Venus Alchemy Throat Chakra Practice

# The Power of the Sekhmet Mantras

AND Chanting the Names of Sekhmet



## **Chanting The Sekhmet Mantra**

SA SEKHEM SAHU SA - Breath of life SEKHEM - Sacred Power, Life Force SAHU - Realized Human Being

In Robert Masters' book

The Goddess Sekhmet, The Way of the Five Bodies

he suggests that chanting these words of power while gazing on, or imaging images of Sekhmet evoke and call forth the possibility of experiencing an altered state in your physical body, while also expanding and altering your mind, your emotional body and your spiritual body.



# **Speaking The Many Names of Sekhmet**

The Goddess Sekhmet, The Way Of The Five Bodies also tells us speaking the names of the Goddess are a powerful way to experience "the Reality that is Sekhmet" or said another way the reality that is the Goddess within.

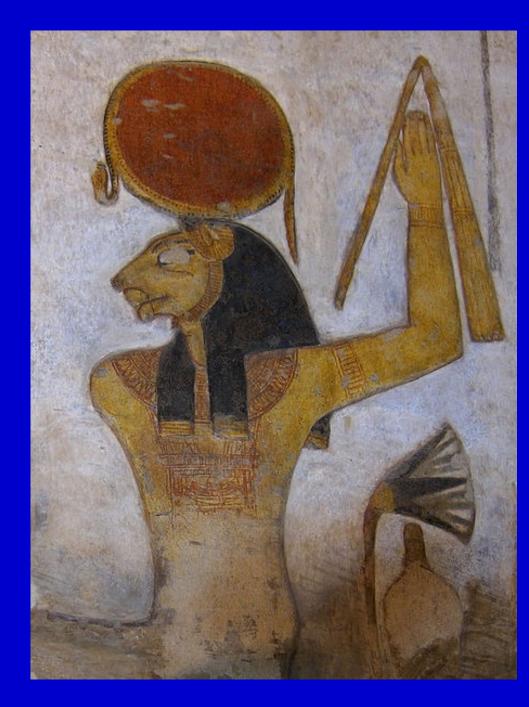
#### **The Book Recommends:**

- Slowly Reading the Names of Sekhmet Out Loud
- Allow Each Name Time to Pass from your Conscious Mind into your Unconscious
- Rest your Eyes on Images or Statues of Sekhmet
- As the Goddess becomes active within you, you will experience trance states that lead you into the Mystery
- You may find you go deeper as you contemplate these names and images



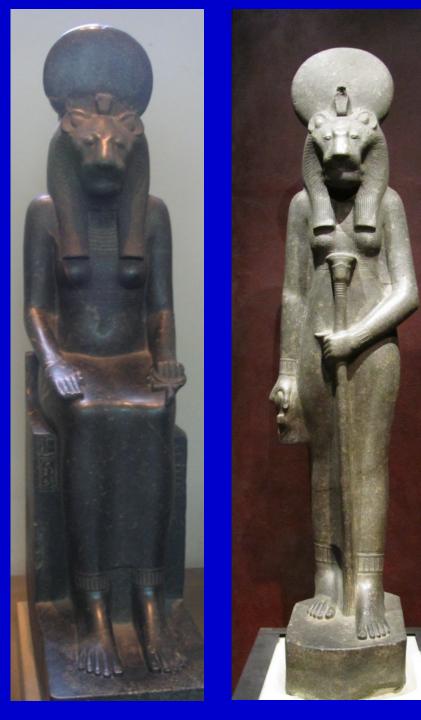
### **Speaking The Names of Sekhmet**

Lady of Enchantments - Opener Of The Ways Lady Of Transformations **Enrapturing One - Giver Of Ecstasies** Self-Contained – Awakener Satisfier Of Desires -Victorious One Queen Of The Desert, Queen Of Serpents, Dragons and Lions Complete One - Sublime One - Enlightener **Beloved Teacher - Beloved Sekhmet** Guide In The Underworld Great One Of Silence - Pure One - Sparkling One Destroyer- Mistress of Death - Mother Of The Dead Pre-Eminent One In The Boat Of The Millions Of Years Roamer Of Deserts – Empowerer Lady Of All Powers – Eternal Most Beautiful Among The Gods Bountiful One - Unwavering Loyal One Sekhmet, Who Gives Joy



#### **Speaking Names of Sekhmet**

Sekhmet, Great One Of Magic Lady Of The Magic Lamp Mother Of The Gods **One Who Was Born Before The Gods Were** Lady Of The Place Of The Beginning Of Time **Beloved Of Ra, Her Father Beloved Of Bast, Her Sister** Beloved Of Ptah, Her Husband-Brother At Whose Wish The Arts Were Born **Beautiful Eye Giving Life To The Two Lands** Beautiful Face, Image Most Beloved By Art Flaming One **Protectress Of The Gods** Lady Of The Scarlet-Colored Garment



### **Speaking Names of Sekhmet**

In Comparable One - Lady Of Intoxications Mightier Than The Gods **Most Beautiful - Most Strong** Wanderer In The Wastes Great One In The Places Of Judgment And Execution Great One Of The Place Of Appearances In Silence Lady Of The Way Of The Five Bodies **Unrivaled And Invincible One Ruler Of The Chamber Of Flames - The Source** She Whose Opportunity Escapeth Her Not Winged One -Powerful Of Heart - The Aware Sekhmet, You Who Rouse The People Lady Of Jubilation The Gleaming One - Adorable One Sekhmet, Honoring Silence Shining Of Countenance - Mother Of Images



### **Speaking Names of Sekhmet**

Self-Contained – Awakener Lady of Enchantments - Opener Of The Ways Lady Of Transformations **Enrapturing One - Giver Of Ecstasies** Satisfier Of Desires Victorious One Queen Of The Desert Queen Of Serpents, Dragons and Lions **Complete One - Sublime One - Enlightener Beloved Teacher - Beloved Sekhmet** Guide In The Underworld Great One Of Silence - Pure One - Sparkling One Destroyer- Mistress of Death - Mother Of The Dead Pre-Eminent One In The Boat Of The Millions Of Years **Roamer Of Deserts – Empowerer** 



# **Speaking The Names of Sekhmet**

**Destroyer By Fire Great One Of Healing** Lady Of The Waters Of Life **Great One Of Laws Protectress Of The Divine Order** The Beautiful Light - Great One In Heaven Warrior Goddess - Goddess Of Love Great Lady Of The House Of Life **Queen Of The Venerable Ones** Lady Of The House Of Books **One Before Whom Evil Trembles** Lady Of All Powers – Eternal Most Beautiful Among The Gods Bountiful One - Unwavering Loyal One Sekhmet, Who Gives Joy



# **Additional Resources**

Robert Masters The Goddess Sekhmet Pyscho Spiritual Exercises of the 5<sup>th</sup> Way. Find on Amazon

Sekhmet Mantra https://youtu.be/el1jbqFBi\_E

Sekhmet Invocations https://youtu.be/29IjNqOLc5A

