

**Venus Alchemy
Throat Chakra
Practice**

**The Power of the
Sekhmet Mantras**

**AND Chanting the
Names of Sekhmet**



Chanting The Sekhmet Mantra

SA SEKHEM SAHU

SA - Breath of life

SEKHEM - Sacred Power, Life Force

SAHU - Realized Human Being

In Robert Masters' book

The Goddess Sekhmet, The Way of the Five Bodies

he suggests that chanting these words of power while gazing on, or imaging images of Sekhmet evoke and call forth the possibility of experiencing an altered state in your physical body, while also expanding and altering your mind, your emotional body and your spiritual body.



Speaking The Many Names of Sekhmet

The Goddess Sekhmet, The Way Of The Five Bodies also tells us speaking the names of the Goddess are a powerful way to experience “the Reality that is Sekhmet” or said another way the reality that is the Goddess within.

The Book Recommends:

- Slowly Reading the Names of Sekhmet Out Loud
- Allow Each Name Time to Pass from your Conscious Mind into your Unconscious
- Rest your Eyes on Images or Statues of Sekhmet
- As the Goddess becomes active within you, you will experience trance states that lead you into the Mystery
- You may find you go deeper as you contemplate these names and images



Speaking The Names of Sekhmet

Lady of Enchantments - Opener Of The Ways

Lady Of Transformations

Enrapturing One - Giver Of Ecstasies

Self-Contained – Awakener

Satisfier Of Desires -Victorious One

Queen Of The Desert, Queen Of Serpents, Dragons and Lions

Complete One - Sublime One - Enlightener

Beloved Teacher - Beloved Sekhmet

Guide In The Underworld

Great One Of Silence - Pure One - Sparkling One

Destroyer- Mistress of Death - Mother Of The Dead

Pre-Eminent One In The Boat Of The Millions Of Years

Roamer Of Deserts – Empowerer

Lady Of All Powers – Eternal

Most Beautiful Among The Gods

Bountiful One - Unwavering Loyal One

Sekhmet, Who Gives Joy



Speaking Names of Sekhmet

Sekhmet, Great One Of Magic

Lady Of The Magic Lamp

Mother Of The Gods

One Who Was Born Before The Gods Were

Lady Of The Place Of The Beginning Of Time

Beloved Of Ra, Her Father

Beloved Of Bast, Her Sister

Beloved Of Ptah, Her Husband-Brother

At Whose Wish The Arts Were Born

Beautiful Eye Giving Life To The Two Lands

Beautiful Face, Image Most Beloved By Art

Flaming One

Protectress Of The Gods

Lady Of The Scarlet-Colored Garment



Speaking Names of Sekhmet

In Comparable One - Lady Of Intoxications
Mightier Than The Gods
Most Beautiful - Most Strong
Wanderer In The Wastes
Great One In The Places Of Judgment And Execution
Great One Of The Place Of Appearances In Silence
Lady Of The Way Of The Five Bodies
Unrivalled And Invincible One
Ruler Of The Chamber Of Flames - The Source
She Whose Opportunity Escapeth Her Not
Winged One - Powerful Of Heart - The Aware
Sekhmet, You Who Rouse The People
Lady Of Jubilation
The Gleaming One - Adorable One
Sekhmet, Honoring Silence
Shining Of Countenance - Mother Of Images



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Speaking The Names of Sekhmet

Destroyer By Fire

Great One Of Healing

Lady Of The Waters Of Life

Great One Of Laws

Protectress Of The Divine Order

The Beautiful Light - Great One In Heaven

Warrior Goddess - Goddess Of Love

Great Lady Of The House Of Life

Queen Of The Venerable Ones

Lady Of The House Of Books

One Before Whom Evil Trembles

Lady Of All Powers – Eternal

Most Beautiful Among The Gods

Bountiful One - Unwavering Loyal One

Sekhmet, Who Gives Joy



Additional Resources

Robert Masters The Goddess
Sekhmet Psycho Spiritual
Exercises of the 5th Way.
Find on Amazon

Sekhmet Mantra

https://youtu.be/el1jbqFBi_E

Sekhmet Invocations

<https://youtu.be/29IjNqOLc5A>

