



**Venus Alchemy
Capricorn
Evening Star**

**2nd Chakra 2nd Gate
Reclaiming Value Worth and Pleasure
with Cayelin K Castell and Sheridan Semple**



**I Totally and Completely Love
and Accept Myself
Just as I am Now
and in the Future**



Grandmother Goddess Prayer

Claiming Divine Feminine Value and Worth at the Sacral Chakra

Oh Beloved, Wise, Kind, Caring, Compassionate, Grandmother Goddess Within ME

You who inspire Deeply Profound Alchemical Healing from the Inside Out!

Thank you for Guiding Me in Truly Receiving More Beauty, More Love, More Pleasure,
More Health And Wealth Than I Have Ever Imagined Possible

Thank you for Inspiring Me To Embrace the Gifts of Blissful Sensuality, Deep Intimacy
And Healthy Receiving – trusting more deeply my value is IN who I AM and NOT what I DO.

O Eminent, Intuitive Sage Goddess

Skilled in the Wise Use Of High Vibrational Pleasurable Life Force

Including Healthy Expressions Of Personal Value And Self Worth

Beloved, Adored, Prudent and Inspired

Wondrous Goddess of Powerful, Practical, Playful Creative Life Force

Guide Me To Remember and Know I Am Worthy, Important and a Gift to this Life

Thank you for Helping me to Remember how to live the Exquisite Value of Who I Truly AM

While Savoring And Embracing The Rich Ecstasy Of Fully Embodied Life Force Within ME

Experiencing, Expressing and Enjoying what is Mine to Experience, Express and Enjoy

So That I Truly Love and Celebrate Myself in the Most Divinely Inspired Ways Possible

And In So Doing I Inspire Others To Do The SAME

It is Done, It is So, And All Heaven and Earth Rejoice. Blessed Be.

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Overview

Sky Magic

Capricorn Meta Goddess in Aquarius & Pisces

Honoring the Crones

Demons at the Sacral Chakra

Juno and the Money/Pleasure Mysteries

Plant Spirit Medicine

Home Play

Sacral Chakra Ceremony

Q and A

Connection Groups – stay if you want to connect



Lakshmi
with a
1 million
Dollar Bill

January 21, 2023 at 01°Aqu 33'
exact at 1:53 pm MST

The New Moon Perigee on January 21 is just 5 minutes from the exact Full Moon

Astronomer Fred Espenak says this New Moon is also an Ultimate New Moon Perigee when a New Moon is *less than or equal to 221,580 miles (356,600 km) from Earth*.

There are only two ultimate New Moon perigees this century. One already happened on January 10, 2005.

This is the last
Ultimate New Moon Perigee
until December 14, 2145.

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Perigee New Moon a.k.a. Super Moon
Between the Earth and Sun

OOB 24° S 40' Perigee
Super Extraordinary New Moon

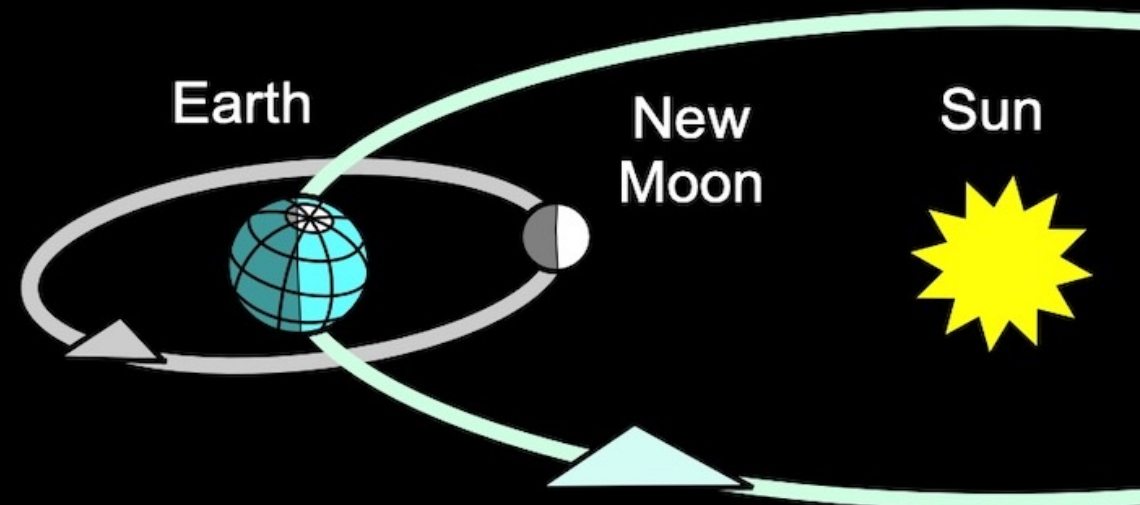
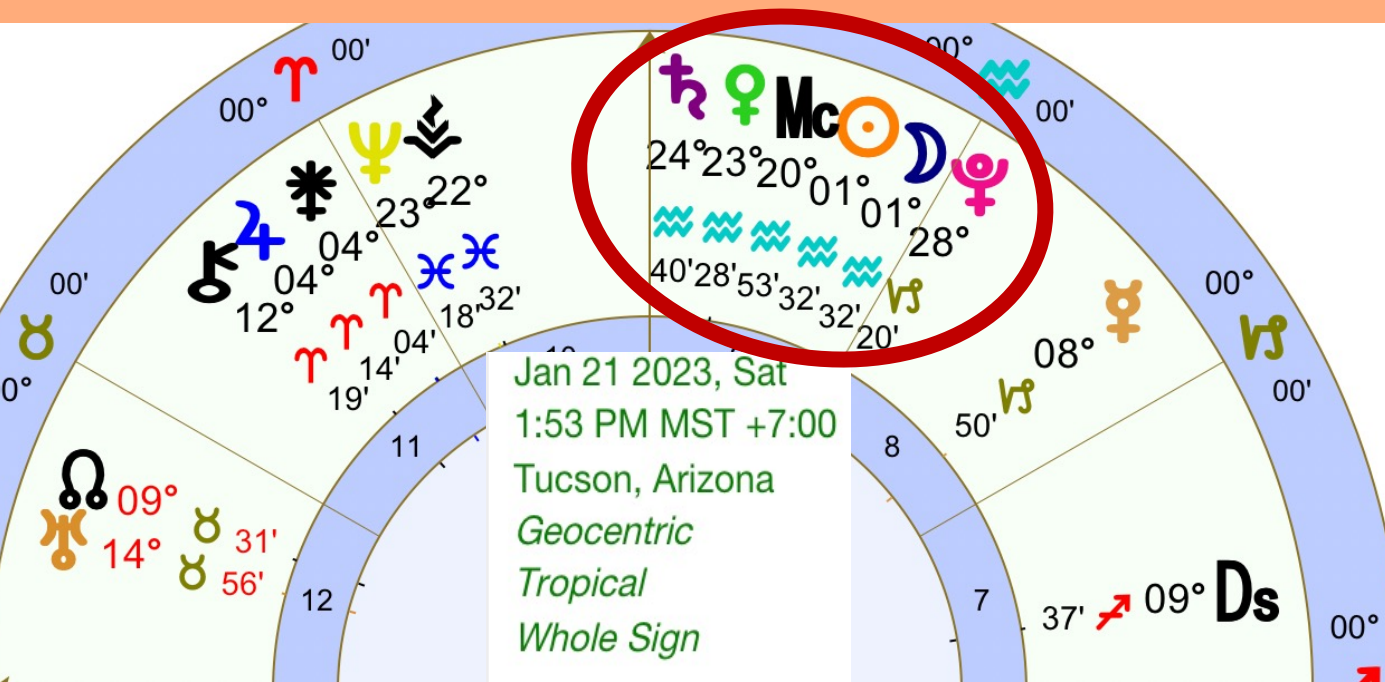


Image from Earthsky.org

Super Ultimate New Moon Perigee

January 21, 2023

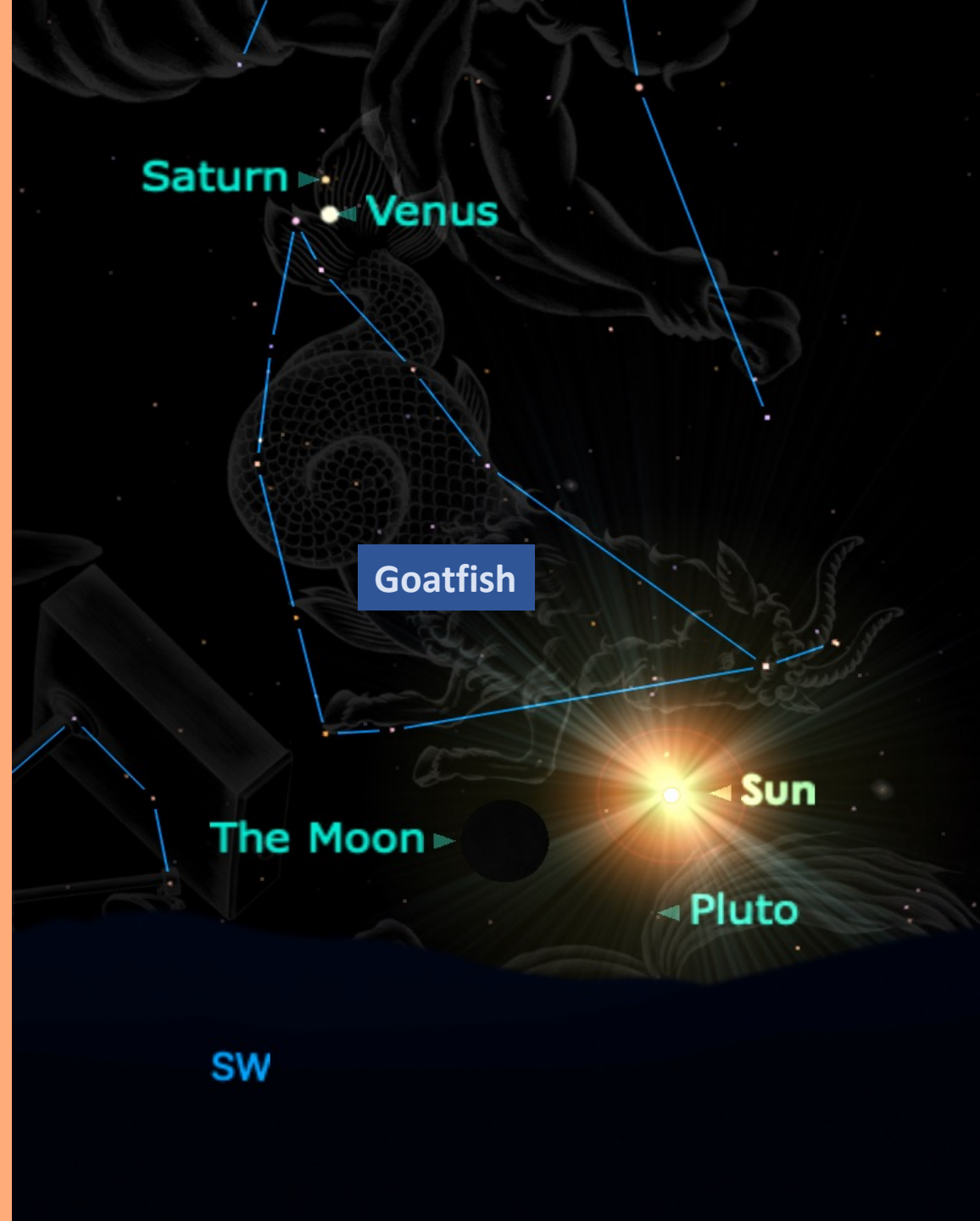
01°Aqu 33'

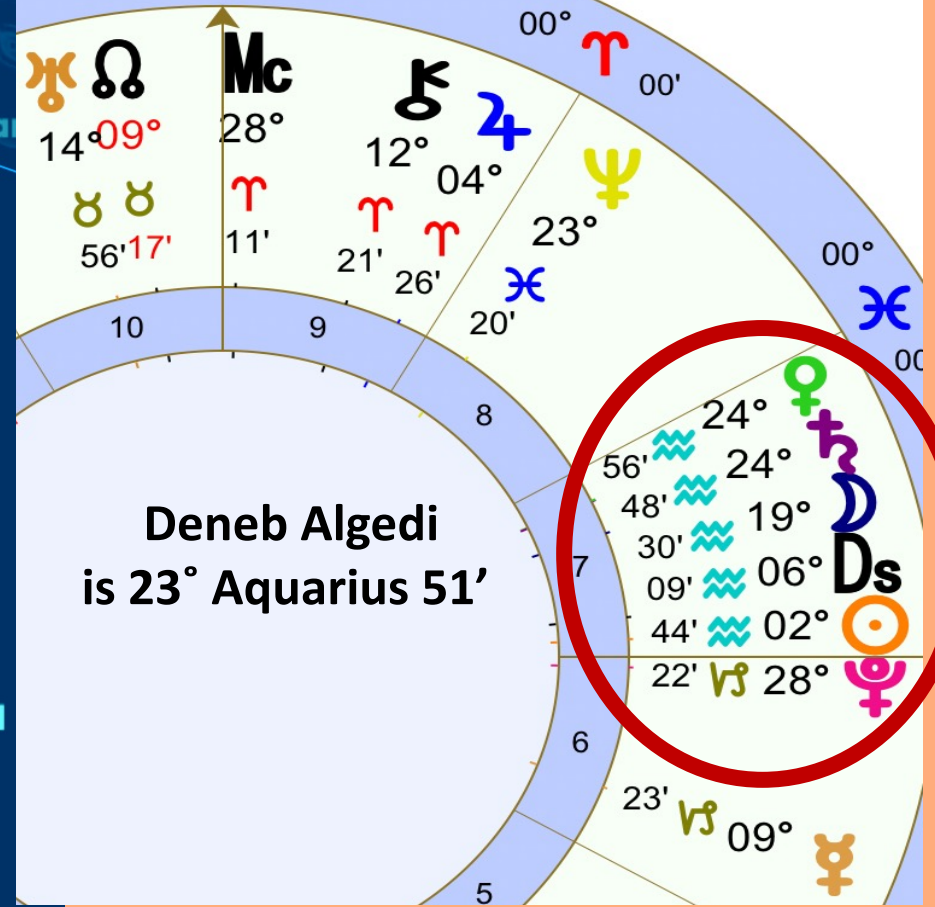
exact at 1:53 pm MST

OOB 24° S 39'

Closest New Moon Until 2145

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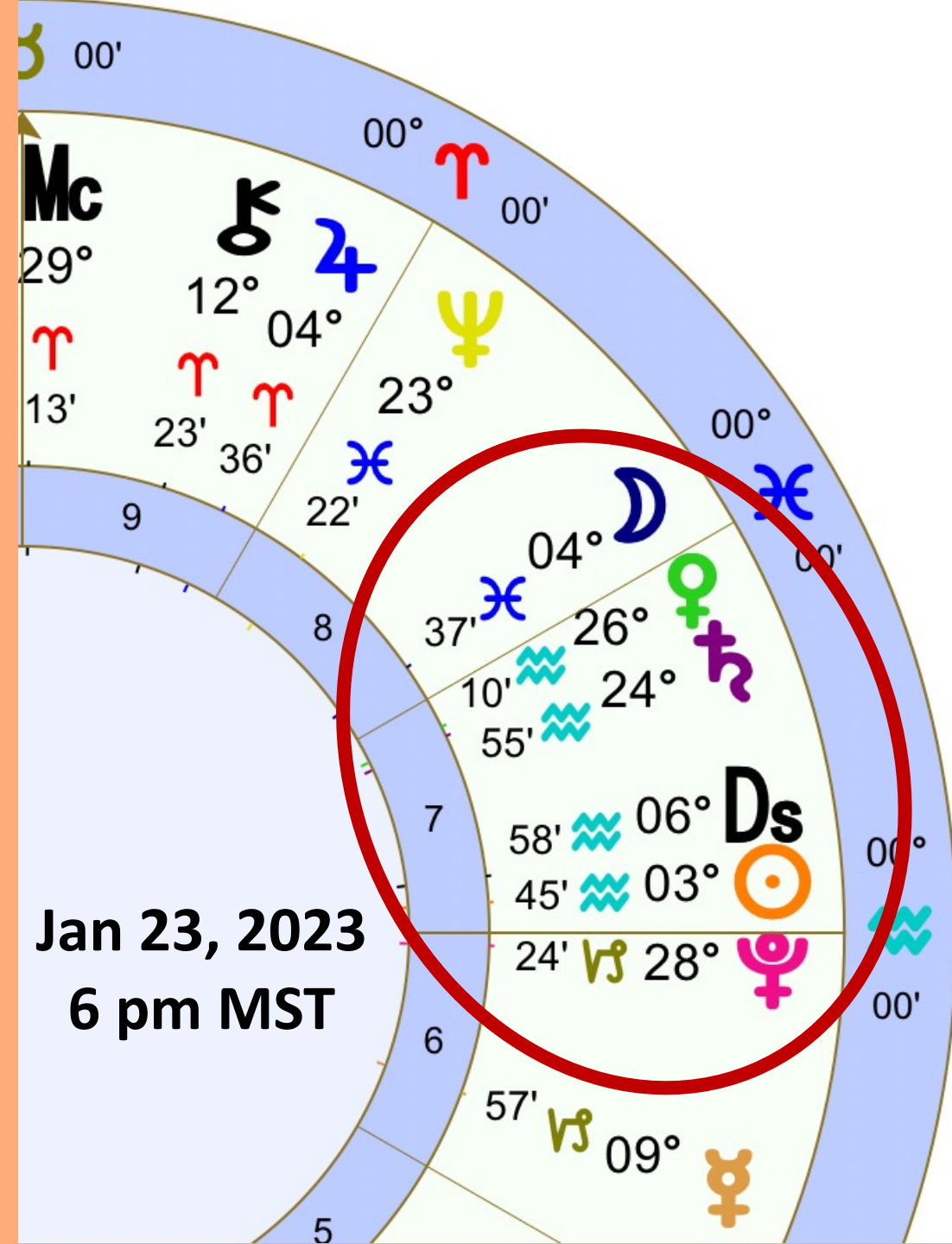


Jan 22, 2023
6 pm MST

Venus Saturn Conjunction
Crescent Moon Might be
visible with low horizon

©Venus Alchemy

SW

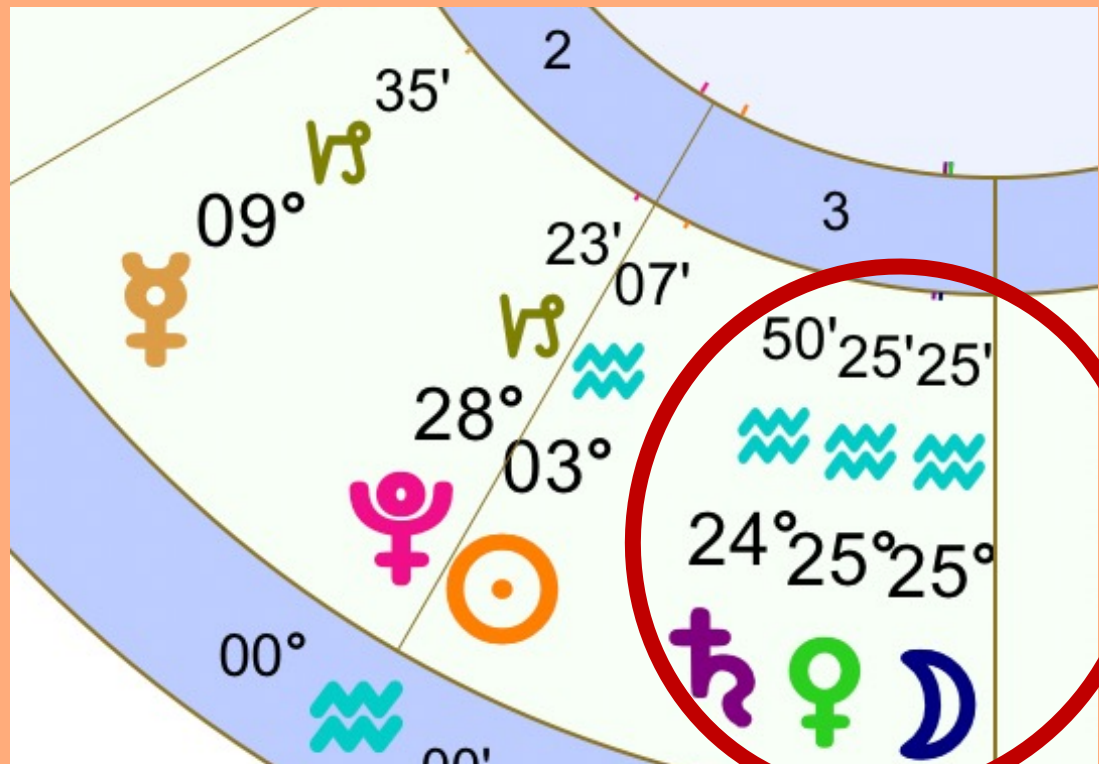
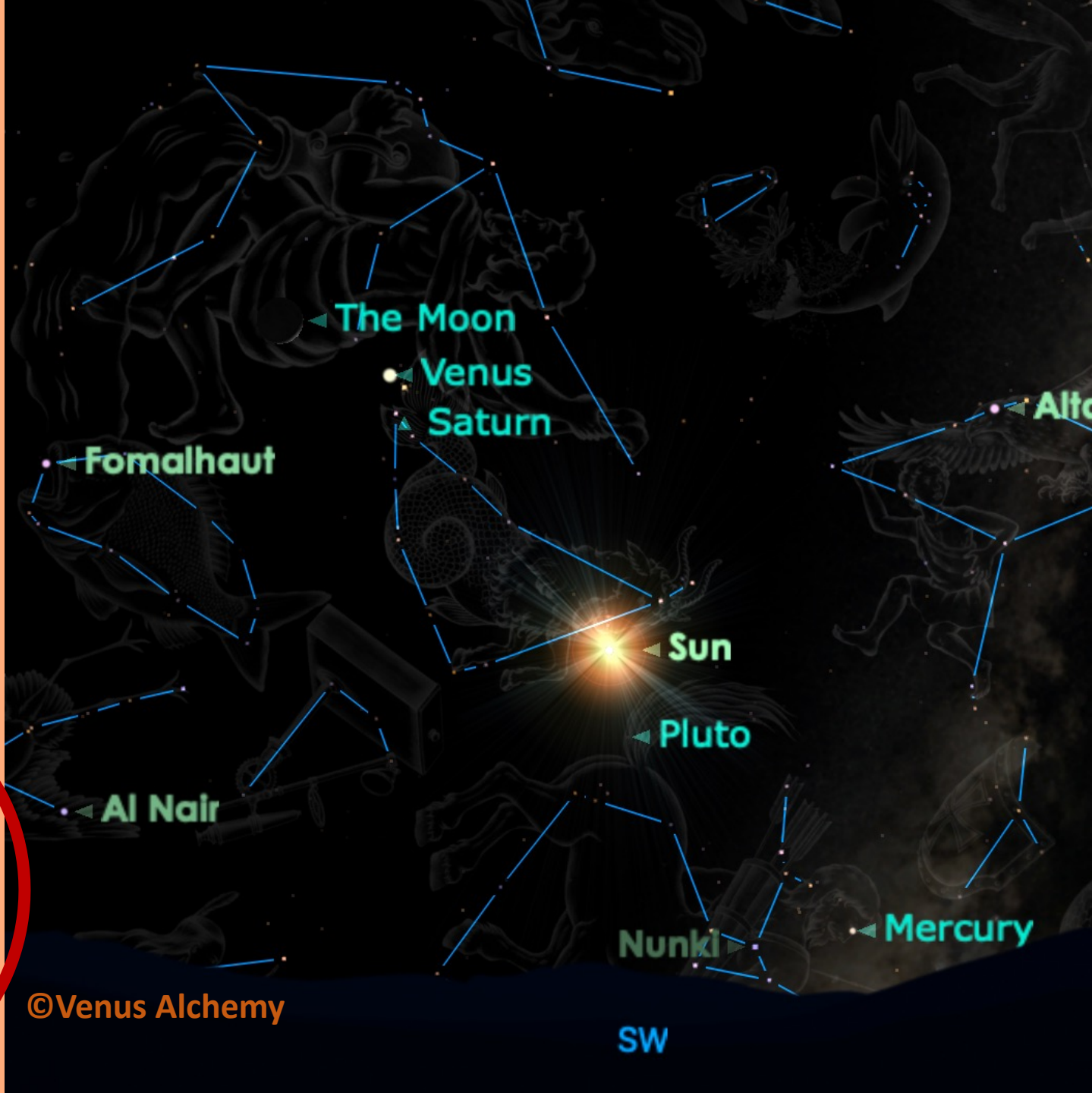


Event Venus Moon Exact With Saturn

Jan 23 2023, Mon

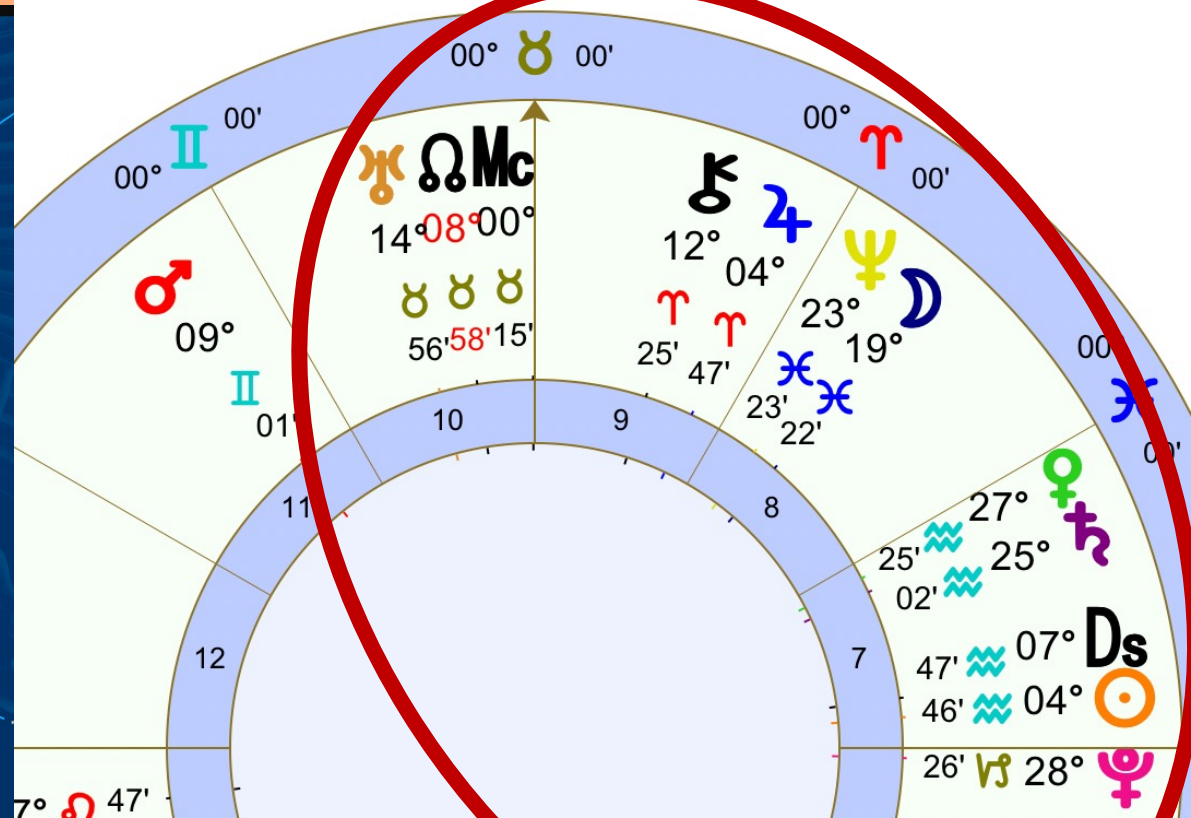
3:19:51 AM MST +7:00

Tucson, Arizona



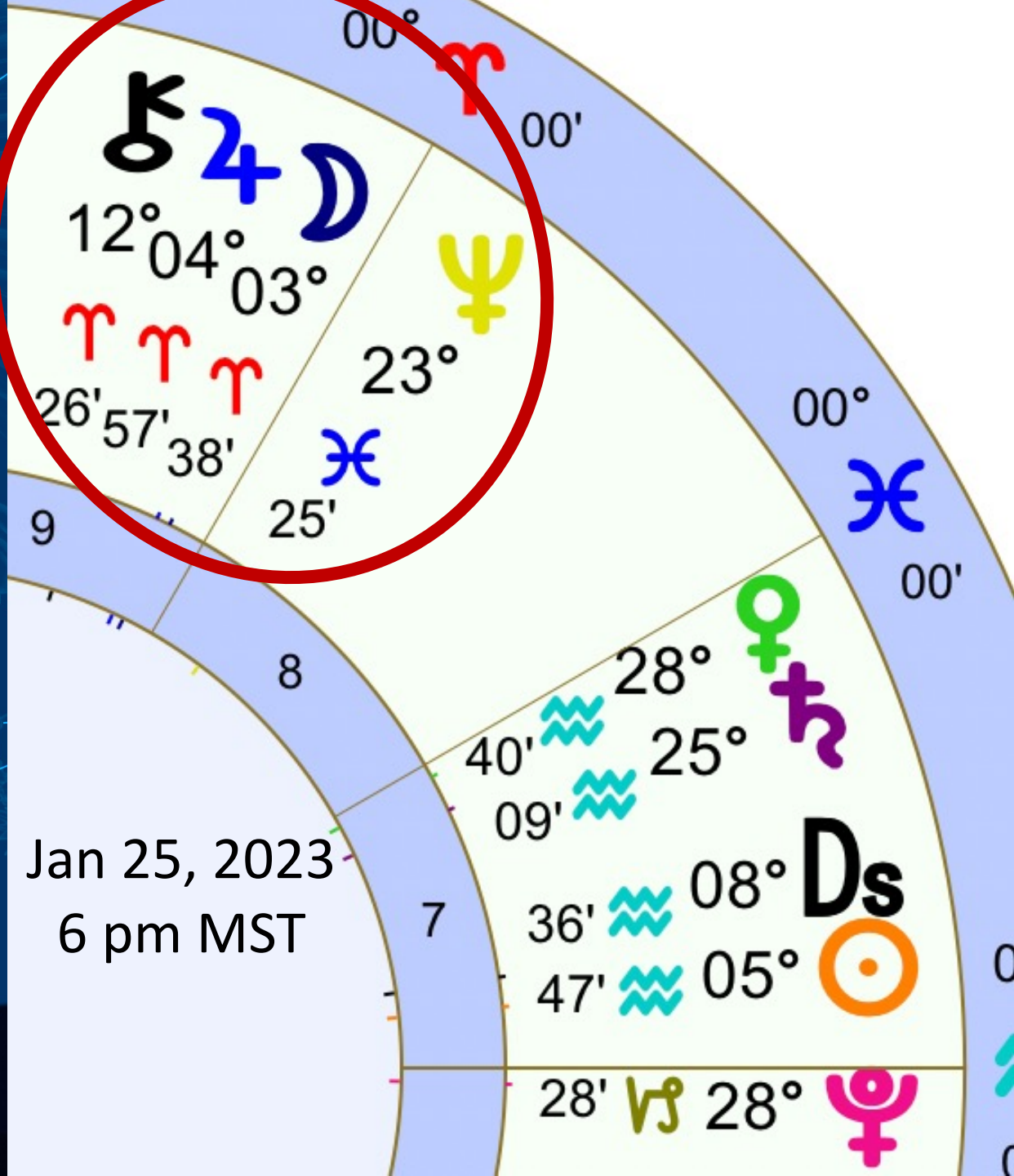
©Venus Alchemy

SW



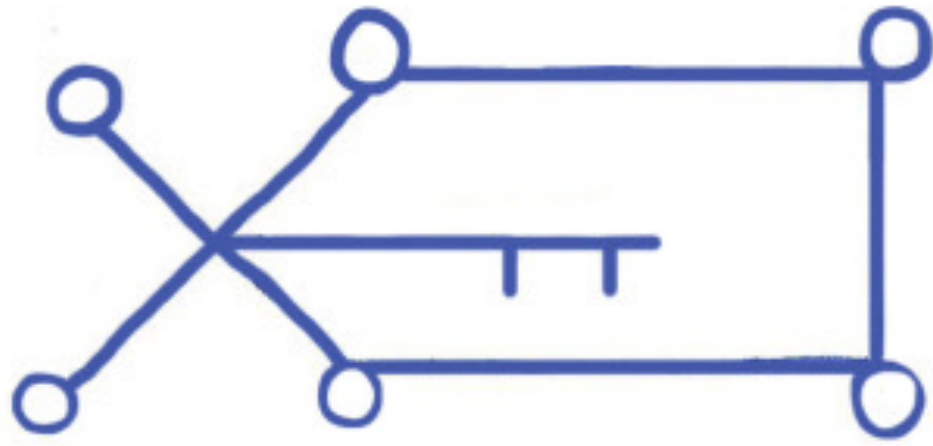
Jan 24, 2023
6 pm MST

©Venus Alchemy



©Venus Alchemy

SW



Deneb Algedi

Deneb Algedi 23° Aquarius 51' (tail of the Goat Fish)

Astronomy Designation: Delta Capricorni

Wisdom, Integrity, Upholding Justice, Balanced, Fair, Fortunate

Planets: Saturn and Mercury

Herb: Marjoram

Stones: Chalcedony

Color: Brown

Incense: Marjoram, Mugwort, Catnip

©My Star Alchemy

Deneb Algedi - Thank you for inspiring great fortune from the Wisdom you carry.

Thank you for guiding us in these times of transition into the New Earth

Thank you for the magical alchemy “between” the elements of Water and Earth

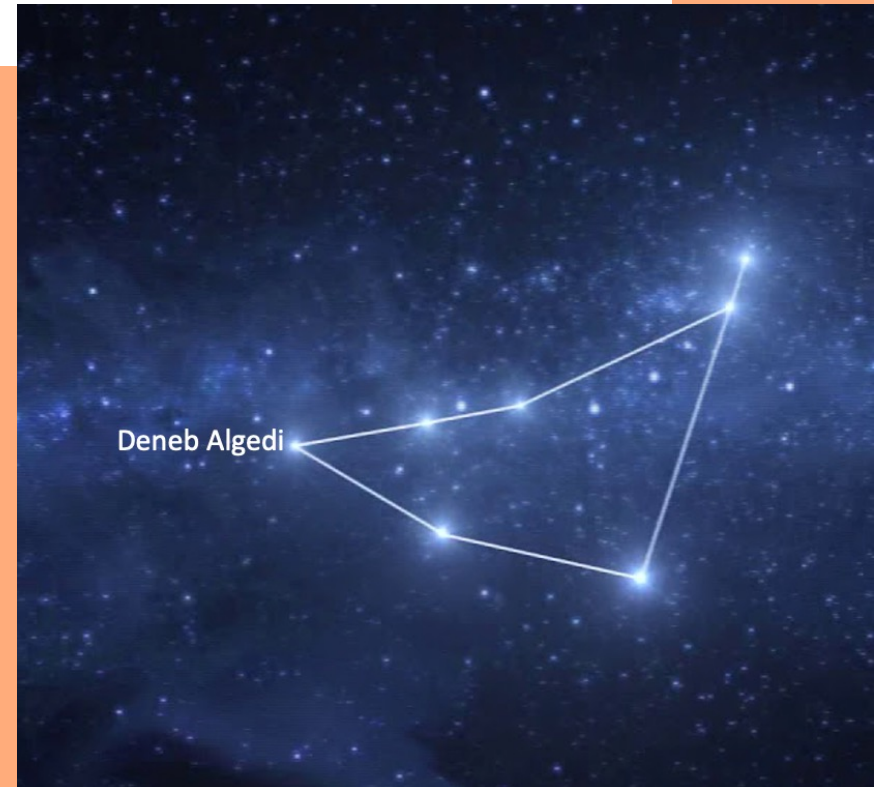
Empowering and Supporting whatever is emerging Next.

Thank you for helping us navigate these unprecedented times

as we reclaim lost and new wisdom - receiving the gifts of our own inner knowing

showing us ALL the Good Fortune Now Informing Our New Direction!

It is Done, It is So and And SO it IS! Blessed be!



The Sea Goat/Goatfish

Represents the elements of
Water (Sea) and Earth (Goat).

Water is: flowing, emotions (energy in motion), moving, receptive, adaptable, sensitive, the feeling realm

Earth is: embodied, stable, grounded, dependable, practical, the physical realm

Most planets in Aquarius (an air sign) are located in the Goatfish - adding the qualities of Earth and Water infused from these stars into the planets located here...

©My Star Alchemy

This adds additional insights into how the constellation may be informing the sign at this time.

We can imagine that the Air sign of Aquarius known for Revolutionary Ideas and a Cosmic Perspective is being infused with wise practicality guided by our feelings taking us into the New Earth.



Starlight Elixirs on Deneb Algedi The Tail of the Sea Goat A Blue-White Binary Star 37 light years from Earth

Helps heal money wounds so that money becomes a tool for evolution.

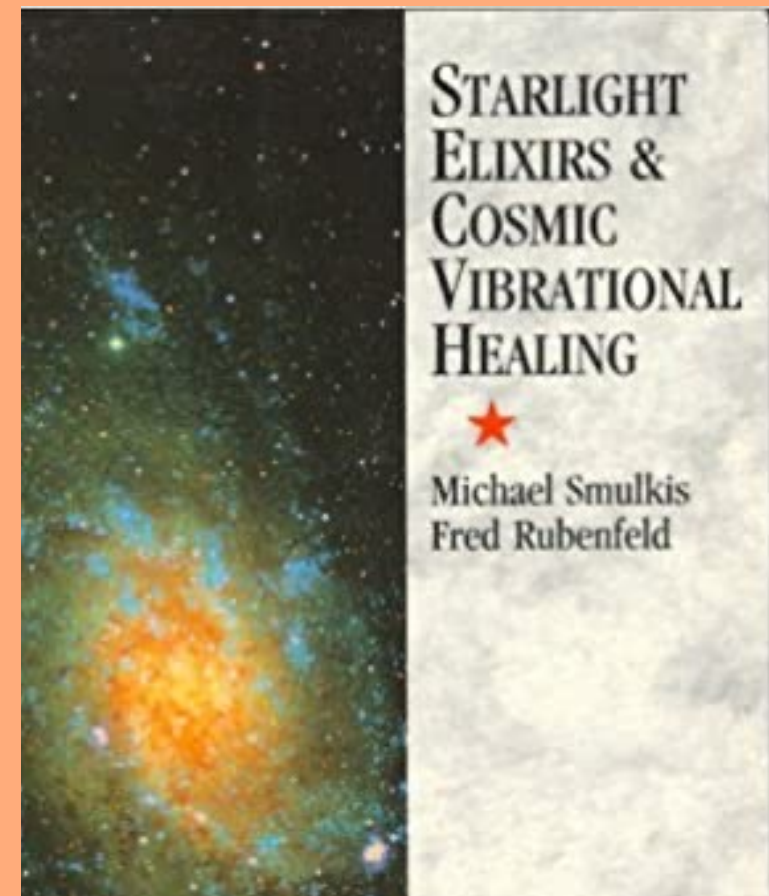
©My Star Alchemy

A helpful star to engage when attempting to predict trends in the stock market or economy and can provide the capacity for deeper understanding and connection to finances – remembering finances and money represent life force energy.

However, beware if money is the primary driving factor, overlooking integrity, wisdom and justice for all.

This star assists us in understanding and working with the bigger picture around how we are supported through our perspective and beliefs.

~ Starlight Elixirs and Cosmic Vibrational Healing by Michael Smulkis and Fred Rubinfeld published in 1992





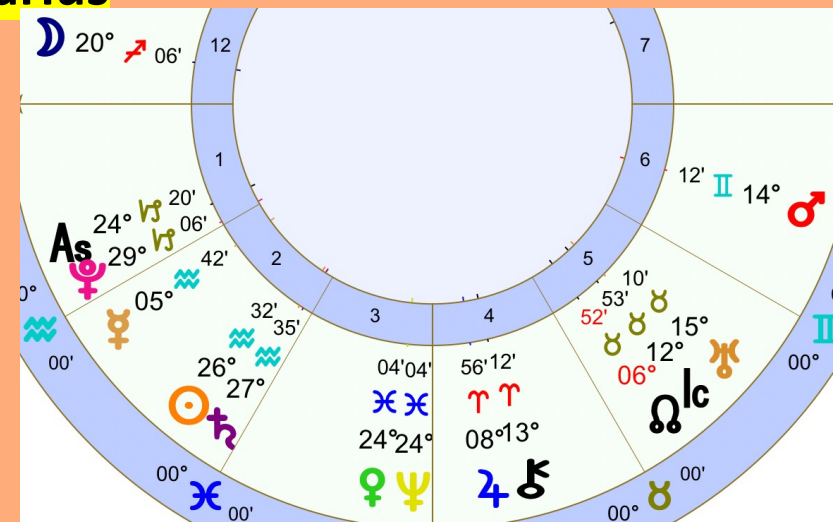
Capricorn Evening Star Sacral Chakra Gate

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- Jan 21 Aquarius New Moon Closest of 2023 and closest until 2145
- Jan 22 Venus conjuncts Saturn 25° Aquarius • Uranus stations Direct 14° Taurus 56'
- Jan 23 Venus Moon conjunction at the Sacral Chakra 25° Aquarius 25 • Jupiter And Juno
- Jan 26 Venus enters Pisces
- Jan 29 Sun 9° Aquarius trine Mars 9° Gemini very near Aldebaran
- Jan 30 Mars Moon with Aldebaran • Feb 03 Sun Cross-Quarter 15° Aquarius
- Feb 04 Venus 11° Pisces squares Mars 11° Gemini still very near Aldebaran
- Feb 10 Mercury conjunct Pluto 29° Capricorn
- Feb 11 Mercury enters Aquarius
- Feb 15 Venus conjunct Neptune 24° Pisces
- Feb 16 Sun conjunct Saturn 28° Aquarius
- Feb 18 Sun enters Pisces
- Feb 19/20 Pisces New Moon 1° Pisces 22 and Venus enters Aries
- Feb 22 Moon and Venus at the Solar Plexus Chakra Gate

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Venus Neptune Conjunction Feb 15



“Eagle Woman” by Susan Seddon Boulet

Reclaiming at the Sacral Chakra Capricorn Meta-Goddess with Venus in Aquarius

until Jan 26

Goddess of the Wisdom Keepers, please guide me to see through the sacred eagle’s view. Help me to understand the consciousness of the cosmos themselves. Show me the path to step back into wider perspective and connect with the entire galaxy. Help me to better know the universe through community and consciously understanding other’s experiences.

Please help me to reclaim my creative expressions with ease. Assist me to feel into my sensuality with confidence and empowerment. Allow me to experience deep pleasure, while soaring through the atmosphere, where my enjoyment broadens my comprehension of the Universe.

- What would it take for me to feel completely comfortable with my sensual and sexual self?
- What would it take for me to know my full creative power and express it?
- What would it feel like for me to trust myself, my connection to and place within the universe?

Reclaiming at the Sacral Chakra Capricorn Meta-Goddess with Venus in Pisces

Jan 26 - Feb 20

Wise Grandmother who knows, please teach me the ways of compassion and unconditional love. Help me to provide healing through empathy and kindness. Guide me to provide a safe space for my own healing that flows out to others. Show me how to serve Spirit by merging into and becoming one with the heart of the cosmos.

Please help me reclaim my sacred creative powers with compassion for myself. Assist me in reclaiming my desire for pleasure in my body. Aid me in feeling the sensual beauty of my human form. Show me my feelings are valuable and offer healing into the world.

- What would it take for me to trust my intuitive feelings?
- What would it take for me to enjoy all aspects of my human body?
- What would it take for me to sense my divine healing powers?
- What would it take for me to experience empathy with all sentient beings, holding space for all our healing journeys?
- What would it feel like to unconditionally love my womb, love myself?
- What would it take for me to know compassion is one of my superpowers?



Artist unknown

This **111-year-old grandmother environmentalist** is known for planting 385 banyan trees and 8,000 other trees over 80 years in India. At the age of 40, she wanted to end her life as she could not conceive. She found solace in planting banyan trees along with her husband. She raised her trees like her own children. She is known as the **“Mother of Trees”**. She and her husband not only planted those trees but also fenced, watered and guarded them. They used to carry four pails of water for a distance of 4 km [2.4 miles] to water the saplings. They used whatever little resources they had to plant trees. This became Thimmakka’s daily routine for many years though it did not help in her financial condition. With her achievements, she has become a **role model to the entire world**. **“Even One sapling each could make a better place for our children.”**



Venus in Leo
Aquarius
MetaGoddess
Evening Star
Born on the
Moon/Venus
Conjunction at
Third Eye Chakra
gate

Honoring the Cronos – Saalummarada Thimmakka

Who are the Capricorn Sacral Chakra Demons showing up for you?

- Judging your choices as unwise, impractical, insufficient
- Fear of NOT ENOUGH – money, time, creativity, resources
- Wanting to control things outside of your control
- Fear your efforts will produce little or no real results
- Assessing your value based on how much you accomplish and achieve or how much money you make
- Trying to live up to an external standard that isn't you
- Judging or stuffing your feelings
- Blocking the flow and/or creative force within you
- Fear of your immense creative power
- Not valuing or recognizing what feels good and pleasurable

Name yours _____



Fear of Creativity

“Fear is always triggered by creativity, because creativity asks you to enter into realms of uncertain outcome, and fear hates uncertain outcome.”

ELIZABETH GILBERT, BIG MAGIC

5 fears that Creatives must overcome:

- Fear of vulnerability

“Vulnerability is the birthplace of innovation, creativity, and change.”

BRENE BROWN

- Fear of failure

“It is hard to fail, but it is worse to never have tried to succeed.”

THEODORE ROOSEVELT

- Fear of success
- Fear of inadequacy

“You alone are enough. You have nothing to prove to anybody.”

MAYA ANGELOU

- Fear of hard work - misunderstanding the creative process should always be easy



Pleasure is Medicine, Pleasure is Empowering

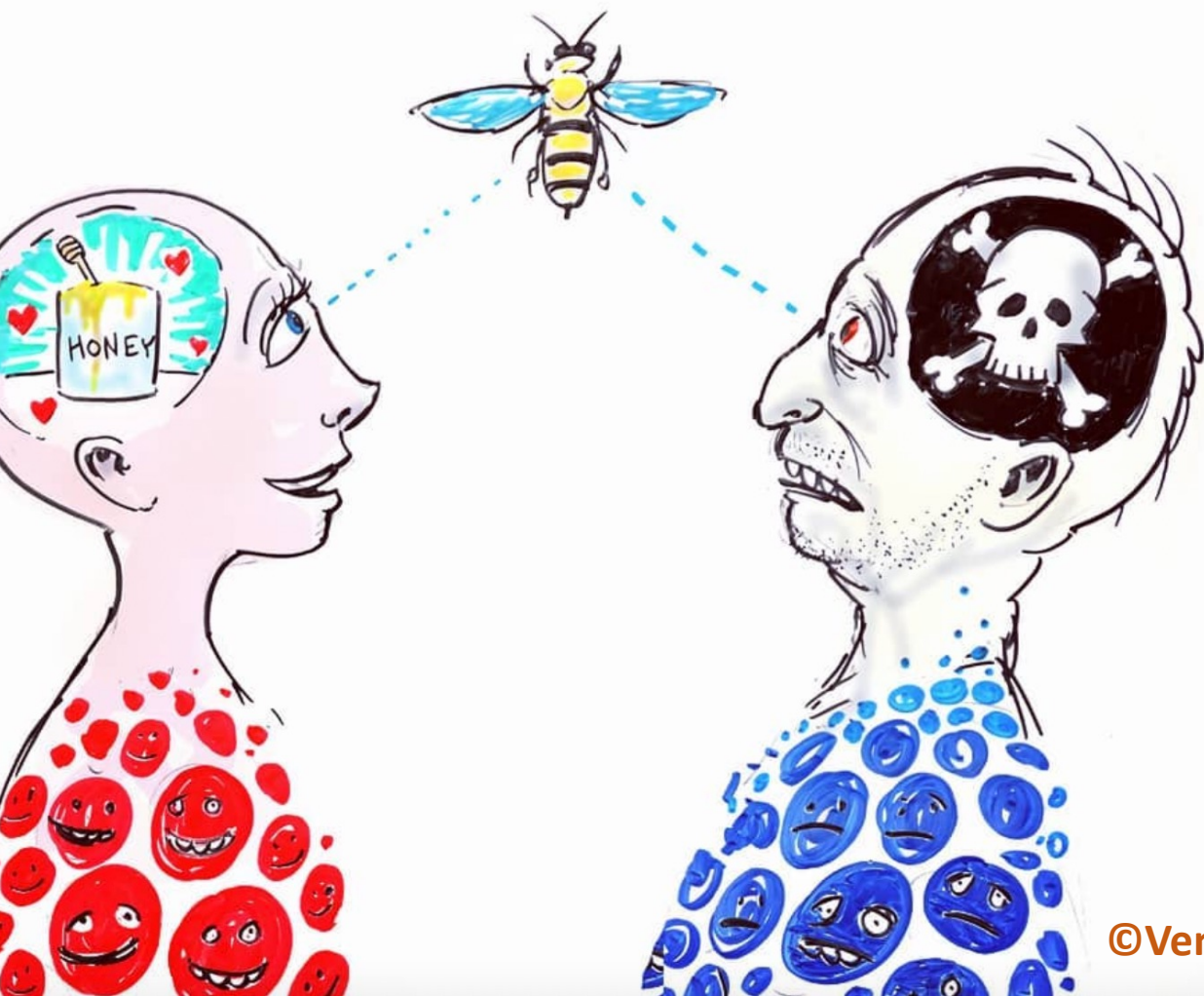
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Pleasure is Sacred

the moment you change your perception,
the moment you rewrite the chemistry
of your body.

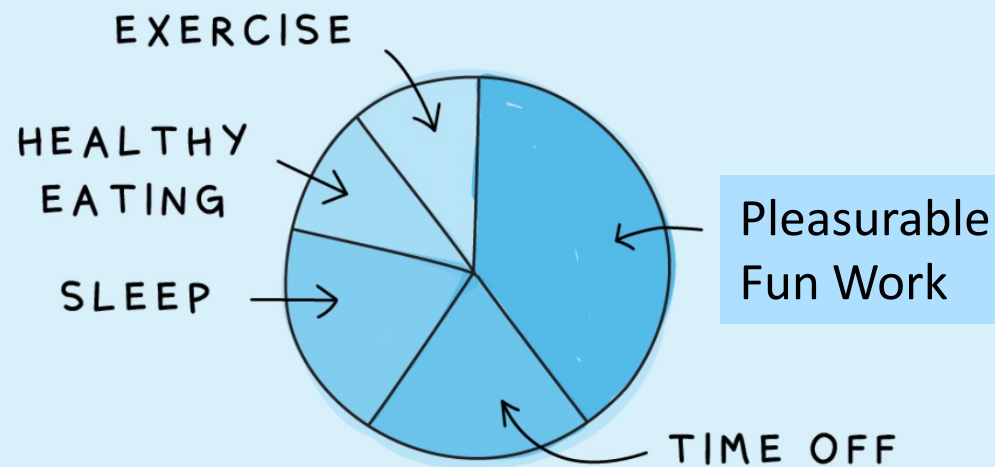
- Dr. Bruce Lipton



WHAT I THOUGHT WOULD
MAKE ME PRODUCTIVE



WHAT ACTUALLY DOES



The Pleasure Hormones

Activating the Medicine of Pleasure

DOPAMINE

(The Reward Chemical)

Listen to music

Try something new

Do something creative

Tick something off your list

SEROTONIN

(For Good Moods)

Exercise

Bask in the sun

Practice meditation

Eat a healthy meal

OXYTOCIN

(The Love Hormone)

Hug someone you love

Spend time with friends

Show affection

Do something nice for someone

ENDORPHINS

(The Pain Reliever)

Take a hot bath

Create music or art

Yoga

Laughter

How to Increase Oxytocin Levels

1

Socialize

Surrounding yourself with loved ones (including pets) and experiencing physical touch is one of the most effective ways to raise oxytocin.

2

Get Some Sun

Vitamin D aids in the production and release of oxytocin, and comes from spending time in the sun.

3

Exercise

Many studies suggest exercising for at least ten minutes per day increases oxytocin levels.

4

Listen to Music

Taking time to listen to your favorite music often raises oxytocin levels.

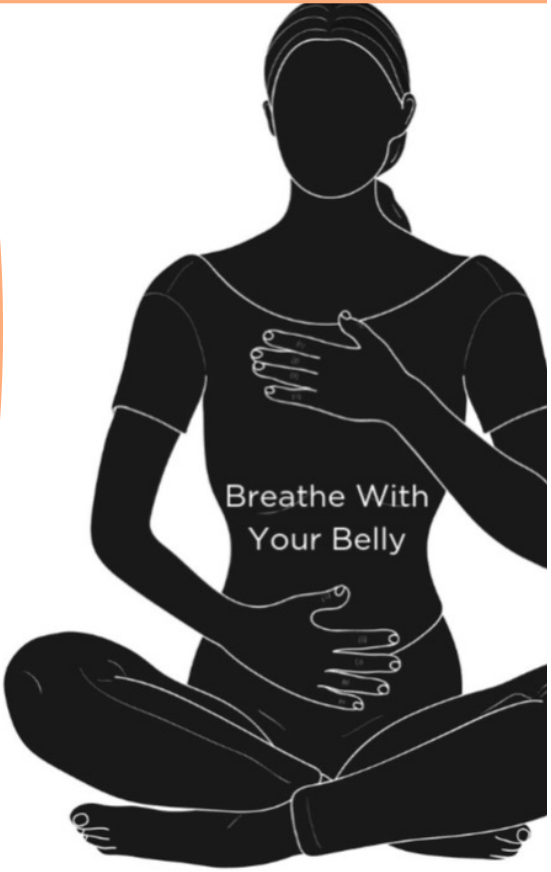
HAAAA Breathing Stimulates the Vagus Nerve And Increases Oxytocin

Hand on Belly - Breathe In and Feel Your Belly Rise. Release your breath with a pleasurable audible HAAAAAAA...for as long as you can sustain it. Repeat at least 3 times.

When exhaling with an audible “HA” allow a smile to help increase the feelings of pleasure.

Tone with a toning app or with any sound or tone that ignites the good feelings you get from oxytocin and endorphins.

If it feels pleasurable place your hand over your heart



Vagus Nerve: Information Superhighway

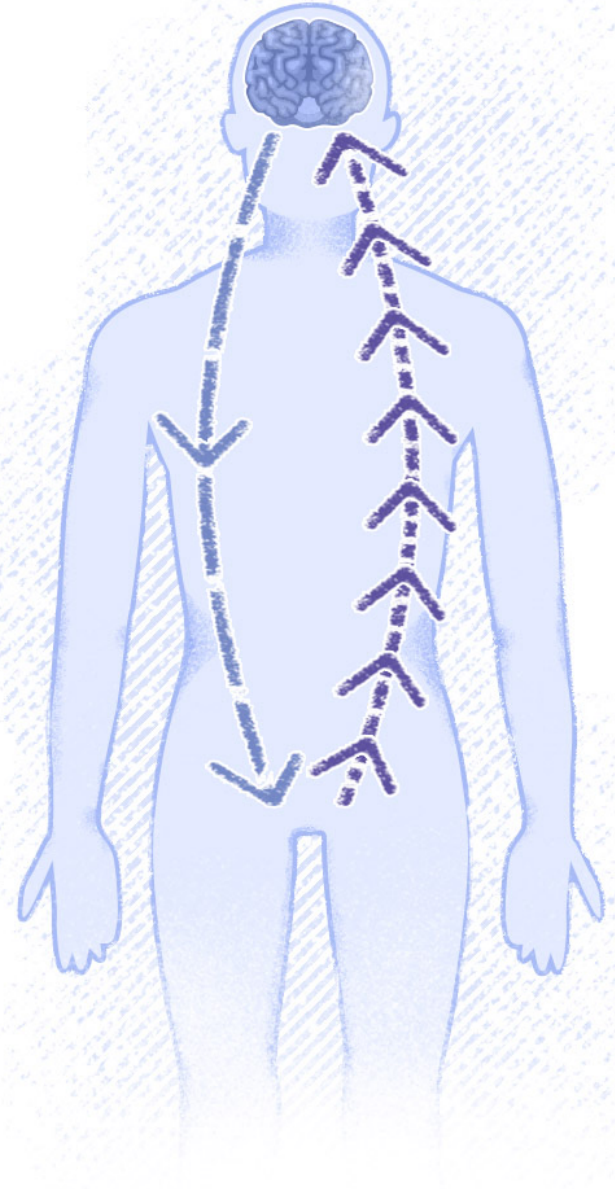
DID YOU KNOW?

80%

of the vagus nerve fibers communicate from the body to the brain

20%

communicate from the brain to the body



Sacral Chakra and A New View of the Pleasure Paradigm

Some feel our natural ability to experience pleasure was purposely negated via a virus that infected our DNA and disconnected humanity from its natural pleasure center.

The old story/myth of what happened in the Garden of Eden describes how humanity lost the ability to experience sustainable, ecstatic pleasure.

With the loss of the ability to experience genuine sustainable pleasure negative feelings, experiences, and actions result releasing vast amounts of negative life force energy.

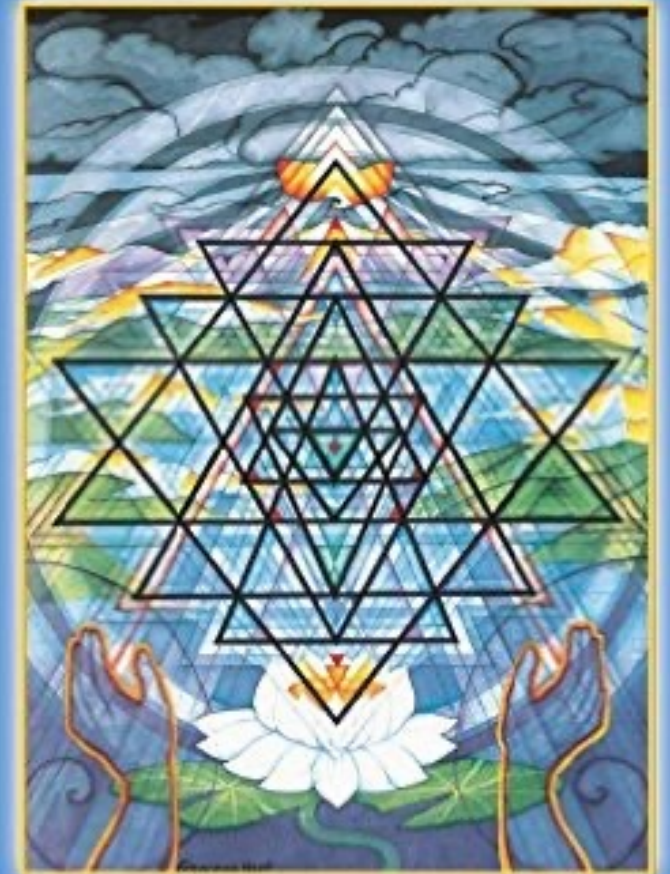
From that time forward we have only had the ability to experience fleeting pleasure and that increases our desire for MORE pleasure without really knowing how to do that in a healthy way.

With the loss of the ability to experience genuine sustainable pleasure, all kinds of negative feelings, experiences, and actions result releasing vast amounts of negative life force energy and humanity became easier to control.

We are here to change that and reclaim moment to moment Sacred Pleasure as our Divine Birthright...

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The Brotherhood of the Magi



by Jessie E. Ayani

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Sacral Chakra and the Pleasure Paradigm

The wisdom of the Sacral Chakra can help us awaken from the **false reality/false dream** so we realize we never really lost the ability to experience sustainable healthy pleasure.

Reclaiming genuine Healthy Pleasurable experiences as our divine birthright helps us cocreate a **new reality/a new dream** founded in beauty and sacred pleasure – based in a Healthy Sacral Chakra.

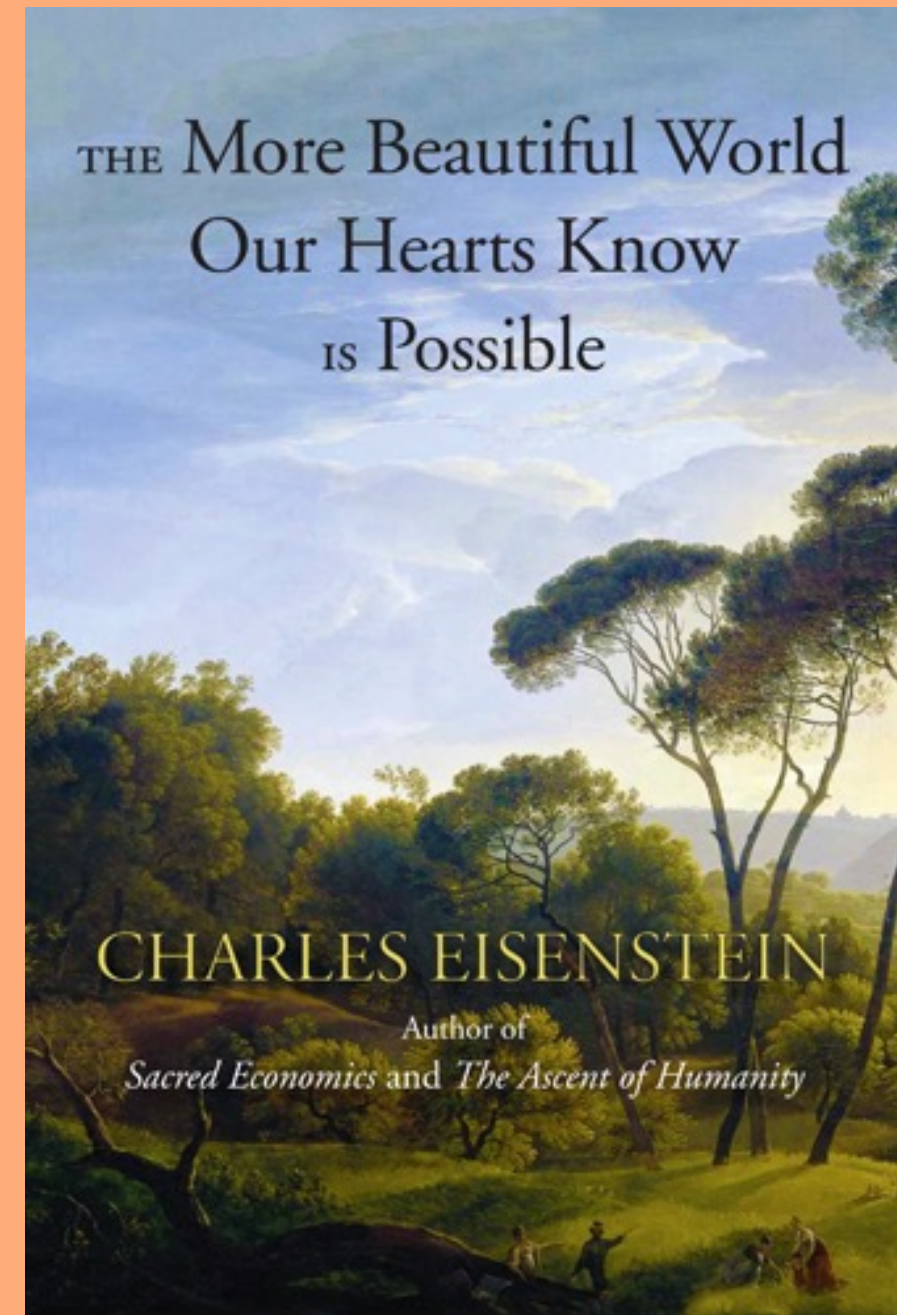
Our Tools to Accomplish this Include:

Awareness, Intention and Attention, Being more conscious of the choices we make – choosing healthy pleasure

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Including choosing healthy:

Lifestyle, Self-Talk, Self-Love, Respect, Approval, Acceptance of Self and Others



Quotes from Maria Nemeth

Author of the Energy of Money

How You Do Money is How You Do Life!

Maria Nemeth ~ The Energy of Money

See her Ted Talk - ***Would it be ok with you if life got easier?***

<https://youtu.be/dOFH4S-Fs3c>

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*Every time you are willing to say
"Yes" to everything on your path,
you express the hero inside of you.*

***Would you prefer to be known for:
Your complaints or your contributions?***

Your issues or your ideas?

Your drama or your dreams?

Your reasons or your results?

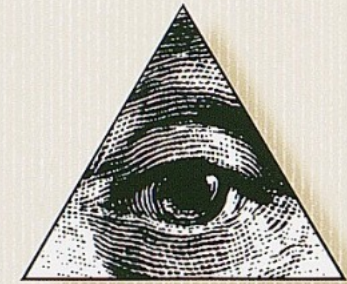


"A new approach to working with energy that can free your spirit, expand your vision, and help you achieve your purpose. A soulful guide for financial success."

—Caroline Myss, Ph.D.

Author of the *New York Times* bestseller *Anatomy of the Spirit*

The Energy of Money

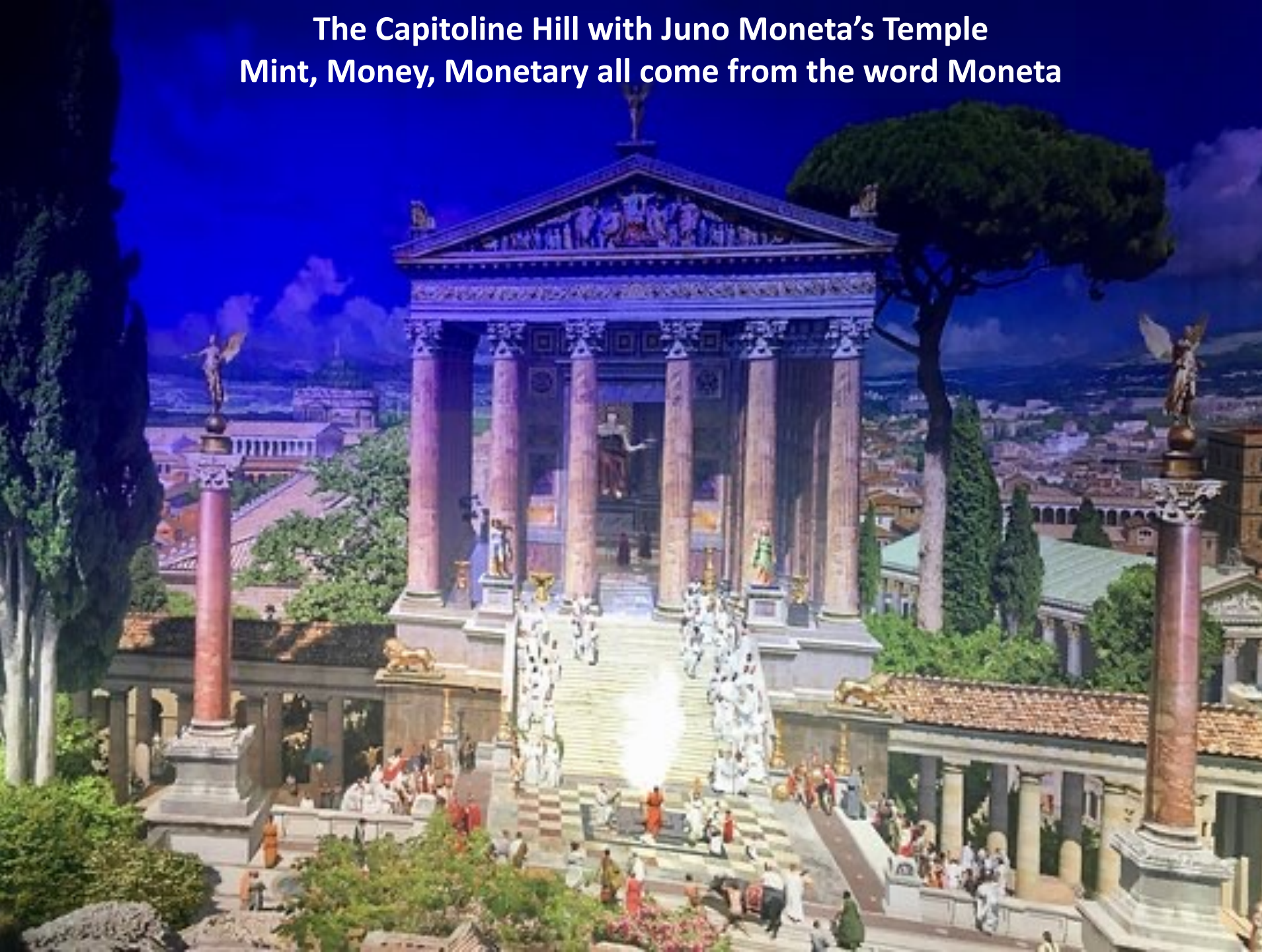


A Spiritual Guide to
Financial and
Personal Fulfillment



Maria Nemeth, Ph.D.

**The Capitoline Hill with Juno Moneta's Temple
Mint, Money, Monetary all come from the word Moneta**



Both Capricorn & Money take on the “flavor” of the dominant paradigm.

This paradigm changes as our perspective about Money/Value changes

The hidden/forgotten essence of Money and Capricorn are they are Feminine in nature...

As our paradigm shifts and the feminine comes back into balance with the masculine, how might we infuse money with sacred intent and its most effective use in supporting and uplifting all life?



Ways to Change your Relationship With Money

Increase Awareness around your Money
Including: Patterns and Habits you have around your money beliefs.

Then Make New More Supportive Choices.

Give Yourself Permission to Have More Money.
Remember desiring to be - and being financially successful - doesn't diminish anyone when operating from integrity.

Playing small doesn't help you and it will never help anyone else because it limits how much you can be supportive to others.



Remember to celebrate the Money flowing to you and the money flowing from you

Track your Income and Outgo

@Venus Alchemy

Ideally track money flowing to you and track the money that is flowing from you on a daily or nearly daily basis.

Bless this flow (either direction) and know that this practice helps to focus your attention on growing your relationship with Money.

Money is not the root of evil. It is how money is used that is for the greater good or for power and control

Have a Savings Plan!

Ideally a minimum of 10% of what you earn goes into savings each month – this is for emergencies, projects, inspiration and a sense of security.

If you have debt then first create an emergency fund, then focus on paying off your debt as quickly as possible.

Paying off Debt is freeing and helps you create confidence and security - a second chakra blessing that also increases a sense of pleasure

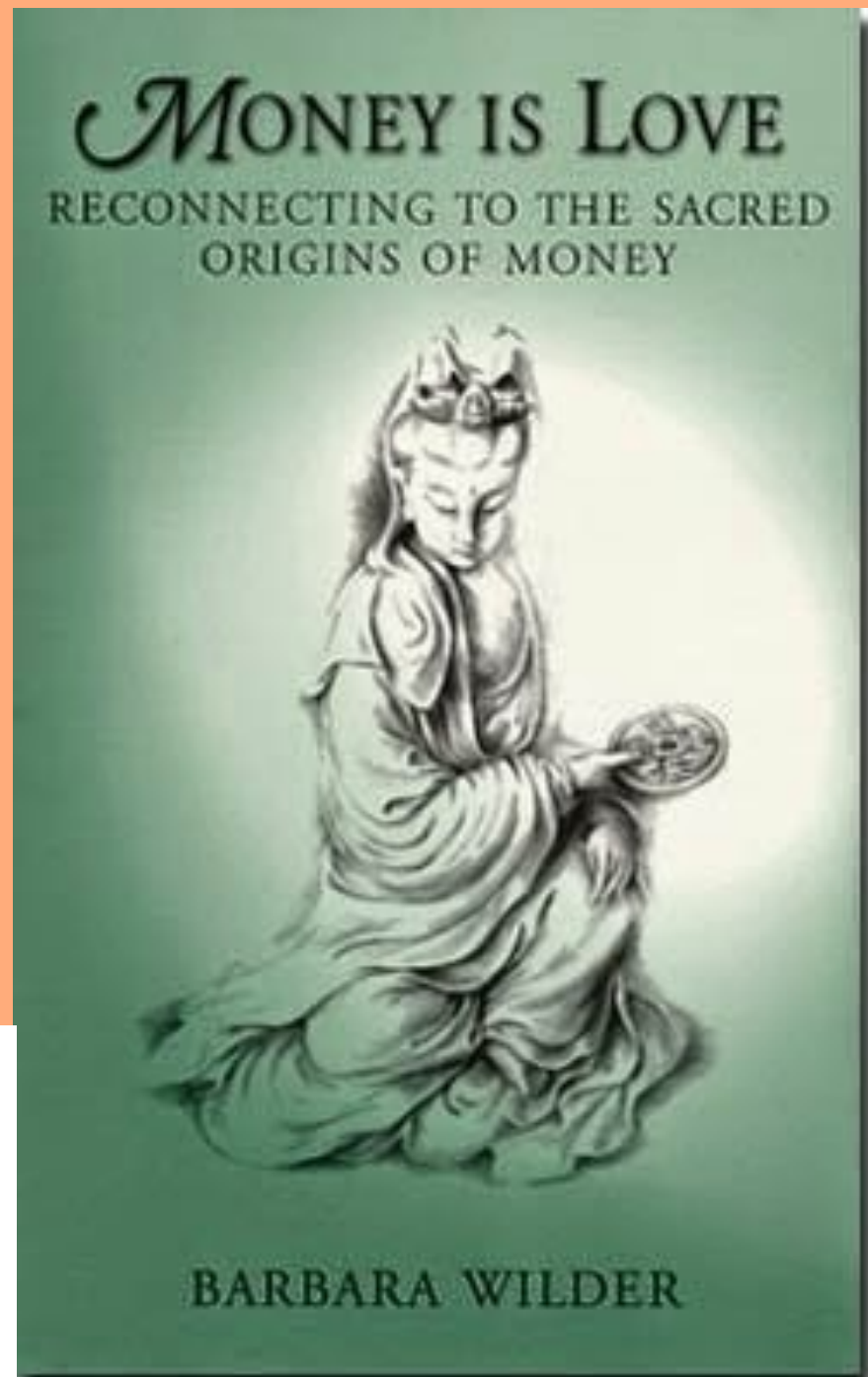
Money as Sacred, Money is Love

Money is the visible sign of a universal force, and this force in its manifestation on Earth works on the vital and physical planes and is indispensable to the fullness of the outer life. In its origin and its true action it belongs to the Divine. ~ Sri Aurobindo

Money is Energy and Energy is Limitless. By changing our feelings about money from fear, anger, greed and scarcity, to love, joy, abundance and goodwill, we can transform the way money moves through our lives and the lives of others all over the world.

~Barbara Wilder [Money is Love](#)

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Healing the Capricorn Money Shadow

Practice Seeing Where You Unconsciously Judge your value and worth and that of others – Is it Tied to the Old World Money Story of not enough, money doesn't grow on trees, hard work pays off, money is evil, or the love of money is evil etc...?

Begin Seeing and Challenging Subtle Inner Beliefs of Power-Over.

See everyone who is in service to you (check out person at the store, health care providers, repair people, those providing assistance in any form) as Beings of Power, Purpose, Creative Genius and Abundance.

Begin to perceive Acts of Service as Acts of Power.

Bless Money You Receive and Give and increase exchanges that directly connect you with others (farmers market, credit unions, barter, pay it forward etc.).

Invest in, purchase from, and Donate To Businesses and Endeavors that Heal Communities, Earth, Economy.



I saw that.
-Karma

*Money healed can begin to
heal all that it touches.*

*From Money is Love
By Barbara Wilder*

Sex, Money, And Pleasurable Life Force Questions

How does the Capricorn Feminine within experience the wisdom of personal value through activities that light her up?

Are you responding to what you think you should do - a sense of duty?

Or from an inner feeling fueled by genuine desire?

What do you desire to create?

Desire is the engine of creation.

Attachment to how desire manifests is what causes issues...

What is your “why” for creating?

*When Your Actions are Accompanied by Pleasure
You know you are on the Right Track*





New World Wisdom around Money and Economy

Be on the look out for News Items, Stories, Movies etc. that are focused on New Money and Economic Projects.

For example, a **high-profile universal basic income experiment in Stockton, California** gave randomly selected residents \$500 per month for two years with no strings attached. This effort measurably improved participants' job prospects, financial stability and overall well-being, according to a newly released study of the program's first year.

Article Describing Success of Guaranteed Income In Stockton, California

<https://www.npr.org/2021/03/04/973653719/california-program-giving-500-no-strings-attached-stipends-pays-off-study-finds>

[Zeitgeist Movies](#) and [Sacred Economics](#) by Charles Eisenstein

The Womb of all Possibilities

The “feminine womb of creation” (symbolically men and women both have access to the womb of creation) is designed to naturally release, clear, and cleanse anything in the way of being powerful creators accessing infinite intelligence and infinite possibilities.

What would it take to reclaim and know yourself as a powerful creator?

What needs to be cleared and cleansed from your creative womb so you recognize what is yours to create?

Maybe you are here to co-create the New Earth through your capacity to love?



Tagetes (Marigold) – Sacral Chakra

- Slows down time
- Extremely grounding
- Strongly calming, sedative
- Helps with emotional control
- Brings clarity
- Respiratory support
- Muscle aches and pains
- Anti-inflammatory
- Essential oil is bright orange color



Tangerine – Sacral Chakra

- Promotes creative life force
- Fosters creativity
- Joy and pleasure in a bottle
- Helps us find the joy in life
- Promotes light in the body
- Emotionally and spiritually supports our inner child
- Relieves stress and depression
- Supports lymphatic circulation, helps edema
- Essential oil is bright orange color



Home Play

Deepening Practices

- Create/Renew/Connect with your **Venus Altar**
- Continue with or initiate a **Venus Journal**
- See if you can see **Venus with the Moon on Jan 22, 23, 24**
- Spend time with Venus and the Moon in the **Evening Sky**
- **Ceremony** With Venus & Moon in Evening Sky
- Evening Star **Venus Buddy** Check-In (buddy signup on class page)
- Set your **intention** for what you are **reclaiming** and work with any of the questions listed before that resonate with you
- Listen to Guided Journeys and Meditations, most especially the **Sacral Chakra Meditation** by Cayelin (22 min)
- **Share** your experiences and insights on Facebook





Ceremony

Evening Star Venus – Jan 7 by Sheridan
© Venus Alchemy



Connection Groups

Guidelines

Joining the Groups is Optional – feel free to take off if you're done for today

Purpose is to foster community, connection and offer mutual support

We are here to listen and be heard (please, no cross talking or interrupting)

We are not here to fix or judge – just listen

Give everyone an opportunity to share (be mindful of the time)

Feel free to continue the conversation by mutual agreement via personal messaging after the class

Connection Conversation

**Start with Your Name and
Where You are From**

**Greatest Gift/Highlight
and/or Biggest Challenge
from the Root Chakra Gate**

Intention for the Sacral Chakra

**If you are new to the journey
share your intent and what you
are hoping to experience?**

