



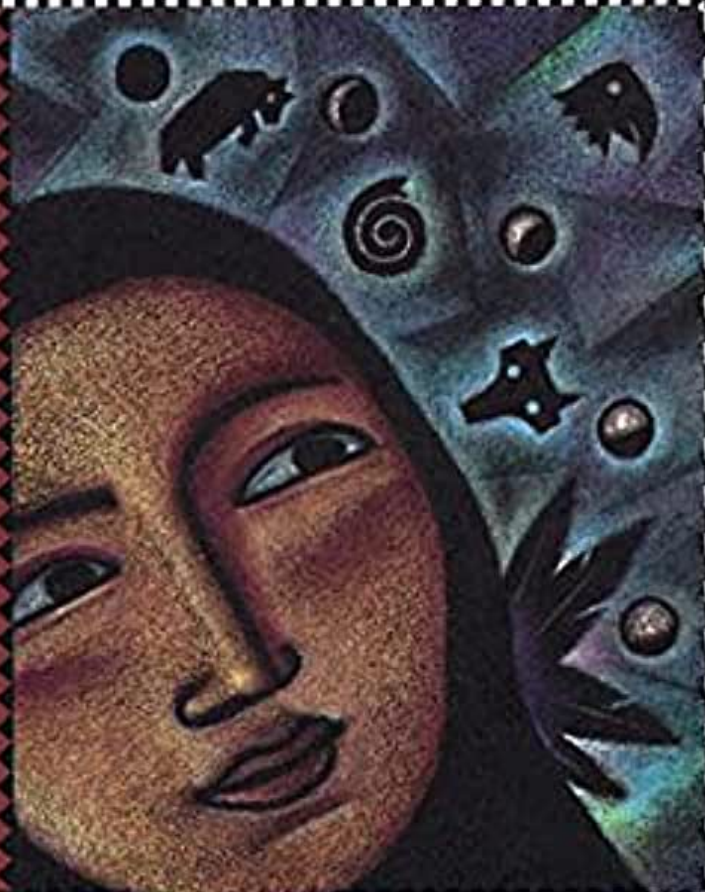
**Venus Alchemy
Capricorn
Evening Star**

**Throat Chakra/5th Gate
The Voice of the Goddess
Reclaiming Healthy
Communication**

with Cayelin K Castell and Sheridan Semple

THE 13 ORIGINAL CLAN MOTHERS

YOUR
SACRED
PATH TO
DISCOVERING
THE GIFTS,
TALENTS &
ABILITIES
OF THE
FEMININE
THROUGH
THE ANCIENT
TEACHINGS
OF THE
SISTERHOOD



JAMIE SAMS

Looks Far Woman

Mother, teach me how to see
The Shining lights of Stars,
The Faces of the Ancestors,
In worlds both near and far.

Show me how to welcome
The visions appearing to me,
Seeing the truth in detail,
Unraveling each mystery.

Walk me through the Dreamtime
Of altered time and space,
That I may share those visions
With every creed and race

Doorkeeper of all dimensions,
I see your Medicine Ways
Of how to earth my visions
Seeing Truth, inside me, today.



<https://www.herbalmusings.com/looks-far-woman>

Grandmother Goddess Prayer

Claiming Healthy Communication

© Venus Alchemy

Beloved Wondrous Wise Grandmother Goddess
You Who Know and Use the Power of your Voice as a Magical Tool

Thank you for Guiding Me to Reclaim a Confident, Compassionate, Loving Voice
Sharing Heart-Felt, Kind, and Insightful Truth with Myself and the World
Including Speaking in Wise Ways that Promote More Authentic Connections

Guide ME in Knowing how best to Express the Creative Power of my Voice...
So I am Skillfully Using My Words to Promote Peace, Harmony and Delight
Expressing Gratitude and Appreciation when Appropriate
Knowing When To Deeply Listen ... even when I don't agree
Honoring and Respecting Points of View that Differ from Mine.

Thank you for Guiding me to know the best ways to
Be More Discerning and Fortright
Courageously Taking Responsibility for all that I Say and Do

Thank you for Guiding Me to Trust Myself to Speak and Act Co-Creatively
Using My Voice to bring MY Wisdom, Magic and Special Gifts into Manifest Form.

Help me KNOW What Is Truly Mine to Say or NOT Say in all situations
So my words are Beneficial to All Life.

It is Done, It is SO and All Heaven and Earth Rejoice. Blessed Be!



Overview

Clan Mother – Looks Far Woman

Sky Magic

Capricorn Meta Goddess in Gemini and Cancer

Demons at the Throat Chakra

Honoring the Crones

Spiritual Aromatherapy

Practices for Empowering Our Voice

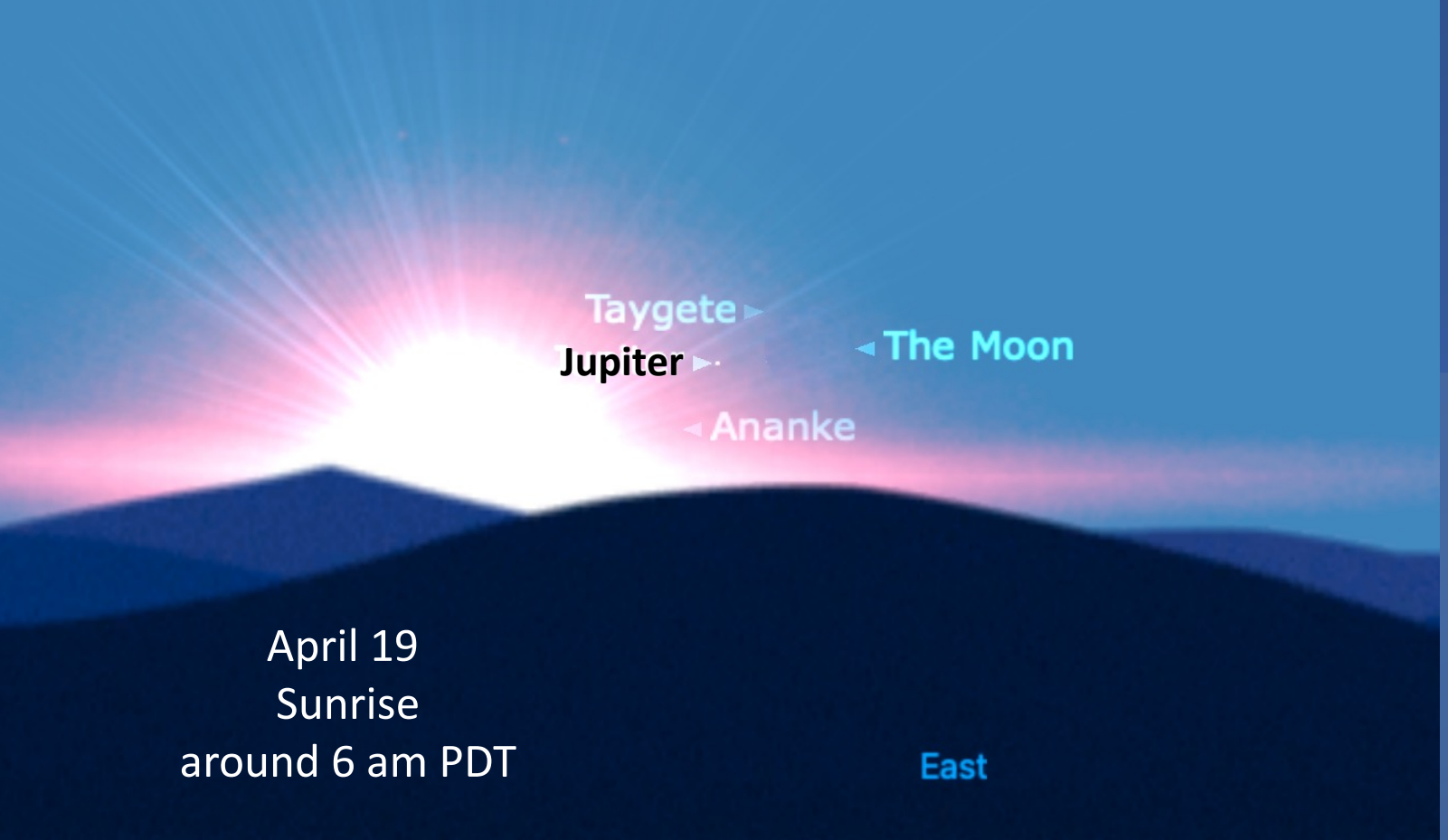
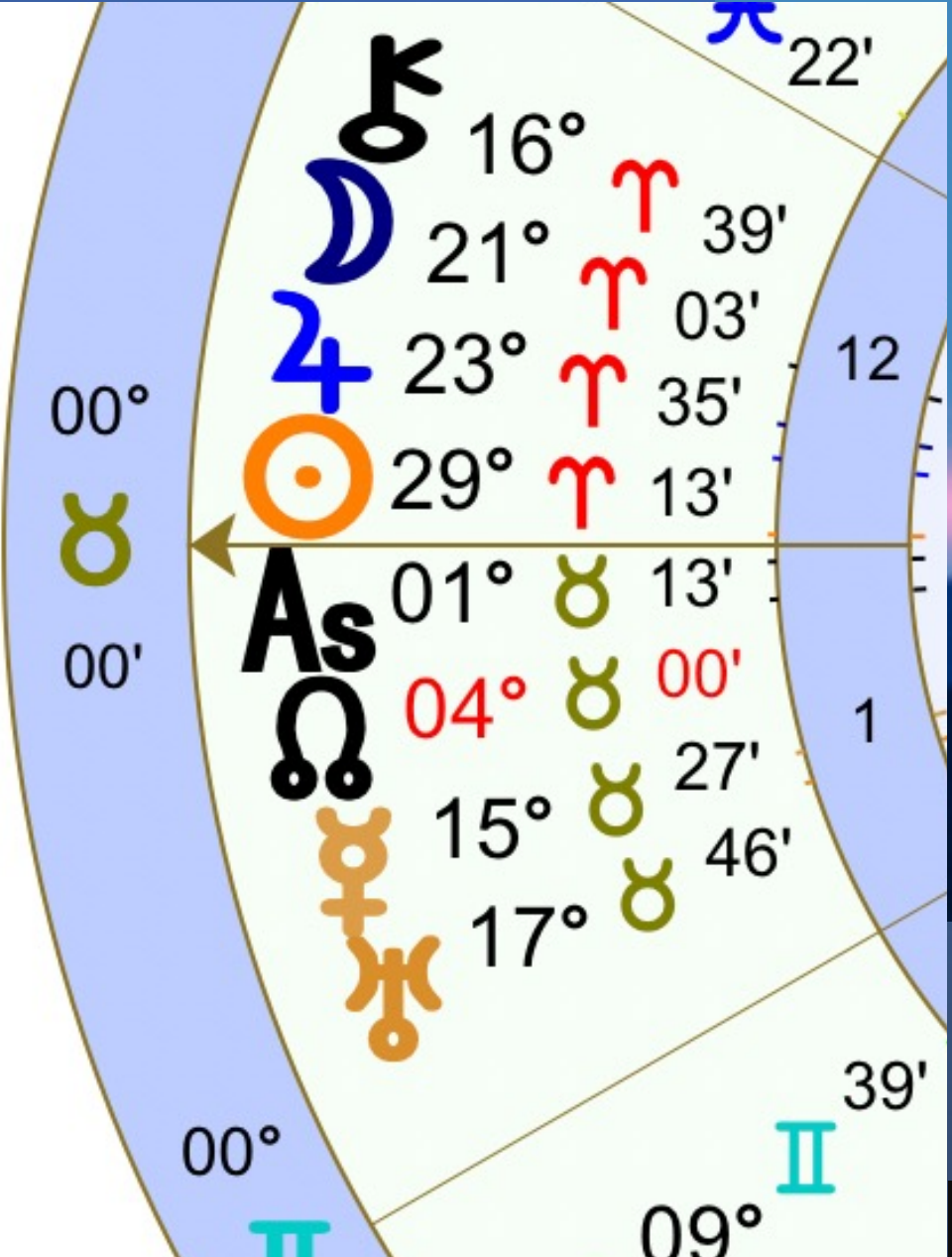
Home Play

Throat Chakra Ceremony

Q and A

Connection Groups – stay if you want to connect



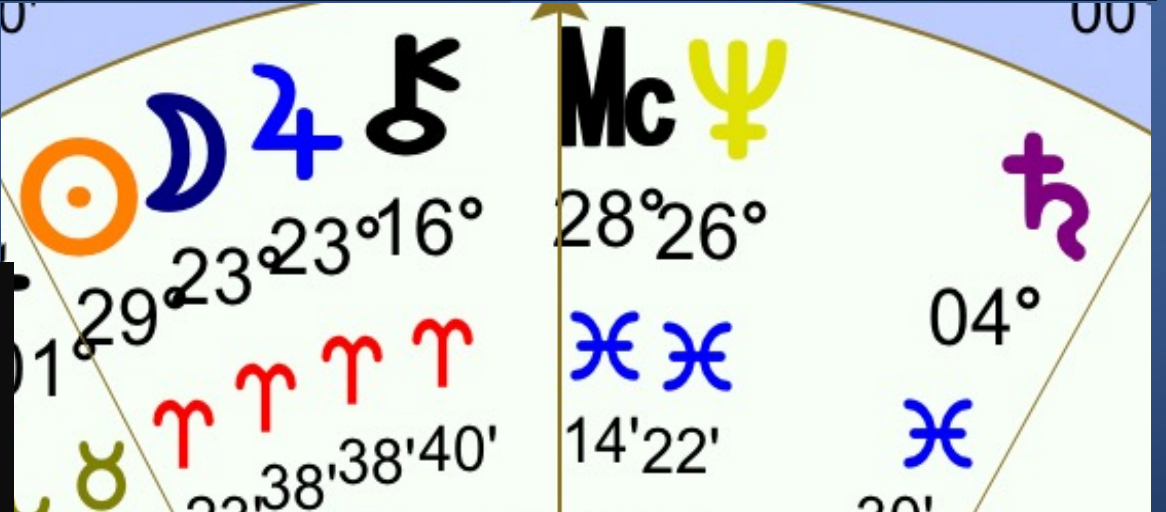


April 19
Sunrise
around 6 am PDT

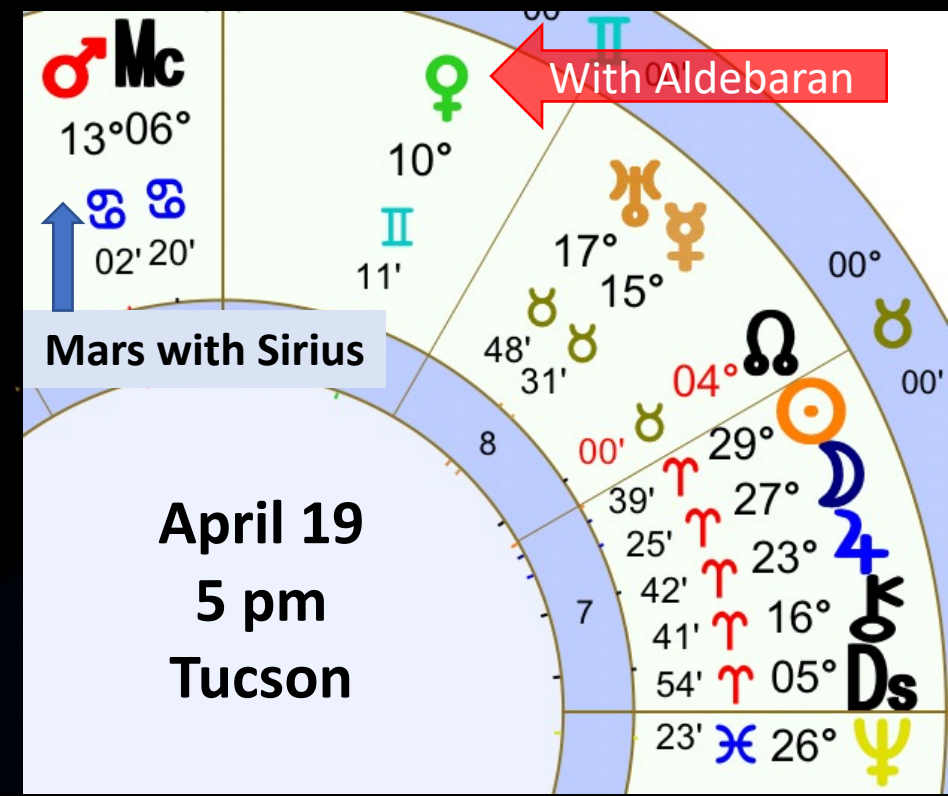
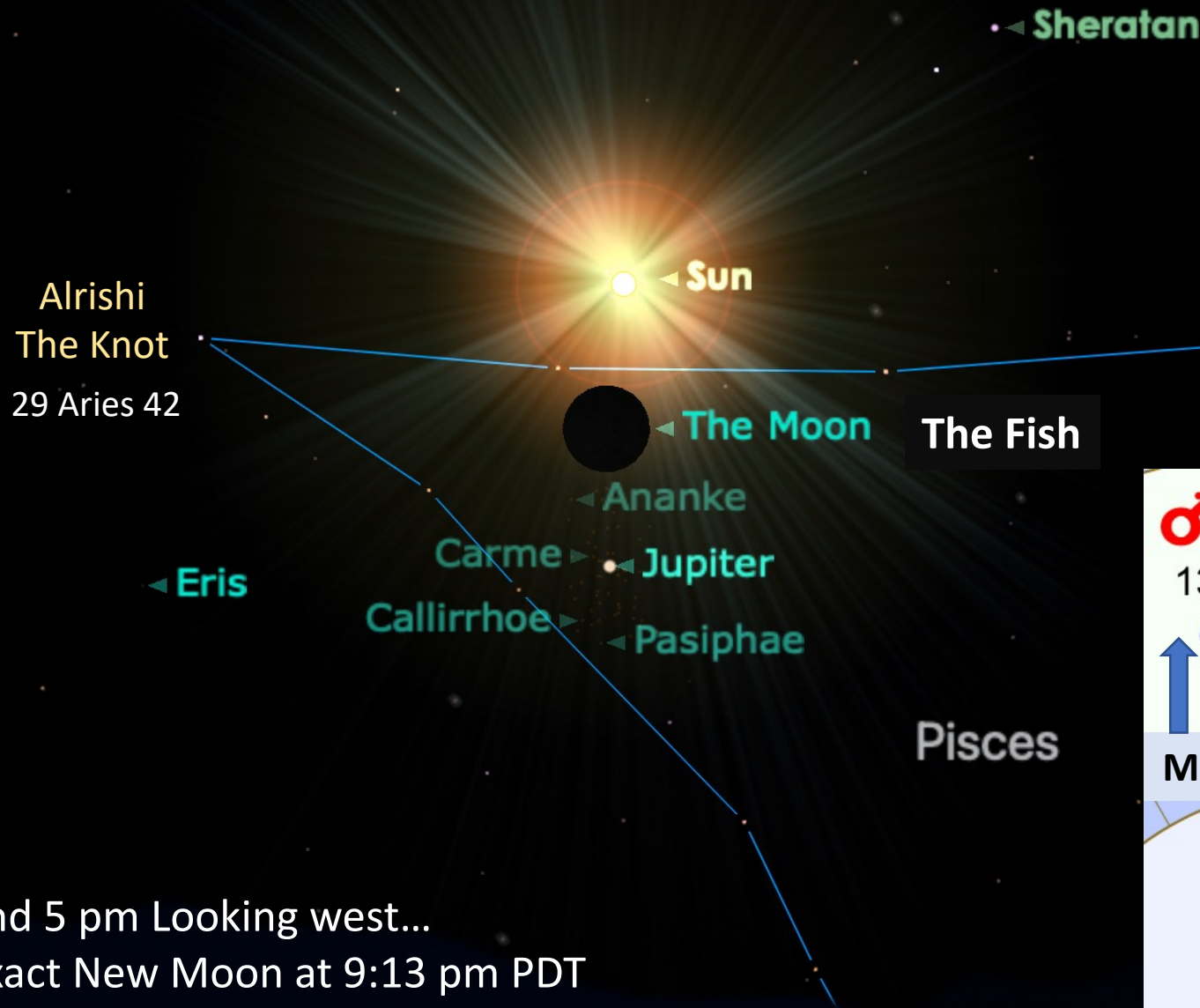
East



April 19
Moon Jupiter
10:27 am PDT



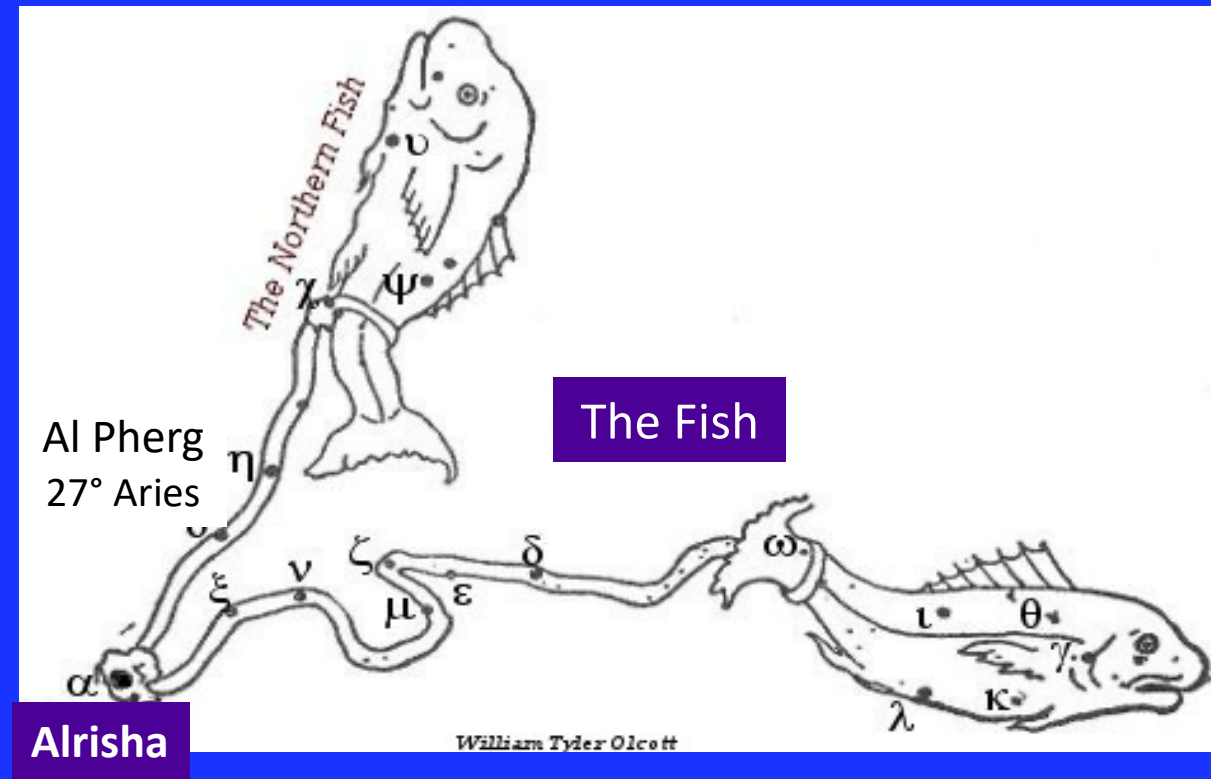
April 19
6 am Sunrise



April 19 Around 5 pm Looking west...
 Prior to the exact New Moon at 9:13 pm PDT
 The Eclipse is Not Visible as the Sun will have set
 Plus, the Moon is below the Sun in Tucson

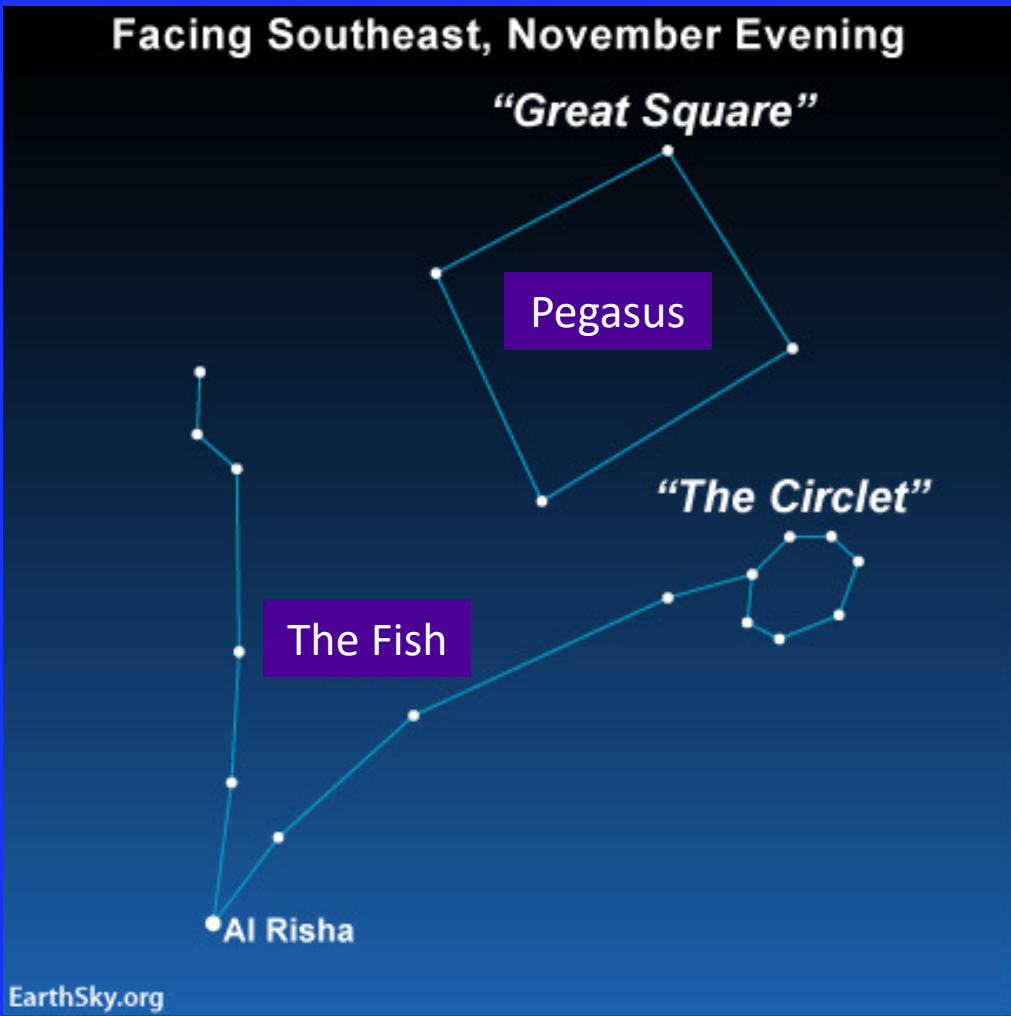
Alrishi or Alrisha is the alpha star of the Fish marking the knot on the cord connecting the two fish.

Alrisha is currently at 29 Aries 42 shifting into Taurus in June 2044



Alrisha

The Fish



Starlight Elixirs and Cosmic Vibrational Healing says: Alrishi or Alrisha is a star energy helping to ease the process of assimilation and transition.

It supports uniting the living generations with an awareness of evolving possibilities as these old patterns are released.

This is about accessing greater awareness of the limiting patterns standing in the way of feeling our deep feelings and experiencing real forms of communication.

In this watery area of the sky - compassion, acceptance and kindness are keys to liberation.

The Total Solar Eclipse April 19/20

Begins around 6:34 pm PDT/9:34 pm EDT

Maximum at 9:17 pm PDT/12:17 am EDT
On April 20

Ends 11:50 pm PDT/2:50 am EDT April 20

Adjust times for your time zone.

Not visible in the USA as the Sun
and Moon are below the horizon

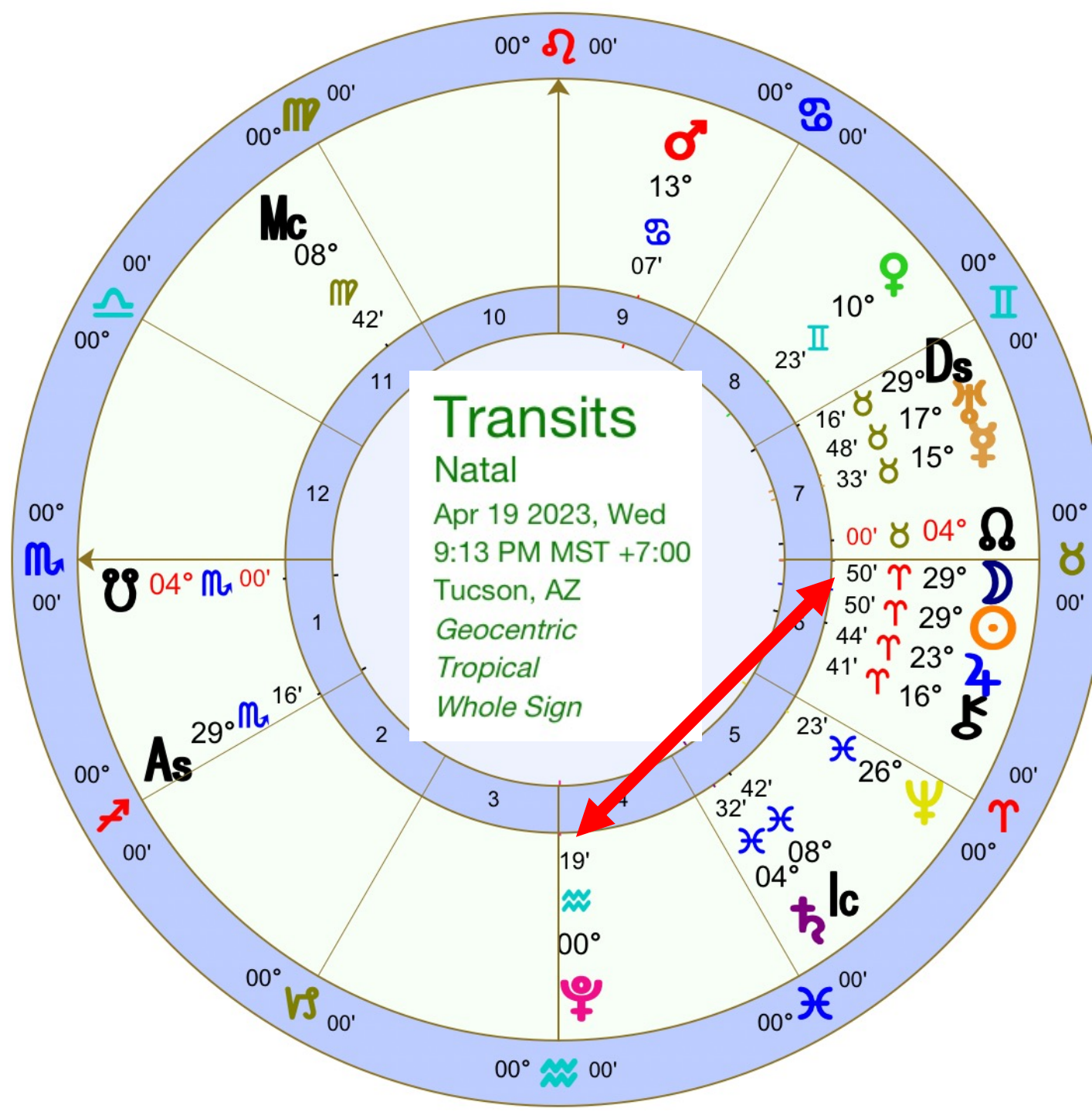
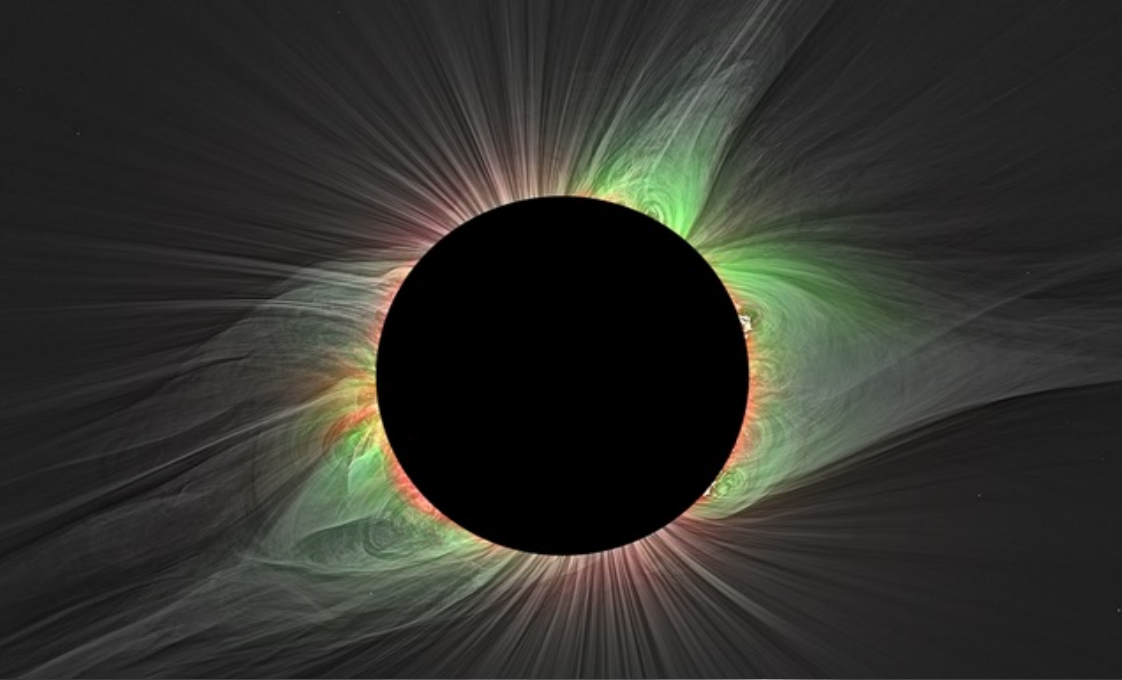


Apr 20, 2023

Solar Eclipse
(Total)

South/East Asia, Australia,
Pacific, Indian Ocean, Antarctica





THE 13 ORIGINAL CLAN MOTHERS

OUR
CREATED
WITH TO
COVERING
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THE
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JAMIE SAMS

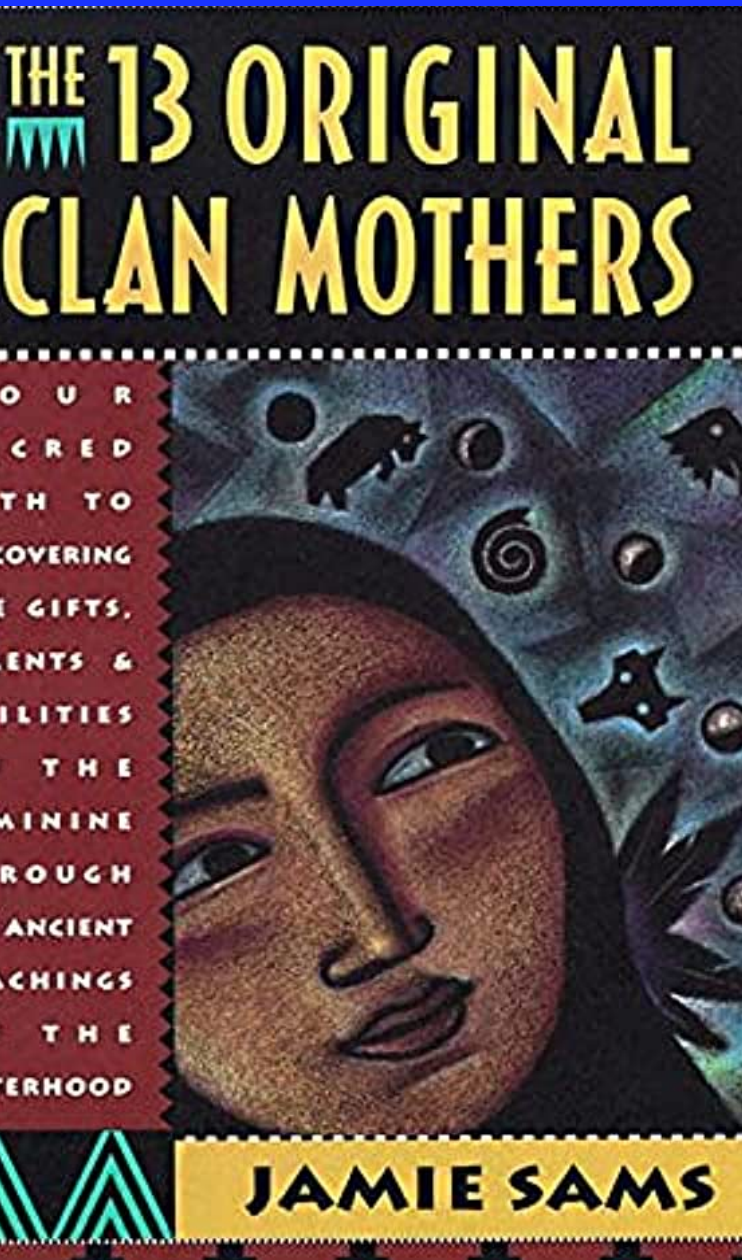
Looks Far Woman is the Clan Mother of the 4th New Moon Cycle

- Her color: **ALL Pastel Colors** carrying the medicine of prophecy seeing the truth in all colors
- She is a Door Keeper to the crack in the Universe - the Golden Door of Illumination leading to all other dimensions of awareness
- She Safely guides Dreamtime journeys to other realms
- A Seer, an Oracle, A Dreamer, a Visionary
- She helps unravel symbols found in psychic impressions
- Helps us see the truth in every vision
- She assists in finding the seeds of personal and planetary prophecy that is found within all humans
- She knows all possibilities and probabilities exist in the future and are made manifest through our decisions

Looks Far Woman



<https://www.herbalmusings.com/looks-far-woman>



Looks Far Woman continued

Looks Far Woman asks us to "See the Truth" from our inner knowing going beyond what we see with our eyes or through our judgments.

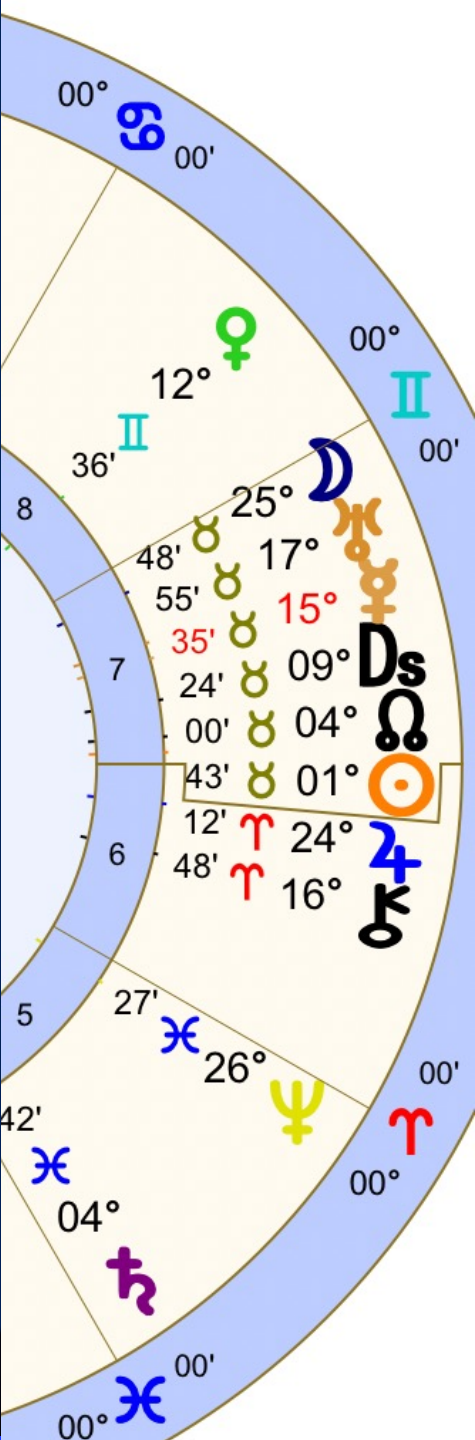
She encourages us to embrace insights and understanding that come through dreams, journeying, and altered states.

She helps healers heal themselves and connect with their inner wise woman who knows how to recognize and receive psychic impressions when they are given.

She assists us in creating and observing healthy and appropriate boundaries.

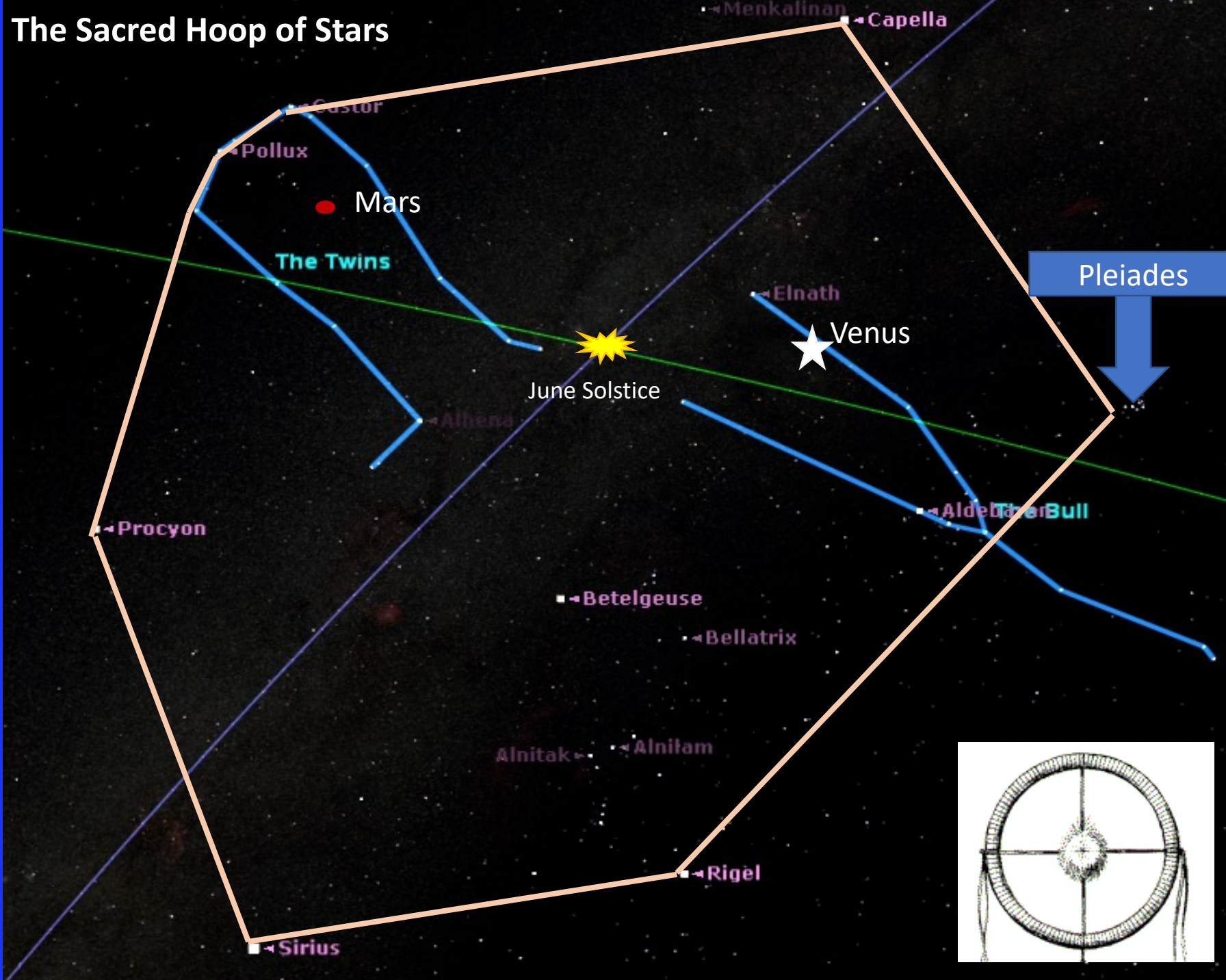
During this Moon Cycle Practice meditation, lucid dreaming and/or journaling





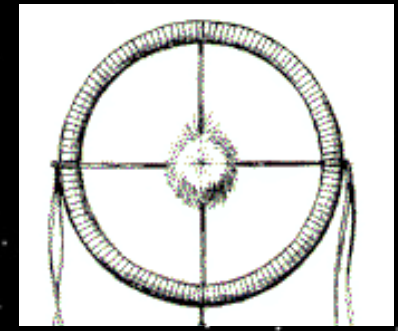
April 21, 2023
 7:30 pm Standard
 8:30 pm Daylight

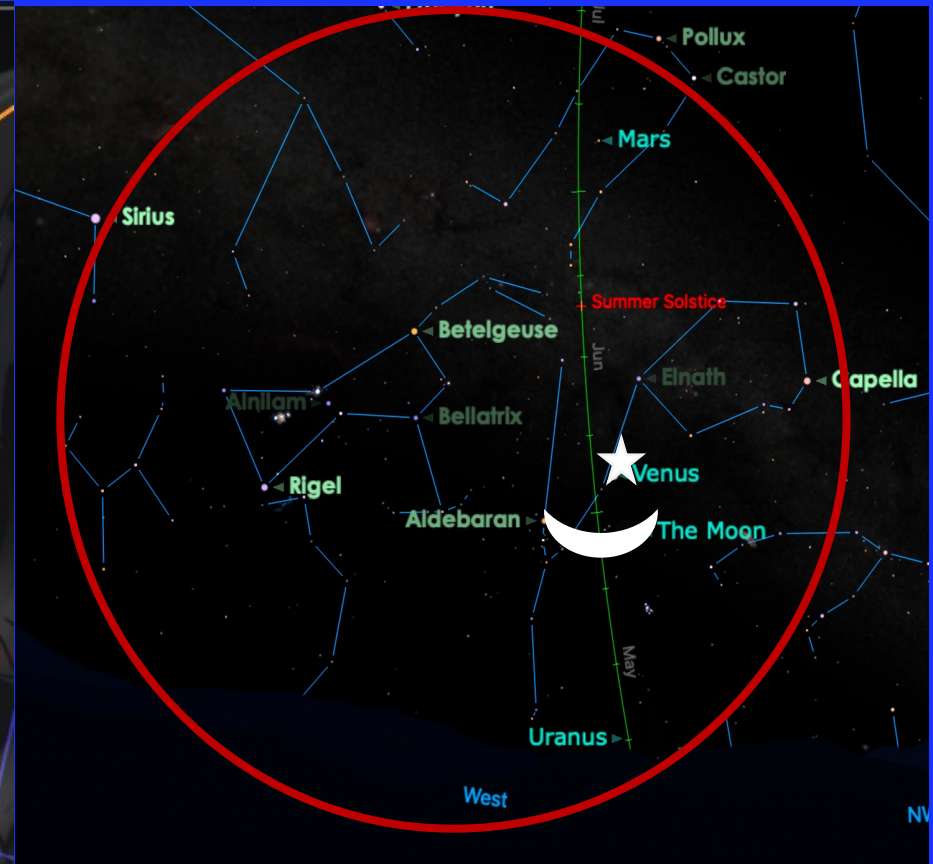
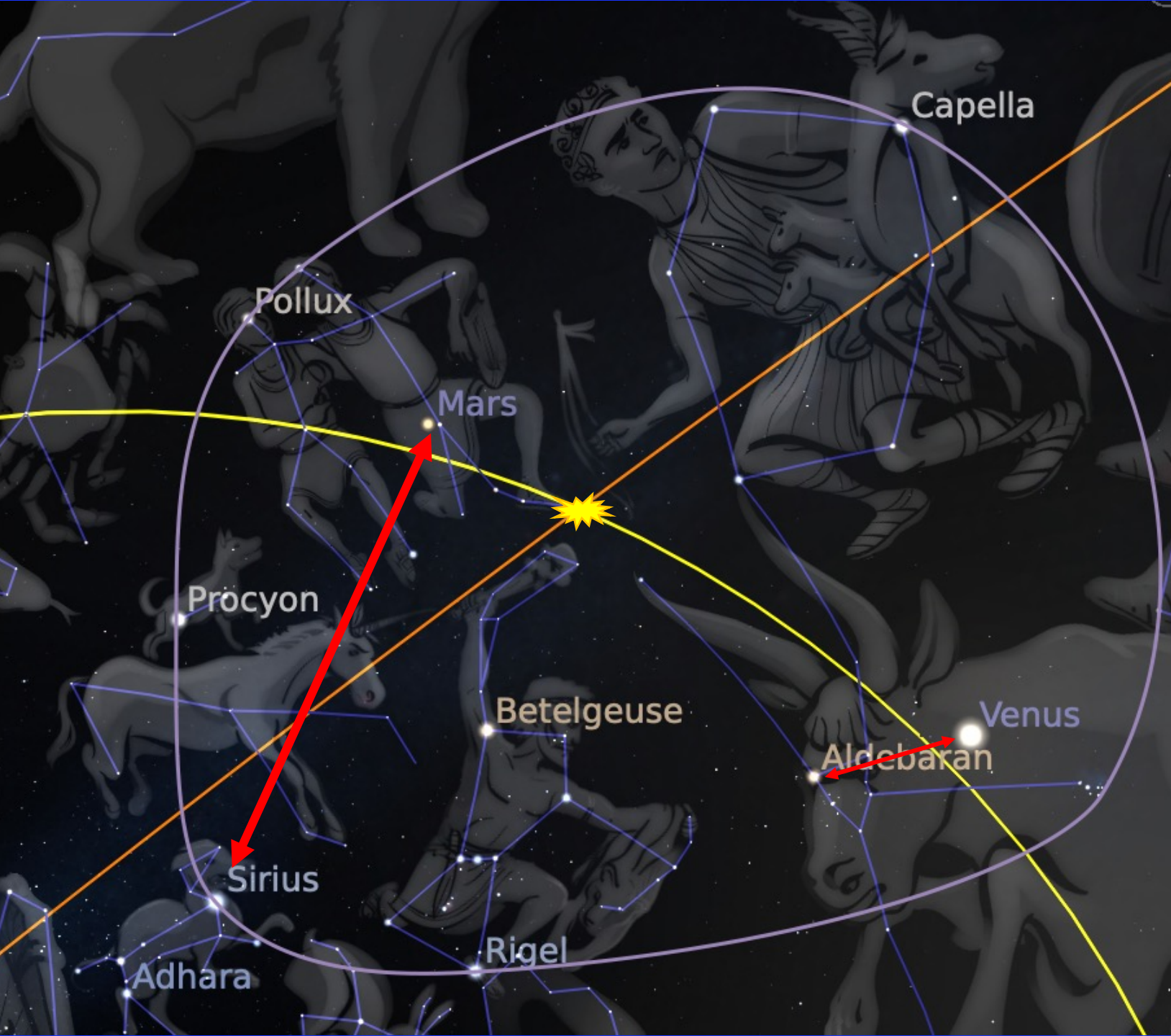
The Sacred Hoop of Stars



The Sacred Hoop Begins with the Pleiades at 29° Taurus and extends To Castor and Pollux around 23° Cancer

The June Solstice Sun is currently rising on the Galactic Cross at the Galactic Edge at 0° Cancer

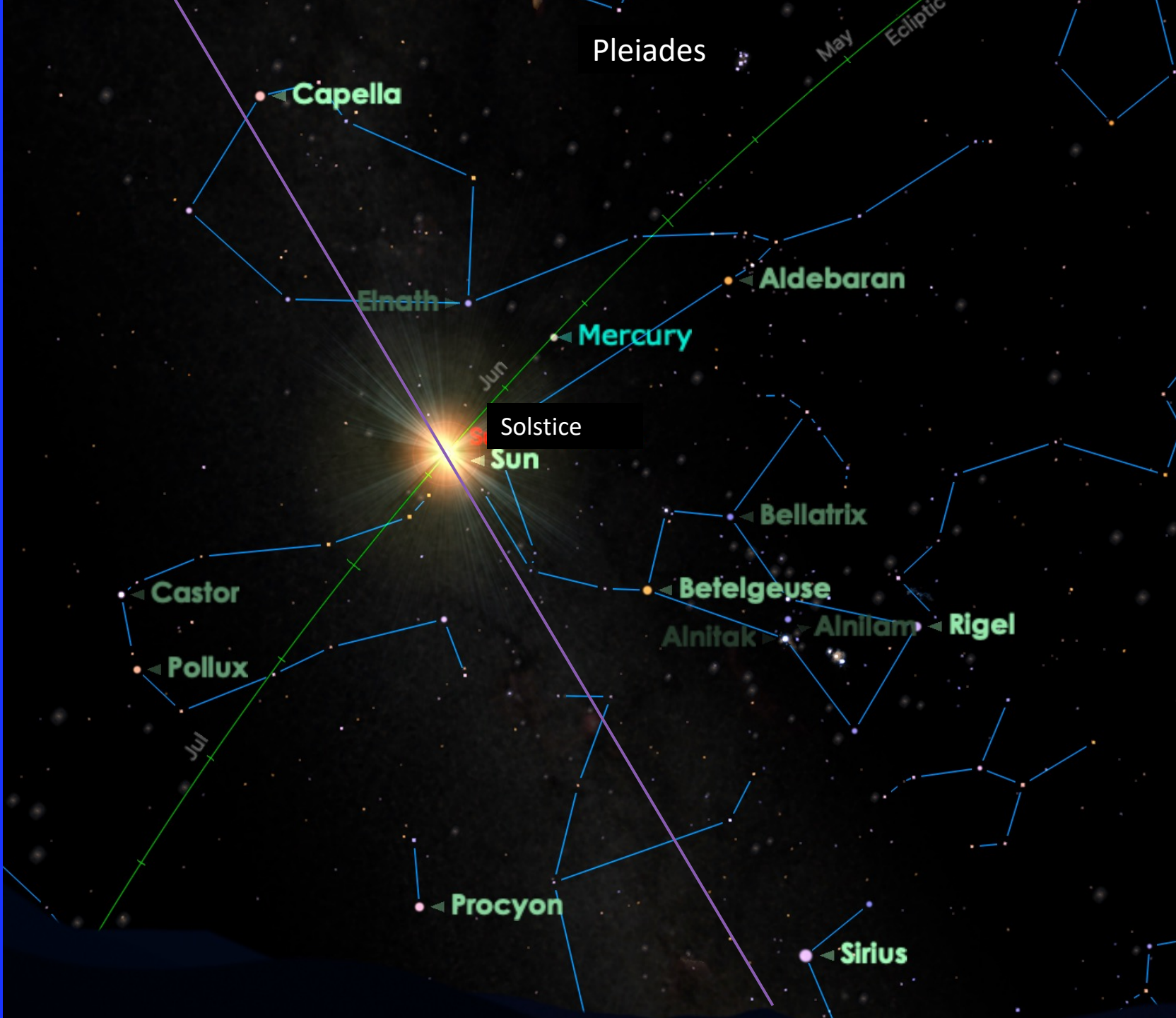




Additional Visuals of the Sacred Hoop
With Venus and Mars passing through

Directly Above is showing
Moon and Venus on April 22, 2023

To the left Venus is beside Aldebaran
and Mars is Above Sirius
Both are zodiacally aligned with these stars



The Sacred Hoop
Begins at 29° Taurus
and extends
to 23° Cancer

Center point is 0° Cancer
or the June Solstice
Seasonal point

June 22, 2023
Sun rising on the
Galactic Cross at the
June Solstice at the
Galactic Edge

I was standing on highest mountain
of them all, and round about beneath me
was the whole hoop of the world.
And while I stood there, I saw more than
I can tell and I understood more than I saw:
for I was seeing in a sacred manner the
shapes of all things in spirit, and the shape
of all shapes as they must live together
like one being.
And I saw that **the sacred hoop** of my
people **was one of many hoops that made
one circle**, wide as daylight and as starlight,
and in the center grew one mighty
flowering tree to shelter all children of one
mother and one father.
And I saw that it was holy.

**Black Elk's Vision
Ogalala Lakota
Medicine Man**

Sacred Hoop Dance Many Hoops forming One Hoop



**Black Elk's prophecy states: it will take seven
generations to heal the "broken" circle that
occurred at the Wound Knee massacre of 1890.
Or until about 2030 if using 20 years per
generation. Or 2040 if using 150 years.**

April 22, 2023
 7:30 pm Standard
 8:30 pm Daylight

◀ Elnath
 ◀ Venus
 ◀ Aldebaran ◀ The Moon
 Pleiades
 Uranus ▶



◀ Mirfak

◀ Algol

April 2023 Evenings Looking West

Venus
 ● 14° Gemini

Apr 22
 ☾ 09° Gemini

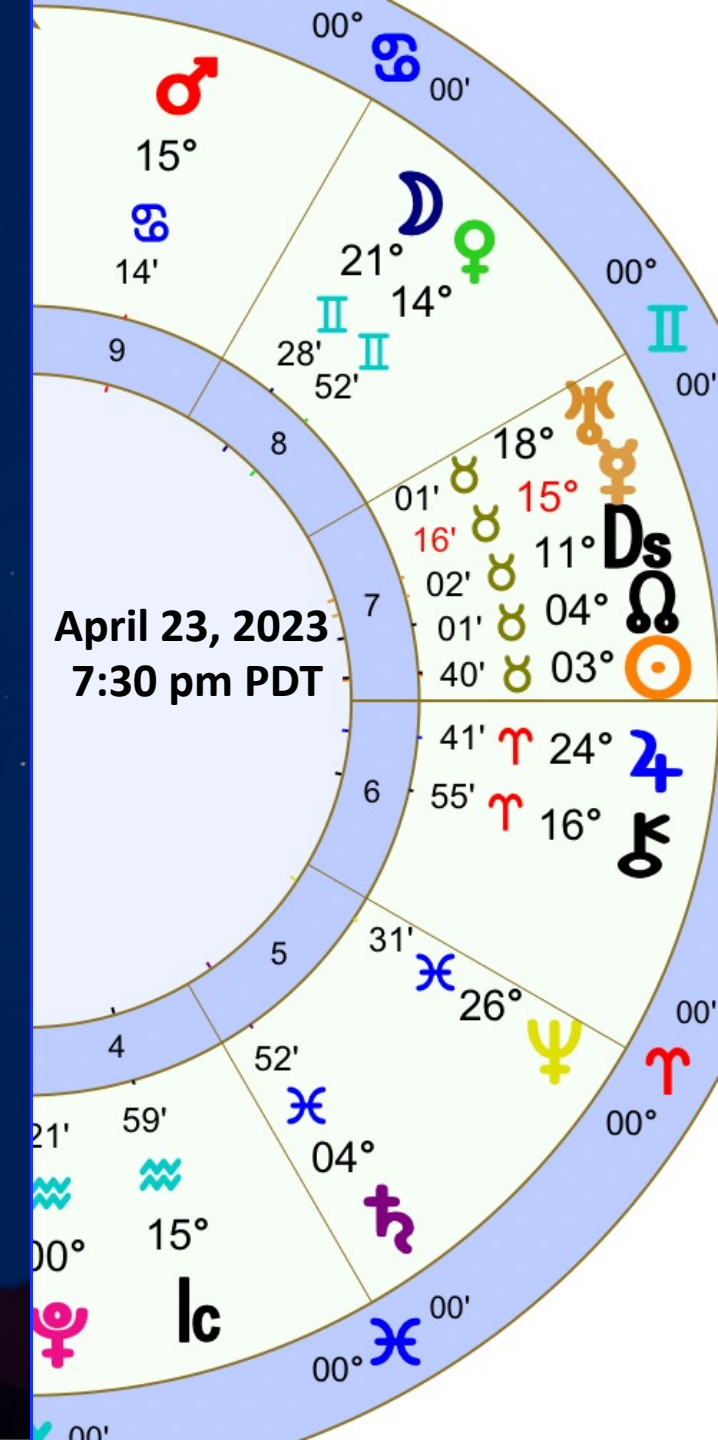
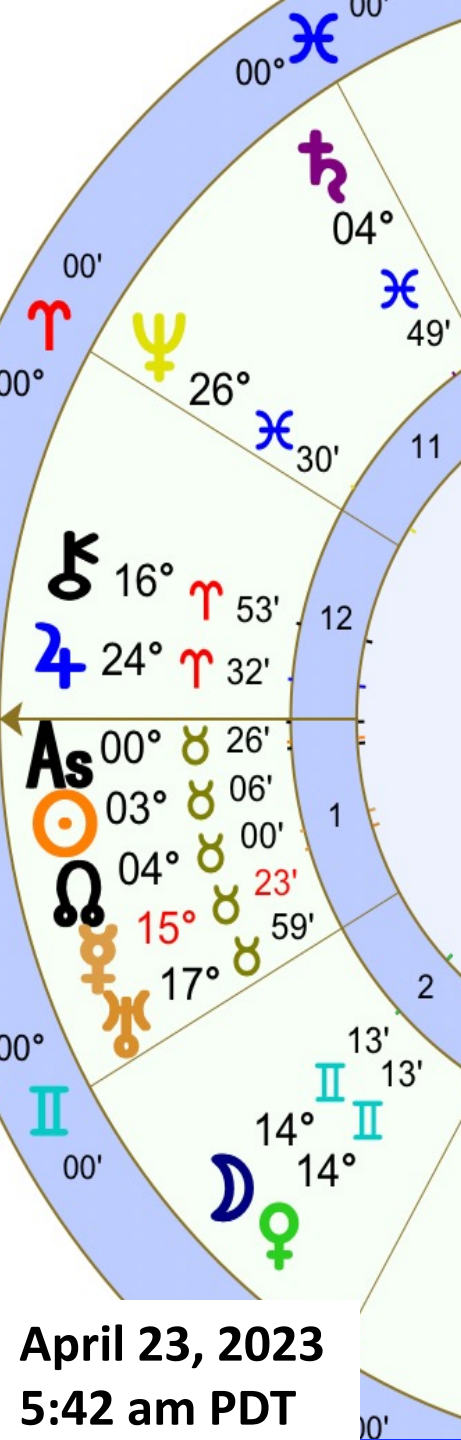
Aldebaran
 ● 10° Gemini

"Pleiades"
 ⋯ 29° Taurus to 00° Gemini

Apr 21
 ☾ 25° Taurus

W

EarthSky.org




April 2023 Evenings Looking West

 **Apr 24**
04° Cancer

 **Apr 23**
21° Gemini

 **Venus**
14° Gemini

Betelgeuse


Aldebaran


"Pleiades"


Pleiades 00° Gemini
Aldebaran 10° Gemini
Betelgeuse 29° Gemini

EarthSky.org



April 23, 2023
7:30 pm Standard
8:30 pm Daylight

April 2023 Evenings Looking West

Apr 26 Pollux Castor
Mars Apr 25

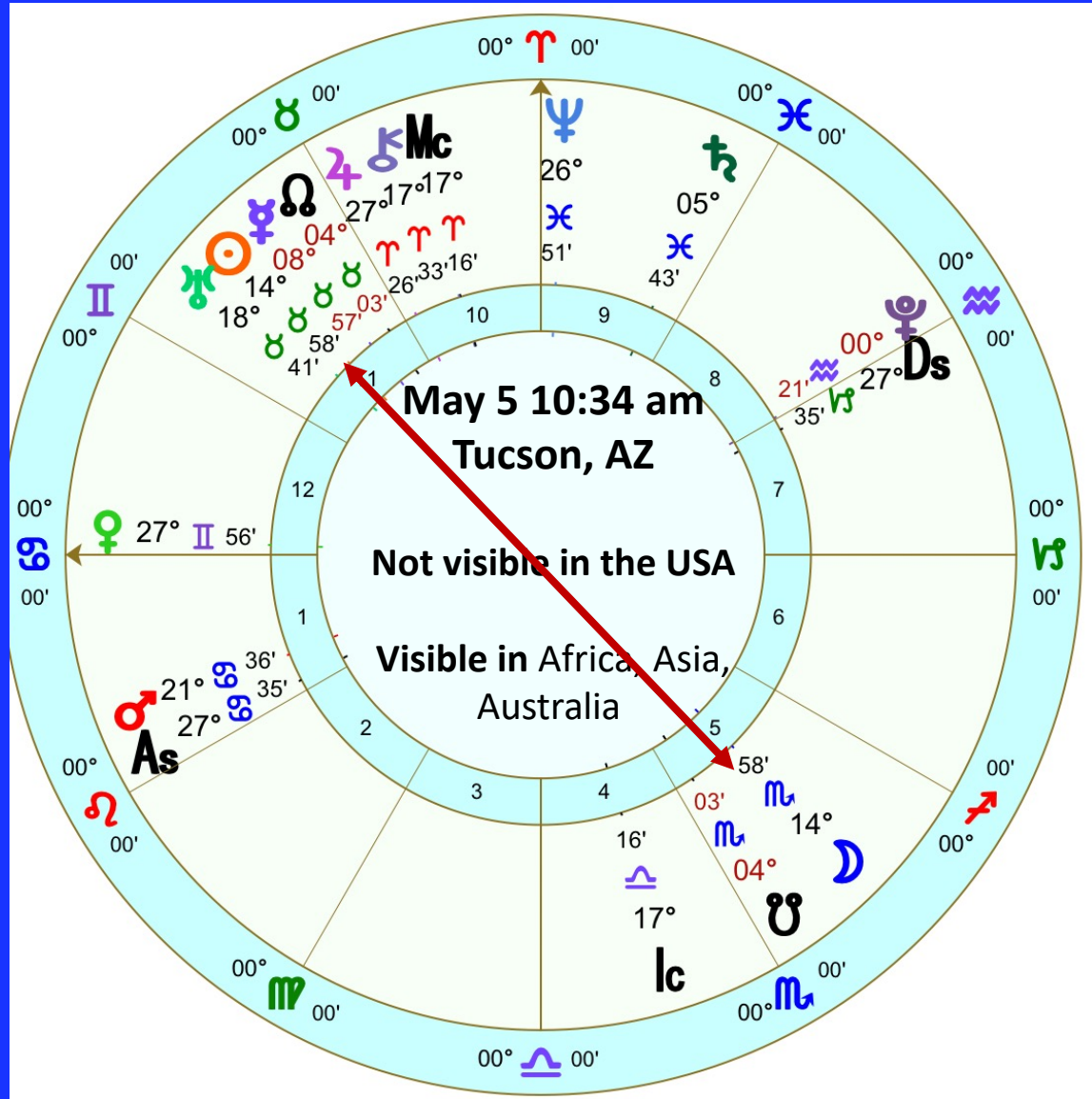
Procyon

April 2023 Evenings Looking Southwest

Regulus
Apr 27
Castor
Pollux
"Beehive"

2023 May 05 Penumbral Lunar Eclipse
at 14°Scorpio 58' at the Beltane Cross-Quarter
Begins at 08:14 am PDT Moon

Penumbral Lunar Eclipse
May 05 is a barely visible shadow on the Moon
Overall duration 4 hours, 18 minutes





Capricorn Evening Star Throat Chakra

Apr 20 Sun enters Taurus and squares Pluto signaling Pluto's station retrograde in a few days

Apr 21 Mercury Stations Retrograde 15° Taurus 37'

Apr 23 Venus Moon Throat Chakra Gate 14° Gemini near Aldebaran

Apr 25 Venus (16° Gemini) sextile Chiron (16° Aries)

Apr 27 Mars (17° Cancer) square Chiron (17° Aries)

May 01 Pluto (0° Aquarius 22') stations Retrograde

May 01 Sun conjunct Retrograde Mercury (11° Taurus)

May 04 Venus (26° Gemini) Square Neptune (26° Pisces)

May 05 Scorpio Full Moon Penumbral Lunar Eclipse (14° Scorpio 58')

May 07 Venus Enters Cancer at center of the Sacred Hoop

May 09 Sun conjunct Uranus (18° Taurus)

May 14 Mercury stations direct (05° Taurus)

May 16 Jupiter enters Taurus

May 19 Taurus New Moon at 28° Taurus 25) Starts the Days of No Shadows

May 20 Mars enters Leo opposite Pluto

May 21 Sun enters Gemini just after mid-night ending the Days of No Shadows. Sun is with Pleiades

May 23 Moon conjunct Venus at the 3rd Eye Chakra Gate 17° Cancer





Reclaiming the Throat Chakra Capricorn Meta-Goddess with Venus in Gemini

until May 7

The Capricorn Meta-Goddess in Gemini is teaching us the vital, life-affirming importance of play and fun. She knows the value of hard work, but also the flipside where we enjoy the fruits of our labors. She is now guiding us into expressions of joy through our throats. Helping us to express ourselves more fully in service to others and the Goddess herself.

Mighty Capricorn Goddess communicating to us through Gemini, please help us to assert ourselves and let our beautiful, essential voices sing out the truths of who we truly are. Let us use our minds to empower our sound in service to Spirit, encouraging ourselves and others to break free.

- ❖ What joy are you expressing with your powerful voice?
- ❖ How do you experience the sacred influence of your voice?
- ❖ How are you further allowing yourself to speak your precious truth into the world?
- ❖ How does your voice change the world for all of us?



Reclaiming at the Throat Chakra Capricorn Meta-Goddess with Venus in Cancer

May 7 – June 5

The Capricorn Grandmother wisdom is showing us the path of nurturance and nourishment now. She offers the deep wisdom only the Grandmother can teach to the Mother. Like Mother Earth herself, she guides us into the profound vibration of Love. She brings us into her womb to nurture us until we are born, crying, expressing ourselves and our sounds. She sings to us, encouraging our voices to reverberate from our hearts. Unconditional Love is what she shows us and encourages us to share into the world.

Grandmother Crone nurturing us within Cancer, guide us into our hearts so that we can nourish our clans with deeper Love. Please help us to know the power of our Love to foster and grow life around and within us.

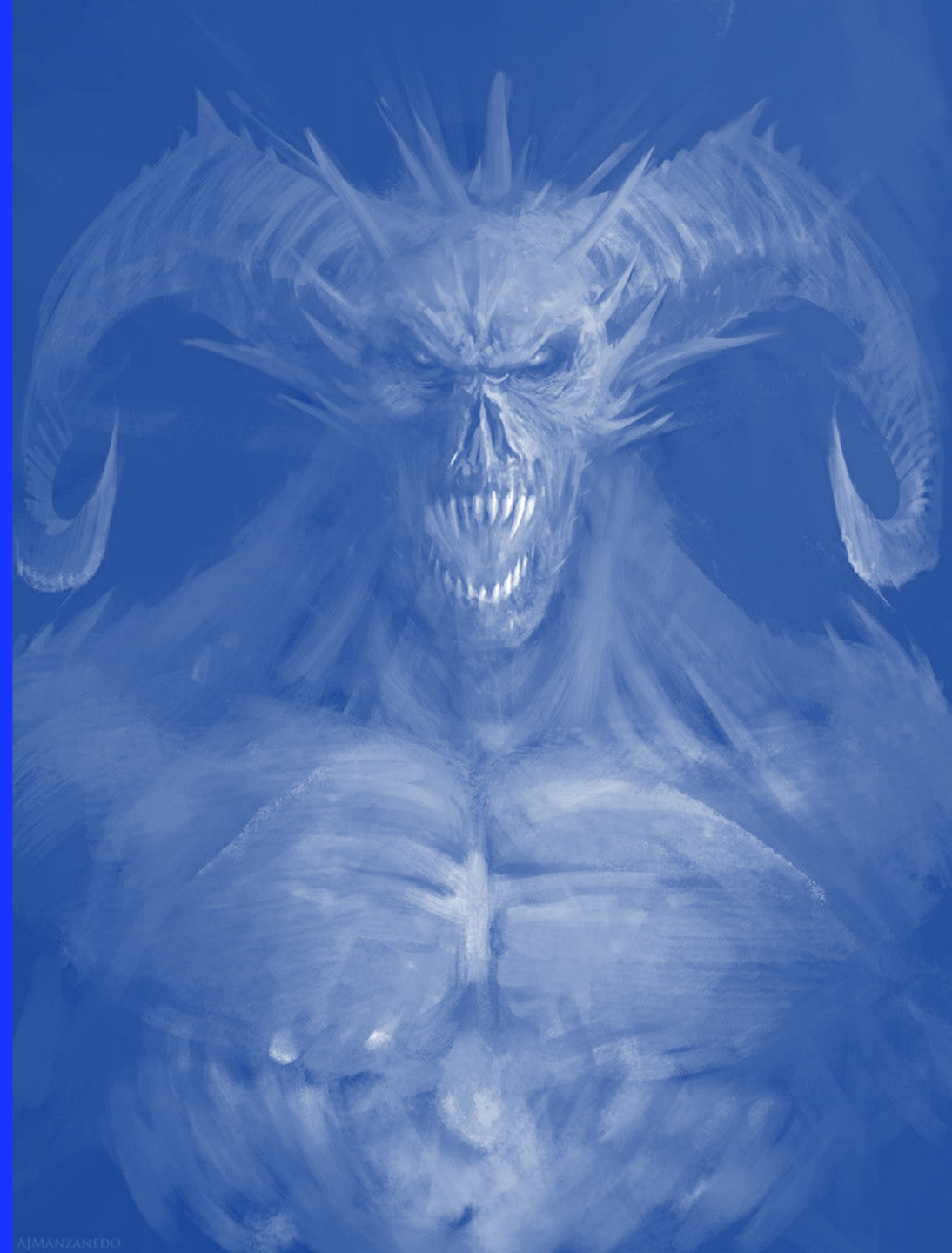
- ❖ What does our unique Love sound like?
- ❖ How do we share our Love into the world with our distinctive voices?
- ❖ How are we speaking our truths, nurturing others to do the same?
- ❖ How are we using our voices to create more Love in our world?
- ❖ What is my daily experience now that I am confident to share my sound?

Capricorn Goddess

Throat Chakra Demons

Doubting Your Words of Wisdom Demon
Dismissing What is True for You as Invalid Demon
Not Trusting Your Knowing Demon
I have nothing of Real Value to Say Demon
Fear of speaking and sharing Demon
Not listening, rushing to speak Demon
Small, quiet, shy voice Demon
Difficulty communicating your feelings Demon

Name yours _____



Honoring the Crones - Patsy Mink

1927-2002 - Venus in Libra, Virgo Meta-Goddess, Morning Star, Descending Brow Chakra

An American attorney and politician from Hawaii. She served in the US House of Representatives for 24 years – 12 terms. The first woman of color and the first Asian-American woman elected to Congress. Known for her work on legislation advancing women's rights and education.

Patsy experienced much racism and sexism in her career, constant roadblocks to her success, but she persevered. She was denied acceptance to medical school, went to law school instead, was refused the bar examination, so she changed the laws, denied positions in law firms due to being a wife and mother. Yet, she kept going...

- In 1960, Mink gained national attention when she spoke in favor of the **civil rights platform** at the Democratic National Convention.
- She introduced the first comprehensive initiatives under the **Early Childhood Education Act**, which included the first federal child-care bill and worked on the **Elementary and Secondary Education Act** of 1965.
- In 1970, she became the first person to oppose a Supreme Court nominee based on **discrimination against women**.
- Mink initiated a lawsuit which led to **significant changes to presidential authority** under the Freedom of Information Act in 1971.
- In 1972, she co-authored the **Title IX Amendment** of the Higher Education Act, later renamed the Patsy T. Mink Equal Opportunity in Education Act in 2002.



Blue Chamomile – Throat Chakra

- aka German Chamomile
- Helps us to speak our truth
- Helps us to use our voices
- Balances the throat chakra
- Calming, relaxing
- Anti-anxiety
- Helps with insomnia
- All skin issues
- Anti-inflammatory
- Supports the liver and gallbladder

These flowers produce an essential oil that is this color blue

Blue Tansy – Throat Chakra

- Queen who shows us our strengths
- Balances our throat chakra
- Opens our voices
- Uplifting
- Promotes joy
- Promotes self-love
- Anti-inflammatory
- Powerful expectorant, and mucolytic
- Anti-viral and parasitic
- Associated with Venus!

These flowers also produce an essential oil that is this color blue

Creating Magic with our Voice

Cultivating more empowered ways to access our magical selves

- Be willing to cultivate a Relationship with Magic
- Cultivate your Relationship with the Magical Sacred Spaces Within and Around You
- Magic is infused into every part of our world when we know how (or are willing) to see it and give it a voice
- Magic is a perpetual permanent presence for us to remember
- Separation occurred due to our cultural conditioning around seeming Opposites Including: Time and Eternity, Human and Divine, Nature and Culture, Good and Evil, Right and Wrong, Life and Death, Light and Dark
- These opposites are not separate - one does not exist without the other. Our task is to remember their relationship rather than how they appear to be separate.



Invocation through words/prayers/poetry/song is a Magic Formula for manifesting attention and cultivating a conscious relationship with our divinity...

©Venus Alchemy

Wise Ways to Reclaim the Magic and Power of the Throat Chakra through Music and Speaking

Invocation through Music and Songs

The Latin word for poem (poeta) originally meant *Magical Formula* and the word for sing was *Cantare* meaning "to work magic, to produce by magic."

"The knower of the mystery of Sound knows the mystery of the whole universe." The World is Sound, Nada Brahma: Music and the Landscape of Consciousness

~Joachim-Ernst Berendt, 1991

Remembering Magic and Magical ways through story, myth and song helps us to remember our own soul and come home to the truth and inspiration of who we really are.

Chanting/Toning Mantras, Invocations - see Class Page

Throat Chakra Mantra:

Om Mani Padme Hum "Praise to the Jewel in the Lotus."



©Venus Alchemy

Reclaiming A Healthy Voice

Reducing the Use of Filler Words empowers our communication...

Filler words are used as a way of talking and thinking at the same time. Everyone tends to use them.

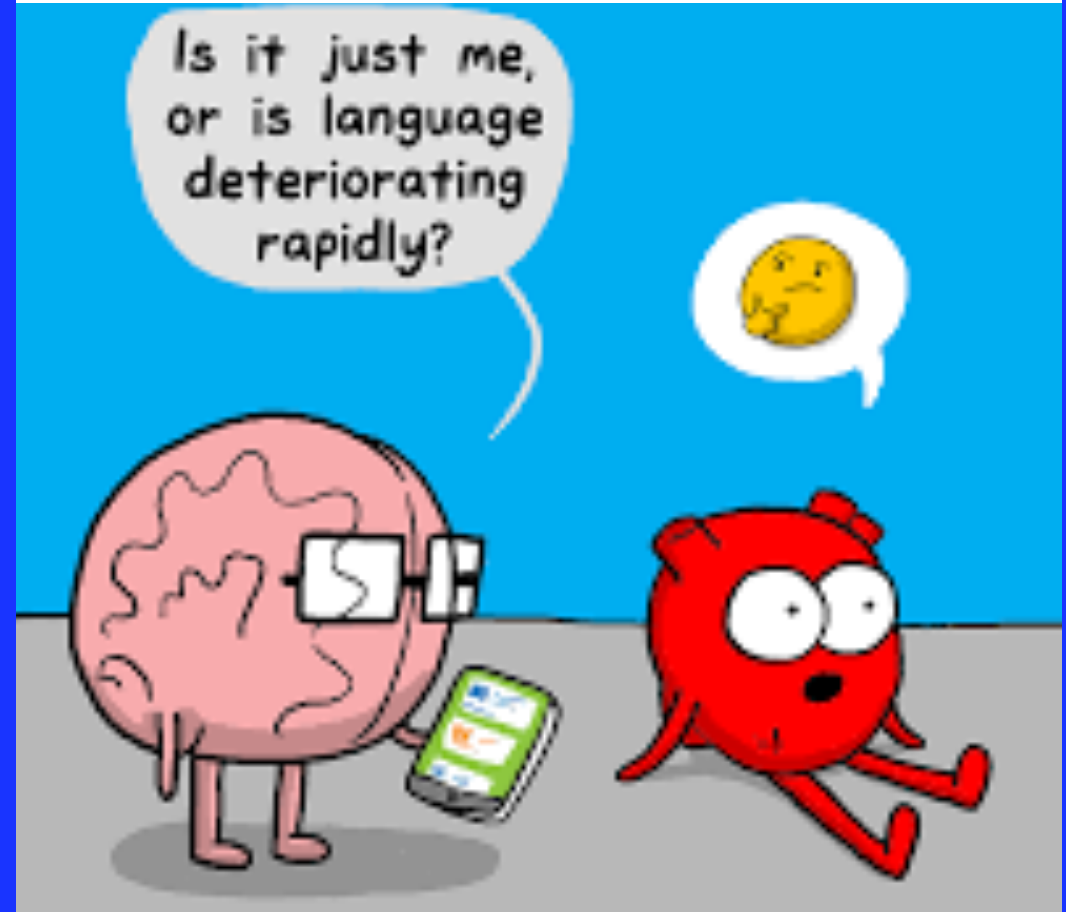
Awareness...Practice pausing, allow a deep breath.

Practice for 2 minutes a day.

Record yourself answering a question designed to increase your awareness of how you are speaking.

Be kind to yourself and others.

©Venus Alchemy



Home Play

Deepening Practices

- Renew/Connect with your **Venus Altar**
- Continue with or initiate a **Venus Journal**
- See if you can see **Venus with the Moon** on **April 21, 22, 23, 24**
- Spend time with Venus in the **Evening Sky**
- **Ceremony** With Venus & Moon in Evening Sky
- Evening Star **Venus Buddy** Check-In (buddy signup on class page)
- Set your **intention** for what you are **reclaiming** and work with any of the questions listed that resonate with you
- Listen to Guided Journeys and Meditations, most especially the **Throat Chakra Meditation** by Cayelin (19 min)
- **Share** your experiences and insights on Facebook





Ceremony



Connection Groups

Guidelines

Joining the Groups is Optional – feel free to take off if you're done for today

Purpose is to foster community, connection and offer mutual support

We are here to listen and be heard (please, no cross talking or interrupting)

We are not here to fix or judge – just listen

Give everyone an opportunity to share (be mindful of the time)

Feel free to continue the conversation by mutual agreement via personal messaging after the class

Connecting Conversation

Start with Your Name

Where You are From

Suggested Topics:

- What has been your experience with the Heart Chakra?
- Any highlights or lowlights?
- What are your intentions for the Throat Chakra Gate?

