

**Venus Alchemy  
Leo Evening Star**

**4<sup>th</sup> Chakra 4th Gate  
Reclaiming The Power of Love  
To Love and Be Loved  
with Cayelin K Castell and Sheridan Semple**





# Opening Sacred Space



# Sekhmet Prayer for the Heart Chakra

Beloved Sekhmet, Goddess of Pure Love  
Fierce Protectress of Our Sacred Heart Space  
Fierce in Love, Fierce in Compassion, Fierce in Kindness  
Thank you for Guiding me to Live Within My Inner Heart Temple  
Where I Experience the Courage and Strength  
To Express and Radiate LOVE, Living LOVE in Every Moment

O Mighty Sekhmet, Great One of Loving Magic and Mystery  
Eminent and Celebrated One of The Radical, Radiant Pure Heart  
Thank you for Guiding Me to Reclaim the Healing Power of Love  
Expressing Kindness, Caring, Forgiveness, and Justice  
Toward Myself and Others

Thank you for Guiding Me to Love Myself More Fully Each Day  
As I experience the ever-increasing Full Ecstasy and Power of Love  
Along with the all the wondrous Miracles Love Generates  
And the Transformational Alchemy found in the Power of Love  
So, I am Living the Enchantment of Love Now and in ALL Ways!  
It is Done, It is SO and So It IS! Blessed Be!!!

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# Overview

Sky Magic

Leo Meta Goddess in Sagittarius and Capricorn

Demons at the Heart Chakra

Power of the Heart

Honoring the Goddess

Practices and Home Play

Heart Chakra Ceremony

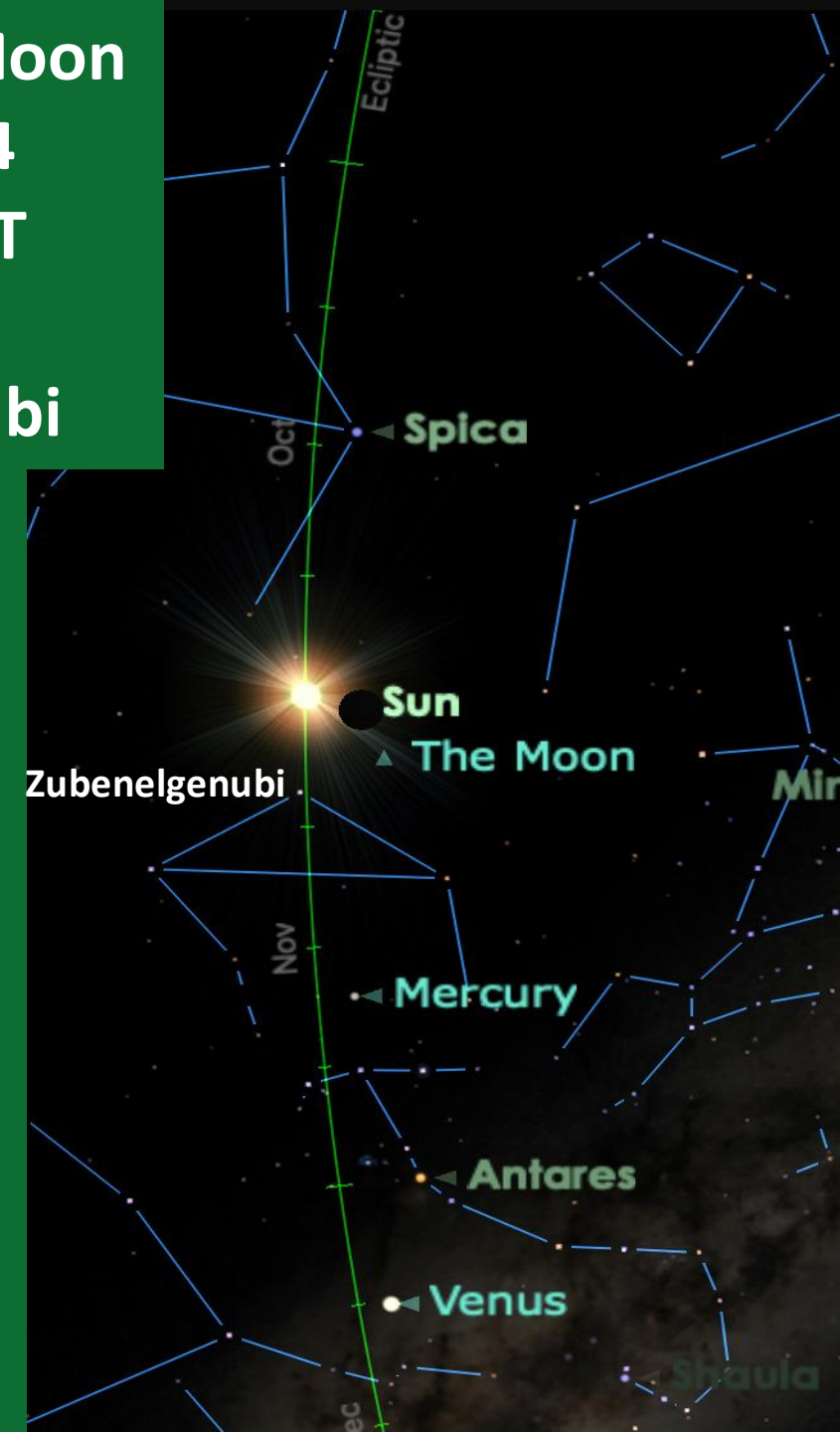
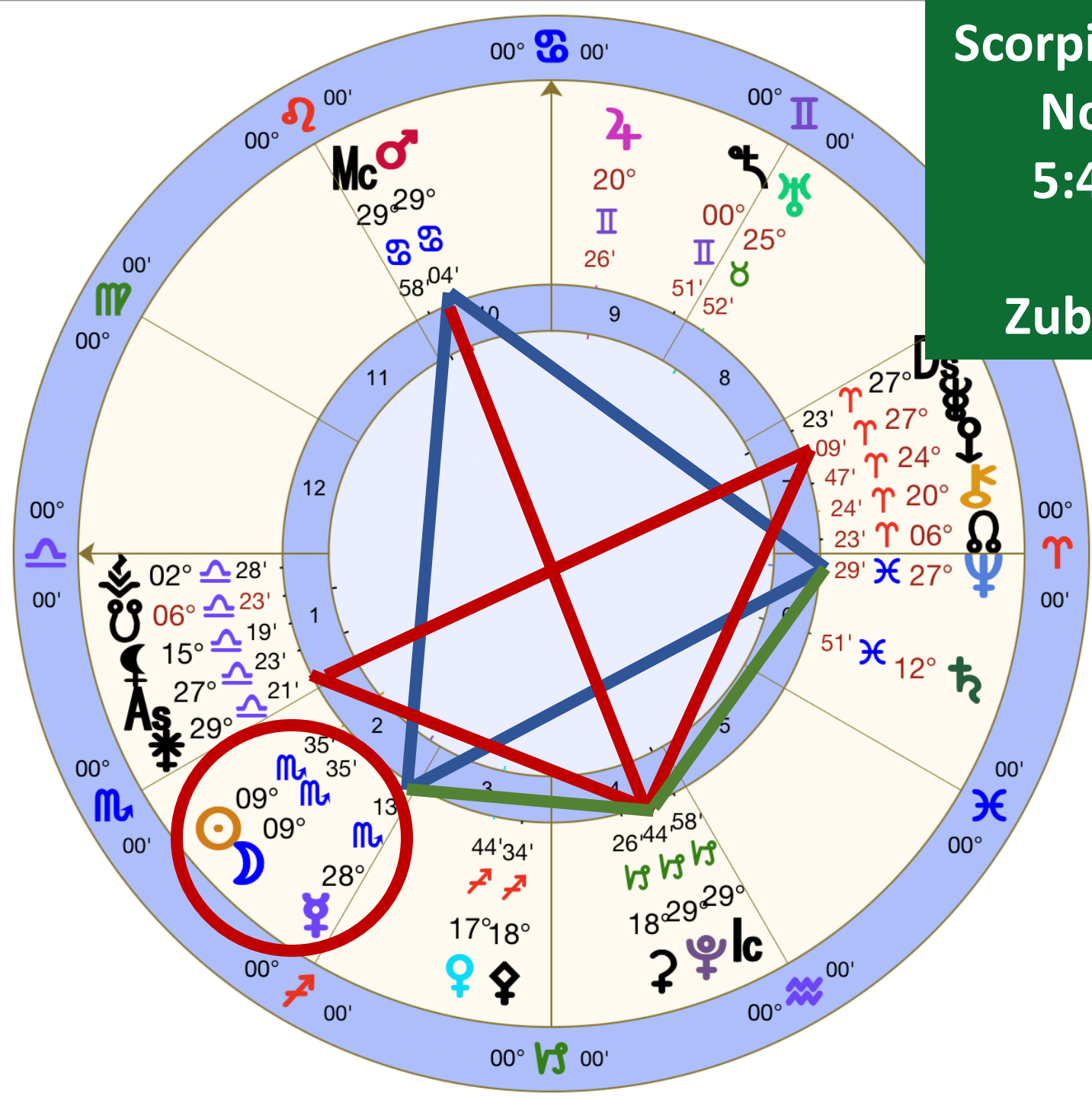
Q and A

Connection Groups – stay if you want to connect





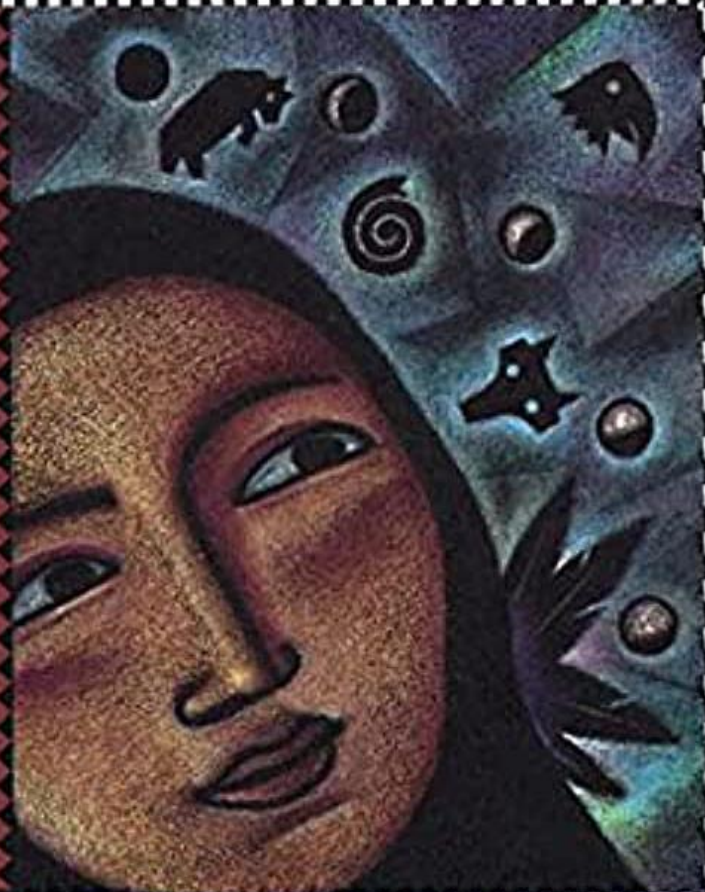
Scorpio New Moon  
Nov 1, 2024  
5:47 am PDT  
Near  
Zubenelgenubi





# THE 13 ORIGINAL CLAN MOTHERS

YOUR  
SACRED  
PATH TO  
DISCOVERING  
THE GIFTS,  
TALENTS &  
ABILITIES  
OF THE  
FEMINE  
THROUGH  
THE ANCIENT  
TEACHINGS  
OF THE  
SISTERHOOD



**JAMIE SAMS**

## Clan Mother of the 11<sup>th</sup> Moon Cycle Walks Tall Woman

You walk in beauty, Mother,  
Allowing all to see  
The glory of Great Mystery  
That sets your spirit Free.

Guided by the bliss inside you,  
Walking it through your deeds,  
Never needing another's approval,  
Your heart's truth takes the lead.

With focus and directness  
You teach me how to walk,  
Balancing through action  
Instead of misusing talk.



I stand straight in your presence,  
I hold my head up high,  
With my feet rooted in Mother Earth,  
My arms embracing Father Sky.





Walks Tall Woman by  
White Star Eagle

## Clan Mother of the 11<sup>th</sup> Moon Cycle Walks Tall Woman Her Color is White

Guardian of Leadership and Keeper of New Paths;  
Mother of Beauty and Grace;  
Keeper of Innovation and Persistence;  
Role Model of Health, Physical Fitness, Stamina, and  
Letting the Heart's Desire take the Lead;  
Keeper of Personal Impeccability;  
Guardian of All Forms of Inner Strength.

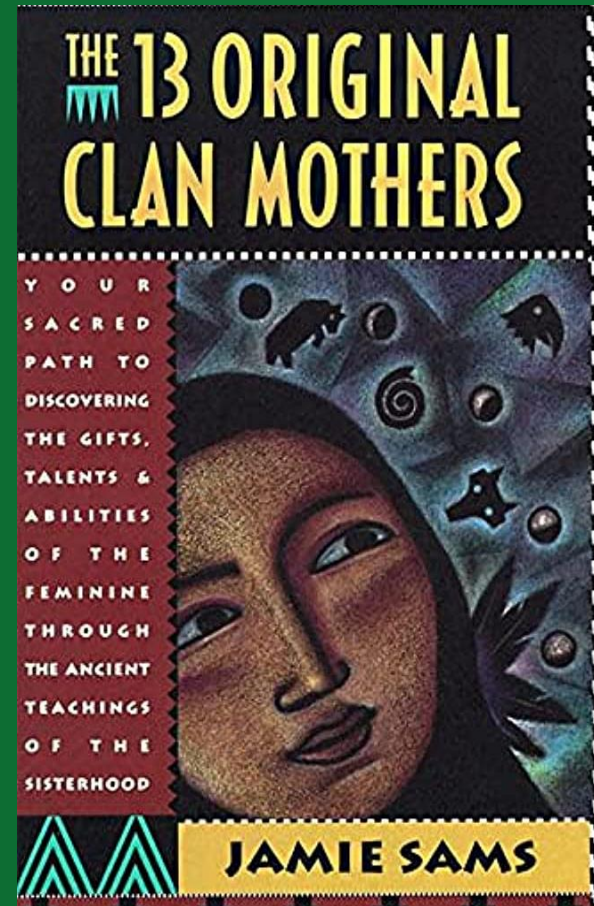
She teaches us how to walk our talk and our truth. by  
example and actions

She teaches us how to be proud of our accomplishments  
through healthy self-esteem, not self-importance.

She teaches us that through our relationship with the universe, great mystery and life  
itself how to know honour, respect and love ourselves and our spirit.

She teaches balancing work with rest, relaxation, and play. How to:

- 1) BE our personal best and still be vulnerable and human.
- 2) Keep our bodies and minds flexible, in good health in balance with action and rest
- 3) Seek and find new paths of growing and learning, leading through example.
- 4) Develop inner strength, attract and release when helpful
- 5) Walk the Truth



Nov 3, 2024  
6 pm

Ceres

Nunki

Winter Solstice

Kaus Australis

Venus

Girtab

Shaula

Antares

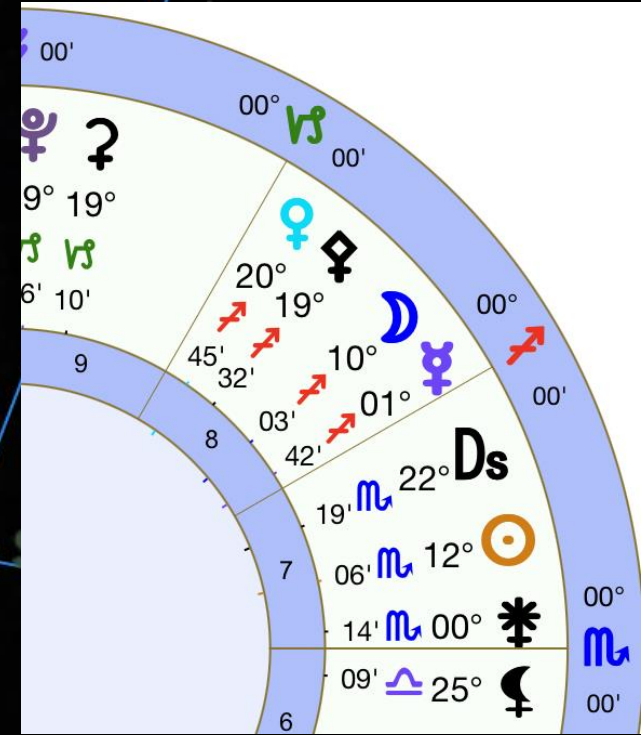
Sargas

Wei

The Moon

Mercury

Star





**Nov 4, 2024  
6 pm**

Pluto Jan  
Ceres  
Nunki  
Kaus Australis  
Shaula  
Sargas  
Antares  
Winter Solstice  
Venus  
The Moon  
SW

**Nov 4, 2024  
4:50 pm**  
00B Venus (25°)  
Moon (28°) Exact  
Aligned with  
Rasalhague

**Rasalhague**  
22° Sag 47'

**Nov 4, 2024  
6 pm**

Pluto Jan  
Ceres  
Nunki  
Kaus Australis  
Shaula  
Sargas  
Antares  
Venus  
The Moon  
Winter Solstice  
Rasalhague 22° Sag 47'

**Nov 4, 2024  
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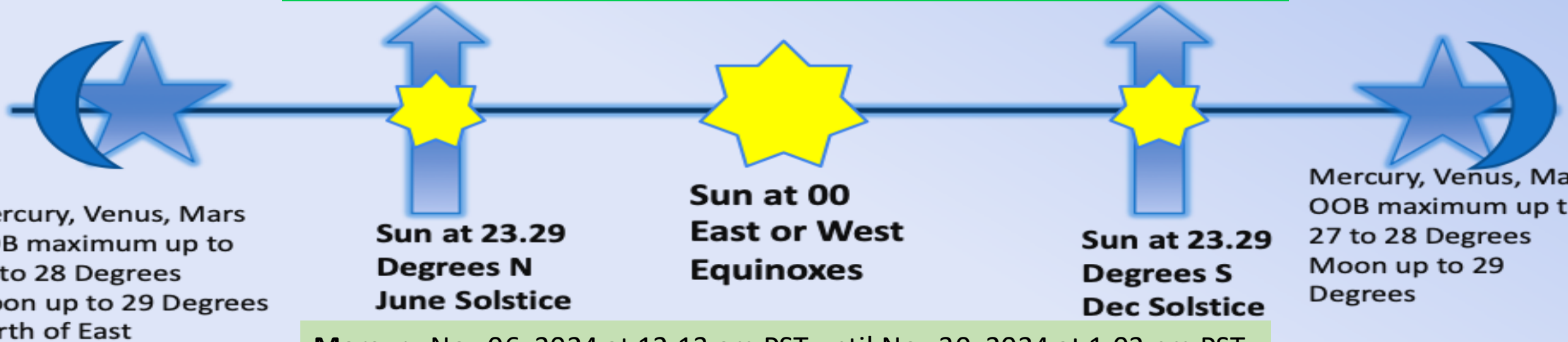




# Venus, Mars, and Mercury all go Out of Bounds Usually when in mid-Gemini to mid-Cancer or mid-Sagittarius to mid-Capricorn

**Any Out of Bounds (OOB) planet is known for reaching beyond the established current cultural reality. It is a Wild Card factor - disrupting what we think we know is real to expand possibilities in unusual ways!**

Venus Oct 25, 2024 at 06:33 pm PDT until Dec 03, 2024 at 10:15 pm PDT

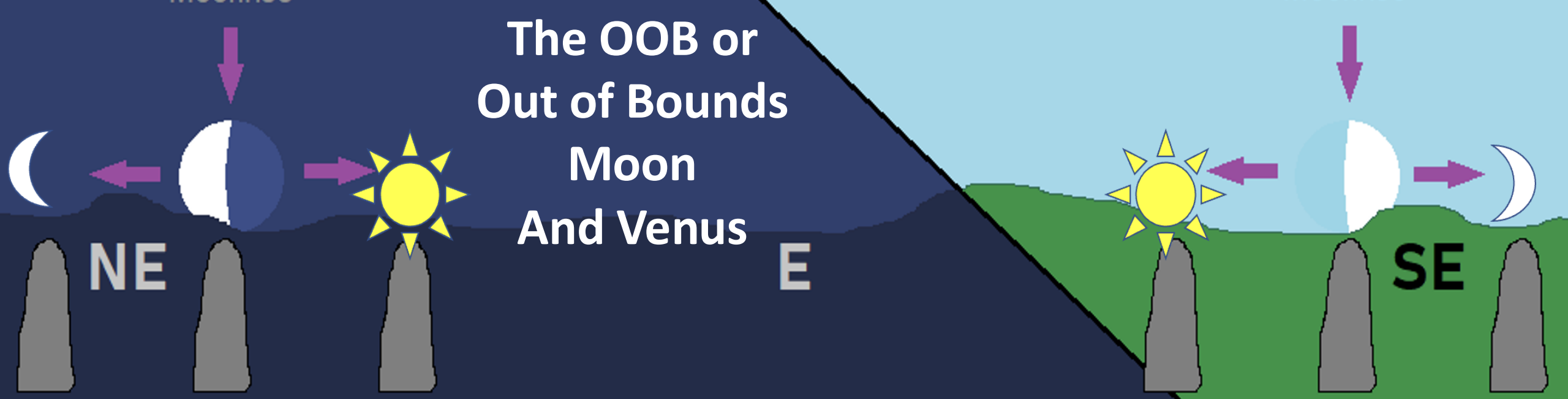


Mercury Nov 06, 2024 at 12:13 am PST until Nov 30, 2024 at 1:02 pm PST

Mars Dec 30, 2024 at 07:35 pm PST until Apr 06, 2025 at 11:42 am PDT

**General Key Words for Out of Bounds Planets:** Unpredictable, Wild, Brilliant, Creative, Alternative Perspectives, Thinking and Acting Outside the *Box*, Dissolving Boundaries, Daring, Exploring Unlimited Potential (Note: there are specific insights for each planet)





**The Lunar Standstill Center Point occurs when the Nodes Reach Zero Aries/Libra  
January 11, 2025 and again August 18, 2043**

**About every 19 years the Moon Reaches its Most Extreme Maximum Declination  
beyond the Sun Rise or Set as shown above.**

**The Most Extreme Window occurs about 2 years before to about 2 years after  
The most extreme declination is about  $28.5^{\circ}$  up to almost  $29^{\circ}$  North or South!**

**Venus is Out of Bounds from Oct 25 to Dec 03, 2024  
and won't go Out of Bounds again until Dec 22, 2025 to January 03, 2026**



Nov 4, 2024  
6 pm

Rasalhague  
22°Sag 47'

Pluto Jan

Ceres

Nunki

The Archer

Winter Solstice

Ophiuchus  
The Serpent Bearer

Kaus Australis

Venus

The Moon

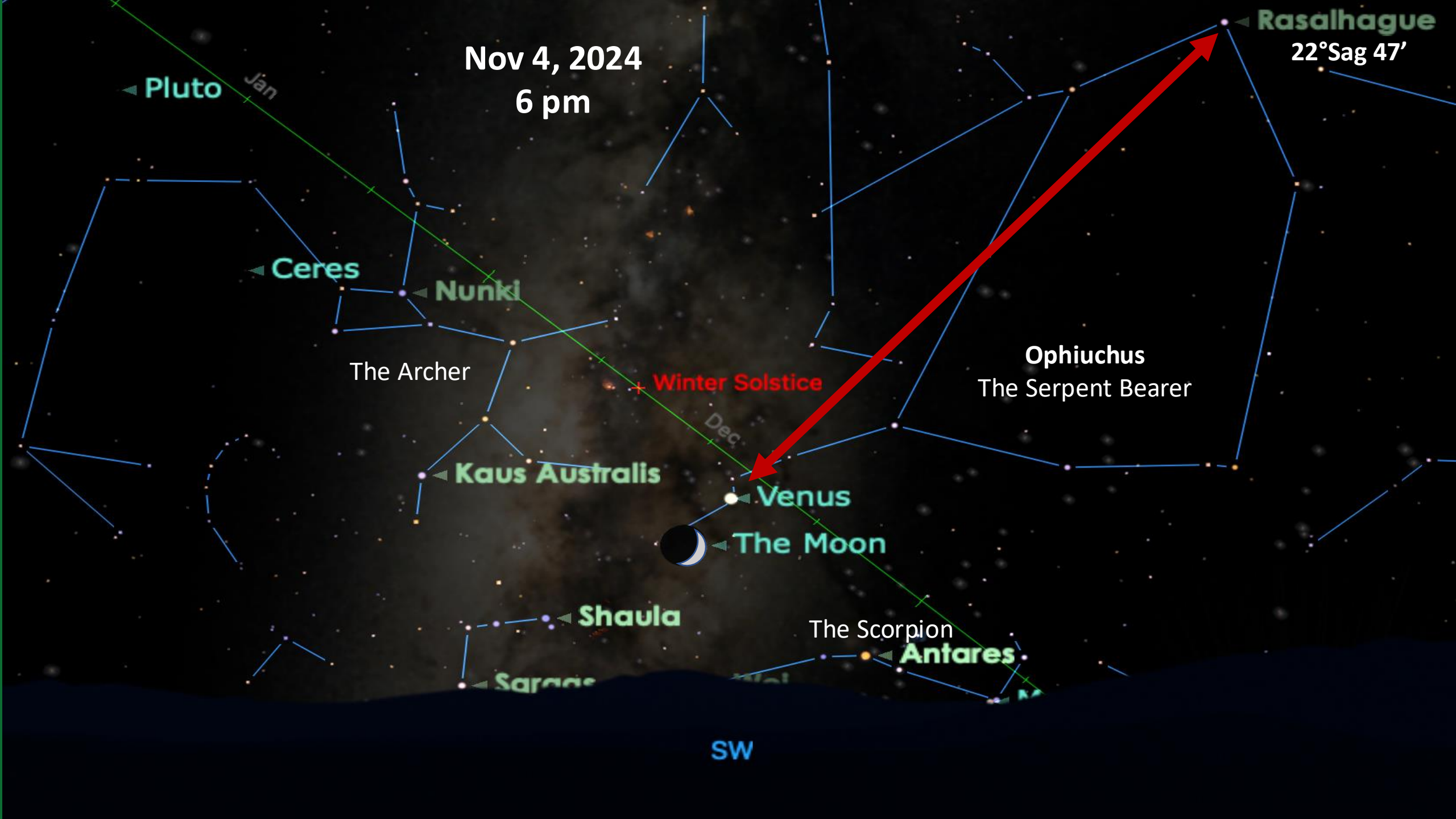
Shaula

The Scorpion

Antares

Sargas

SW





Nov 5, 2024  
6 pm

The Goat Fish

Pluto

22°Sag47'

Ceres

12° Cap 43'

Ophiuchus  
The Serpent Bearer

The Moon

Winter Solstice

Venus

The Archer

Kaus Australis

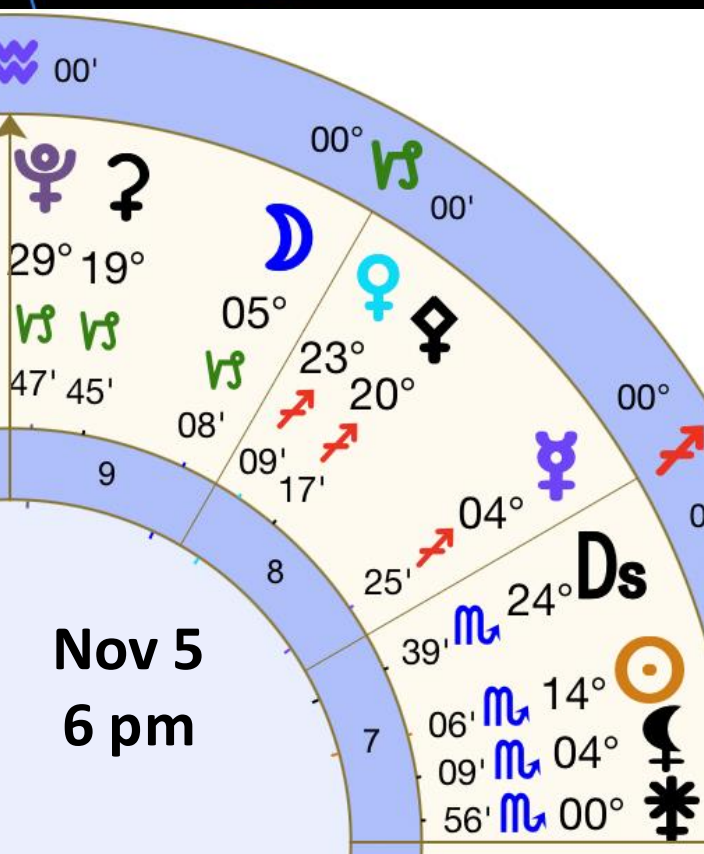
Shaula

Antares

The Scorpion

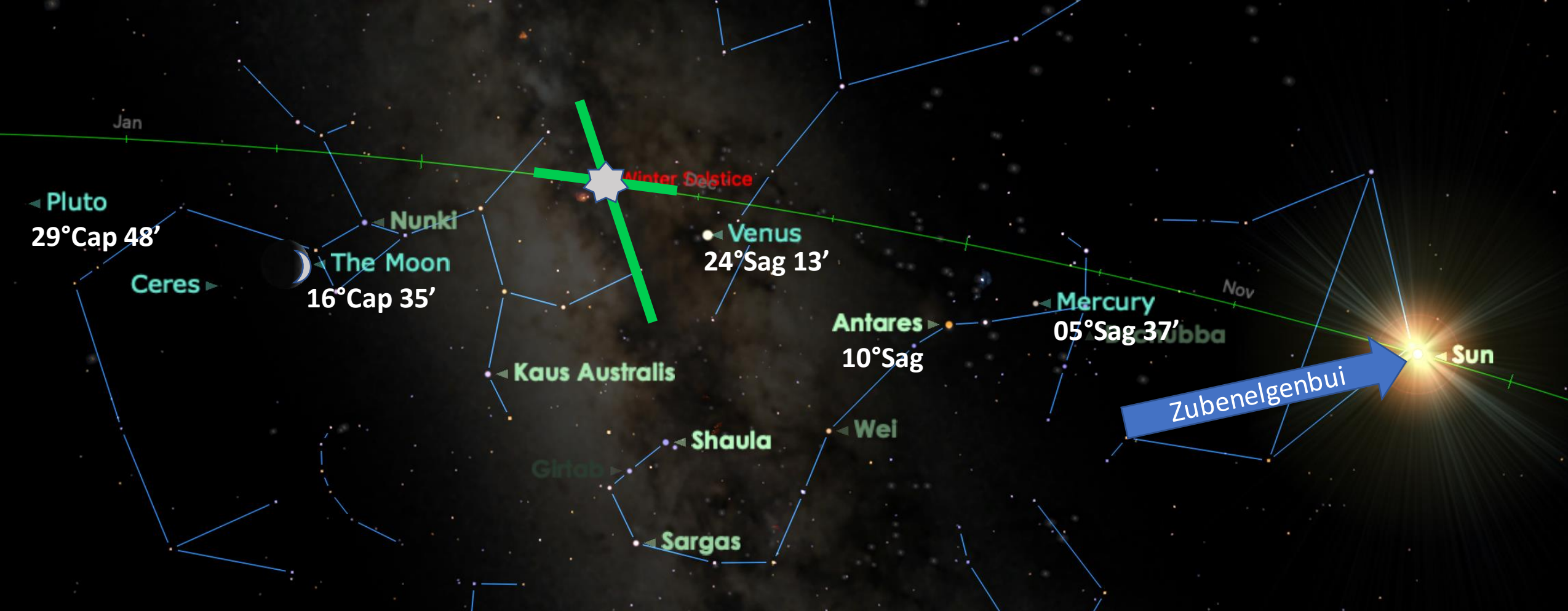
Mercu

SW



Nov 5  
6 pm





Sun Reaches 15° Scorpio on Nov 6, 2024 at 3:22 pm

Marking the exact Cross-Quarter between the Sep Equinox and the Dec Solstice  
Aligned with the Star Zubenelgenubi



## Leo Evening Star Heart Chakra Gate



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Oct 30 Mercury 25°Scorpio 56' opposite Uranus 25° Taurus 56' at 3:15 pm  
Nov 01 Scorpio New Moon (09° Scorpio 35') at 5:47 am near Khambalia star of secret knowledge  
Nov 02 Mercury enters Sagittarius at 10:19 pm  
Nov 03 Mars 29° Cancer opposite Pluto 29° Capricorn, Venus 20° Sagittarius opposite Jupiter Rx 20°Gemini  
Nov 03 Venus 20° Sagittarius trine Chiron 20° Aries, Mars enters Leo  
Nov 04 Venus meets with the Moon at the Heart Chakra Gate at 3:51 pm  
Nov 06 Scorpio Sun at the Cross-Quarter 15°  
Nov 09 Venus 27° Sag (with Galactic Center) square Neptune 27° Pisces  
Nov 11 Venus enters Capricorn  
Nov 15 Taurus Full Moon 24° Taurus with Uranus and Saturn stations direct  
Nov 19 Pluto returns to Aquarius for the next 20 years  
Nov 21 Sun enters Sagittarius sextile Pluto  
Nov 25 Mercury stations Retrograde 22° Sagittarius 40' until Dec 15  
Nov 27 Venus 19°Capricorn square Chiron 19°Aries  
Dec 01 OOB Sagittarius New Moon 09° Sag 33'  
Dec 02 Venus 24° Capricorn trine Uranus 24° Taurus  
Dec 04 Venus and the Moon meet at the Throat Chakra Gate





# Reclaiming the Power of our Love at the Heart Chakra with the Leo Meta-Goddess and Venus in Sagittarius

thru Nov 11

The Leo Meta-Goddess continues her journey through explorative Sagittarius, seeking her true self, experienced within her heart. The fires of Leo and Sagittarius burn brightly together. Inspired, we embark on the journey to find more love for ourselves and each other.

She emboldens us to seek the holy grail within, deep in the torus of our hearts, for she knows that's the destination of her spiritual quest. Sagittarius and Leo arrive at the same location — love within is the only true path to the Goddess. For that is the orgone energy, the prana, she radiates and gifts to us.

- What would it take to truly love myself?
- How is it I am now experiencing loving even the parts I once misjudged icky?
- What would it take to feel I am empowered in trusting my intuition and what I sense in my heart?



Venus enters Capricorn at Galactic Center  
Nov 11  
Sun will be here on the December Solstice





## Reclaiming the Power of our Love at the Heart Chakra with the Leo Meta-Goddess and Venus in Capricorn

Nov 11 – Dec 6

The Leo Meta-Goddess now enters steady, earthly Capricorn, guiding the Sun towards the Dec Solstice. We uncover self-love through the ancient wisdom of Capricorn. Grounded in nature, we discover more layers to our hearts and our capacity to love.

We learn to serve the world through our love, becoming the sage who knows she is a superconductor of love. That is our grandmother-guided mission — to feel complete unconditional love for ourselves that then overflows from our giant heart's electromagnetic field into the auras of others and merges with the heart of the Earth herself.

- What would it take to feel the power of my love even more?
- How is it that I now feel my love for myself self surging out into the world?
- What would it take for me to be so empowered in loving myself that it changes the world?

Art by Autumn Skye



# Demons of the Leo Heart Chakra

©Venus Alchemy

Anger Demon

Mistrust Demon

Imperfect Demon

Insufficient Demon

Inadequate Demon

Incompetent Demon

Giving to Get Demon

Feeling Defective Demon

Selfish Ego-Centric Demon

Demons of Suspicion and Doubt

Fear of loving ourselves Demon

Controlling Others through With holding Love Demon

Name yours \_\_\_\_\_





# Honoring the Goddess Venus

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- **Venus** — Roman
- **Aphrodite** — Greek
- **Astarte** — Canaan
- **Ishtar** — Babylonian
- **Inanna** — Sumerian
- **The Goddess** — before writing

Art by Autumn Skye





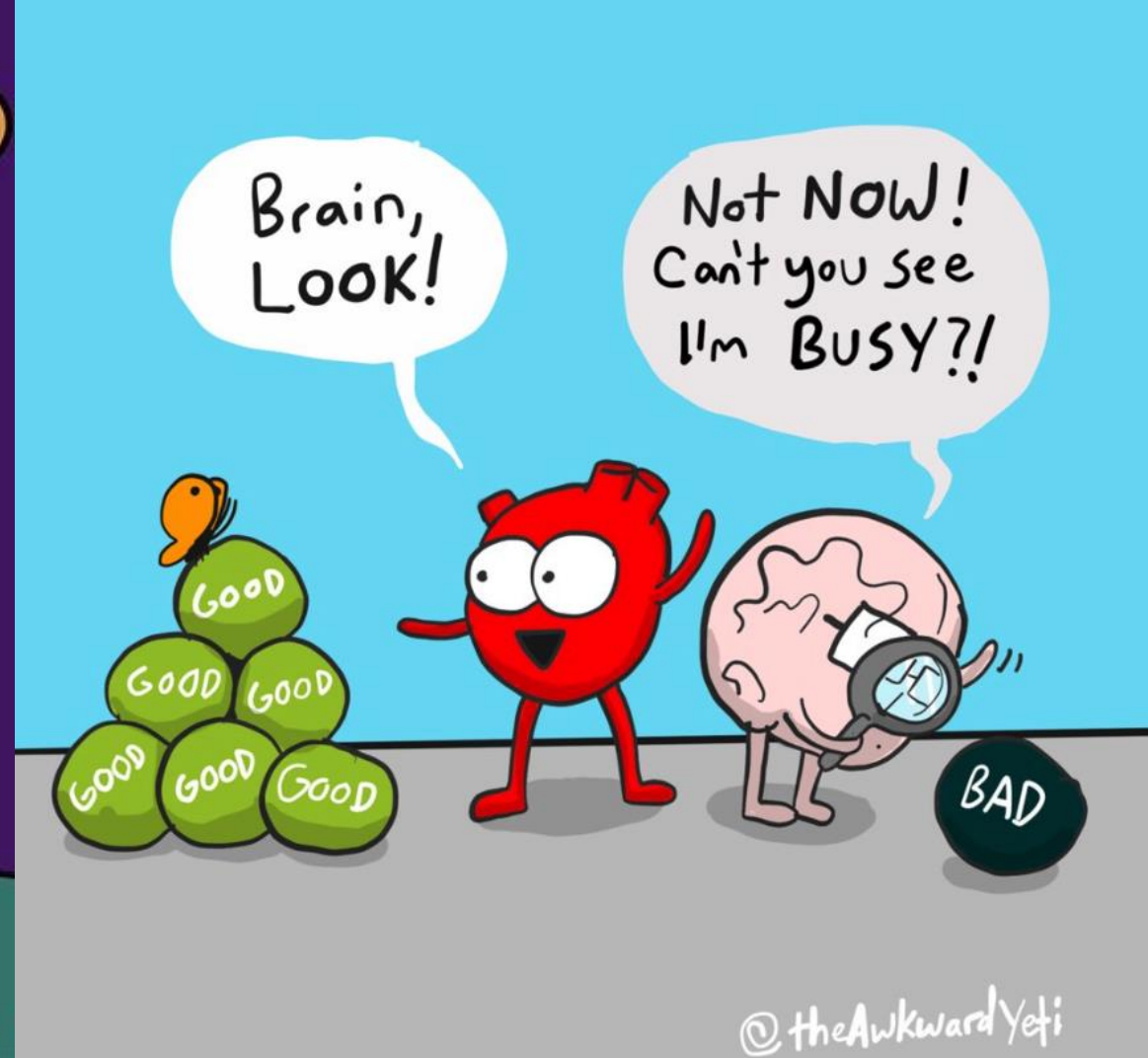
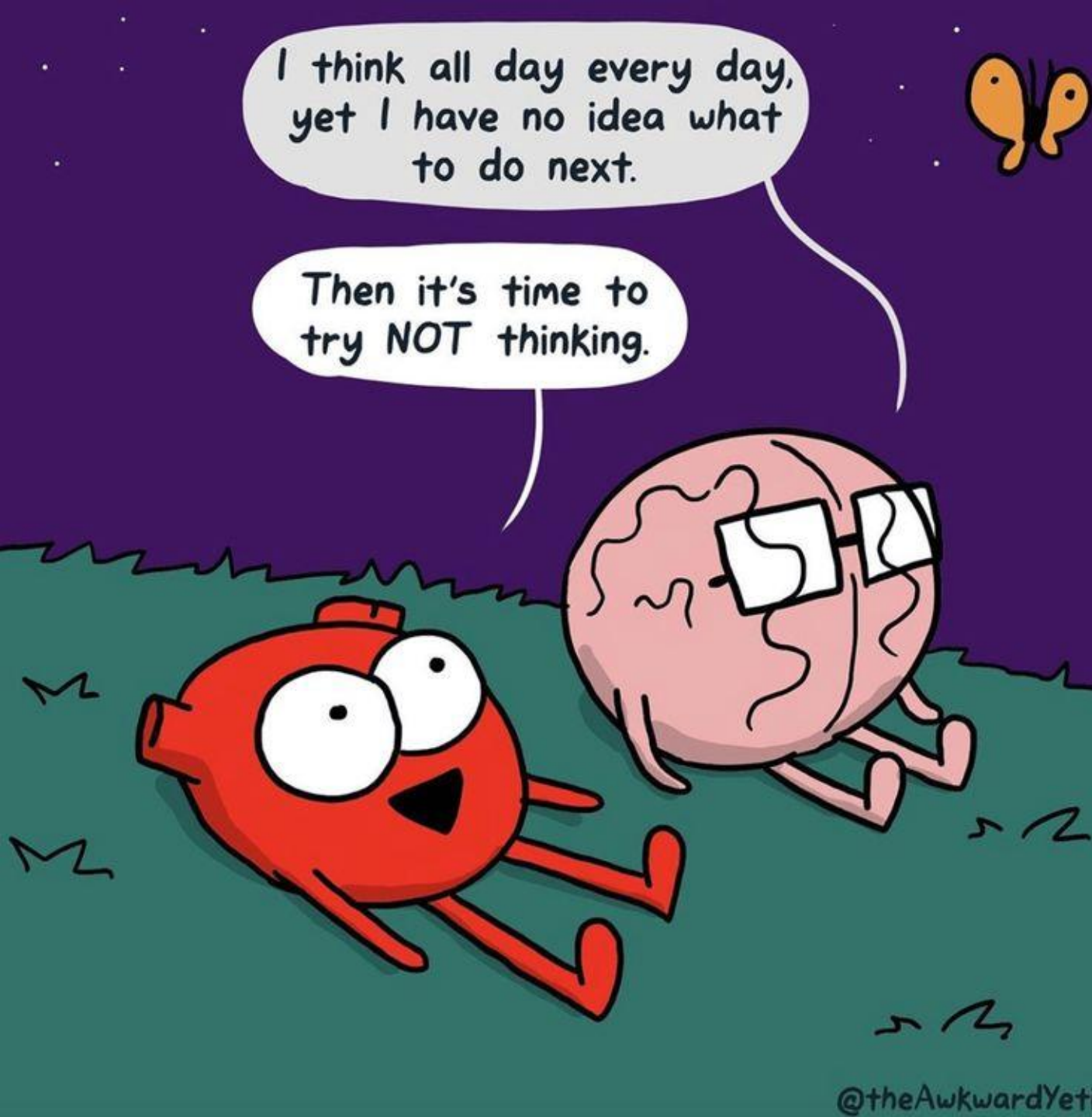
Stories and Beliefs — impediments to reclaiming the power of love for ourselves

- I'm not good enough
- I'm not loveable
- There's something wrong with me

Formula for Changing our Beliefs

Fact or Fiction — our beliefs are only true because we believe them





This is the time to follow your  
Heart into greater Acceptance,  
Intuitive Knowing, Joy and  
Radiant, Ecstatic, Self-Love...

# At the Leo Heart Chakra Ascent Gate Are You Willing To:

- Reclaim and/or strengthen a loving relationship with yourself and with others generously forgiving past mistakes and letting go of overthinking?
- Claim you deserve to love and be loved?
- Forgive any ways you have given up who you are and your unique creative expression to fit into what has been expected of you by family, community, a primary relationship or your work?
- Forgive yourself for any personal mistakes that were most likely rooted in unconscious trauma driving your reactions and life choices?





# The Leo Meta Goddess at the Heart Chakra Asks:

*How is it I am  
experiencing the best  
most Vital, Alive,  
Ecstatic, Super Fun  
Love Affair with My  
Self and My Life?*

©Venus Alchemy





# Touchstones - Heart Chakra

## *Daily Connecting Practices*

### *Reminders*

- Altars
- Meditations
- Mantras/Mudras
- Gems or Crystals
- Candles
- Aromatherapy
- Flower Essences
- Jewelry
- Herbs
- Yoga
- Looking for Venus — one of our favs 😊





# Home Play

## Deepening Practices

- Create/Renew/Connect with your **Venus Altar**
- Continue with or initiate a **Venus Journal**
- See if you can see **Venus with the Moon Nov 3, 4, 5**
- Spend time with Venus in the **Evening Sky**
- **Ceremony** With Venus & Moon in Evening Sky
- Evening Star **Venus Buddy** Check-In (signup on class page)
- Set your **intention** for what you are **reclaiming** and work with any questions listed that resonate with you
- Listen to Guided Journeys and Meditations, most especially the **Heart Chakra Meditation** by Cayelin (16 min)
- **Share** your experiences and insights on Facebook



**Check out the New Heart Chakra Video on the Heart Chakra Page for additional practices and insights including essential oils, forgiveness, appreciation/celebration and heart directed breathing practices**

A person with long, dark hair is seen from behind, looking out over a body of water towards a bright, hazy horizon. The person is wearing a light-colored, long-sleeved shirt. The background is a soft, golden light, suggesting a sunrise or sunset. The water is calm, and the horizon is a bright, hazy line. The overall mood is peaceful and contemplative.

Connect with Yourself — Morning and Evening Practices



Change —It's  
all about  
baby steps



*Ceremony*







# Connection Groups

## Guidelines

Joining the Groups is Optional – feel free to take off if you're done for today

Purpose is to foster community, connection and offer mutual support

We are here to listen and be heard (please, no cross talking or interrupting)

We are not here to fix or judge – just listen

Give everyone an opportunity to share (be mindful of the time)

Feel free to continue the conversation by mutual agreement via personal messaging after the class

# Connecting Conversation

Start with Your Name

Where You are From

Suggested Topics:

- What has been your experience with the Solar Plexus Chakra Gate?
- Any highlights or lowlights?
- What is your intention for the Heart Chakra Gate?

