Soul**](#)

A life planning tool by Danielle LaPort

[**10 Days of Qoya Love**](#) Embodiment Practice

Rochelle Schiek's easy 10-day practice to foster embodiment

[**Womb Awakening as a Spiritual Path**](#) article

The authors founded the FountainofLife.org including womb mentors, workshops, apprenticeships, all dedicated to awakening the womb

[**The More Beautiful World Our Hearts Know is Possible**](#) and [**Sacred Economics**](#) by Charles Eisenstein

[**The Principles: How to Reimagine the World for Eudaimonia**](#) by Umair Haque