

Venus Alchemy Leo Morning Star

5th Chakra 3rd Gate

Releasing Distorted Communication

with Cayelin K Castell and Sheridan Semple



Sovereign Goddess Prayer

Releasing Divine Feminine Voice Distortions

Beloved Wondrous and Magical Relational Goddess Queen of Heaven and Earth
Committed to helping us Restore our Relationship with Earth and her Magic
You Who Create New Pathways of Self Awareness Through the Power of Your Voice
Thank you for Guiding Me to Release:
How I am Critical of My Self and Others
All Rigid Thoughts and Beliefs That Hold Me Back
Fear of Speaking Up and Speaking What Is True For Me

Including Releasing All Blocks Around Knowing When to Talk
and When To Actively and Deeply Listen
Releasing Any Remaining Fear around Offending and Being Abandoned
While also Releasing Any Blame and Shame Preventing Me
From Courageously Taking Responsibility for all that I Say and Do

O Mighty Goddess of Fierce Compassion and Inspired Resolve
Thank you for Guiding Me to Release all the Ways I Act and Speak Out of Fear
So, I Speak in Ways that Promote More Authentic Connection
Thank you for supporting me in having the Courage to Listen to and to act upon
What I know is True for Me - Trusting it benefits those around me.
Thank you for guiding me to Trust Myself In Making Inspired and Decisive Decisions
Releasing any Blocks preventing me from Skillfully Using my Words to Invoke and
Activate What Is Mine to Do and Say for the Benefit of All Life Everywhere.

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I give thanks this is Done, this is So
and So it IS! Blessed BE!

THE 13 ORIGINAL CLAN MOTHERS

YOUR
SACRED
PATH TO
DISCOVERING
THE GIFTS,
TALENTS &
ABILITIES
OF THE
FEMINE
THROUGH
THE ANCIENT
TEACHINGS
OF THE
SISTERHOOD



JAMIE SAMS

November New Moon

11th Moon Cycle Clan Mother
Walks Tall Woman

You walk in beauty Mother,
Allowing all to See
The Glory of Great Mystery
That sets your spirit free.

Guided by the bliss inside you,
Walking it through your deeds,
Never needing another's approval,
Your Heart's truth takes the lead.

With focus and directness
You teach me how to walk,
Balancing thought and action,
Instead of misusing talk.

I stand straight in your presence,
I hold my head up High,
With my feet rooted in Mother Earth,
My arms embracing Father Sky.



Barbara Wright

Overview

Sky Magic

Leo Meta Goddess at Throat Chakra Gate in Libra

Honoring the Queens

Plant Spirit Medicine

Home Play - Deepening Exercises

Ceremonial Magic and Activation

Connection Groups



The November Cross Quarter on November 7 features the Sun with the Star Zubenelgenubi

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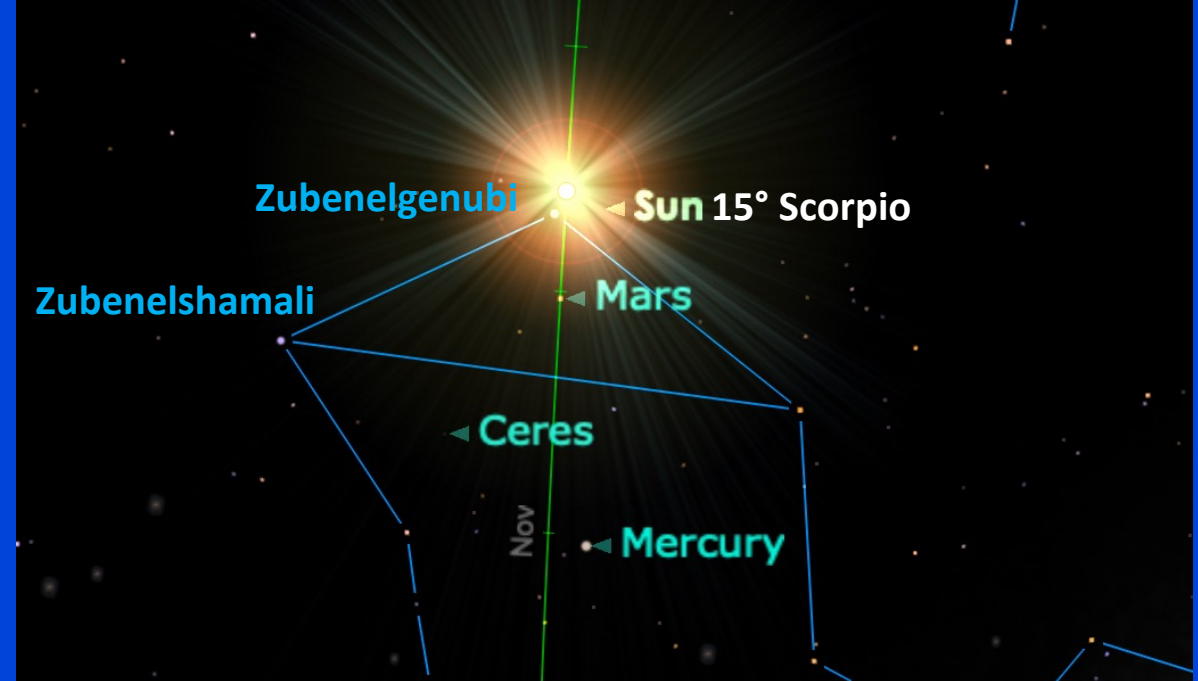
This is the mid-point swing between seasons from the September Equinox to the December Solstice.

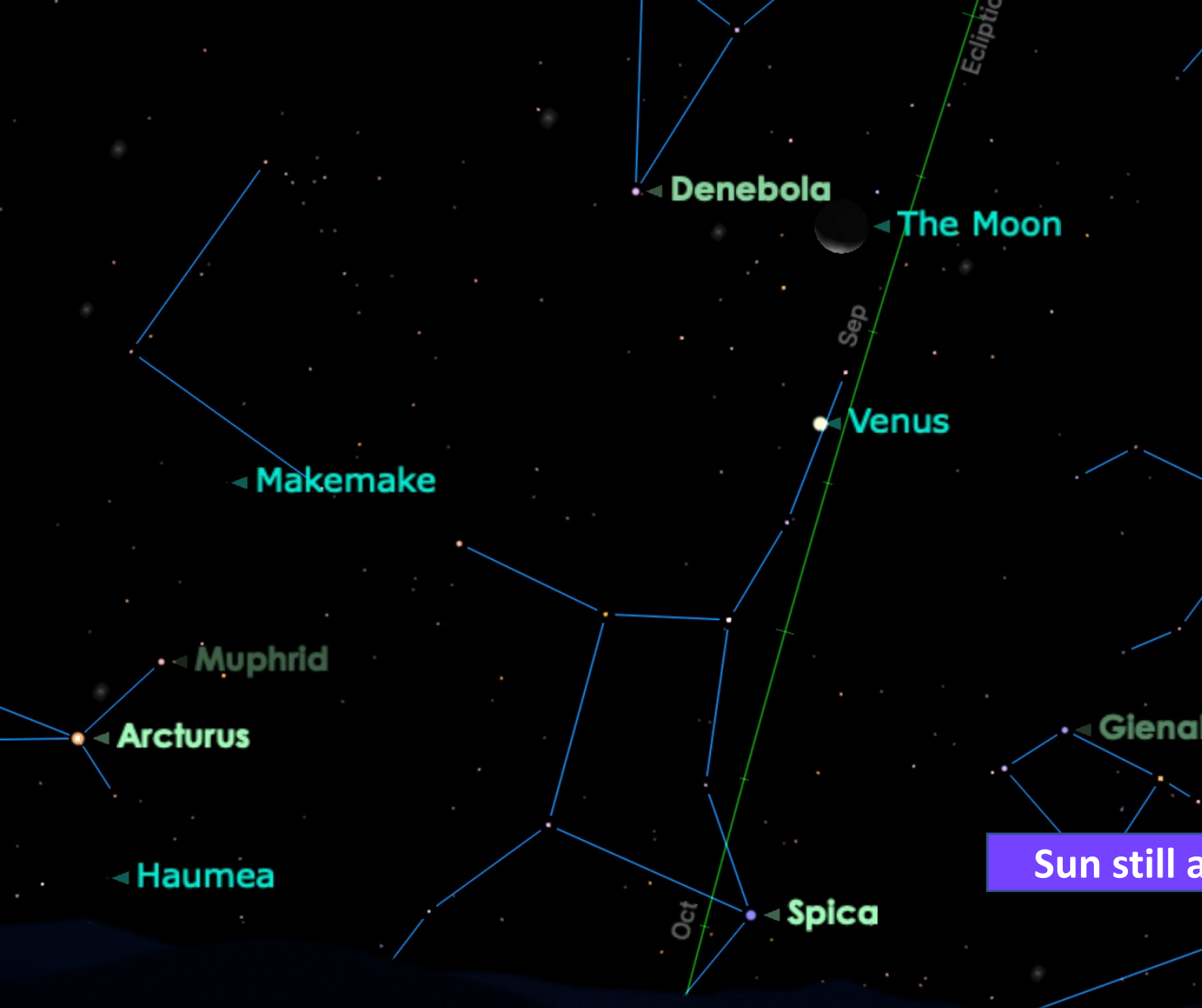
This star with the Sun at the cross-quarter suggests we are undergoing a major evolution as we evolve our understanding and experience of Zubenelgenubi along with the Zubenelshamali marking the other side of the scales.

Starlight Elixirs and Cosmic Vibrational Healing by Michael Smulkis and Fred Rubinfeld suggests Zubenelgenubi assists us in finding peace by balancing the forces of aggression and control.

Zubenelgenubi helps us find inner harmony and independence while also strengthening our relationship with our spirit guides.

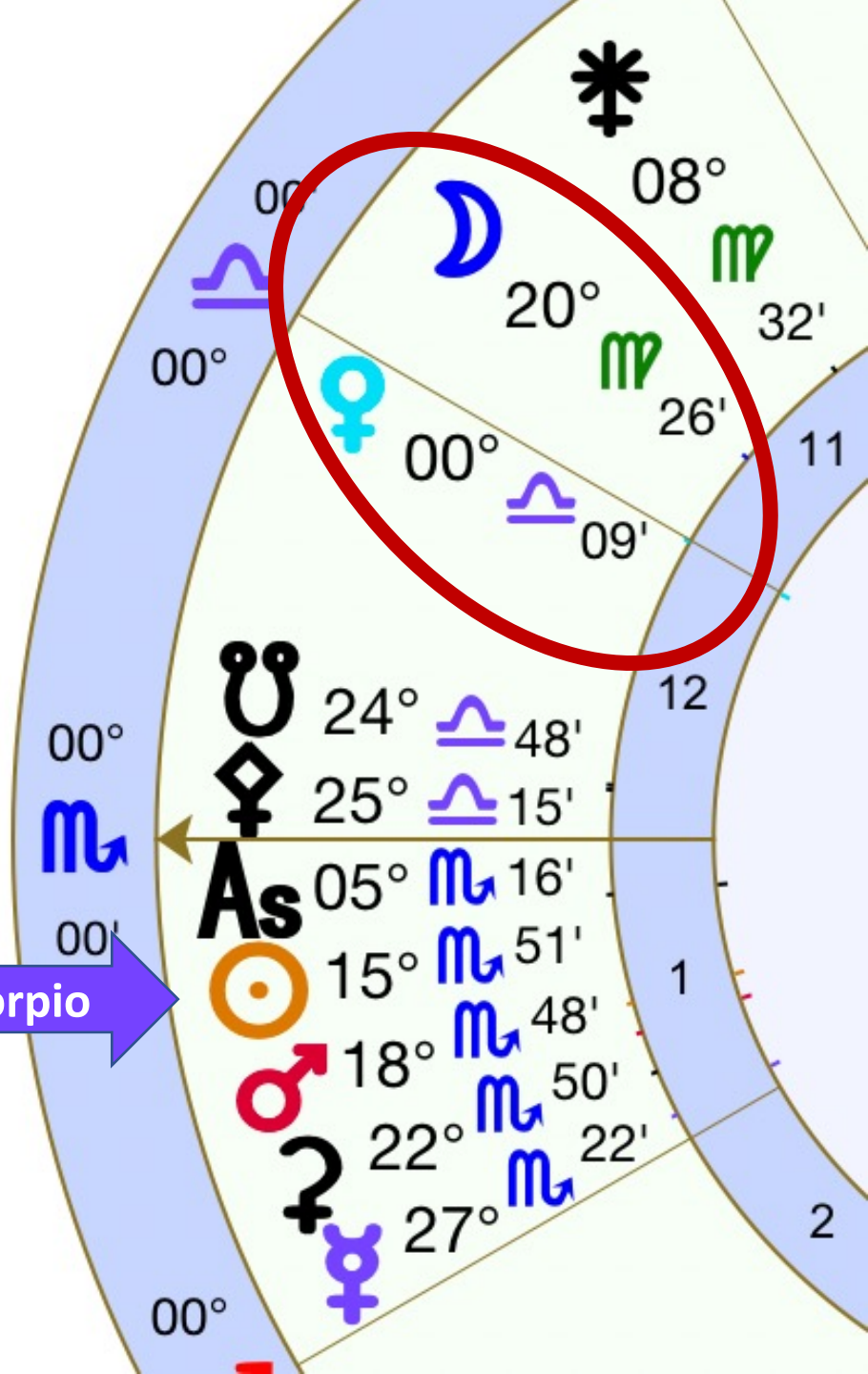
Zubenelgenubi also supports experiences of deep self acceptance through self-nurturing and self-love while bringing forth new concepts and ideas for relating.





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Sun still at 15° Scorpio



6 am MST November 8, 2023
Moon with Denebola

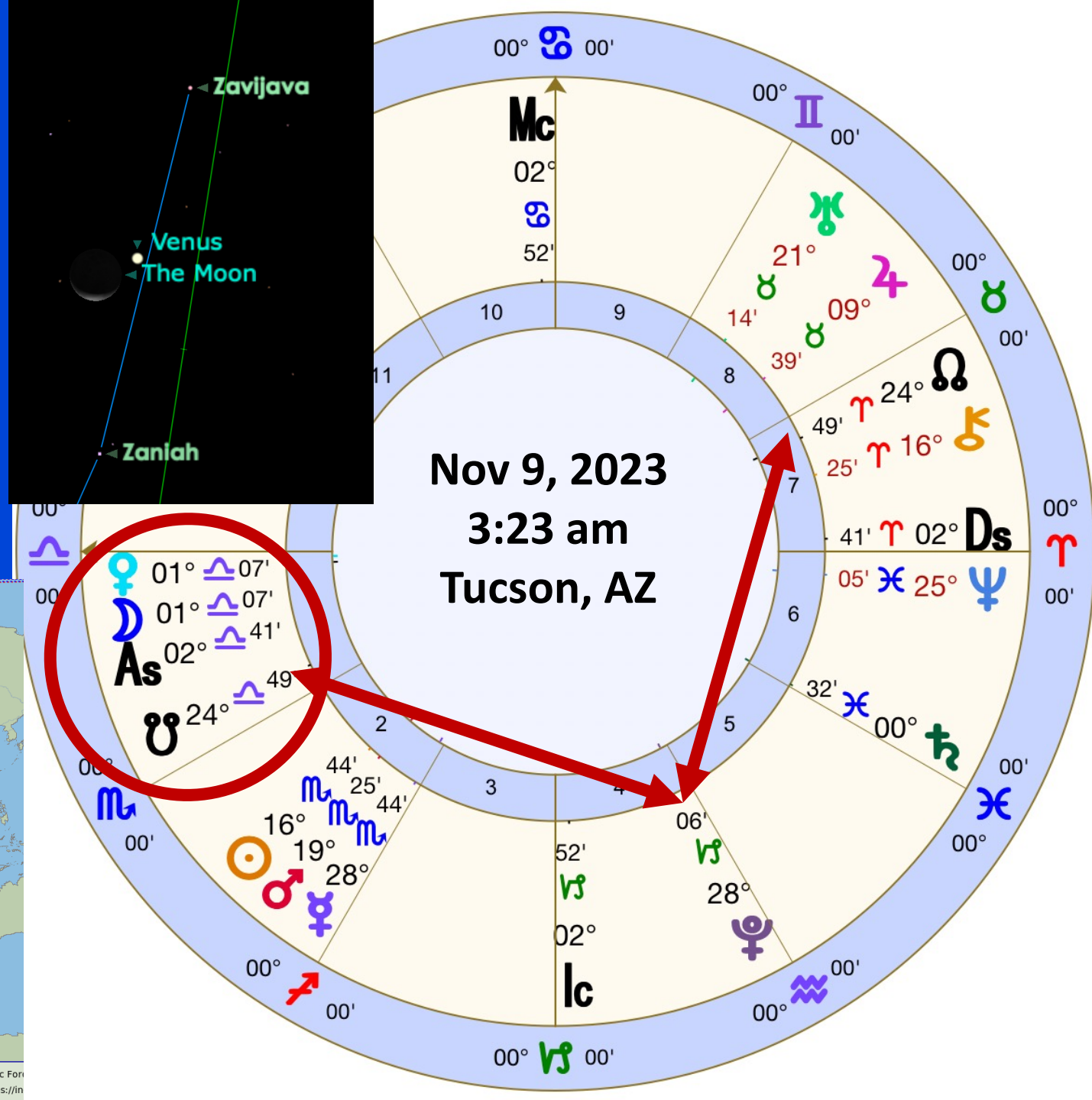
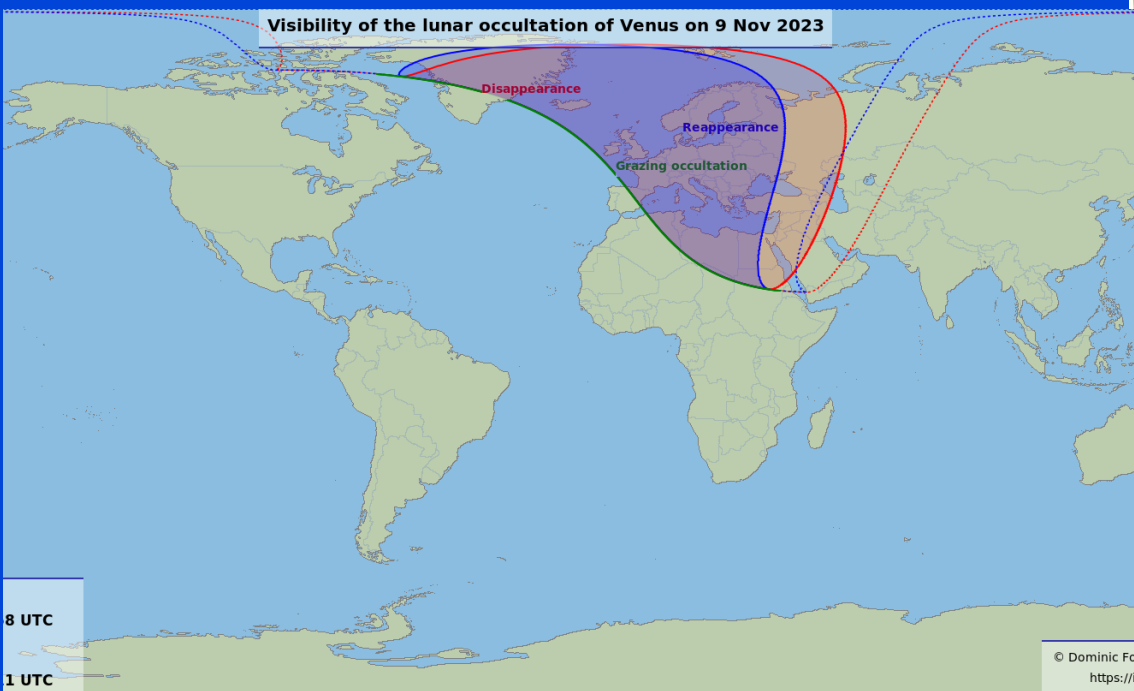
The Moon Occults Venus on November 9

similar to an eclipse visible from Europe, western Russia, Greenland, Africa, Asia and Svalbard.

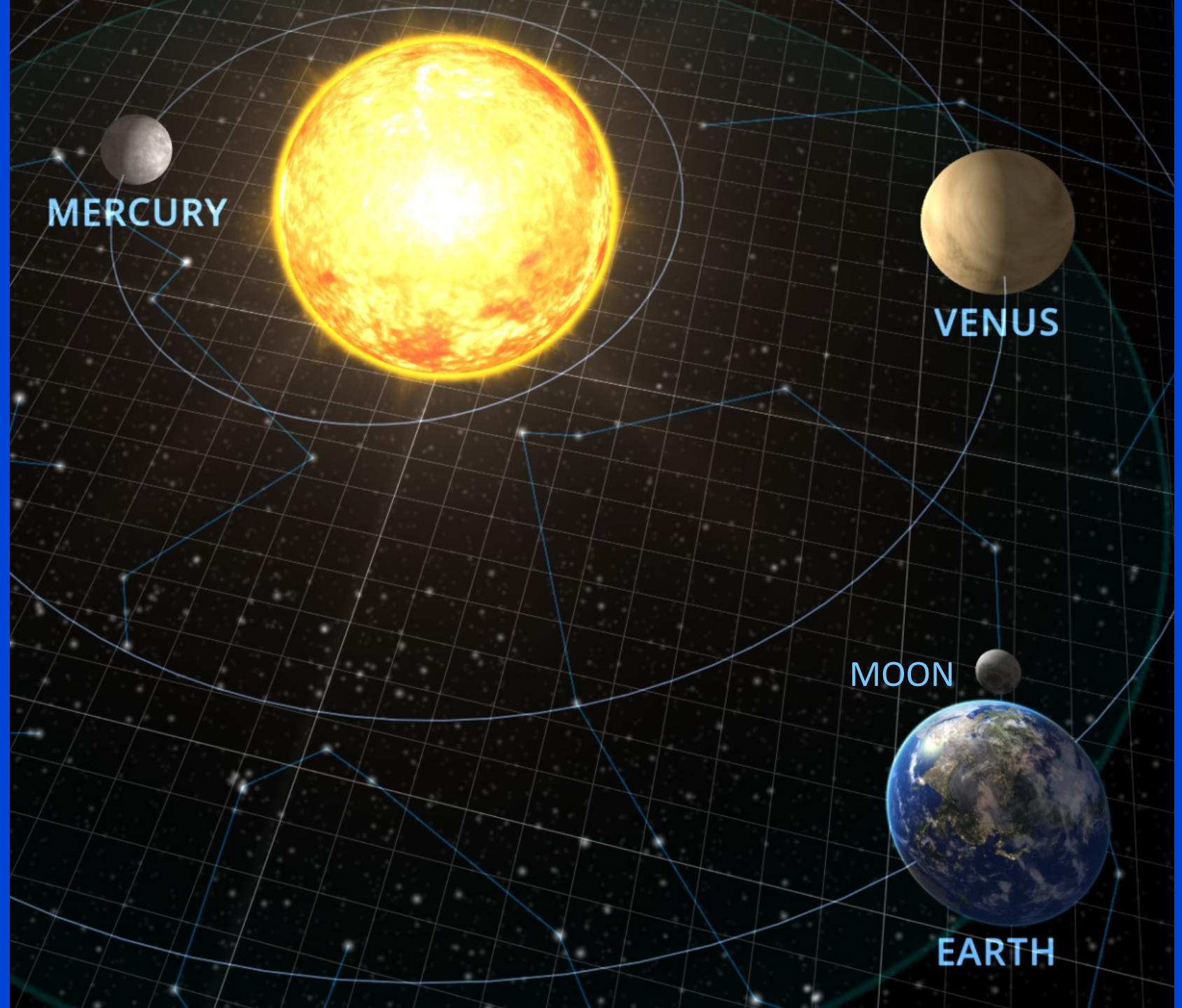
You may not see the occultation where you are
but you will see the Moon very close to Venus on
the morning of Nov 9.

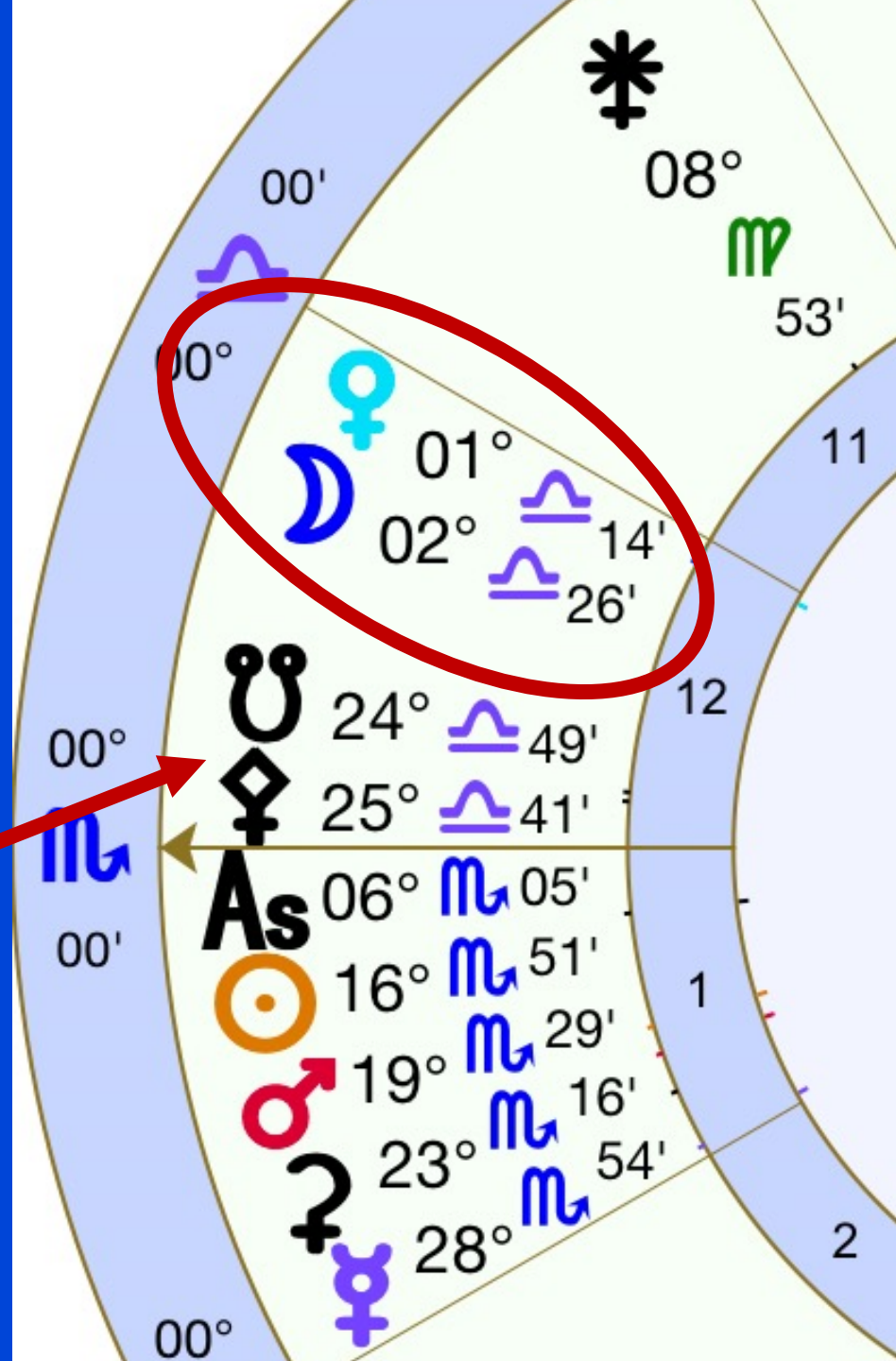
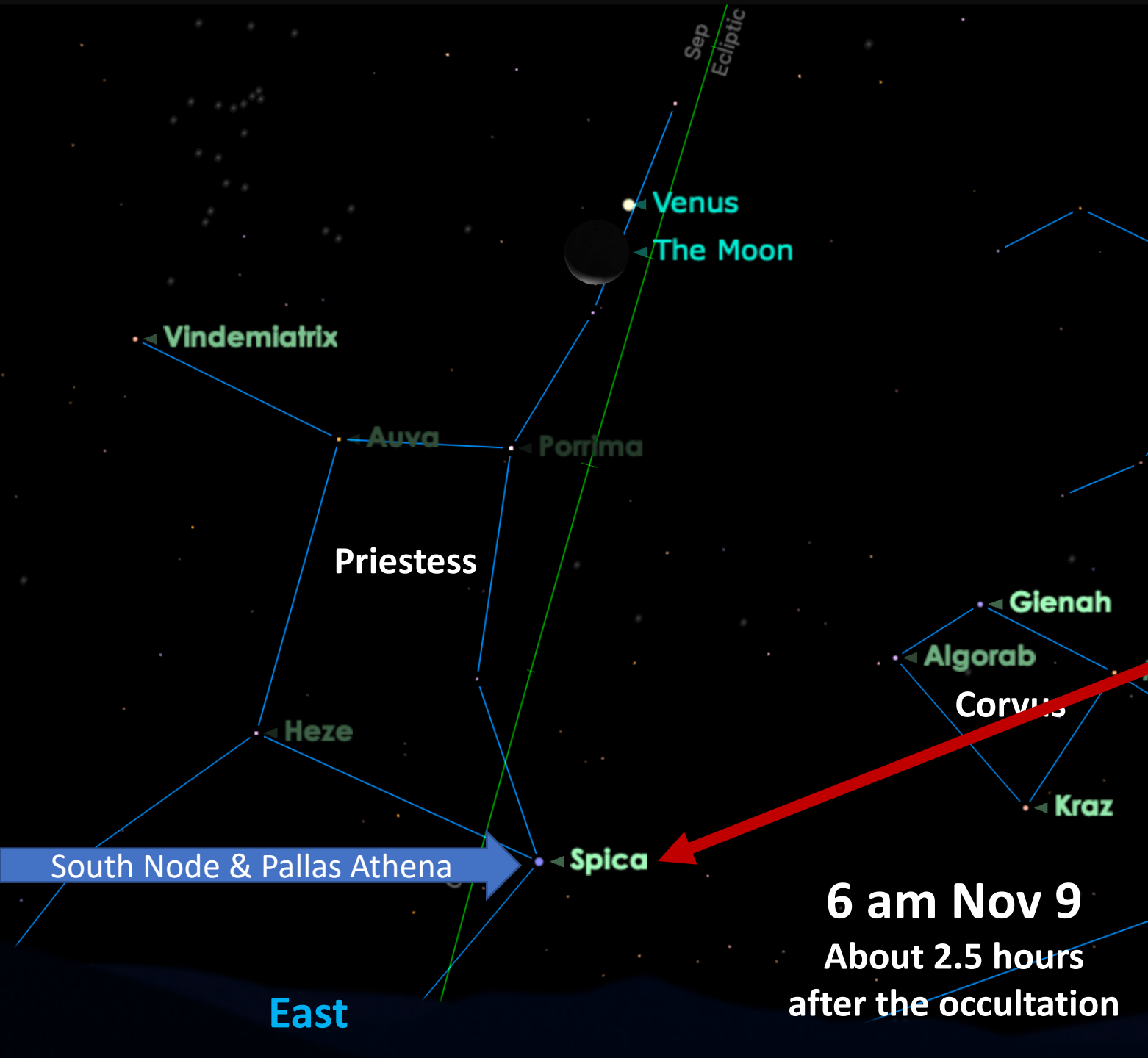
Below is a map of where the occultation is visible.

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Moon Venus Conjunction
Throat Chakra Gate
Nov 9
From Solar System Scope





The roots of Pallas Athena in Ancient Greece and beyond: Creative Intelligence, Alchemical Healer, Inventor, Grounding Multidimensional Identity and Wholeness

- Athens Patron Goddess, she was historically the Goddess of Warfare and Practical Wisdom who supported the emerging Patriarchy
- Envisioning her Archetype Shifting into “Heart Centered Social and Spiritual Reformer” exploring our “Unique Individuated Selves”
- Now Reestablishing Equality and Justice to the World thru Heart Centered Wisdom
- Restoring Interpersonal Relating with the Inner and Outer Self including Psyche and Body as Human and Divine, Human and Nature while also Reclaiming Lost Gifts
- Removing the Walls/Blocks that Keep us in Separation from our Wholeness
- Can see clearly thru the Camouflage of the Outer World into other dimensions
- Redefining the Archetypes for this New Age thru personal embodiment
- Consciously playing in the Dimensions of All Probabilities



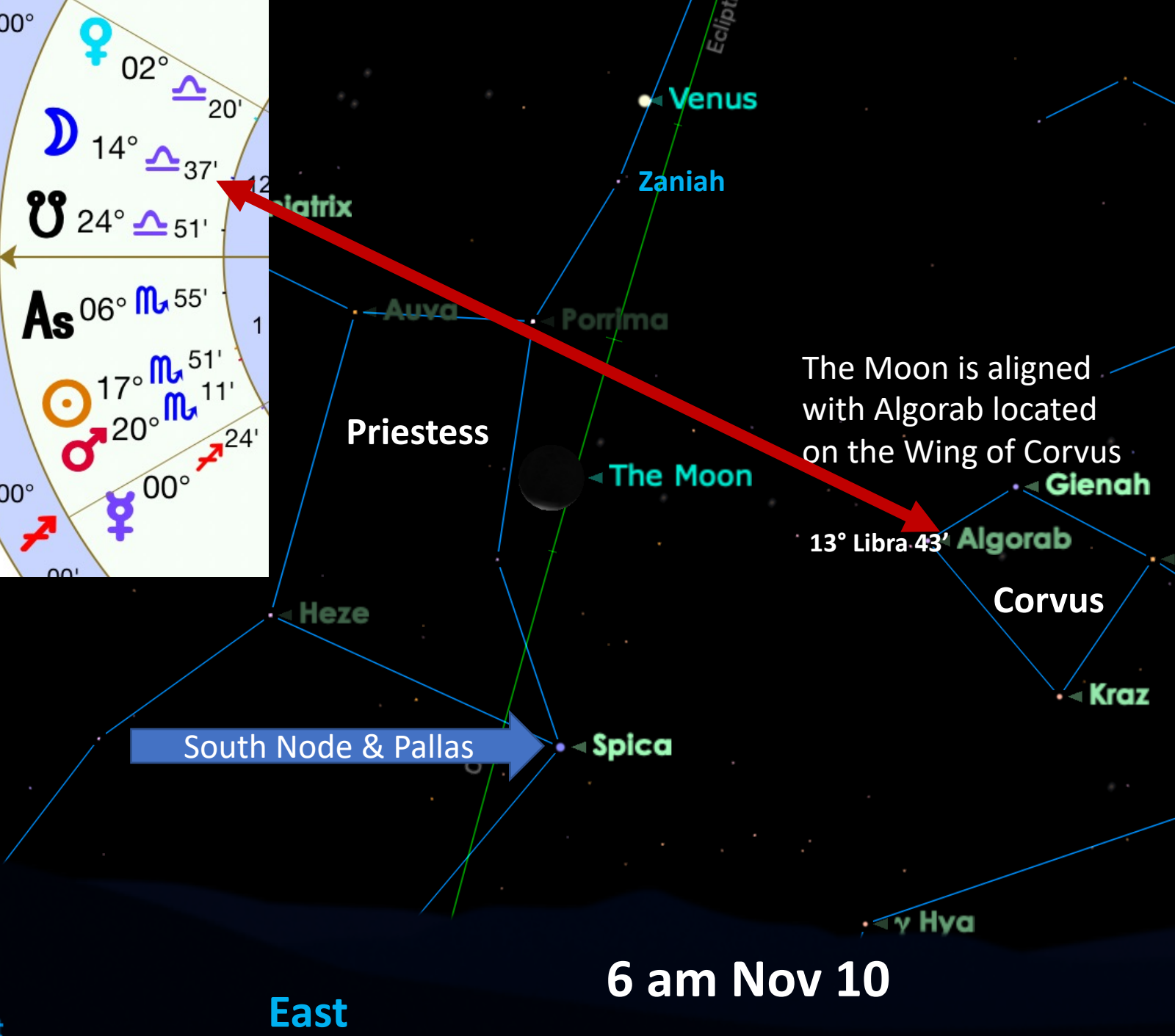
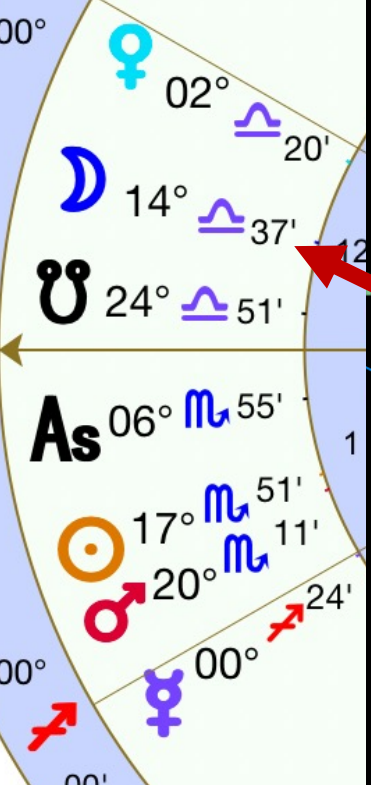
Insights on Pallas Athena by Morgan Marckwald

In honor of Morgan and her passion for Pallas Athena here are three videos we did on this topic before she left this world April 19, 2023

First Video <https://youtu.be/7L4jnSZRYto>

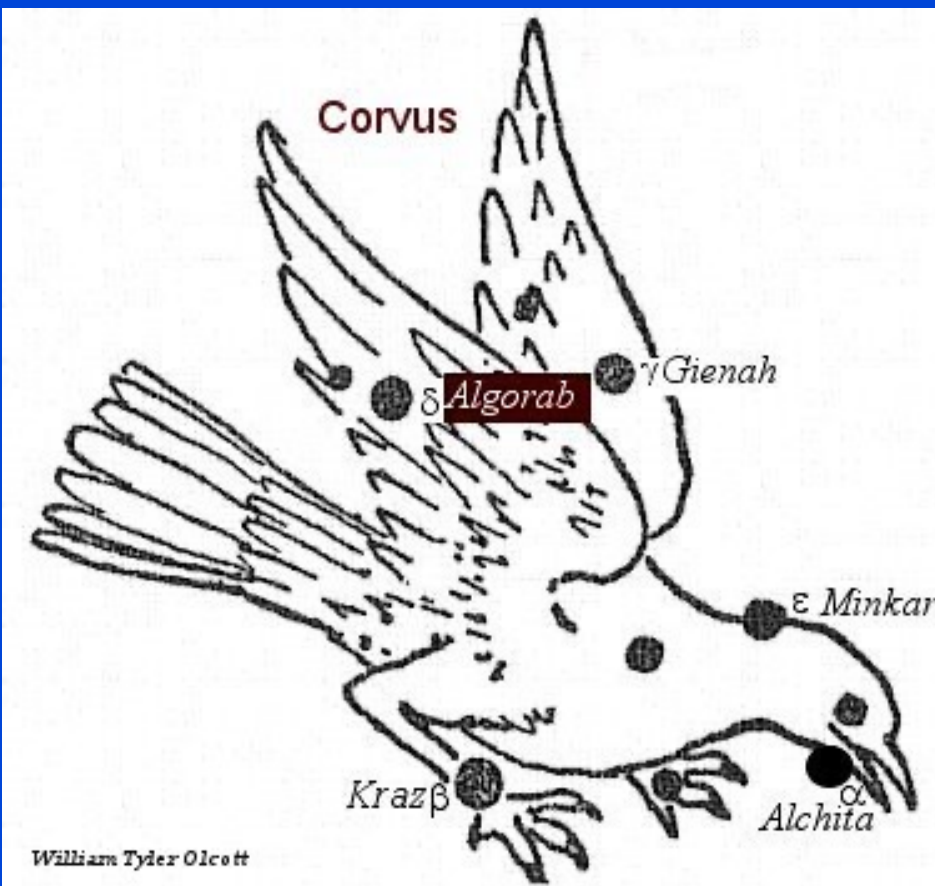
Second video <https://youtu.be/fxKJUDUIv1I>

Third video <https://youtu.be/sDbPETSX-wA>



Venus is near Zaniah (4° Libra), a star that marks the left Arm or Wing of the Priestess representing the Greek Erigone or Astraea.

Both Goddess are said to have fled when the world became too unjust and sinful. It is said they will return when the sacred code of conduct is restored. [[Astronomica](#), Manilius, 1st century AD, p.265]



Page Bryant tells us in her book *Starwalking: Shamanic Practices for Traveling into the Night Sky*

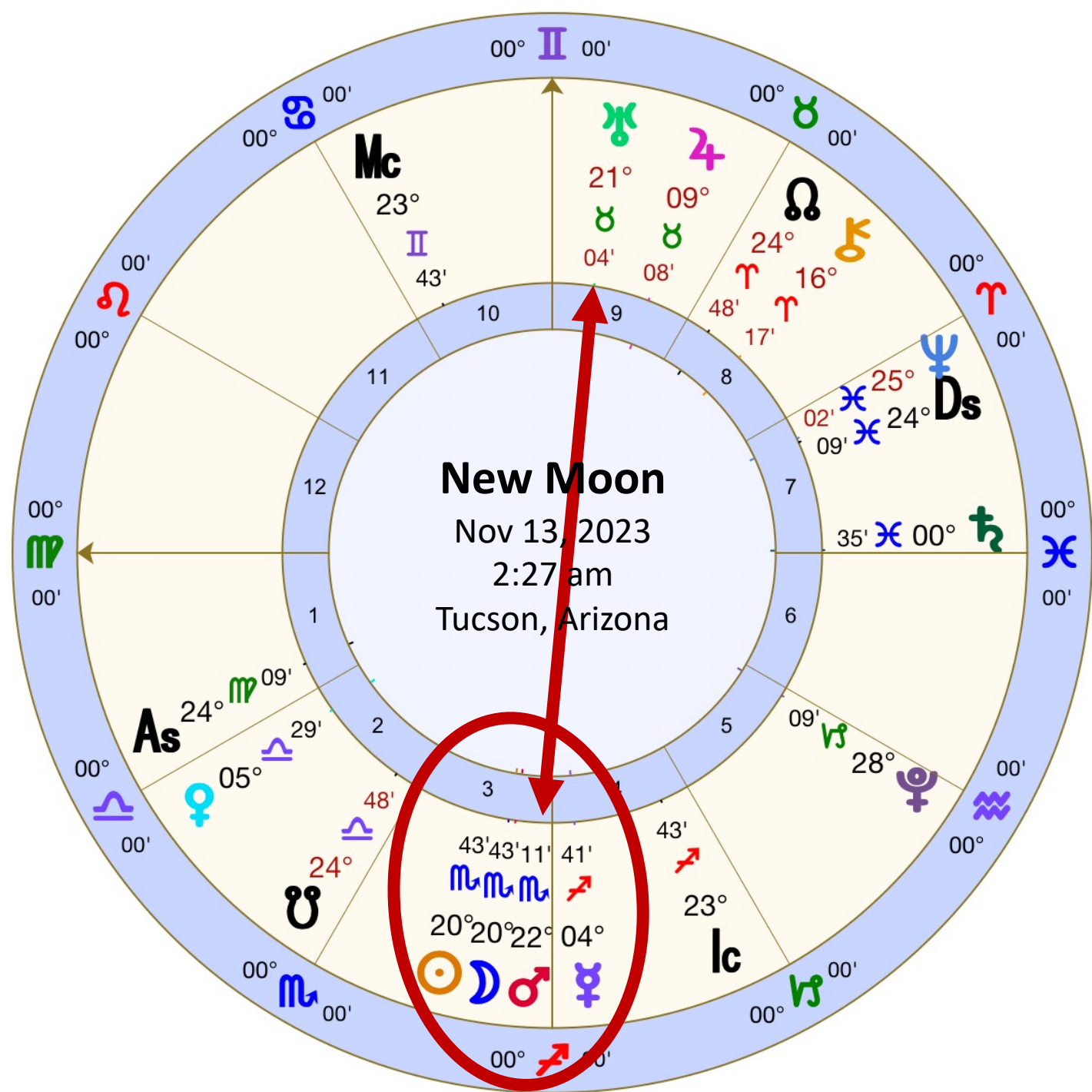
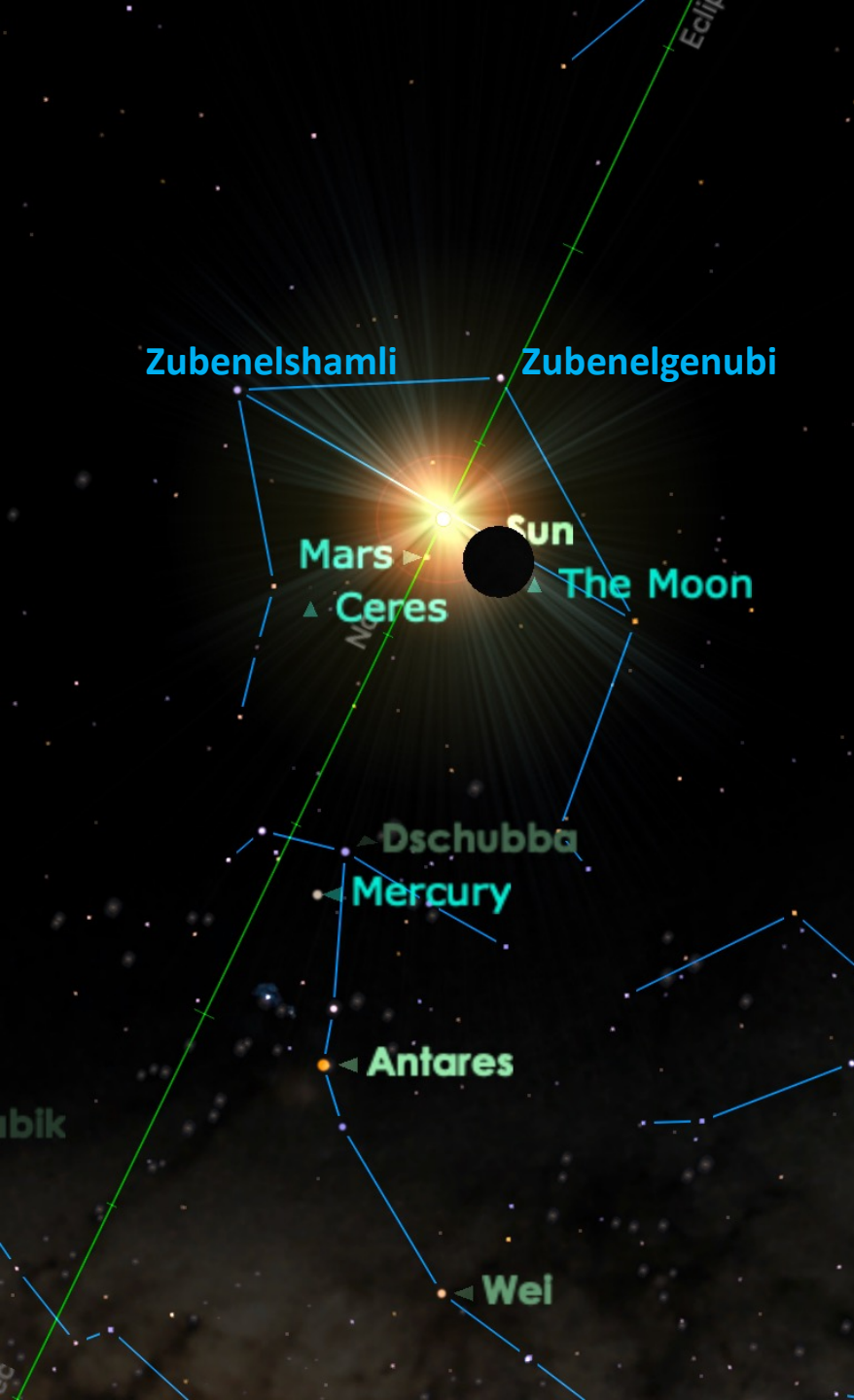
“Algorab transmits energy that stimulates life force and protects the wing-eds in the animal kingdom.

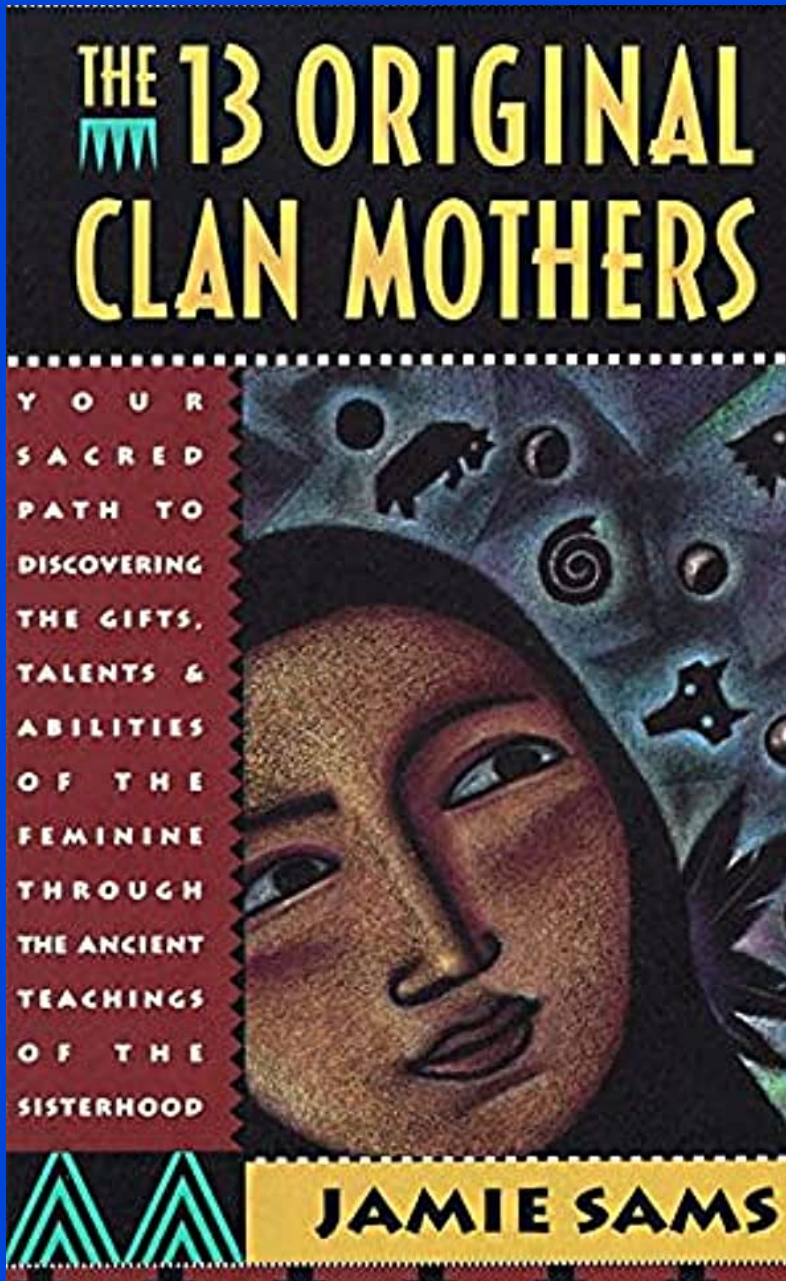
Its energy is also conducive to the appearance of Spirit Birds that have long been a part of mythology down through time.

The Phoenix, or Thunderbird, is a prime example.”

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November New Moon

11th Moon Cycle Clan Mother
Walks Tall Woman

Walks Tall Woman is the Guardian of Leadership and the Keeper of New Paths. Her color is white.

She teaches us how to lead by example instead of demanding that others follow.

Change requires action from within not from others doing it for us.

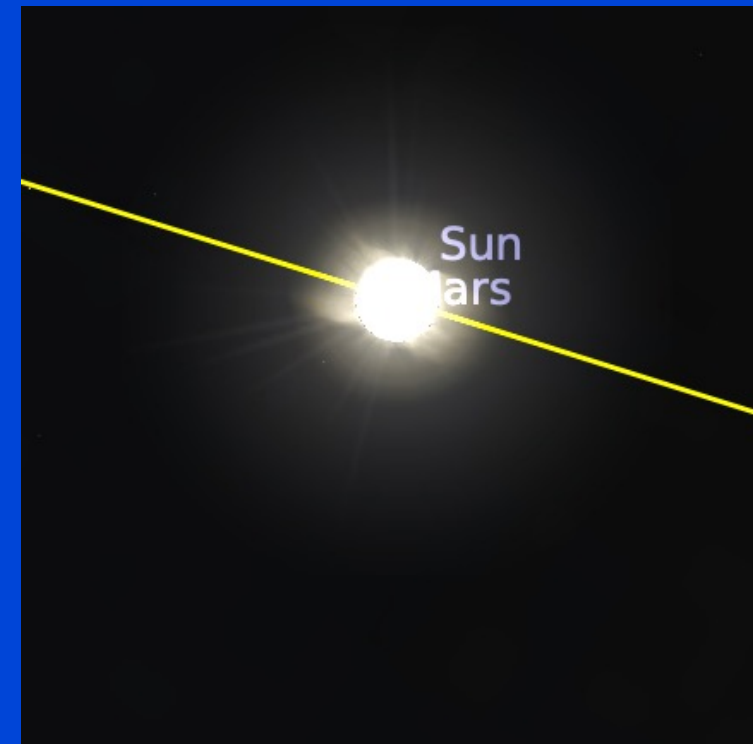
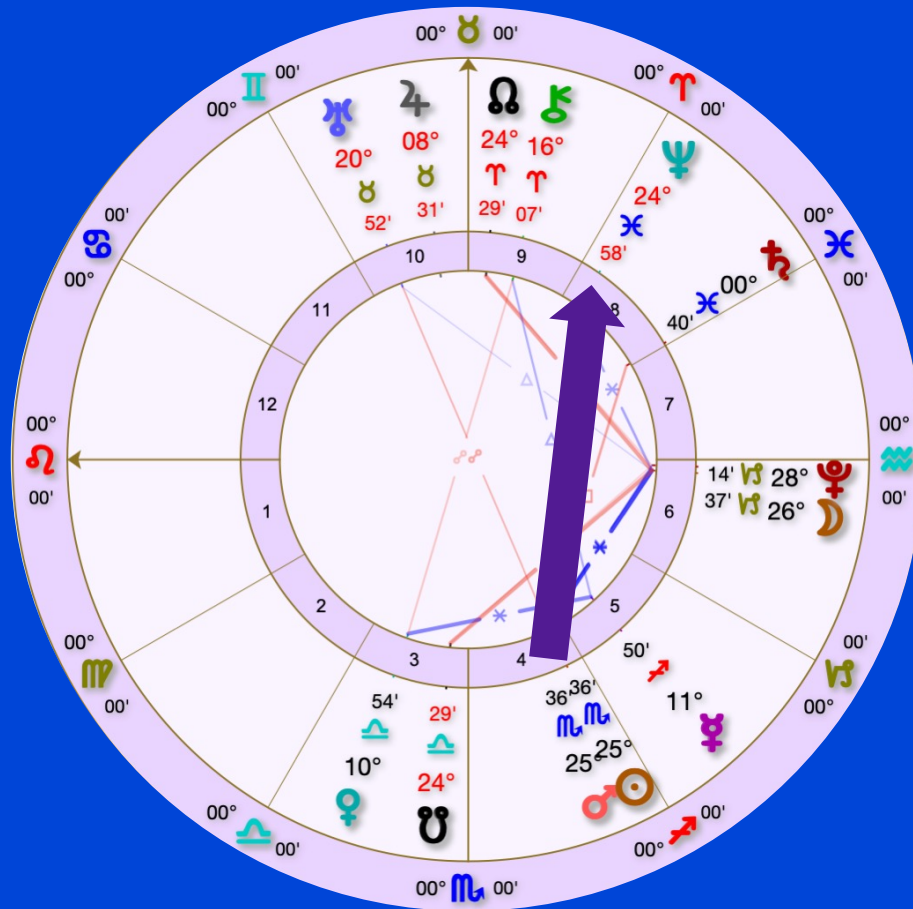
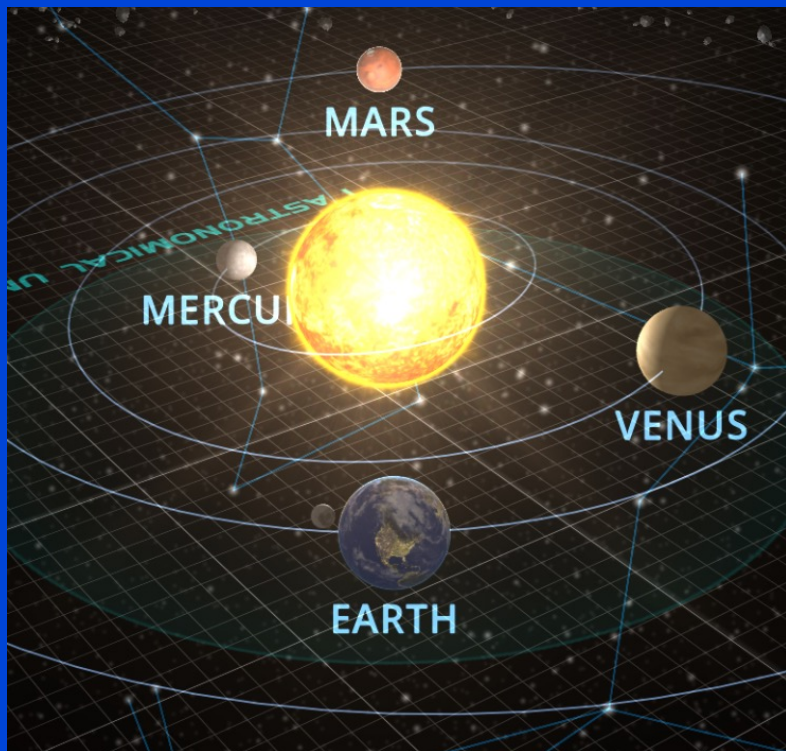
It is OK to be proud of our accomplishments as long as it does not come from arrogance or self-importance.

Happiness occurs when we hone our skills. Remembering actions speak louder than words so this is about being in integrity with our true self not someone else's truth.



Sun Mars Cazimi

Nov 17 - 9:41pm – PST
Underworld late Sep to early Jan





Leo Morning Throat Chakra Gate 2023

Nov 08 Venus enters Libra crossing the Sep Equinox Point

Nov 09 Venus Moon 1° Libra at the 3rd Gate Throat Chakra and Mercury enters Sag

Nov 10 Mercury squares Saturn

Nov 11 Underworld Mars in Scorpio opposite Uranus 21° Taurus

Nov 13 Scorpio New Moon 21° opposite Uranus 21° Taurus

Nov 15 Venus 8° Libra sextile Mercury 8° Sagittarius

Nov 17 Mars conjunct the Sun 26° Scorpio

Nov 22 Sun enters Sagittarius and Venus 16° Libra opposite Chiron 16° Aries

Nov 24 Mars enters Sagittarius

Nov 25 Mars squares Saturn

Nov 26 Moon conjuncts Jupiter 8° Taurus and then later Uranus 21° Taurus

Dec 01 Mercury enters Capricorn

Dec 03 Venus 28° Libra 33' square Pluto 28° Capricorn 33'

Dec 04 Venus enters Scorpio

Dec 05 Venus 01° Scorpio trines Saturn 01° Pisces

Dec 06 Neptune stations direct 25° Pisces

Dec 09 Venus Moon conjunction Heart Chakra Gate 5° Scorpio

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November 7 exact
Solar Cross Quarter

Venus Moon 1° Libra
3rd Gate, 5th Chakra
Nov 09, 2023

Venus Moon 5° Scorpio
4th Gate, 4th Chakra
Dec 09, 2023

Venus Square Pluto Embracing Death is the Key to Life Dec 3

One of the most challenging, scary places is the space between what is dying and what is birthing.

The empty void is where everything IS and ISn't
Where unmanifest potential exists before birthing into manifestation.

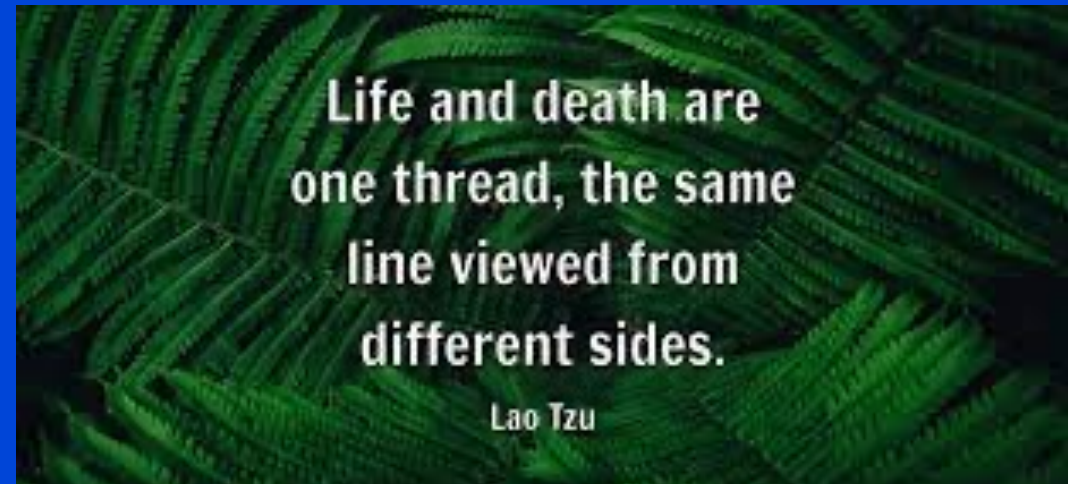
This is a natural process that happens without or without our cooperation.

Even if we resist with all that we are, the Sun sets on the day that is.
Both Night and Day are recurring as is Life and Death.

The seasons continue to change and we are powerless to stop it.

Surrender. Trust the process. Imagine you are engaging a new time, a new way of being, a New Earth Reality founded in the power of LOVE.

Rising from the ashes of the old into a brighter, more magical, more loving and fulfilling new day.



Releasing at the Throat Chakra with the Leo Meta-Goddess in Libra

Nov 7/8 – Dec 4

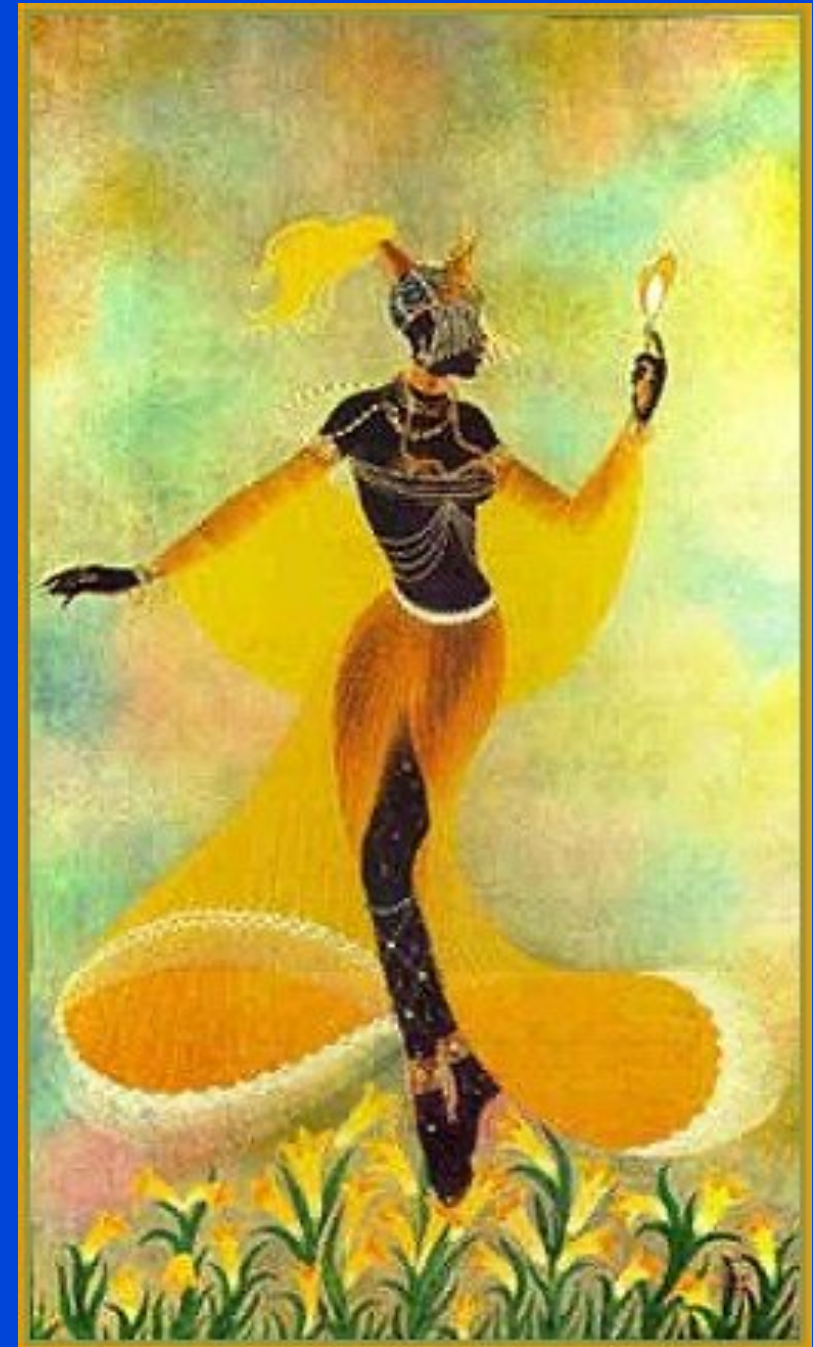
Divine Goddess of the relational realm, we ask your guidance in teaching us deeper self love through the reflection others provide for us. Please help us to express our divine natures through reverent communication with the people in our lives, cultivating conscious partnerships.

Aid us in clearing any distortions in how we perceive ourselves through other's words and opinions. Free us from self-judgment we may adopt through individuals' or societies' projections onto to us.

Support us as we become further aware through our interconnections, using our words to better share our authentic selves, healing any wounds that inhibit articulating who we truly are.

May we speak kindly to ourselves.

Assist us as we use our voices to bring more peace and balance into the world. Through speaking, support us in knowing ourselves better, become clearer, and voicing more authentically our true Soul Selves.



Leo at the Throat Chakra

What deep honest truth could I tell today that would change my world? What would it take for me to tell this truth?

Where in my life am I stifling my wholehearted expression and how can I shift that pattern?

Are there vulnerable parts of me that need me to speak up for them with fierce love and protection?

Are there people or communities in my world who are being harmed who would benefit from me using my voice and platform to speak up for them?



Write what disturbs you, what you fear, what you have not been willing to speak about. Be willing to be split open.

— Natalie Goldberg —

AZ QUOTES

**SPEAK YOUR MIND
EVEN IF YOUR
VOICE SHAKES**

MAGGIE KUHN

Deepening Awareness around the Throat Chakra

Releasing Blocks to Speaking Up

This month explore a topic you are afraid to speak up about.

Maybe it is about speaking for yourself and your needs, or a matter of injustice in your community or the world around you.

Challenge yourself to speak (or write or creatively express) in someway. Notice how you feel?

This may open doors to other areas where you feel the desire to speak up.

If you are comfortable speaking up for yourself, consider where you might speak up for others.
And vice versa.





Honoring the Queens

Queen Cleopatra

Queen of the Ptolemaic Kingdom of Egypt from 51 to 30 BCE (almost 22 Years). She was the last active Egyptian ruler.

A member of the Ptolemaic dynasty, she was a descendant of its founder Ptolemy, a general and companion of Alexander the Great.

After the death of Cleopatra, Egypt became a province of the Roman Empire, marking the end of the last Hellenistic-period state in the Mediterranean and of the age that had lasted since the reign of Alexander (336–323 BCE).

<https://en.wikipedia.org/wiki/Cleopatra>

Cleopatra became Queen at the age of 17 and died at the age of 39.

She spoke 9 languages. She knew the language of Ancient Egypt and could read hieroglyphics — unique to her dynasty.

She knew Greek and the languages of the Parthians, Hebrews, Medes, Troglodytes, Syrians, Ethiopians, and Arabs and could read any book.

She studied geography, history, astronomy, international diplomacy, mathematics, alchemy, medicine, zoology, economics, and more.

She spent a lot of time in an ancient laboratory and wrote about herbal healing and cosmetics. All her books were destroyed in the fire that demolished the Library of Alexandria in 391 CE

The famous physicist Galen studied her work and was able to transcribe some of the recipes devised by Cleopatra.

Her influence on the sciences and medicine was well known in the early centuries of Christianity. She, without a doubt, is a unique figure in the history of humanity.

Cleopatra: A Study

Henry Houssaye



Published by the Library of Alexandria

Made in the United States of America

Yarrow – Throat Chakra

- Blue essential oil – azulene (soothing, calming)
- Gentle throat chakra opener
- Helps us to speak our truth
- Associated with Venus
- Opens the heart, mind and spirit to cosmic energy
- Increases our receptivity to intuition
- Associated with Archangel Michael
- Insomnia
- Anti-viral
- Opens the lungs

Essential oils carry the Consciousness & the Medicine of the Plants & Trees
They bring us into the Vibration of the Earth and the Archetypes



Home Play

Deepening Practices

- **Venus Altar**
- **Venus Journal**
- See if you can see **Venus with the Moon**: Nov 8th, 9th, 10th
- **Do Ceremony** with Venus and the Moon for the Throat Chakra gate
- Spend time with Venus in the **Morning Sky**
- Check in with your Morning Star **Venus Buddy**
- Set your **intention** for what you are **releasing** at the **Throat Chakra** and work with any of the questions shared that resonate with you
- Listen to Guided Journeys and Meditations, most especially the **Throat Chakra Meditation** by Cayelin
- **Share** your experiences and insights on Facebook (if you're on FB)





Ceremony



Connection Groups

Guidelines

Joining the Session is Optional

Purpose is to foster community, connection and offer mutual support

**We are here to listen and be heard
(please, no cross talking or interrupting)**

We are not here to fix or judge – just listen

**Give everyone an opportunity to share
(be mindful of the time)**

Feel free to continue the conversation by mutual agreement via personal messaging after the class

Connecting Conversations

Start with Your Name

Where You are From

Suggested Topics:

- Share your intention for the Throat Chakra
- What has been your experience with the 3rd Eye Chakra Gate?
- How are you practicing self-love?

