

Venus Alchemy Throat Chakra Practice

The Power of the
Sekhmet Mantras

AND Chanting the
Names of Sekhmet



Chanting The Sekhmet Mantra

SA SEKHEM SAHU

SA - Breath of life

SEKHEM - Sacred Power, Life Force

SAHU - Realized Human Being

In Robert Masters' book

The Goddess Sekhmet, The Way of the Five Bodies

he suggests that chanting these words of power while gazing on, or imaging images of Sekhmet evoke and call forth the possibility of experiencing an altered state in your physical body, while also expanding and altering your mind, your emotional body and your spiritual body.



Speaking The Many Names of Sekhmet

The Goddess Sekhmet, The Way Of The Five Bodies also tells us speaking the names of the Goddess is a powerful way to experience “the Reality that is Sekhmet” or said another way the reality that is the Goddess within.

The Book Recommends:

- Slowly Reading the Names of Sekhmet Out Loud
- Allow Each Name Time to Pass from your Conscious Mind into your Unconscious
- Rest your Eyes on Images or Statues of Sekhmet
- As the Goddess becomes active within you, you will experience trance states that lead you into the Mystery
- You may find you go deeper as you contemplate these names and images



Speaking The Names of Sekhmet

Lady of Enchantments - Opener Of The Ways

Lady Of Transformations

Enrapturing One - Giver Of Ecstasies

Self-Contained – Awakener

Satisfier Of Desires -Victorious One

Queen Of The Desert, Queen Of Serpents, Dragons and Lions

Complete One - Sublime One - Enlightener

Beloved Teacher - Beloved Sekhmet

Guide In The Underworld

Great One Of Silence - Pure One - Sparkling One

Destroyer- Mistress of Death - Mother Of The Dead

Pre-Eminent One In The Boat Of The Millions Of Years

Roamer Of Deserts – Empowerer

Lady Of All Powers – Eternal

Most Beautiful Among The Gods

Bountiful One - Unwavering Loyal One

Sekhmet, Who Gives Joy



Speaking Names of Sekhmet

Sekhmet, Great One Of Magic

Lady Of The Magic Lamp

Mother Of The Gods

One Who Was Born Before The Gods Were

Lady Of The Place Of The Beginning Of Time

Beloved Of Ra, Her Father

Beloved Of Bast, Her Sister

Beloved Of Ptah, Her Husband-Brother

At Whose Wish The Arts Were Born

Beautiful Eye Giving Life To The Two Lands

Beautiful Face, Image Most Beloved By Art

Flaming One

Protectress Of The Gods

Lady Of The Scarlet-Colored Garment



Speaking Names of Sekhmet

In Comparable One - Lady Of Intoxications
Mightier Than The Gods
Most Beautiful - Most Strong
Wanderer In The Wastes
Great One In The Places Of Judgment And Execution
Great One Of The Place Of Appearances In Silence
Lady Of The Way Of The Five Bodies
Unrivalled And Invincible One
Ruler Of The Chamber Of Flames - The Source
She Whose Opportunity Escapeth Her Not
Winged One - Powerful Of Heart - The Aware
Sekhmet, You Who Rouse The People
Lady Of Jubilation
The Gleaming One - Adorable One
Sekhmet, Honoring Silence
Shining Of Countenance - Mother Of Images



Speaking Names of Sekhmet

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Cayelin with Skehmet in 199

Speaking The Names of Sekhmet

Destroyer By Fire
Great One Of Healing
Lady Of The Waters Of Life
Great One Of Laws
Protectress Of The Divine Order
The Beautiful Light - Great One In Heaven
Warrior Goddess - Goddess Of Love
Great Lady Of The House Of Life
Queen Of The Venerable Ones
Lady Of The House Of Books
One Before Whom Evil Trembles
Lady Of All Powers – Eternal
Most Beautiful Among The Gods
Bountiful One - Unwavering Loyal One
Sekhmet, Who Gives Joy



Additional Resources

Robert Masters The Goddess
Sekhmet Psycho Spiritual
Exercises of the 5th Way.
Find on Amazon

Sekhmet Mantra

https://youtu.be/el1jbqFBi_E

Sekhmet Invocations

<https://youtu.be/29IjNqOLc5A>



How Sekhmet Illuminates The Magic Possible when Venus is with the Sun A Personal Story with Cayelin K Castell

Video of the following slides
is Here

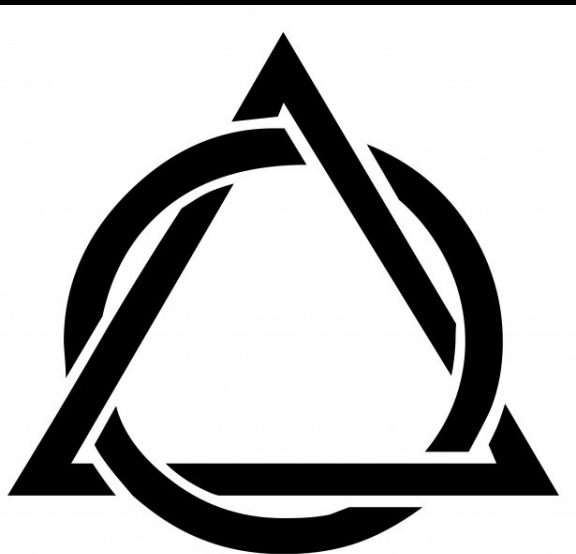
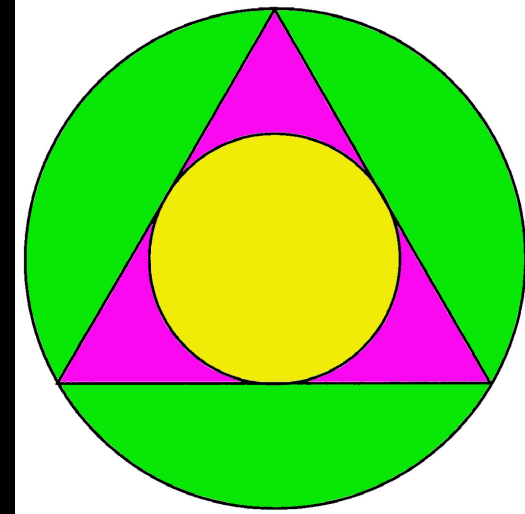
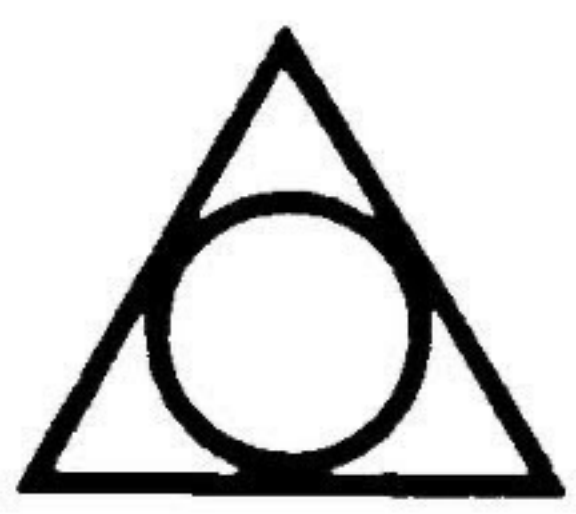
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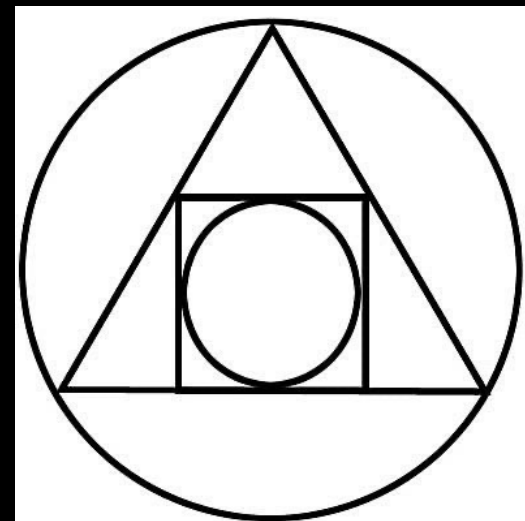
Sekhmet Temple in Nevada



**Standing Stones on the Orkney Islands
Where I had a vision of the Sun surrounding
the Great Pyramid in 1997 creating the sacred
geometry of the Triangle within the Circle...**



**Approximation of 1997 unexpected Vision
of the Sun around the Pyramid
or Triangle within the Circle
The Circle Represents Wholeness, Oneness
The Triangle represents the Mysteries
Including the Power of Three
and the balance between Body, Mind, Spirit**



A life altering experience occurred on August 18, 1998 in the Capricorn Venus Cycle just two days before the 7th gate/Root chakra Moon gate when I co-facilitated my Mother's Conscious Death...

About three weeks later I had an unexpected out of body experience when I felt myself leaving my body and going inside the great pyramid where I found myself laying in the sarcophagus.

Then I felt myself rising out the top of the Pyramid into a Yellow Light (like Sun Light where I encountered an Ibis headed being.



In my altered state I couldn't remember who he was so I asked and he told me he was Thoth.

I recognized the name but couldn't remember exactly who he was?

Thoth was the inventor of writing, the creator of languages, adviser of the gods, and the representative of the sun god, Re or Ra.





DeTraci Regula describes in her book *The Mysteries of Isis* accounts of Priestess Initiates being enclosed in a black marble sarcophagus for 4 days undergoing an underworld initiation.

The initiate rises up out the top of the Pyramid and emerges onto a Sunny Plain, meeting Thoth as the Ibis Headed God of Wisdom, Astrology, Astronomy and the Moon along with other Egyptian Gods including Isis and Osiris.

When the initiate returned to her body having survived the hazardous underworld journey she became a Winged Priestess...





Sarcophagus of the Winged Priestess, 4c-3c BC. Carthage museum, on loan to the exhibit "Carthage: The Immortal Myth" at the Colosseum.

In Sep of 1998 after my Pyramid experience and a couple of weeks before leaving for Faywood Hotsprings (between Deming and Silver City, New Mexico) for an Equinox Event - I was unexpectedly given *The Emerald Tablets of Thoth The Atlantean*.

I had this inexplicable sense there was something in the book about the 12 and the One...at Faywood there are twelve standing stones around a center stone and it was where I felt I was to spread my mother's ashes.

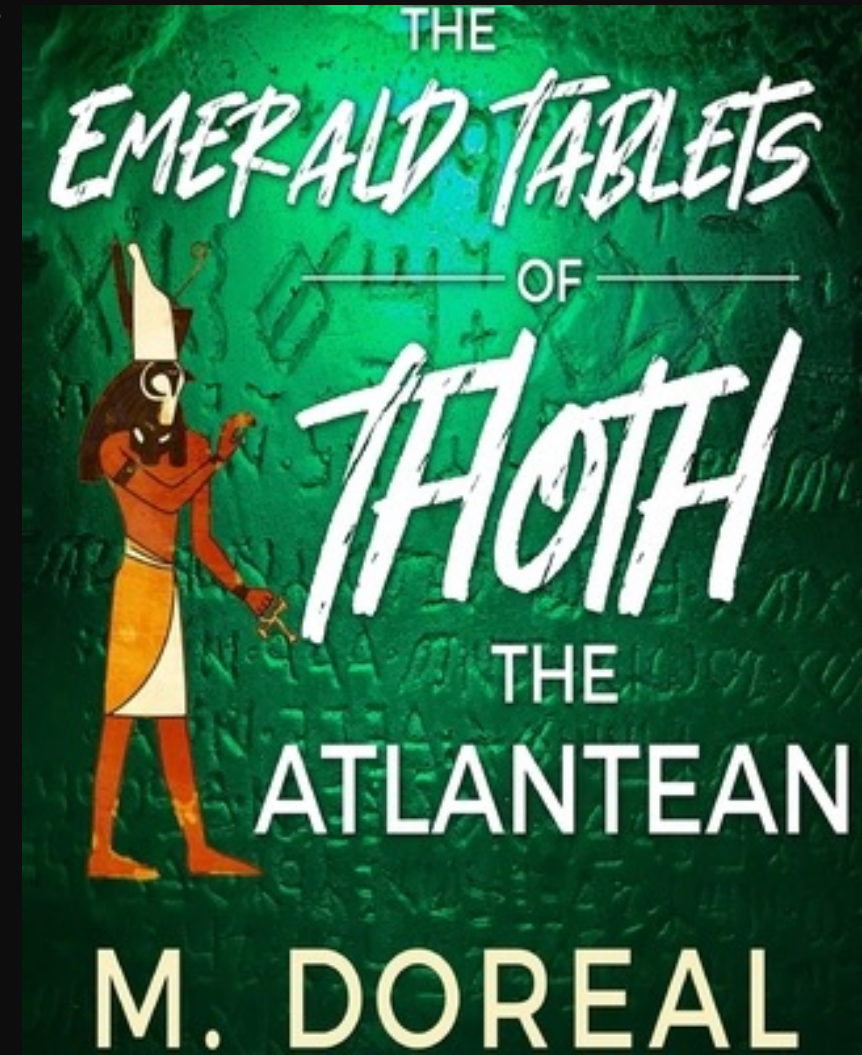
I later discovered the Equinox was timed precisely with Venus entering the Underworld – though I wasn't aware of it at the time.

A few days before leaving for Faywood I opened *The Emerald Tablets* with the sense I would find something about 12 and 1.

Miraculously I found in the fourth paragraph on page 69, Thoth describing the key to "Shamballa" saying *"...open thou the way of the twelve and the one, so I may pass to the realm of wisdom..."*



Shamballa represents a mythical kingdom believed to symbolizes **enlightenment, peace and perfection.**



Nine Months Later as the Venus in Capricorn Cycle was at the Crown Chakra June 19, 1999

Spending the night in the Stone Circle I was bitten by little red ants while I slept causing me to have a reaction in the middle of the night - so much so I wondered if I needed medical attention? I breathed through it...

The next morning I found an owl by the Stone I had been sleeping closest too and bits of bone that I knew were from my mother's ashes.

Later I found insights on Ant Initiations in the magazine *Shaman's Drum* describing a shamanic initiation where the initiate is bitten by ants – the ant venom creating an altered state.



All the signs were pointing for me to go to Egypt in October 1999 funded by a small inheritance from my Mom.

This trip occurred during the Synodic Cycle of Venus in Leo just after Venus had passed through the Crown Chakra Gate as Morning Star.

Shown here - is one of the only original statues of Sekhmet in her Temple ...

When I was with this Sekhmet Statue in the Sekhmet Temple in Karnak Egypt I was moved to tears. Her presence was so visceral.

I found gazing upon her my relationship with Sekhmet strengthening a sense of restoration and healing within me.



**Thoth and Sekhmet
were considered
Divine Healers and are
sometimes depicted
on Temple walls
together.**



Image found at the Temple of Karnak

<https://www.flickr.com/photos/amthomson/27970462669>

The Memphis Trio

Ptah (Dad), Sekhmet (Mom) and Nerfertum (Son)

Nerfertum later became Aesclepius



The Sekhmet Temple
outside Las Vegas with the Full Moon
framed by the Temple Door...



Venus Altar Honoring Sekhmet



In 1999 Cayelin got to visit Sekhmet in her Luxor Temple (formerly Thebes) near the beginning of the Leo Meta Goddess Venus Cycle.

In 2006 Sekhmet came to Cayelin in a dream opening the way to the Cave of Initiation...



The Cave of Initiation Continued

Six months later in September 2006 when Venus was in the underworld Cayelin came across the book *Women at the Edge of Two Worlds* published in 1993

With this passage describing her dream:

At the change of life came the highest initiation that you would live through as a woman. It was your initiation into your sacred and spiritual work.

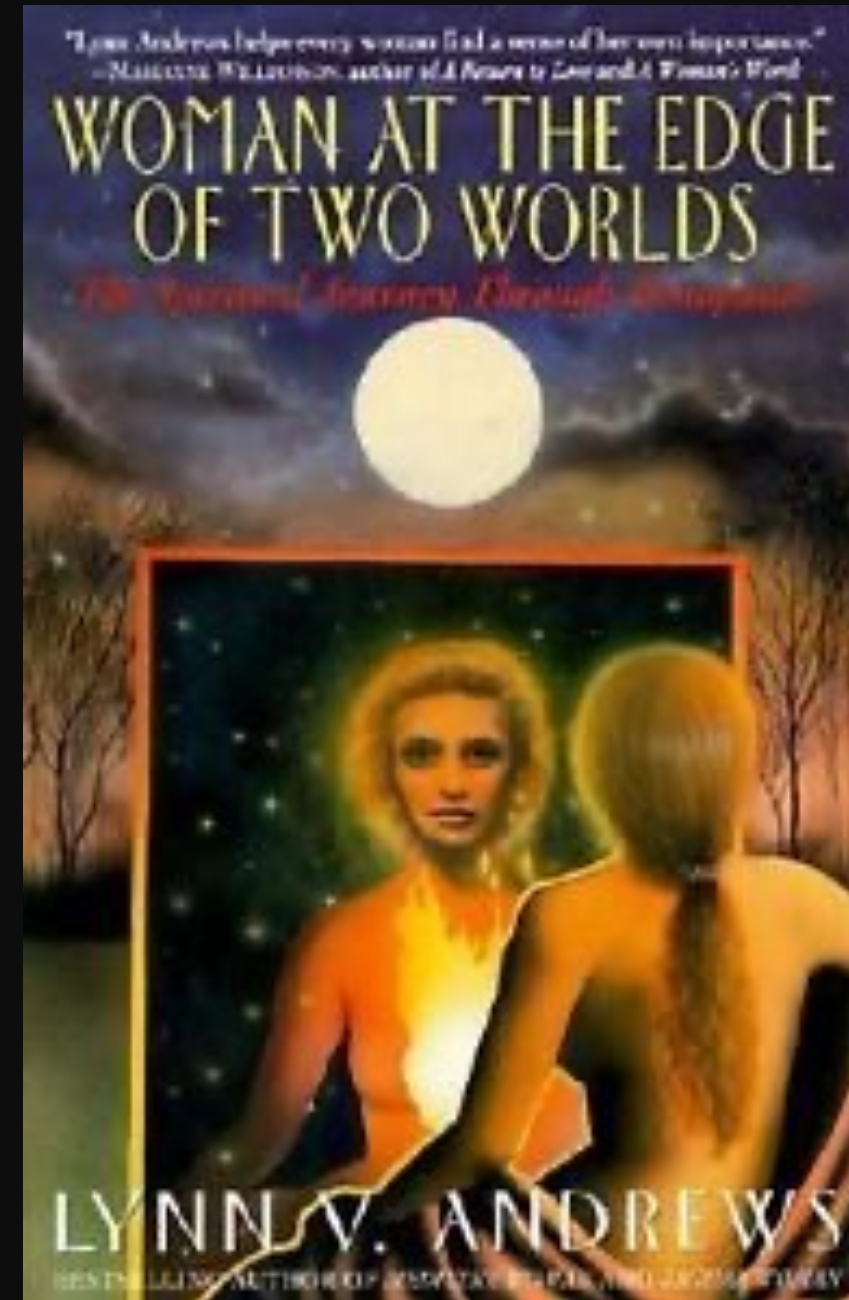
Younger women were not allowed into the sacred caves that held this knowledge. These caves were called different names around the world but I will speak of what I know.

At the entrance to these caves - some exist in the in the dreamtime, some in the physical lodge reality - there were guardians, keepers of the caves.

The guardian you will meet, that you will become familiar with, is Women at the Edge of Two Worlds. She is the goddess who initiates all women into their sacredness.

She takes you through the labyrinth of mystery and change as you become Changing Woman and helps you discover the highest plateaus of consciousness.

These initiations have been forgotten, because the patriarch has become so strong in our existence.





Sekhmet is a Solar Goddess

She Wears the Sun (Solar Disk)
Like a Crown

She represents all Phases of
Venus but most especially
Underworld Venus when Venus
is with the Sun Sourcing New
Ways of Life.

She is the Divine Feminine
facilitating Death and Rebirth

Sekhmet is Venus

[https://www.scientiapress.com/
sekhmet-venus-goddess-of-ancient-egypt](https://www.scientiapress.com/sekhmet-venus-goddess-of-ancient-egypt)

Venus Capricorn Synodic Cycle Started in 1974

1974 Graduated from High School parents separated again. Went to college dropped out. Lived in Hell for 4 months. Went to MIU

1982 First son was born at home during Morning Star Phase

1990 Fourth child (also a son) was born in hospital after attempted home birth during morning star phase...

1998 Mother died 7th gate. Out of Body Pyramid Initiation. Thoth the Atlantean – the Key to Shamballa the 12 and the 1. Spread mother's ashes in Standing Stones (12 and 1) as Venus went into Underworld. Magdalene Circle 1999 June Solstice. Ant Initiation

2006 Had Cave Dream. Divorce final. Moved. Went to Scotland for the Lunar Standstill. Married Peter Oct 22 Venus with the Sun

2014 Started Venus Alchemy. Returned to Faywood for Crown Chakra Ceremony in June 2015 at Summer Solstice

2022 Sekhmet told me she is Underworld Symbol of the Venus Cycle. Putting together insights from previous Capricorn Cycles...



Sekhmet Goddess Prayer

Invoking Divine Feminine Power of Surrender, Death and Rebirth

**Beloved Sekhmet, Keeper of the Mysteries of Death And Rebirth
Eminent and Renowned as a Facilitator of Total Transformation
Thank you for assisting me in Feeling Held, Supported And Safe**

**As I Face My Fears And Shadow Side
Thank You for Transmuting All That Holds Me Back
From Knowing And Expressing My True Self**

**O Mighty Sekhmet, Thank You For Showing Me
The Precious Secrets Of Surrender
Help Me To Die A Good And Peaceful Death**

**Guide Me In Surrendering to All That Is In The Way
Of Living My True Mission and Purpose**

**Thank you for assisting Me in Feeling All My Uncomfortable Feelings
Including Uncertainty, Insecurity and Self-Doubt**

**As I Transmute and Transform these feelings Into Confidence And Courage
Restoring Magnificent Cosmic Wisdom, Kindness and Compassion Within And All Around Me
With Gratitude it is Done, It is So, And so it IS! Blessed BE!!!**

