

Home Play Gemini Venus Evening Star 5th/Throat Chakra Reclaiming

Highly Recommended Activities

- **Watch Venus Synodic Cycle Overview Presentation** If you're new to the Circle
- **Build or add on to your Venus Altar**
- **Go out** to see the **Venus Moon Conjunction** AFTER SUNSET **closest on Thursday, September 9**. You can also go out on Wednesday or Friday evening to see Venus near the Moon
- Use crystals, essential oils, colors to **Activate the Throat Chakra**
- **Listen to** Cayelin's Throat Chakra Gate Guided Meditation
- **Listen to** Tami's Chakra Gates Guided Meditation
- **Call/Connect** with **Evening Star Buddy** through phone/email/skype
- Work with the **Questions** (below)

In-Depth Home Play

ALL OF THE ABOVE AS WELL AS ANY OR ALL OF THE FOLLOWING PRACTICES

- **Journal Regularly in your Venus Journal**, tracking dreams, meditations, sketching, and questions
- **Create Special Ceremony** for Venus at the 5th Gate
- **Consider expressing your Voice on our Facebook page or send to us and we can post for you.**

Three Questions for the Throat Chakra

- *How can I commit more deeply to practices that attune me to my inner truth?*
- *What would it take for me to authentically speak and live my divine truth more each day?*
- *What would it take for me to listen more deeply to humans and the speaking Universe?*

Gemini Meta Goddess at the Throat Chakra in Scorpio

She Finds Her Voice from Within the Void
Her Laughter Erupts from Deepest Darkness

Shrieks of Delight, Songs of Celebration
She—and We— Breaking Spells of Fear and Despair
With Incantations of Possibility, Peace, and Play

We Make Our Home in the Heart of the Storm
Where Dark Clouds Gather, We are the Light Shining Through
We Speak with the Voice of Rainbow Woman Blessing the World

We are Fearless in the Face of Death and Dying
Knowing We Are Timeless Spirit Forever Changing Form

We Are Death Doula's to Our Dying Age.

We are Joyful Midwives Birthing New Worlds with our Holy Words, Praise Poems, Grief Riddles, Ecstatic Prayers
and Wild Mantras Singing the New Earth Into Creation.

Sky Dates for Throat Chakra Gate Month

- Sep 05 Venus (24 Libra 31) Squares Pluto (24 Cap 31) Venus with Spica
- Sep 06 Virgo New Moon (14 Virgo 38)
- Sep 09 Venus and the Moon conjunct (29 Libra 14) at the Throat Chakra Gate
Sep 10 Venus enters Scorpio
- Sep 14 Mars enters Libra
- Sep 16 /17 Venus (7 Scorpio) square Saturn (7 Aquarius) Moon with Saturn then Jupiter on 18th
- Sep 20 Pisces Full Moon (28 Pisces)
- Sep 22 Equinox
- Sep 23 Venus (14 Scorpio) opposite Uranus (14 Taurus)
- Sep 26/27 Mercury stations retrograde at 25 Libra very near Spica
- Sep 29 Venus (21 Scorpio) is Trine Neptune (21 Pisces)
- Sep 30 Venus (23 Scorpio) square Jupiter (23 Aquarius)
- Oct 06 Pluto stations direct (24 Capricorn) Libra New Moon 13 Libra
- Oct 07 Venus enters Sagittarius and Sun conjuncts Mars (15 Libra)
- Oct 09 Next Venus Moon Gate Brow Chakra (3 Sagittarius)

Mercury stations Retrograde Sep 26/27 with the Star Spica and stations direct October 18 at 10 Libra 40 emphasizing the Air Element

Home Play for the Throat Chakra

Use a necklace you own, buy or make one using stones/crystals that activate the 5th Chakra (lapis, turquoise, sodalite, aquamarine, celestite, other blue stones). Wear your necklace daily, taking it off at night to place on your altar, putting it back on each morning.

In the morning when you put it on intend to notice how you contact and express your true “voice” over the course of the day. When you take it off at night, journal on the messages from your inner truth and review all the ways you have claimed and shared your voice over the course of the day.

Energize it under the New and Full Moons.

Home Play for the Gemini Meta Goddess at the Throat Chakra Gate

Cast a Spell of Hope for the World

Identify an issue in the world around you that troubles your heart. In your Venus Journal, write an incantation describing the situation as if it is already fully and completely transformed in the most wondrous and miraculous way.

- Speak this incantation aloud, often.
- Sing it, chant it, offer it as a prayer to the Universe.
- Practice believing it is ALREADY SO!
- Live as if it is true.
- Look for proof this miracle is already unfolding
- Take action to make it true!

A Chant or Invocation to Activate Our Rainbow Light Body

3 6 9

*Now's the Time
I am Actively Live
in a New Timeline
The Time is Now
I am Living How
I am Meant to Be
In my Radiant
Rainbow Light Body*

This is the time to claim living in our Rainbow Light Body as New World Story Tellers

Sekhmet Chant

Sah Sekhem Sahu

[Youtube with Sekhmet Chant](#)

Rainbow Goddess Prayer Claiming Healthy Communication

Beloved Wondrous Rainbow Goddess
You Who Know the Power of Voice as a potent creative tool
Guide Me to Reclaim a Confident, Loving Voice Speaking Compassionate
Heart-Felt, Kind, and Insightful Truth to Myself and the World
Including Speaking in Ways that Promote More Authentic, Playful, FUN Connection
Help Me know how BEST to Express the Creative Power of my Voice...
Skillfully Using My Words to promote Peace, Harmony and Delight
Expressing Gratitude and Appreciation when appropriate
Knowing When To Deeply Listen ... even when I don't agree
Honoring Points of View that Differ from Mine.

Help Me to know the best ways to Be More Discerning and Fortright
Courageously Taking Responsibility for all that I Say and Do
Help me to Trust Myself to Speak and Act Co-Creatively
Using my voice to bring MY special gifts into manifest Form.

Help me KNOW What Is Truly Mine to Say or NOT Say in all situations
So my words are Beneficial to All Life.
It is Done, It is SO and All Heaven and Earth Rejoice. Blessed Be!

What is the NEW Story (Relational Blueprint) rewriting the story of Hera and Zeus (Juno and Jupiter)?

How do both engage in Mystical Sacred Union - Heiros Gamos (or Sacred Marriage between the masculine and feminine) on all levels including: spiritually, mentally emotionally, physically, and sexually--as a deeply fulfilling experience?

Once upon a NOW Time

Hera and Zeus committed to their personal growth and relationship from the inside out.

They stopped looking outside of themselves for answers, validation and fulfillment.

They took responsibility for their own experience, realizing they were mirrors for each other including their shadow and their gifts.

They committed to creating a Magical, Loving, Fun, and Fulfilling relationship first with themselves and then with each other.

They practiced: Self-forgiveness and forgiving each other

Compassionate Communication and Active Reflective Listening

They shared Daily Gratitude and Appreciation

They honored and practice each other's love language and much more...

Demons at the Throat Chakra

Accusatory Demon

Angry Yelling Demon

Talking Too Much Demon

Saying Mean Things Demon

Shaming and Blaming Demon

Afraid To Speak Up Demon

Uncertain What To Say Demon

Alienating Others with Words Demon

Not Speaking Up to Avoid Conflict Demon

Gemini Demons: Blocked Creativity Demon

Fear of Persecution Demon

Fear of Speaking Truth Demon

Fear of Inner Creative Voice Demon

My Voice Is Shaky so I Won't Speak Demon

No one Listens to me Anyway Demon

My Stories are Not Worthy or Interesting Demon

Don't forget to Practice Laughter

When we laugh with one another, a positive bond is created.

Helping you:

Be more spontaneous, get you out of your head

Let go of defensiveness.

Forget resentments, judgments, criticisms, and doubts.

Release inhibitions. Relax and Enjoy

Express your true feelings. Deeply felt emotions can more easily rise to the surface.

Using humor helps resolve disagreements and manage conflict with others. It lowers stress levels and tension especially when in highly emotional situations.

Are you finding ways to lighten up?

See the humor even in challenging situations?

Are you willing to laugh at yourself?

How can you take whatever is happening in your life and turn it into a funny story.