



**Venus Alchemy
Capricorn
Evening Star**

**Root Chakra 1st Gate
The Life Force/Life Center of the Goddess
Reclaiming Healthy Life Force Energy
with Cayelin K Castell and Sheridan Semple**

Grandmother Goddess Prayer

Invoking Divine Feminine Life Force at the Root Chakra

Beloved Radiant Wise Grandmother Goddess
Great One of Alchemy, Transformation and Healing
Goddess Of Great Knowing, Strength and Kundalini Life Force Energy
Alive with Ancient Wisdom, Immense Love and Compassion

Thank you for Guiding and Supporting me
In Reclaiming My Ability to Know and Trust
I am Safe, Secure, Taken Care of, Loved and Accepted
And Living in Sincere Confidence I have Immense Value simply because I AM.

Ancient Wisdom Keeper, Opening all the Wise Ways into Greater Self Love
Show me how to reclaim my most Vibrant, Alive, Vital Life Force Energy
Accessing the Wisdom of Magical and FUN Responsible Living
Cultivating a Conscious Co-Creative Experience with my Inner and Outer World

Guide Me to Joyously Celebrate my ability to deeply Know and Honor
My Divine Self, My Divine Essence, My Divine Wisdom
As I Gather Even More Courage, Confidence, Strength, and Bold Bravery
Embracing and Expressing my Ever Evolving Divinely Inspired Sacred Purpose
In the Most Wisely Efficient and Effective Ways with the least amount of Effort
Achieving the best most divinely productive results for myself and all LIFE!
It is Done, It is So and I Give Thanks. Blessed Be!



Invocation to Evening Star Venus

Rising out of the depths, we are tender and raw. Sensitive, but changed. We've been through an initiation. We turned to the shadow and chose it. Swimming up from the watery depths, we take our first unsteady steps onto the earth once again. Practicing wholeness within, we breathe in the fresh above-ground air. We move slowly, tentative. We have come out the other side.

We now carry a depth of wisdom that can only be gained through an underworld initiation. We consciously chose the shamanic path of symbolic death. We are freshly reborn into greater alignment and aliveness with our Souls. We are unsteady, but we rise.

Ready to pull our energy back into ourselves, we are ready for the journey of empowerment. Guided by the Grandmothers, we ascend, respecting our inner wise ones. We are ready to reclaim our power, cleansed and purified by our underworld journeys.

We rise, one step, one gate, now with the waxing Moon. We emerged in the fiery smoke of Sagittarius out of the dark water. We continue upward into Capricorn again, our MetaGoddess Crone force, winding up the spiral from our origin point.

Emboldened by our new awareness, insight, and innate understanding, we rise to meet our first gate and reclaim the potent life force energy through our roots, imbued with Mother Earth and the Grandmothers who serve her.



Overview

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Sky Magic

Capricorn Meta Goddess

Reclaiming the Root Chakra

Mercury and Venus Dance

Honoring the Crones

Plant Spirit Medicine

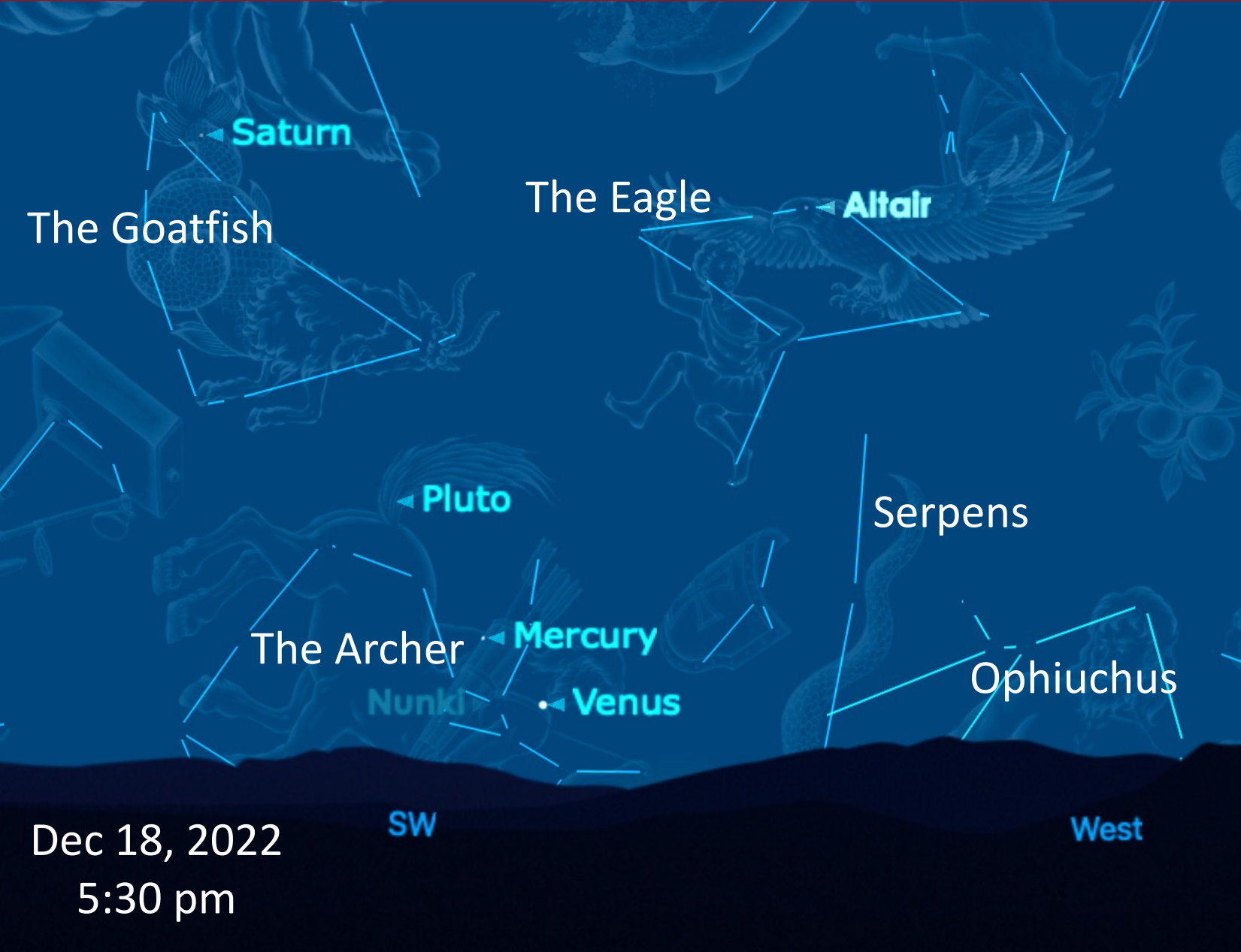
Home Play - Deepening Exercises

Ceremonial Magic and Activation

Q and A

Optional Connection Groups

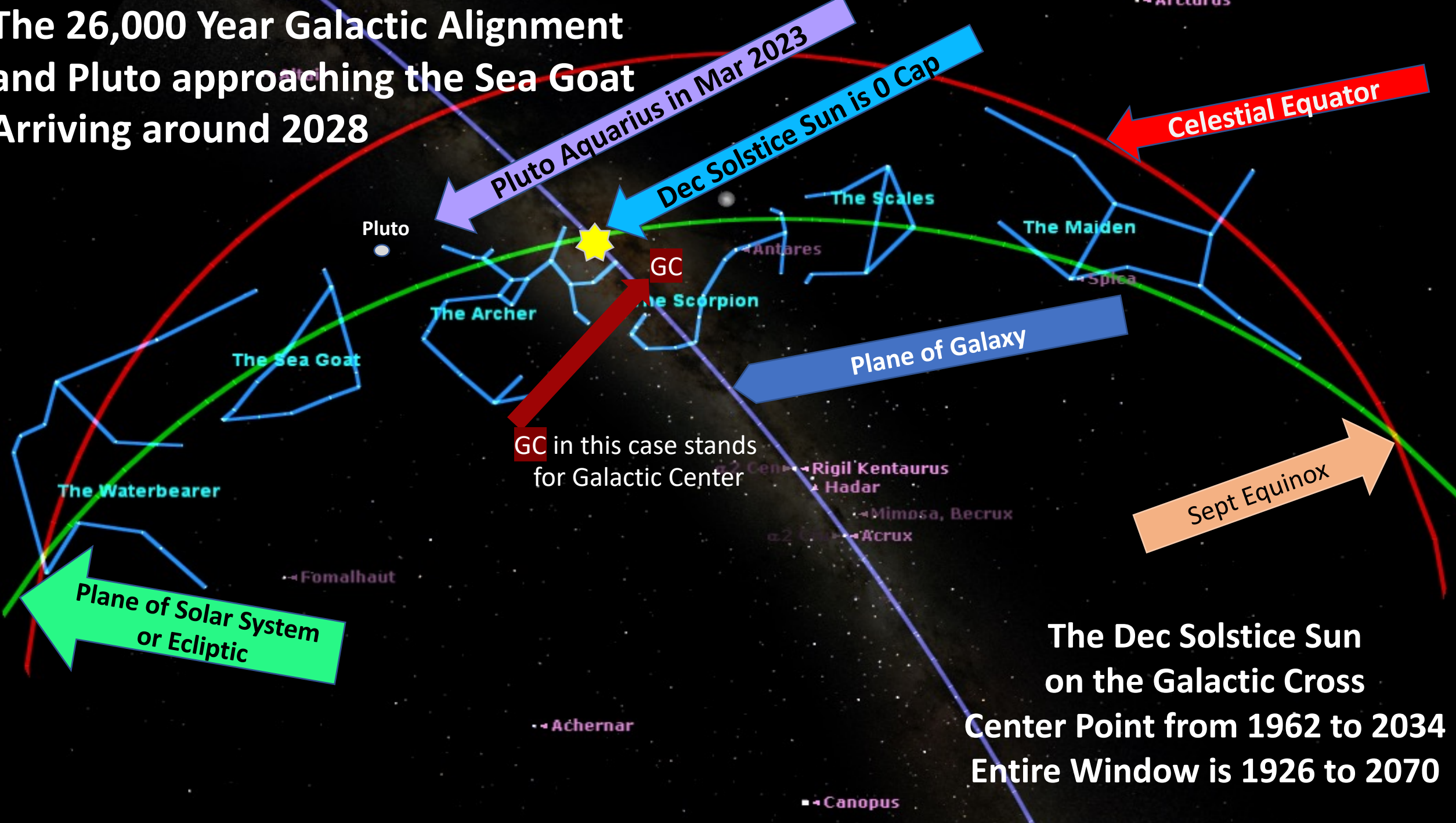




Venus (with Nunki where this cycle started) and Mercury low on the horizon at 5:30 pm in the Archer but in the seasonal sign of Capricorn

The Sun is aligned with Galactic Center

The 26,000 Year Galactic Alignment and Pluto approaching the Sea Goat Arriving around 2028



The Dec Solstice Sun
on the Galactic Cross
Center Point from 1962 to 2034
Entire Window is 1926 to 2070

**Venus, Mars, and Mercury all go Out of Bounds
Usually when in mid-Gemini to mid-Cancer or
mid-Sagittarius to mid-Capricorn**

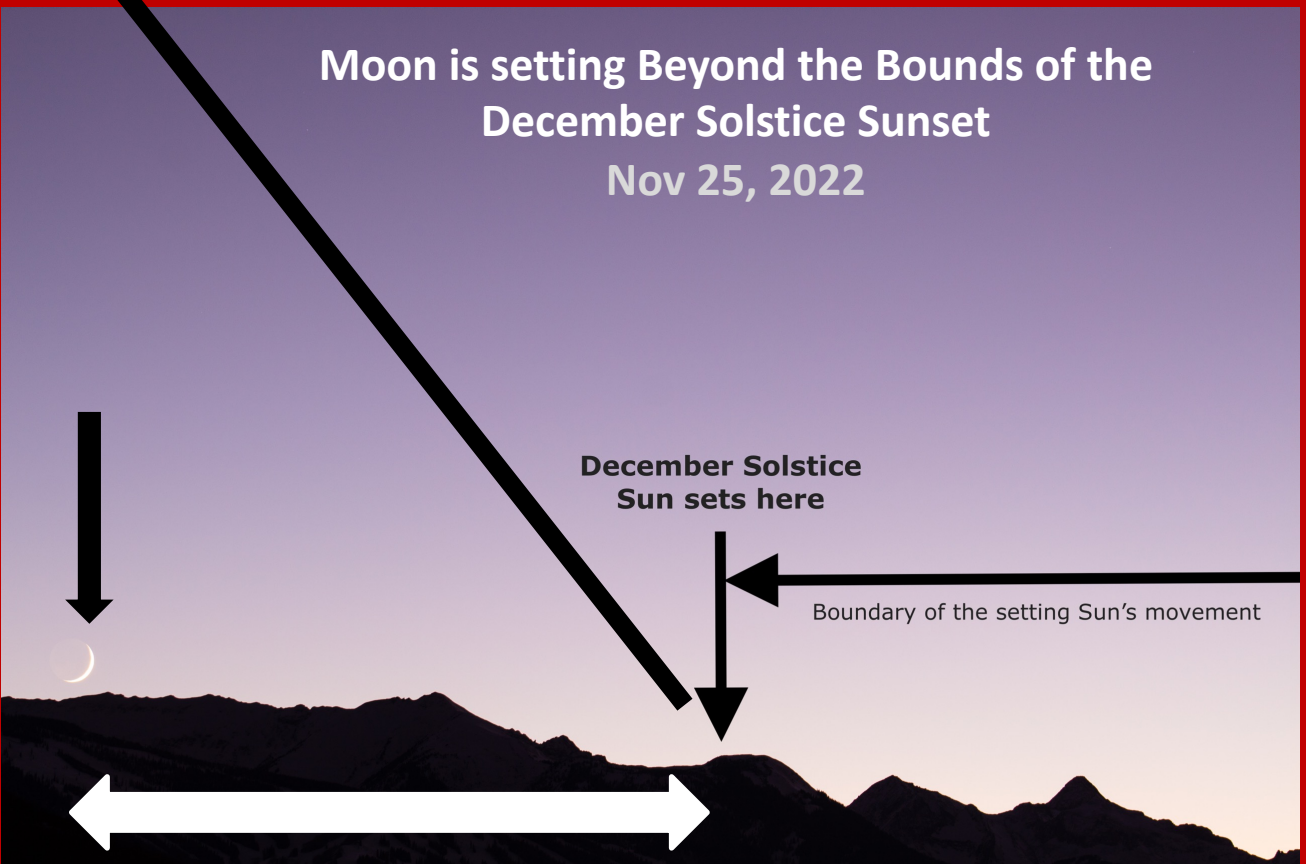
Any Out of Bounds (OOB) planet is known for reaching beyond the established current cultural reality. It is a Wild Card factor - disrupting what we think we know is real to expand possibilities in unusual ways!



General Key Words for Out of Bounds Planets: Unpredictable, Wild, Brilliant, Creative, Alternative Perspectives, Thinking and Acting Outside the *Box*, Dissolving Boundaries, Daring, Exploring Unlimited Potential (Note: there are specific insights for each planet)



Moon is setting Beyond the Bounds of the December Solstice Sunset
Nov 25, 2022



Moon is OOB of Bounds at 26° S 50' when Conjunct Venus Dec 24

Venus is returning to BE In Bounds Dec 24, 2022

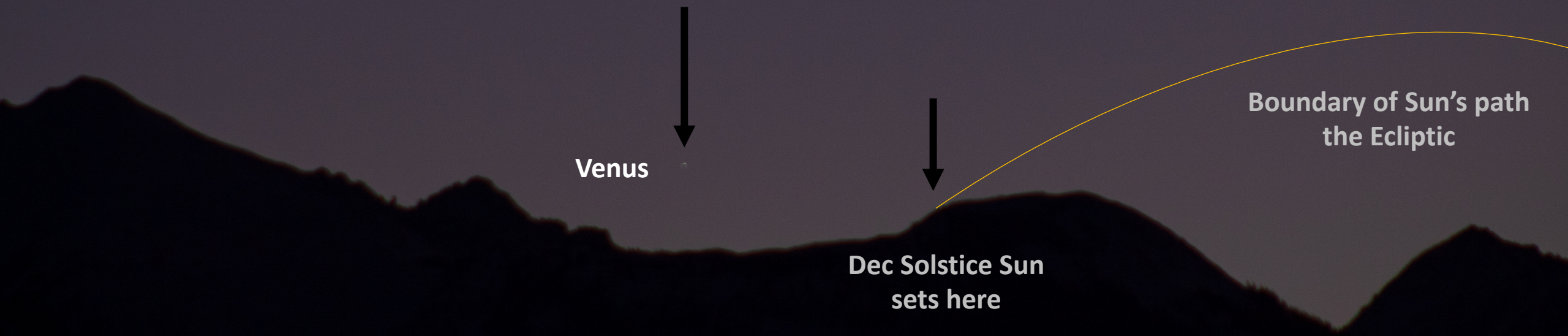
Mars is almost 25° N and is OOB until May 04, 2023

Mercury returns to be In bounds on Dec 21, 2022

both images from Sheridan's backyard

Out of Bounds Venus

Dec 16, 2022



Venus

Dec Solstice Sun
sets here

Boundary of Sun's path
the Ecliptic

from Sheridan's backyard

5 Perigee New Moons with 3 more in 2023

November 23, 2022 at 01° Sagittarius 38'

December 23, 2022 at 3:17 am MT
at 01° Capricorn 33'

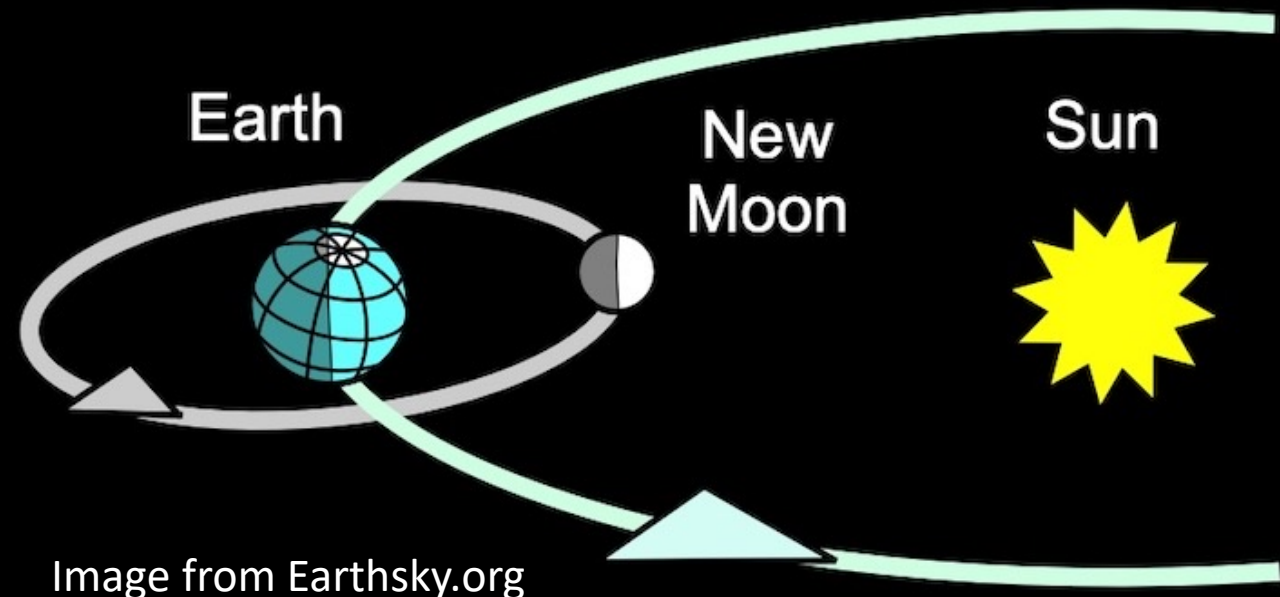
Also Dec 23/24 Out of Bounds

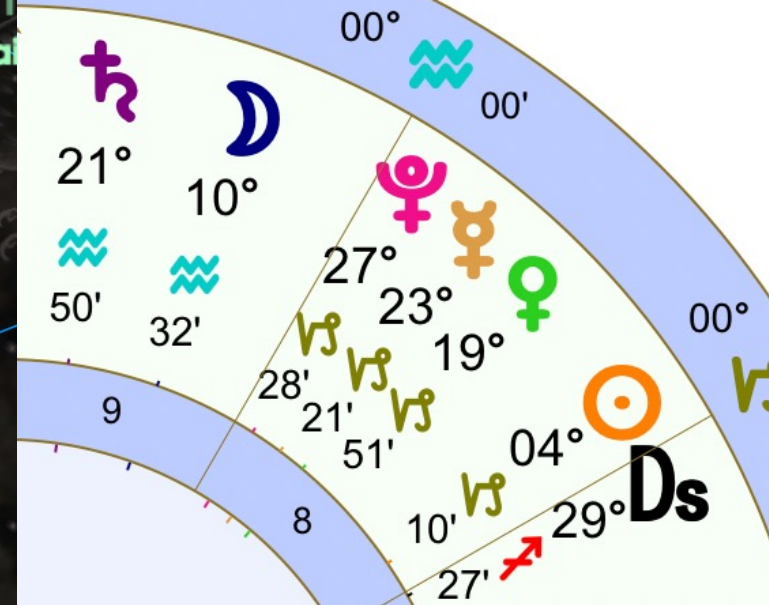
Dec 23 2022 26°S 49'

Dec 24 2022 27°S 21'



**Perigee New Moon
Between the Earth and Sun
a.k.a. Super Moon**





**December 25, 2022
around 5 pm**

**Moon is back in Bounds
and is in the Goatfish
About to meet with Saturn**



Capricorn Evening Star Root Chakra Gate

©Venus Alchemy

Dec 19 Venus square Chiron • Dec 20 Jupiter returns to Aries

Dec 21 December Solstice, Mercury at greatest elongation 20.1° • Moon is Out of bounds

Dec 22 Venus trine Uranus

Dec 23 Chiron Stations Direct 11°Aries 56' Capricorn Perigee OOB New Moon 01° Capricorn 33'

Dec 24 Venus 18° Capricorn is conjunct OOB Moon at the Root Chakra Gate, Moon passes Mercury 22° Capricorn

Dec 25 Christmas Moon enters Aquarius

Dec 29 Mercury stations Retrograde 24°Cap 21' very near Venus

Dec 31 Venus conjunct Pluto 27° Capricorn 39' 9:25 pm Pacific taking us into 2023

Jan 01 Venus conjunct Pluto just after mid-night Eastern Time

Jan 06 OOB Full Moon

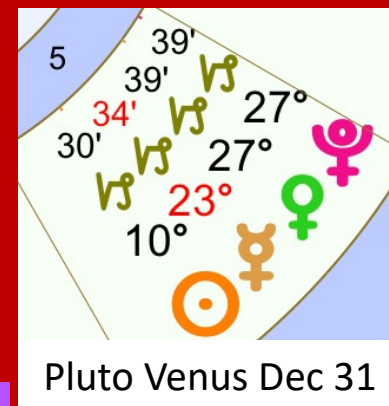
Jan 02 Venus enters Aquarius • Jan 09 Venus trines Mars • Jan 12 Mars stations direct

Jan 14 Venus squares Uranus • Jan 18 Mercury stations direct at 8° Capricorn

Jan 20 Sun enters Aquarius • Jan 21 Aquarius New Moon Closest of 2023 and closest this century

Jan 22 Venus conjuncts Saturn 25° Aquarius • Uranus stations Direct 14°Taurus 56'

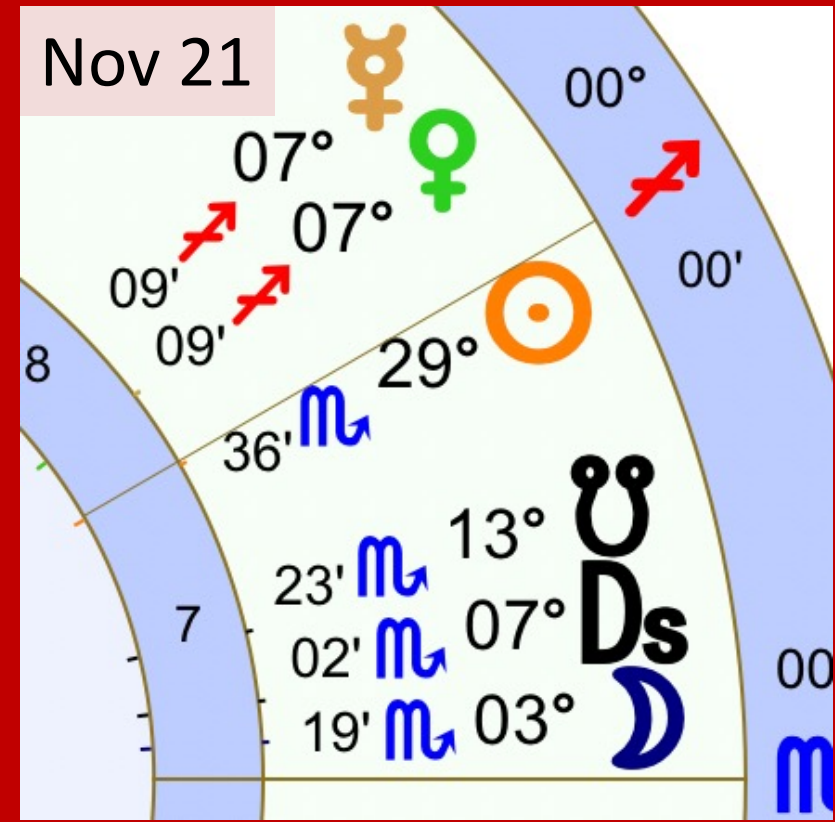
Jan 23 Venus Moon conjunction at the Sacral Chakra 25°Aquarius 25'



Venus and Mercury Met in the Underworld on November 21

They have been traveling within 10° ever since.

They meet again on Dec 29 and are with in 10° until January 4.



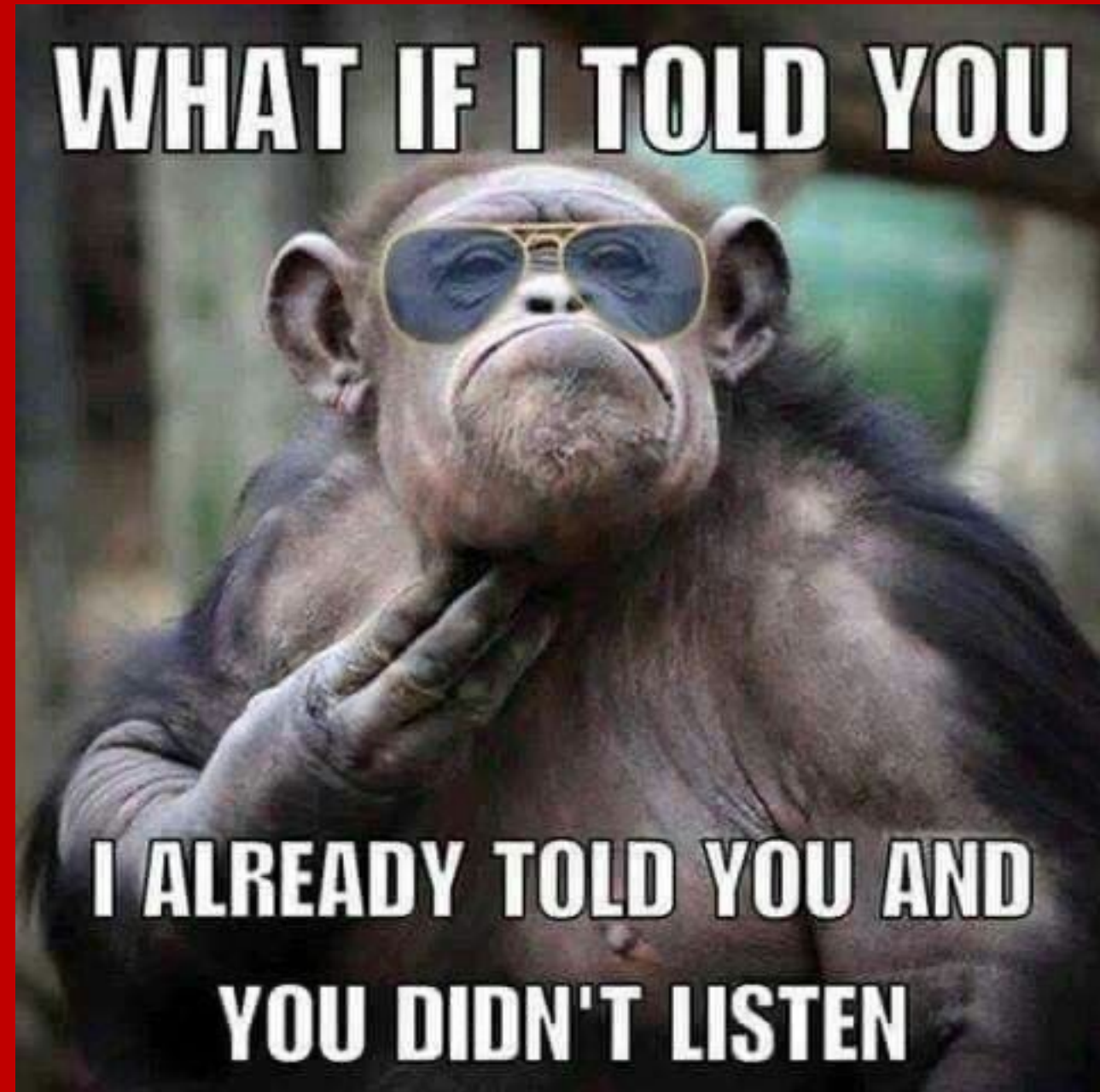
When Inanna (Venus) emerges from the Underworld the first person she sees is Ninshubar (Mercury) who is waiting for her.

This Mercury Venus Meeting isn't exactly the story as told by the Sumerians - so what is the story now?

**A single moment of
misunderstanding
can cause us to
forget the hundreds
of lovable
moments that
have come before.**

**Remember to take time
to truly listen.**

~Mercury Wisdom



Capricorn Reclaiming a Healthy Root Chakra

Affirm you are Safe,
Centered and Grounded.

You are where you need to
be and all your needs
are easily met.

Open to possibilities
especially around wealth
and well-being.

Recognize when your body
needs Rest and Regeneration

AND allow yourself the time
for this to happen
in your life.

Mūlādhāra Chakra



I am Safe
I am Home
I am Centered
I am Grounded



Capricorn Goddess Reclaiming the Root Chakra

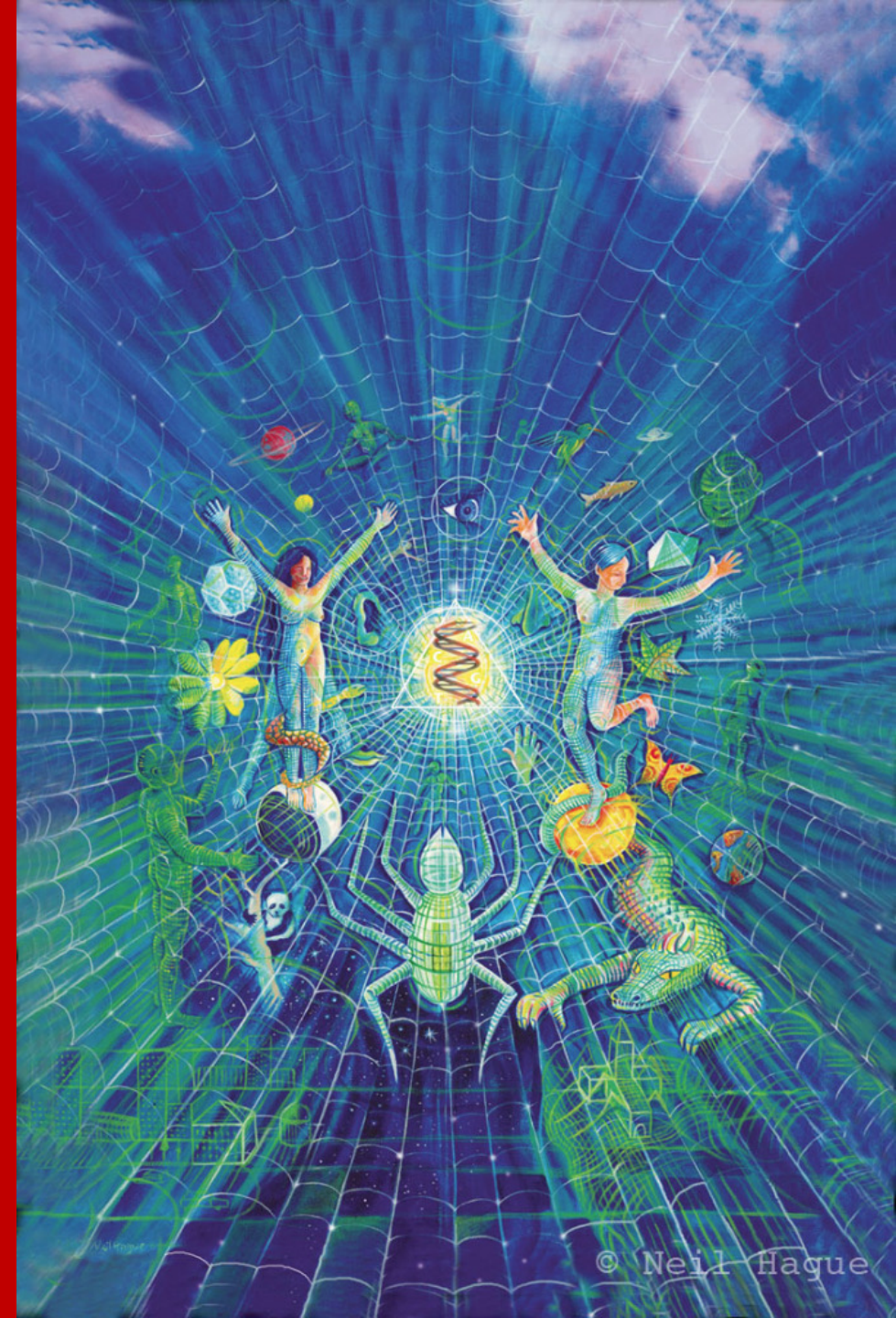
We are All - Women and Men - bringing forth the newly initiated Capricorn Feminine Wisdom within, strengthening and raising our Vibration on this Ascension Journey.

Questions to ask at this Root Chakra:

How Does the Healthy, Grounded Grandmother Goddess Care for Herself – so she does NOT lose who she IS while masterfully meeting her responsibilities and having FUN?

How do we Wisely **Rise Together** as Emissaries of Love grounded in Feminine Wisdom?

How do we further cultivate our Wise Visionary Creative Expression giving it a form that gets the best most productive results?





Who are the Root Chakra Demons showing up for you?

Perfectionist Demon
Superstitious Demon
Control Freak Demon
Overly Serious Demon
Stuck In-Between Demon
Blocks to Wisdom Demon
Anxious and Afraid Demon
Blocks to Trusting Self Demon
Dishonest and Corrupt Demon
Hateful, Angry, Jealous Demon
Squandering Life Force Demon
Insufficient Boundaries Demon
Insecure and Uncertain Demon
Terrified, Worried, Scared Demon
Deficient, Nervous, No Energy Demon

Name yours _____

Reclaiming at the Root Chakra Capricorn Meta-Goddess with Venus in Capricorn

December 9 – January 2

Wise Grandmother please teach me the ways of our Earth Mother. Help me to serve her with all of who I am. Show me the best way to support our community and create viable space for the generations that follow behind. As I rise into my root chakra, show me the path to staying grounded and drawing your divine power into my roots anew; alive with our deepened connection.

Please help me reclaim my maximum power and life force energy through grounding into our Earth via my root. Assist me in reclaiming my richest sense of self. Aid me in knowing I am always supported and safe with you. I stand in my greatest power.

- What would it take for me to stand secure in the fullness of Me?
- What would it take for me to feel my roots grounded completely into the Earth?
- What would it take for me to sense my place within the world around me and know how I am here to support the generations to come?



by Autumn Skye Art

Reclaiming at the Root Chakra Capricorn Meta-Goddess with Venus in Aquarius

January 2 - 26

Goddess of the Wisdom Keepers, please guide me to see through the sacred eagle's view. Help me to understand the consciousness of the cosmos themselves. Show me the path to step back, gain some distance and commune with the entire galaxy. Help me to better know the universe through community and understanding other people's experiences.

Help me to reclaim my authority through seeing all our innate power. Assist me to stand firm in the strength of who I am becoming. Allow my connectedness to keep me grounded while I soar through the atmosphere, widening my understanding of the Universe.

- What would it take for me to feel completely safe in my unique individual expression?
- What would it take for me to understand the wisdom the Cosmos are always sharing with me?
- What would it feel like for me to see the bigger picture of my divine power?



by Autumn Skye Art

Honoring the Cronos – Dolores Huerta

Co-founded the United Farm Workers Union with César Chávez in 1962. She is one of the most influential labor activists of the 20th century. Through previous activism she met Chávez, a likeminded colleague. The two soon discovered that they shared a common vision of organizing farm workers.

According to Dolores, her mother's independence and entrepreneurial spirit was one of the primary reasons she became a feminist. Dolores' mother Alicia was known for her kindness and compassion towards others. She offered rooms at affordable rates in her 70-room hotel, which she acquired after years of hard work. Alicia welcomed low-wage workers in the hotel, and often, waived the fee for them altogether. Alicia encouraged the cultural diversity that was a natural part of Dolores' upbringing. The agricultural community where they lived was made up of Mexican, Filipino, African-American, Japanese and Chinese working families. Uniting the diverse workers is a significant part of why her organizing was so successful.

Born April 10, 1930 in New Mexico – Venus in Taurus conjunct North Node, Mercury and Chiron, with the Aries Meta-Goddess

As of 2019, at age 89, Dolores was still working tirelessly developing leaders and advocating for the working poor, women, and children





Red Pine – Root Chakra

- Grounding
- Centering
- Empowering
- Deep rooted connection into Earth
- Strength
- Adrenal support
- Pain relieving on all levels

Capricorn Evening Star Root Chakra Earth Altar

Create an Earth Altar with earth-friendly objects including stones, crystals, feathers, bones, seeds, flowers, etc. It might be simply a spot you tend with attention and intention.

Know that wherever you place your attention the land will energize your sacred intent.

Ideally, this is a place where you can see Evening Star Venus especially at her monthly Moon Gates!

Offerings might include **honoring the directions, songs, prayers, flowers, cornmeal, rose petals, favorite foods (for example candies, dried fruits, etc.), alcohol, smoke cleanses, charged crystals, painted stones, artwork etc.** as symbolic gifts for the creatures, plants and trees, waters, stones, the sky above and earth spirits.

Practice Making Offerings or simply sitting with your Earth Altar for a few minutes while focusing on your Intent...and know magic will occur as a result.

It is always good practice honoring and acknowledging all who have lived on this land with special recognition for the earliest indigenous communities.

In the U.S. you can identify the people originally living on your lands at this [LINK](#) or even better at this link <https://native-land.ca>



Home Play

Deepening Practices

- Create/Renew/Connect with your Venus Altar
- Continue with or initiate a Venus Journal
- See if you can see Venus with the Moon on December 24
- Spend time with Venus and the Moon in the Evening Sky
- Ceremony With Venus & Moon in Evening Sky
- Evening Star Venus Buddy Check-In (buddy signup on class page)
- Set your intention for what you are reclaiming and work with any of the questions listed before that resonate with you
- Listen to Guided Journeys and Meditations, most especially the Root Chakra Evening Star Meditation by Cayelin (16 min)
- Share your experiences and insights on Facebook



A night sky photograph featuring a prominent crescent moon on the left side. In the upper right quadrant, a bright, single-point star (Venus) is visible. The background consists of a dark, silhouetted mountain range against a deep blue and purple twilight sky. The overall scene is serene and captures a celestial event.

Ceremony

OOB Moon with Evening Star Venus -
Dec 5 2021 by Sheridan



Connection Groups

Guidelines

Joining the Session is Optional

Purpose is to foster community, connection and offer mutual support

**We are here to listen and be heard
(please, no cross talking or interrupting)**

We are not here to fix or judge – just listen

**Give everyone an opportunity to share
(be mindful of the time)**

Feel free to continue the conversation by mutual agreement via personal messaging after the class

Connecting Conversation

Start with Your Name

Where You are From

Possible Topics:

- Greatest gift/highlight from your Underworld Time
- And/or biggest challenge
- How is the Crone showing up in your life?
- Do you know your intention for this Root Chakra Gate?

