

Home Play Gemini Venus Morning Star 6th/Crown Chakra Releasing

Highly Recommended Activities

- **Watch Venus Synodic Cycle Overview Presentation** IF you're new to the Circle
- **Build Your Venus Altar** (or begin dreaming into it!)
- Buy a **special Venus Journal** and declare in it your **INTENTION** for this Venus Cycle
- **Go out** to see the **Venus Moon Conjunction** BEFORE DAWN **closest on Saturday, August 15**. You can also go out Friday and Sunday mornings to see Venus near Moon
- Use crystals, essential oils, colors to **Activate 6th/Crown Chakra**
- **Listen to** Cayelin's Guided Meditation
- **Listen to** Tami's Chakra Assessment Meditation
- **Listen to** Venus Temple and Sky Temple Meditation
- **Call/Connect with Morning Star Buddy** through phone/email/skype
- Work with ONE of the **4 Questions** (below)

In-Depth Home Play

ALL OF THE ABOVE AS WELL AS ANY OR ALL OF THE FOLLOWING PRACTICES

- **Journal Regularly in your Venus Journal**, tracking dreams, meditations, sketching, and questions
- **Create Special Ceremony** for Venus at the 7th Gate
- **Introduce yourself on FB or via comment on Venus Class page including:** *Name, Why I'm Here, My Intention for this Venus Cycle*
- **Work with ALL of the four above questions—ONE PER WEEK**
 - *What would it take for me to release all the ways I am not in touch with my Intuition and Inner Vision?*
 - *What would it take for me to release all the ways I have limited my imagination due to doubt and not believing in myself?*
 - *What would it take for me to release all the limiting perceptions that have kept me from experiencing the magic of who I am and the gifts I have to bring to this life?*
 - *What would it take for me to release all blocks that stand in the way of joyful and easy manifestation of my full potential and most cherished dreams?*

Questions for the Gemini Meta Goddess at the Morning Star Crown Chakra

- *To whom have I given the authority to create the story of my life and world and what would it take to free myself from that authority now?*

- *Where have I given others the authority to limit or shut down my most enjoyable and fun creative expression and what would it take to free myself from that outer authority now?*

Home Play for Venus Morning Star at the Third Eye Chakra

Change Your Perception Exercise Focus on an issue that is absorbing your attention and causing stress or worry. Take 10-20 minutes to tell this “story” as it is currently narrated in your head. . Now take your story through the Byron Katie questions:

- *Is it true?*
- *Can I absolutely know it’s true?*
- *How do I react, what happens when I believe that thought?*
- *Who would I be without that thought?*

See how the story changes, and transforms.

Home Play for Gemini Venus Morning Star at the Third Eye Chakra

For one week, track your negative beliefs and self-talk in your Venus Journal. Don’t try to change; just take note. When the week completes, use a full page of your Venus Journal to sketch a simple outline of your body. Write the key negative beliefs or phrases all over the outline of your body in black and white. Now do a releasing ceremony where you burn this image and envision your own body becoming clear. Draw another outline of yourself and fill it with positive beliefs actively countering the old beliefs. Put this somewhere you see it daily.

Write these words in color, perhaps adding flowers, butterflies, animals or guides who surround, support and love you.

Rainbow Goddess Prayer Invoking Divine Feminine Vision at the Third Eye Chakra

Beloved Rainbow Goddess Accessing Multi-Dimensional Realms

Expanding My Perception and Awareness

By Helping Me Release Old Limiting Beliefs

Thank you for Guiding Me To Let Go of Blocks

to My Divinely Inspired Vision and Understanding

Including Habits and Patterns of Worry, Self-Sabotage

Narrow Points of View, Distrust, Being Unfocused & Scattered

And Anything that prevents me from Living my My True Calling

In ways that are Inspiring, Magical and FUN

Guide Me to Release All the Limiting Beliefs that Keep me from

Trusting and Expressing my Creative Inspiration

Wondrous Playful Goddess, Mighty in Your Vision for Humanity

Mighty in Your Vision for A New Earth Fully Renewed and Restored

Mighty in Your Love, Mighty in your Multi-Faceted Rainbow Vision

Inspiring the New Stories at this Great Turning of the Wheel of Time
Guide me to release all that prevents me from enjoying and embracing
This glorious experience for the benefit of All Life Everywhere
It is Done, It is SO and ALL Heaven and Earth Rejoice! Blessed Be!

Links (also found on Class page)

Chakra Toning <https://kriyashakti.com/chakra-toning/>

Sirius Star Magic Moon is with Sirius August 15 and Venus is with Sirius August 22
<https://cayelincastell.com/sirius-star-magic/>

8.8. Double Infinity Time Gate also occurs on 8.17 and 8.26
<https://cayelincastell.com/8-8-infinity-time-gate/>

I am the Serpent Bearer Dream Mentioned in the 6th Chakra Release Video <https://cayelincastell.com/i-am-the-serpent-bearer/>

Sky Woman Creation Story This is a different version of the story told in the Venus Temple Journey
<https://www.oneidaindiannation.com/the-haudenosaunee-creation-story/>

Chat from the Live Zoom with answers in Purple

11:27:42 From Zanna Gruber : Gemini doesn't like being I guess. :-)

11:27:55 From Carole MASSIN : That was fun :-)

11:28:01 From Zanna Gruber : Doesn't like being *muted* I meant to type

11:28:11 From Paula Gorelick : ain't that the truth!

11:29:42 From Monika Skiba : Hello all! I missed last months meet up but, just to clarify, is this the Venus cycle where Venus is descending and letting go or rising and reclaiming?

11:29:58 From Tami Brunk : Descending and letting go!

11:30:03 From Tami Brunk : Morning Star

11:30:16 From Monika Skiba : Thanks! :)

11:31:02 From Susan: can you verify the date? I have 8/13 as venus moon conjunction and 8/15 as max elongation **Both are happening on August 15**

11:32:23 From Estela : right with ceres and my ascendant

11:38:01 From Tina : Interested in what software you use for the charting

- 11:38:56 From Fay Senner : I would love to hear the story told of the Twins- Castor and Pollox.
- 11:41:46 From Anjuli S : What does it mean for Uranus to go rettgrade?
- 11:42:49 From DeArah : Nice Tami; I like that idea!
- 11:43:17 From isabel : i also liked the star party idea!!
- 11:43:31 From Tina : Retrograde: appears to be going backward
- 11:43:56 From Anjuli S : Yes, thank you. I just meant what does it mean in terms of its impact - if its in Uranus - on our lives or planet?
- 11:44:17 From DeArah : August 31st our district goes back to school! Wonderful chaos!
- 11:45:54 From Anjuli S : Thank you! very helpful
- 11:46:46 From Martha : OH my birthday is Aug 31! I'll dream into inviting friends for a star party sleepover....
- 11:47:53 From Jo Garceau : Love your message, Cayelin!
- 11:49:47 From Fay Senner : I have a basic question...Is Ceres and Sirius the same star or are they different?
- 11:50:04 From Monika Skiba : There was a beautiful bright star or planet opposite of the big dipper in the sky last night... super bright with two smaller stars (maybe moons) on either side! Anyone see that last night and know what it might be? :)
- 11:50:17 From Deborah El'elia Tallarico : Different.... Sirius is a Star... Ceres an Asteroid
- 11:50:50 From Fay Senner : Thank you Deborah, every time I hear this name I have not been sure.
- 12:04:20 From Aurora Farber : Wow! What an amazing story!
- 12:04:39 From Fay Senner : She gave you Saturn! In a tooth! wow Tami
- 12:04:49 From Paula Gorelick : wow!
- 12:05:05 From Anjuli S : Great story!
- 12:05:06 From Aurora Farber : "Protect what is precious."
- 12:05:07 From Tracy Barnett : I love that dream so much!!!
- 12:05:11 From Jo Garceau : You inspire me, Tami. I'm going to wear my bear claw pendant!

- 12:05:54 From Monika Skiba : I love that book! It touched me deeply as well!
- 12:11:42 From Louise Matson : I was guided to create the triquetra shape with my hands whilst speaking light language the night before the Lionsgate - I didn't realize what it was lol
- 12:15:15 From Devi Wetterer : What is significance of triangle in circle
- 12:19:43 From Louise Matson : I see it like harp strings and see it as our divine harmonic
- 12:25:21 From Laurence Deprez : How do you determine what notes are off?
- 12:27:34 From Fay Senner : I have always felt that way too, like I am tone deaf.
- 12:27:43 From Deborah El'elia Tallarico : What is the toning App?
- 12:29:14 From Fay Senner : Thank you Claudette, this "sounds" fascinating!
- 12:30:52 From Fay Senner : Cool Home Play assignment...
- 12:33:40 From Anjuli S : Awesome job for including this. Thank you.
- 12:33:58 From isabel : thank you so much
- 12:34:17 From isabel : it sounds really interesting
- 12:35:25 From Faye Callaway : love this so much <3 thank you for this tender offering
- 12:35:33 From Monika Skiba : Hi Tami, If someone wants to be part of the healing circle how do we find it?
- 12:36:06 From Tina : What if we aren't on Facebook?
- 12:36:42 From Tina : Will we get emails? **YES**
- 12:36:51 From Jo Garceau : What a fabulous idea. My Metis heritage is shouting with joy.
- 12:37:22 From Monika Skiba : Awesome! Very excited!
- 12:37:35 From barbara : Beautiful gift you are offering-much needed- thank you
- 12:37:39 From Kate Pickett : I'm getting very confused right now, is this related to third chakra? and isn't toning throat chakra...I'm lost. **There are specific tones for each of the chakras – stay tuned for more.**
- 12:39:20 From Deborah El'elia Tallarico : Can you say more about the Lions Gate and the astrological connection to Sirius **See link on class page and in this document**

12:39:21 From isabel : thank you so much

12:39:38 From Paula Gorelick : Yes I'd love to hear more about the Lions Gate

12:39:58 From Mary Kern : Cayelin and Tami, Thank you. Love this!

12:44:03 From Paula Gorelick : thank you, Elizabeth

12:47:33 From claudette thomas : Sky Safari is free and is pretty good.

12:47:52 From Faye Callaway : Thank you Claudette!

12:48:16 From claudette thomas : You're welcome.

12:49:17 From Elizabeth Thomas : Louise, Lions Gate is also a portal. It feels like you're accessing beyond linear time