



**Venus Alchemy  
Capricorn  
Morning Star**

**4<sup>th</sup> Chakra 4th Gate  
Releasing Distortions and Blocks  
Around Our Hearts and Ability to Love  
with Cayelin K Castell and Sheridan Semple**

# Charge of the Crone (author unknown)

Hear the words of the Dark Goddess who stands within the crossroads,  
whose torch illuminates the underworld:

I am the Queen of Magic and the Dark of the Moon, hidden in the deepest night.

I am the mystery of the Otherworld and the fear that coils about your heart in the  
time of your trials.

I am the soul of nature that gives form to the universe; it is I who await you at the end  
of the spiral dance.

Most ancient among gods and mortals, let my worship be within the heart that has  
truly tasted life, for behold all acts of magic and art are my pleasure and my greatest  
ritual is love itself.

Therefore, let there be beauty in your strength, compassion in your wrath, power in  
your humility, and discipline balanced through mirth and reverence.

You who seek to remove my veil and behold my true face, know that all your  
questioning and efforts are for nothing, and all your lust and desires shall avail you  
not at all. For unless you know my mystery, look wherever you will outside yourself  
and it will allude you, for it is within you and nowhere else.

For behold, I have been with you, from the very beginning, the comforting hand that  
nurtured you in the dawn of life, and the loving embrace that awaits you at the end of  
each life, for I am ALL that is attained at the end of the dance, and I am the womb of  
the new beginnings, as yet unimagined and unknown.



[By AmberCrystalElf](#)



# Grandmother Goddess Prayer

Invoking Divine Feminine Love and Compassion

Beloved Grandmother Goddess of Great Wisdom and Compassion,  
Nurturing Our Hearts with your wise ways, Filled with Loving Kindness and Caring,  
Guide me to Face And Release Any Fear that I am not Loved or worthy of Love  
Guide me to Find Strength and Courage to Live My Life From Pure Divine Love  
First for myself and then radiating my pure divine love to others  
As I Wisely engage the Path of the Heart Guided by the Super Conductive Power of Love

O Powerful and Triumphant Goddess of Magic and Miracles,  
Filled with the Wisdom and Mystery Inspired by Love  
Beloved, Courageous and Mighty in Your Great Love For All

By Means of Your Loving Wisdom - Restore Me to Wholeness  
Guide Me to Release all that stands in my way  
Of Loving Myself More Authentically, More Confidently, More Sincerely

Guide Me to Experience the Full Ecstasy of Love  
So that I Find My Personal Strength in the Power of Love  
Guide Me to Be Kind, Caring, Just and Forgiving  
Toward Myself and Others  
So that I Miraculously Live the Magic of Love Now!

I give thanks that this is Done, this is So and So it IS! Blessed Be...

©Venus Alchemy



# Overview

Connection Groups

Sky Magic

Capricorn Meta Goddess – Pisces & Aries

HSP – Highly Sensitive People

Heart Magic and Honoring the Crones

Plant Spirit Medicine

Home Play - Deepening Exercises

Ceremonial Magic and Activation

Q and A







# Connection Groups

## Guidelines

**Joining the Session is Optional**

**Purpose is to foster community, connection and offer mutual support**

**We are here to listen and be heard  
(please, no cross talking or interrupting)**

**We are not here to fix or judge – just listen**

**Give everyone an opportunity to share  
(be mindful of the time)**

**Feel free to continue the conversation by mutual agreement via personal messaging after the class**

# Connecting Conversation

Start with Your Name

Where You are From

Suggested Topics:

- What has been your experience with the Throat Chakra Gate?
- How is the Crone showing up in your life?
- What are your intentions for the Heart Chakra Gate?



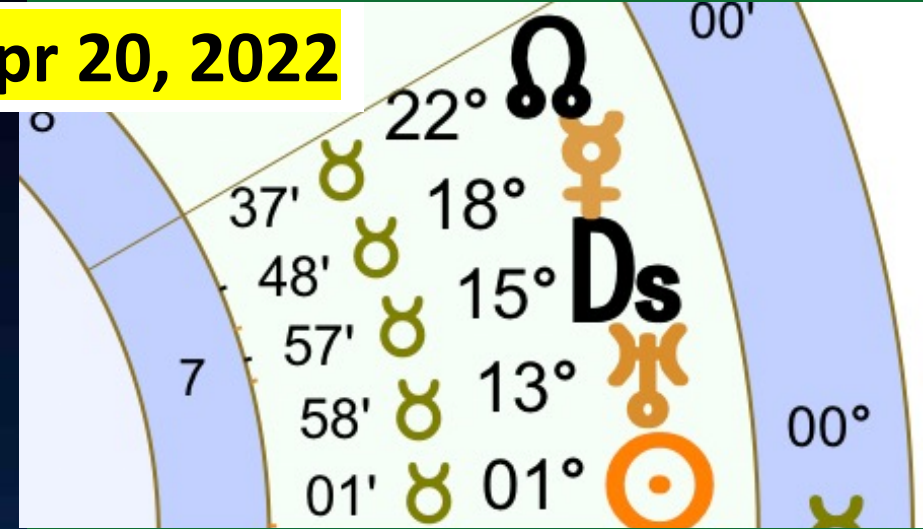


# Late April 2022

## 40 minutes after Sunset

Mercury Passing the  
Pleiades in the evening sky  
2 times in 10 days  
due to the Retrograde

Apr 20, 2022

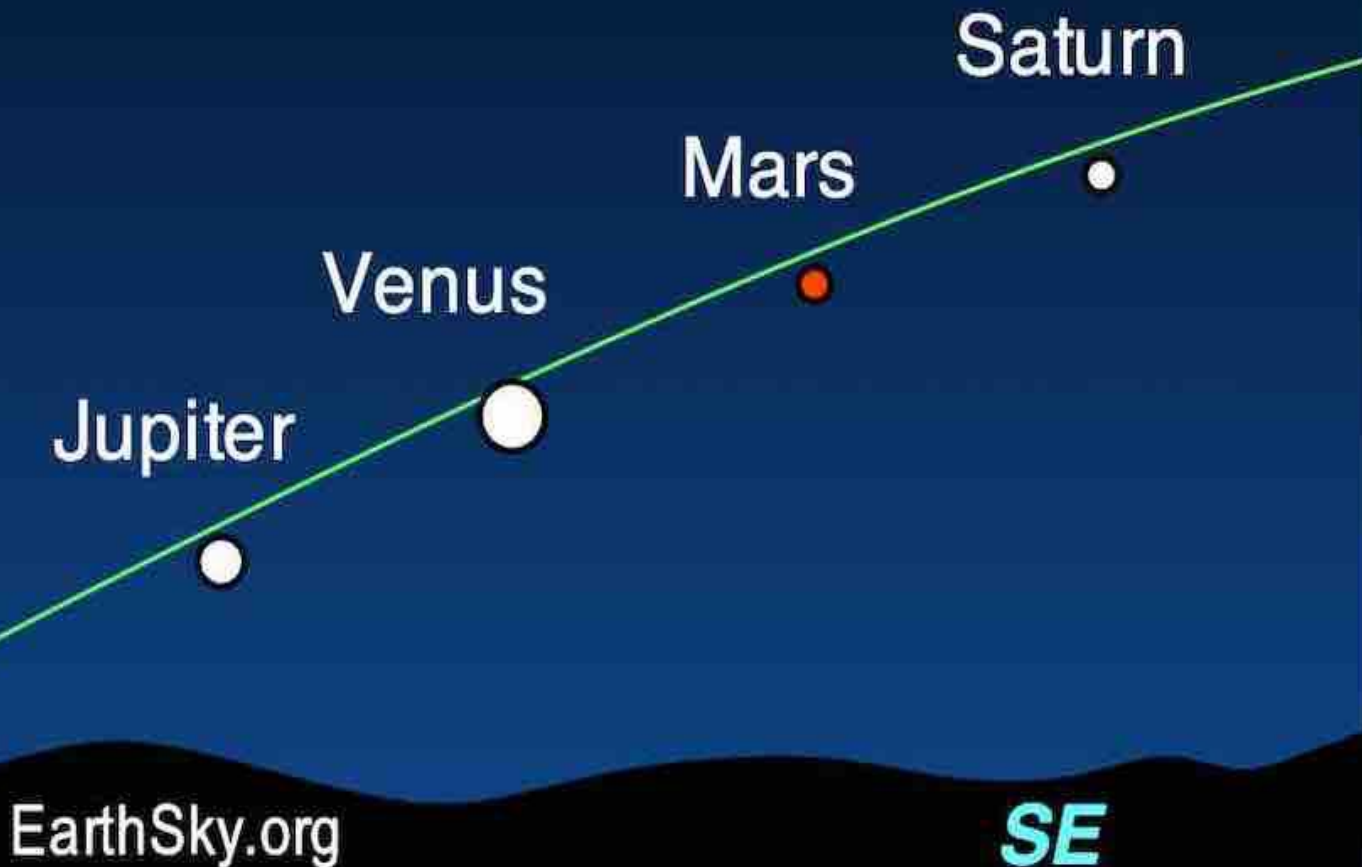


Apr 30, 2022

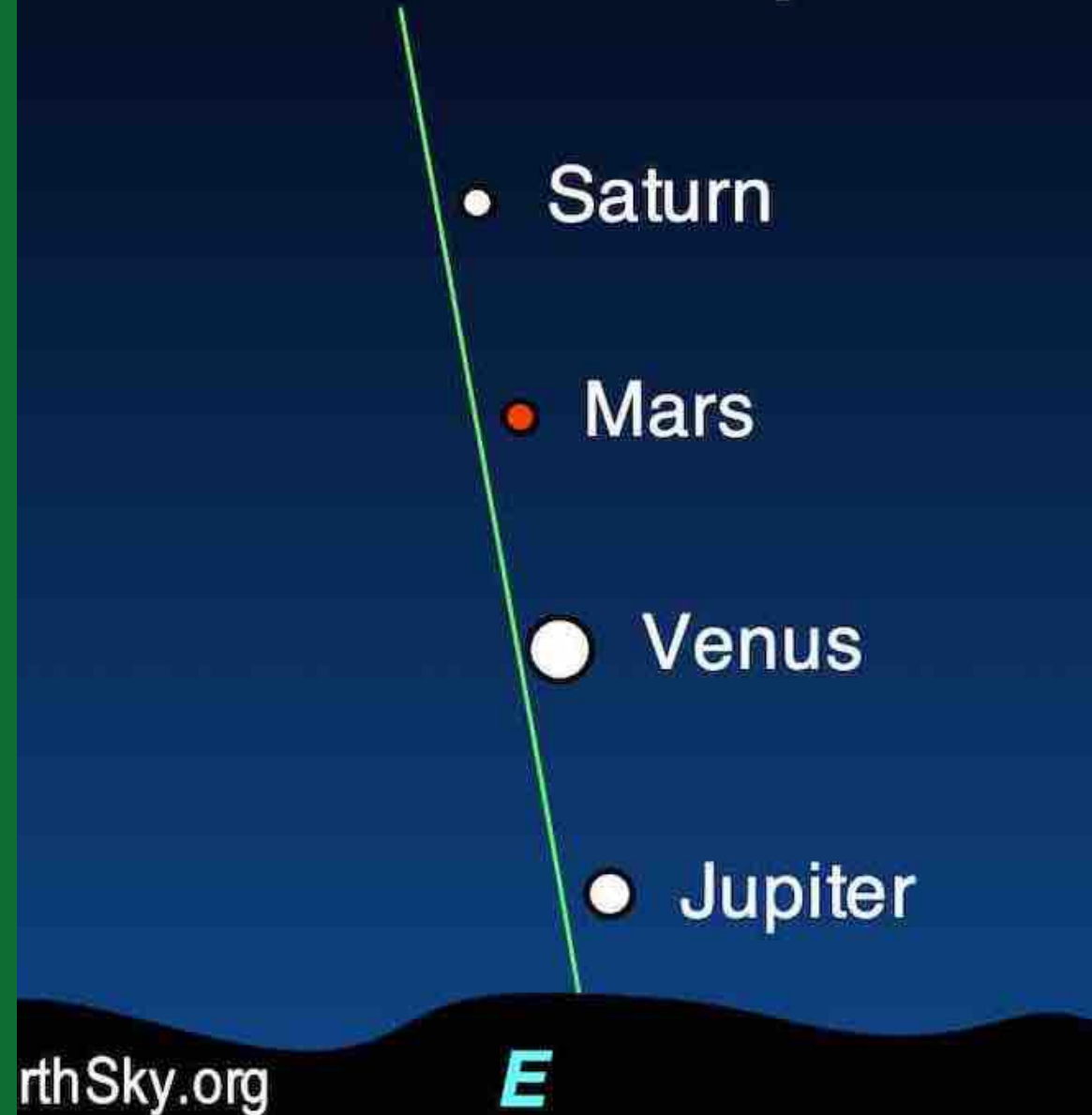


Apr 30  
"Pleiades"  
Mercury  
Apr 20

# April 2022, Before Sunrise Northern Hemisphere

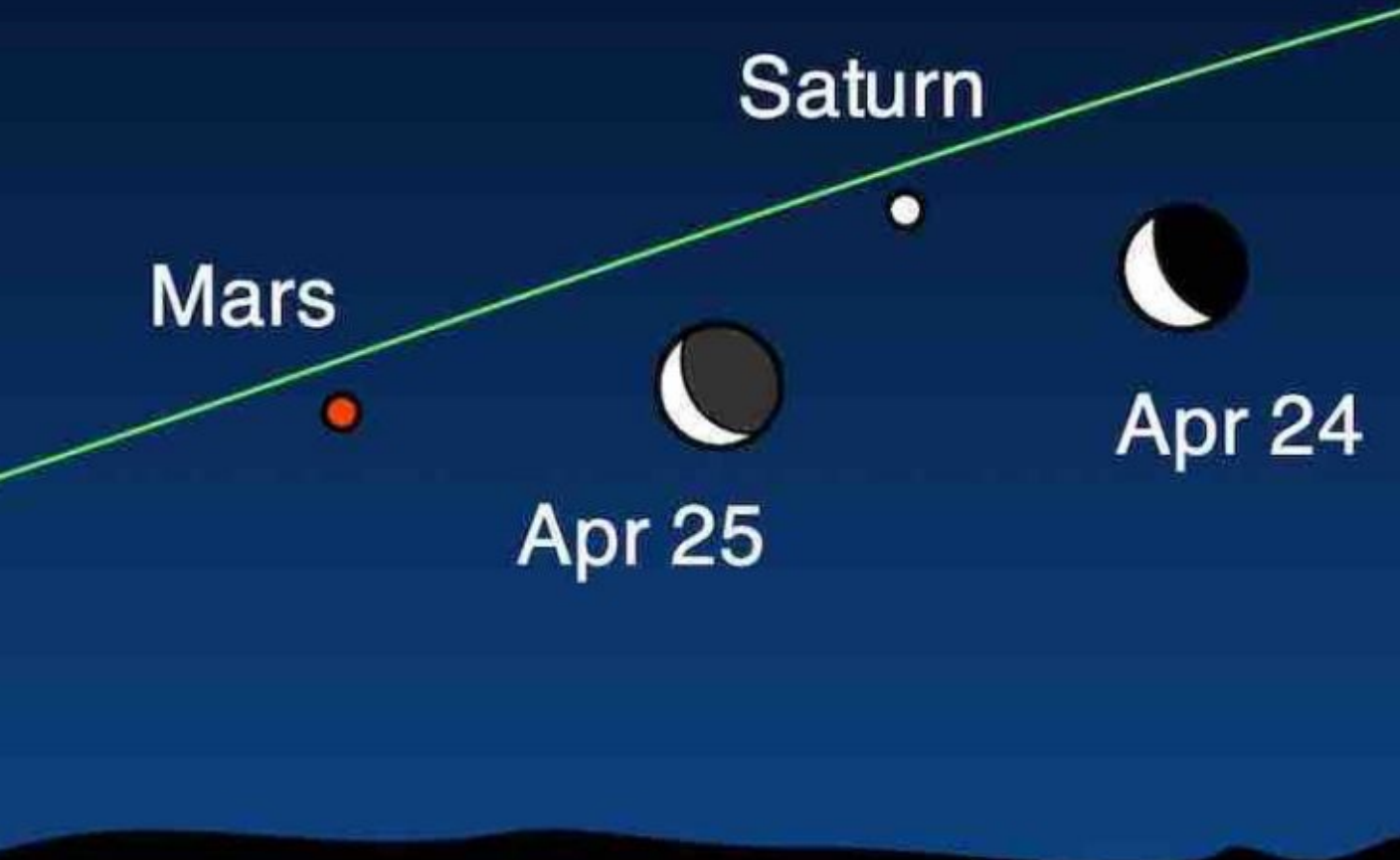


# April 2022, Before Sunrise Southern Hemisphere





# April 24 and 25, 2022, Before Sunrise



Mars

Saturn

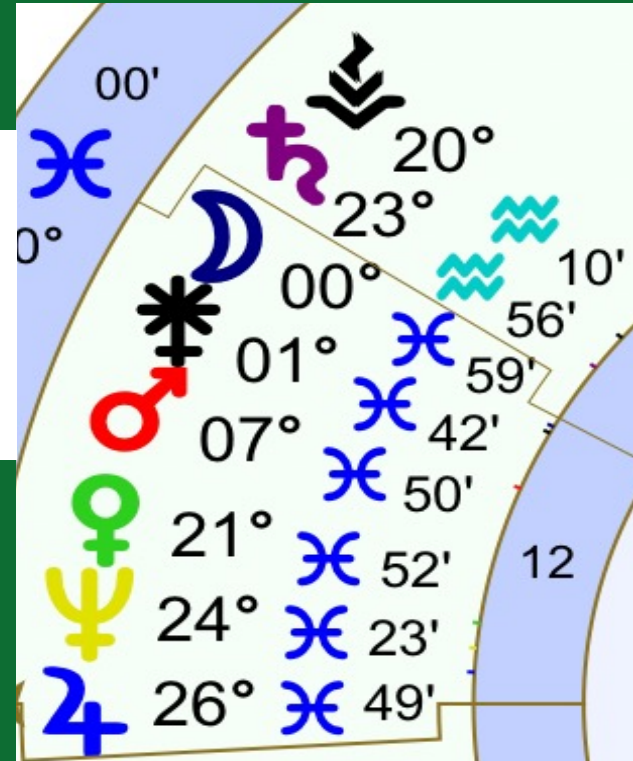
Apr 24

Apr 25

Apr 24, 2022  
Around 5 am  
Pacific Time  
Moon in Aquarius



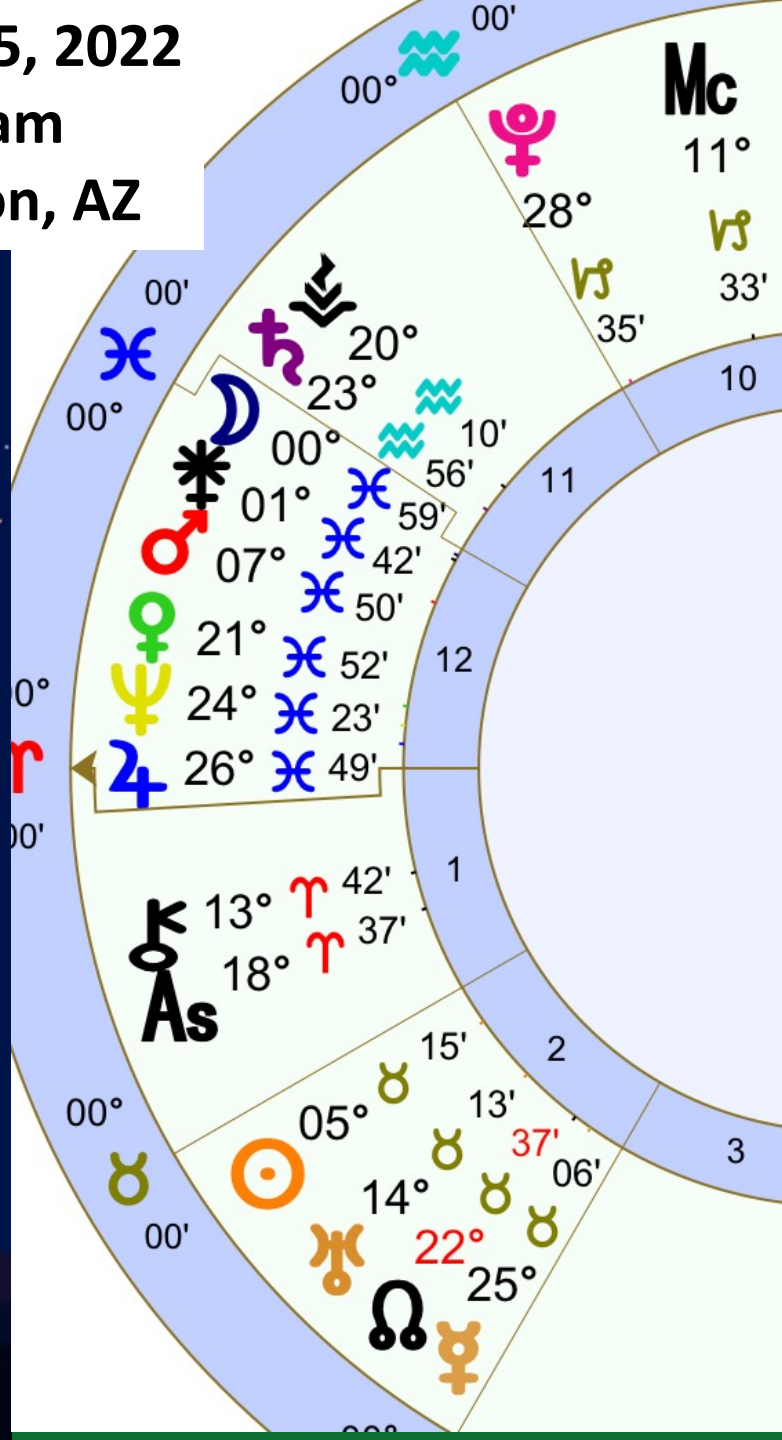
Apr 25, 2022  
Around 5 am  
Pacific Time  
Moon in Pisces





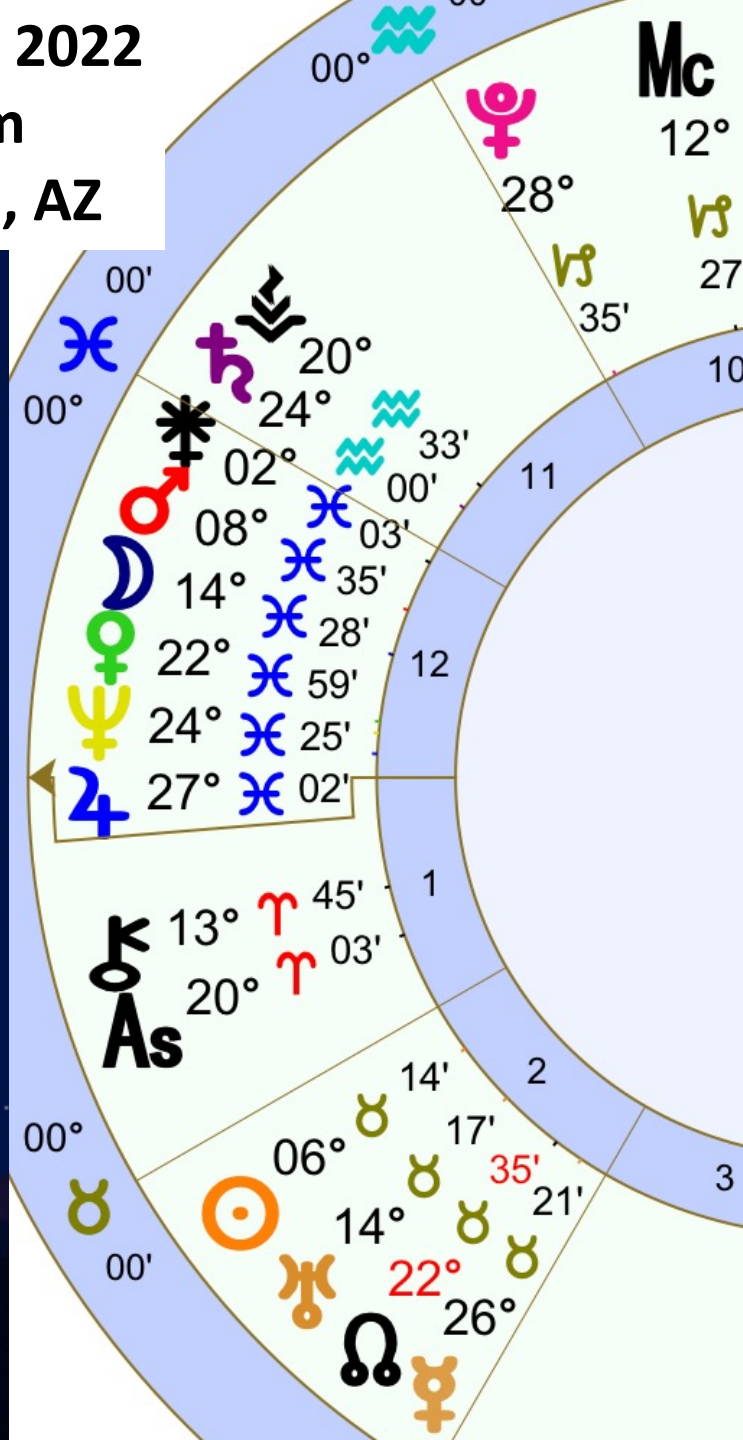


April 25, 2022  
5 am  
Tucson, AZ





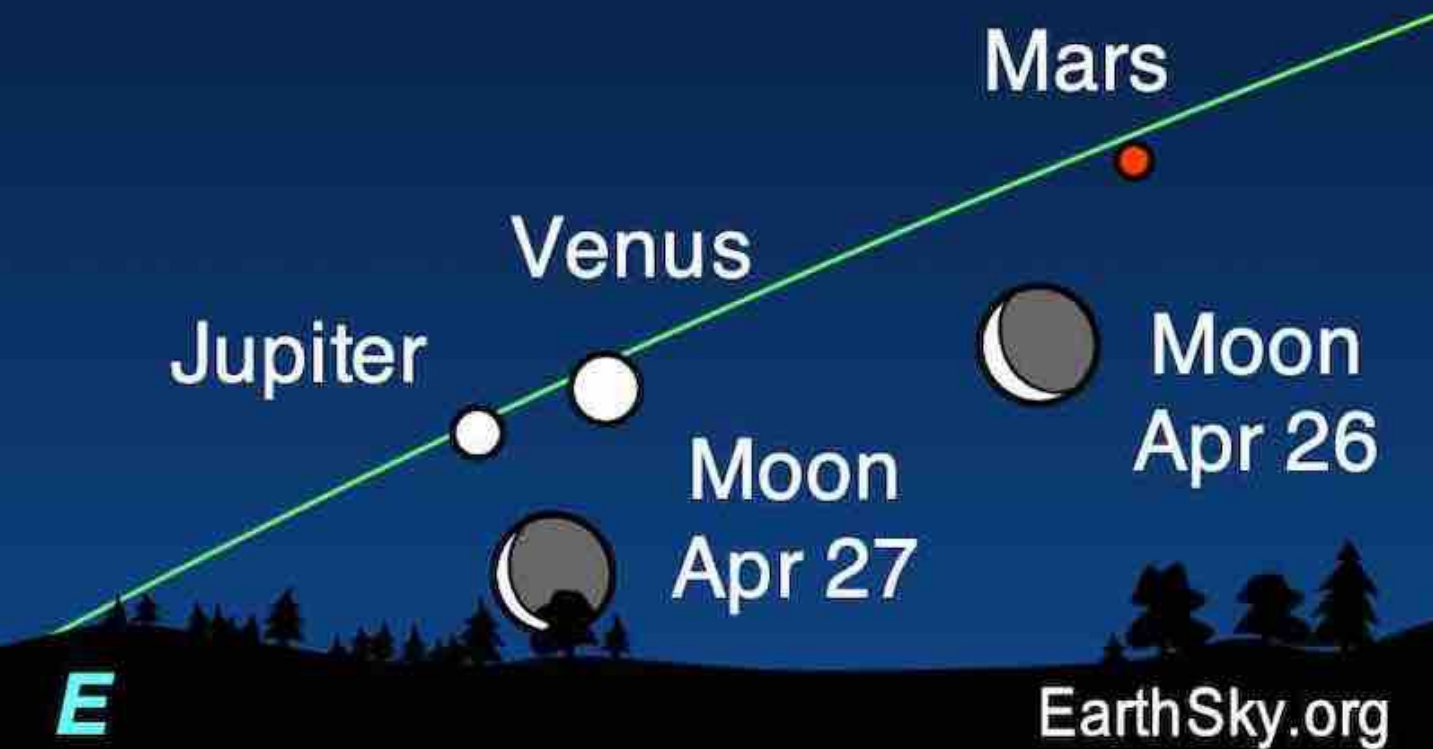
April 26, 2022  
 5 am  
 Tucson, AZ



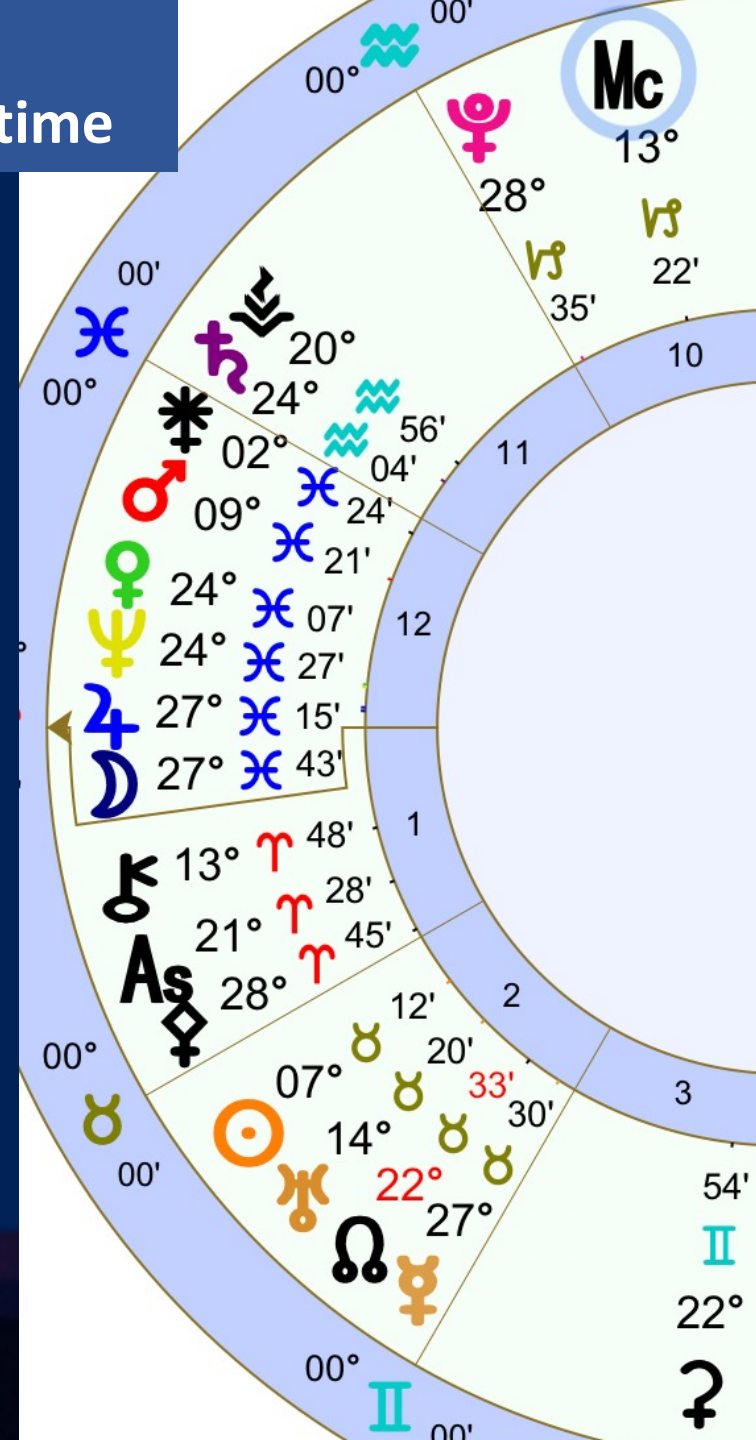
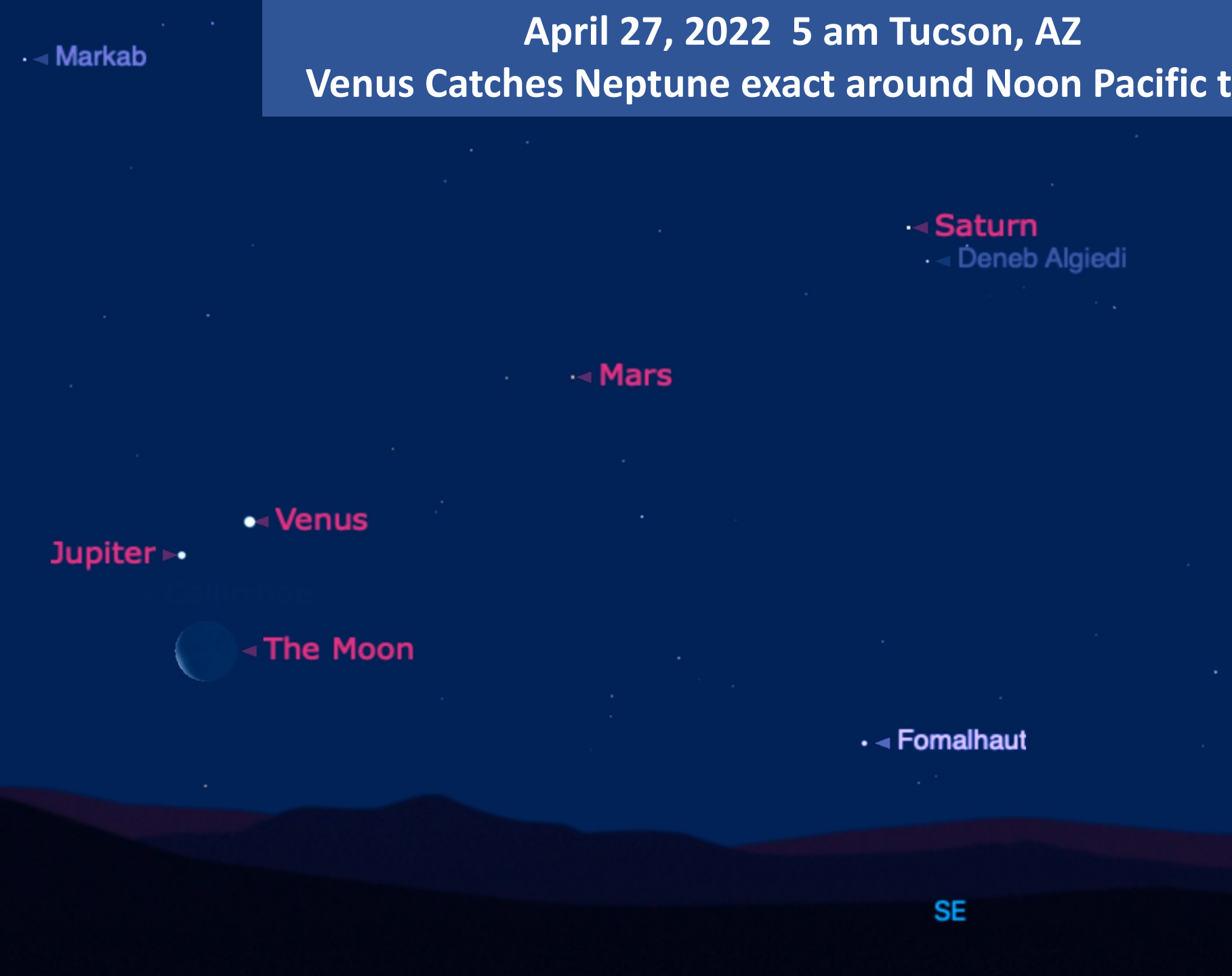


# Late April, Before Sunrise

April 26, 2022  
5 AM  
Pacific Time



April 27, 2022 5 am Tucson, AZ  
Venus Catches Neptune exact around Noon Pacific time





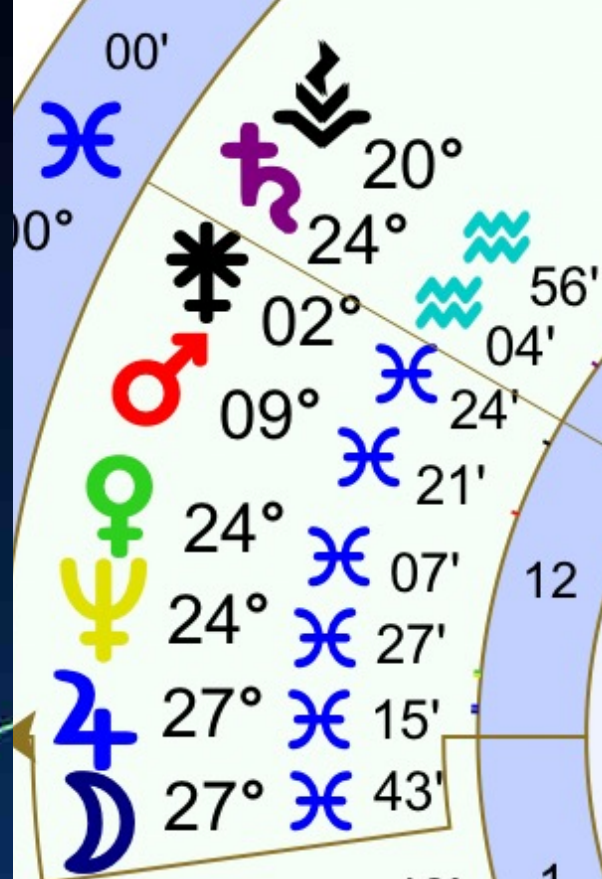


# Late April & Early May, Before Sunrise

Jupiter, Apr 30  
Jupiter, Venus  
Jupiter, May 1

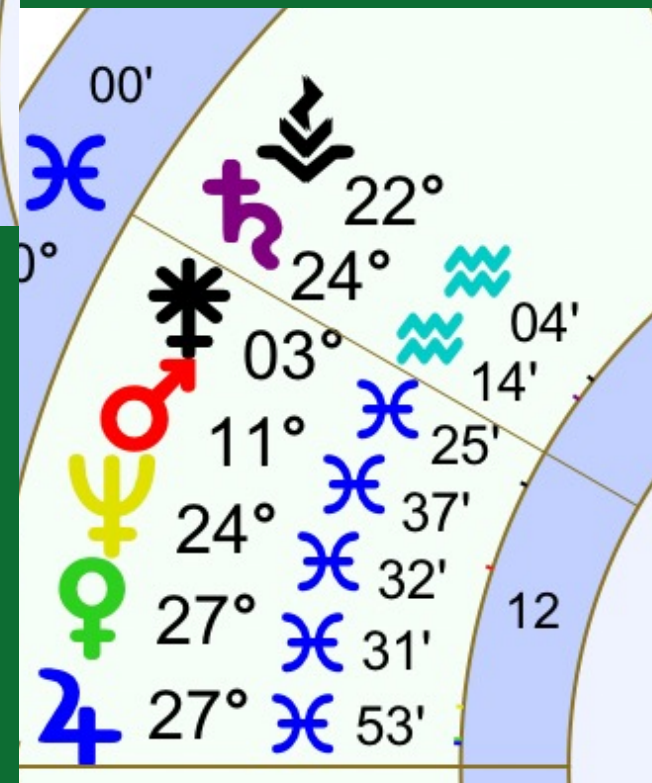
Moon, Apr 27

Mars



April 27  
Venus, Neptune  
And  
Jupiter, Moon

April 30  
May 01  
Venus &  
Jupiter trade  
places







Apr 30

Solar Eclipse  
(Partial)

South/West South America,  
Pacific, Atlantic, Antarctica



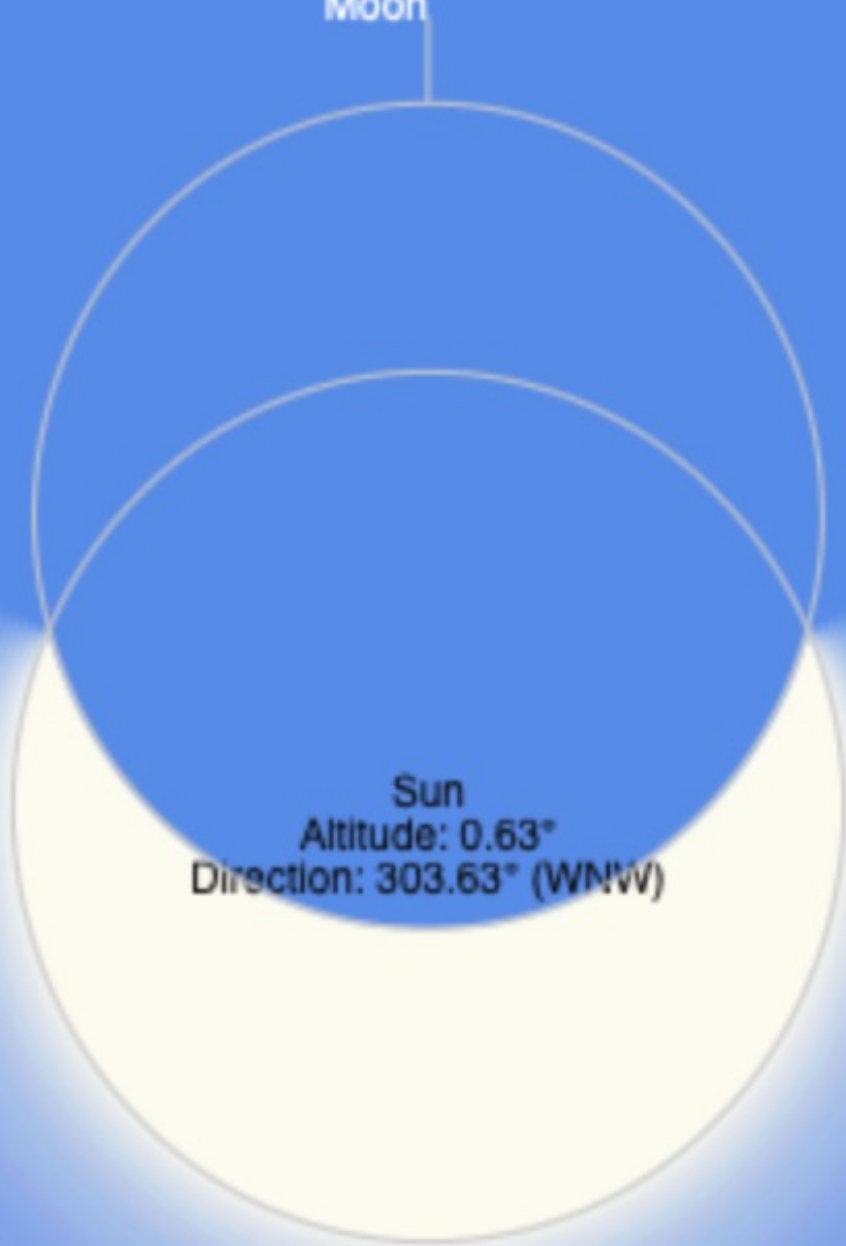
<https://www.timeanddate.com/eclipse/solar/2022-april-30>

## When the Eclipse Happens Worldwide — Timeline

The eclipse starts at one location and ends at another. The times below are actual times (in UTC) when the eclipse occurs.

Event	UTC Time	Time in Tucson*
First location to see the partial eclipse begin	Apr 30 at 18:45:19	Apr 30 at 11:45:19 am
Maximum Eclipse	Apr 30 at 20:41:37	Apr 30 at 1:41:37 pm
Last location to see the partial eclipse end	Apr 30 at 22:37:56	Apr 30 at 3:37:56 pm

\* These local times do not refer to a specific location but indicate the beginning, peak, and end of the eclipse on a global scale, each line referring to a different location. Please note that the local times for Tucson are meant as a guideline in case you want to view the eclipse via a live webcam. They do not mean that the eclipse is necessarily visible there.



**Partial Solar  
Eclipse  
April 30,  
2022**

**The Sun and  
Moon  
create a  
Vesica Piscis  
symbolizing  
a portal to  
other  
dimensional  
realms and  
an  
intersecting  
Union  
between  
the Celestial  
& Earthly  
Realms**

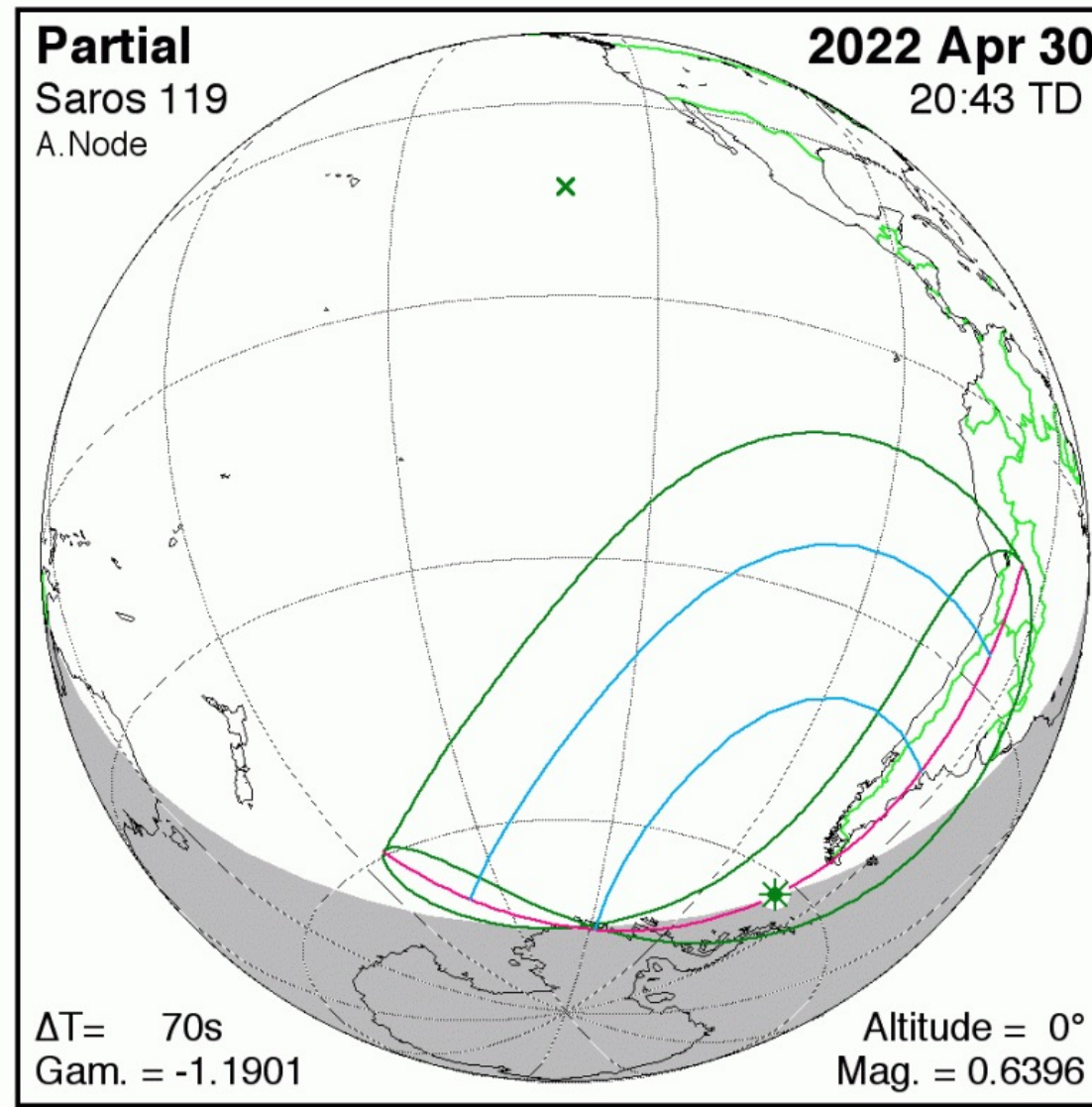
The modern cover of the Chalice Well in Glastonbury with an artistic rendering of the vesica piscis – similar to the eclipse image







The April 30, 2022, eclipse will be a partial, but deep, eclipse, visible from the southeast Pacific and South America exact New Moon is 1:28 pm Pacific.



*Thousand Year Canon of Solar Eclipses*  
©2014 by Fred Espenak

During the eclipse, the Sun and Moon are in the constellation of the Ram (a.k.a Aries)  
AND they are located in the seasonal sign of Taurus .

Around 6:00 pm  
Tucson time



Mercury  
Pleiades

Uranus

The Ram

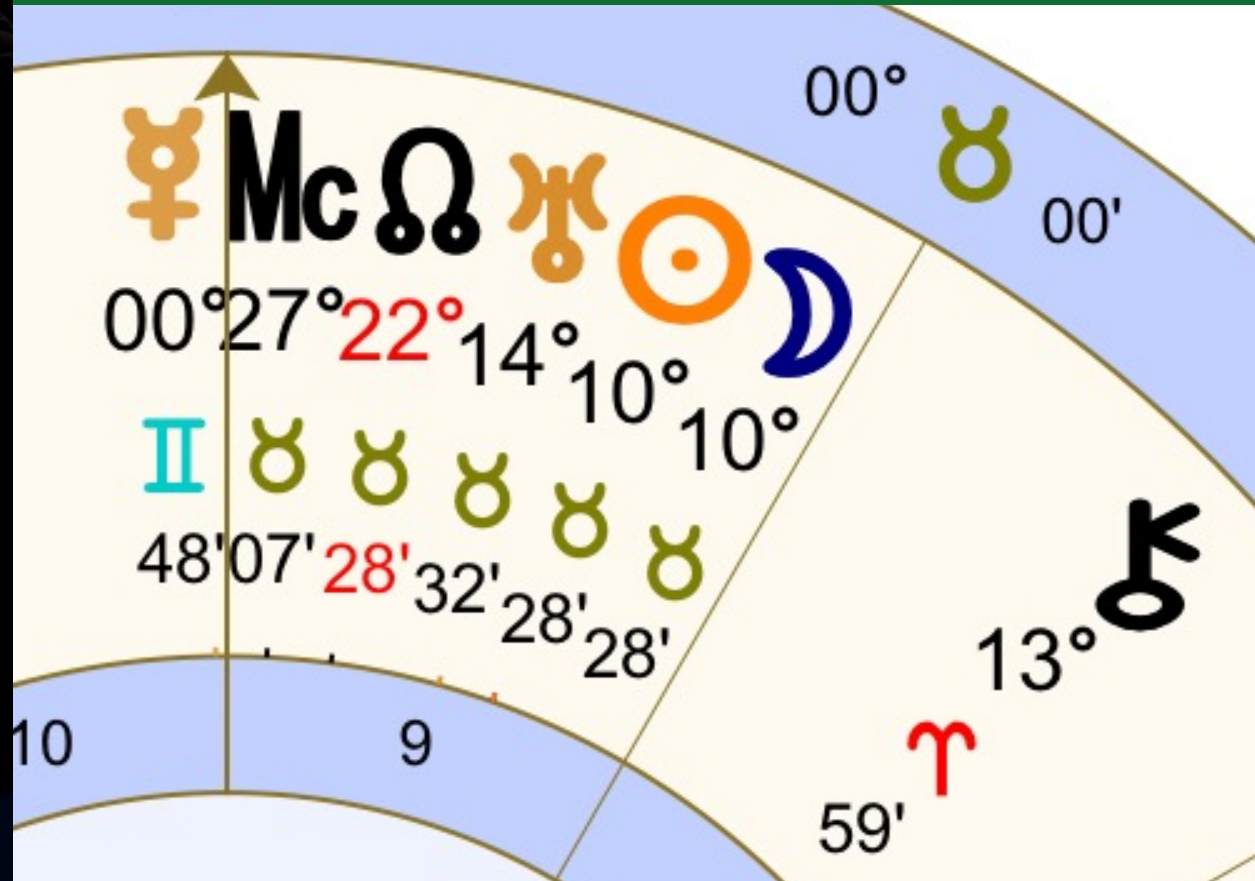
Sun

Hamal

The Moon

The Fish

April 30, 2022  
1:28 pm PDT Tucson, AZ  
Sun and Moon aligned with  
Hamal (8 Taurus) in the Ram







♄ Saturn  
♄ Deneb Algiedi

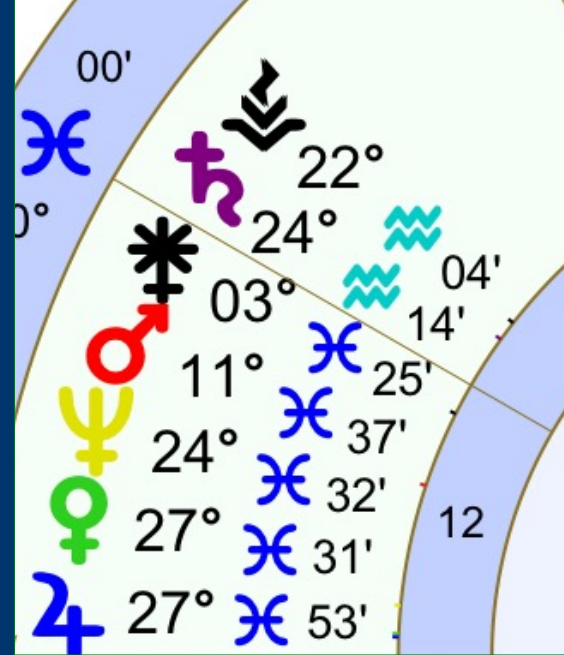
♂ Mars

♆ Neptune

♃ Jupiter ♀ Venus

♁ Fomalhaut

SE



April 30, 2022

5 am

Tucson, AZ

The exact Venus  
Jupiter conjunction is  
later in the day.

Plus later in the day is  
the Partial Solar  
Eclipse

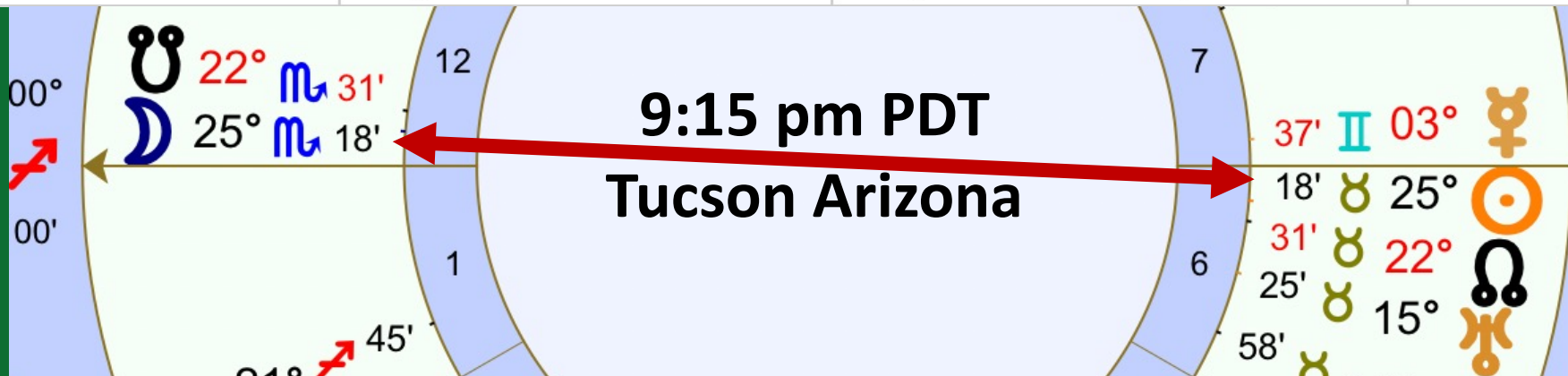
# Total Lunar Eclipse

<https://www.timeanddate.com/eclipse/lunar/2022-may-16>

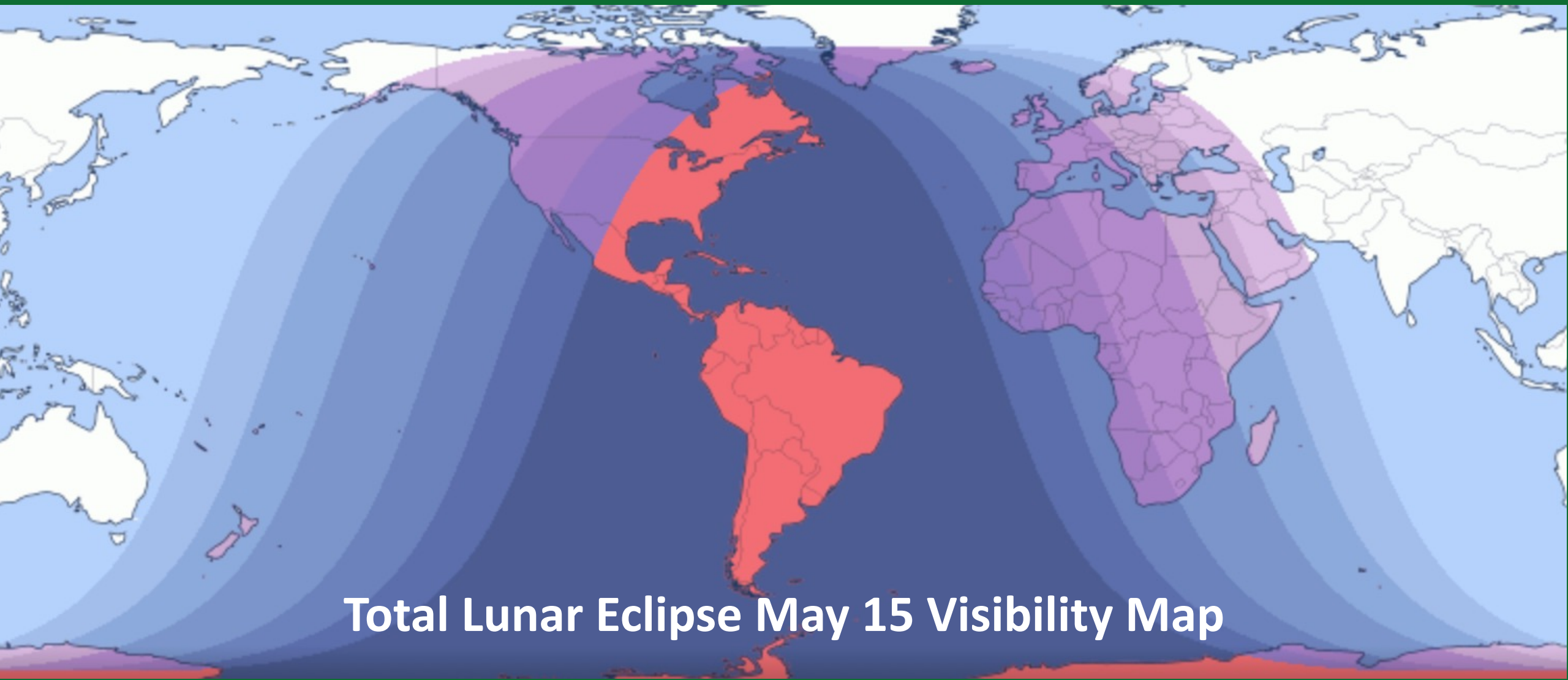
## When the Eclipse Happens Worldwide – Timeline

Lunar eclipses can be visible from everywhere on the night side of the Earth, if the sky is clear. From some places the entire eclipse will be visible, while in other areas the Moon will rise or set during the eclipse.

Event	UTC Time	Time in Tucson*	Visible in Tucson
Penumbral Eclipse begins	May 16 at 01:32:05	May 15 at 6:32:05 pm	No, below the horizon
Partial Eclipse begins	May 16 at 02:27:52	May 15 at 7:27:52 pm	Yes
Full Eclipse begins	May 16 at 03:29:03	May 15 at 8:29:03 pm	Yes
Maximum Eclipse	May 16 at 04:11:28	May 15 at 9:11:28 pm	Yes
Full Eclipse ends	May 16 at 04:53:55	May 15 at 9:53:55 pm	Yes
Partial Eclipse ends	May 16 at 05:55:07	May 15 at 10:55:07 pm	Yes
Penumbral Eclipse ends	May 16 at 06:50:49	May 15 at 11:50:49 pm	Yes







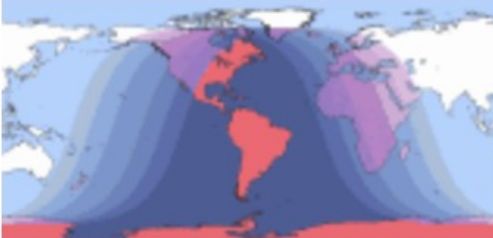
# Total Lunar Eclipse May 15 Visibility Map



May 15–16

Lunar Eclipse  
(Total)

South/West Europe, South/West Asia, Africa, Much of North America, South America, Pacific, Atlantic, Indian Ocean, Antarctica



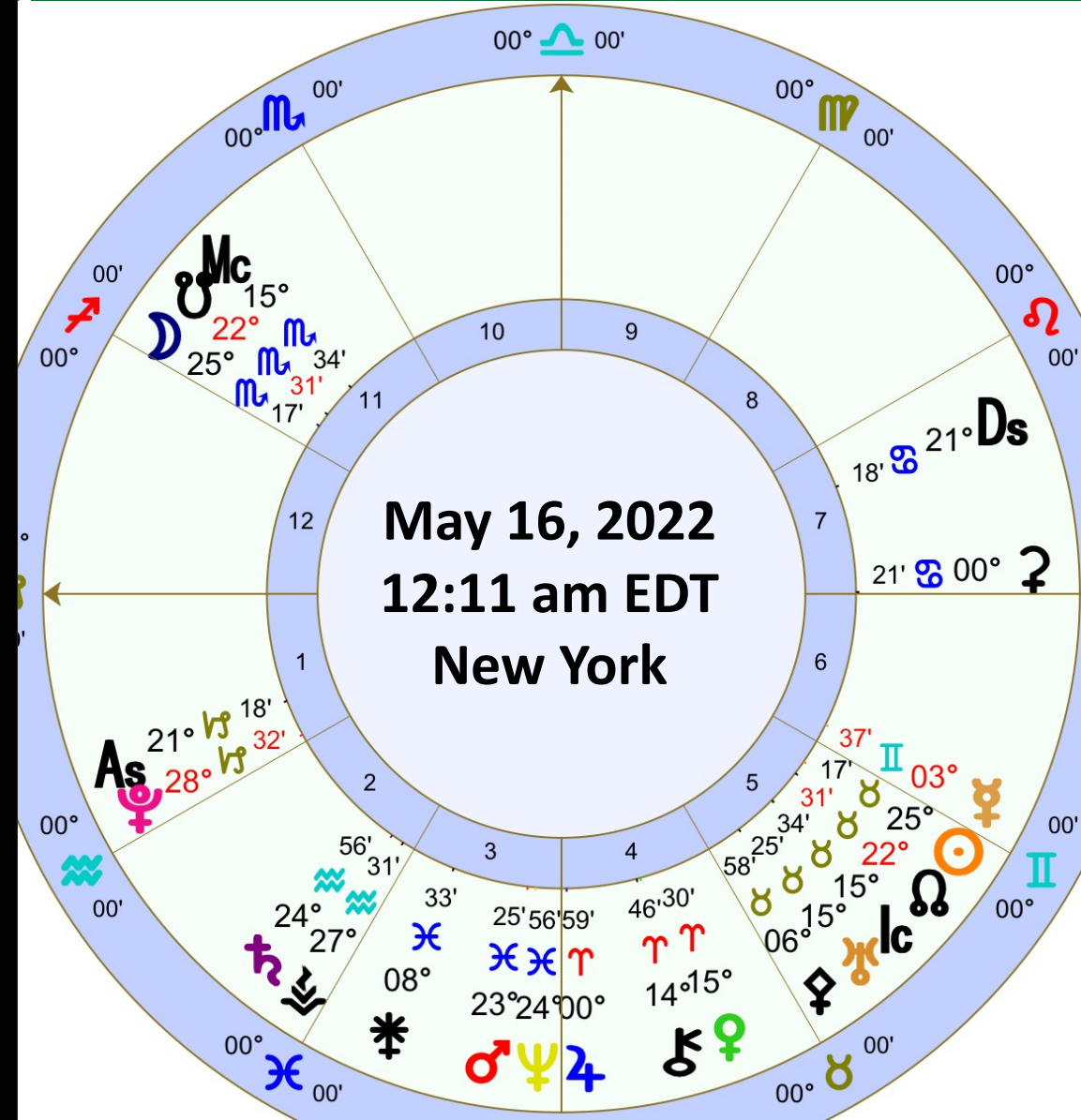
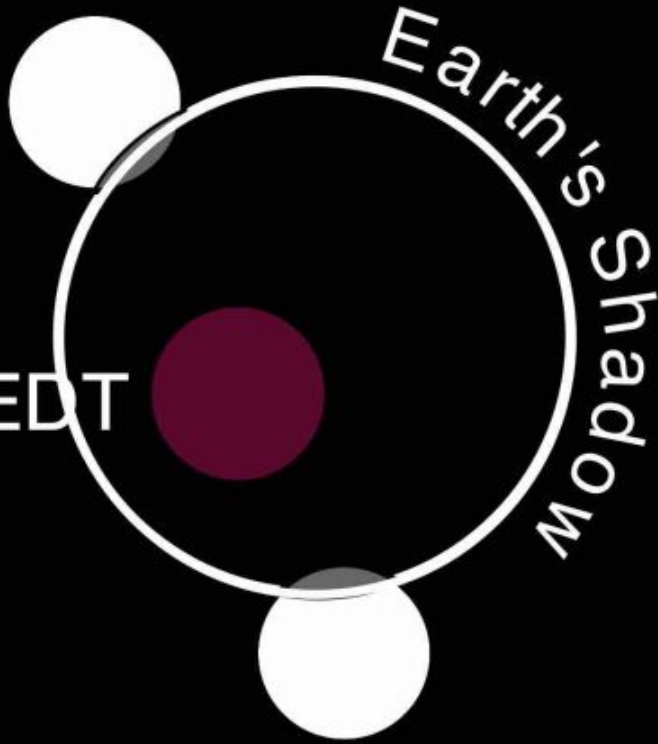
1:55 a.m. EDT

12:11 a.m. EDT

10:28 p.m. EDT

May 15-16

Total Eclipse of the Moon

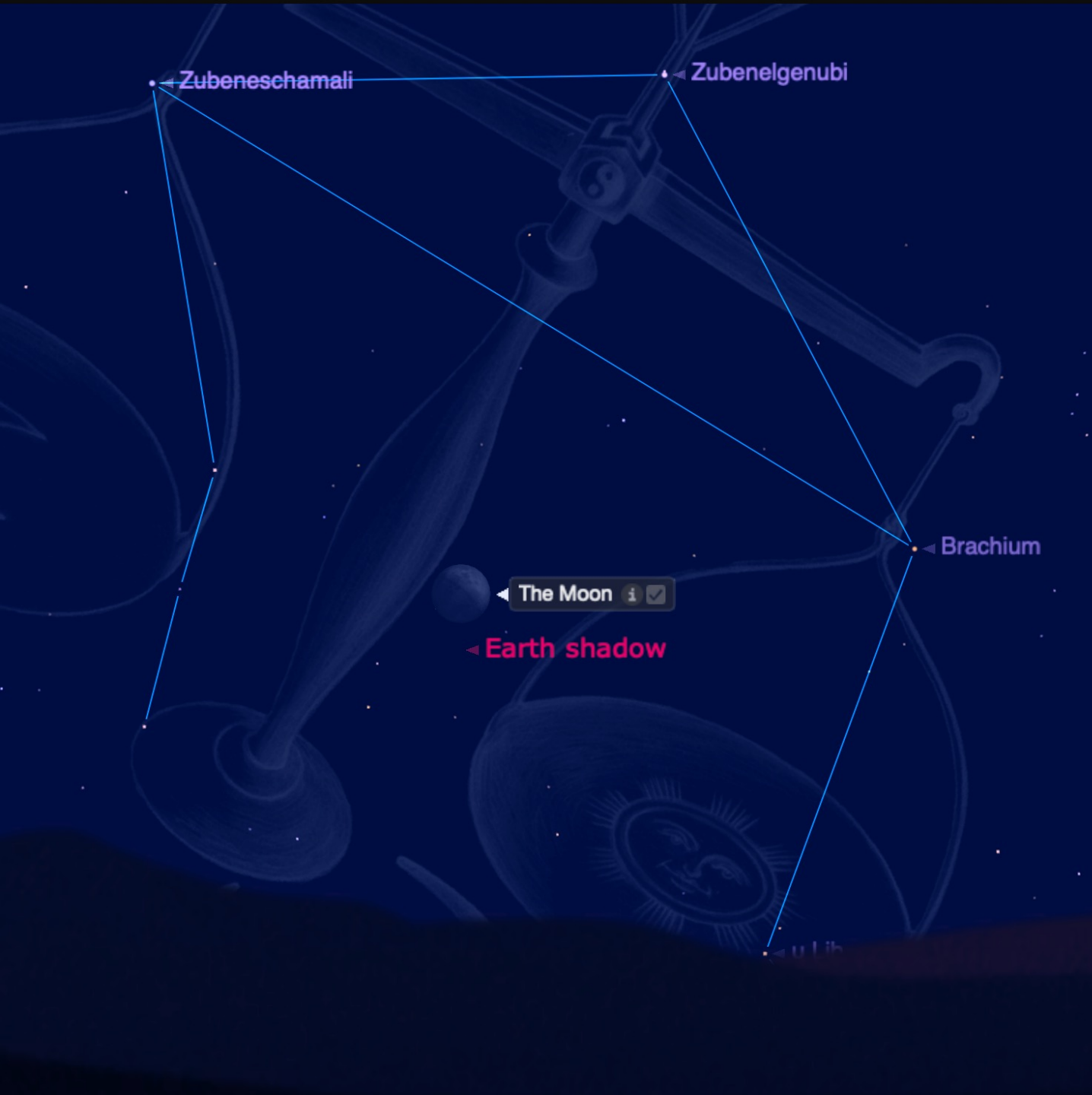




# Full Moon Eclipse May 15/16 In the Constellation of the Scales

This is also a Perigee Moon meaning it is closest to the Earth and the impact during the eclipse is magnified.

Perigee Moons are popularly called a Super Full Moon  
And its an eclipse meaning its a Mega Super Full Moon





## Capricorn Morning Star Heart Chakra Gate 2022

Apr 24 Moon conjunct Saturn (23 Aquarius 54) with Deneb Algedi  
Apr 26 Moon conjunct Venus (23 Pisces 47) and Neptune (24 Pisces 26) Heart Chakra Gate  
Apr 27 Venus conjunct Neptune (24 Pisces 27)  
Apr 29 Pluto Stations Retrograde (28 Capricorn 35)  
Apr 30 Venus conjunct Jupiter (24 Pisces 58) very near Neptune at 24 Pisces 32  
Apr 30 New Moon Partial Solar Eclipse (10 Taurus 28)  
May 02 Venus enters Aries at 9:10 am Pacific crossing the March Equinox Point  
May 04 Stars Wars Day – May the 4<sup>th</sup> be with you!  
May 05 Sun reaches 15 Taurus at Astrological Beltane – Cinco De Mayo - Sun is conjunct Uranus  
May 10 Mercury stations retrograde (04 Gemini 51) between the Pleiades and Aldebaran  
May 15 Venus conjunct Chiron (14 Aries 43) & Full Moon Total Lunar Eclipse (25 Scorpio 18) 9:14 pm  
May 16 Full Moon Total Lunar Eclipse (25 Scorpio 18) 12:14 am  
May 17/18 Mars conjunct Neptune (24 Pisces 55)  
May 19 to 21 Days of No Shadows when the Sun is conjunct the Pleiades  
May 20 Sun enters Gemini  
May 21 Sun conjunct retrograde Mercury in Gemini  
May 22 Retrograde Mercury returns to Taurus  
May 24 Mars enters Aries 4:17 pm Pacific  
May 26 Venus Moon together at the 3<sup>rd</sup> Chakra/5<sup>th</sup> Gate (28 Aries 15) 8:00 pm Pacific



Eclipse Cauldron  
begins April 30 and  
Closes May 15/16

All Times are Pacific  
Time Unless  
otherwise noted.

©Venus Alchemy



# Honoring the Crones

## Prehistoric Grandmothers

PBS “Secrets of the Dead: Lady Sapiens”



Grandmothers, postmenopausal women, provided a significant resource to community and culture

- They collected approximately 30% of the daily food intake, often in one of the most strenuous manners, digging up deeply buried tubers, up to 1 meter deep.
- The food they provided was primarily for the weened children, who they took foraging with them
- Their efforts doubled the lifespan of the early homo sapiens, playing a key role in the survival of the groups - more important than hunter's supply
- As they foraged with the weened children, they passed on their knowledge, thereby teaching the children how to live with the earth
- Grandmothers not only provided for the children's physical welfare and growth, but also taught them how to be human.

“While the men were out hunting, grandmothers and babies were building the foundation of our species' success – sharing food, cooperating on more and more complex levels and developing new social relationships.”

Kristen Hawkes, an anthropologist at the University of Utah who studied with the Hadza people in Tanzania



## Releasing at the Heart Chakra Capricorn Meta-Goddess with Venus in Pisces

Apr 5 – May 2

Grandmother, please hold us dearly in your heart and teach us how to be fully human. We desire to release our sorrows and wounds that block the overflowing expression of our hearts. Hold us in safety while we feel the hurts.

Hold space for us to trust our feelings and intuition. Guide us into the heart of the Spirit where we are held in the unconditional Love of the Universe. And, through experiencing that eternal Love, we feel the barriers to that pure Love within ourselves.

Help us to Love ourselves the way that you Love us. We merge with Spirit and surrender our hearts, our pain to you, and find only Love in return.

Where am I protecting my heart from fully feeling? How do I protect my heart, mistakenly believing I will be safe? How do I not allow myself to feel love for myself and others? How do I collapse under trauma?

*Hayley Manson Roberts 2010* 





## Releasing at the Heart Chakra Capricorn Meta-Goddess with Venus in Aries

May 2 – May 28

Crone Goddess, please help me to cut away the scar tissue I hold in my heart. Guide me in using the sword of truth to release the obstructions to my divine heart light.

I allow my fierce warrior protector to open and let go with courage. For I know it takes the strength of the warrior to open my heart fully. With your Love and support, I know I'm able to do it.

I have been hurt, but I can overcome. I love myself more than any hurts I've experienced. I protected myself and survived and now I want more for myself. I am ready.

I allow myself to feel my all of my heart and liberate what chokes that intense fiery power. I am fierce in my pursuit of my love for myself. I stand stronger in the vast power of love.

Where do I turn my warrior against myself, instead of support for myself? How do I individuate from those who have hurt me and heal the wounds they left behind, on my own? How do I comfortably turn the love I have for others towards myself?



# Highly Sensitive People

## An Often Unrecognized Super Power

### Challenges

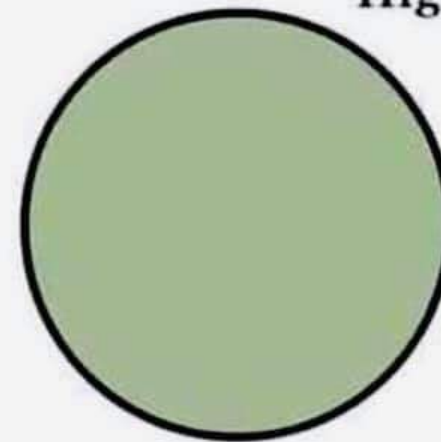
- Witnessing Conflict & Cruelty toward anyone is Painful
- Feeling Pressured by Time Commitments
- Feeling what others feel - leading to feeling overwhelmed and exhausted in large crowds
- Prefers small groups and one-on-one
- Jumpy or easily startled
- Taking everything personally even when its not personal

### Gifts

- Cares about Justice and Well Being for All
- Highly Perceptive, sees what other's miss
- Super Creative in the Right Space
- Highly Intuitive & Empathic
- Loves engaging the power of Kindness
- Finds Strength and Transformation through Forgiveness

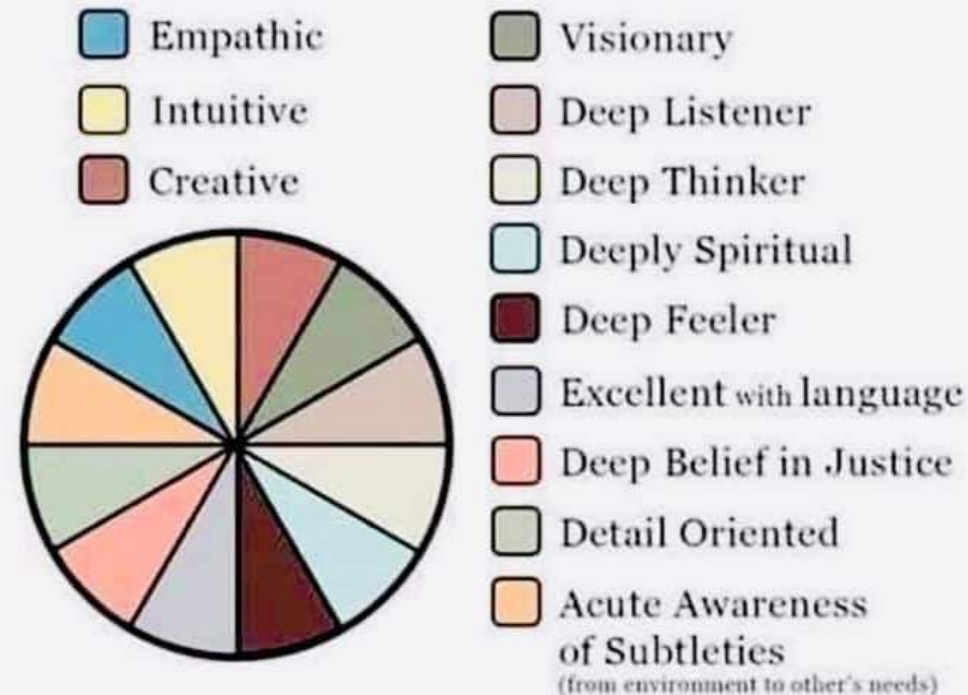
What would it take to heal  
Your Highly Sensitive Heart?

### What people think being Highly Sensitive means

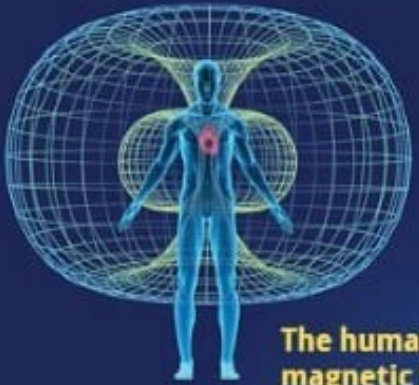


Highly emotional  
& irrational

### What being Highly Sensitive really means



# Did you know?



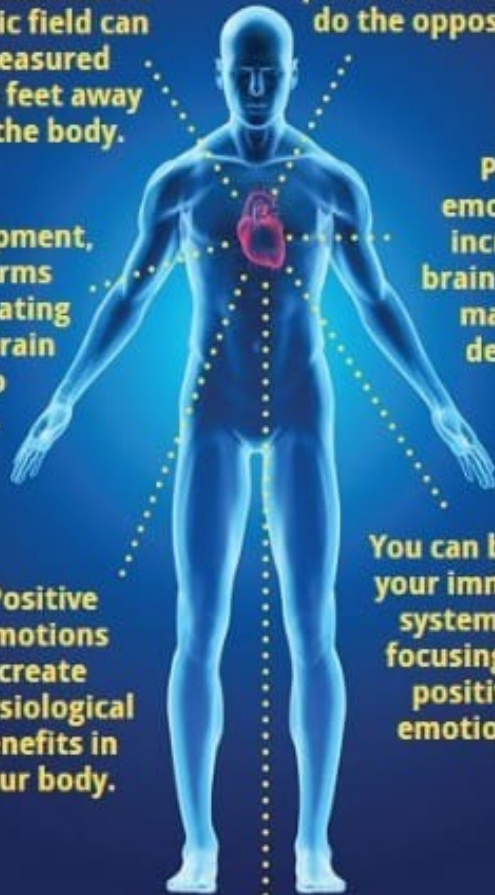
The human heart's magnetic field can be measured several feet away from the body.



Negative emotions can create nervous system chaos, but positive emotions do the opposite.



In fetal development, the heart forms and starts beating before the brain begins to develop.



Positive emotions can increase the brain's ability to make good decisions.



You can boost your immune system by focusing on positive emotions.



Positive emotions create physiological benefits in your body.



## From the Institute of Heart Math

The heart generates the largest electromagnetic field (EM) in the body, registering at 60 times greater amplitude than brain waves recorded in an EEG or **electroencephalogram**

The magnetic component of the heart's field is around 100 times stronger than the brain.

Clear rhythmic patterns in beat-to-beat heart rate variability are distinctly altered when different emotions are experienced "felt" by every cell in the body, supporting the heart's role as a global internal synchronizing signal.

Positive heart-felt emotions increase coherence through out the physical body



# The Galactic Centre

ONE Heart – Entrainment of the 3 Hearts of Creation



Fear



LOVE



## Galactic Heart

Galactic Centre - Cosmic Gateway



## Our Heart



## Earth Heart

Earth Gateway - Crystalline Centre

Galactic Center currently located at 27 Sag 10, is marking the heart of our Galaxy. This point is on the mid-heaven at different times in different locations on April 27:

- 3:50 am in Tucson
- 4:21 am in Chicago
- 4:23 am in Los Angeles
- 4:26 am in New York
- 4:32 am in London
- 4:59 am in Winnipeg
- 5:07 am in Mexico City

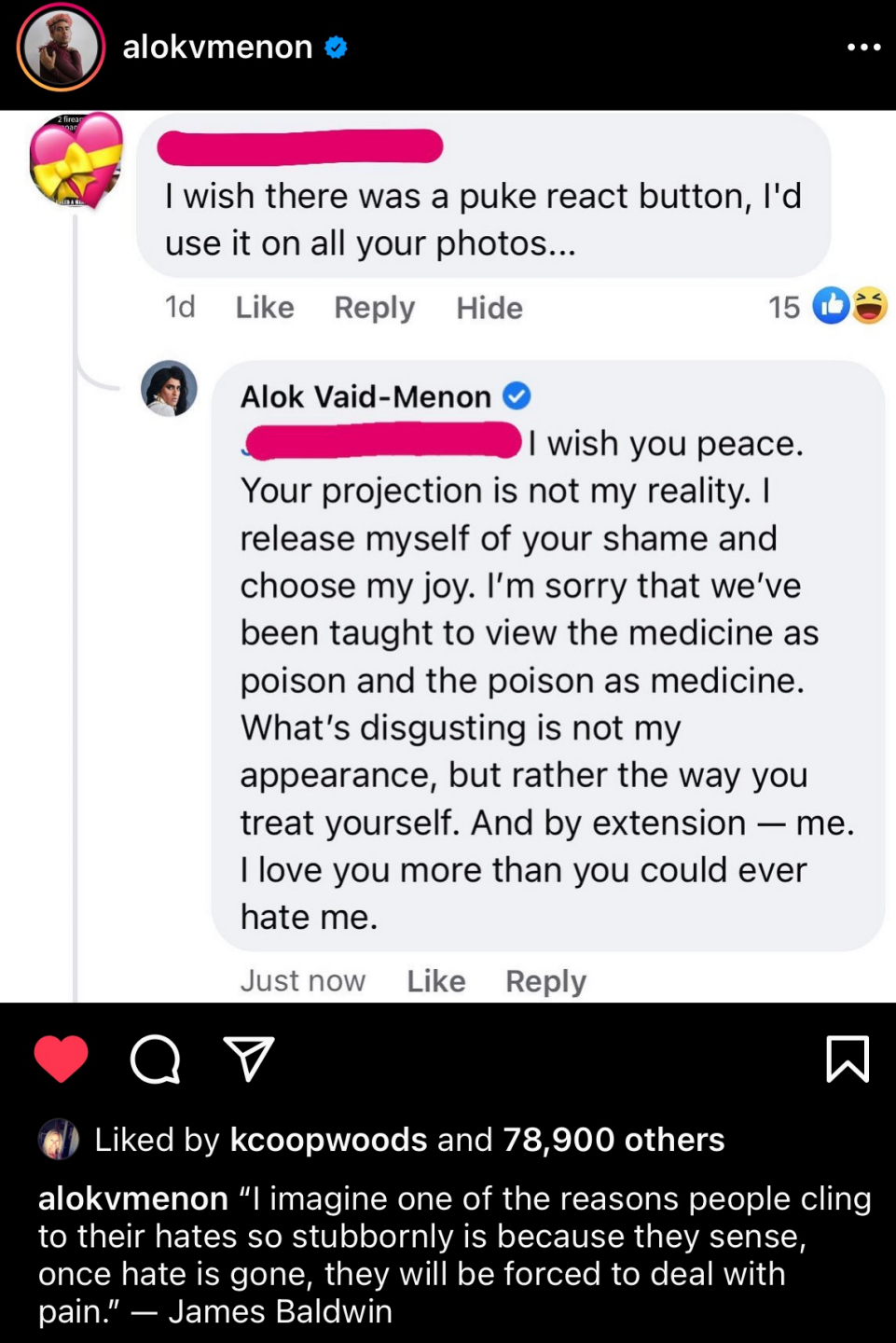
Studies show when Galactic Center is overhead there is an increase in psychic and intuitive abilities





**ALOK**  
author of  
Beyond the Gender  
Binary

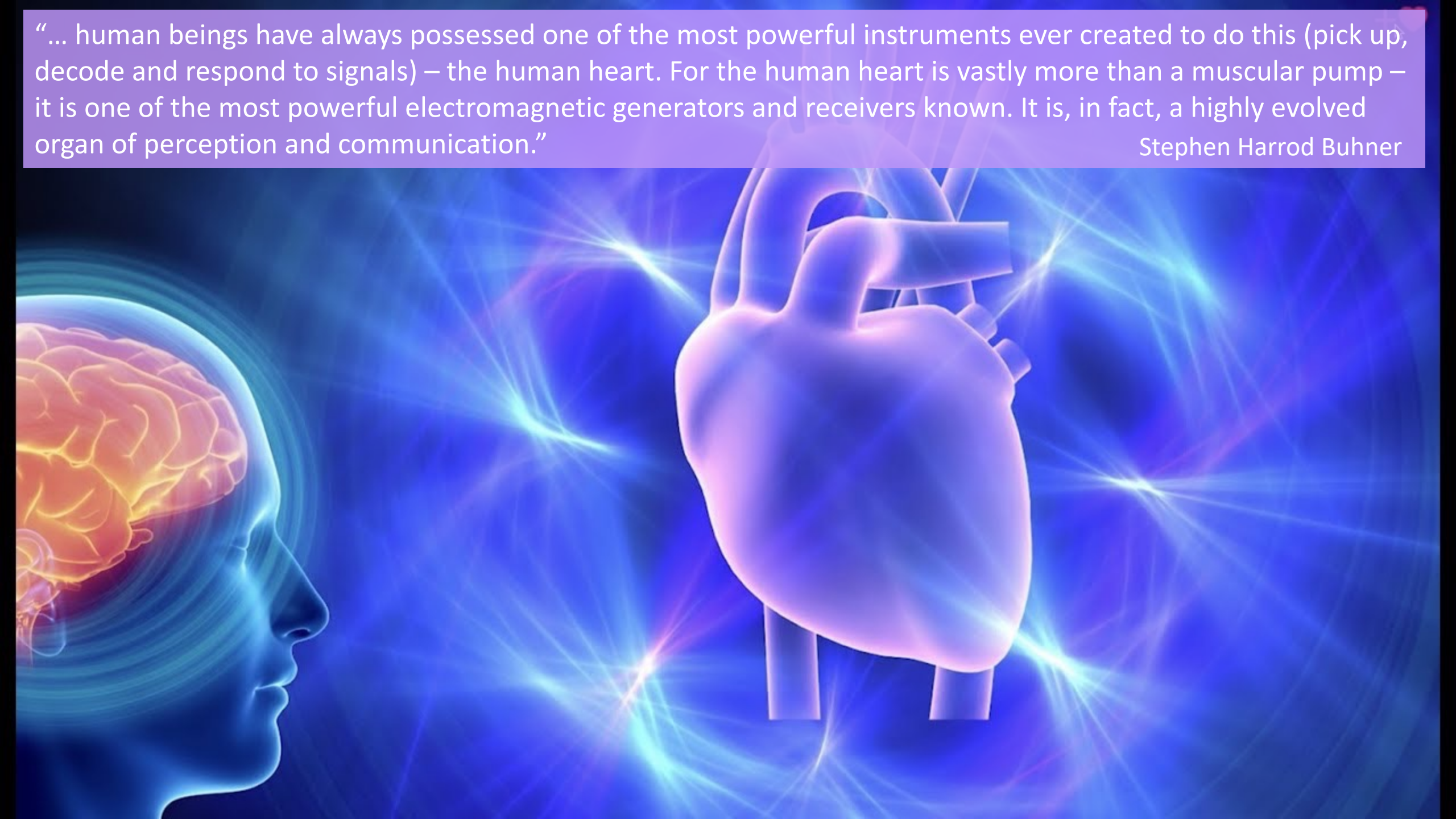
Self-proclaimed  
Love Poet

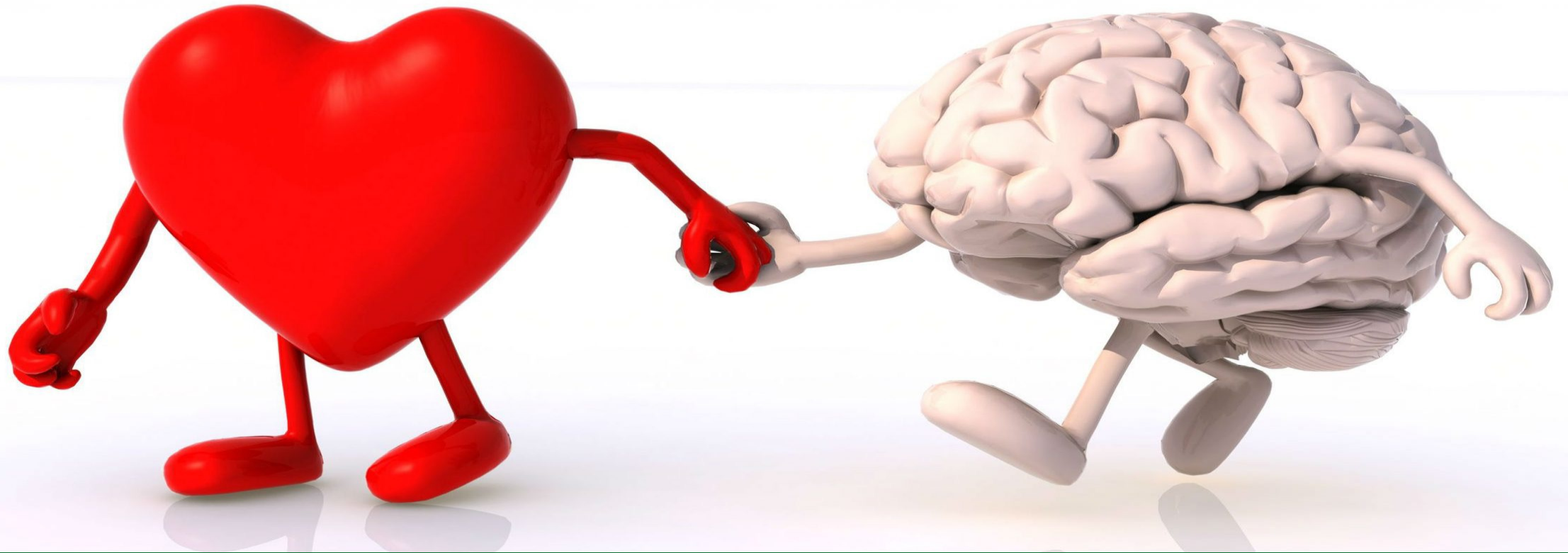




“... human beings have always possessed one of the most powerful instruments ever created to do this (pick up, decode and respond to signals) – the human heart. For the human heart is vastly more than a muscular pump – it is one of the most powerful electromagnetic generators and receivers known. It is, in fact, a highly evolved organ of perception and communication.”

Stephen Harrod Buhner





“Analysis of information flow into the human body has shown that much of it impacts the heart first, flowing to the brain only after it has been perceived by the heart. What this means is that our experience of the world is routed first through the heart, which “thinks” about the experience and then sends the data to the brain for further processing. When the heart receives the information back from the brain about how to respond, the heart analyzes it and decides whether or not the actions the brain wants to take will be effective. The heart routinely engages in a neural dialogue with the brain and, in essence, the two decide together what actions to take.”

Stephen Harrod Buhner [The Secret Teachings of Plants](#)



# Heart Brain Coherence Technique

From Gregg Braden

The following steps send a signal to your body to shift into peace and calm where natural inner harmony exists - before we began separating our heart-brain network through cultural conditioning.

**Step 1: Heart Focus and Steady Breath.** Shift your focus to your heart. (it helps to place your fingers or hand over your heart) slow your breath imagining **your breath is coming from your heart.**

This is a powerful daily practice it is also something to do when you're feeling overwhelmed or simply want to connect your awareness to your heart.

Slowing your breath sends a signal to your body, and your heart specifically, that you are safe and it's okay to turn your attention inward.

**Step 2: Activate a Positive Feeling:** gratitude, appreciation, compassion, kindness, etc. for someone or something in your life. Begin by thinking of (visualizing) a beautiful place or a loved one.

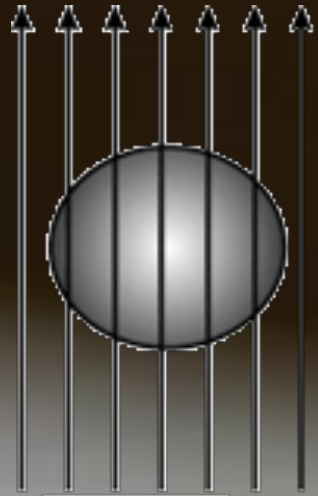
The key is to *create the feeling* first and then *embrace the feeling* to the best of your ability. Sustaining this type of feeling maintains the optimal conversation between your heart and your brain.



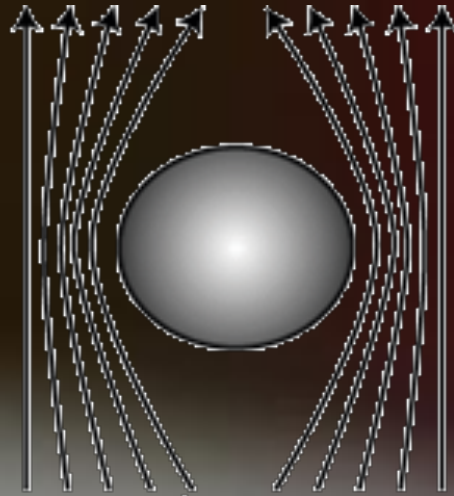
The more you practice creating coherence between your heart and brain, the easier it is to access and sustain inner harmony and coherence for longer periods of time increasing your ability to cultivate inner peace and resilience any time - especially when experiencing challenging and stressful events. **You can practice this technique anywhere, any time.**

# Super Conductor – Super Power

I AM A SUPER CONDUCTOR OF LOVE!



Normal conducting state



Superconducting state



Levitating Cube In a Super Conductive Field



What would it take to release whatever blocks ME  
From Being a Super Conductor of LOVE?





# The Capricorn Meta Goddess Asks:

Hummm...  
I Wonder what it  
would it take to  
surrender ALL the  
limiting barriers and  
beliefs within me,  
so I am trusting and  
loving my heart  
inspired inner  
wisdom?





*What old wounds, bitterness and resentment am I ready to heal, clear, and release now?*

*Where do I abandon my own creative expression and instead help others meet their needs?*

*What would it take to shift that pattern now while realizing I can still wisely help others if it works for me without inhibiting my own life?*

*How is it I am enjoying and celebrating having an ever-increasing Ecstatic Love Affair with My Self, my Creative Expression and My Life?*

**When I Celebrate  
Myself**



**I Celebrate  
Life**

## Spiritual Aromatherapy

“All ancient and indigenous peoples said that they learned the uses of plants as medicine from the plants themselves. ... it was from the heart of the world, the plants themselves, that this knowledge came. For, they insisted, the plants can speak to human beings if only human beings will listen and respond to them in the proper state of mind (heart).”

Stephen Harrod Buhner [The Secret Teachings of Plants](#)







## Rosewood– Pisces/Heart Chakra

- Heartwood - Heart of tree – find sanctuary
- Heart Chakra
- Grief and sorrow
- Heart pain
- Helps heal a broken heart
- Wound healing
- Protection
- Boundaries

Sustainably crafted from sawdust



# Home Play

## Deepening Practices

- Venus Altar and Venus Journal
- See if you can see Venus with Moon with Jupiter, Mars and Saturn April 25, 26, 27
- See if you can see the Lunar Eclipse on May 15/16
- Morning Star Venus Buddy Check-In
- Ceremony With Venus & Moon in Morning Sky – BE
- Practice the Heart Brain Coherence Technique (slide 36)
- Set your intention for what you are releasing from your Heart Chakra
- Listen to Guided Journeys and Meditations most especially the Heart Chakra Release
- Share your experiences and insights on Facebook or send us an email and we will post it for you.







*Ceremony*