

Venus Alchemy

Gemini Morning Star

5th Gate 3rd Chakra

Releasing Blocks to Personal Power
with Cayelin K Castell and Tami Brunk



Rainbow Goddess Prayer

Invoking Divine Feminine Power at the Solar Plexus Chakra

Beloved Rainbow Goddess Inspiring Personal Power
Through Freedom And Personal Playful Creativity

Standing in Your Powerful Divine Feminine Sovereignty
Thank you for helping Me Release All The Ways
I have been Inauthentic and Apologetic rather than
Genuinely and Realistically Expressing from My True Essence

Help Me Release whatever is in the way of me Truly Trusting Myself
And Clearly Knowing I do NOT need to Have Power Over Others
AND I do NOT need to Give My Power Away
To Have Significant Value and Worth in this World

Guide me in taking ALL the necessary Risks
Designed to help me Experience the Will to Stand
In the Strength and Magnificence of who I AM
Creatively expressing myself in ways that are Joyous and FUN.

O Mighty Wise One In the Sensible Use of Great and Exquisite Power
Guide Me to Release all that is Unwise or Unsupportive - From this and all other Lifetimes
So that I am living from a place of Confidence, Courage and Strength
Where I am Delightedly and Freely Sharing my Creative Gifts with the World
It is Done, It is So and I give Thanks! Blessed Be!



Overview

- Breakout Groups
- Night Sky
- Gemini Meta Goddess moving through Libra and Scorpio
- Gemini Doing Addiction
- Gemini Questions at the Solar Plexus Chakra
- Home Play
- Toning Practice
- Q & A



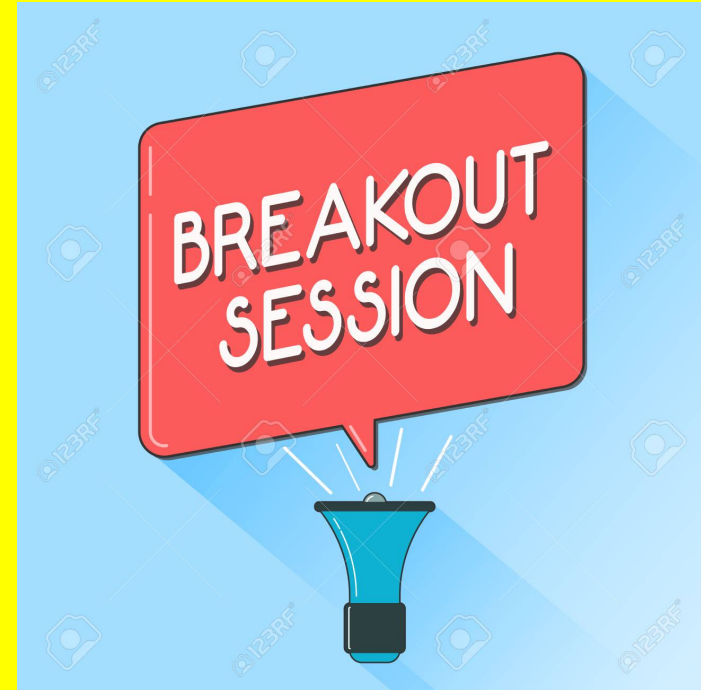
SOLAR PLEXUS CHAKRA



MANIPURA

Break Out Session Guidelines

- **Joining the Session is Optional**
- **Purpose is to foster community and offer mutual support**
- **We are here to listen and be heard (please, no cross talking or interrupting)**
- **We are not here to fix or judge – just listen**
- **Give everyone an opportunity to share (be mindful of the time)**
- **Feel free to continue the conversation by mutual agreement via personal messaging after the class**



Breakout Conversation

- **Start with Your Name and Where You are From**
- **Greatest Gift/Highlight from your Venus Journey in the Past Month**
- **Biggest Challenge from the Venus Journey in the Past Month**
- **What have you cleared/released/transformed in your life around the heart energy and having compassion for yourself and others?**



Sekhmet is ALL about Power

Sekhmet's name, comes from Sekhem, an ancient Egyptian word meaning "*sacred power*" or sacred energy.

Sekhmet (a Solar Goddess) restores cosmic law (for Maat) and balance through the process of Divine Alchemy - transforming negative energy and returning it to its original Divine expression.

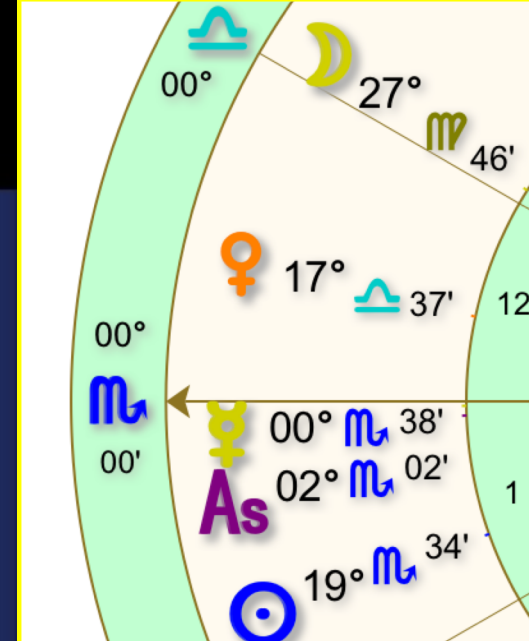
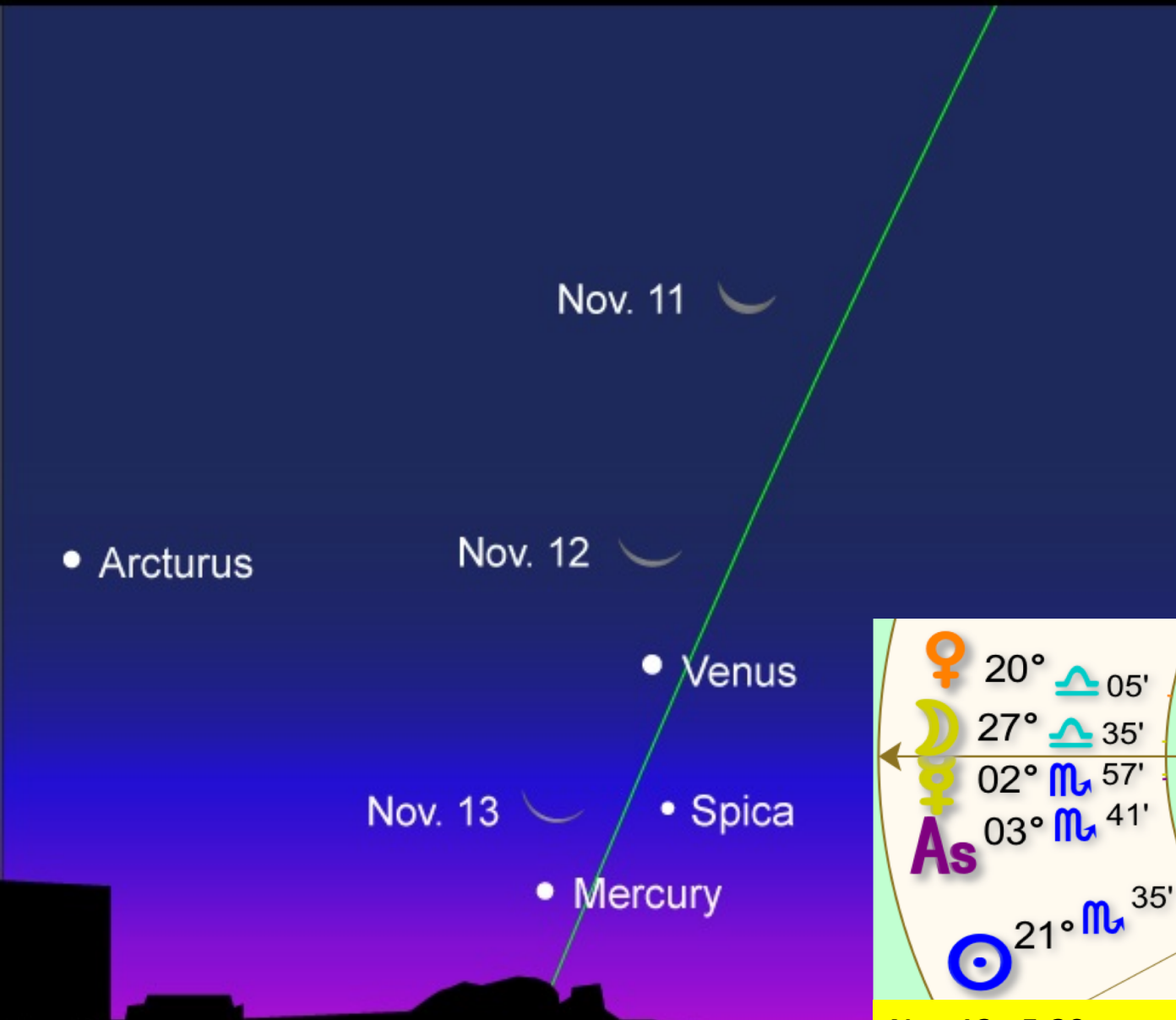


In ancient Egyptian times **the first step on the path of initiation to reclaim one's divine sovereignty and power** was to go before a priestess of Sekhmet - in essence standing before Sekhmet herself – to determine if the initiate was truly willing to let go of negative egoic patterns and step into their power from a place of integrity and humility.

It was important for the initiate to know that this journey was NOT about gaining personal power to rule over others but rather to stand in the strength and power of their divine essence as an inspiration to all those who were seeking healthy personal empowerment to fulfill their noble cause or purpose.

Anything in the way of healthy personal power would be encountered in this initiation

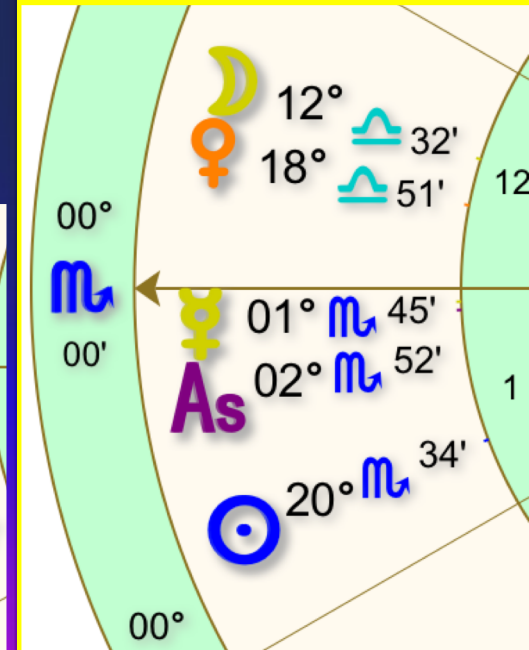
East, November 2020 One Hour Before Sunrise



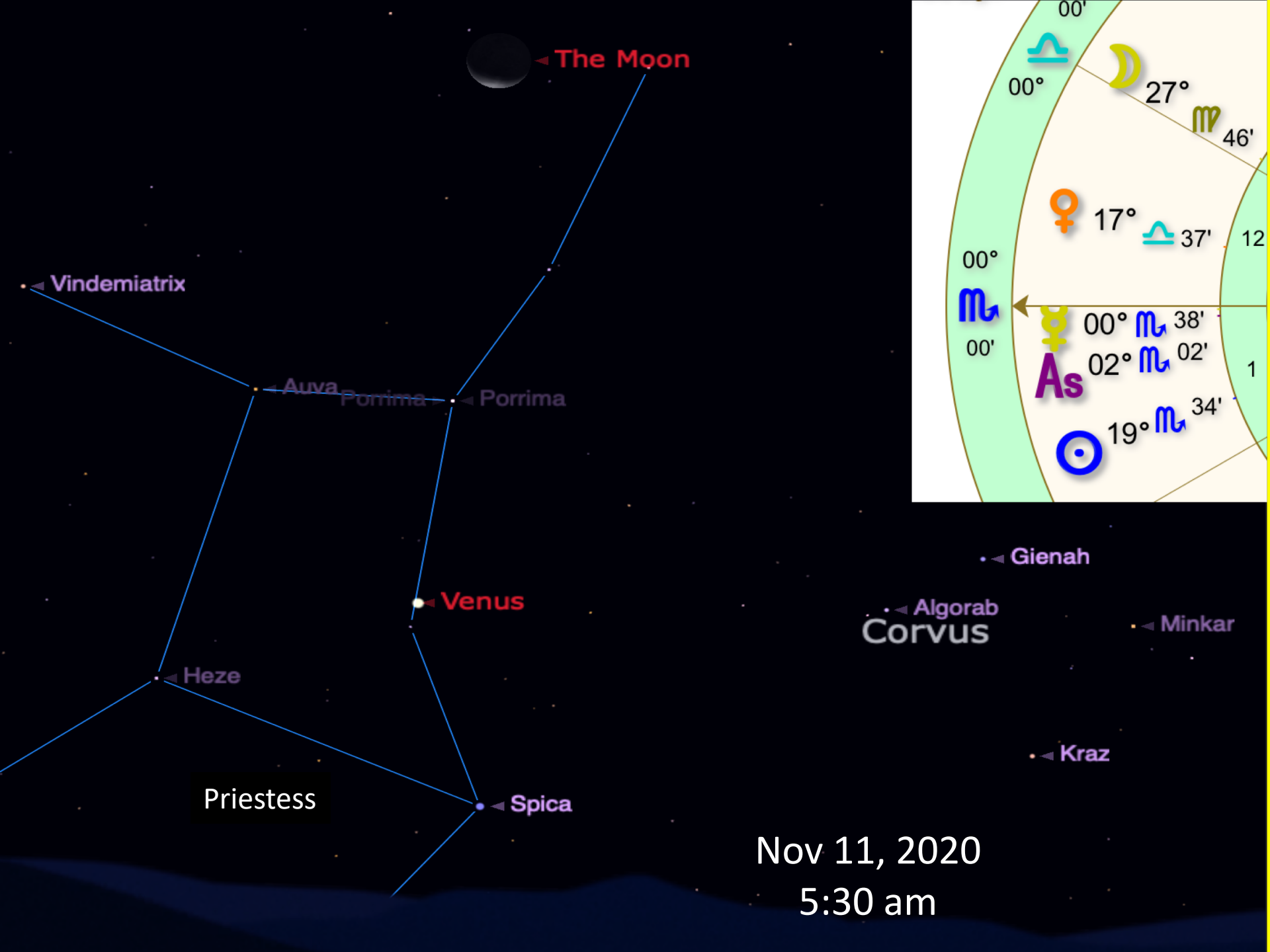
Nov 11 around 5:30 am



Nov 13 - 5:30 am



Nov 12 around 5:30 am



The Moon

Vindemiatrix

Auva

Porrina

Porrina

Venus

Heze

Priestess

Spica

Gienah

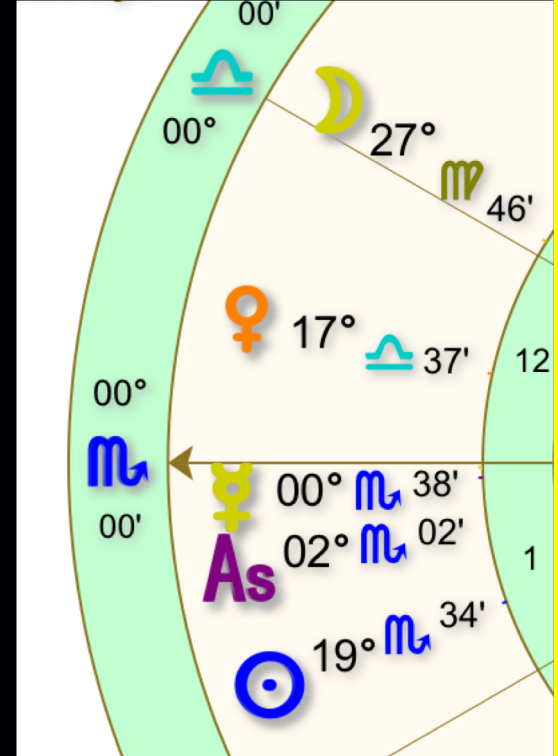
Algorab
Corvus

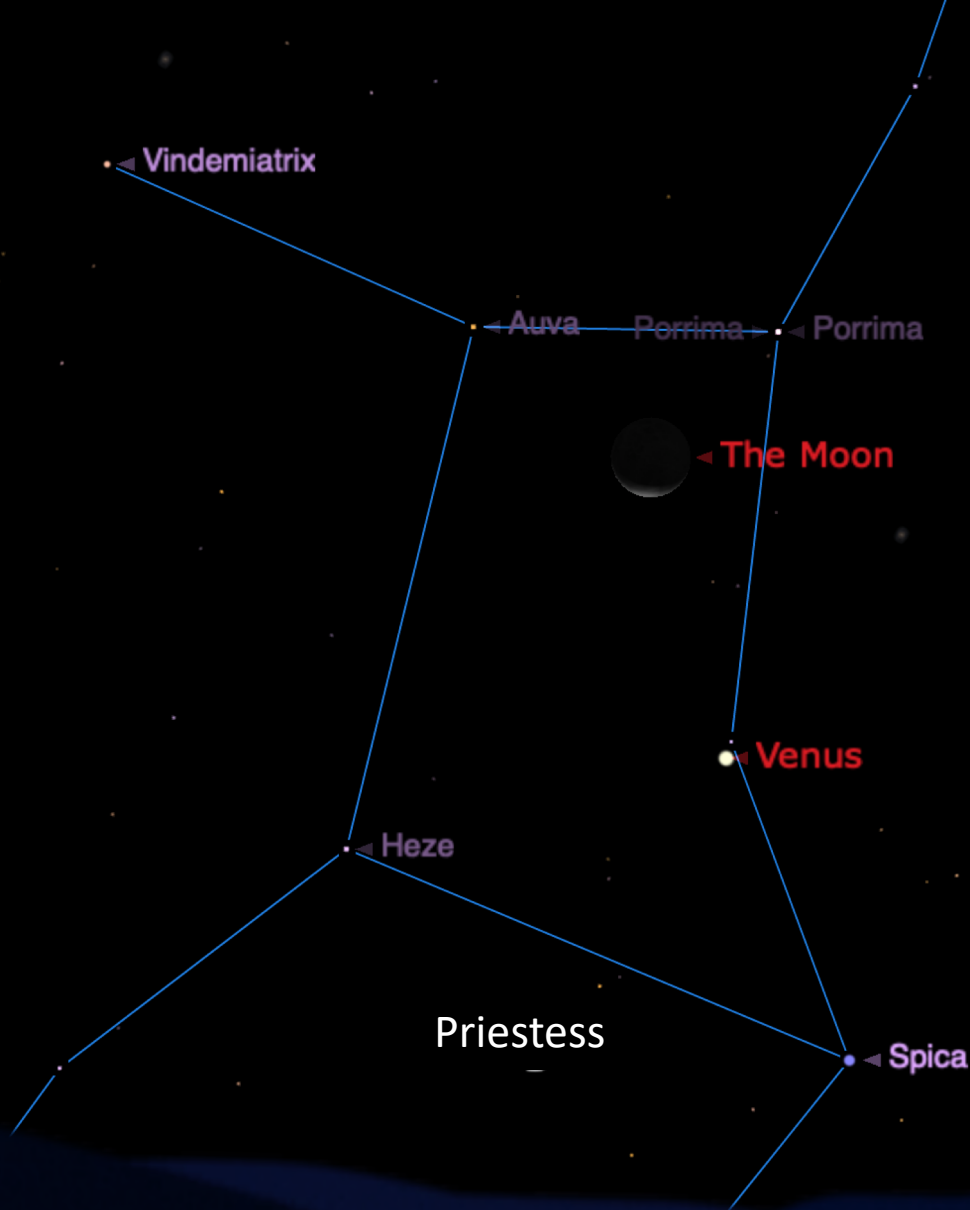
Minkar

Kraz

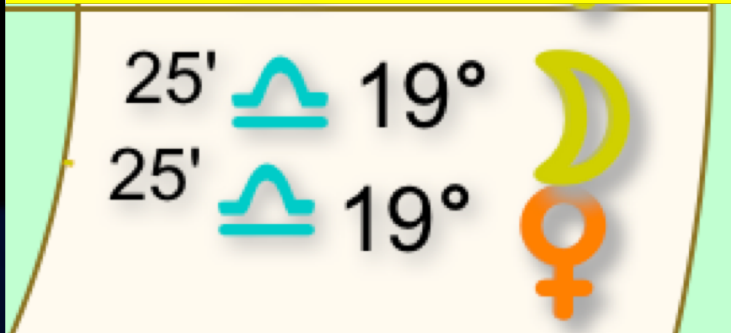
Nov 11, 2020

5:30 am





5:30 am November 12



3:31 pm PST November 12



5:30 am Nov 13

Spica is in the constellation of the Virgin Priestess (a.k.a Virgo)

The Greeks and Romans saw this constellation as the Great Mother Goddess Cybele with her lion-drawn chariot symbolizing the Lion constellation sitting next to the Virgin Priestess.

Cybele, had several incarnations or manifestations.

Her celebrations included drumming, dancing, singing, and chanting, often all night long.



The Virgin Priestess



Vindiametrix

Zavijava

Auva

Zaniah

Heze

Porrima

Syrma

Spica

Khambalia

Spica Images In the Tarot



-IX- THE HERMIT



Justice



Gemini Morning Star Solar Plexus Chakra Gate Nov 2020



Nov 09 Venus 15 Libra Opposite Mars 15 Aries

Nov 12 Venus Moon Gate (19 Libra 25) 3rd Chakra

Nov 12 Jupiter Pluto conjunction (22 Capricorn 51)

Nov 13 Mars stations direct (15 Aries)

Nov 14/15 Scorpio New Moon (23 Scorpio)

Nov 21 Venus enters Scorpio

Nov 21 Sun enters Sagittarius

Nov 21 Moon enters Pisces (First Quarter Moon)

Nov 26 Thanksgiving Day

Nov 28 Neptune stations Direct

Nov 30 Gemini Full Moon (9 Gemini) Penumbral Lunar Eclipse and Moon is conjunct Aldebaran where Venus rose as morning star in June 2020

Dec 01 Mercury enters Sagittarius

Dec 12 Moon Venus conjunct at Sacral Chakra Gate (27 Scorpio)

Dec 15 New Moon Solar Eclipse

Gemini Meta Goddess is the Shapeshifter

The Gemini Goddess is one of the most multifaceted expressions of the Divine Feminine. Partly because she is a Shapeshifter.

The sacred art of shapeshifting is a shamanic skill, one that has been almost entirely lost to human beings at this time.

According to writer Paul Shephard, human beings as a species have the ability to channel and express ALL the intelligences of the Earth.

We can look to some of the Shapeshifter Goddesses including Elen of the Way, Sekhmet, or Changing Woman among many others, to recover our capacities as Shapeshifters and to reconnect with the vast intelligences of Mother Earth.



Stealing Our Power through Distorted Shapeshifting

The Gemini Goddess moving through Libra and Scorpio at the Solar Plexus Chakra invites us to see clearly where the patriarchal culture has trained us to wrongly use our sacred shamanic shapeshifting power to bend and contort ourselves into shapes OTHERS want us to adhere to by conditioning us to put the needs of others in front of our own.

THIS ENDS NOW!

Gemini is a powerful archetypal energy but it has had its power USURPED and drained and channeled in self abusive ways.

It is time to reclaim the power of Gemini now!!!
The question is HOW?

One way is to CLEARLY SEE and feel where we have changed our true shape, color and size to suit others and then make a better choice for ourselves.

Another way is to practice the authentic art of Shamanic Shapeshifting as a way to channel the vast forces of the Universe as the Multidimensional beings that we are!



Gemini Meta Goddess at the Solar Plexus Gate in Libra

She discovers the truth - unleashing her most playful, rainbow-hued, delight-fueled Nature – so she can claim herself first and foremost as her own beloved.

Again and again and again. Perceiving and releasing all patterns of shapeshifting to please others before pleasing herself.

She completely relinquishes any patterns of self abandonment, of making herself small, of dimming her own light!

She drops the burden of needing to be all things for all people. She remembers to be her own best friend and playmate first.

And as she shines her light of many colors bravely into the world, she draws to herself her true rainbow kin – filled with fun, magic, play and delight!



Gemini Meta Goddess at Solar Plexus Gate in Scorpio

She (and we) are discovering all the ways we have been stifling, or shutting down our aliveness, our full DIVINE BIRTHRIGHT to be Shamanic Shapeshifters in Service to Joy, Play, and FUN!

No more hiding. No more shrinking. No more playing games to contort ourselves into forms and identities unworthy of the unrestrained WILD CHILD who is ready to show up, Create, play and express herself as a Force of nature, channeling a multitude of intelligences.



We now release the old traps and snares holding us frozen and captive in lives and patterns that drain our life and power. We now HOWL, Untamed, Free-to express and BE without shame, without any restriction! We open to our Divine Birthright as the Playful Shaman Force we were born to be!

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How Gemini May Be at the Effect of the Doing Addiction:

- Addicted to exaggerated story telling even when it offends others
- Addicted to only doing what feels fun and playful disregarding being responsible and on time
- Addicted to wanting their creative projects to be perfect and so they never really finish them



Gemini benefits from remembering that healthy creative expression is playful, fun and serves Spirit.

Gemini Goddess at the Solar Plexus Creative Opportunities

Release limiting beliefs and misconceptions that fuel negative behaviors, longings, desires, excuses, and coping mechanisms that hold you back.

Finding out who you are and what you like is an act of Self Love helping your Solar Plexus to SHINE. Ask Yourself:

- Who I am I beyond what I have been conditioned to believe I should be?
- What do I like? What is My preference?
- What do I want? What Brings ME JOY?

Taking Care of Yourself is an Act of Self Love

- Healthy Living, Diet, Exercise Plenty of Rest
- Spending time in Nature
- Spending time engaging in playful activities that inspire your creative side – playing games, telling fun stories or jokes, sing fun and silly songs, painting finger painting, face painting, coloring, drawing, playing dress up, role playing, walking barefoot on the Earth, skipping rocks, going to the zoo, to a fun kid movie, watching cartoons, star and/or sky gazing



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Questions for Gemini at the Solar Plexus Chakra

- *What ways of communicating drain my Power? What would it take to release them and cultivate healthy communication with my self and others?*
- *What creative actions feel supportive, playful and FUN? How can I experience more of that?*
- *What would it take for me to let go of any habits or patterns of self-rejection, judgment and feelings of NOT Good Enough around my authentic creative expression.*
- *What experiences trigger a fear-based reaction? What would it take to cultivate a healthy creative self-loving response instead?*
- *How can I joyously celebrate my magnificently imperfect Self every day?*



Home Play at the Solar Plexus Chakra

Heal And Claim Your Inner Shamanic Shapeshifter

It is time to heal the part of you that is MORE than human. To witness and see clearly any wounds you carry in trying to be so much smaller, simpler, and more linear than your true nature was ever meant to be.

In being reduced to ONLY HUMAN - when you are so much more!

You carry within you all the powers of Creation, All the intelligences of life - bird, creature, forest, ocean, river, tree!

It is time to release everything that prevents you from retrieving your true shamanic shapeshifting powers including any and all external beings and thoughtforms that have limited and dishonored your soul and your connection to ALL OF NATURE AS PART OF YOURSELF!



Home Play at the Solar Plexus Chakra continued

Venus Journal Activation:

Spend time - 20 minutes or more – writing in your Venus Journal exploring any patterns of changing or “smalling” your true shape, color and size to please others.

Claim Your True Shamanic Shapeshifter

Set Aside an Entire DAY or at least several hours this month to PLAY as your feral, multifaceted Shamanic Shapeshifter self by choosing one or more of the following:

- Go to a thrift store and try on clothes you would NEVER try on. What feels fun and playful?
- Paint your face and wear clothes that unleash your wild child, your inner Lilith!
- Choose 1-3 wild animals you love. Go to a place in nature where you will not be seen (if possible) if not just do it at home. BECOME that animal.

Feel it in your body first. Walk as this creature would walk. Feel how it feels to be this being... become it!!





Claudette Thomas

**Toning With Claudette
at the
Solar Plexus Chakra
See Video on the Class
Page.**

Find out More HERE

<https://kriyashakti.com/chakra-toning/>

To-Ree-Nee Wolf
Amazing
Artist
Musician
Actor
In her
Venus Return





**Ceremonial Medicine Painting for Casa Milagro
by Artist To-Ree-Nee Wolf**