



**Venus Alchemy
Leo Evening Star**

Solar Plexus Chakra/3rd Gate

**Reclaiming the Power Center
of the Goddess**

with Cayelin K Castell and Sheridan Semple



Opening Sacred Space

Leo Meta Goddess Invocation

Oh Inspiring, Magical, Radiant, Shining One,
Queen of All Realms including Heaven and Earth
Inspired by Your Brilliant Love Light
Guide Us Into the Depths of Your Mysteries

Thank you for Blessing Us With Love and Guidance,
Transforming All Lower Vibrational Energy
Into the Higher Vibrational Energy Of Loving Kindness
The Divine Love Light that has always been our Birthright

Thank you for Guiding US to Genuinely Experience
Healthy Self Love, Self Confidence, and Self Respect
No Matter What is happening in Our Outer Reality

Thank you for Assisting US in transforming our awareness
So That WE know how to Truly Love Our Selves
And In So Doing – We Inspire Others To Do The SAME

It is done it is so and So IT IS!!! Blessed Be...



Sekhmet Prayer Invoking

Divine Feminine Power at the Solar Plexus Chakra

Beloved Sekhmet, Solar Goddess of Inspired Action

Goddess of Great Strength and Courage - Fierce Protectress - Righting Wrongs

AND Restoring Balance With Your Righteous Anger, Fury and Rage

Standing in Your Divine Power and Integrity as an example of how it is Done

Thank you for guiding me to Bravely Stand in My Own Power

Restoring Justice Within and Without In ways that benefit all Life

Not to Have Power Over Others AND NOT Giving Away My Power

Thank you for guiding me in BEing Courageous and Willing

To Trust and Embrace the FULL Power of who I TRULY AM

O Mighty Sekhmet, Great In the Wise Use of Power

Beloved and Mighty with your Divine Guidance

Thank you for Guiding Me in BEing Wise and Strong in my Knowing

Standing for what I know is Just and True

So, I am Experiencing the Full Ecstasy of My Own Powerful Life Force

Truly Loving Myself in ways that are Healthy and Fun

Celebrating and Sharing My Unique Gifts with the World

It is done. It is so and So IT IS!!! Blessed Be...



Overview

Sky Magic

Leo Meta Goddess in Scorpio and Sagittarius

Demons at the Solar Plexus Chakra

Doing Addiction

Honoring the Queens

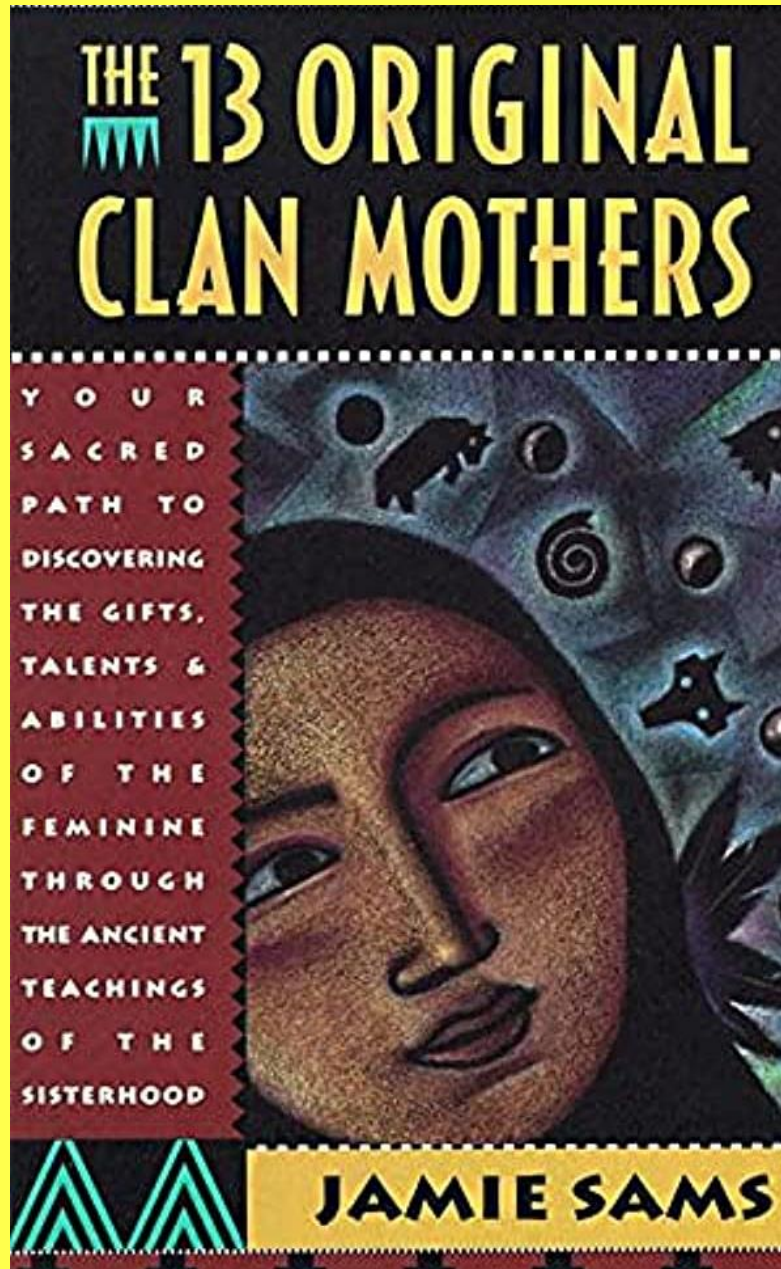
Home Play

Solar Plexus Chakra Ceremony

Q and A

Connection Groups – stay if you want to connect





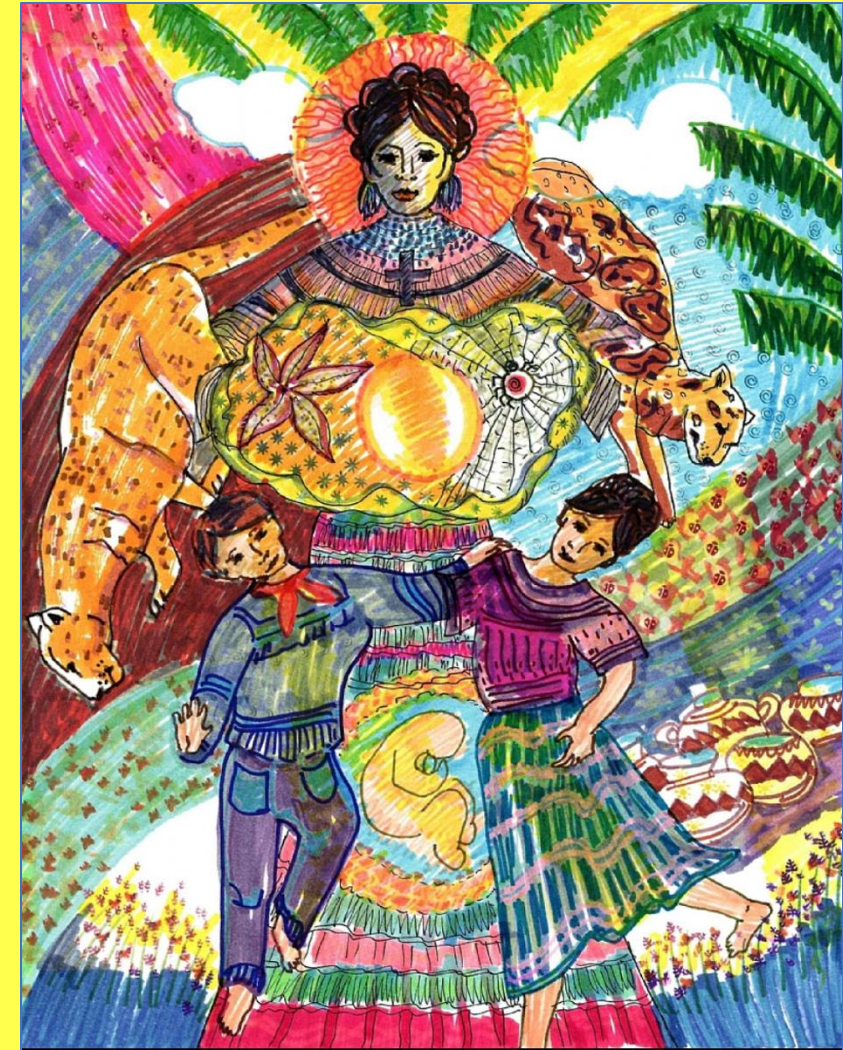
October New Moon 10th Moon Cycle Clan Mother Weaves the Web

Gossamer thread of life hold me,
Perched between Earth and Sky,
Weaving the web, dreaming the dream,
Through the two worlds I will fly.

With you as my Muse, Mother,
I create the substance of dreams,
Allowing the artist within me
To fashion my life with esteem.

I mold the clay of experiences
Into a Sacred Bowl,
Capturing the essence of living
As it sings deep in my soul.

Your secrets of creation, Mother,
Have taught me when to destroy
The chains that have bound me,
Limiting the expression of my joy.



You have taught me how to labor,
Giving birth to the visions within,
Setting them free like silver arrows,
Kindling the fire of Creation again.

October New Moon

10th Moon Cycle Clan Mother

Weaves the Web

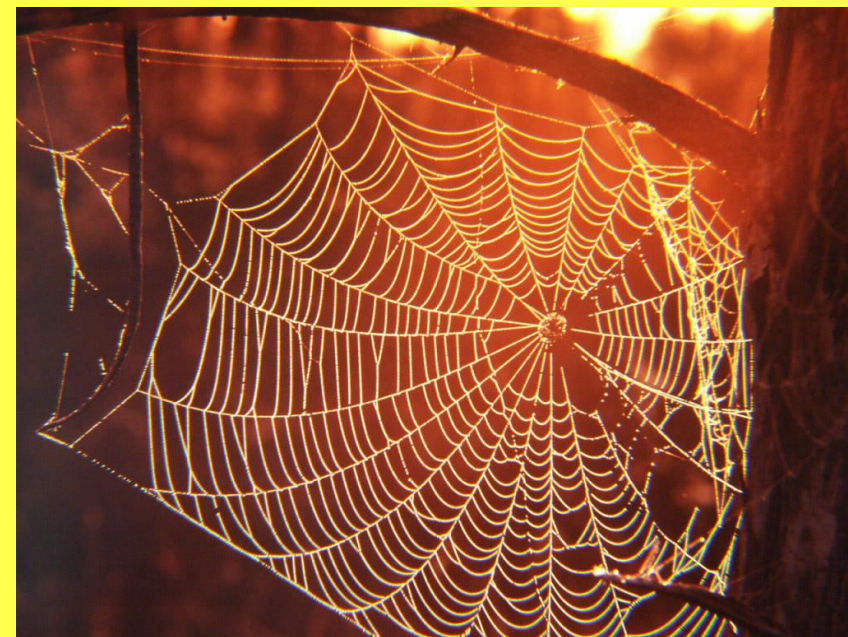
Is the Mother of Creativity and Creatrix of all life. She is the Guardian of Life Force and teaches us how to Manifest our Dreams and bring our visions into reality.

She is the Keeper of our Survival Instinct and the Mother of the Creative and/or Destructive energy within us.

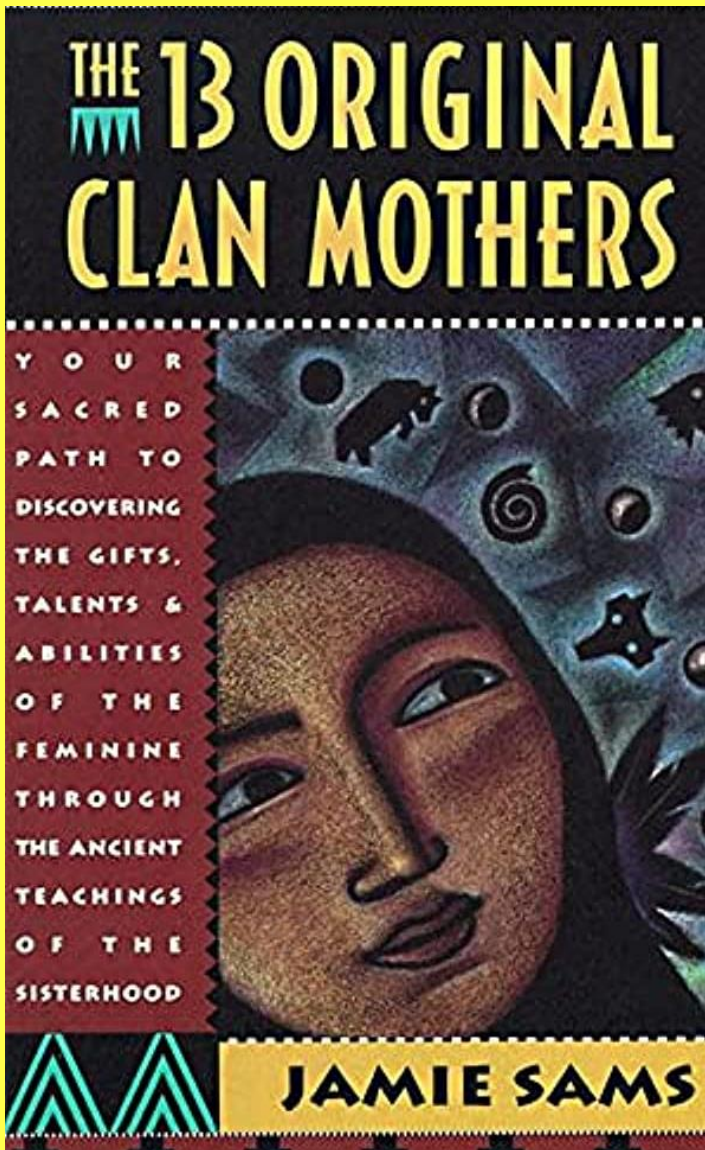
She teaches how to use life force energy to either build a new dream or change the old dream through our actions and our artistic talents.

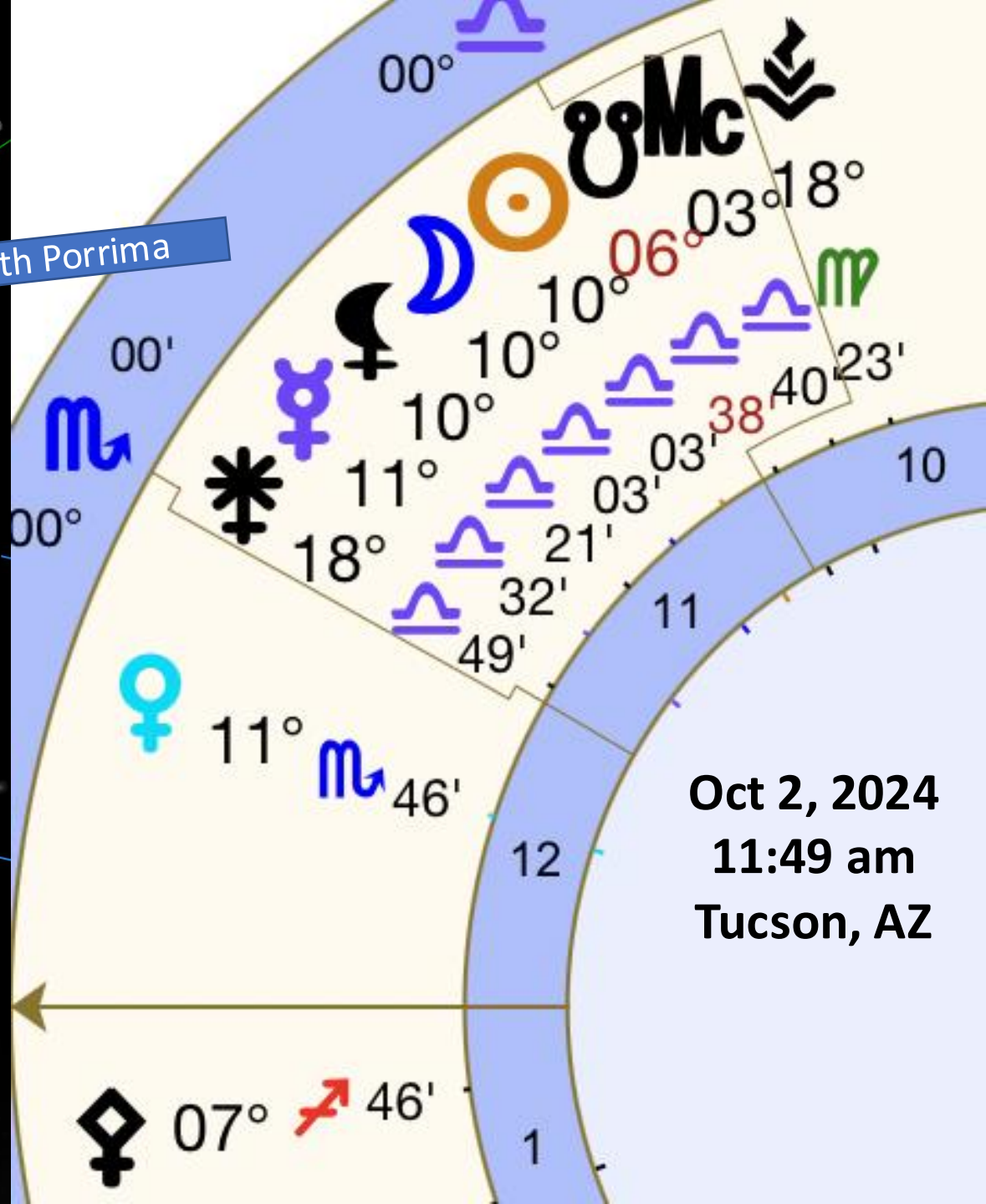
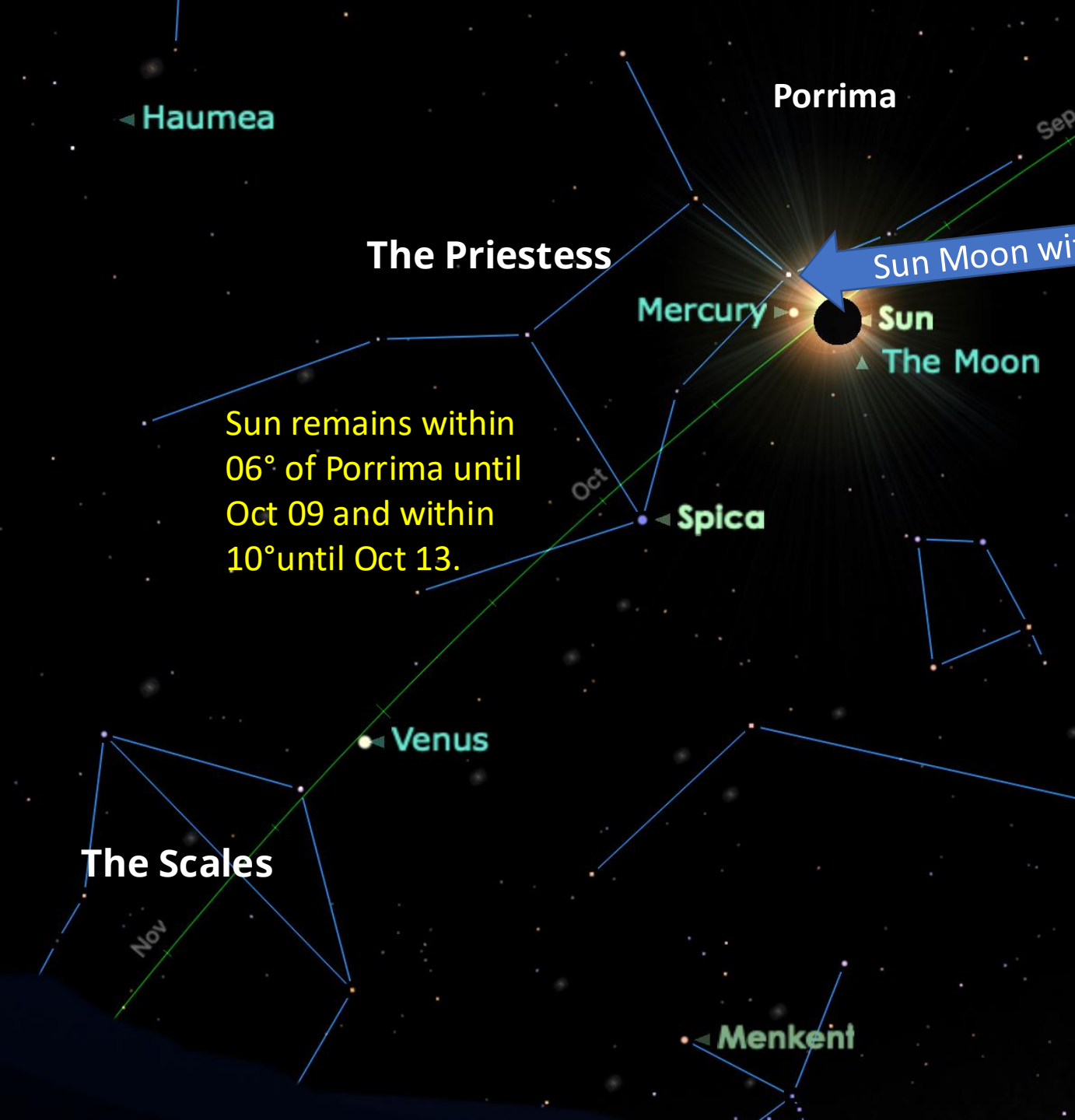
She teaches how to create something new from something old.

Letting go of old restrictions that limit our creativity by exploring the truth within.



She Asks....What is your Heart Dreaming?
What do you Wish to weave into your life?
What does your Soul wish to create?



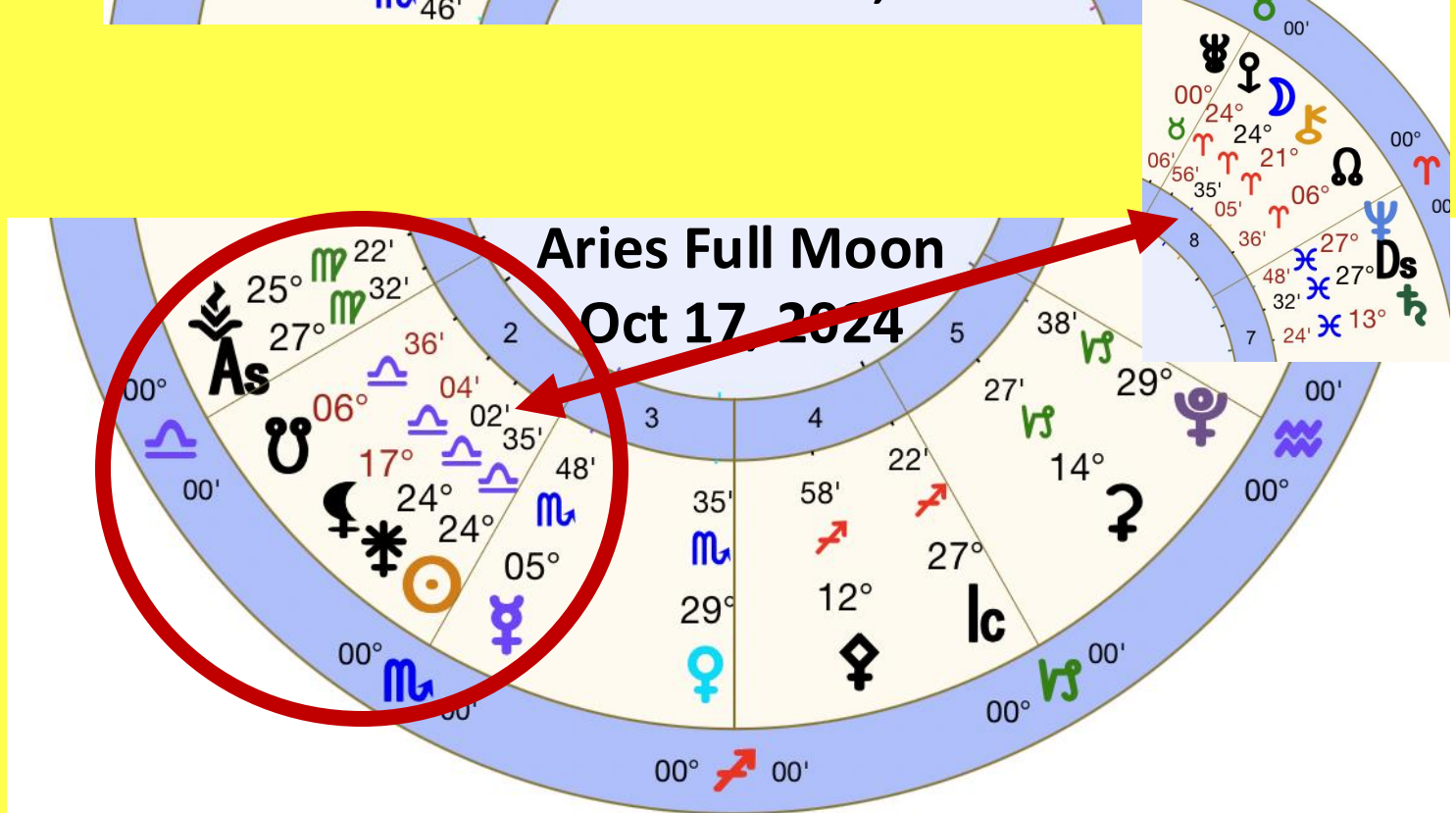
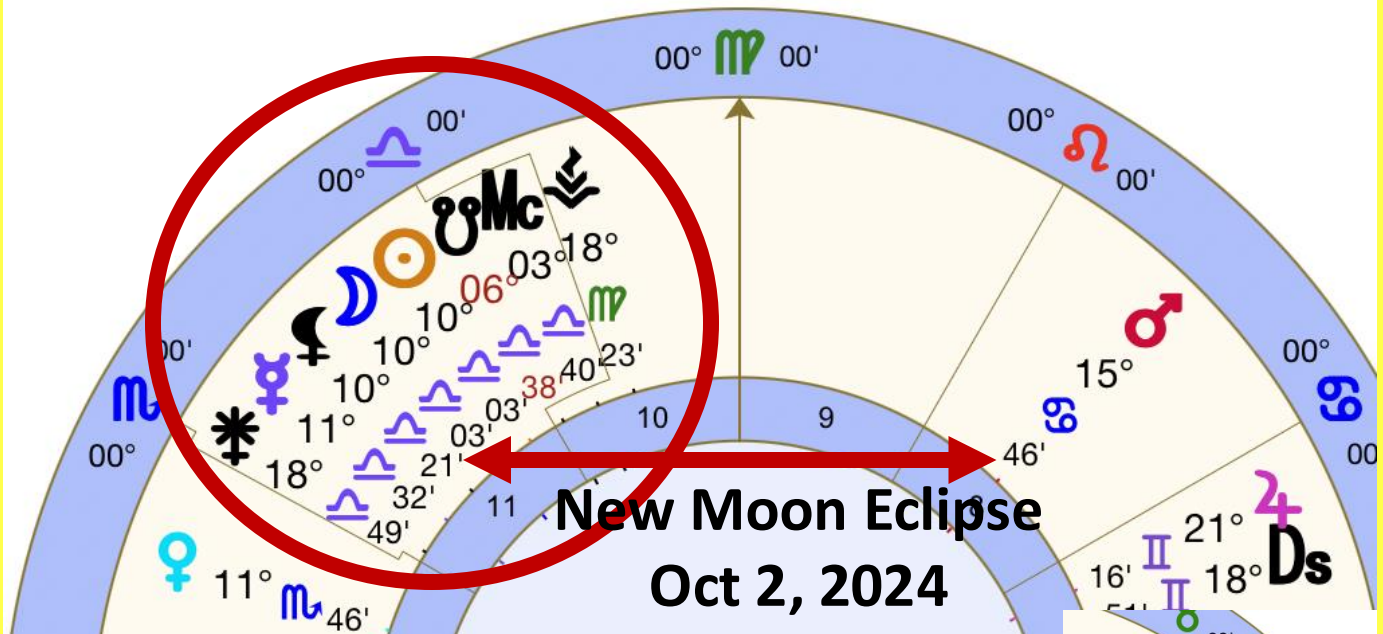
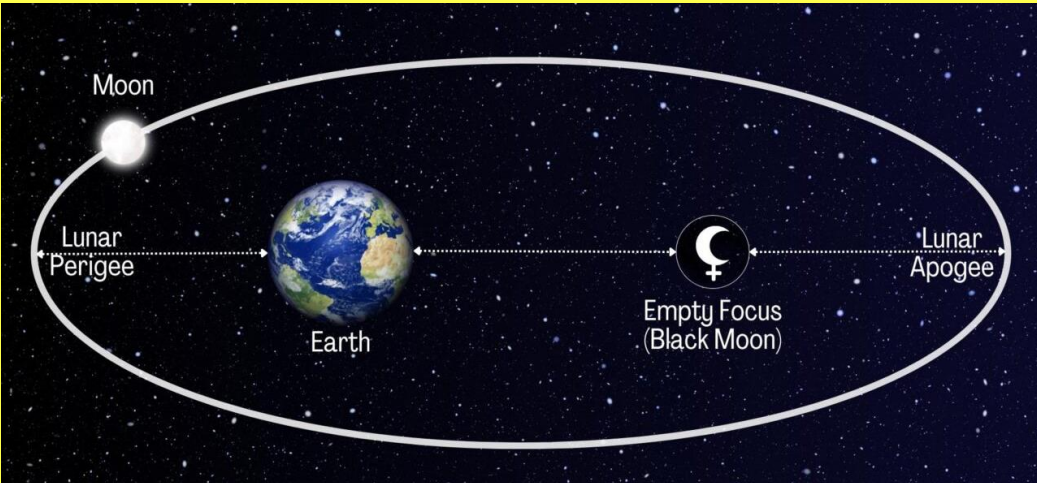


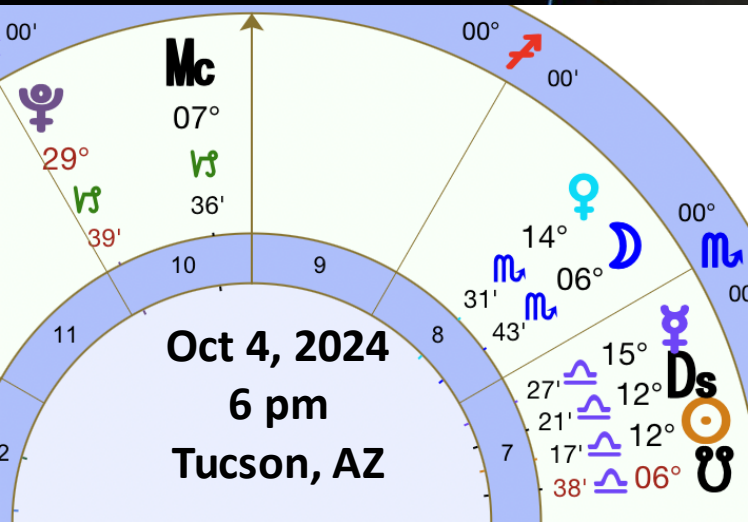
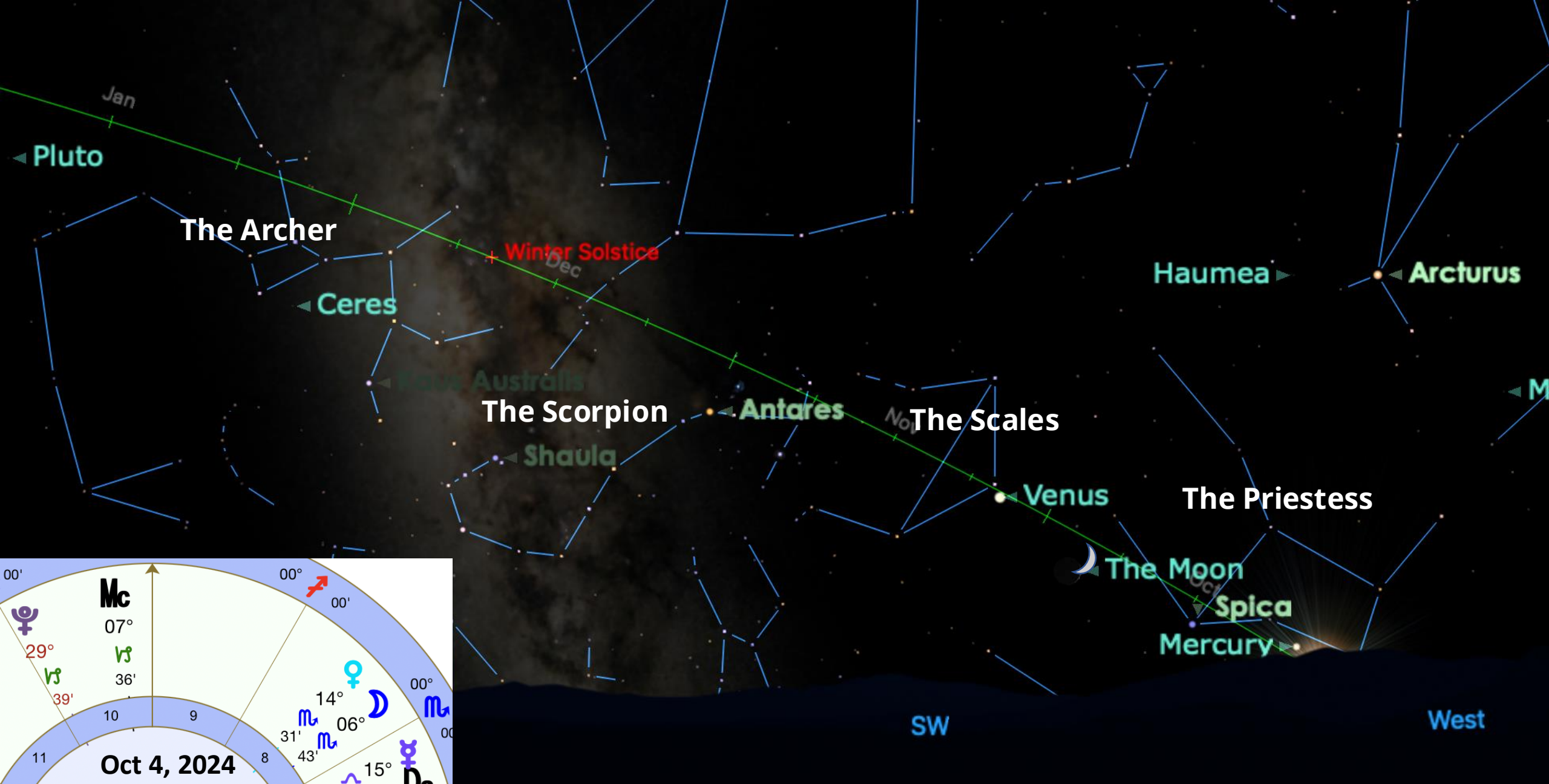
Black Moon Lilith is a location mirroring Earth's location where the lunar apogee (or Moon furthest from the Earth) is located and is nearly opposite the Moon at perigee. Hence why this Apogee New Moon Eclipse is so connected to this Dark Moon.

Black Moon Lilith is said to represent:
 Our deepest most repressed desires that yearn to be expressed.

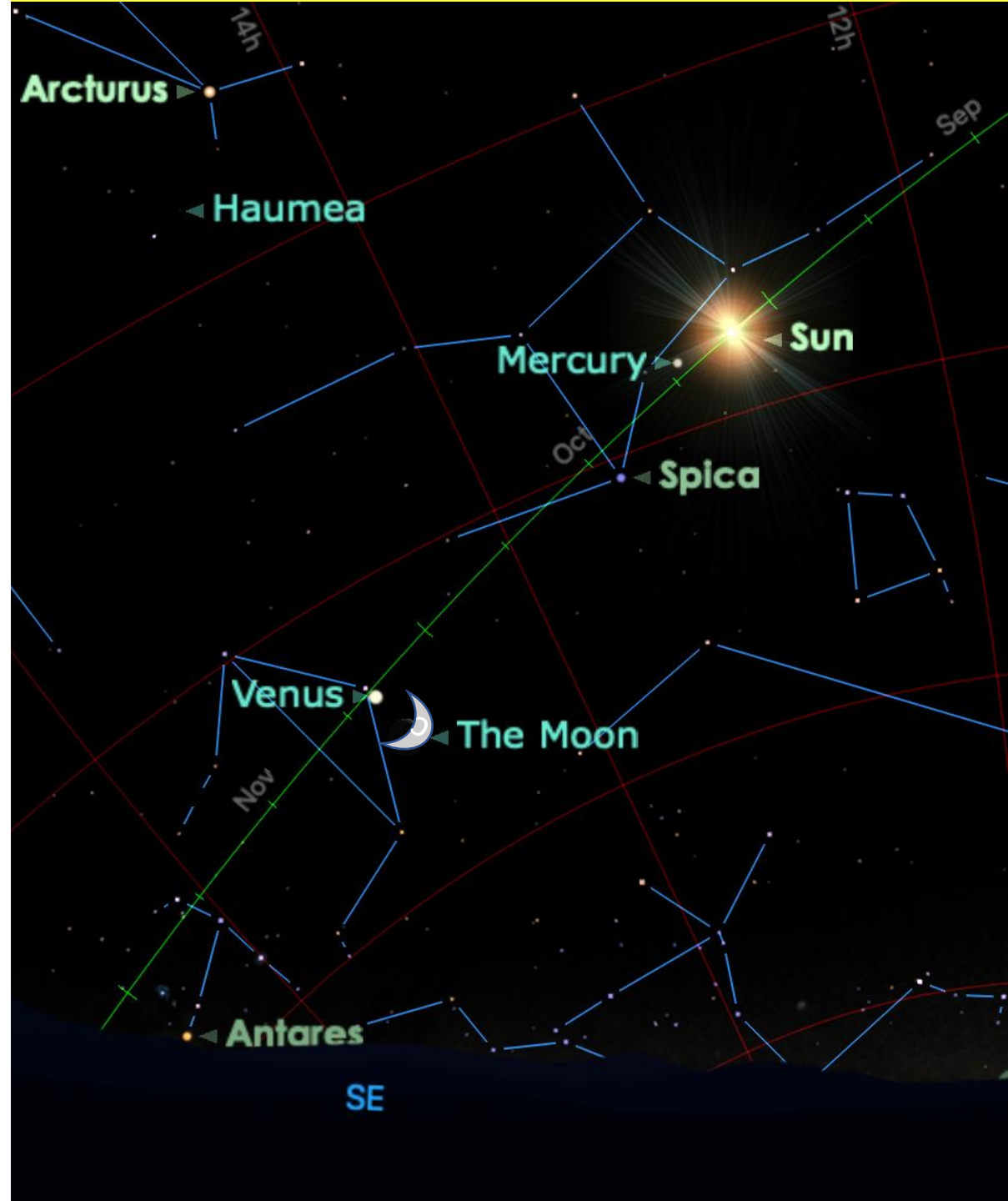
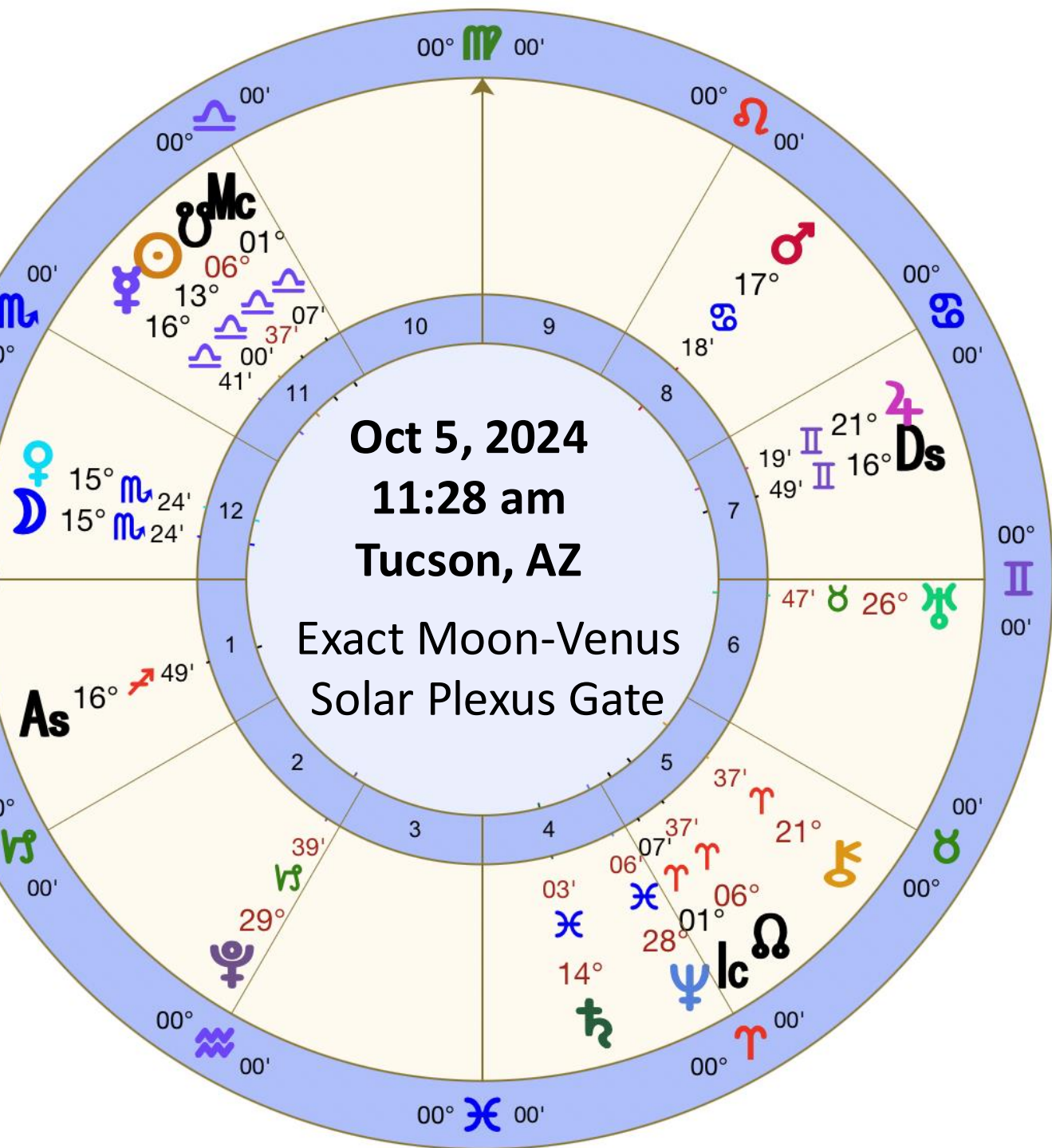
It is where the darkest parts of ourselves, the parts we're most often afraid to acknowledge or where we feel criticized or misunderstood, is located.

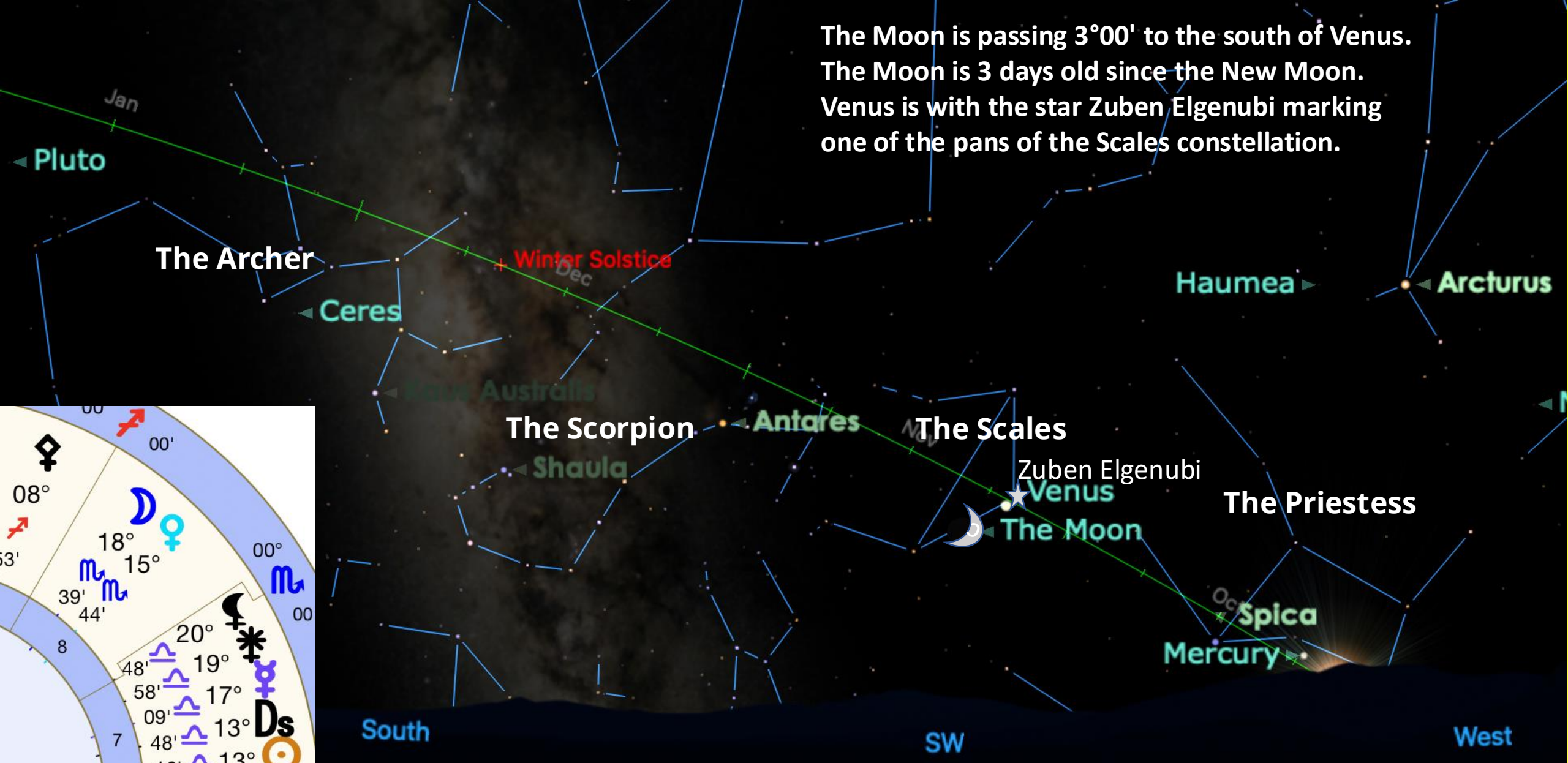
Black Moon Lilith In Libra Teaches us how to find balance within and with others when we are willing to embrace and transform our shadow.



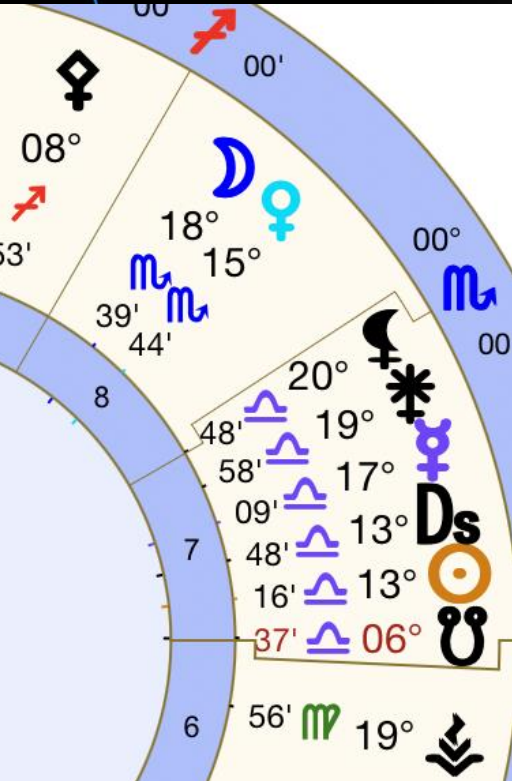


Oct 4, 2024 around 6 pm PDT - Moon approaching Venus

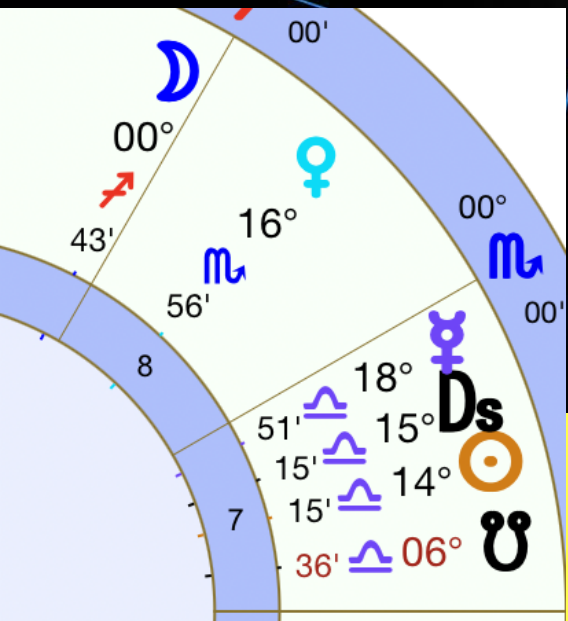
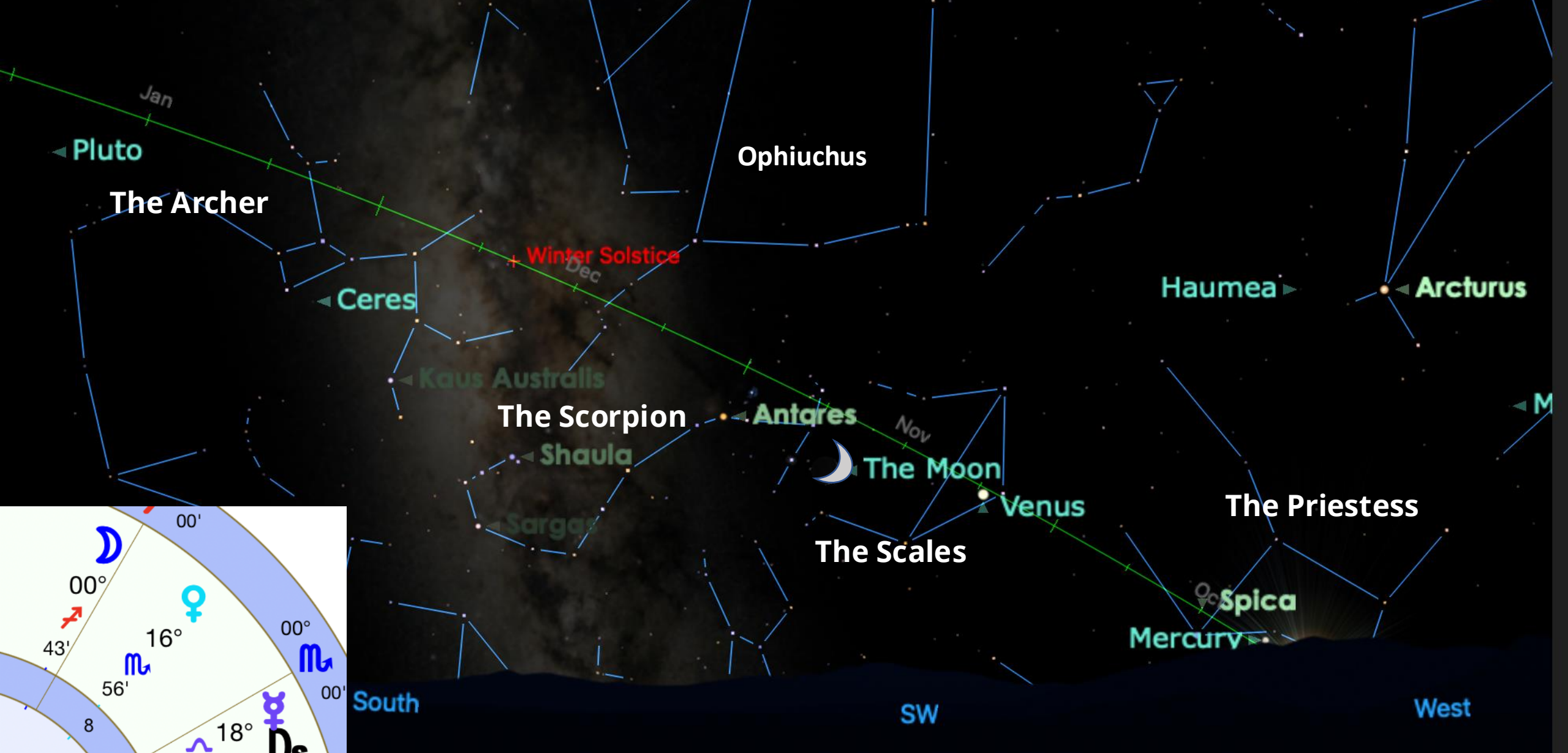




The Moon is passing 3°00' to the south of Venus. The Moon is 3 days old since the New Moon. Venus is with the star Zuben Elgenubi marking one of the pans of the Scales constellation.

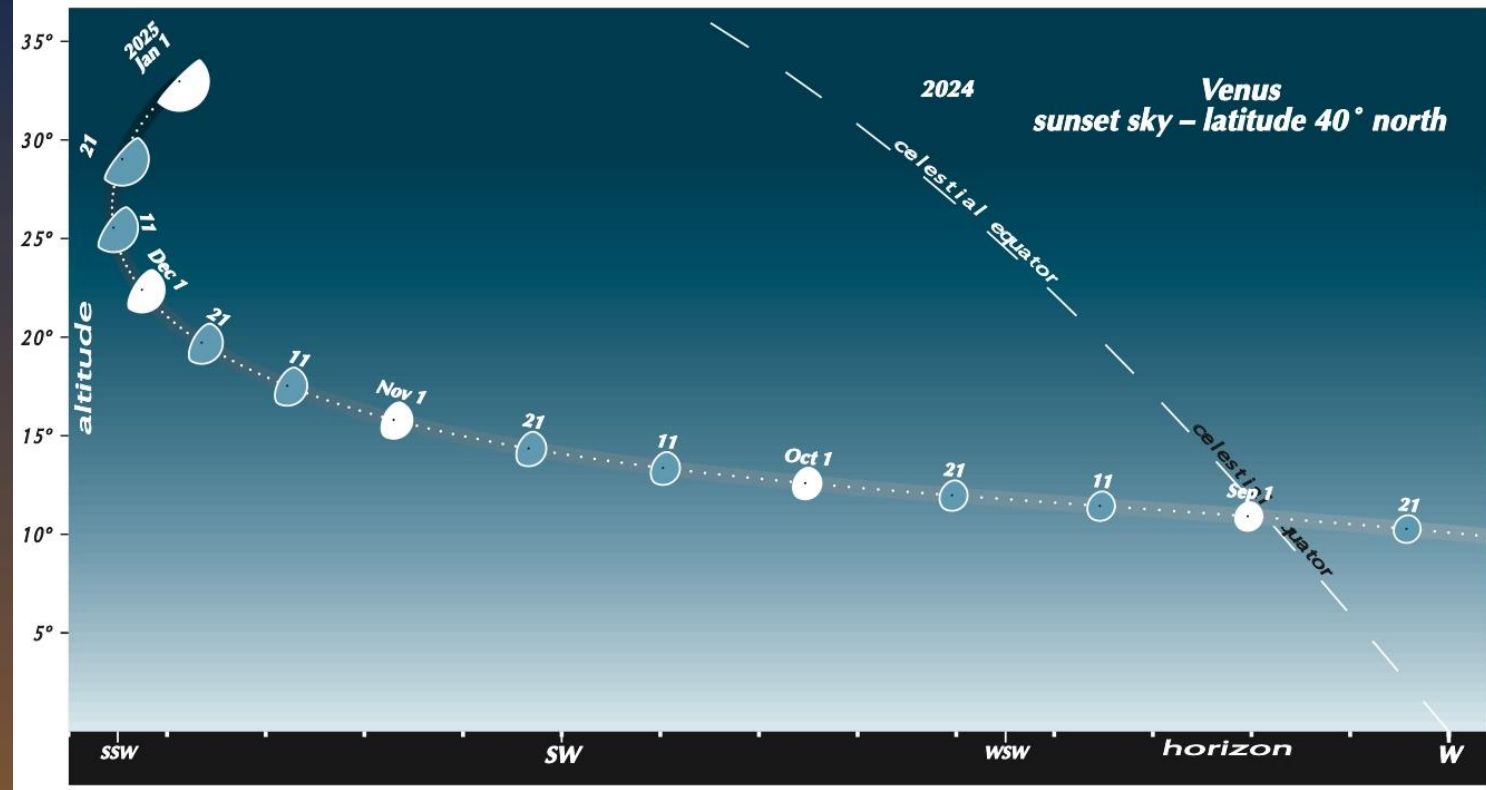


Oct 5, 2024 around 6:00 pm PDT - Moon just passed Venus
More on the Star [Zuben Elgenubi](#)



Oct 6, 2024 around 6 pm PDT

October 2024 Evenings Looking Southwest



Antares

Oct 6



Oct 5



Venus



SW

EarthSky.org

This shows us how slowly Venus has been rising into the Evening Sky showing Venus on the 1st, 11th and 21st of each month.

Venus doesn't reach maximum elongation (47.2°) from the Sun until January 10, 2025.



Leo Evening Star Sacral Chakra Gate

Oct 02 Libra New Moon Annular Solar Eclipse 10°Libra 04 with the star Porrima still in Sacral Chakra Gate
Oct 04 Venus 14° Scorpio trine Saturn 14° Pisces
Oct 05 Venus Moon Conjunction at Solar Plexus Chakra Gate 15° Scorpio 24' with Zuben Elgenubi
Oct 08 Venus 18°Scorpio 38' Trine Mars 18°Cancer 38' at 3:22 am
Oct 09 Jupiter goes Retrograde 21°Gemini 20' at 12:05 am
Oct 11 Pluto goes Direct 29°Capricorn 38' at 5:34 pm
Oct 13 Mars 21°Cancer 15' square Chiron 21°Aries15' and Sun Opposite Chiron and trine Jupiter
Oct 14 Mars 21°Cancer 28' square Sun 21°Libra 28', Venus 26°Sco opposite Uranus 26°Taurus
Oct 15 Venus 27°Scorpio 51' trine Neptune 27°Pisces 51' at 5:49 pm
Oct 17 Venus 29°Scorpio 38' sextile Pluto 29°Capricorn 38' and then enters Sagittarius at 12:28 pm
Oct 28 Mars 27° Cancer 34' trine Neptune 27°Pisces 34' at 5:31 am, Venus square Saturn at 6:35 am
Oct 30 Mercury 25°Scorpio 56' opposite Uranus 25° Taurus 56' at 3:15 pm
Nov 01 Scorpio New Moon (09 ° Scorpio 35') at 5:47 am
Nov 02 Mercury enters Sagittarius at 10:19 pm
Nov 03 Mars 29°Can opp Pluto 29°Cap, Venus 20°Sag opp Jupiter 20°Gem, Venus 20°Sag trine Chiron 20°Ari, Mars enters Leo
Nov 04 Venus meets with the Moon at the Heart Chakra Gate at 3:51 pm



All times are
PDT unless
otherwise
noted

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Reclaiming our Power at the Solar Plexus Chakra Leo Meta-Goddess with Venus in Scorpio

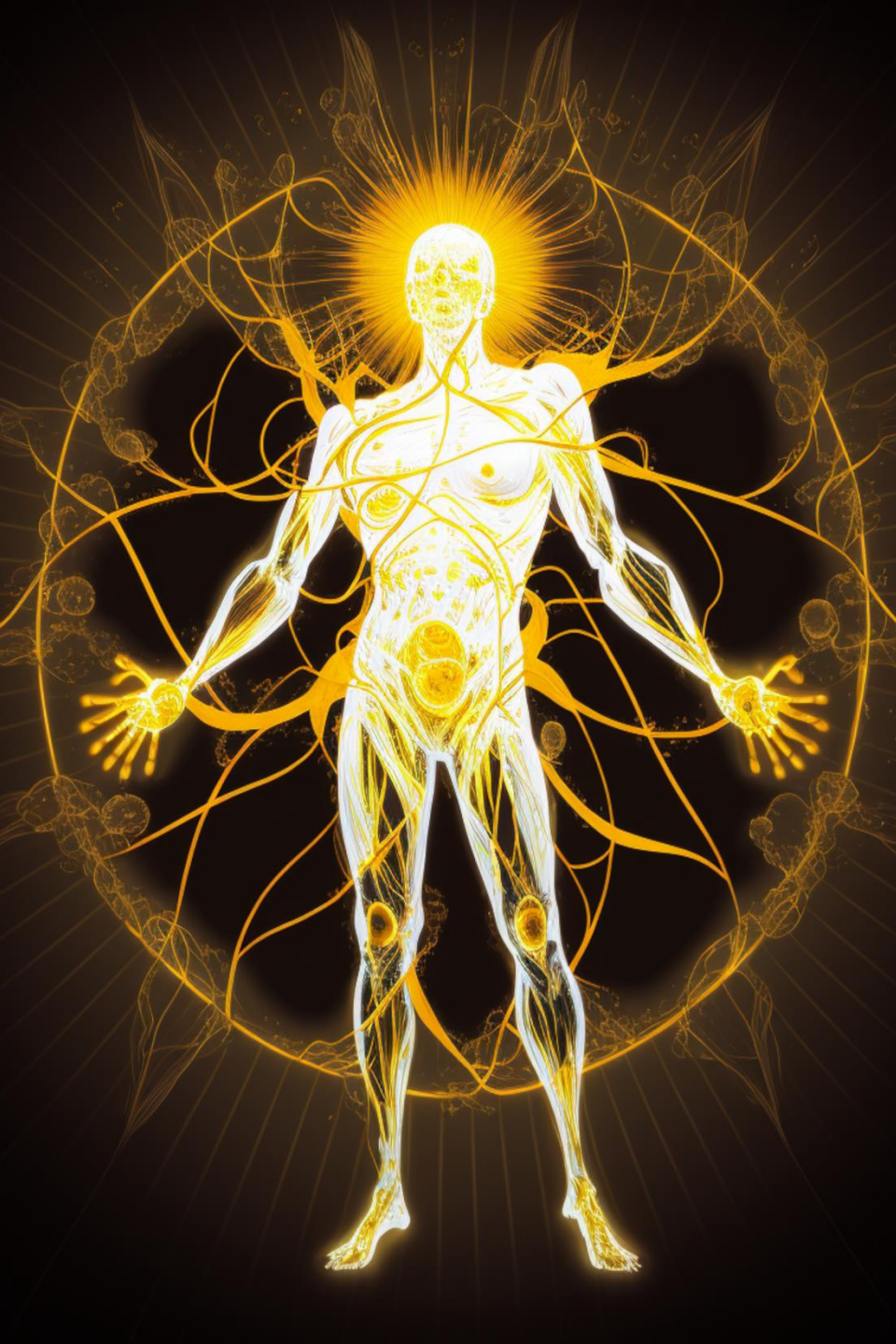
thru Oct 17

The Leo Meta-Goddess continues serving Self and Soul through the intensity-loving Scorpio Goddess — reclaiming her divine life force power. By diving into her depths, she discovers her intrinsic force. Hidden in the shadows, Scorpio uncovers her greatest light and potential energy. She allows herself to feel everything. By bringing it ALL into the light, Scorpio reclaims her Divine Feminine Power and Loves her Leo Self more powerfully.

She empowers us to follow our desires, passions and lean fully into whatever turns us on. Anything that opens our power center is her craving. She shows us the way to free ourselves through shadow work - understanding instinctively that this is where we hide our true gifts. Like the phoenix, she comes into her authority by rising from the ashes.

She floats freely both inside the cave and at the eagle's heights. She guides us to feel as deeply as possible all the emotions, inspiring our empowerment as we reclaim our essential life force energy at our solar plexus chakras.

- What would it take to feel my power even more intensely?
- How is it that I now feel my life force surging through my body?
- What would it take for me to be more empowered in loving all of myself?



Reclaiming our Power at the Solar Plexus Chakra Leo Meta-Goddess with Venus in Sagittarius

Oct 17 — Nov 11

The Leo Meta-Goddess now expands her journey through adventurous Sagittarius. She moves out of Scorpio's internal focus into outward expression, rising in the fire of individuality, seeking spiritual meaning and truth. Her quest is reclaiming her divine power, knowing it is her celestial right to live fully empowered within the Feminine. She seeks to know and share the absolute certainty of the Divine Feminine power into each of us.

She empowers us to stand in our personal Divine Feminine Power, reclaiming our fiery fullness, within our Solar Plexus Chakras. She teaches us to seek mastery of our power, with confidence and authority, knowing we are the Leo Goddess incarnate.

- What would it take to truly know and understand my divine, empowered nature?
- How is it I am now experiencing mastery in my life?
- What would it take to feel I am empowered in my seeking, finding my Soul purpose and life meaning?

Leo Demons at the Solar Plexus Chakra

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Suspicious Demon

Afraid and Anxious Demon

Extreme Narcissist Demon

Criticism of Self & Others Demon

I Have to Prove My Worth Demon

Manipulation and Control Demon

Jealous, Power Over Others Demon

Insecure, Skeptical, Uncertain Demon

Self-Doubt, Not Good Enough Demon

Shaming, Blaming, Complaining Demon

Name Yours _____



Honoring the Queens – Wu Zetian

Wu Zetian was Empress of China from 660 to 705 CE, ruling first through others and later in her own right - very Solar Plexus Chakra reclaiming of her power.

She was the only female sovereign in the history of China. She was the only empress regnant, ruling queen, in Chinese history.

Under her 45-year reign, China grew larger, becoming one of the major powers of the world. Its culture and economy were revitalized, and corruption in the court was reduced.

Empress Wu is considered one of the greatest emperors (female or male) in Chinese history due to her strong leadership and effective governance, which made China one of the world's most powerful nations.



Remember the Power of Love Lives Inside of You!

It is a super power we can all access within!

If you find yourself thinking that you're not enough, know you are stuck in the Mind.

Practice belly breathing while allowing your soul wisdom or inner knowing to inform your experience.

Allow the courageous power of love to lead you into expressing what is yours to express. See if you can see your life lessons as blessings and gifts.

Life is happening for you - supporting you in transforming all your wounds and challenges into your medicine.

Being who you are, as an expression of LOVE, means you are doing exactly what you are meant to DO and BE!

THE POWER OF LOVE



Is the Strongest Force in the Universe

Love Heals Everything!

Doing

Achievement

Accomplishing

Reacting and Answering

Solving Problems

Completing Tasks

Achieving Goals

Driven by Success

Changing

Answer to HOW?

Focus is Past/Future

Being

Fulfillment

Self Aware

Insightful and Questioning

Connecting with Purpose

Growing and Learning

Accepting Realities

Not Afraid to Fail

Transforming

Answer to WHY?

Focus is Present

“In order to reinvent our lives and create lasting change, we need to have self-confidence, which means we’re able to trust ourselves - an essential skill to develop.” *Nancy Levin*

- Personas
- Hiding ourselves
- Using our power to manage these roles
- Diminishes trust in ourselves
- We want to be loved for who we are
- Self-acceptance comes through self-forgiveness
- Self-confidence comes from owning our wholeness



Self-Confidence at the Solar Plexus Chakra

Remembering Self-Care Is Self-Empowering

Consider engaging healthy inspired self-care practices (or stepping up the ones you already have) designed to help you reclaim a healthy Solar Plexus

Finding out who you are and what you like is an act of Self Care helping your Solar Plexus SHINE.

Explore these questions with Venus Buddy and in your Venus Journal:

- Who am I beyond what I have been conditioned to believe I should be?
- What do I like? What is MY preference?
- What do I want? What Brings ME JOY?

An empty lantern provides no light. Self-care is the fuel that allows your light to shine brightly.

HELLOBOMBSHELL.COM

The Leo Meta Goddess is reclaiming the benefits of Authentic and Genuine Healthy Self Love choosing Daily Self Care by:

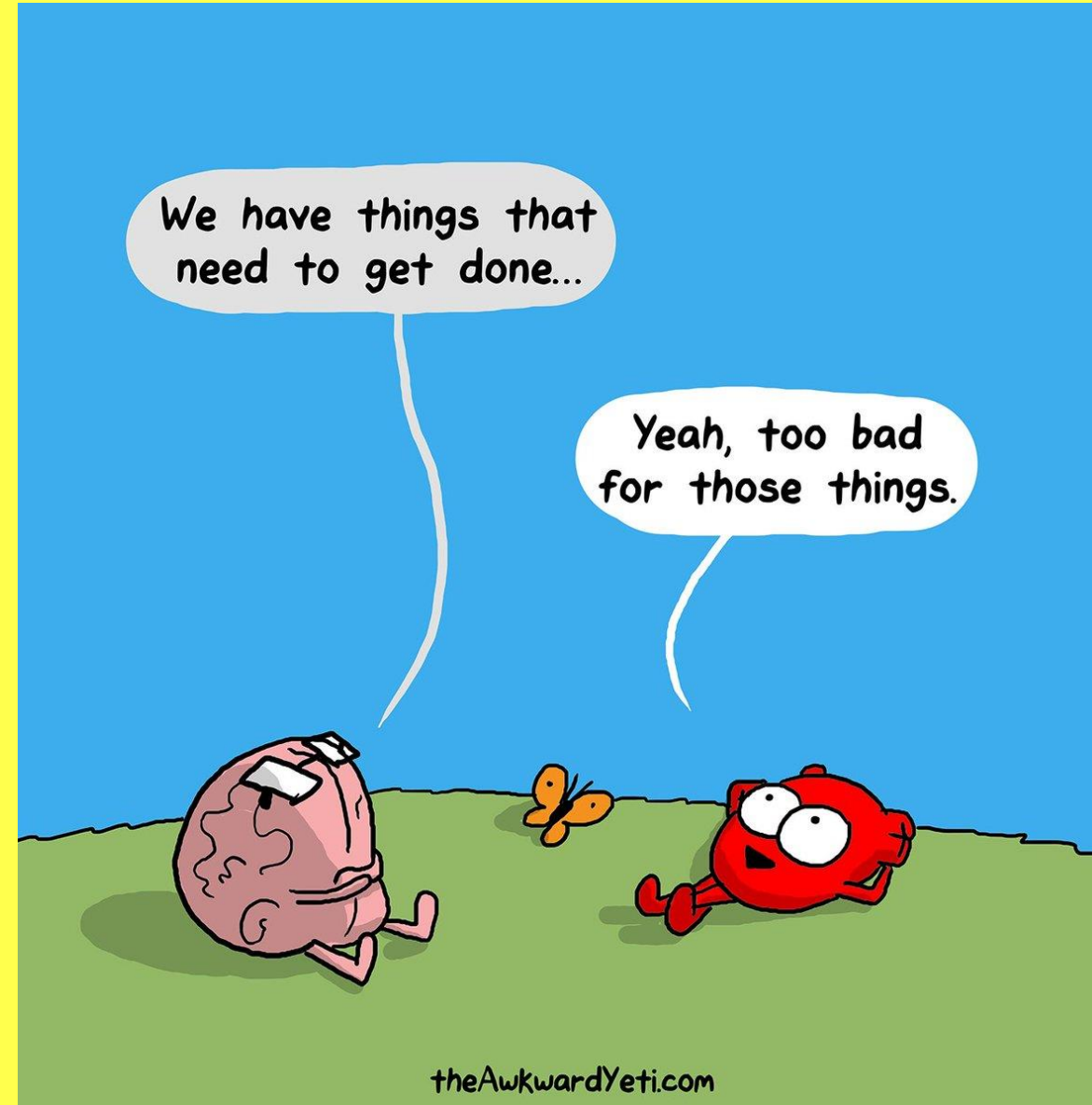
- Loving her Whole Self even the imperfections
- Embracing the light of who she is shining her love light from within while embracing genuine self-acceptance
- Celebrating the little and BIG things including Celebrating the gift of living this life in all its wondrous magic and messiness
- Choosing to relax, meditate, exercise, journal, nurture herself with healthy diet, massage, plenty of sleep and rest and having FUN etc...



Questions for Leo at the Solar Plexus Chakra

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- *What would it take for me to trust - even more deeply - my inner knowing/intuition and act on that?*
- *What would it take for me to increase my ability to wisely express my unique creative gifts in ways that allow me to more actively shine my love light in all that I am?*
- *What would it take for me to courageously express even more of my true self?*
- *How is it I am now joyously celebrating my magnificently imperfect Self every day?*



Deepening Practices

Inspired Action Practice

Consider creating a *What Inspires Me List*

Can be in addition to or instead of a *To Do List*

Start your day with what Inspires you...

For example, morning walks in Nature, Toning, Dancing, Meditation, Journaling, Time on Fun Projects etc.

Consider Including a Celebration Practice

At the end of the day or week, write in your Venus Journal all that you are celebrating including the little things that you might not otherwise notice, like an uplifting conversation, self-care, creative ideas.

AND/OR take a few minutes for stream of consciousness, about all you have accomplished including all the ways you have grown since beginning this Venus in Leo Cycle.

What Miracles have you experienced?

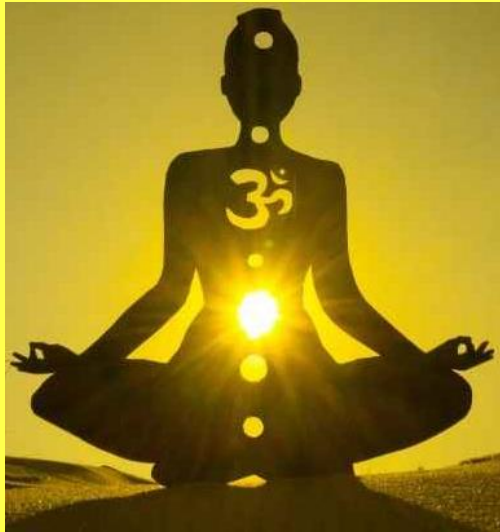
Celebrate with Gratitude!



Touchstones - Solar Plexus Chakra

Daily Connecting

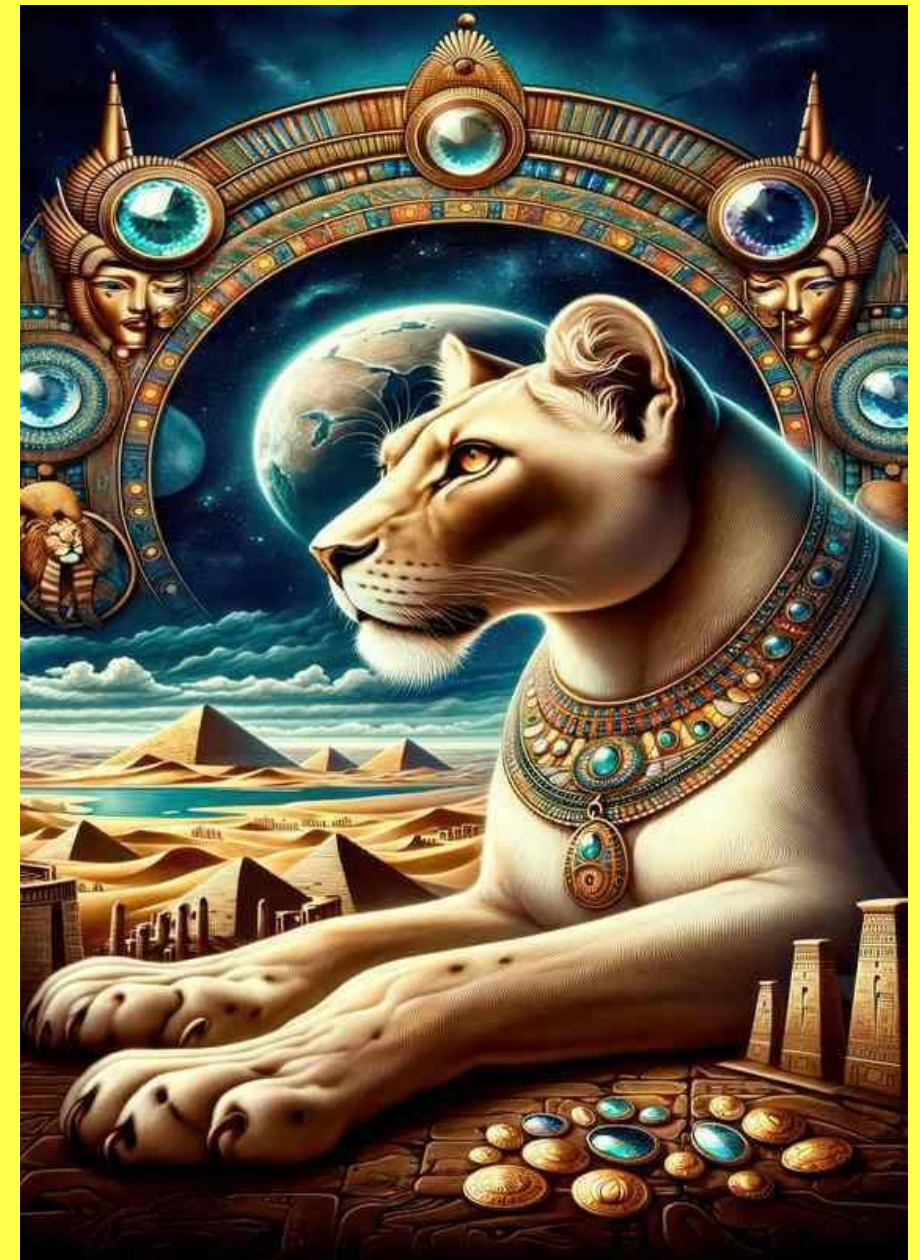
- Altars
- Meditations
- Mantras/Mudras
- Gems or Crystals
- Candles
- Aromatherapy
- Flower Essences
- Jewelry
- Herbs
- Yoga
- Looking for Venus
- one of our favs 😊



Home Play

Deepening Practices

- Create/Renew/Connect with your **Venus Altar**
- Continue with or initiate a **Venus Journal**
- See if you can see **Venus with the Moon** on Oct 4, 5 or 6
- Spend time with Venus in the **Evening Sky**
- **Ceremony** With Venus & Moon in Evening Sky
- Evening Star **Venus Buddy** Check-In (buddy signup on class page)
- Set your **intention** for what you are **reclaiming** and work with any of the questions listed before that resonate with you
- Listen to Guided Journeys and Meditations, most especially the **Solar Plexus Chakra Meditation** by Cayelin (20 min)
- **Share** your experiences and insights on Facebook



<https://www.metalplatepictures.com/mehit-lioness-goddess-metal-poster.html>

It's all about
Micro-
Actions



Ceremony

Evening Star Venus
from Sheridan





Connection Groups

Guidelines

Joining the Groups is Optional – feel free to take off if you're done for today

Purpose is to foster community, connection and offer mutual support

We are here to listen and be heard (please, no cross talking or interrupting)

We are not here to fix or judge – just listen

Give everyone an opportunity to share (be mindful of the time)

Feel free to continue the conversation by mutual agreement via personal messaging after the class

Connecting Conversation

Start with Your Name

Where You are From

Suggested Topics:

- What has been your experience with the Sacral Chakra Gate?
- What are your intentions for the Solar Plexus Chakra Gate?
- Do you hold back your full powers?

