



**Venus Alchemy  
Leo Evening Star**

**1st Chakra Gate**  
**The Life Force/Life Center of the Goddess**  
**Reclaiming Healthy Life Force Energy**  
**with Cayelin K Castell and Sheridan Semple**



# Opening Sacred Space

## Invocation to Evening Star Venus

Rising out of the depths, we are tender and raw. Sensitive, but changed. We've been through an initiation. We turned to the shadow and chose it. Swimming up from the deep waters, we take our first unsteady steps onto the Earth once again. Practicing wholeness within, we breathe in the fresh air.

We move slowly, tentative. We have come out the other side.

We now carry a depth of wisdom that can only be gained through an underworld initiation. We consciously chose the shamanic path of symbolic death. We are freshly reborn into greater alignment and aliveness with our Souls. We are unsteady, but we rise.

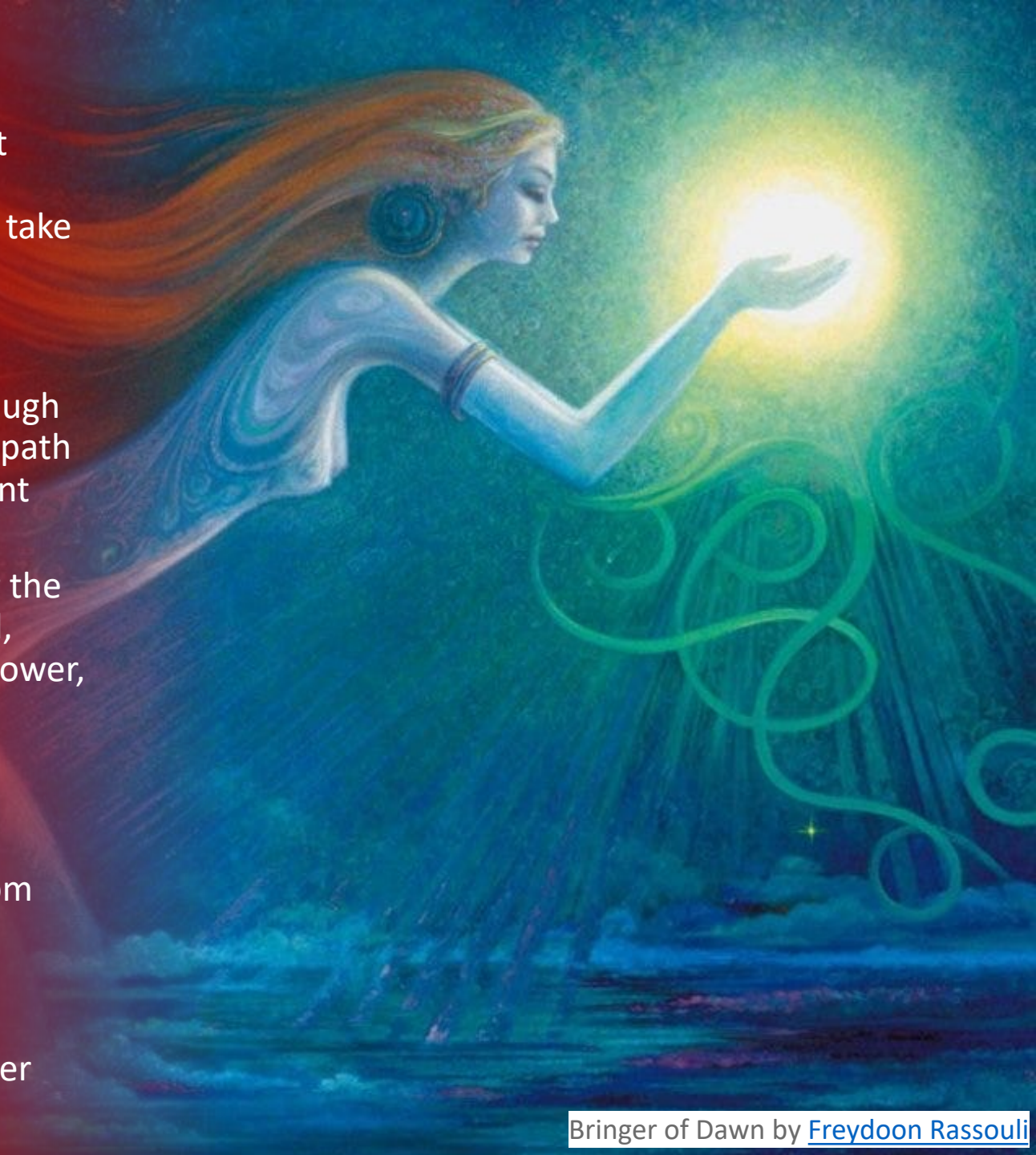
Ready to pull our energy back into ourselves, we are ready for the journey of empowerment. Guided by the Goddess, we ascend, respecting our inner wise ones. We are ready to reclaim our power, cleansed and purified by our underworld journeys.

We rise, one step, one gate, now with the waxing Moon.

We emerged out of the dark water in Cancer.

We quickly continued upward into Leo once again, our Meta-Goddess Divine Queen Lioness force, winding up the spiral from our origin point.

Emboldened by our new awareness, insight, and innate understanding, we rise to meet our first gate and reclaim the potent life force energy through our roots, imbued with Mother Earth and the Goddesses who serve her.



# Leo Queen Goddess Prayer

## Invoking Divine Feminine Life Force at the Root Chakra

**Beloved Radiant Sovereign Queen Goddess  
Great One of Alchemy, Transformation and Healing,  
Goddess Of Great Strength and Kundalini Life Force Energy  
Alive with Ancient Wisdom, Great Love and Compassion**

**Thank you for Guiding and Supporting me to Reclaim My Ability to Know and Trust  
I am Safe, I am Secure, I am Supported, I am Loved**

**Thank you for Guiding me in reclaiming my most Vibrant, Alive, Vital Life Force Energy  
So, I am Expressing My True Self through Confidence, Poise and Inspired Creativity  
Cultivating a More Conscious, Co-Creative Experience with my Inner and Outer World**

**Thank you for Guiding Me in genuinely knowing the truth of who I AM  
As I Gather Strength, Courage and Valor  
To Embrace and Express my Evolving Life Purpose**

**Thank you for Guiding Me to Reclaim a Healthy, Alive, and Powerful Root Chakra  
So, I again experience the Wonder and Power Of My Radiant Life Force  
Living my Sacred Purpose as a Joyous, Loving and FUN Messenger of Spirit  
Expressing my loving presence in inspiring ways that uplifts me and all life around me  
It is Done, It is So and I Give Thanks. Blessed Be!**



# Overview

Sky Magic

Leo Meta Goddess in Virgo & Libra

Empowerment for the Root Chakra

Reminder: NEW Root Chakra video on class page

Honoring the Queen Goddesses

Plant Spirit Medicine

Home Play - Deepening Exercises

Ceremonial Magic and Activation

Q and A Connection Groups



# Re-entering The Root Chakra Gate



As we are transitioning out of Underworld depths  
**Remember...**

We are emerging from the Underworld cocoon  
Like Venus, we are slowly becoming visible once more  
Gently moving towards shining our Light into the world again

We may feel wobbly, like a new foal learning to stand on our own in  
this newly transformed state

**Be kind and loving towards yourself**

We have been doing the all-important shadow work, essential for our growth  
and empowerment

Guided by the Dark Goddess, we transmute  
In her darkness we find our light  
In our shadow we find our gifts

Reclaiming our power as we move through the chakras may bring up more  
shadow work

It's ok if it does...we may need more detoxing to function as our authentic selves





## Queen Leo Reclaiming a Healthy Root Chakra

Affirm you are:  
Safe, Centered and Grounded.

You are where you need to be and  
all your needs are easily met.

Open to possibilities especially  
around wealth and well-being.

Recognize when your body needs  
Rest and Regeneration.

AND allow yourself the time for  
this to manifest in your life.

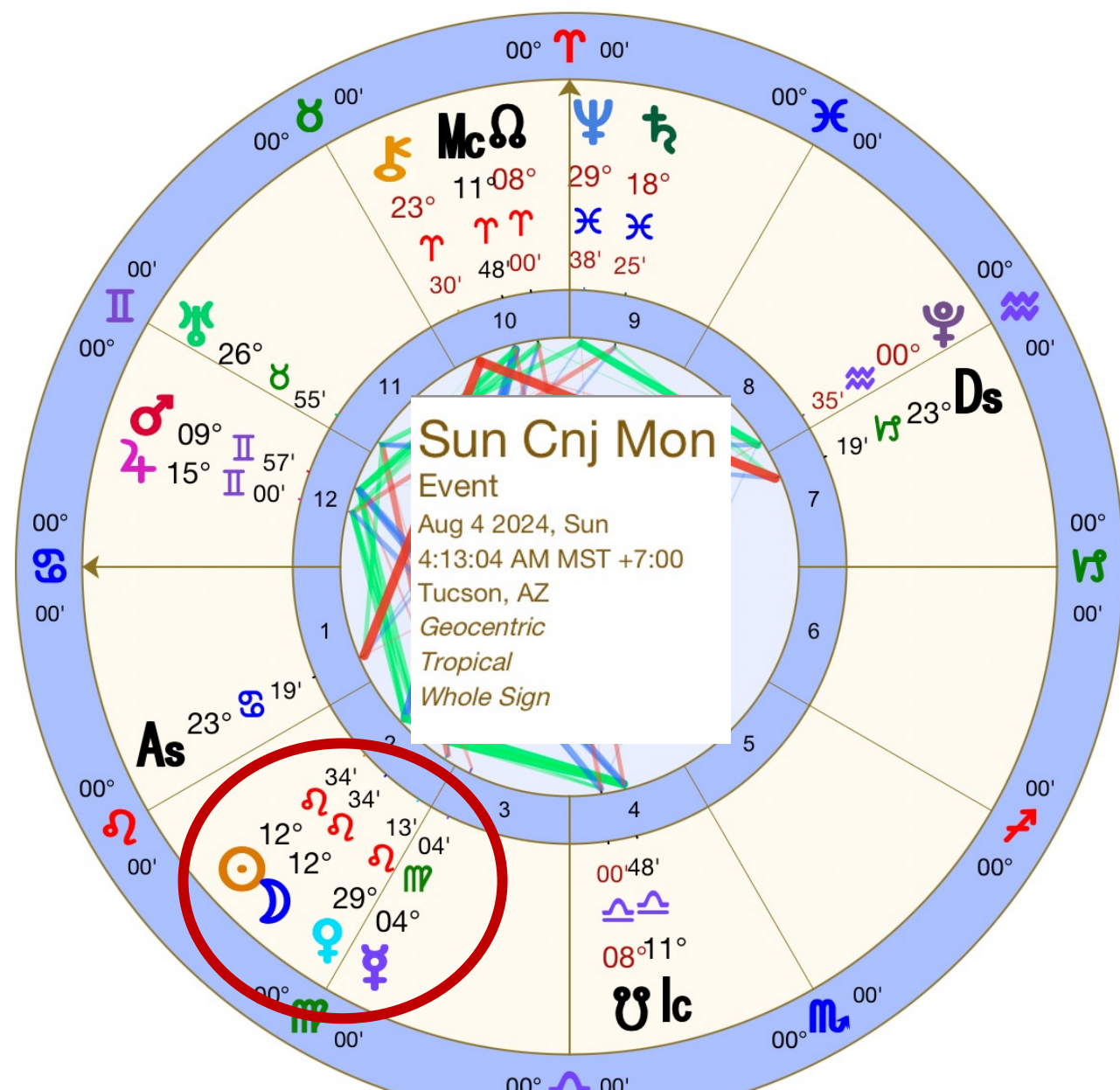
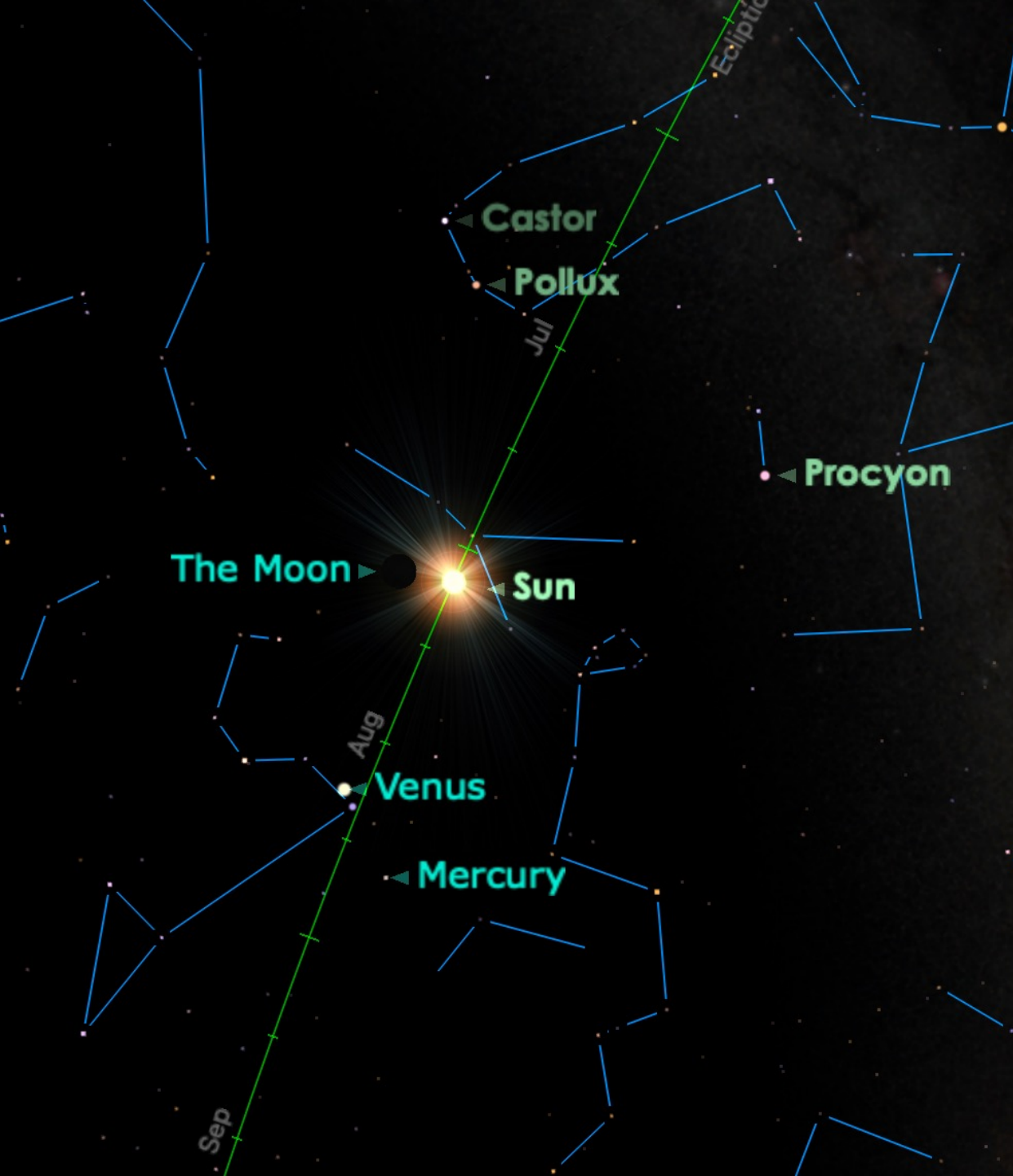
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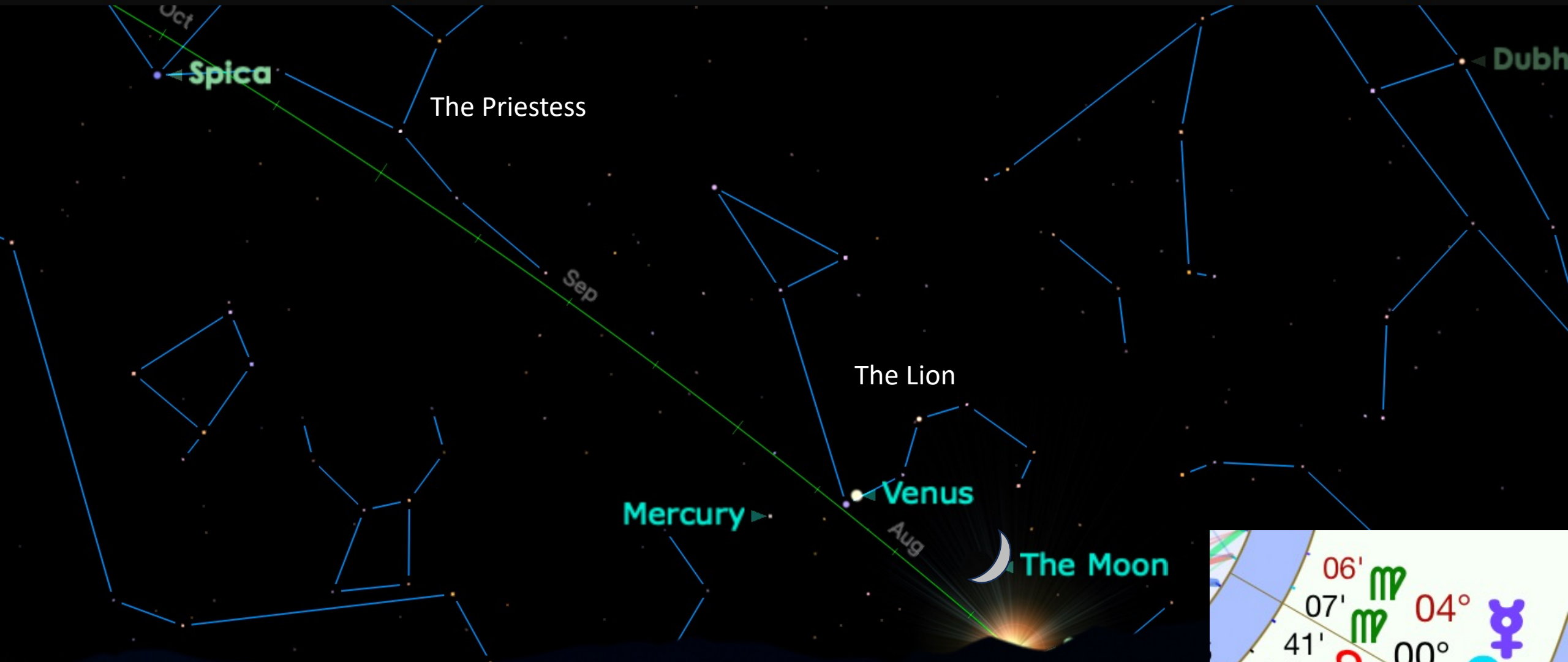


**I am taken care of.  
I am safe.  
I am grounded.  
I am financially secure.  
I'm always provided for.**



# Aug 04, 2024 New Moon at 4:13 am PDT





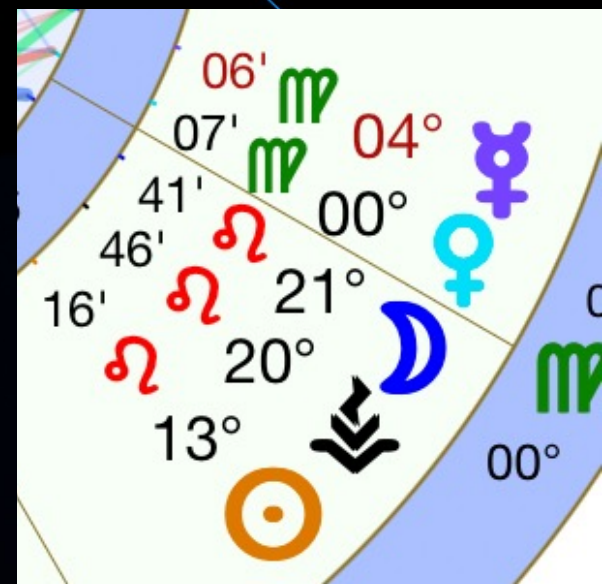
SW

West

# 7 pm August 4, 2024

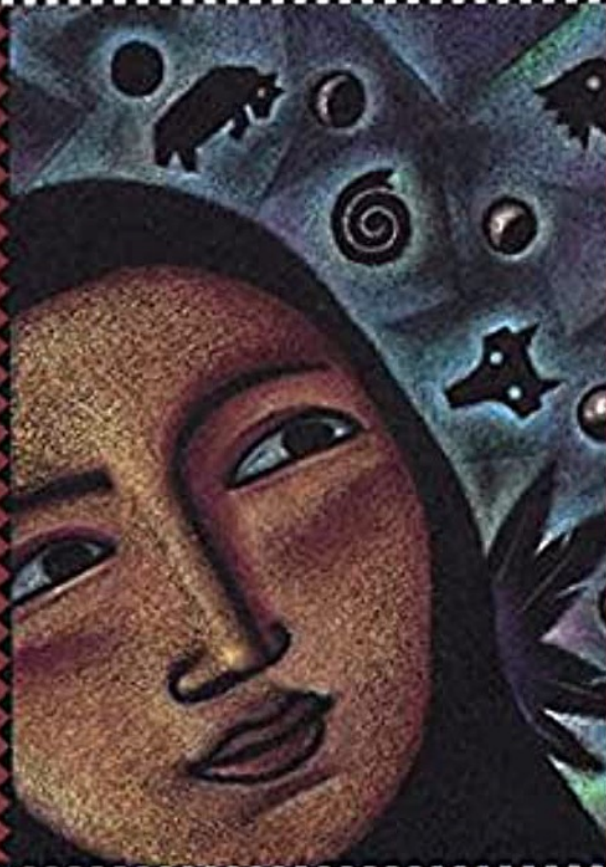
Venus enters Virgo 7:23 pm PDT with Regulus

Mercury goes retrograde 9:56 pm PDT or 12:56 am August 5 EDT



# THE 13 ORIGINAL CLAN MOTHERS

YOUR  
SACRED  
PATH TO  
DISCOVERING  
THE GIFTS,  
TALENTS &  
ABILITIES  
OF THE  
FEMININE  
THROUGH  
THE ANCIENT  
TEACHINGS  
OF THE  
SISTERHOOD



**JAMIE SAMS**

## August New Moon

She Who Heals

8<sup>th</sup> Moon Cycle Clan Mother

Mother, sing me a song  
That will ease my pain,  
Mend broken bones,  
Bring Wholeness again.

Catch my babies  
When they are born,  
Sing my Death song,  
Teach me how to Mourn.

Show me the Medicine  
Of Healing Herbs,  
The Value of Spirit  
I can serve

Mother, heal my heart  
So that I can see  
The gifts of yours  
That can live through me



<https://www.barbarawrightart.com/worksroom/1540847/she-who-heals-13-original-clan-mothers-august#/>

# THE 13 ORIGINAL CLAN MOTHERS

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**JAMIE SAMS**

## August New Moon

She Who Heals

Color is Blue Element is Water

8<sup>th</sup> Moon Cycle Clan Mother

She Who Heals is the guardian of serving the truth and the children of the Earth by being the keeper of the Healing Arts, Mother of All Rites of Passage, Guardian of the mysteries of Life and Death and Singer of the Death Song.

She is a midwife, herbalist, Medicine Woman, spirit healer, and teacher of the cycles of the Earth Walk.

She welcomes new spirits into human bodies.

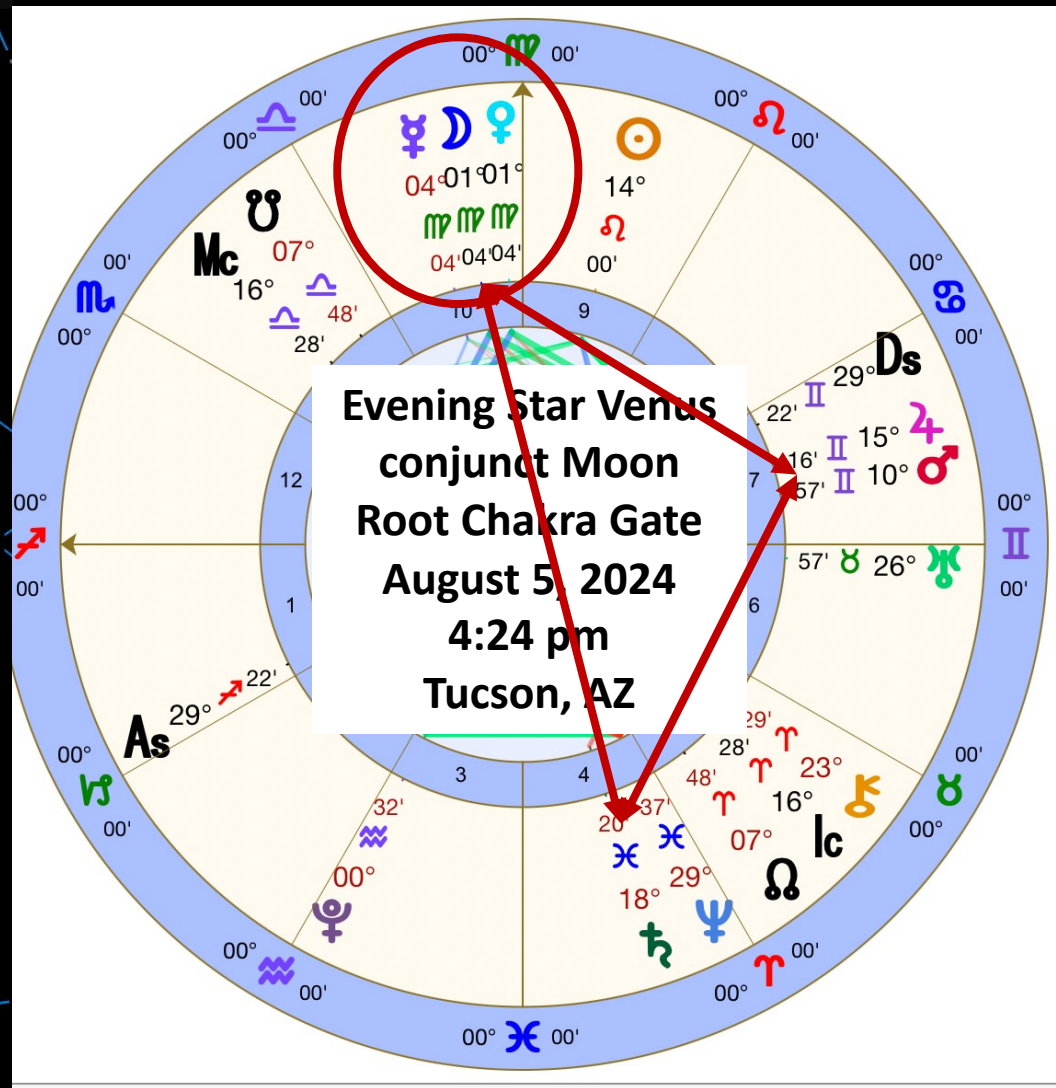
She teaches the ability to drop the fear of death and how to accept death as the step that leads to a new birth.



She Who Heals  
Coyote Shield

<https://www.barbarawrightart.com/>

She shows us how to see beyond the illusion of finality and to celebrate each turn in the road as another step that leads to wholeness...



**Moon Venus Conjunction  
at the Root Chakra Gate  
is Super Close to Regulus  
Though Regulus may not be visible  
Also, near Mercury Retrograde**

Around Sunset 6:50 pm MST/7:50 pm PDT West



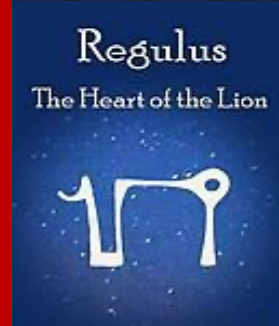
Regulus is in the beams of the the Sun from Late July to Early September shifting from evening to morning sky. Venus with Regulus is most likely not visible to the naked eye. Venus is much brighter.

### Regulus and the Sun - August 22

Mercury Rx cycle is with Regulus 3x's. First one was July 25.  
2<sup>nd</sup> one Aug 14 Root chakra gate  
3<sup>rd</sup> one Sep 09 Sacral Chakra gate.

# Regulus, the Regulator, the Heart of the Lion~ess

- Patriarchy views the Lion constellation as masculine...It is just as easily a great Lioness ~ Like Sekhmet. Associated with Royalty when it was for the people.
- A star representing great success when practicing Forgiveness (from the heart) forgoing the need for revenge.
- Those who seek revenge with Regulus prominent on their chart will lose their standing in society
- Regulus is the Above representation of the doorway to the Hall of Records within us - within our DNA - similar to what is said to be under the Sphinx



Hermetic/Kabbalistic Symbol



Regulus



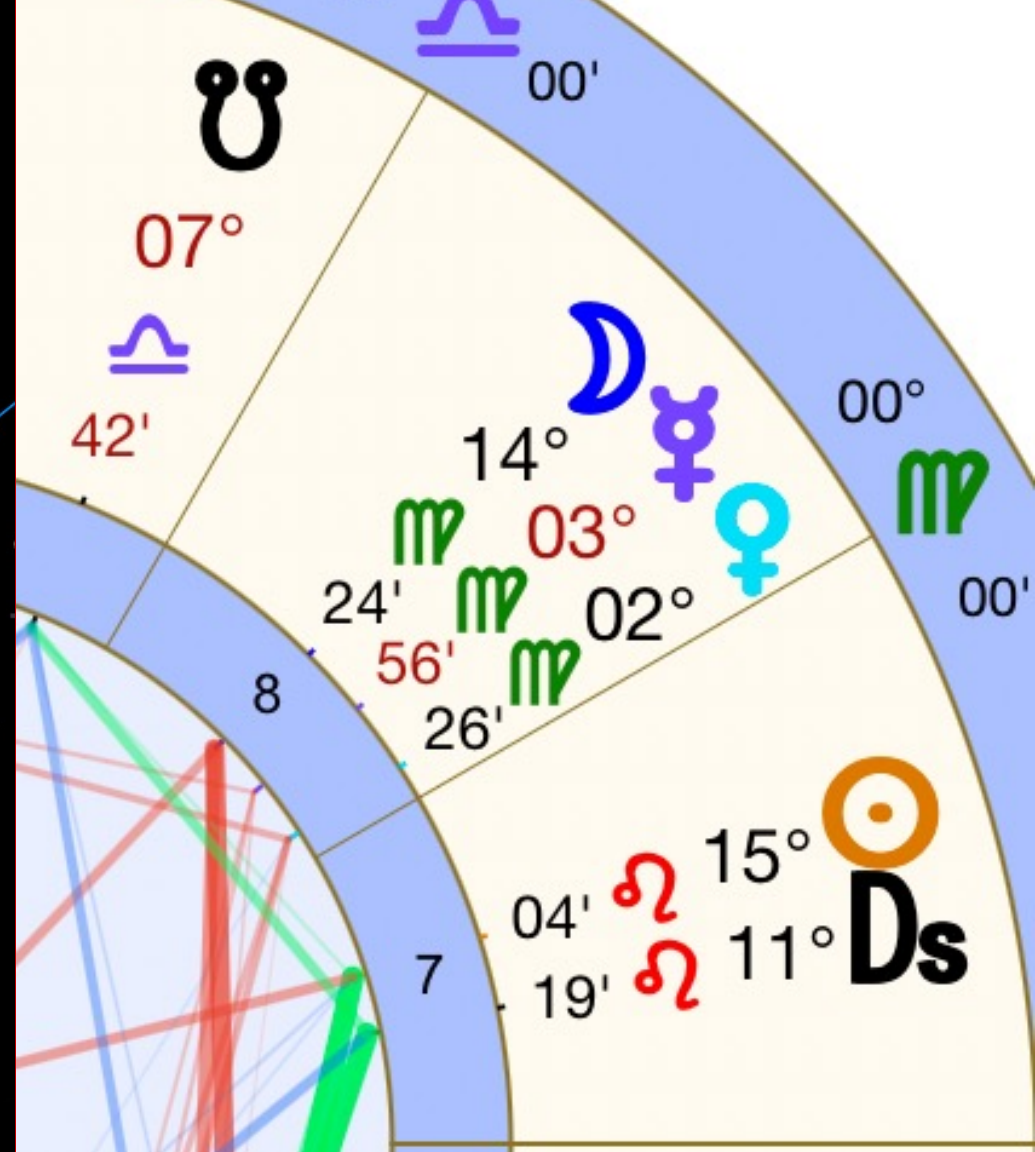
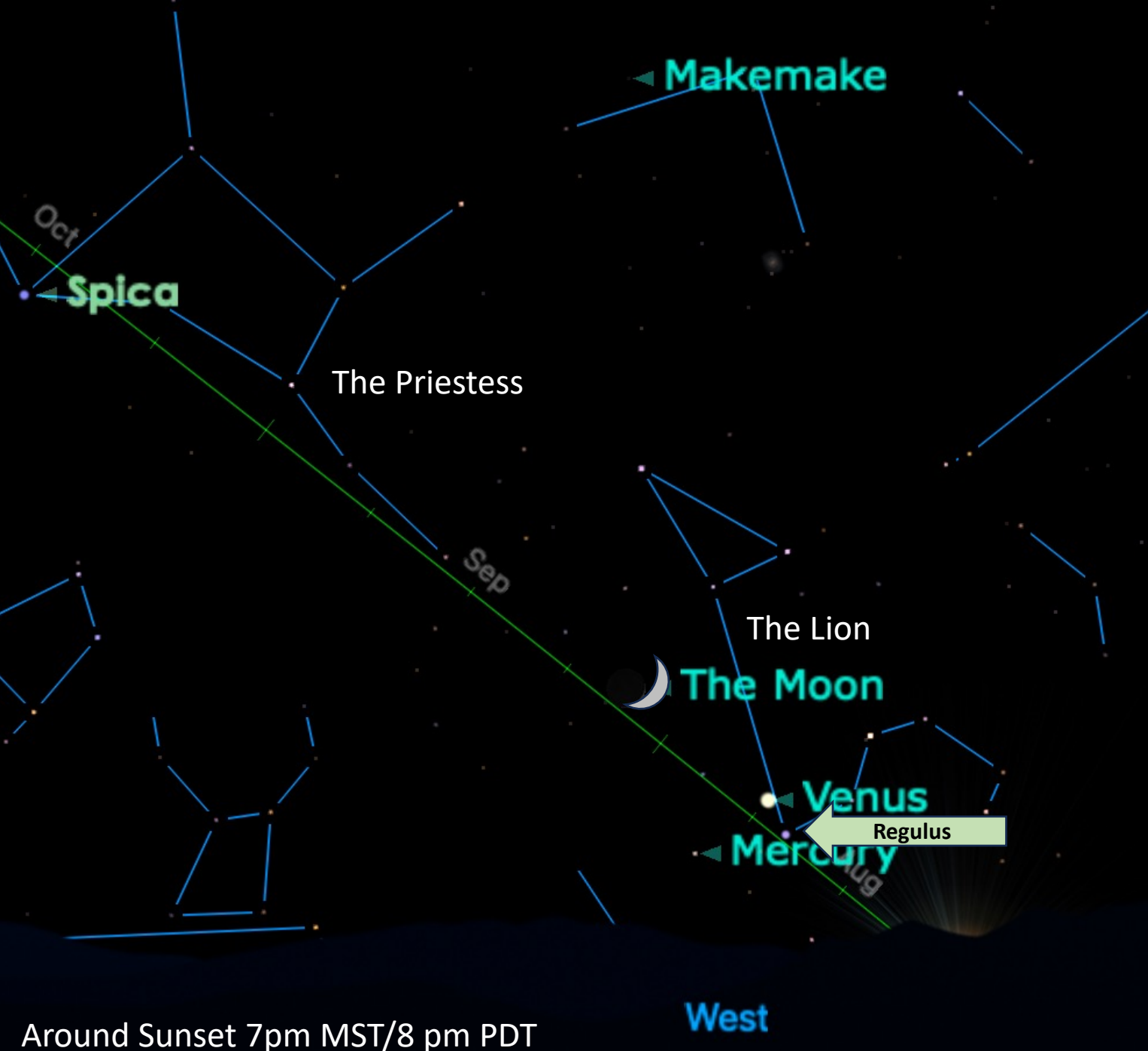
**This image looks very much like Sekhmet Rising during the eruption of Mount Etna, Sicily on July 16, 2024.**

**Synchronistically timed for Venus Rising into the evening sky.**

**Video here**

**<https://www.nbcnews.com/video/eruptions-from-italy-s-mount-etna-illuminate-sicily-s-sky-214928453924>**





August 6, 2024  
 7 pm  
 Tucson AZ

Around Sunset 7pm MST/8 pm PDT

# Return of the Shekinah with Venus and Mercury

Venus and Mercury together were seen as the Shekinah in Hebraic culture. For them it was the Divine Feminine Presence Lighting our World. according to the Book of Hiram.

Their research includes what went into building the Temple of Solomon and how it was aligned to capture the light of the Shekinah when Venus and Mercury appeared together in the eastern morning sky.

**July 20 to Aug 15** Venus and Mercury are within 15°

**Aug 04** Venus enters Virgo exact with Regulus Mercury stations Rx at 4° Virgo

**Aug 07** Mercury and Venus are conjunct at almost 4° Virgo very near Regulus

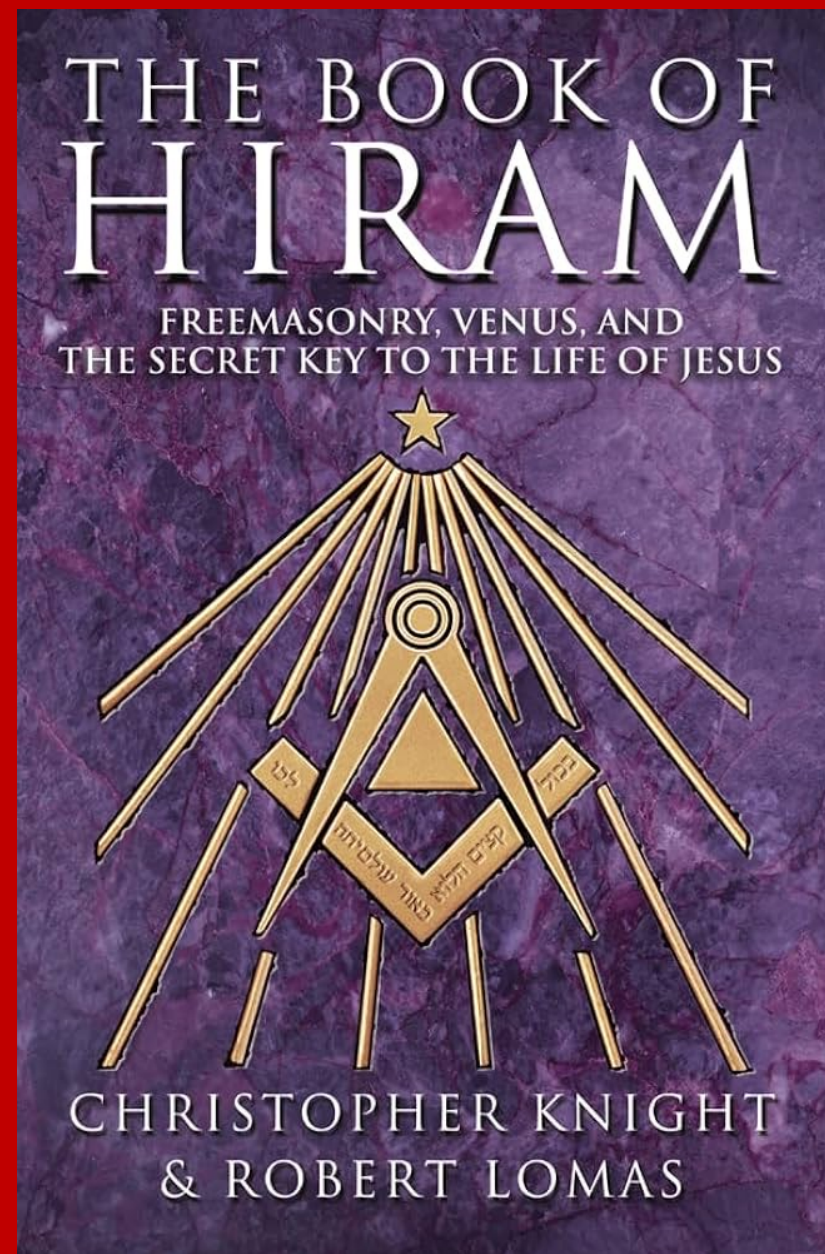
**Aug 14** Rx Mercury and Sep 09 direct Mercury are at 0° Virgo with Regulus

**Aug 18** Sun and Rx Mercury are conjunct

Mercury and Venus return near each other close to the same season about every 40 years. In August 2044 Mercury is again Retrograde in Leo but Venus isn't as close because it is in the Gemini Meta Goddess Cycle.

2025 March is the most significant Mercury Venus conjunction at the Spring Equinox as both are Rx and rising in the East with the Sun. More on this next year.

<https://cayelincastell.com/venus-and-mercury-return-of-the-shekinah/>



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**The Sacred Geometry of Mercury and Venus creates a Triquetra or Sacred KNOT as seen in Celtic and Norse mythology and cave paintings at least 5000 years old.**

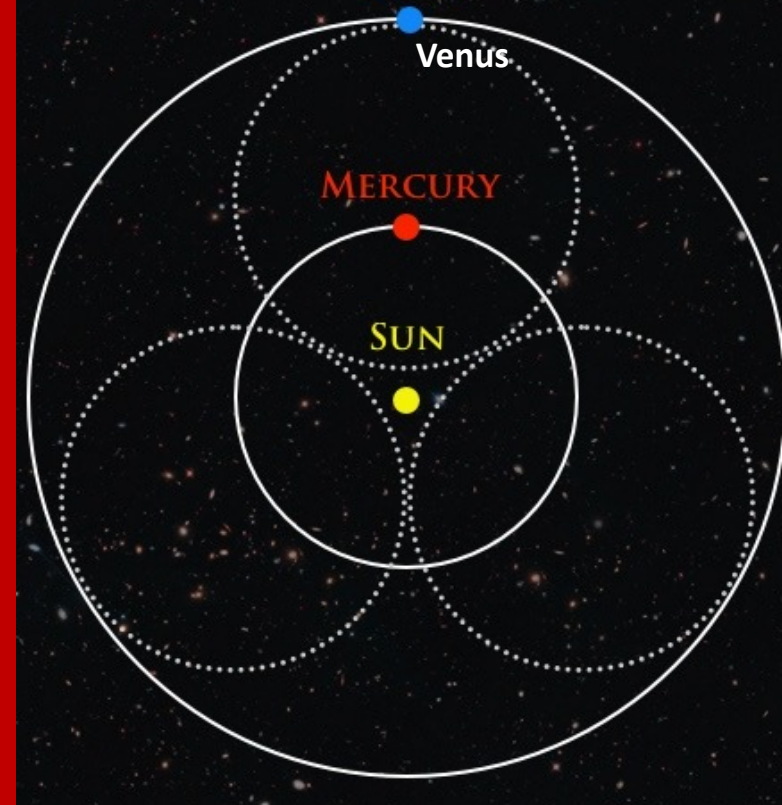
**The triquetra represents the Power of Three:  
The Feminine Trinity of Maiden, Mother, Crone  
composed of three interlacing vesicas forming a continuous  
protective design:**

**The Power of Love**

**The Power of Choice and**

**The Power of our Life Force energy to manifest and create  
our reality.**

**The three vesicas (representing the path of Mercury) are  
interlaced with a surrounding circle (representing Venus)  
linking the two with the Divine Feminine.**



# Cultivating and Living a Magical Life between Past, Present, and Future

The Triquetra forms where the rings of power meet at the intersection points - between ideas, between experiences, between Intention where potential and power come into form.

**Magic happens in *the Between*.**

**Between Opposites including:**

Day and Night, Time and Eternity

Human and Divine

Nature and Culture

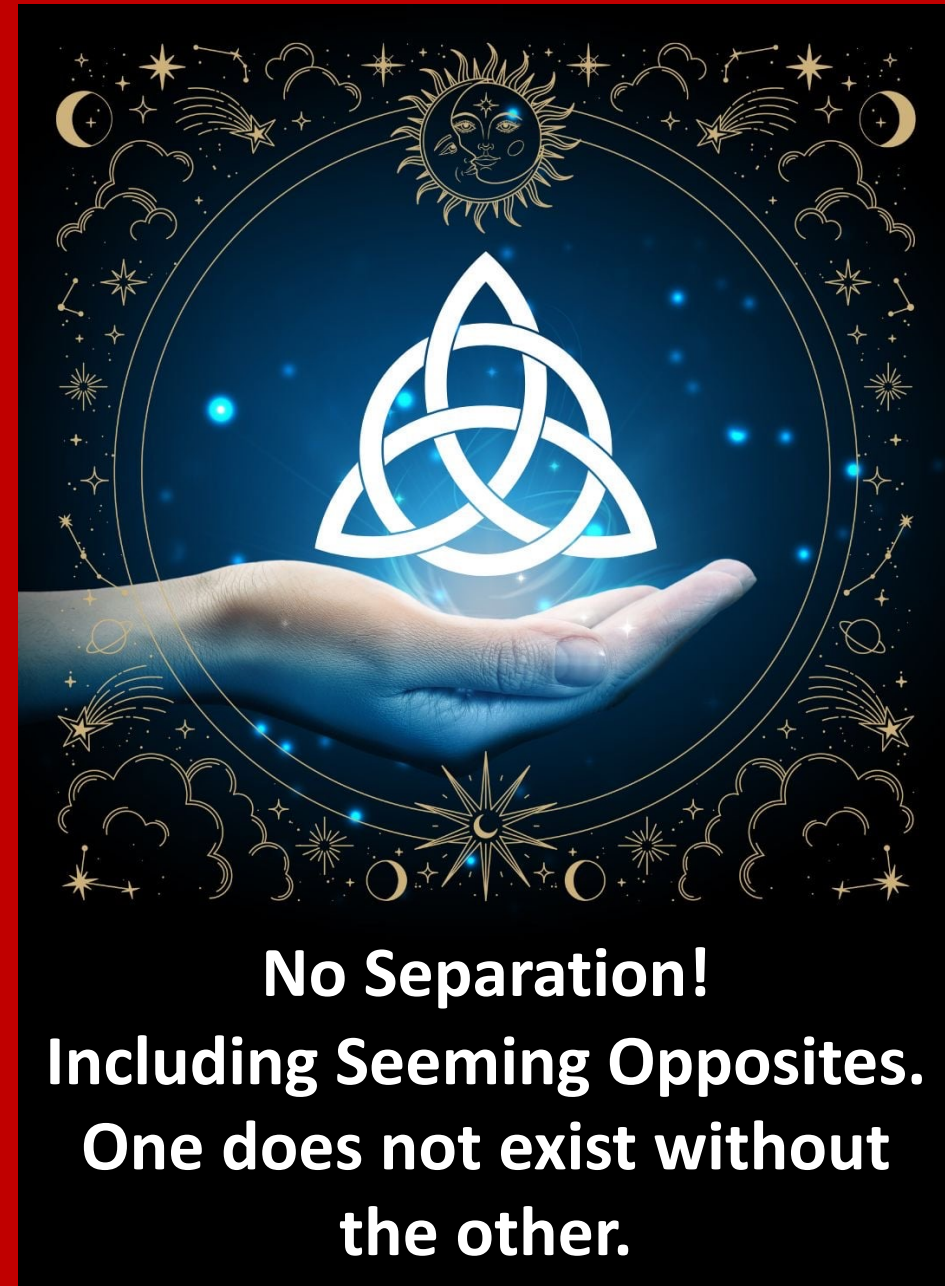
Good and Evil, Light and Dark

Right and Wrong

Life and Death

**Between:** moments, breaths,  
beginnings and endings,  
between Each Other and  
between Mercury and Venus.

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**No Separation!  
Including Seeming Opposites.  
One does not exist without  
the other.**



## Leo Evening Star Root Chakra Gate

Aug 04 Leo New Moon 12° Leo 34' at 4:13 am, Venus enters Virgo at 7:23 pm with Regulus

Aug 04 Mercury stations Retrograde at 9:46 pm 4 ° Virgo

**Aug 05 Moon with Venus at 4:24 pm at the Root Chakra Gate** and Moon with Mercury at 10:19 pm

Aug 06 Exact Solar Cross Quarter when Sun reaches 15° Leo

Aug 07 Venus and Mercury 03°Virgo 43' are exactly conjunct at 8:12 pm

Aug 14 Mars and Jupiter meet 16° Gemini 44' and retrograde Mercury returns to Leo

Aug 15 Mars in Gemini 17° Gemini square Saturn 17° Pisces

Aug 18 Uranus 27° Tau sqr Mercury, Sun and Mercury exact (27° Leo), Venus square Jupiter

Aug 19 Venus opp Saturn, Jupiter Squ Saturn and the Aquarius Full Moon 27°Aquarius 15

Aug 22 Venus 21°Virgo square Mars 21° Gemini

Aug 27 Venus 27° Virgo trine Uranus 27°Taurus

Aug 28 Venus 29°Virgo opposite Neptune 29°Pisces

Sep 01 Uranus 27° Taurus stations Rx and retrograde Pluto returns to Capricorn until Nov 19.

Sep 02 Virgo New Moon 11°Virgo 04, Mars 29°Gemini square Neptune 29° Pisces

Sep 04 Mars enters Cancer

**Sep 05 Venus and Moon at the Sacral Chakra Gate**



All times are PDT  
unless otherwise  
noted

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# Mayan Jaguar Days

(Ix - Linked to the Goddess Ixchel)

The Maya felt Jaguar Medicine was the Source of All Earth Magic.

Jaguar days feature great fortune, powerful protection, heightened intuition and access to magical abilities.

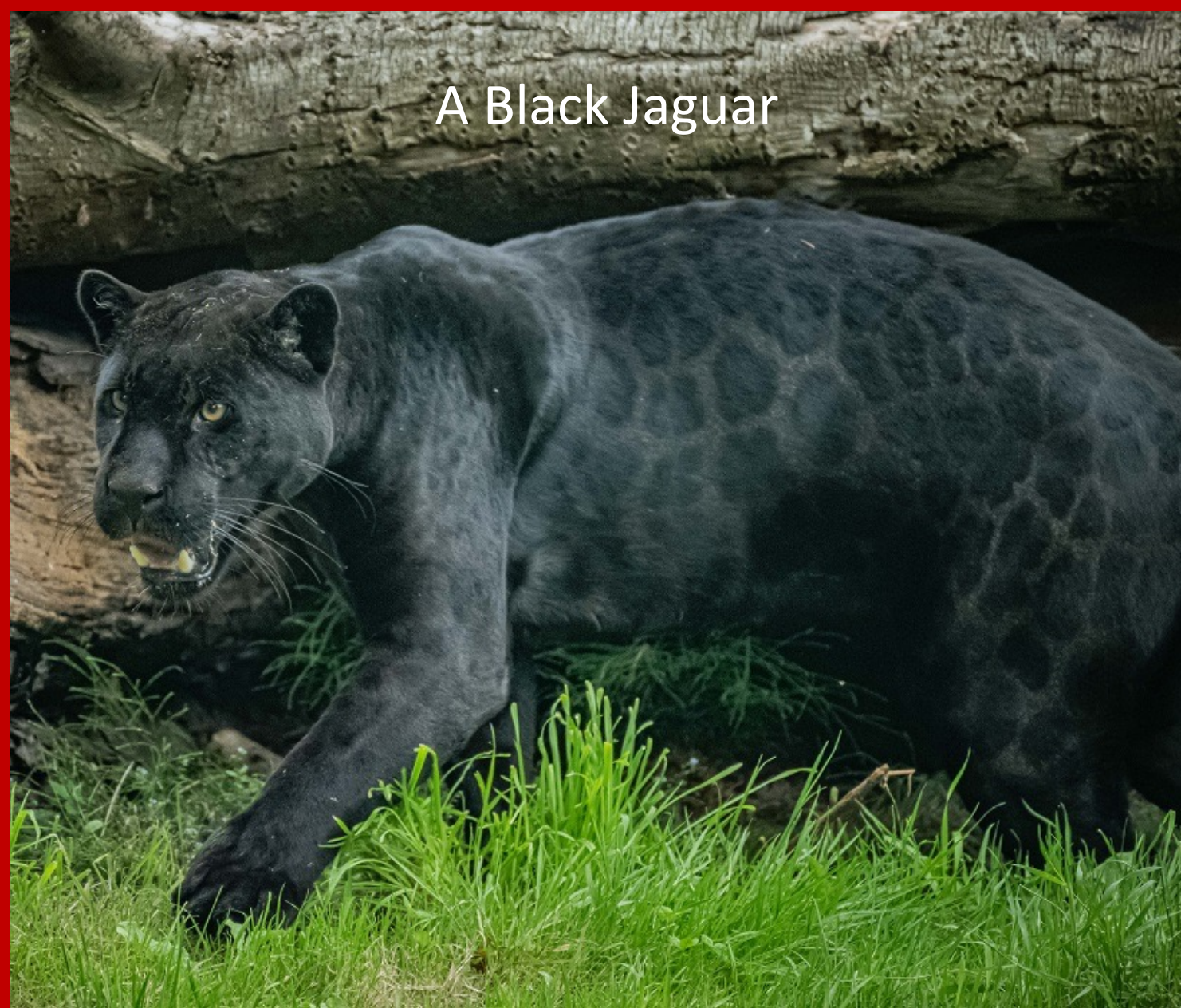
The spirit of the Jaguar assists humanity's spiritual and earthly journey with integrity and gratitude. Jaguar Days are especially useful for communing with - and giving thanks to - nature.

[More about Jaguar Medicine at this Link](#)

## Upcoming Jaguar Days for Leo Evening Star Cycle

Aug 14, Sep 03, Sep 23, Oct 13, Nov 02, Nov 22, Dec 12, Jan 1, Jan 21, Feb 10, Mar 02, Mar 22

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A Black Jaguar

Though Not necessarily aligned with the Leo Venus Moon Gates the Mayan Jaguar days are worth noting during this Venus Cycle.



10/2  
2015



## Reclaiming at the Root Chakra Leo Meta-Goddess with Venus in Virgo

August 4-29

The Leo Meta-Goddess now focuses her abundant Love on serving the Earth with the Virgo Priestess — illuminating the Divine Feminine expression of the Priestess, who attends the Earth and the Goddess through her sacred work. She listens inside and watches for the patterns of the seasons, the Moon and Venus, the animals and birds, the plants and trees, and Mother Earth herself.

She reminds us of the sacredness of all life. She teaches us the stillness of communing with the Earth, grounding into our Earth Mother for support, transmutation, empowerment — reclaiming our life force energy through our roots. She helps us to remember our ancestral ways and attune ourselves to our shared DNA as we reclaim our blessed connection to Gaia.

She is the Goddess who grounds us into the Divinity of the Earth and fills us with pure radiant self-love, supported and connected.

- How do I feel when I sit at the base of a tree?
- What do I experience when I align myself with the phases of the Moon?
- What do I feel inside when I commune for Venus?





## Reclaiming at the Root Chakra Leo Meta-Goddess with Venus in Libra

August 29 – September 22

The Leo Meta-Goddess now serves others and our community through the relational Libra Goddess, learning to see herself authentically, and to love her full, complete, whole self. She discovers more about herself through her personal relationships and the energetic reflection they provide for her. She attunes her antenna to harmony and peace but ultimately learns not to sacrifice herself for others. She gathers additional love for herself as she perceives herself more accurately in the mirror others hold up for her.

She empowers us through grounding into the reflection Mother Nature offers to us. Looking into the reflective pool of a pond, we see our Goddess selves, mirrored by our Souls through the lens of our sacred relationships. She guides us to communicate with others as a way to understand our true natures and reclaim our inherent life force energy at our root chakras.

- How does it feel to know myself regardless of what others say or think?
- What am I experiencing now that I am grounded into my own awareness and consciousness of who I truly am?
- What does it feel like now that I am rooted into my authentic being?



# Who are the Leo Root Chakra Demons showing up for you?

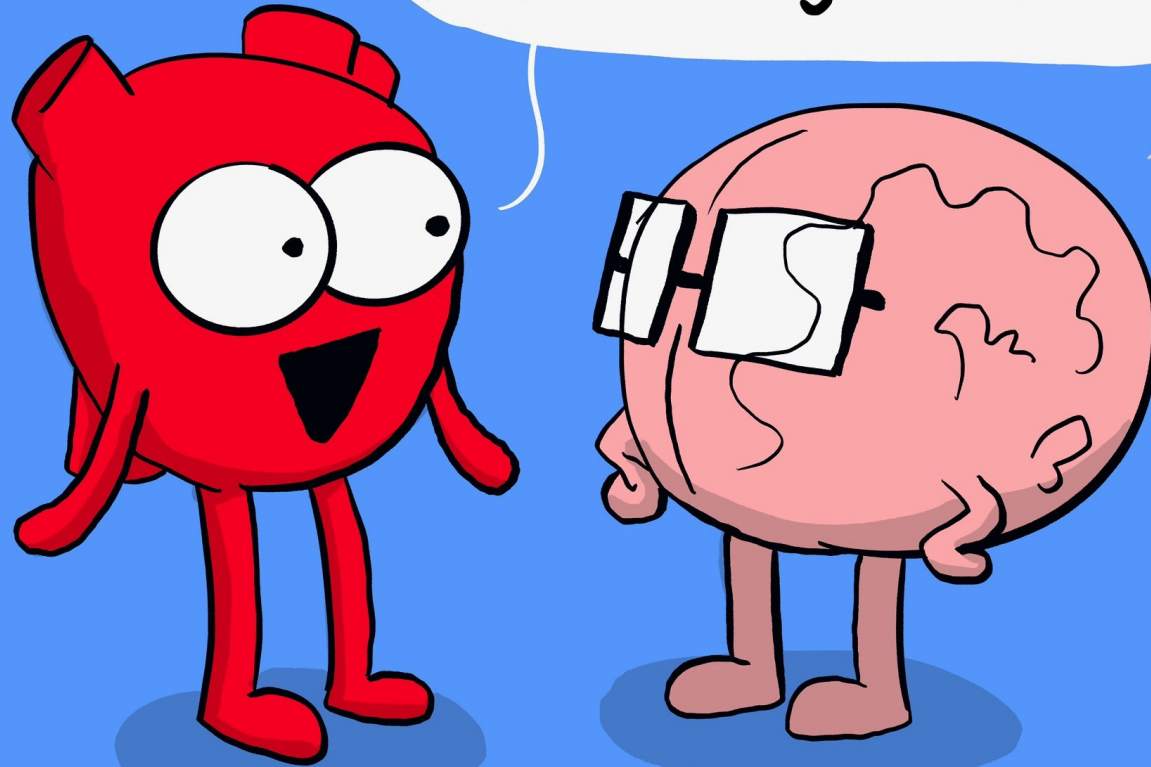
- Fitting In Demon
- Insufficient Demon
- Inadequate Demon
- Self-Hatred Demon
- Self-Judging Demon
- Judging Others Demon
- Stuck In-Between Demon
- Not Good Enough Demon
- Fear of grounding Demon
- Afraid of being supported Demon

Name yours \_\_\_\_\_

I forgive us.

For what?

For not knowing any better when we didn't know any better.



LINKTR.EE / THE AWKWARD YETI

# “Listen to your pussy”

Leora Edut — founder of *Goddess on the Go*  
*Rise of the Divine Feminine* podcast by Jameelah Auset



Art by [Anna Startseva](#)

## Honoring the Queens and Goddesses – Gaia

“GAIA is the ancient and ascended name of our beloved Earth Mother, also known as Tara and Terra, who is the personification and consciousness of all Nature. She has been known since ancient Greek times as the Great Mother, Universal Mother, Mother Earth, Earth Deity and as 'Primal mother of the Gods', our first mother.”

“Gaia oversees motherhood, fertility, birth, marriage, healing, abundance, agriculture, the elements, the seasons and cycles of nature. She has been the center of creation stories in many spiritual and Earth-based indigenous traditions since the beginning of time on Planet Earth.”

“The awareness of our Great Mother as Gaia, as a living being, as our Earth Mother, as our sacred home and 'temple', is reawakening powerfully in the hearts and consciousness of many beings now... healing begins within each one of us as we remember that Mother Earth, our beloved Gaia, is a living being and is not separate from us, that we are a part of Her and She a part of us. Mother Earth is a 'sacred temple' that houses the Spirit of Gaia.”

from our very own Deborah El'Elia's [Gaia Sophia Temple of the Heart](#)  
Sophia painting by [Pamela Matthews](#)





## Red Pine – Root Chakra

- Grounding
- Centering
- Empowering
- Deep rooted connection into Earth
- Strength
- Adrenal support
- Pain relieving on all levels

# Leo Evening Star Root Chakra Practices



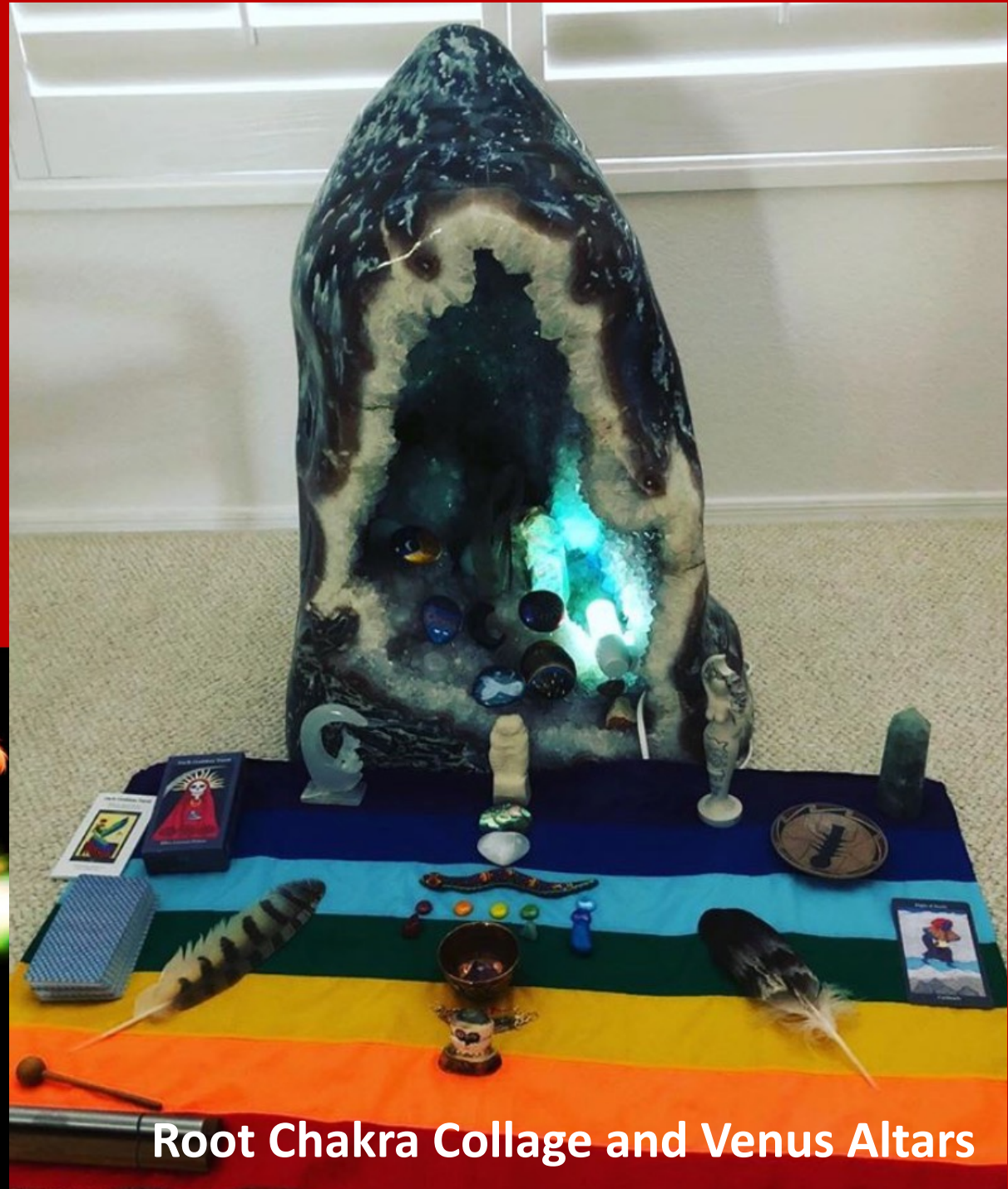
**Create an Earth Altar** with earth-friendly objects including stones, crystals, feathers, bones, seeds, flowers, songs, prayers, etc.

A more complex altar or land offering is a medicine wheel aligned to the four directions or small altars built at each of the four directions around your home or property.

Know that wherever you place your attention the land and spirits of the land will energize your sacred intent.

**Practice Making Offerings** or simply sitting with your Earth Altar for a few minutes while focusing on your Intent...Trust and know magic will happen.

**Ask for signs in the world of Form that indicate your intention is being acted upon. Look for synchronicities and celebrate your intentions now manifesting.**



Root Chakra Collage and Venus Altars





# Leo And the Root Chakra

We are All encouraged to celebrate, honor and bring forth the newly initiated Sovereign Queen Goddess within, as we come together to strengthen and raise our Loving Vibrations on this Ascension Journey.

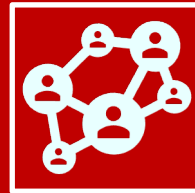
At the Root Chakra We Ask Ourselves:



*How Does the Healthy, Grounded Sovereign Goddess Care for Herself – so she freely expresses who she is in ways that are Creatively Inspired?*



How do we Rise Together as Emissaries of Love grounded in Renewed Feminine Wisdom?



How can we cultivate Growing and expanding Greater Healthy Self Love, And Inspired Creativity?



<https://www.redbubble.com/i/photographic-print/Egyptian-Goddess-Sekhmet-by-underheaven/41236168.6Q0TX>

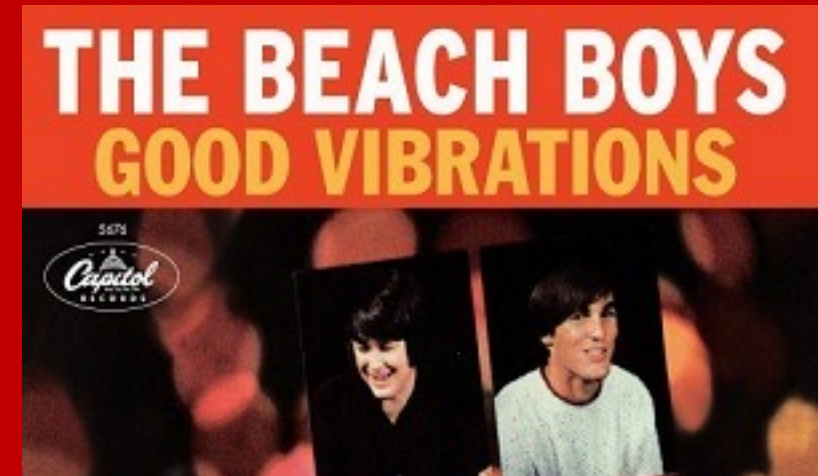
## An Anthem to the Leo Meta Goddess Good Vibrations from the Beach Boys in 1966

I-I love the colorful clothes she wears  
And the way the sunlight plays upon her hair  
I hear the sound of a gentle word  
On the wind that lifts her perfume through the air

I'm pickin' up good vibrations  
She's giving me the excitations (oom bop bop)  
I'm pickin' up good vibrations (good vibrations, oom bop bop)  
She's giving me the excitations (excitations, oom bop bop)  
I'm pickin' up good vibrations (oom bop bop)  
She's giving me the excitations (excitations, oom bop bop)  
I'm pickin' up good vibrations (oom bop bop)  
She's giving me the excitations (excitations)

Close my eyes, she's somehow closer now  
Softly smile, I know she must be kind  
When I look in her eyes  
She goes with me to a blossom world  
She's giving me excitations (excitations)  
Ah, ah, my my, what elation  
I don't know where but she sends me there  
do do (bop bop-bop-bop-bop, bop)

[https://youtu.be/Eab\\_beh07HU?si=phhMDLKKK4o7mcyK](https://youtu.be/Eab_beh07HU?si=phhMDLKKK4o7mcyK)



Oh, my my, what a sensation  
Oh, my my, what elation  
Oh, my my, what  
**Gotta keep those lovin' good vibrations a-happenin' with her**  
**Gotta keep those lovin' good vibrations a-happenin' with her**  
**Gotta keep those lovin' good vibrations a-happenin'**  
Good, good, good, good vibrations (oom bop bop)  
She's giving me the excitations (excitations, oom bop bop)  
I'm pickin' up good vibrations  
Na na na na na, na na na  
Na na na na na, na na na (bop bop-bop-bop-bop, bop)  
Do do do do do, do do do (bop bop-bop-bop-bop, bop)  
Do do do do do, do



**Claudette Thomas**

# **Toning With Claudette at the Root Chakra**

**See LINK on  
the Root Chakra Page**

**Find out More HERE**

**<https://kriyashakti.com/chakra-toning/>**

# Home Play

## Deepening Practices

- **Connect with or Create a Venus Altar and/or Venus Journal**
- **See if you can see Venus with Moon on August 5 or 6**
- **Evening Star Venus Buddy Check-In** — pairing buddies up over this next week. Look for an email introduction. **Want a buddy?** [Fill out this form](#)
- **Ceremony With Venus & Moon in Evening Sky**
- **Set your intention for what you are reclaiming and work with any of the questions listed here that resonate with you.**
- **Listen to Guided Journeys and Meditations most especially the Evening Star Root Chakra Meditation**
- **Share your experiences and insights on Facebook or send us an email and we will post it for you.**



<https://felixthemage.substack.com/p/invocation-of-sekhmet-in-her-healing>

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Just before we move into our ceremony... a quick word about SMART “Goals” or Intentions

**S**



**SPECIFIC**

**M**



**MEASURABLE**

**A**



**ACHIEVABLE**

**R**



**RELEVANT**

**T**



**TIME-BOUND**

*Intention  
Setting  
Ceremony*





# Connection Groups

## Guidelines

**Joining the Session is Optional**

**Purpose is to foster community, connection and offer mutual support**

**We are here to listen and be heard  
(please, no cross talking or interrupting)**

**We are not here to fix or judge – just listen**

**Give everyone an opportunity to share  
(be mindful of the time)**

**Feel free to continue the conversation by mutual agreement via personal messaging after the class**



# Connecting Conversations

Start with Your Name

Where You are From

Suggested Topics:

- How was your Underworld experience?
- What is your Intent for the Evening Star journey?
- What is your Intent for the Root Chakra Gate?

