

Chakra	Crystals	Aromatherapy
Soul Star	White Selenite, Satin Spar, Clear Quartz Crystal, Kyanite, Tanzanite	All Whites: White Pine, White Sage, White Lotus, White Fir, White Spruce
Crown	Amethyst, Tanzanite, Diamond, Sugilite, Purple Fluorite, Clear Quartz Crystal, Selenite, Moonstone, Kyanite	Frankincense, Lavender Highland, Myrrh, Neroli, Tansy, Spikenard, Jasmine
Third Eye	Labradorite, Clear Quartz, Lapis Lazuli, Selenite, Amethyst, Purple Fluorite, Sodalite	Juniper, Angelica, Violet, Elemi, Palo Santo, Sandalwood, Frankincense, Peppermint, Rosemary, Artemisia Vulgaris
Throat	Blue Sapphire, Aquamarine, Blue Turquoise, Chrysocolla, Blue Topaz	Blue Cypress, Laurel Leaf, Eucalyptus Blue Gum, Eucalyptus Blue Mallee, Blue Spruce, Blue Tansy, Blue Chamomile, Yarrow, Nerolina, Niaouli MQV
Heart	Emerald, Jade, Green Tourmaline, Malachite, Peridot, Aventurine, Moss Agate, Green Jasper, Rose Quartz, Rhodochrosite	Cardamom Green, Hyssop, Ylang Ylang, Geranium, Goldenrod, Palmarosa, Rose, Rosewood, Pinon Pine, Magnolia, Rhododendron, Buddha Wood
Solar Plexus	Yellow Citrine, Topaz, Jasper Tigers Eye, Sunstone, Amber, Yellow Tourmaline	Bergamot, Ylang Ylang, Cistus, Ginger, Lemongrass, Lemon, Cedarwood Himalayan, Petitgrains
Sacral	Amber, Orange Calcite, Orange Kyanite, Orange Carnelian, Citrine, Golden Topaz, Rutilated Quartz	Clary Sage, Orange, Patchouli, Rosemary, Tangerine, Turmeric, True Sage, Tea Tree, Davana, Roman Chamomile, Firs
Root	Ruby, Garnet, Bloodstone, Red Agate, Tiger's Eye, Hematite, Onyx, Smoky Quartz, Black Obsidian	Red Pine, Cinnamon, Clove, Red Thyme, Blood Orange, Red Spruce, Patchouli, Spikenard, Vetiver,
Earth Star	Black Kyanite, Moss Agate, Pyrite, Hematite, Aragonite, Elestial Quartz, Ruby, Garnet, Bloodstone, Obsidian	All Blacks: Black Cumin, Black Spruce, Cade, Black Cardamom, Black Pepper, Black Pine