

The Archetypal Rebirth Journey of Venus at Heliacal Rise

These are the approximate dates (may be within a day for those not in the Pacific time zone) for the Heliacal Rise of Venus calculated for 10 degrees from the Sun. Bold Dates Indicate Archetypal Shift to a New Sign in the 5 Star Pattern of Venus.

Look for the Venus Cycle that began prior to your birthdate to find your Venus Meta Goddess.

For example, if a person was born in January of 1956, they would use the Nov 21, 1954 Scorpio Meta Goddess.

If a person was born in August of 1956, they would use the June 28, 1956 Gemini Meta Goddess.

Know that the Venus Meta Goddess is secondary to the sign Venus was in at the time you were born. The Meta Goddess tells us what archetype of the feminine was being integrated into the collective psyche of humanity at the time of birth, providing additional information and an additional flavor to your personal Venus. Additionally, Venus as morning or evening star or with the Sun or in one of its three retrograde phases (evening star, with the Sun, or Morning star) all has significance and additional meaning that helps you understand your overall personal Venus signature. Check out the [Venus Signature Series](#) for more.

To locate your next Venus return - look for the date just before your 8-year birthday (8, 16, 24, 32, 40, 48, 56, 64, 72, 80, 88, 96, 104) that matches your Venus Meta Goddess - or the new Meta Goddess if it shifted signs - up to 2040. Again the bolded dates show a shift in sign. For example, someone who turned 40 in December of 2018 or March of 2019, or May of 2020 would use the Venus cycle that began Nov 1, 2018 representing a new Meta Goddess shifting from Scorpio to Libra.

Heliacal Rise			Sign		Heliacal Rise			Sign		Heliacal Rise			Sign	
Apr	29	1921	28	Ari	Apr	17	1961	17	Ari	Apr	05	2001	06	Ari
Dec	01	1922	29	Sco	Nov	19	1962	17	Sco	Nov	06	2002	04	Sco
Jul	07	1924	06	Can	Jun	26	1964	25	Gem	Jun	14	2004	14	Gem
Feb	13	1926	14	Aqu	Feb	01	1966	03	Aqu	Jan	20	2006	20	Cap
Sep	17	1927	13	Vir	Sep	05	1967	02	Vir	Aug	24	2007	21	Leo
Apr	26	1929	26	Ari	Apr	14	1969	15	Ari	Apr	03	2009	03	Ari
Nov	29	1930	26	Sco	Nov	16	1970	14	Sco	Nov	05	2010	02	Sco
Jul	05	1932	03	Can	Jun	24	1972	22	Gem	Jun	12	2012	12	Gem
Feb	11	1934	12	Aqu	Jan	30	1974	29	Cap	Jan	17	2014	18	Cap
Sep	14	1935	11	Vir	Sep	02	1975	29	Leo	Aug	22	2015	19	Leo
Apr	24	1937	24	Ari	Apr	12	1977	13	Ari	Mar	31	2017	01	Ari
Nov	26	1938	24	Sco	Nov	14	1978	12	Sco	Nov	01	2018	29	Lib
Jul	03	1940	01	Can	Jun	21	1980	20	Gem	Jun	10	2020	10	Gem
Feb	08	1942	10	Aqu	Jan	27	1982	27	Cap	Jan	15	2022	15	Cap
Sep	12	1943	09	Vir	Aug	31	1983	28	Leo	Aug	19	2023	17	Leo
Apr	22	1945	22	Ari	Apr	10	1985	10	Ari	Mar	29	2025	29	Pis
Nov	24	1946	21	Sco	Nov	11	1986	09	Sco	Oct	30	2026	27	Lib
Jun	30	1948	29	Gem	Jun	19	1988	18	Gem	Jun	07	2028	08	Gem
Feb	06	1950	07	Aqu	Jan	25	1990	25	Cap	Jan	12	2030	13	Cap
Sep	10	1951	07	Vir	Aug	29	1991	25	Leo	Aug	17	2031	14	Leo
Apr	19	1953	19	Ari	Apr	07	1993	08	Ari	Mar	26	2033	26	Pis
Nov	21	1954	19	Sco	Nov	09	1994	06	Sco	Oct	27	2034	25	Lib
Jun	28	1956	27	Gem	Jun	17	1996	16	Leo	Jun	05	2036	05	Gem
Feb	04	1958	05	Aqu	Jan	23	1998	22	Cap	Jan	10	2038	10	Cap
Sep	07	1959	04	Vir	Aug	26	1999	23	Leo	Aug	14	2039	12	Leo

If you are in a Venus Return or are interested in deepening your connection to the Divine Feminine within you be sure to check out our sacred Ceremonial Venus Journey for both men and women designed to connect you with your own divine feminine wisdom as expressed through Venus as she moves through the sky. The power of this series, amplified by our collective intention, provides a profound alchemy through Venus even if you are not in a personal Venus return. Details are at <https://venusalchemy.com>