



**Venus Alchemy  
Gemini  
Evening Star**

**Solar Plexus Chakra/3rd Gate  
Power Center of the Goddess  
with Cayelin K Castell and Tami Brunk**

# Rainbow Goddess Prayer Invoking

## Claiming Divine Feminine Value and Worth at the Sacral Chakra

Beloved Rainbow Goddess of Supreme Power, Persuasive Strength and Great Courage

Enthusiastic, Creative and Joyfully Playful

Help Me To Reclaim the Ability to be Self-Determining and Reliable

Help Me to Stand in My Own Sovereign Knowing and Expression

Help Me Act in ways that are Authentic, Genuine, and Real

Guide Me to Truly Trust my Myself and What I Know is TRUE

Guide Me in Considerate and Skillful Use of My Will

Remind Me How to Powerfully Align With Divine Will

While Also Standing in the Courageous Creative Strength of Who I AM

O Kind and Caring Goddess, Great One In the Wise Use of Power

Beloved and Blessed is Your Guidance

Guide Me to BE Wise and Powerful in my Knowing

Guide Me to Promote what I know is Just and True

Guide Me to Experience the Full Ecstasy of Powerful Life Force

So that I Totally and Completely Honor and Love Myself

And In So Doing I Too Am Restoring Truth, Honesty, And What is Genuine

For Myself, For Others and For All Life Everywhere

It is Done! It is So! And All Heaven and Earth Rejoice. Blessed be!

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# **BREAKOUT SESSION**

## **Break Out Session Guidelines**

**Joining the Session is Optional**

**Purpose is to foster community and  
offer mutual support**

**We are here to listen and be heard  
(please, no cross talking or interrupting)**

**We are not here to fix or judge – just  
listen**

**Give everyone an opportunity to share  
(be mindful of the time)**

**Feel free to continue the conversation by  
mutual agreement via personal  
messaging after the class**

# **Breakout Conversation**

**Start with Your Name and  
Where You are From**

**Greatest Gift/Highlight  
and/OR Biggest Challenge  
from the Sacral Chakra  
Gate**

**What have you reclaimed?**





# Overview

Break out Groups

Sky Magic

Venus with Regulus

Reclaiming the Solar Plexus Chakra

Gemini Meta Goddess Moving through Leo and Virgo

Demons at Solar Plexus Chakra

Home Play

Q and A

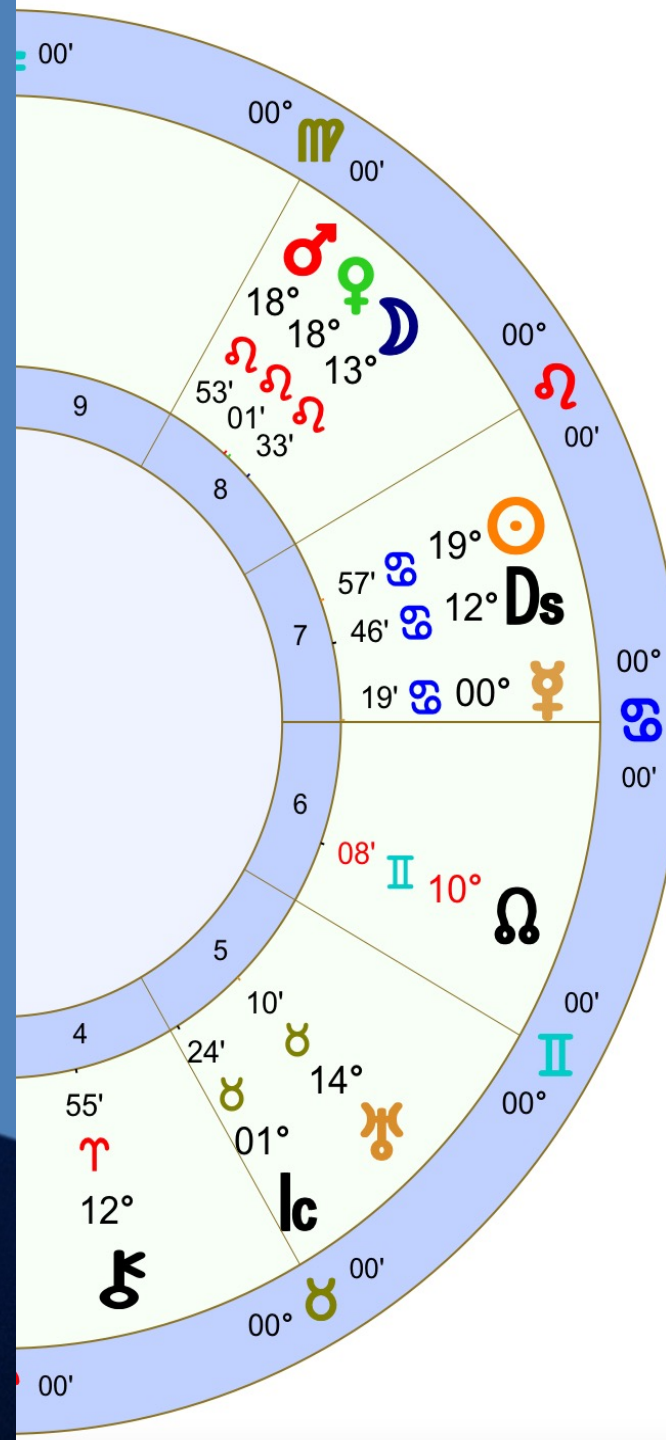


July 11  
8 pm PDT

The Lion

▼ Mars  
Venus ►  
◀ The Moon

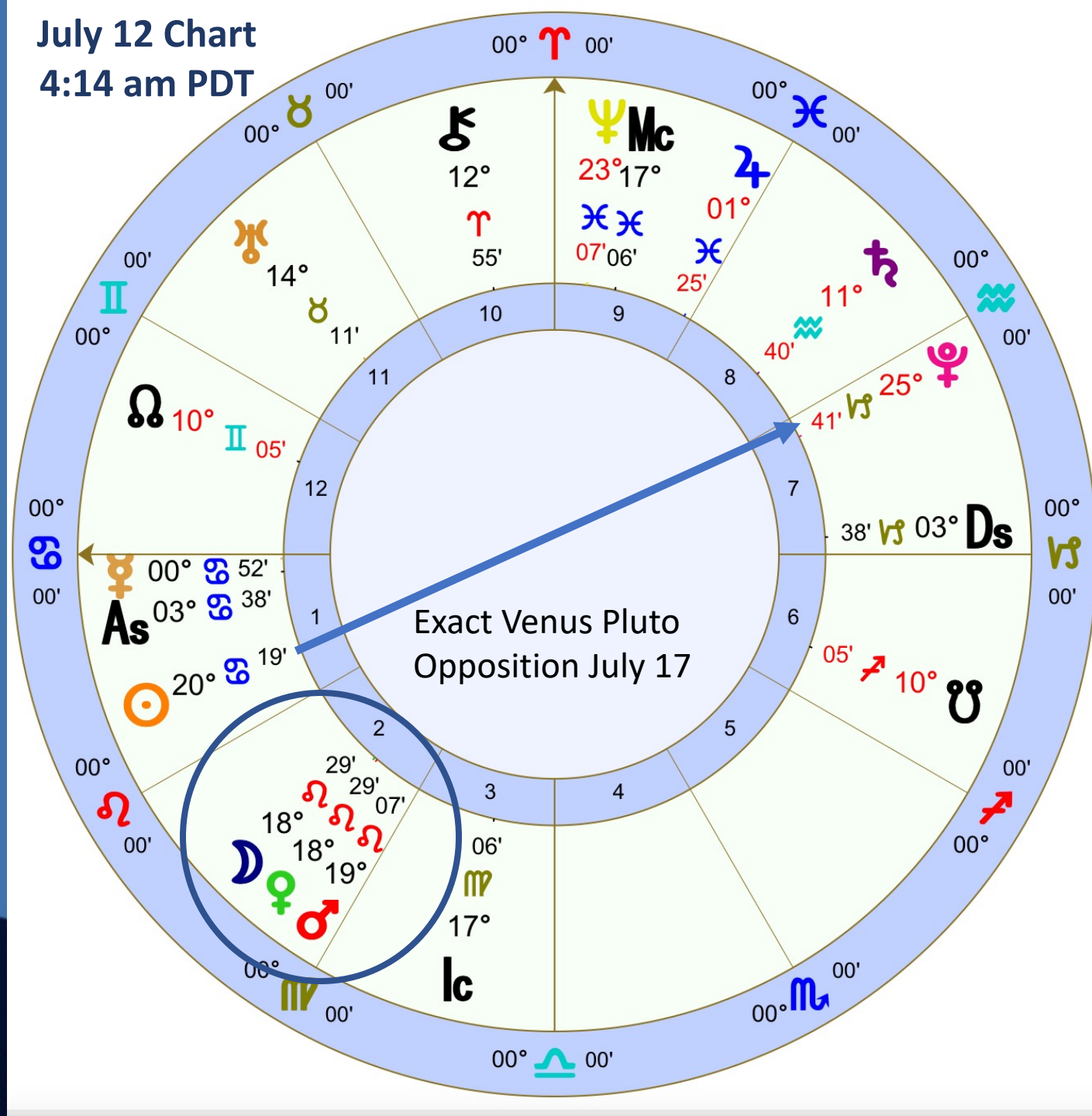
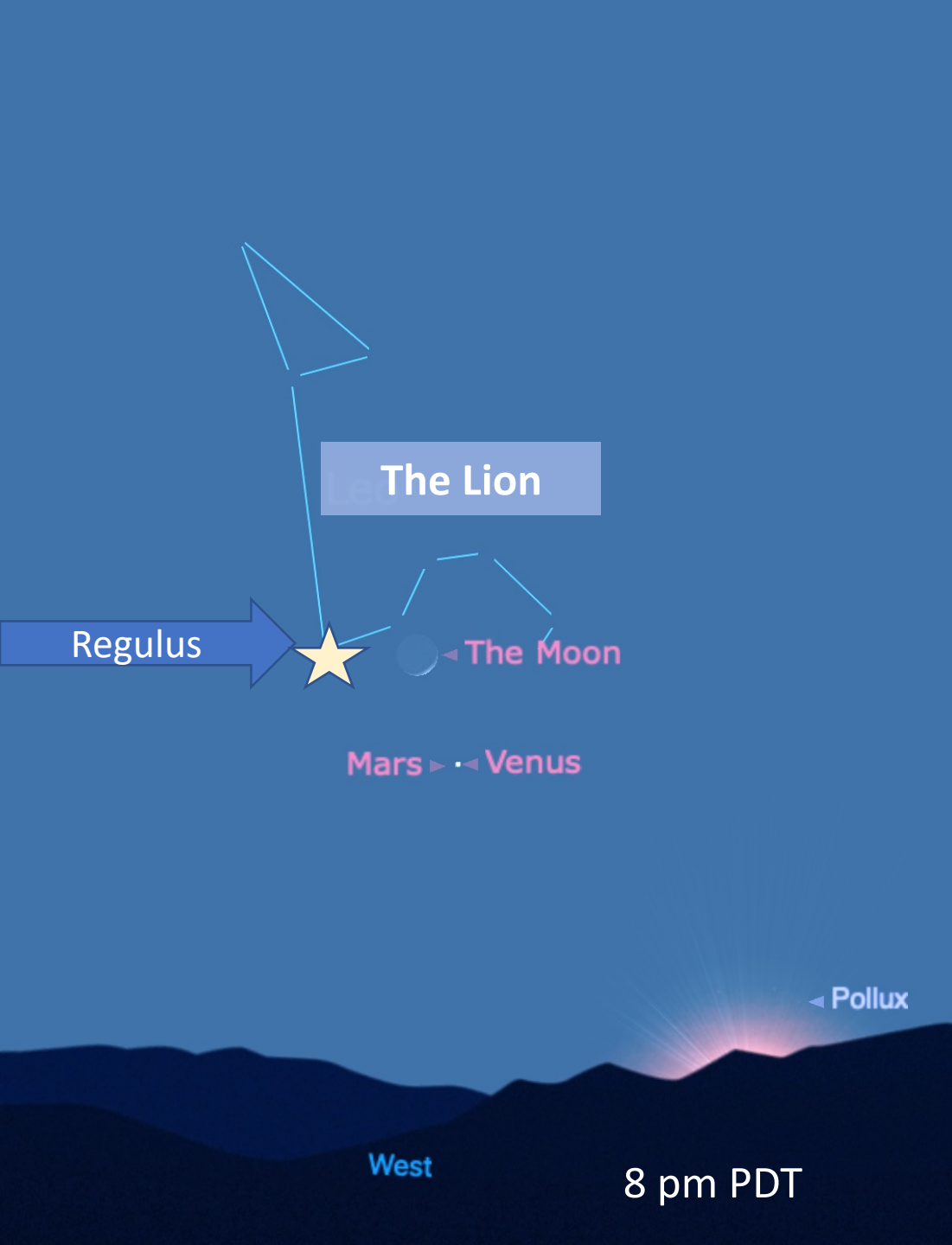
West

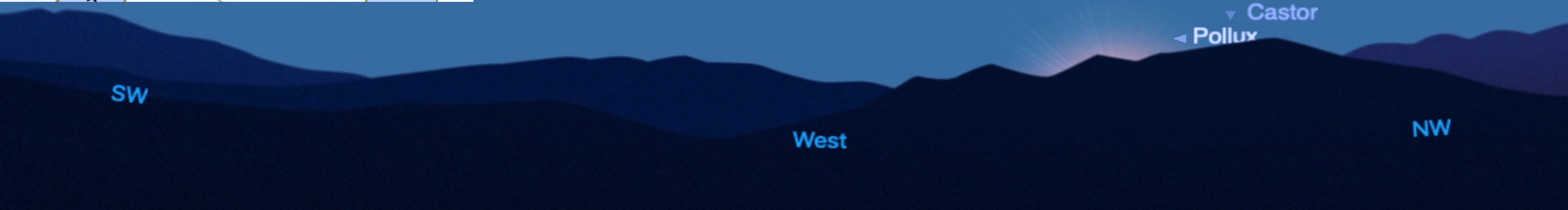
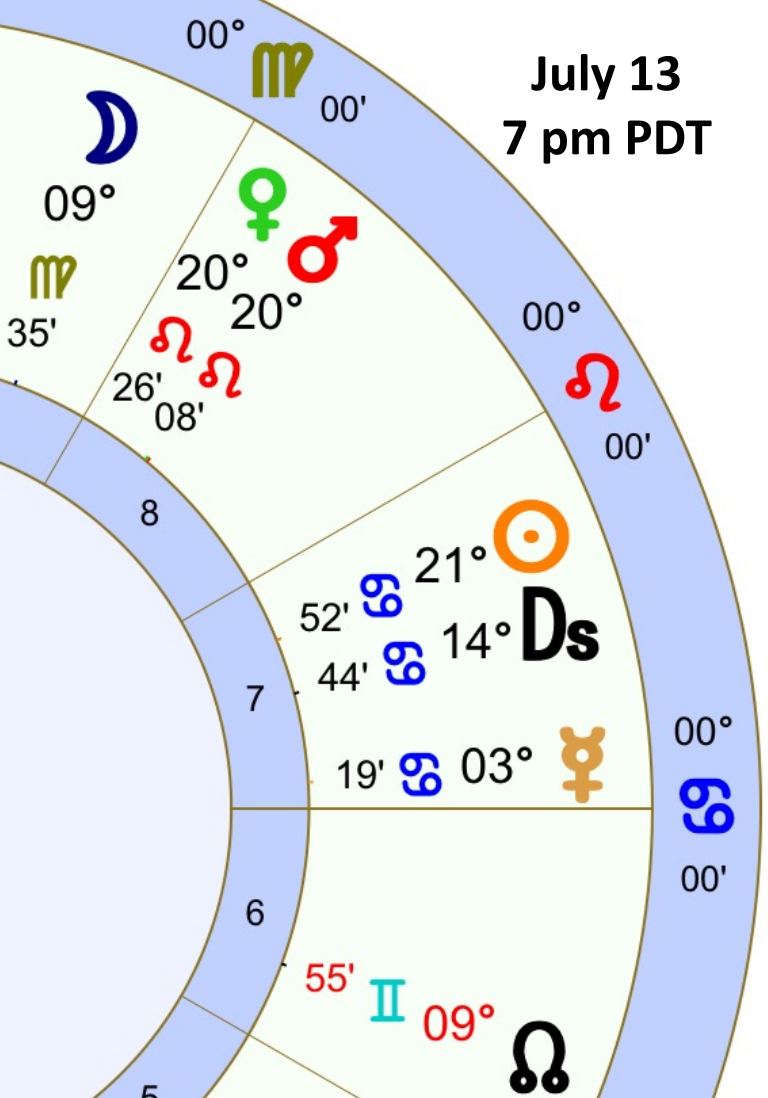


Mercury has already set so is not visible but is located on the Galactic Cross at the Galactic Edge at Zero Cancer (where the June Solstice Sun Rises) having entered Cancer at 1:35 pm PDT or at 4:35 pm EDT.

For more about this area of the Sky see bonus Video on the Class page or June Class PDF.



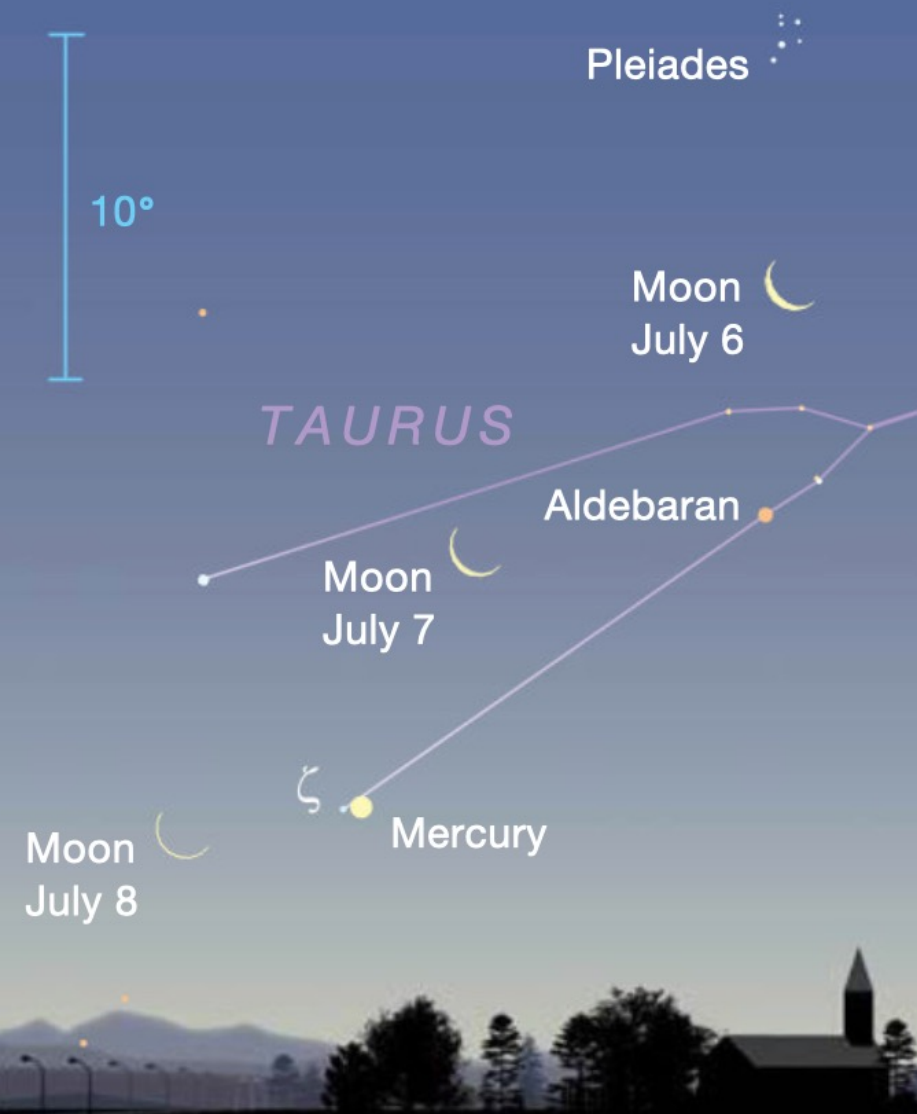






**Dawn, July 6 – 8**

*30 minutes before sunrise*



**Looking East-Northeast**

# The Moon from July 6 to 13

**Passing Mercury  
in the Morning  
Sky July 7 & 8  
at 25/26 Gemini**

**Passing Venus  
and Mars  
July 11 & 12  
At 20 Leo**

**Dusk, July 11–13**

*45 minutes after sunset*



**Looking West**

# Venus with Regulus near the Solar Plexus Chakra Gate

Regulus lies at the base of the sickle or backward question mark in the Lion considered the heart of the Great Lion facing west imagined by many to represent the Egyptian Sphinx.

**Alice Bailey** (Born June 16, 1880, Died December 15, 1949) author of twenty-four books on theosophical subjects, and was one of the first writers to use the term New Age. She moved to the United States in 1907, where she spent most of her life as a writer and teacher. She described Regulus as a *regulator* - regulating the energy of the Earth from the heart of love, meaning when we take action - inspired by divine love - we are helping to evolve, heal and change our experience here.

Regulus represents an access point to the Hall of Records found in our DNA.



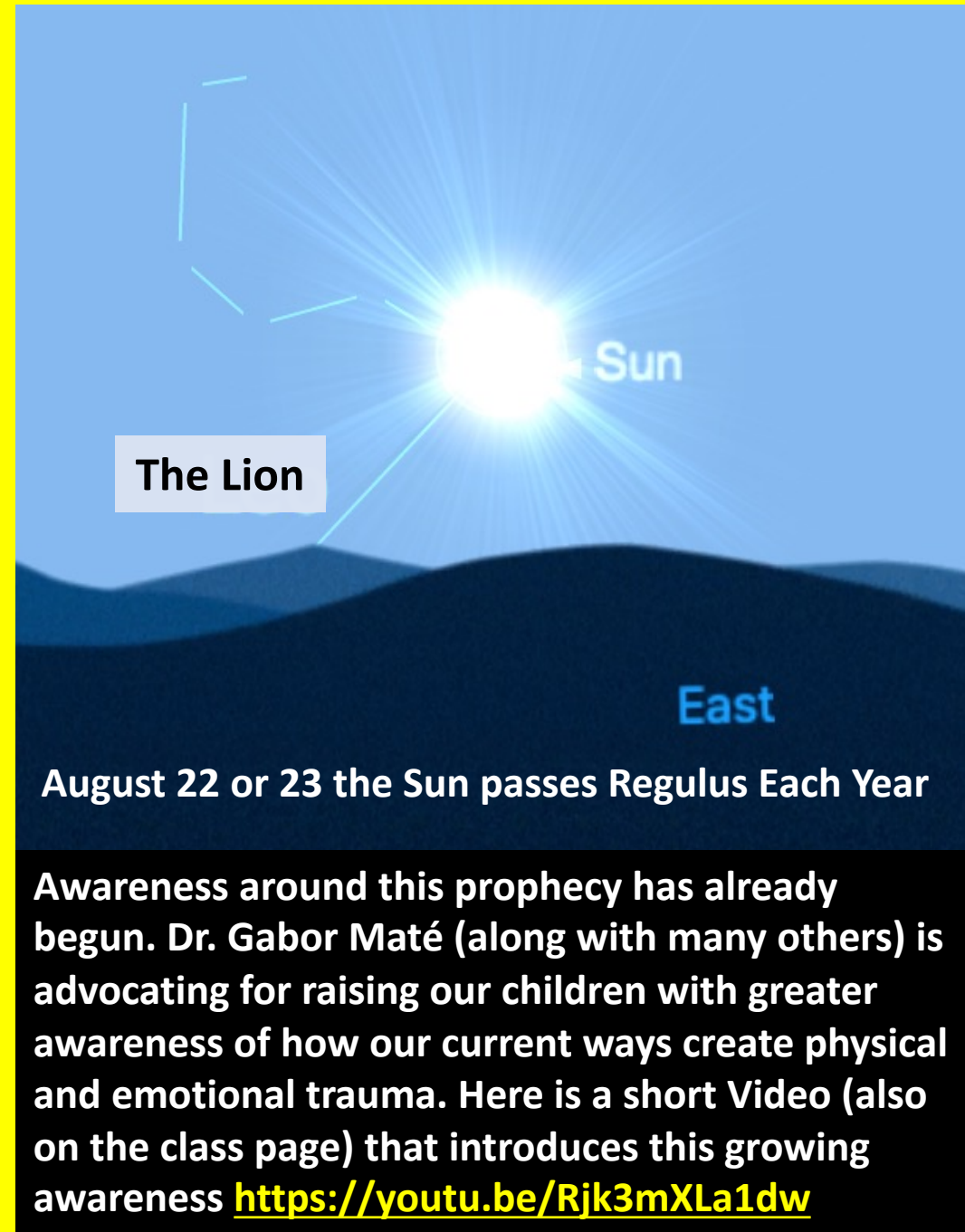


# The Star Regulus, Heart of The Lion

- One of four Royal Stars of the Ancients
- Watcher of the North
- Archangel Raphael
- The Regulator of Rules and Laws
- Sphinx in the Sky and Key to the Hall of Records residing within our own Heart
- 21<sup>st</sup> brightest star from Earth - yet five times bigger than our Sun and 85 light years from Earth.

## ***Prophecy from an ancient book of wisdom:***

*A certain relationship or configuration of stars - including the star Regulus - will bring about a situation wherein the reorientation of the attitude of the legal profession will take place; its functions and duties will be centralized for the purpose of world usefulness, and in this process legislation for children will assume great importance and be the motivating power. This legal step will be primarily advocated by Russia and endorsed by the United States of America. Before 2035 A.D. such legislation will be universal in its sphere of influence.*



# Regulus at 0 Virgo

On November 28 of 2011, Regulus entered the seasonal sign of Virgo just prior to our last Gemini Venus Cycle of 2012/2013. Those years of accelerated change foreshadowed dynamics of our current Venus cycle and the 2020-2021 portal.

The Regulus transition and our current Venus Regulus conjunction suggests humanity's shift into a more wholehearted (Regulus) consciousness is supported when we:

- *Balance the action-oriented, yang fiery Leo energy with the grounded, yin medicine of Virgo*
- *Claim our power as leaders co-creating with Gaia a future of plenty and abundance for all beings*
- *Stand as Vision Carriers for a Culture of Reverence and Regard for the sacred feminine and the living Earth*
- *Lead the way in redesigning human societal systems inspired by nature's intelligence*





# Regulus The Courage to Engage the Whole Hearted Path

Regulus invites us to ask: Where am I living in a half-hearted way? What needs to heal and clear within me for me to live in a wholehearted way?

Regulus is a tertiary star, holding the magic of the resolution of the binary two into the magic and alchemy of 3 or the third thing, new birth, new awareness.

We are asked, where am I divided into two battling parts? What alchemical process is needed for me to marry these energies giving birth to a third thing.

How do I further embrace and live my Whole Hearted Path and State of Being? How would my life feel in this state?



***If we choose to have compassion for others and believe that the universe is benevolent and kind, our outlook and how we view our circumstances will completely change.***

***~Cy Wakeman***



## Gemini Evening Star Solar Plexus Chakra Gate

Jun 27/28 Venus entered Leo

Jul 01 Mars (12 Leo 20) opposite Saturn (12 Aquarius 20)

Jul 04 USA birthday Sun (12 Cancer 52) square Chiron (12 Aries 52)

Jul 06 Sun with Sirius (14 Cancer 22 and Venus (12 Leo 02) opposite Saturn (12 Aquarius 02)

Jul 08 Venus (14 Leo) square Uranus (14 Taurus)

Jul 09 Cancer New Moon (18 Cancer)

**July 11 Mercury Enters Cancer**

Jul 12 Moon conjunct Venus (18 Leo 30) then Mars (19 Leo 10) Venus at the Solar Plexus Chakra Gate

Jul 13 Venus and Mars meet (20 Leo)

Jul 15 Chiron stations retrograde (12 Aries 55)

Jul 21 Venus enters Virgo

Jul 22 Venus (00 Virgo 36) opposite Retrograde Jupiter (00 Pisces 36)

Jul 22 Magdalene Feast Day and the Sun Enters Leo near the Full Moon

Jul 26 Mercury enters Leo

Jul 28 Jupiter returns to Aquarius

Jul 27 Mars (29 Leo 52) opposite retrograde Jupiter (29 Aquarius 52)

**July 23 Aquarius Full Moon 01 Aq 26**

**Aug 8 Leo New Moon 16 Leo 14**

**Aug 11 Venus Moon at Heart Chakra**

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# Gemini Goddess at the Solar Plexus Creative Opportunities

Release limiting beliefs and misconceptions that fuel negative behaviors, longings, desires, excuses, and coping mechanisms that hold you back.

**Finding out who you are and what you like is an act of Self Love helping your Solar Plexus to SHINE. Ask Yourself and answer in your Venus Journal:**

- Who am I beyond what I have been conditioned to believe I should be?
- What do I like? What is MY preference?
- What do I want? What Brings ME JOY?

**Taking Care of Yourself is an Act of Self Love and Self-Empowerment**

- Healthy Living, Diet, Exercise Plenty of Rest
- Spending time in Nature
- Spending time engaging in playful activities that inspire your creative side: playing games, telling fun stories or jokes, sing fun and silly songs, coloring, drawing, playing dress up, role playing, walking barefoot on the Earth, skipping rocks, going to the zoo or a fun kid movie, watching cartoons, painting including finger painting, face painting, star and/or sky gazing or...



# The Gemini Meta Goddess at the Solar Plexus Gate in Leo (July 12 to 21) and Virgo (July 21 to Aug 11)

This is activating wholehearted Regulus medicine marrying both signs and helping us mature from the duality of either or to the wisdom of both (Leo) and more (Virgo).

We claim our Gemini Feminine nature at the Solar Plexus, embracing our dual nature. Expressed through Leo/Virgo, we:

- Stand as Powerful Creators and Humble Servants attuned to the Inner/Outer Unfolding of Great Mystery
- Step fully into sovereignty and servant leadership
- Roar with delight as we approach life as a game filled with fun and possibility
- Attune to the Sacred Pattern of Gaia, creating from a place of reverence, humbleness, and ceremonial devotion.





# Gemini Demons at the Solar Plexus Chakra

**Insecure Demon**

**Skeptical Demon**

**Uncertain Demon**

**Suspicious Demon**

**Self-Doubt Demon**

**Power Over Others Demon**

**Shaming and Blaming Demon**

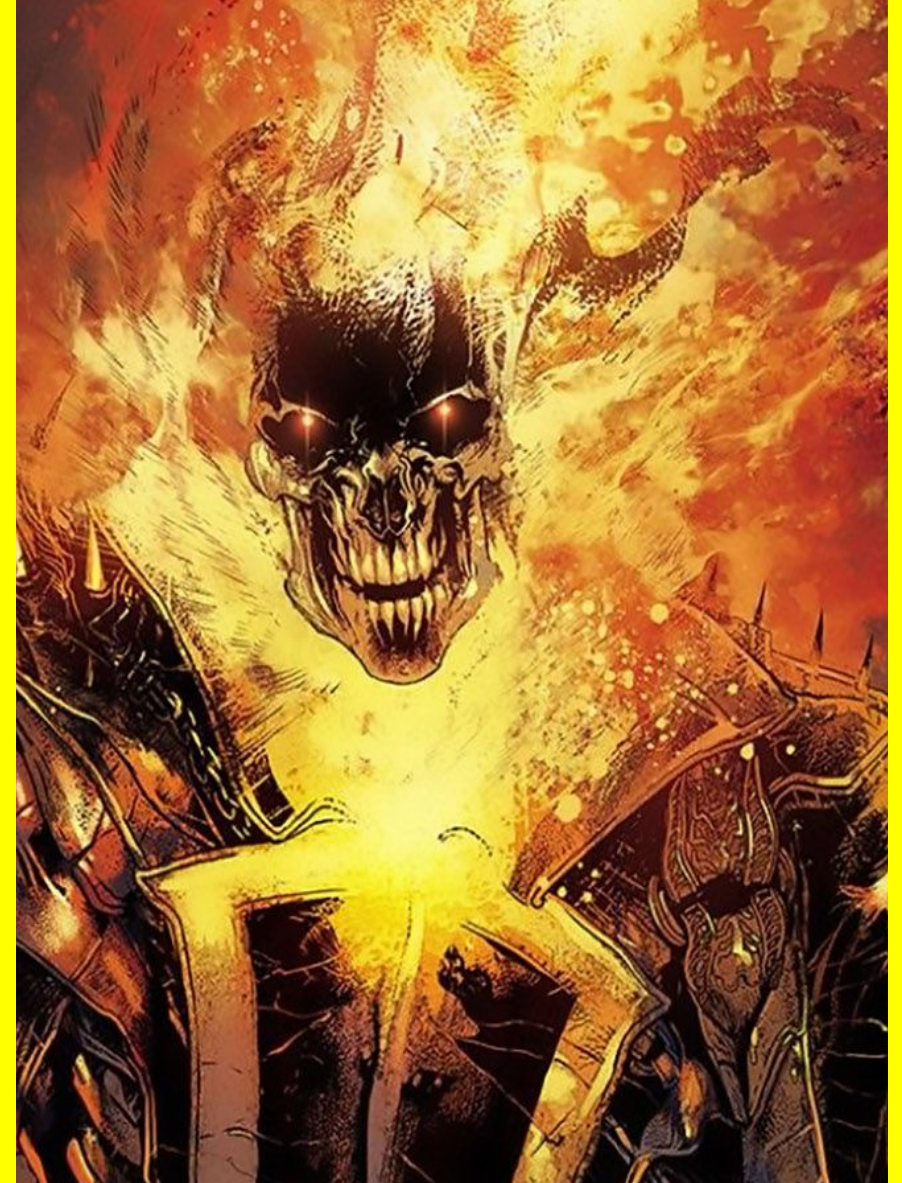
**I am Not Good Enough Demon**

**Criticism of Self & Others Demon**

**I Have to Prove My Worth Demon**

**Reactivity versus Creativity Demon**

**Name Yours** \_\_\_\_\_





**Gemini Meta Goddess benefits from remembering that healthy creative expression is playful, fun and serves Spirit. Reclaiming Healthy Doing and releasing any remaining aspects of the Doing Addiction:**

- Addicted to exaggerated story telling even when it offends others
- Addicted to only doing what feels fun and playful - disregarding being responsible and on time
- Addicted to wanting their creative projects to be perfect and so they never really finish them



Telling the New Creative Stories that delight All those who hear them.

Claiming ALL the many Creatively FUN ways to be responsible and Timely

Being willing to Claim the empowered wisdom of “Done is Better than Perfect”



# Home Play at the Solar Plexus Chakra ReClaiming Your Inner Shamanic Shapeshifter

It is time to reclaim the part of you that is MORE than human. To witness and see clearly your strength and power as a shamanic shapeshifter.

You carry within you all the powers of Creation, All the intelligences of life - bird, creature, forest, ocean, river, tree!

It is time to retrieve your true shamanic shapeshifting powers including any and all external beings and thoughtforms that celebrate who you are and how ALL nature is truly a part of who you really are!





# Home Play at the Solar Plexus Chakra continued

## Venus Journal Activation:

Spend time - 20 minutes or more - writing in your Venus Journal exploring any patterns of changing or “smalling” your true shape, color and size to please others.

## Claim Your True Shamanic Shapeshifter

Set Aside an Entire DAY or at least several hours this month to PLAY as your feral, multifaceted Shamanic Shapeshifter self by choosing one or more of the following:

- Go to a thrift store and try on clothes you would NEVER try on. What feels fun and playful?
- Paint your face and wear clothes that unleash your wild child, your inner Lilith!
- Choose 1-3 wild animals you love. Go to a place in nature where you will not be seen (if possible) if not just do it at home. BECOME that animal.

Feel it in your body first. Walk as this creature would walk. Feel how it feels to be this being... become it!!





# Sweet Tooth TV Series

We have seen Gemini themes emerging throughout 2020/2021. Just as we were delighted to see Wonder Woman and Black Panther come out during the Aries Venus Cycle, we see the Gemini Shapeshifter theme show up with the Sweet Tooth TV Series released June 4, 2021

Adapted from a comic book series ending in January 2013 (the last Venus in Gemini Cycle) this story tells of a virus that has wiped out much of humanity.

At the same time mysterious hybrid children are being born - half animal half human - embodying the Gemini Shapeshifter archetype in a modern context.

***Let's Play! Where have you seen Gemini themes show up in popular culture since June of 2020?***



# Home Play Gemini at the Solar Plexus Chakra

## Return to Self Empowerment Practice

Practice stopping throughout the day to see where your attention is focused on other people in disempowering ways.

For example, halt when you compare yourself, fear others' opinions of you, or internally judge or "manage" others in your thoughts.

When you catch yourself in these habits of thought, replace it with a NEW habit of asking empowering questions to refocus on your own priorities, your own dreams, actions you can take to empower yourself or others.

For example, if comparing, pivot to make a list of all your personal qualities or accomplishments that you are proud of. If judging another, ask - how do these qualities live in me and what's one action I can take to become more empowered in this area?





# Questions for Gemini at the Solar Plexus Chakra

- *What are the creative expressions I am here to communicate that inspire me? What would it take to cultivate and express my creative gifts in ways that are playful and fun?*
- *What creative actions feel supportive, playful and FUN? How can I experience more of that?*
- *What would it take for me to claim the courage to be my true self?*
- *How can I joyously celebrate my magnificently imperfect Self every day?*







**Claudette Thomas**

# **Toning With Claudette at the Solar Plexus Chakra See Class Page**

**Find out More HERE**

<https://kriyashakti.com/chakra-toning/>