



**Venus Alchemy
Capricorn
Morning Star**

7th Chakra 1st Gate
Releasing Distorted Divine Identity
with Cayelin K Castell and Sheridan Semple

Invoking Grandmother Wisdom

For Divine Feminine Guidance Releasing Distortions at the Crown Chakra

Beloved Wise Grandmother Goddess of Magic and Mystery

Authentically Loving and Living Your True Divine Essence

O Mighty Sage Aligned with Divine Wisdom, Divine Authority and Divine Guidance

Thank you for Helping me to Release all that is in the way

Of accessing and acting upon my own vast inner divine knowing.

Thank you for Your Loving Guidance, Support and Assistance

As I NOW Let Go of what No longer Serves Me or the Earth

You who are Filled with Truly Deep and Brilliant Wisdom

Mighty in Your Willingness to be a Divine Wise Messenger

Mighty in your Message to Wisely Create a New Reality that Works for All Life

Thank you for Guiding Me to Release All the Ways

I feel Stressed, Frustrated, Depressed, Hopeless, and/or Afraid

Great Ancient Wise Goddess Utilizing the Power of Responsible Magic to Create a New Earth

Guide me in wise, inspired actions that further My Own Radiant Health and Wellbeing

Releasing all the Habits and Behavior Patterns that leave me feeling

Exhausted, Out of Balance, Uninspired, Critical of Myself and Others

Help me to release the burden of all the ways I do not fully

Trust Myself, Know My True Self, or Remember My True Divine Inheritance

Thank You For Your Assistance In This Potent Journey of Surrender and Release

It is Done, It is So and I Give Thanks! Blessed BE!



Charge of the Crone (author unknown)

Hear the words of the Dark Goddess who stands within the crossroads, whose torch illuminates the underworld:

I am the Queen of Magic and the Dark of the Moon, hidden in the deepest night.

I am the mystery of the Otherworld and the fear that coils about your heart in the time of your trials.

I am the soul of nature that gives form to the universe; it is I who await you at the end of the spiral dance.

Most ancient among gods and mortals, let my worship be within the heart that has truly tasted life, for behold all acts of magic and art are my pleasure and my greatest ritual is love itself.

Therefore, let there be beauty in your strength, compassion in your wrath, power in your humility, and discipline balanced through mirth and reverence.

You who seek to remove my veil and behold my true face, know that all your questioning and efforts are for nothing, and all your lust and desires shall avail you not at all. For unless you know my mystery, look wherever you will outside yourself and it will allude you, for it is within you and nowhere else.

For behold, I have been with you, from the very beginning, the comforting hand that nurtured you in the dawn of life, and the loving embrace that awaits you at the end of each life, for I am ALL that is attained at the end of the dance, and I am the womb of the new beginnings, as yet unimagined and unknown.



By [AmberCrystalElf](#)

Overview

Break Out Groups

Overview of this Capricorn Journey

Sky Magic

Capricorn Goddess Releasing Her Crown Chakra

USA Constitution and the Grandmothers

Who are the Grandmothers/Crones

Plant Spirit Medicine

Deepening Exercises

Q and A



Break Out Session Guidelines

Joining the Session is Optional

Purpose is to foster community and offer mutual support

**We are here to listen and be heard
(please, no cross talking or interrupting)**

We are not here to fix or judge – just listen

**Give everyone an opportunity to share
(be mindful of the time)**

Feel free to continue the conversation by mutual agreement via personal messaging after the class

Breakout Conversation

**Start with Your Name and
Where You are From**

Suggested Topics:

**Share your intent for this
journey.**

**What drew you to this
Ceremonial Initiatory Series?**

**Who is a Crone in your life
and how does she inspire you
with her wisdom?**



This Initiatory Journey is About:

- Understanding the Importance of our innate wisdom creating the space for everyone to be equally valued for their unique contribution
- Learning more about the value of taking responsible action and having fun doing so
- Knowing self through responsible service and wisely executed actions
- Learning how to experience wisdom and embrace opportunities even in the darkest most challenging places
- Releasing the pain of domination, manipulation, unnecessary hierarchy and power over
- Recognizing we can accomplish far more together creating flexible guidelines rather than seriously following human rules

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Artist Tamara Adams



A Few Names Representing Crone Goddesses:

Sedna (Inuit located in the Arctic & subarctic regions of Greenland, Canada, and Alaska (United States), Grandmother Spiderwoman (Native American), Changing Woman or Turquoise Woman or Estsanatlehi (Apache and Navajo) meaning “self-renewing one” <https://www.crystalvaults.com/goddess-estsanatlehi/>

Ala (Nigerian), Oya (Yoruba) Asase Yaa (West African)

Cerridwen (Celtic), Mórrígan or Morrigan (Celtic), Níveven (Celtic), Carravogue (Goddess of winter County Meath Ireland), Macha (Irish), The Muireartach (Scottish Highlands, The Leanansidhe (Isle of Man), The Corrigan (from Cornwall to Breton, France)

Elli (Nordic), Kalma (Finnish), The Hyldermoder (Scandinavia), Baba Yaga (Russian), Mother Holle (German)

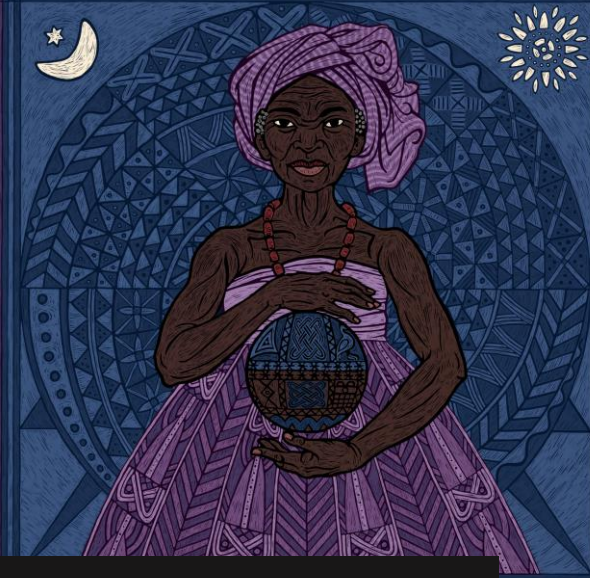
Hecate or Hekate (Greek), Baubo (Greek), The Wyrd, Nox or Nyx (Greek), Lara (Roman)

Ereshkigal (Sumerian), Lilith (Hebrew), Xochi Quetzal (Aztec), Snow Queen (versions in Sweden & Japan), Ama No Uzumi (Japanese)



Estsanatlehi by Richard Baker

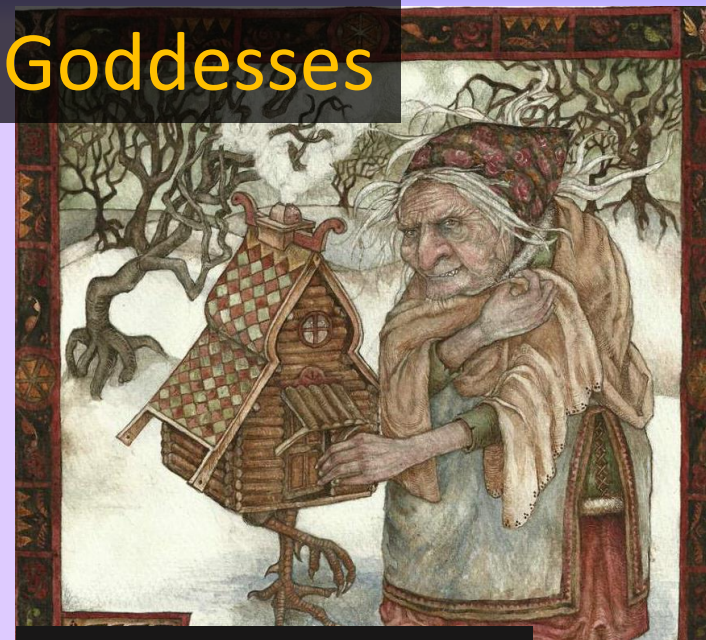
Crone Goddesses



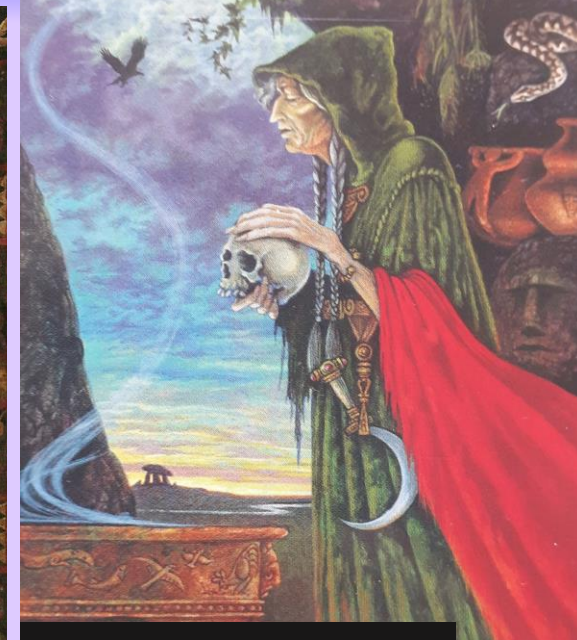
Nana Buluku - Africa



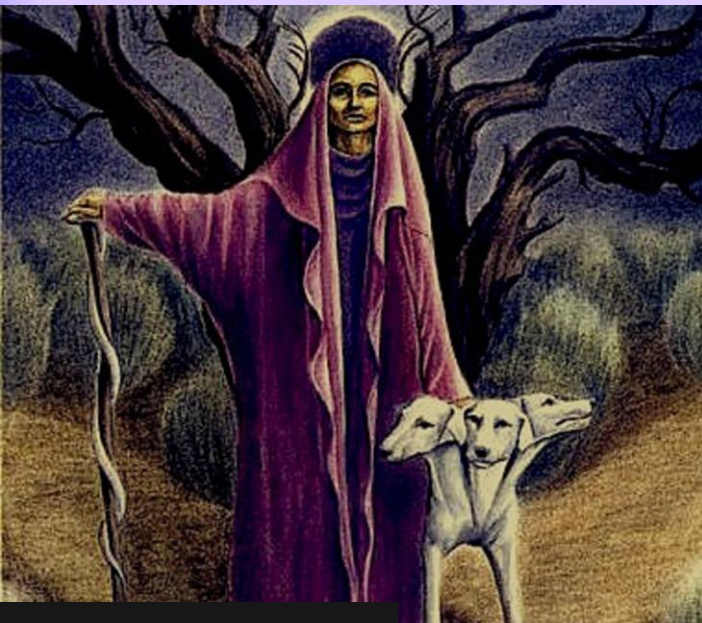
Sedna - Inuit



Baba Yaga - Russian



Cailleach - Celtic



Hecate - Greek



Grandmother Spiderwoman – Native American



Ama No Uzume - Japan

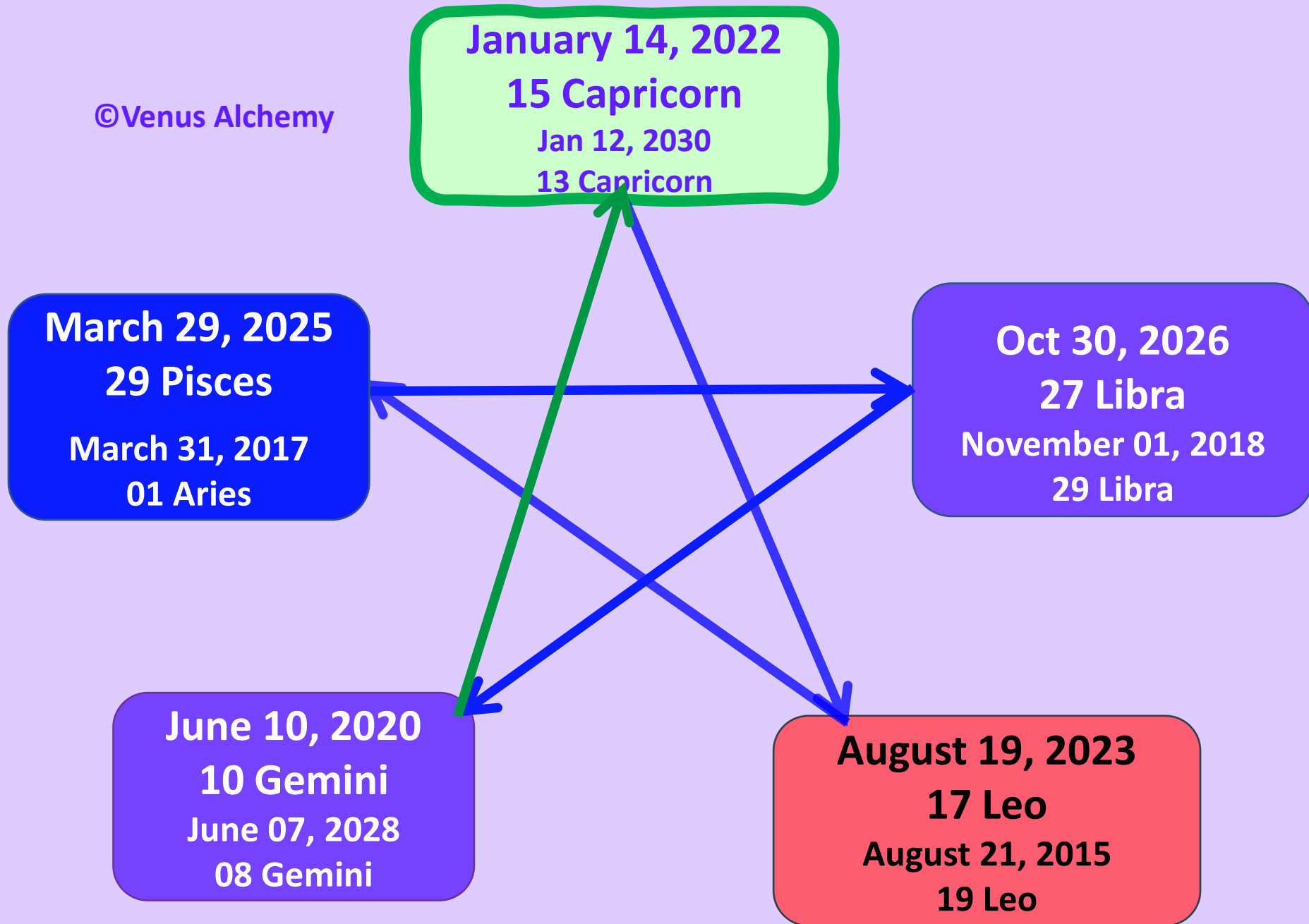


Crone Goddesses Symbols:
(Depending on the culture)

Triple Spiral, Triquetra, Caldron, Owl, Cat, Frog, Raven, Dogs, Snake, Spider, Snow and or Winter, Yew tree, Darkness, Waning Moon, Dark Moon, Ghosts



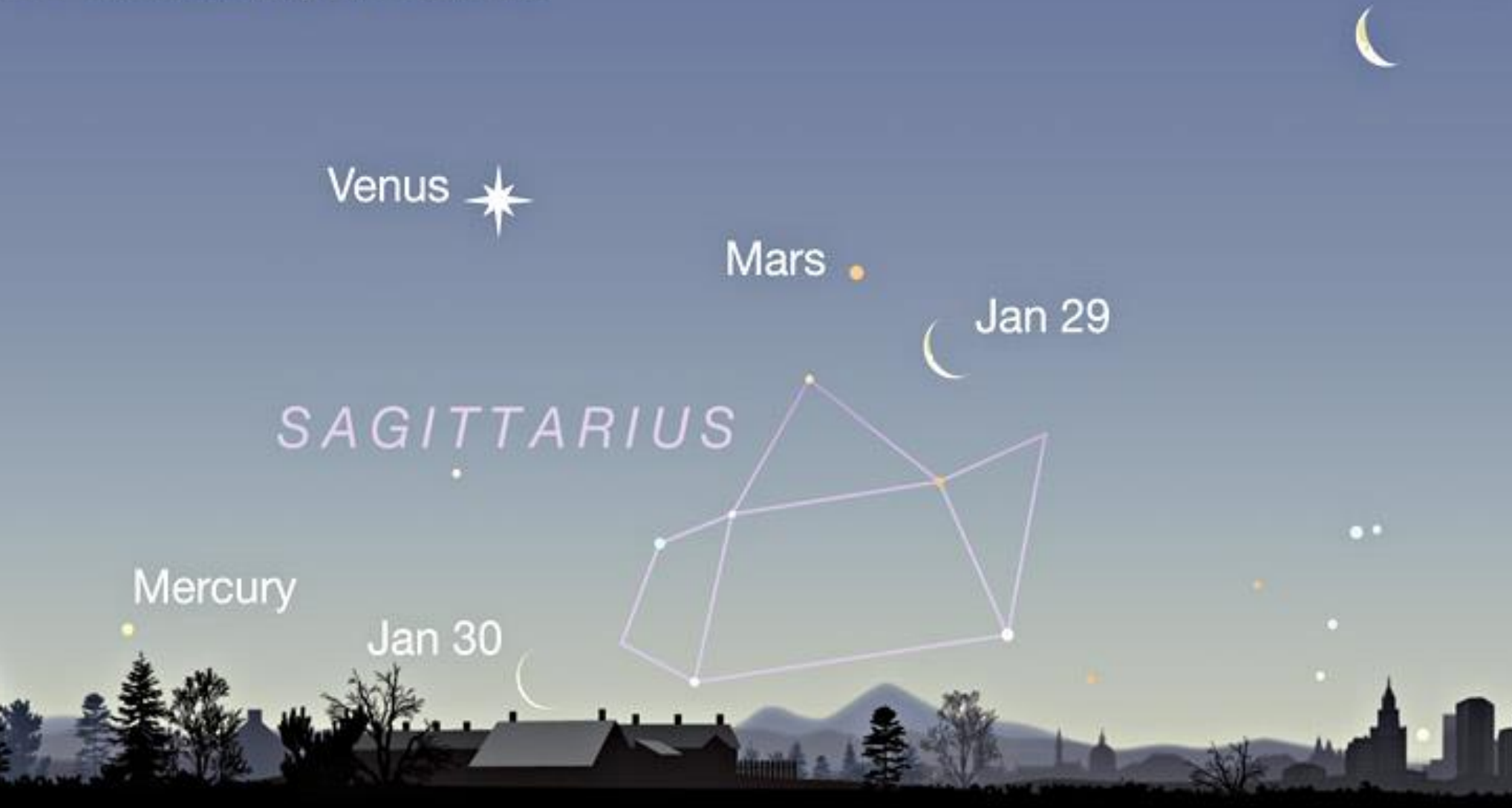
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Heliacal Rise of Venus Retrograde

Dawn, Jan 28-30

30 minutes before sunrise



Jan 28



Jan 29



Jan 30



Looking Southeast

Transits

Natal

Jan 28 2022, Fri

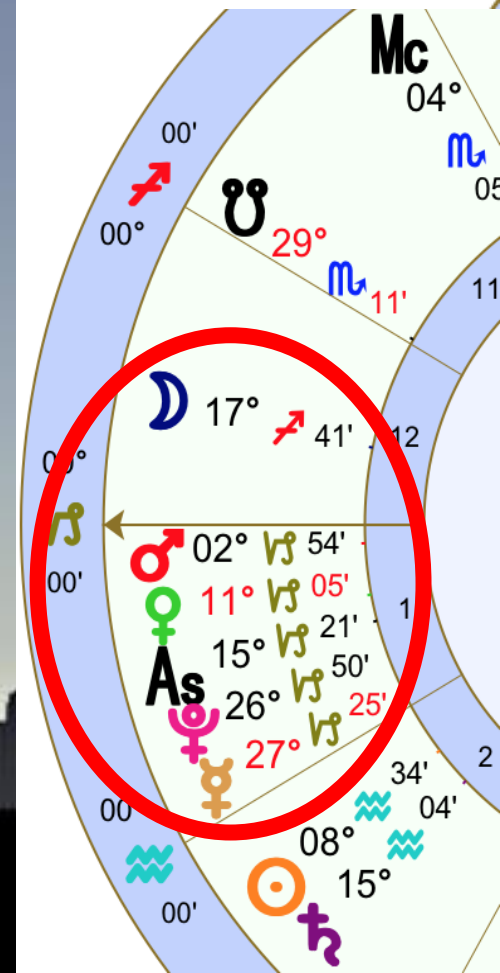
6:00 AM MST +7:00

Tucson, Arizona

Geocentric

Tropical

Whole Sign



January 29, 60 minutes before sunrise Southeast

Venus



Mars



Crescent
Moon



EarthSky.org

SE

Transits

Natal

Jan 29 2022, Sat

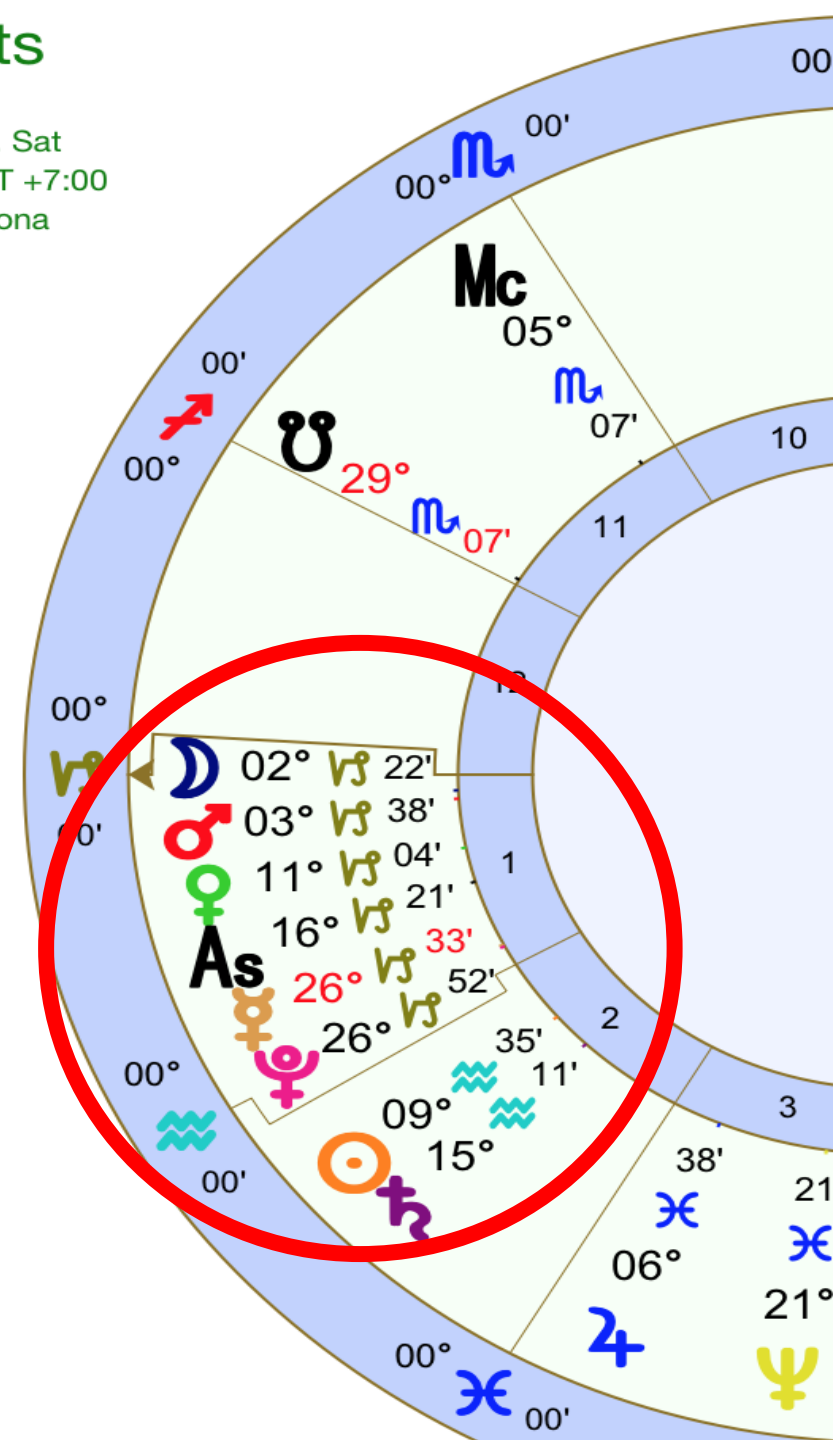
6:00 AM MST +7:00

Tucson, Arizona

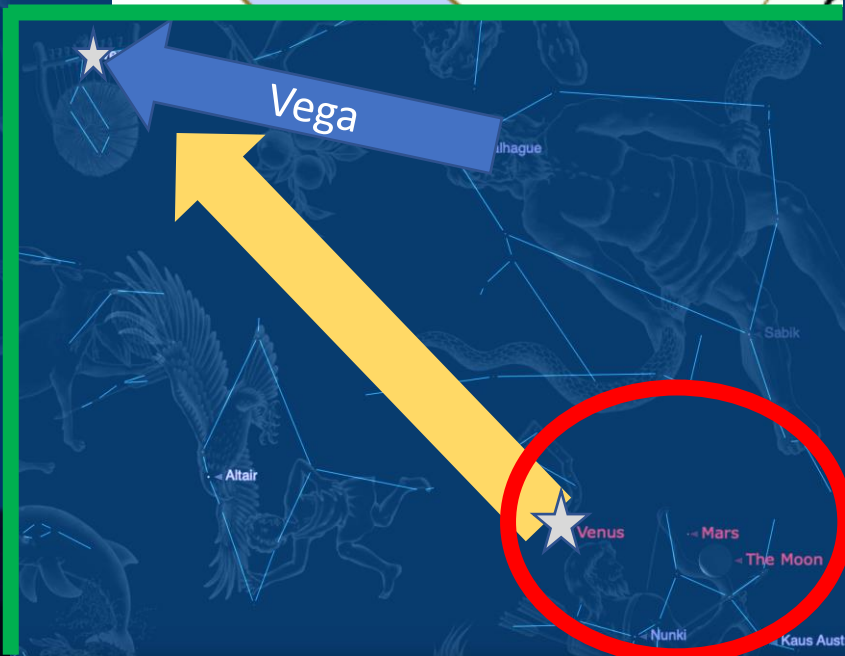
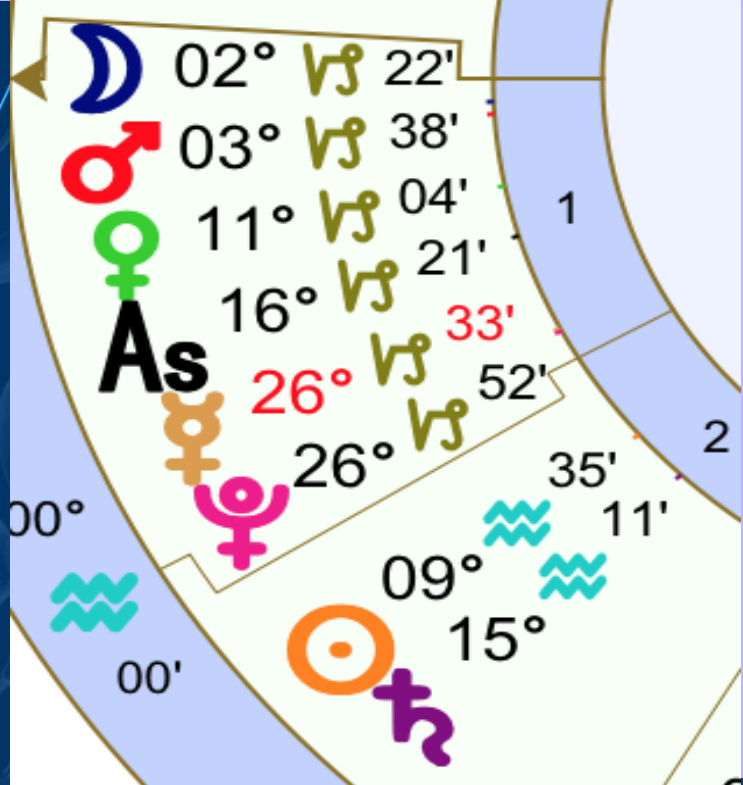
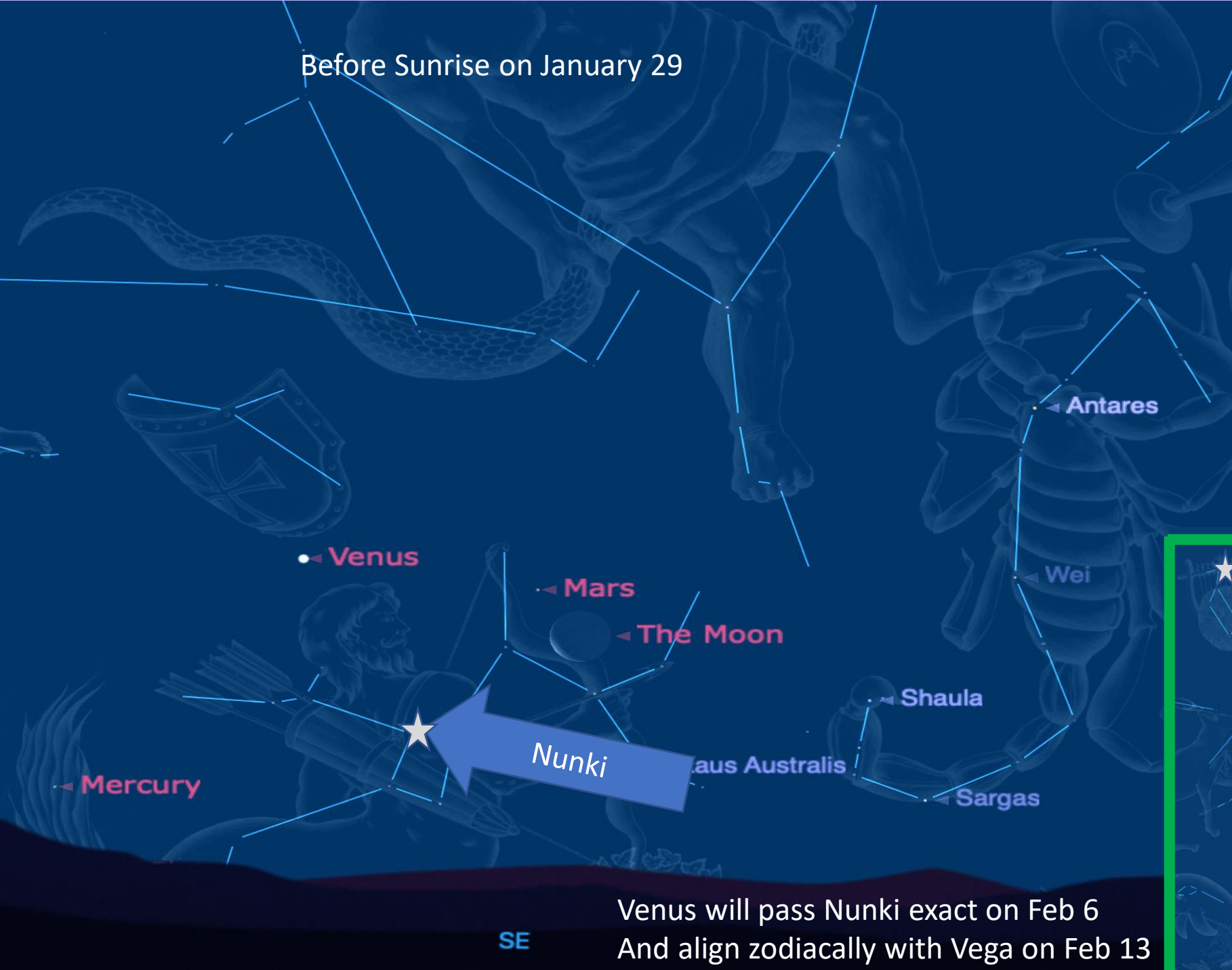
Geocentric

Tropical

Whole Sign



Before Sunrise on January 29



Venus will pass Nunki exact on Feb 6
And align zodiacally with Vega on Feb 13



January 30 around 6:45 am

Venus and Mars Moon and Mercury On the Morning of January 30!

Transits

Natal

Jan 30 2022, Sun

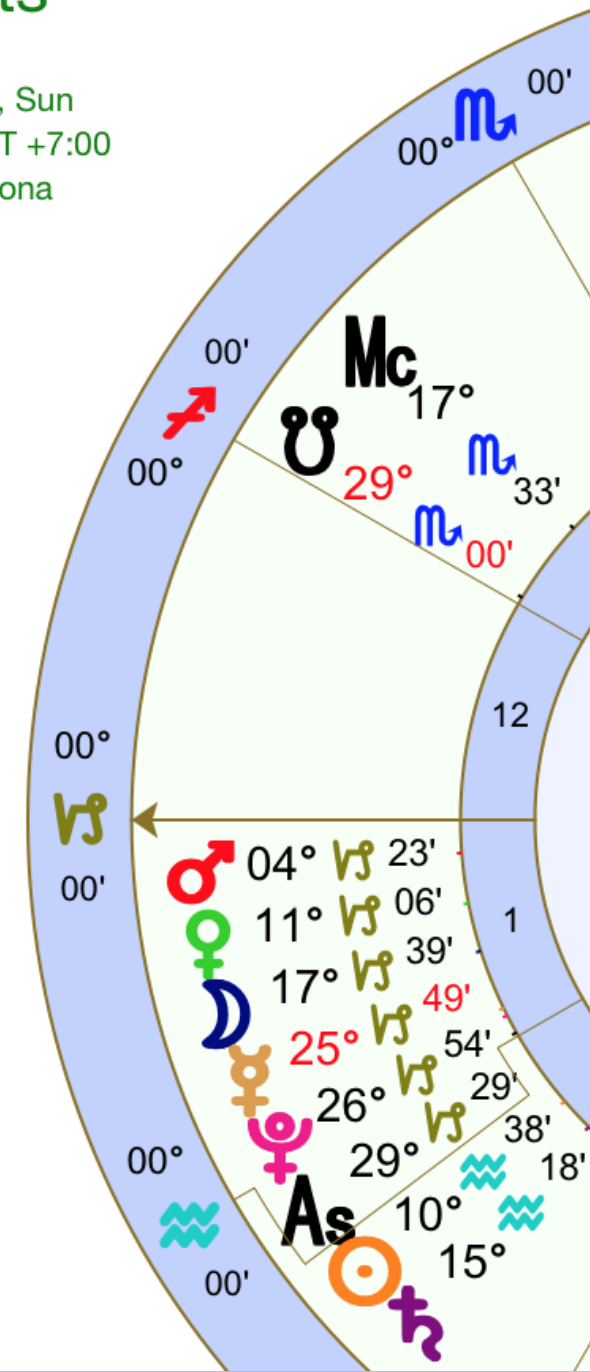
6:45 AM MST +7:00

Tucson, Arizona

Geocentric

Tropical

Whole Sign

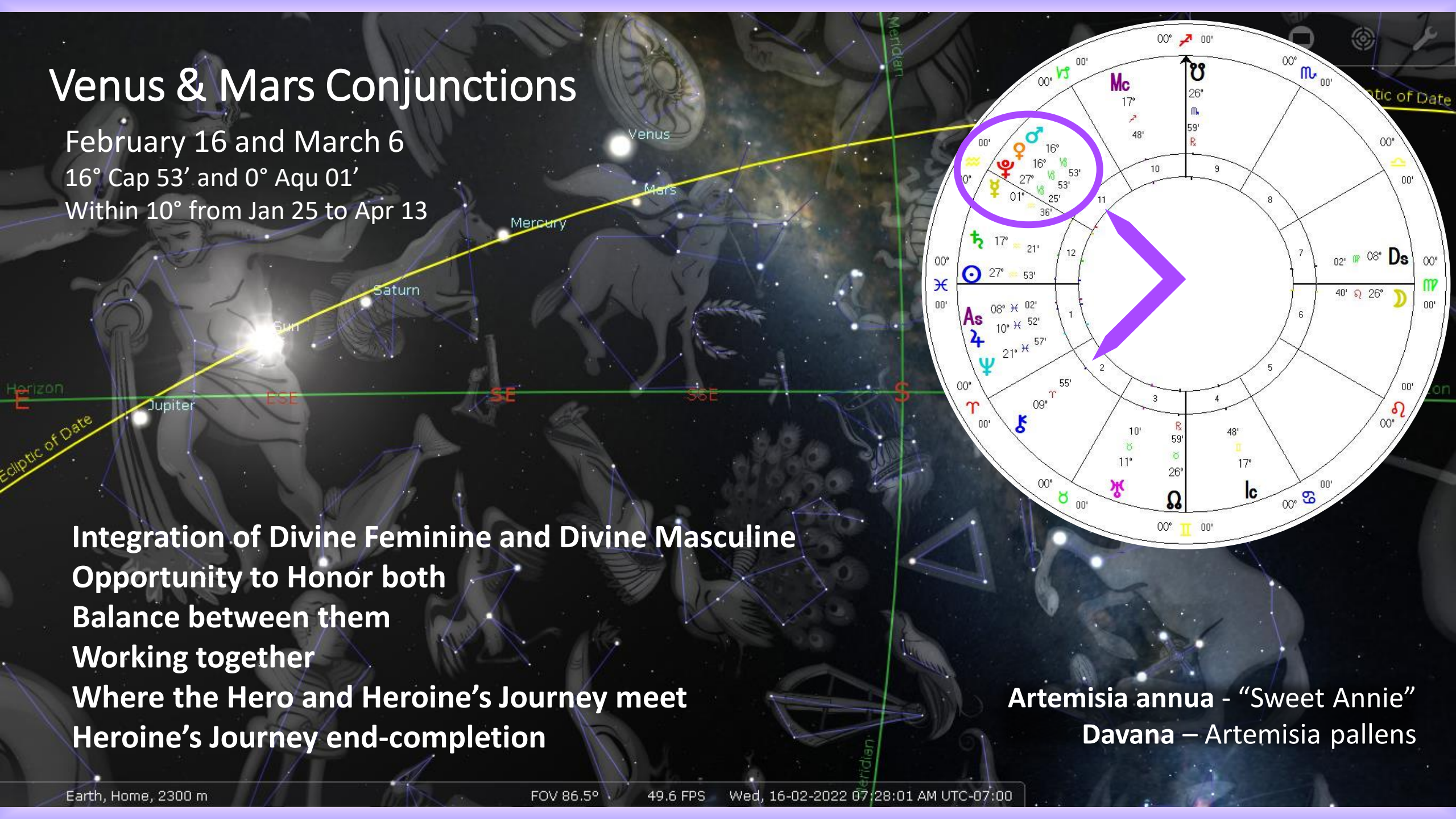


Venus & Mars Conjunctions

February 16 and March 6

16° Cap 53' and 0° Aqu 01'

Within 10° from Jan 25 to Apr 13



Integration of Divine Feminine and Divine Masculine
Opportunity to Honor both
Balance between them
Working together
Where the Hero and Heroine's Journey meet
Heroine's Journey end-completion

Artemisia annua - "Sweet Annie"
Davana – Artemisia pallens

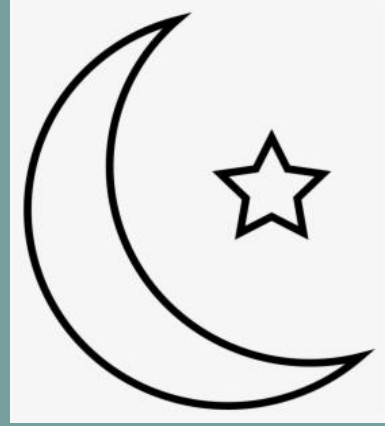
The February Cross

**Quarter Window in 2022
is from Feb 2 to Feb 4.**

The Sun reaches 15° Aquarius
on February 3.

Also, on February 2, **Venus** is within
a degree of **Nunki** and
Mars is about 4° from Venus.

The Moon aligns with the
Royal Star **Fomalhaut** (4 Pisces 09)
at 10 am Pacific within 3.5°
of Jupiter (7 Pisces 36).



The Imbolc Cross-Quarter (Solar Feminine Energy) power is life-giving
including the light of the lengthening days.

Happy Groundhog Day!

02-02-2022

Candlemass, Imbolc, February Cross-Quarter

All Planets Moving Forward

Feb 03 to Apr 29, 2022 about 85 days

**Full Speed Ahead into Co-creation and Collaboration
Progressive action toward a heart felt intention**



Moving
FORWARD

**Shadow side may move to fast, ignore signs and messages
May make reckless choices with unintended results**



Capricorn Morning Star Crown Chakra Gate 2022

Jan 14 Venus Rises as Morning Star (15 Capricorn) and Mercury Stations Retrograde at 10 Aquarius

Jan 29 Mars Moon Conjunction (3 Cap 41)

Jan 29 Venus Stations Direct (11 Capricorn) and First Venus Moon Conjunction (11 Capricorn)

Jan 30 Moon conjunct Mercury (26 Capricorn) and Moon conjunct Pluto (27 Capricorn)

Jan 31/Feb 1 New Moon (12 Aquarius 20) Chinese New Year of the Water Tiger

Feb 03 Astrological Cross-Quarter and Mercury Stations direct (24 Capricorn)

Feb 03 All Planets are in Direct Motion until April 29 when Pluto stations retrograde

Feb 04 Sun conjunct Saturn (16 Aquarius)

Feb 06 Mars square Chiron

Feb 09 Venus reaches maximum brightness at - 4.6 magnitude (13 Capricorn)

Feb 11 Mercury conjunct Pluto (27 Capricorn) very near USA Pluto

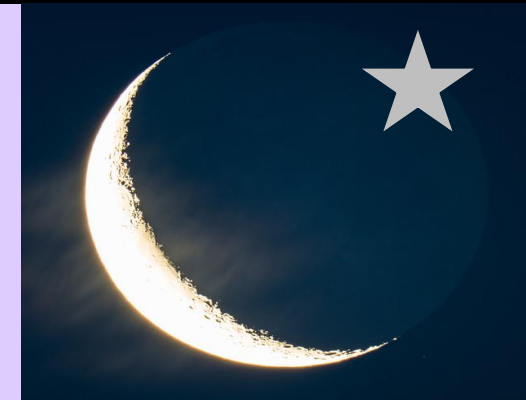
Feb 12 Venus and Mars (14 Capricorn) are aligned within about one degree of Vega

Feb 16 Venus and Mars are conjunct (17 Capricorn aligned close to Vega)

Feb 19 First exact pass of Pluto over USA natal Pluto

Feb 20 Venus (20 Cap) highest altitude in morning sky 27 degrees above the horizon

Feb 27 Moon conjuncts Venus (24 Capricorn 18) and Mars (24 Capricorn 53) and Pluto (27 Cap 44) at the 2nd Gate Brow Chakra



**All Planets Direct
From Feb 03
to April 29**

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Who Are the Grandmothers?

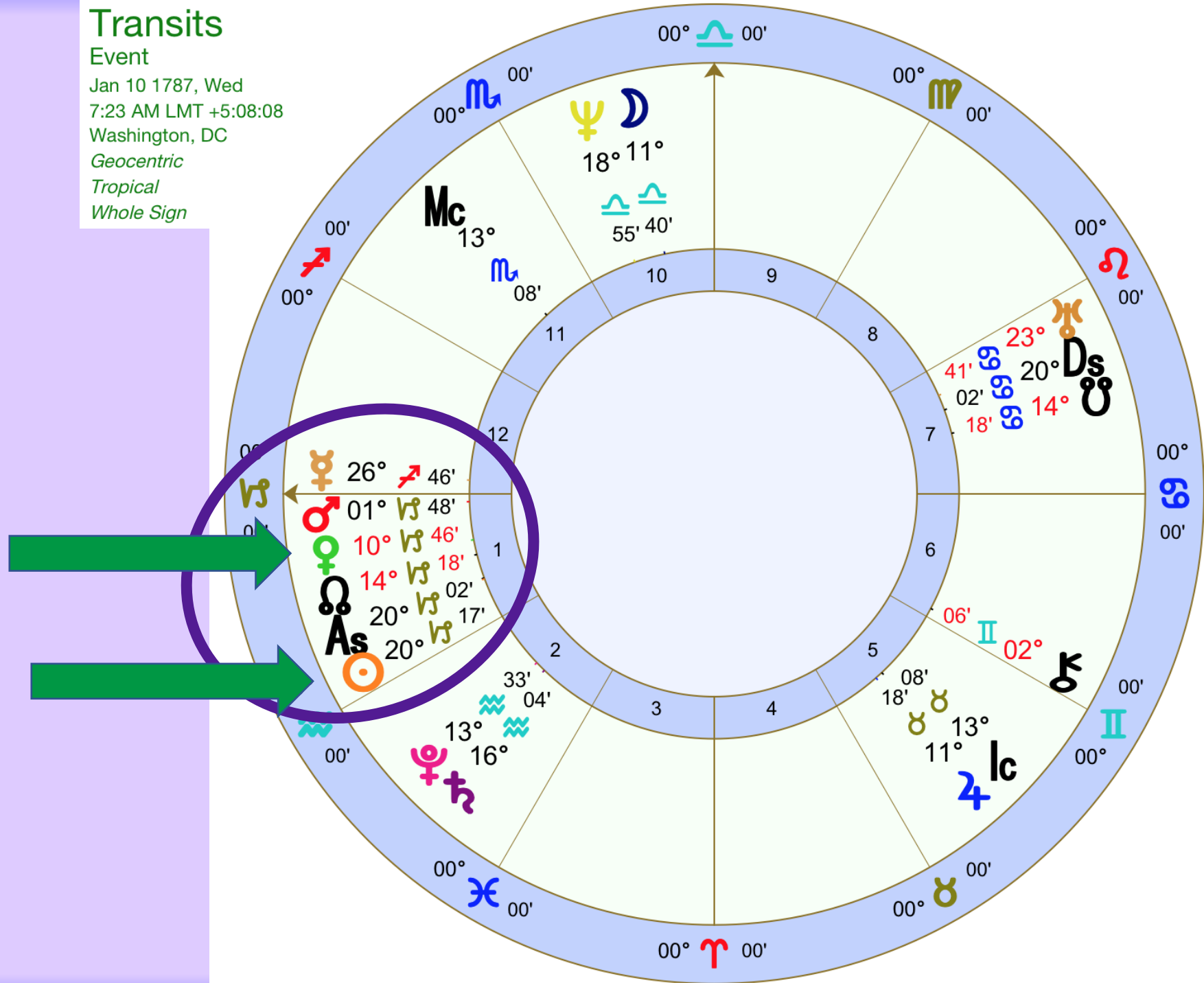
Why are They So Important for this Venus Cycle?

- Venus Alchemy has been guided by the Circle of Grandmothers since it began in 2014 during the last Capricorn cycle now 8 years ago.
- Many original Clan Mothers (Grandmothers, Wise Women) were honored in the Iroquois Confederacy
- The U.S. Constitution adopted many of the key features of the Iroquois Constitution.
- However, the U.S. constitution neglected to adopt the critical practice of placing the Clan Mothers (Grandmothers) at the top of the decision-making hierarchy: the women whose priority it was that all policy serve the Earth and next Seven Generations.
- The 2017 August 21 Total Solar Eclipse aligned with an eclipse that was present at the founding of the Iroquois Confederacy, activating a Seed Point to Restore the Original Spiritual Blueprint of the U.S. Government.
- The Iroquois Confederacy was founded August 22, 1142, when Venus was stationing retrograde in Libra.



Venus Rose as
Morning Star
10 degrees
from the Sun On
January 10, 1787
Beginning a
Capricorn Cycle
Just nine months
before the
Constitution was
ratified

Transits
Event
Jan 10 1787, Wed
7:23 AM LMT +5:08:08
Washington, DC
Geocentric
Tropical
Whole Sign

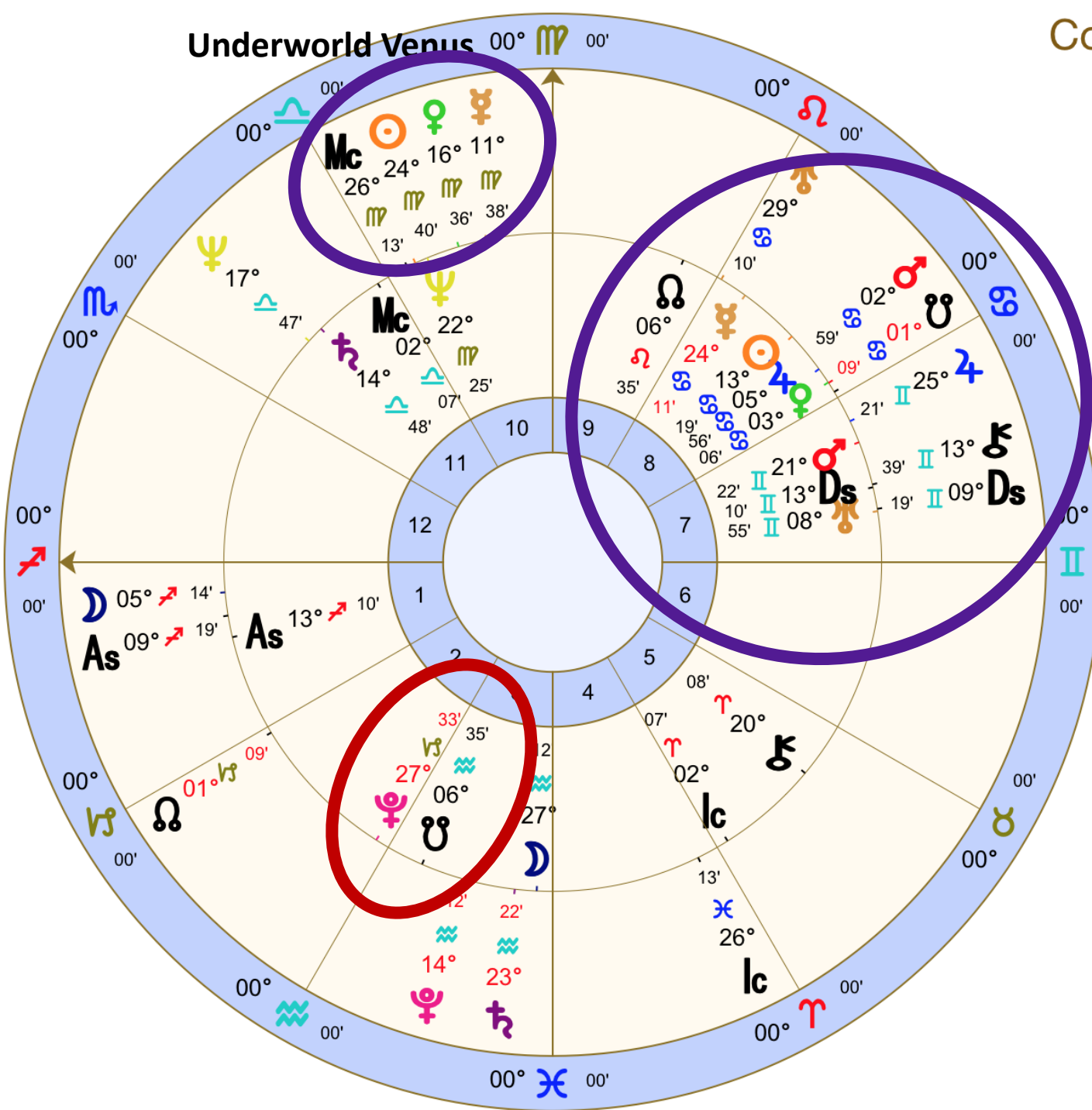


USA Chart

Natal
Inner Ring
Jul 4 1776, Thu
5:13:55 PM LMT +5:00:39
Philadelphia
Geocentric
Tropical
Whole Sign

Constitution Sign

Natal
Outer Ring
Sep 17 1787, Mon
12:00 PM LMT +5:08:08
Washington, DC
Geocentric
Tropical
Whole Sign



The USA chart has Pluto in Capricorn suggesting reconnection with and respectfully honoring the wisdom Grandmothers is essential for the USA to truly express its stated original intent.

The USA chart determined by the Declaration of Independence featured an underworld Venus and when the USA constitution was established it was an Underworld Venus

USA Chart

Natal

Inner Ring

Jul 4 1776, Thu

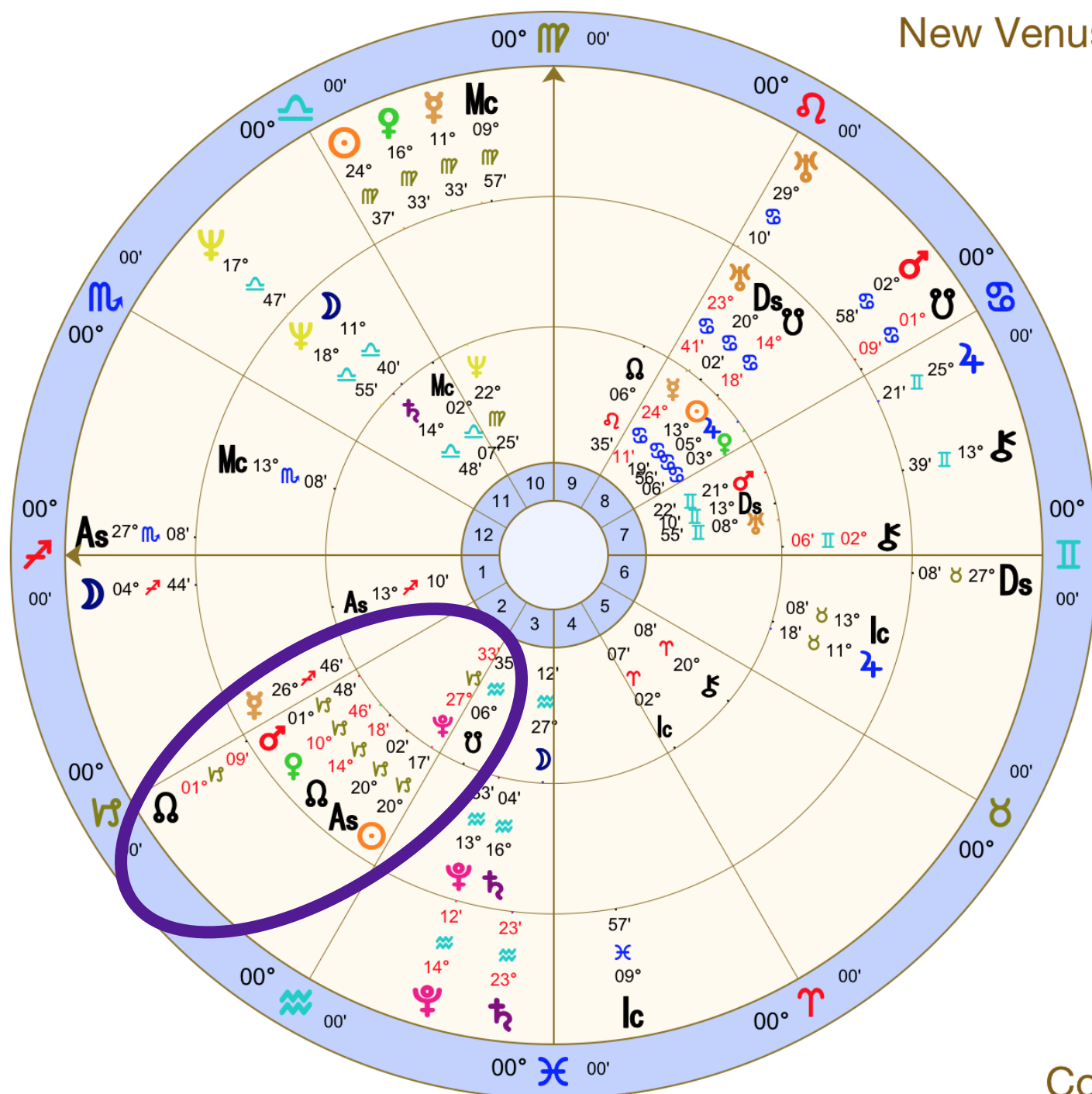
5:13:55 PM LMT +5:00:39

Philadelphia

Geocentric

Tropical

Whole Sign



New Venus Cycle Begins

Natal

Middle Ring

Jan 10 1787, Wed

7:23 AM LMT +5:08:08

Washington, DC

Geocentric

Tropical

Whole Sign

Whole Sign
Tropical
Geocentric
Washington, DC
11:00 AM LMT +5:08:08
Sep 17 1787, Mon

Outer Ring

Natal

Constitution Sign

Jigonhsasee: Mother/Grandmother of Nations



- An important figure in the Oral histories of the Iroquois people embodying the Wise Grandmother Essence
- The Iroquois Confederacy's Founding was preceded by a Dark Age of Violence and Brutality
- Jigonhsasee's home was a Neutral Zone located at the crossroads of the five tribes
- She resolved disputes and selected leaders
- Some accounts indicate she was a sexual healer like Mary Magdalene (Scorpio)
- She was seen as the first Clan Mother (Grandmother)
- She was a co-founder, with The Great Peacemaker and Hiawatha, of the Haudenosaunee (Iroquois) Confederacy.
- Jigonhsasee means "New Face," a name given by Hiawatha, the Great Peacemaker who said: "it is in your countenance that a New Mind is manifest," and "out of the womb of the new mind" new nations will be born.
- *We honor Jigonhsasee and call on her in this Cycle to help us rise above the brutality and violence and dynamics of polarity and separation to choose diplomacy, and a culture of peace.*

Releasing at the Crown Chakra with the Capricorn Meta-Goddess

January 29 to February 27

Start of the cycle – Capricorn – completing, prepping and seeding new cycle Beauty of Retrograde – time to assimilate, ponder, explore, go deeper

The Sage, Wise, Crone is inviting us to meet her and explore our connection to her as the Divine. She carries the divine insight of both the Sky and Earth.

She's guiding us into our inner Grandmother who holds the awareness of what we need to do and who we came here to be.

Simultaneously, she asks us to commune with our internal Sage Goddess and to revere her in the world at large. She is the Circle of Grandmothers instructing us that it is time to remember, recognize and praise their generous perceptions, understandings and mastery.

She's calling us to bring the Truth of As Above, So Below in through our Crown (Crone) Chakra and release any blockages or distortions to her wisdom and our connection to her Divinity.

If you haven't seen it, [check out our Crone video here](#)



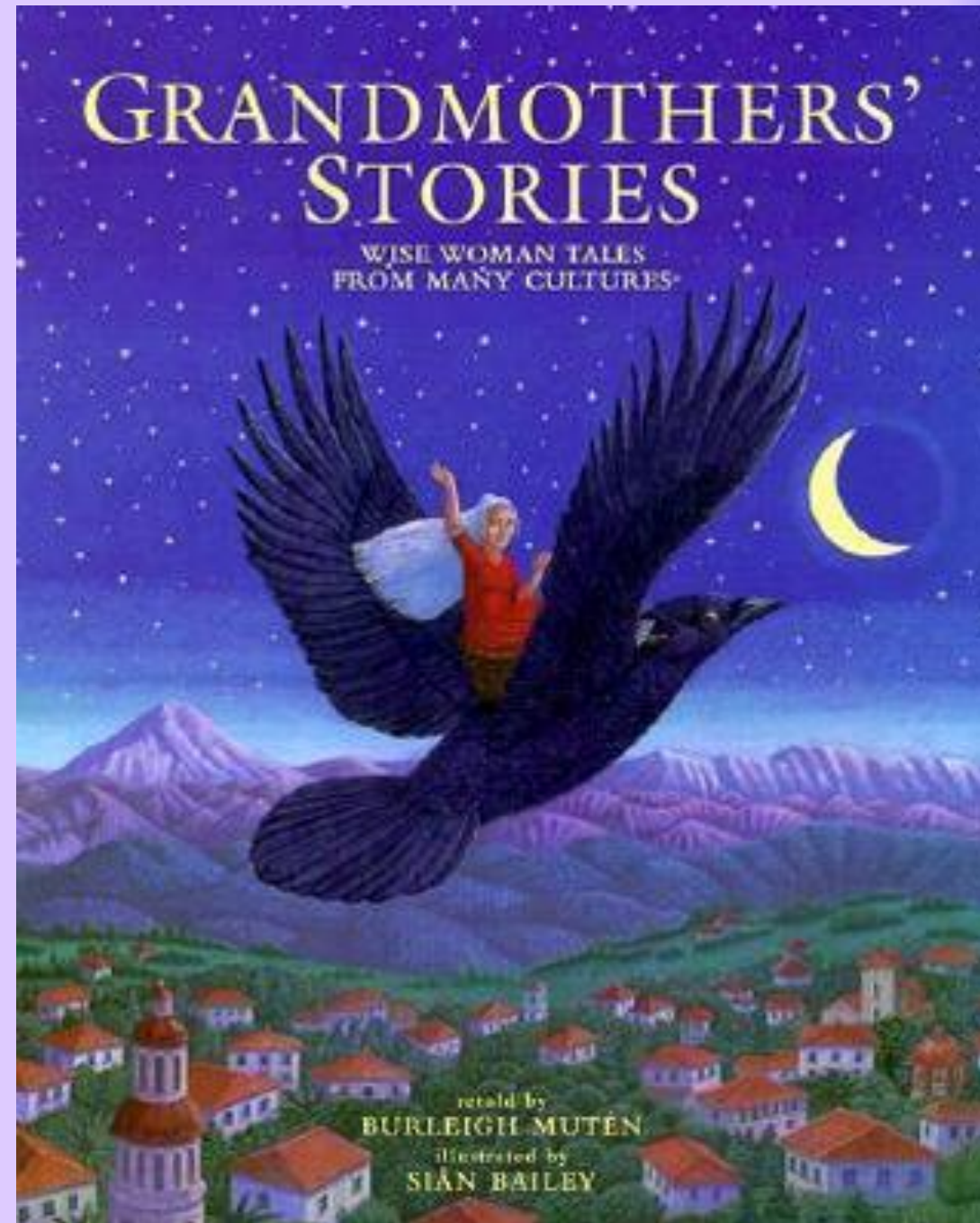
Release at the Crown Chakra

The Capricorn MetaGoddess is FREE to believe what is true in her heart. She hands her authority over to NO one.

Questions for Capricorn at the Crown Chakra:

To whom have I given the authority to create my life and my world and what would it take to free myself from that outside authority now?

Where have I given others the authority to limit my wiser than wise inner knowing and how do I actively reclaim this wisdom of how to get the best results with the least amount of effort?



Honoring the Crones

Dr. Clarissa Pinkola Estés



Born January 27, 1945, now in her **seventies**, is an **American poet, psychoanalyst and post-trauma specialist**. She is a first-generation American who grew up in a rural village, near the Great Lakes.

She is Mestiza Latina [Native American/Mexican-Spanish] who was raised in the now vanished oral tradition of her war-torn immigrant, refugee families who could not read nor write, or did so haltingly, and for whom English was their third language overlying their ancient natal languages. As an older child she was adopted into an immigrant and refugee family of majority Magyar and minority Danau Swabian tribal people.

Her families were wise in the ways of nature, planting, animals, making everything from scratch, from shoes to songs. Thus, she was raised immersed in the oral tradition of old mythos and stories, songs and chants, dances and ancient healing ways. Her writing is deeply influenced by her family people who were hands-on farmers, shepherds, hopsmeisters, wheelwrights, weavers, orchardists, tailors, cabinet makers, lacemakers, knitters, horsemen and horsewomen from their Old Countries.

Dr. Clarissa Pinkola Estés

As a post-trauma specialist, Estés began her work in the 1960s where she was honored to work with WWI, WWII, Korean and Vietnam combat soldiers who were living with quadriplegia.

She has worked with severely injured 'cast-away' children, war veterans with PTSD, and their families. She began working in prisons in the early 1970s. Estés ministers in the fields of childbearing loss, surviving families of murder victims, as well as critical incident work. She has served at natural disaster sites.

She developed a Post-Trauma Recovery Protocol that is used across the world to deputize citizen-helpers to carry on post-trauma work on-site at many disasters, for the months and years yet to come, after first-responders have moved on.

She served Columbine High School and community after the massacre, 1999-2003. She continues to work with 9-11 survivors and families on both east and west coasts.

She is the first recipient of the Joseph Campbell Keeper of the Lore Award for her work as La Cantadora.

Clarissa Pinkola Estés, PhD



the Power of the Crone

Myths & Stories of the Wise Woman Archetype

Clarissa Pinkola Estés, PhD



THE DANGEROUS OLD WOMAN / VOLUME V

How to Be an Elder

Myths & Stories of the Wise Woman Archetype

Crone Wisdom of Dr. Estés

She marches to her own drummer and encourages us all to do the same.

She has created her own unique path in the world.

She carries the ancient oral traditions, practically lost, forward. Many of her books are solely available as audiobooks.

Quotes

- **“To be ourselves causes us to be exiled by many others, and yet to comply with what others want causes us to be exiled from ourselves.”**
- **“If you have never been called a defiant, incorrigible, impossible woman, have faith, there is yet time.”**
- **“The real miracle of individuation and reclamation of the Wild Woman is that we all begin the process before we are ready, before we are strong enough, before we know enough; we begin in a dialogue with thoughts and feelings that both tickle and thunder within us. We respond before we know how to speak the language, before we know all the answers, and before we know exactly to whom we are speaking.”**

Clarissa Pinkola Estés, PhD



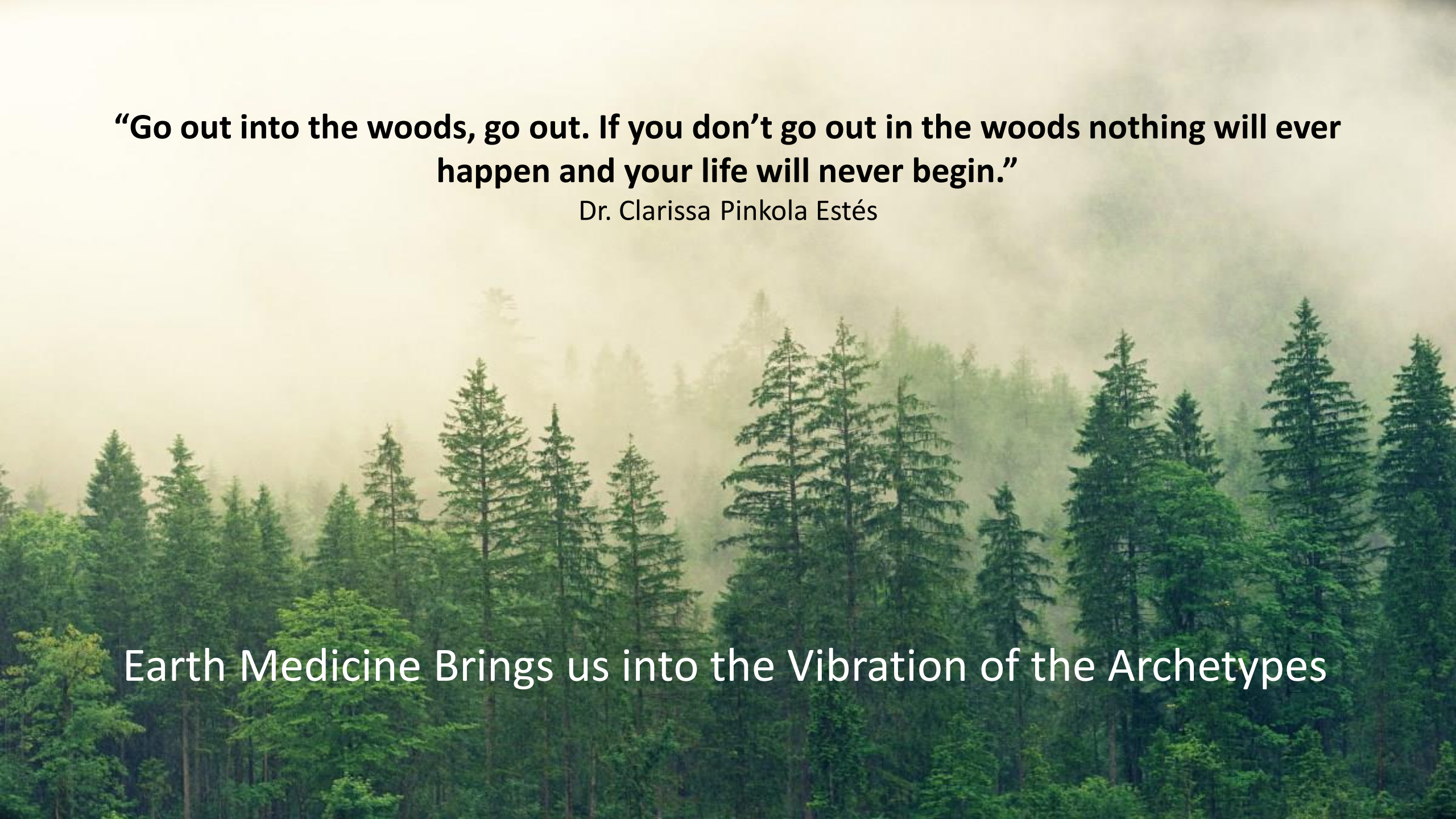
The Dangerous
Old Woman

Myths & Stories of the Wise Woman Archetype

SEEING *in the* DARK
CLARISSA PINKOLA ESTÉS, PHD



MYTHS & STORIES TO RECLAIM
THE BURIED KNOWING WOMAN

A misty forest of tall evergreen trees, likely spruce or fir, with a soft, hazy atmosphere. The trees are densely packed and their tops are partially obscured by the mist. The overall tone is serene and natural.

“Go out into the woods, go out. If you don’t go out in the woods nothing will ever happen and your life will never begin.”

Dr. Clarissa Pinkola Estés

Earth Medicine Brings us into the Vibration of the Archetypes

Sacred Aromatherapy for Capricorn



White Pine



Crones are not only human
Trees teach us the Ancient Earth Wisdom

Essences are the consciousness & the medicine of the Plants & Trees
They bring us into the vibration of the Earth
Plants are the original medicine of the Earth

Birch

Home Play

Deepening Practices

- **Venus Altar and Venus Journal**
- **See if you can see Venus with Moon and Mars Jan 28, 29 30**
- **Morning Star Buddy Check-In – add info by Feb 1**
- **Ceremony With Venus & Moon in Morning Sky**
- **Listen to Guided Journeys and Meditations most especially the Crown Chakra Release**
- **Introduce yourself (if you haven't already) on Facebook or send us an email and we will post it for you.**

Name

What Brought Me To This Venus Class

What My Intent IS For This Cycle



The Capricorn Meta-Goddess Venus Cycle

January 14, 2022 to August 18, 2023

Venus Rises as a Morning Star every 584 Days and begins a new 19 month Cycle. Prior to her Morning Star Rise **Venus stations retrograde** in the evening sky on Dec 19, 2021 at 26 Cap 29 very near Pluto at 25 Cap 33.

Venus then disappears from the evening sky on Jan 02, 2022 at 22 Capricorn 22 dropping into the Metamorphic Underworld. Venus Spends 40 Days retrograde moving from evening star to morning star.

Retrograde Venus conjuncts the Sun Jan 08, 2020 at 19 Capricorn and a few days later rises as a Morning Star Jan 14, 2022 at 15 Capricorn 04 beginning a new 584 day cycle. **Venus stations direct** on Jan 29, 2022 at 11 Capricorn.

Venus spends 260 Days as a Morning Star beginning her descent into the underworld as she stations direct, meeting with the waning Moon 7 times (sometimes 8) going through these gates into the underworld. At each Gate Inanna gives up a vestment associated with the 7 (or 8) chakras releasing any distortions linked with these chakra energies.

Gate 1 – Crown Chakra - The Gate of Authority (removing her crown)

Jan 29, 2022 at 11 Capricorn

Gate 2 – Brow Chakra - The Gate of Perception (removing her royal staff)

Feb 27, 2022 at 06 Capricorn

Maximum Elongation

Mar 20, 2022 at 14 Aquarius

This document on the Main Class Page is designed to help you track this Venus Cycle

Additional Information And Resources

Be sure to add infovenusalchemy@gmail.com to your friends list so class emails don't land in your spam box.

Astrolabe - Cast a FREE Natal Chart

<http://alabe.com/freechart/>

Watch the Current Wise Crone Video and other Bonus Videos on the main class page.

Venus Bonus Package <https://venusalchemy.com/venus-overview/> Password to Access the Page **VenusMagic8x8**

NEW Venus Study Groups with Sheridan: sheridansemples.com

Please do not share any of the Content in this Series with anyone outside of the Class

