

Matrix for Giving the Violet Flame Meditation as shared by Sibyl Vaughn with Arianna Husband

Step 1: Choose A Focus for Your Meditation

Choose a personal or planetary issue that concerns you.

Optional: Use visual aids, such as photographs, magazine clippings or a map related to the focus of your meditation. This will help you in step 9 to visualize sending the violet flame into these situations.

Step 2: Establish a sense of oneness with life:

Begin your Violet Flame Meditation for Spiritual Transformation by sounding OM to help you feel a sense of oneness with life. Give slowly as a chant:

OM OM OM

Step 3: Center in Your Heart

Go within and consciously draw all your attention and energy to the point of your heart. You may want to close your eyes and place your hand over your heart.

Step 4: Visualize Yourself Sealed in a Sphere of White Fire

Visualize a blazing white flame in the center of your heart. As you breathe deeply, see this flame filling your entire chest and turning into a brilliant Sun.

See that Sun growing larger and larger until it becomes a sphere of radiant white fire surrounding you, extending above your head, spreading out to arm's length around you and flowing beneath your feet.

Step 5: Give the Following Prayer for Protection Aloud:

Saint Germaine and angels of protection, please surround me with a sphere of radiant white fire as I give this meditation. Let the light I invoke be used for the blessing, healing and protection of all life on Earth.

Step 6: Intensify the Light Within You

Repeat the following affirmation aloud three times as you visualize the sphere of white fire intensifying and pulsating around you.

*O mighty presence of God, I AM, in and behind the Sun:
I welcome thy light, flooding all the Earth,
into my life, into my mind, into my spirit, into my Soul.
Radiate and blaze forth thy light!
Transform the bonds of darkness and superstition!
Charge me with the great clearness
of thy white-fire radiance!
I AM thy child, and each day
I AM becoming more of thy manifestation!*

Step 7: Visualize the Violet Flame

Now change the color of the white-fire Sun around to you to Violet. Visualize a tiny violet flame in the center of your heart. See rays of violet fire slowly spreading outward from this flame until they completely transform the white light into a dazzling Sun of VIOLET FIRE.

Repeat the following affirmation several times, or for as long as you wish. Say it out loud, rhythmically and energetically.

*Violet fire, thou love divine,
Blaze within this heart of mine!
Thou art mercy forever true,
Keep me always in tune with you.*

Step 8: Send the Violet Flame to Others for Forgiveness

Now send this Violet Flame as a gift of forgiveness to your family and friends. Imagine it covering the world with comfort and joy as you give the following affirmations several times each.

*I AM forgiveness acting here,
Casting out all doubt and fear,
Setting men forever free
With wings of cosmic victory.*

*I AM calling in full power
For forgiveness every hour;
To all life in every place
I flood forth forgiving grace.*

* * * * *

*I am the Violet Flame in action in me now
I AM the Violet Flame, to light alone I bow
I AM the Violet Flame in mighty cosmic power
I AM the light of God shining every hour
I AM the violet flame blazing like a Sun
I AM God's sacred power freeing everyone.*

Step 9: Direct the Violet Flame into Specific Conditions

Give the following prayer aloud as you visualize the person, situation or place that is the focus of your prayer. Hold your hands up in front of you, palms facing outward; now see Violet Flame radiating from your heart through your palms into the person or situation to transform it.

By the power of the light and love within my heart and the heart of Saint Germaine and the violet-flame angels, I ask that the light I am about to invoke be directed into the following condition(s) . . .

Give the following two affirmations aloud several times:

*I AM the light of the heart
Shining in the darkness of being
And changing all into the golden treasury
of the mind of Christ, *
I am projecting my love
out into the world
To erase all errors
and to break down all barriers.
I AM the power of infinite love
Amplifying itself
Until it is victorious
World without end!*

(*Your real Self, or higher consciousness. The universal Christ consciousness was personified in Jesus and other avatars and it is present to all of us.)

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*O Violet Flame! O Violet Flame! O Violet Flame!
In the name of God, in the name of God, in the name of God
O Violet Flame! O Violet Flame! O Violet Flame!
Flood the world! and flood the world! and flood the world!
In the I AM name, In the I AM name, In the I AM name!*

*Peace and peace and peace be spread throughout the Earth!
May the Orient express peace,
May the Occident express peace,
May peace come from the east and go to the west,
Come from the north and go to the south,
And circle the world around!
May the world abide in an aura of God-peace!*

Step 10: Close Your Meditation

Give the following prayer aloud and chant the OM to close your Violet Flame Meditation for Spiritual Transformation.

O God, let the light invoked through this meditation before the blessing and healing of my daily, my friends, and all those in need throughout the world. I ask that this reservoir of light saturate the Earth and transmute all conditions that stand in the way of a new day of peace and love manifesting upon this planet.

OM OM OM