



**Venus Alchemy
Leo Evening Star**

Throat Chakra/5th Gate
The Voice of the Goddess
Reclaiming Healthy Communication
and Creative Expression

with Cayelin K Castell and Sheridan Semple

The image features a row of nine women standing on a dark horizon, holding hands. They are silhouetted against a vibrant sky with a large, colorful rainbow arching over them. The sky transitions from blue on the left to yellow and red in the center, then back to blue on the right. A large, semi-circular blue graphic element is on the right side of the image, containing the text.

Opening Sacred Space

Leo Meta Goddess Invocation

Oh Inspiring, Magical, Radiant Shining One,
Queen of All Realms including Heaven and Earth
Inspired by Your Brilliant Love Light
Guide Us Into the Depths of Your Sacred Mysteries

Thank you for Blessing Us With Your Radiant Love Light,
Transforming All Lower Vibrational Energy
Into the Higher Vibrational Energy Of Loving Kindness
The Divine Love Light that has always been our Birthright

Thank you for Guiding US to Genuinely Experience
Healthy Self Love, Self Confidence, and Self Respect
No Matter What is happening in Our Outer Reality

Thank you for Assisting US in transforming our Voice
So WE know how to Truly and Creatively Love Our Selves
And In So Doing – We Inspire Others To Do The SAME

It is DONE! It is SO! And so it IS! Blessed Be!!!



**Black granite
statue of the
goddess
Sekhmet
excavated at
Ramesseum
in Thebes
Egypt 1405-
1367 BCE Late
18th Dynasty
Penn Museum**

Leo Queen Goddess Prayer

© Venus Alchemy

Claiming Healthy Communication

Beloved Wondrous, Radiant and Mighty Queen Goddess

You Who Know and Use the Power of your Voice as a Magical Tool

Thank you for Guiding Me to Reclaim a Confident, Compassionate, Loving Voice

Sharing Heart-Felt, Kind, and Insightful Truth with Myself and the World

Including Speaking in Ways that Promote More Authentic Connections

AND Knowing how best to Express the Creative Power of my Voice...

So I am Skillfully Using My Words to Promote Peace, Harmony and Delight

Expressing Gratitude and Appreciation when Appropriate

Knowing When To Deeply Listen ... even when I don't agree

Honoring and Respecting Points of View that Differ from Mine.

Thank you for Guiding me to know the best ways to

Be More Discerning and Forthright

Courageously Taking Responsibility for all that I Say and Do

Thank you for Guiding Me to Trust Myself to Speak and Act Co-Creatively

Using My Voice to bring MY Wisdom, Magic and Special Gifts into Manifest Form.

KNOWING What Is Truly Mine to Say or NOT Say in all situations

So, my words are Beneficial to All Life.

It is Done, It is SO and All Heaven and Earth Rejoice. Blessed Be!



Overview

Sky Magic

Leo Meta Goddess in Capricorn & Aquarius

Demons at the Throat Chakra

Honoring the Queen Goddesses

Deepening Practices

Throat Chakra Ceremony

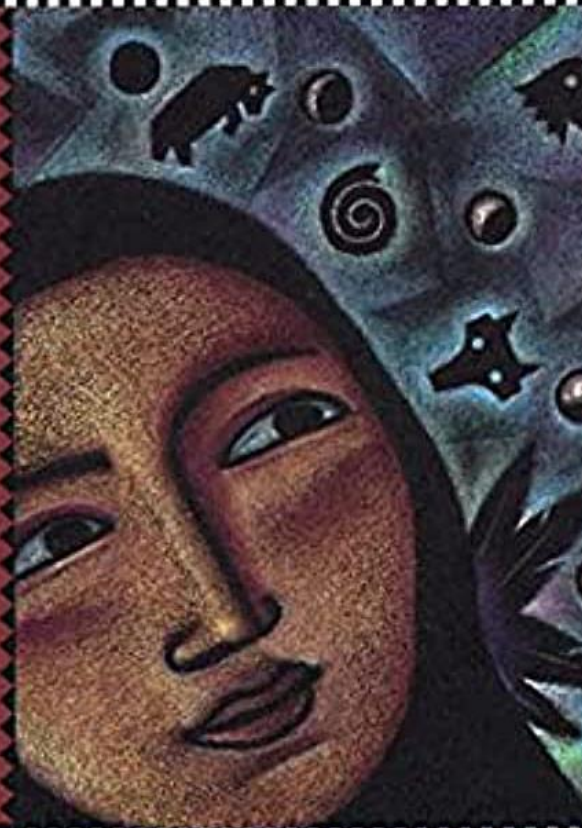
Q and A

Connection Groups – stay if you want to connect



THE 13 ORIGINAL CLAN MOTHERS

YOUR
SACRED
PATH TO
DISCOVERING
THE GIFTS,
TALENTS &
ABILITIES
OF THE
FEMINE
THROUGH
THE ANCIENT
TEACHINGS
OF THE
SISTERHOOD



JAMIE SAMS

December New Moon 12th Moon Cycle Clan Mother Gives Praise

Thank you, Mother, for teaching me
To lift my heart in praise
Filling my spirit with Gladness
For the Blessings of the Beauty Way.

You have taught me how to sing,
How to Rejoice, Dance and Drum,
And How to show my Gratitude
For the Abundance that will come.

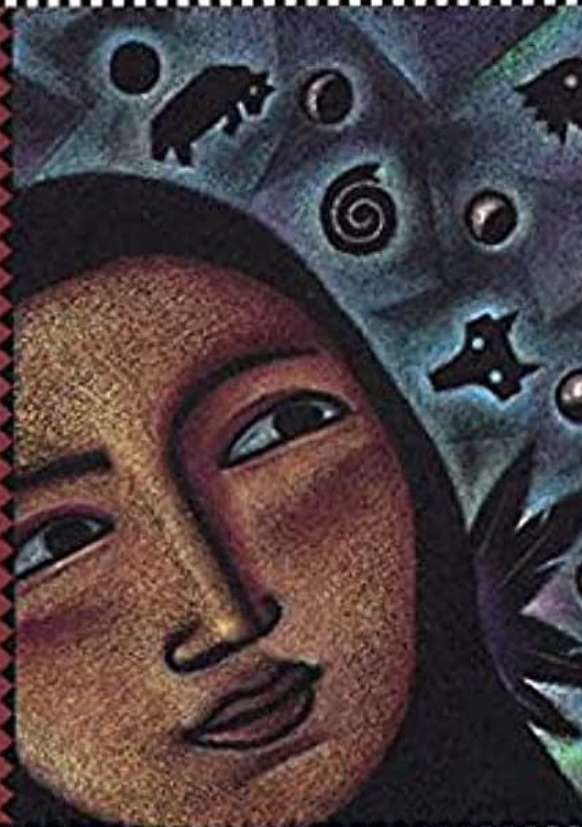
You have shown me the magic of
A change in the mind and heart,
An Attitude made of the wisdom
That celebration of life imparts.

I sing the truth of thankfulness,
When I greet Grandfather Sun,
Then send my love to Mother Earth
For the Life Force that makes us One.



THE 13 ORIGINAL CLAN MOTHERS

YOUR
SACRED
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DISCOVERING
THE GIFTS,
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OF THE
SISTERHOOD



JAMIE SAMS

December New Moon

12th Moon Cycle Clan Mother
Gives Praise

Teaches us how to be grateful for everything we experience in life.

The power of Returning thanks for all Creator has given us; shows us how to make space in our lives for future abundance.

Showing Creator we are thankful for all that life gives, completes the circle of blessings we have received.

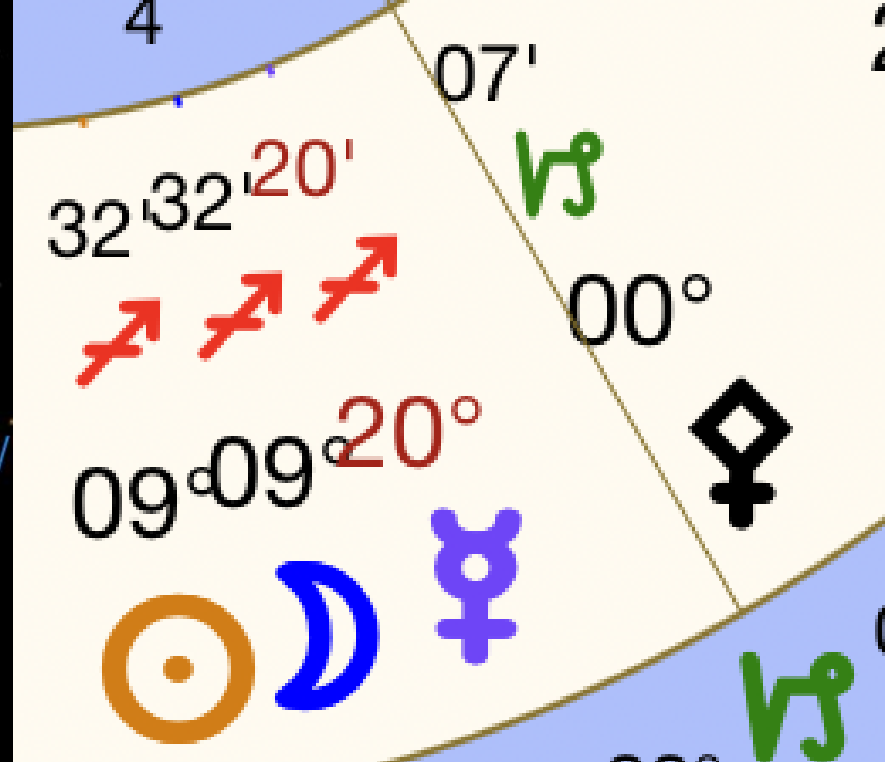
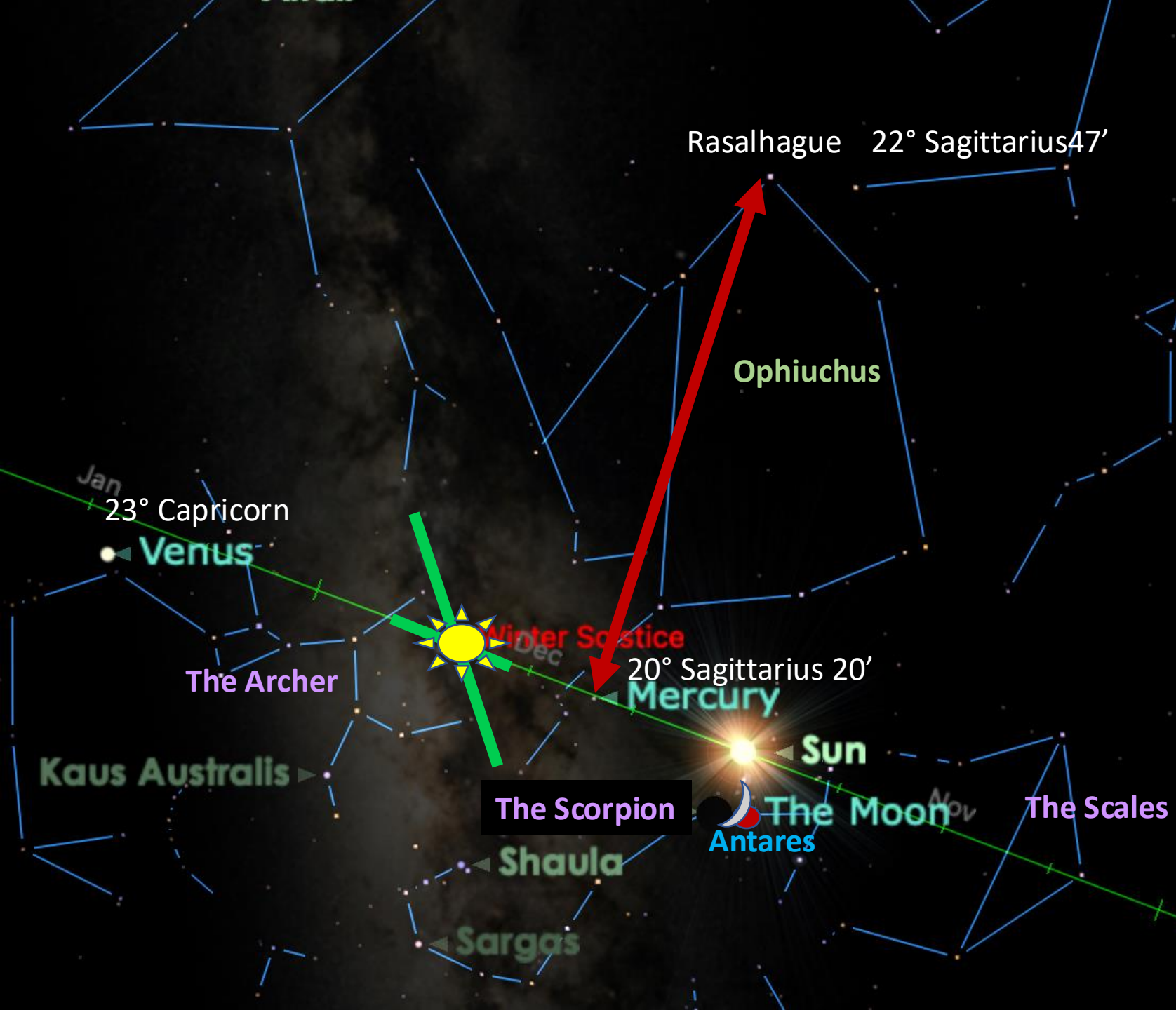
Gives Praise shows humankind that *magic is no more than a change in consciousness*. A loving, grateful attitude, changes our heart *and create miracles in our lives*.

As the Wheel of Life turns, *tangible results always follow thoughts*. Negative thoughts and fears magnetize difficult life lessons.



Gives Praise teaches us that being grateful for the Truth found in our lives gives us the right attitudes while producing miraculous healing and new paths to follow.

She is the Giver of Encouragement.



OOB Sagittarius New Moon

26° S 21'

Nov 30/Dec 01

New Crescent Dec 2

Moon Occulted

Antares 10° Sagittarius

Heart of the Scorpion

or Dragon

Antares: Key to the Golden Gate

- The ancient Egyptians passed their knowledge to the Greeks. Both believed that souls reside in the Milky Way between incarnations, and that there are 2 “gates” on the Milky Way.
- One was the Silver Gate of Gemini (or the constellation of the Twins), where souls descend toward Earth.
- The other was the Golden Gate of Sagittarius (or the constellation of the Archer), where souls ascend to other realms.
- Other versions felt human souls can ascend by either gate, but the Silver Gate leads to reincarnation and the ancestors, and the Golden Gate leads beyond the process of reincarnation and requires a choice.

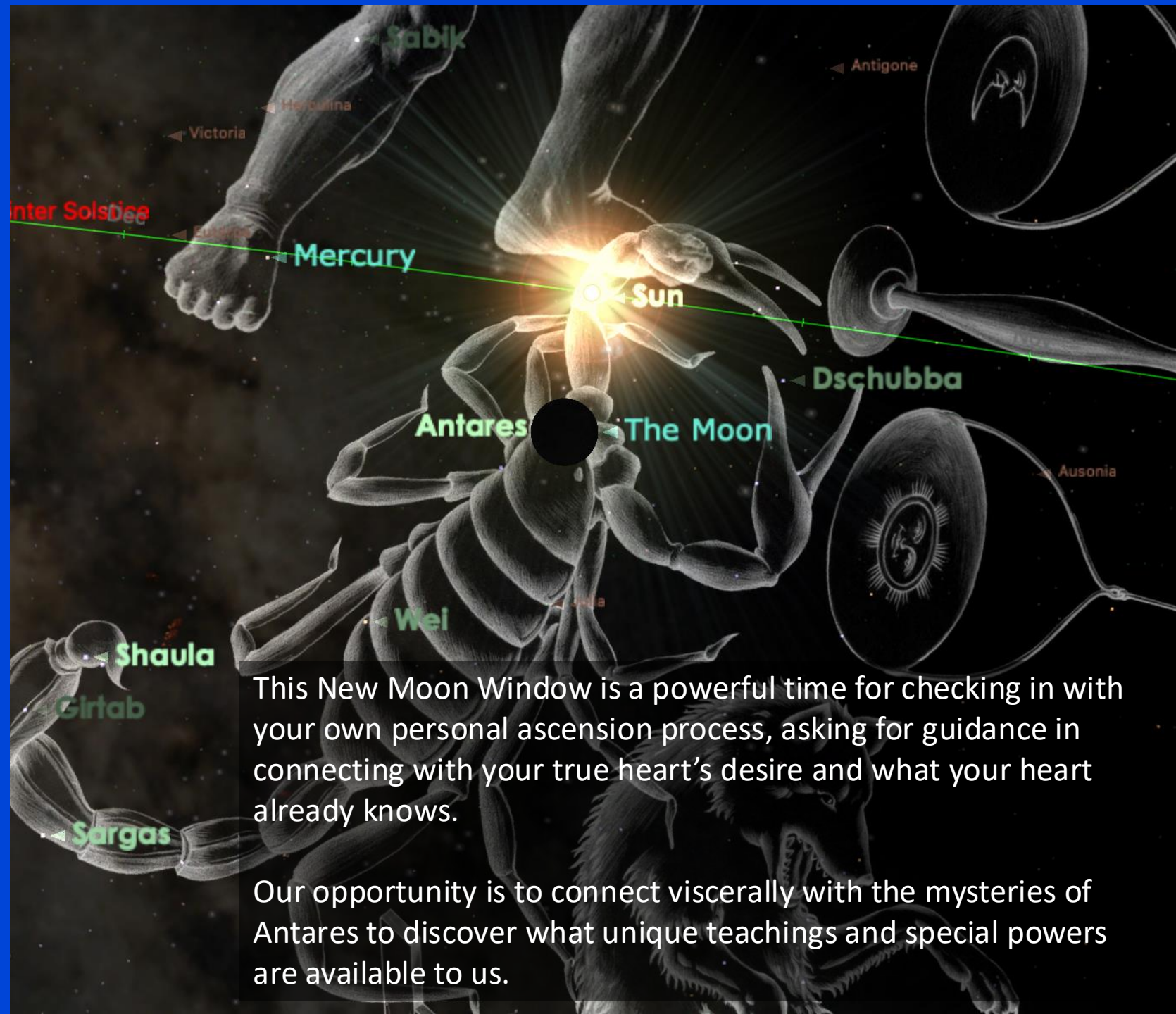


The Nov 30/Dec 1, 2024 New Moon is part of a series of Occultations over Antares that began on August 23, 2023 and will continue until August 27, 2028.

Antares is the 14th brightest star in our night sky.

This series of Moon Occultations is systematically assisting humanity in attuning our vibrational frequency with the Golden Gate by amplifying and transmitting these starry light codes to our human DNA as Earth is ascending into a new 26,000-year cycle.

Being open and receptive to these higher heart directed vibrational energies is all that is needed to facilitate a more conscious experience of this remarkable time.



This New Moon Window is a powerful time for checking in with your own personal ascension process, asking for guidance in connecting with your true heart's desire and what your heart already knows.

Our opportunity is to connect viscerally with the mysteries of Antares to discover what unique teachings and special powers are available to us.



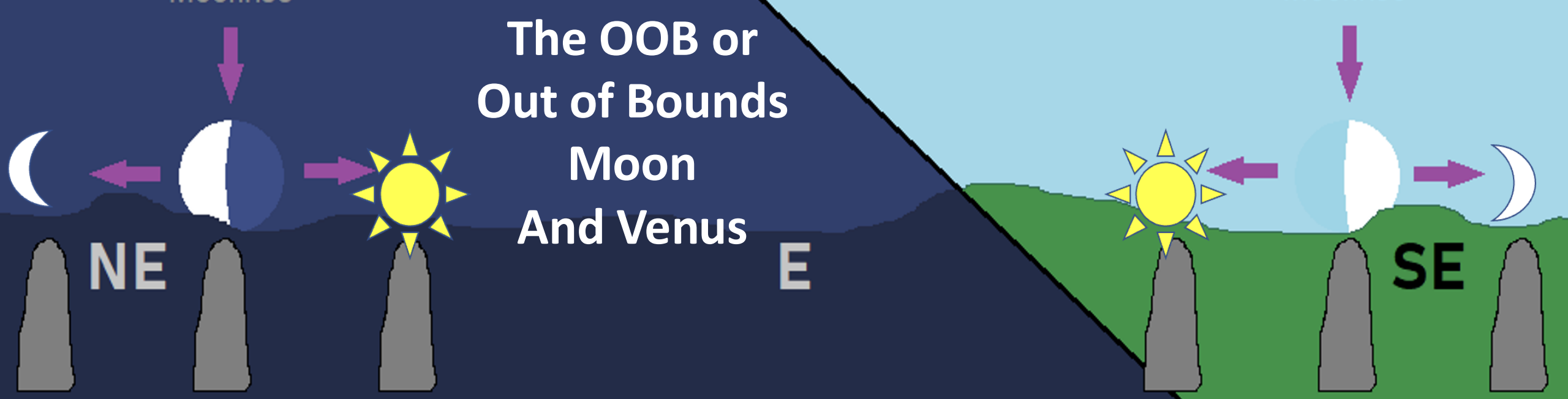
**Out of Bounds Planets Add an Unpredictable Energy
Outside the Boundaries of our Ordinary Reality**

**The Sagittarius New Moon on Nov 30/Dec 01 depending on your Time Zone is Out of Bounds
The Gemini Full Moon Dec 15 and The Capricorn New Moon on Dec 30 are also Out of Bounds**

Venus Oct 25, 2024 at 06:33 pm PDT until Dec 03, 2024 at 10:15 pm PDT

Mercury Nov 06, 2024 at 12:13 am PST until Nov 30, 2024 at 1:02 pm PST

Mars Dec 30, 2024 at 07:35 pm PST until Apr 06, 2025 at 11:42 am PDT

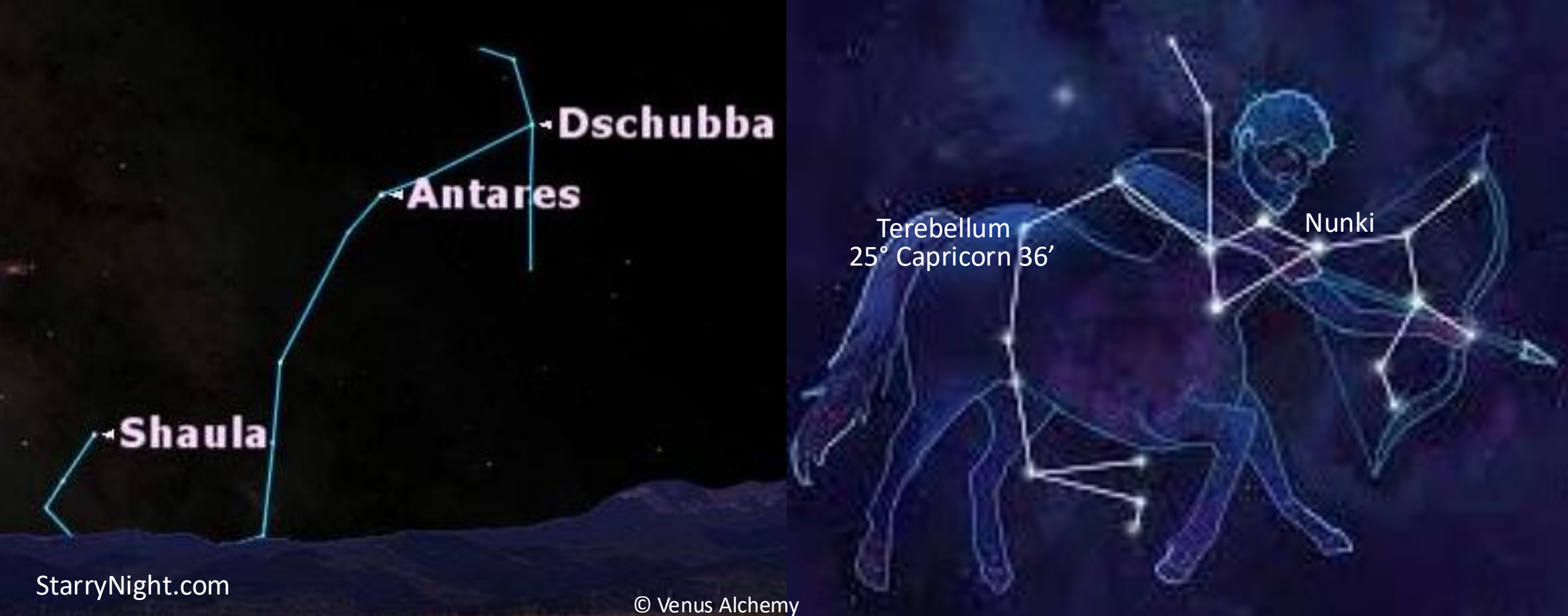


**The Lunar Standstill Center Point occurs when the Nodes Reach Zero Aries/Libra
January 11, 2025 and again August 18, 2043**

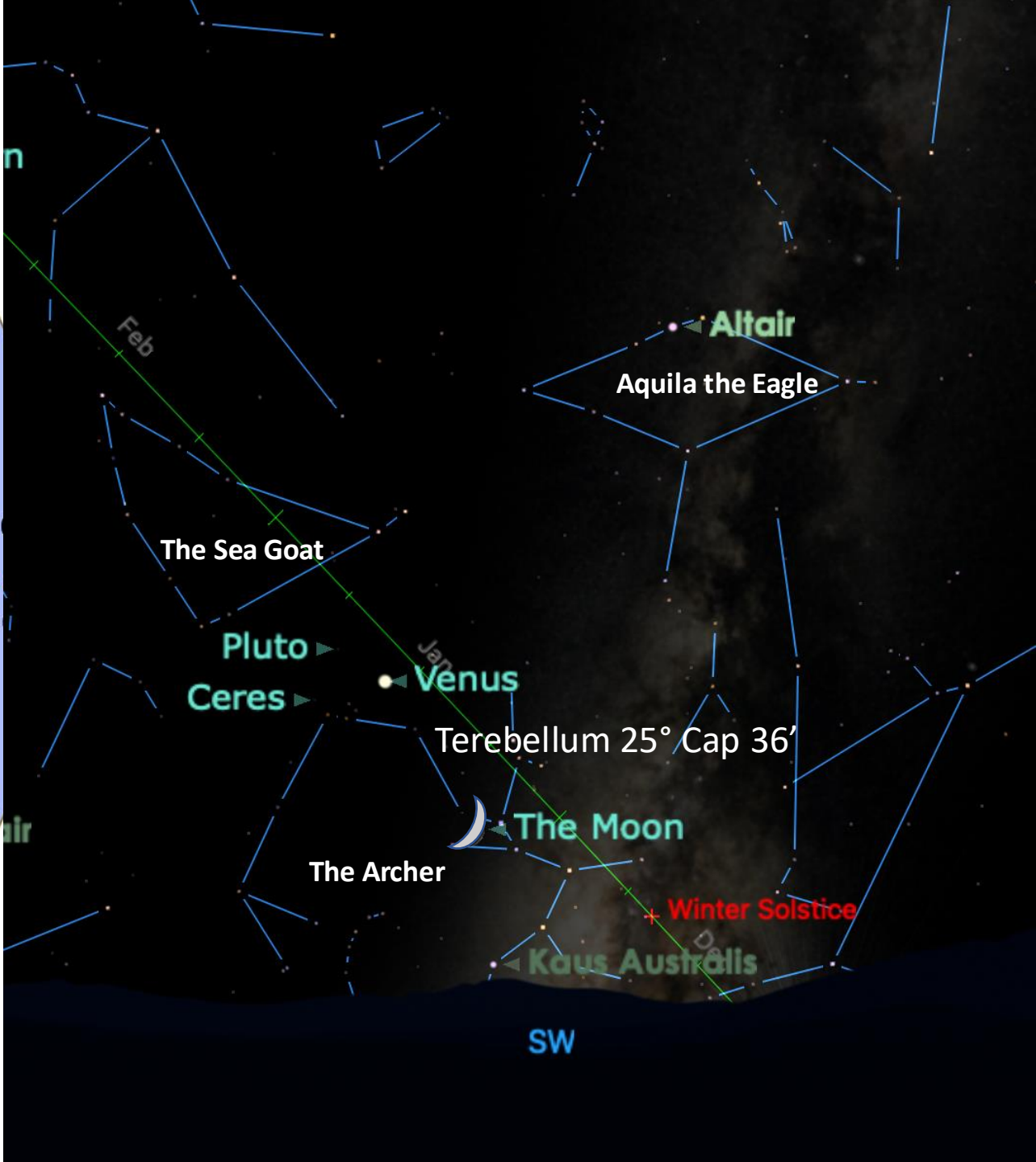
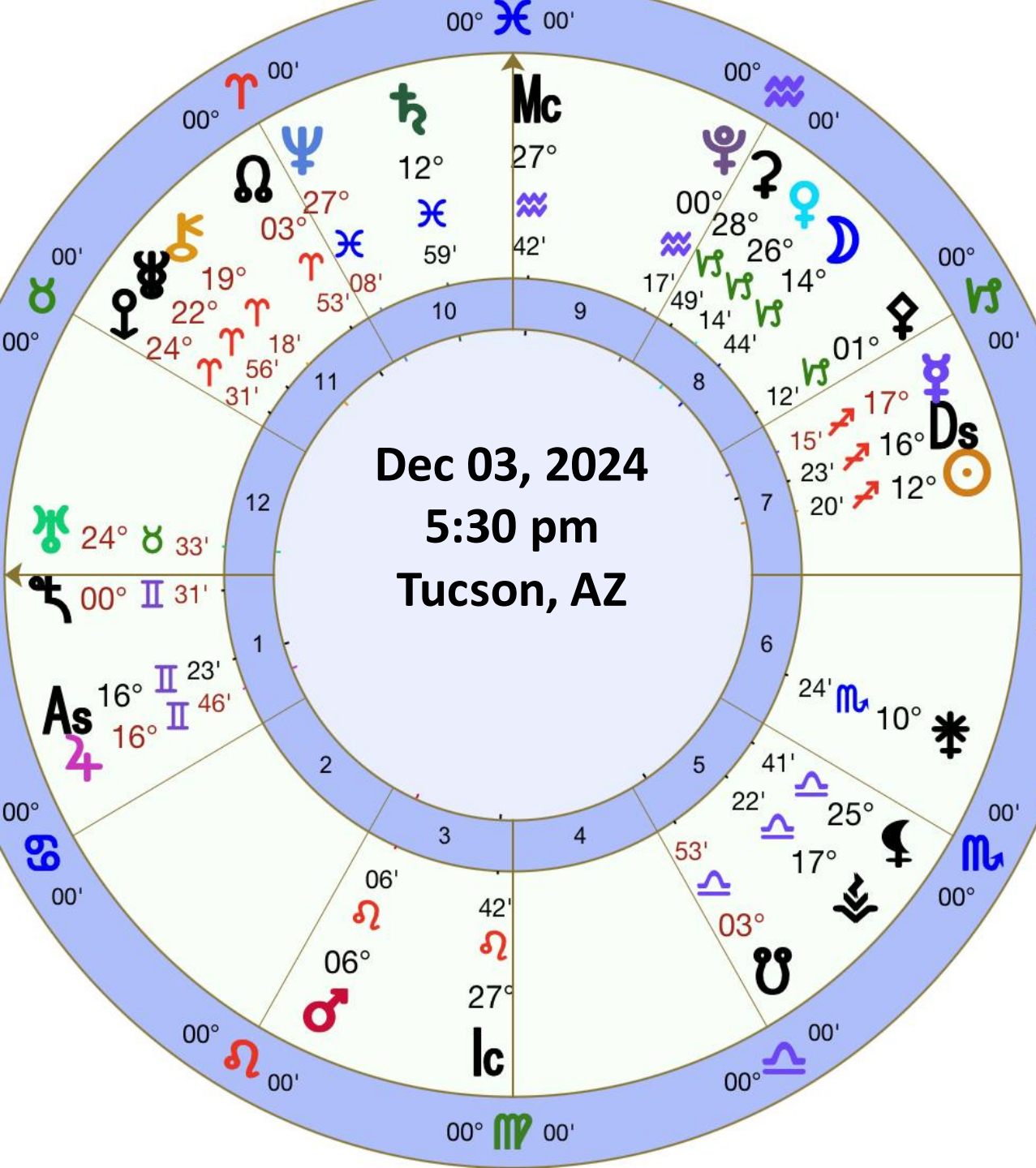
**About every 19 years the Moon Reaches its Most Extreme Maximum Declination
beyond the Sun Rise or Set as shown above.**

**The Most Extreme Window occurs about 2 years before to about 2 years after
The most extreme declination is about 28.5° up to almost 29° North or South!**

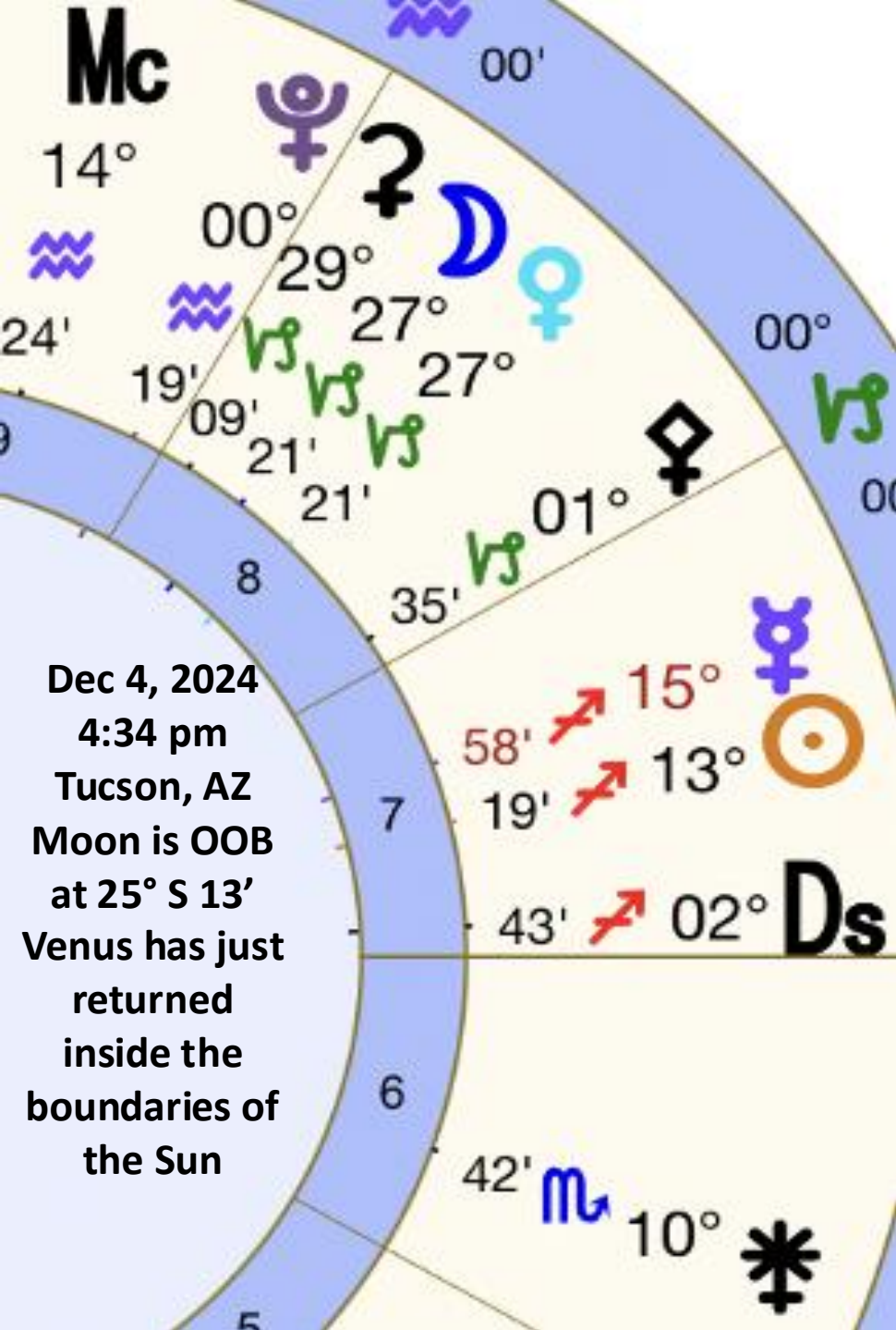
**Venus is Out of Bounds from Oct 25 to Dec 03, 2024
and won't go Out of Bounds again until Dec 22, 2025 to January 03, 2026**



**Venus Went Out of Bounds Oct 25 (8 Sag 25) near Antares
and remains in this wildly unpredictable place until December 03, 2024 (26° Capricorn)
Venus re-enters the boundaries of the Sun near Terebellum in the window of the 5th Gate
Returning to boundaries of this Earth. Venus is drawing on the strength
or power center of the horse to powerfully implement new creative ideas!**



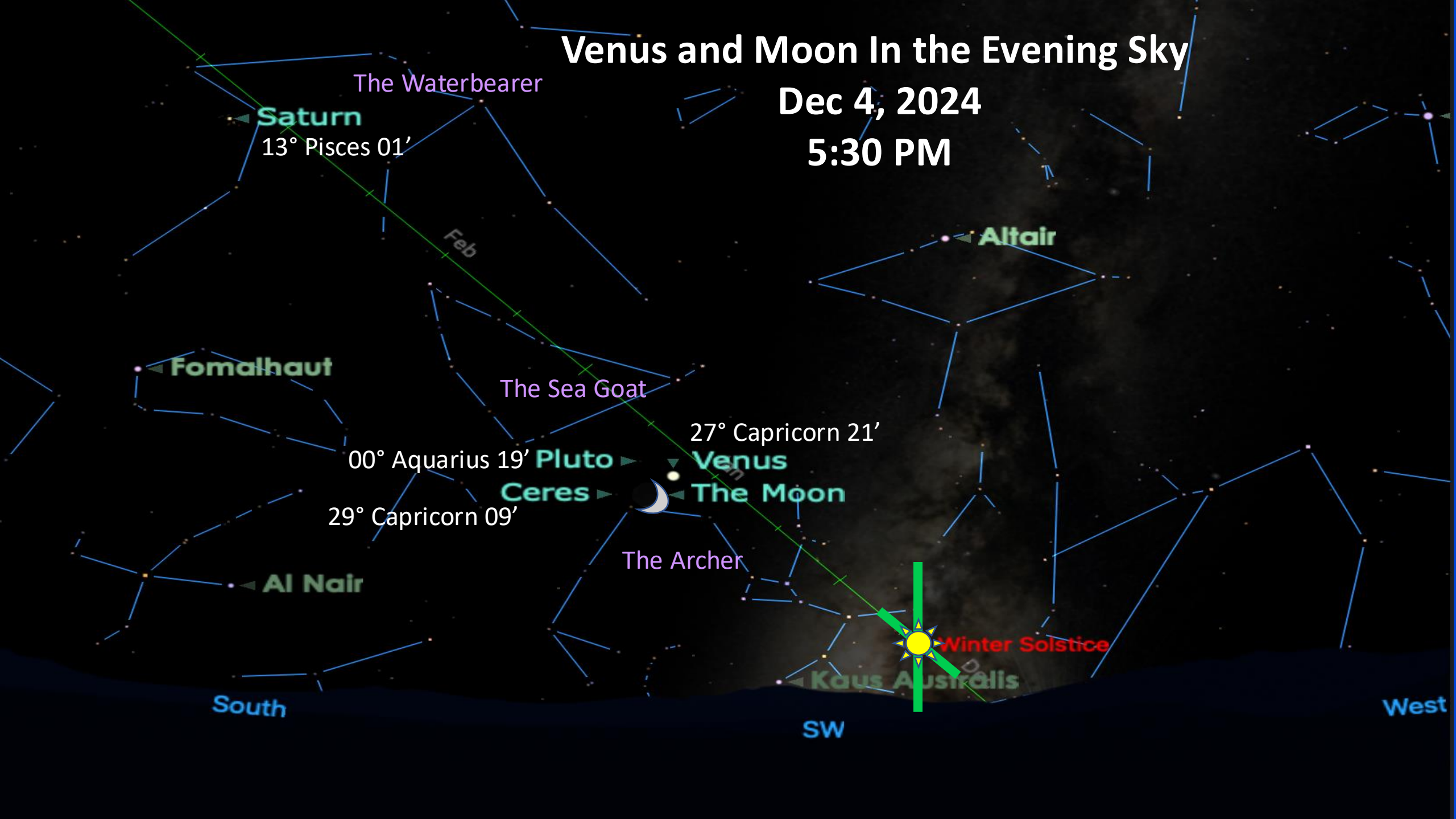
Dec 4, 2024 5:30 pm Tucson, AZ

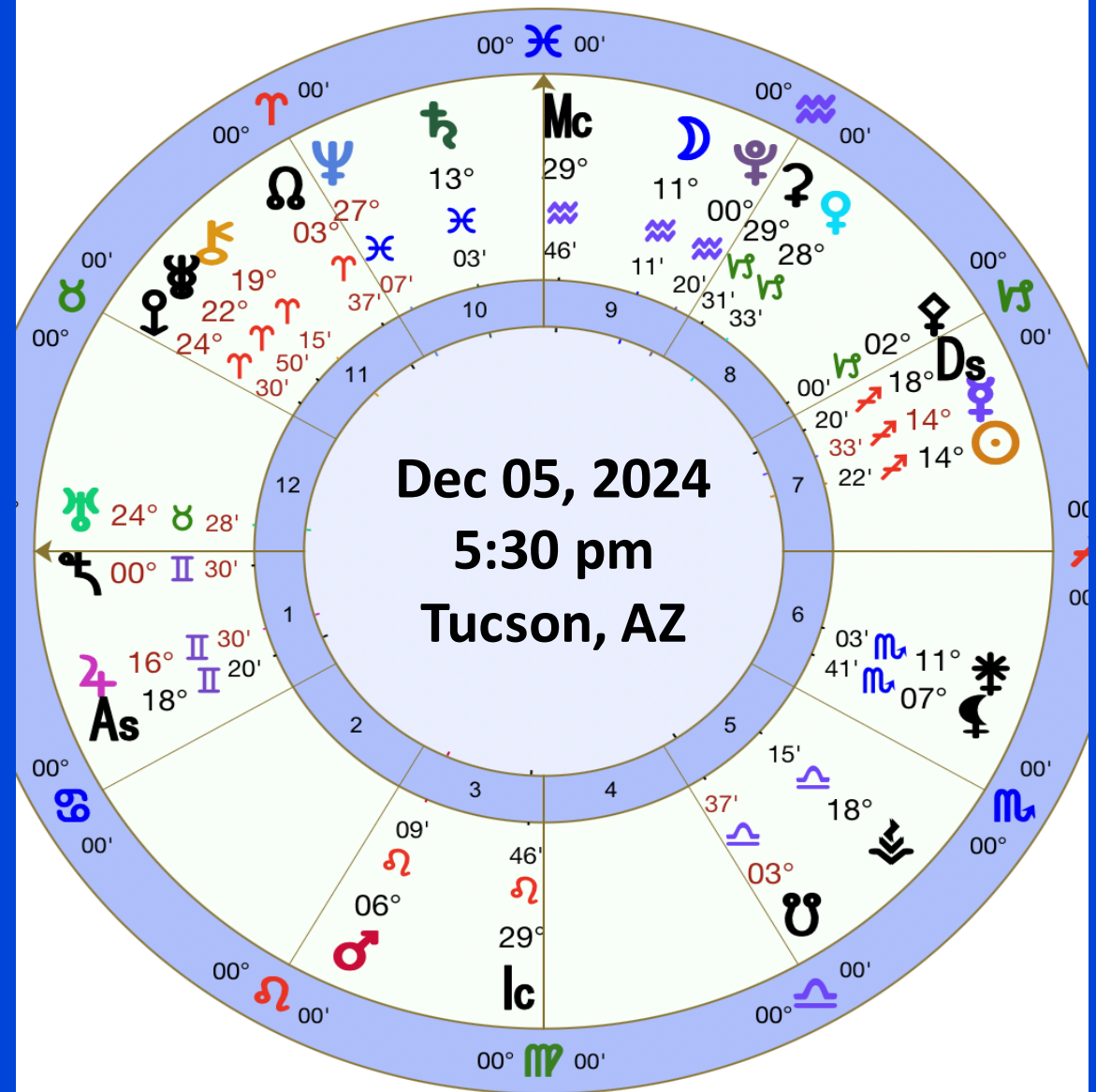
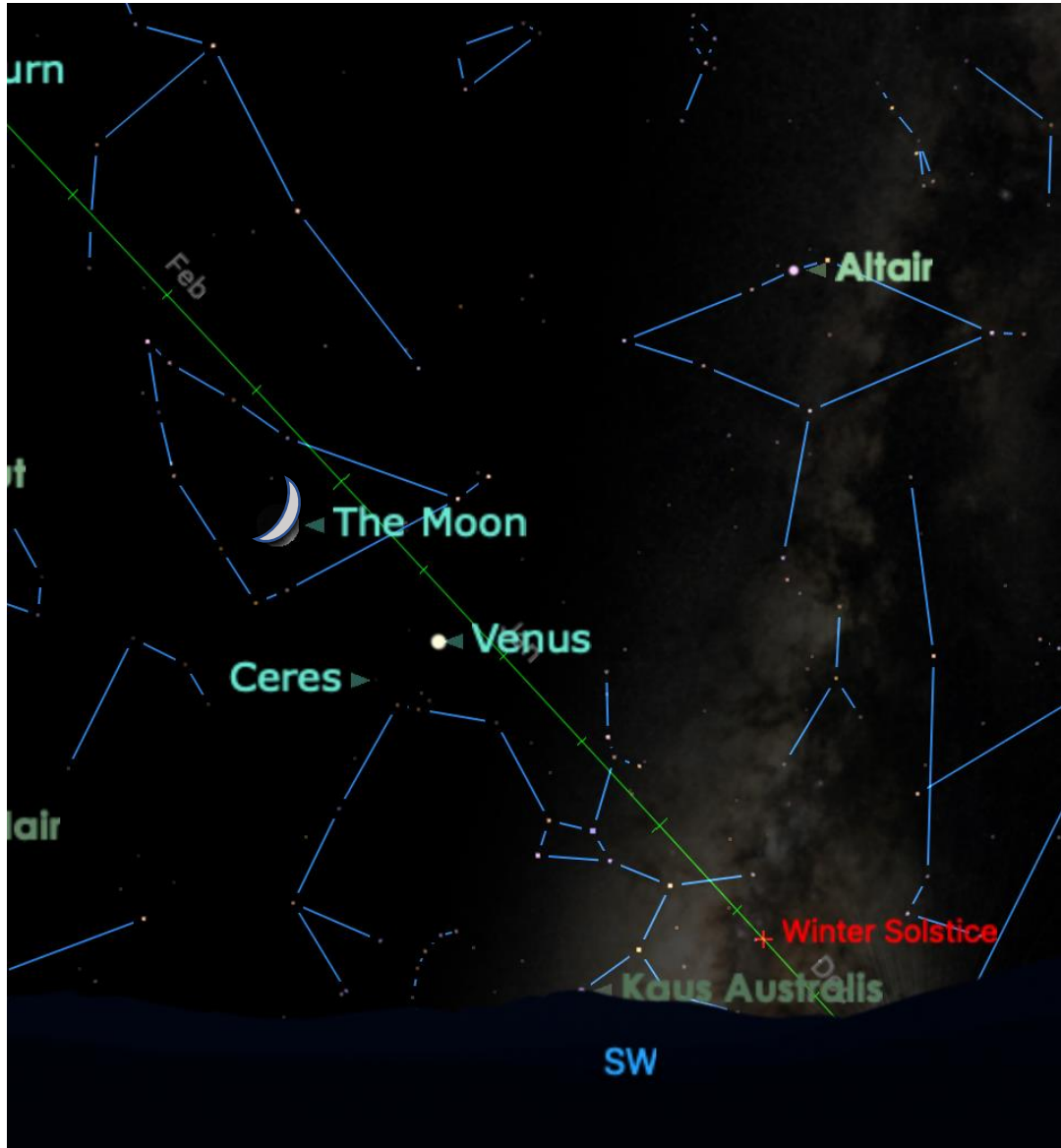


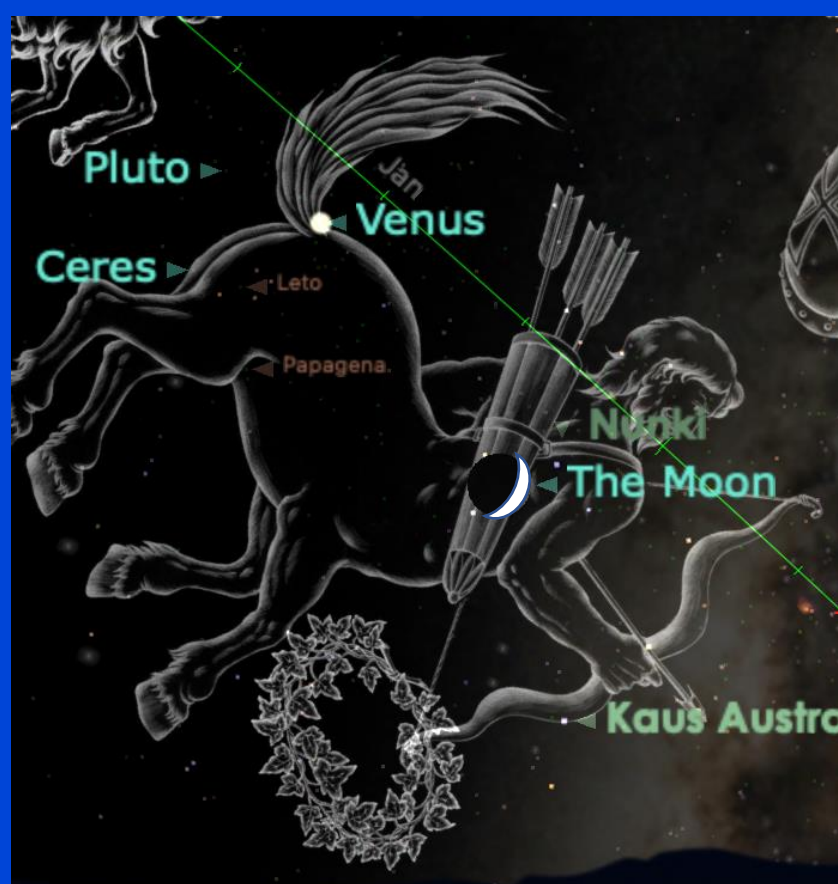
Venus and Moon In the Evening Sky

Dec 4, 2024

5:30 PM

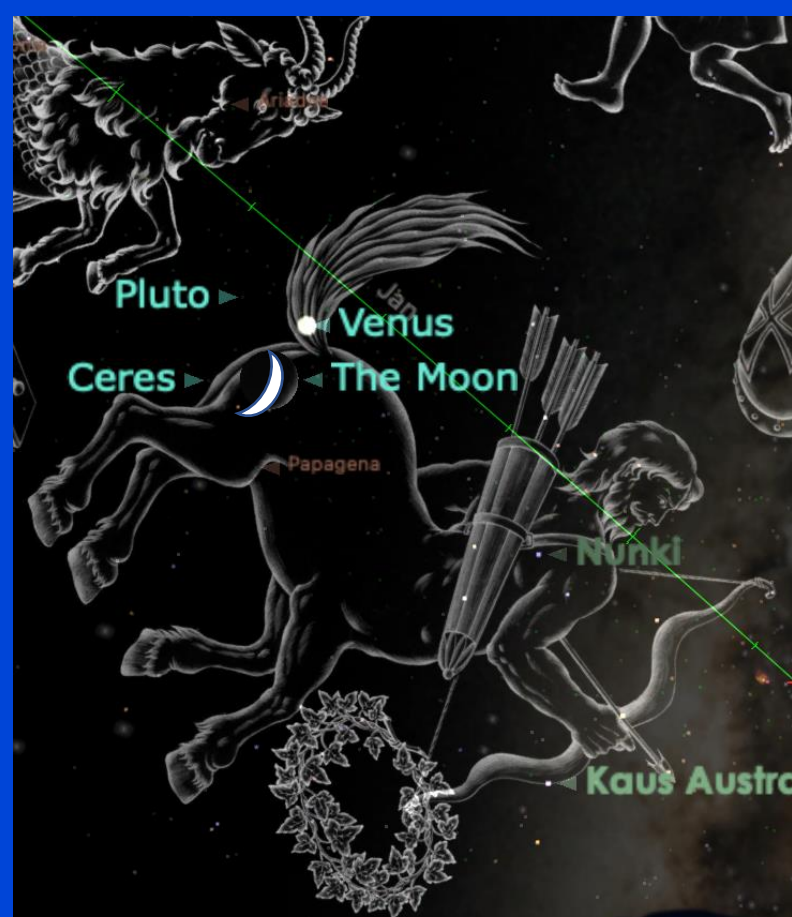






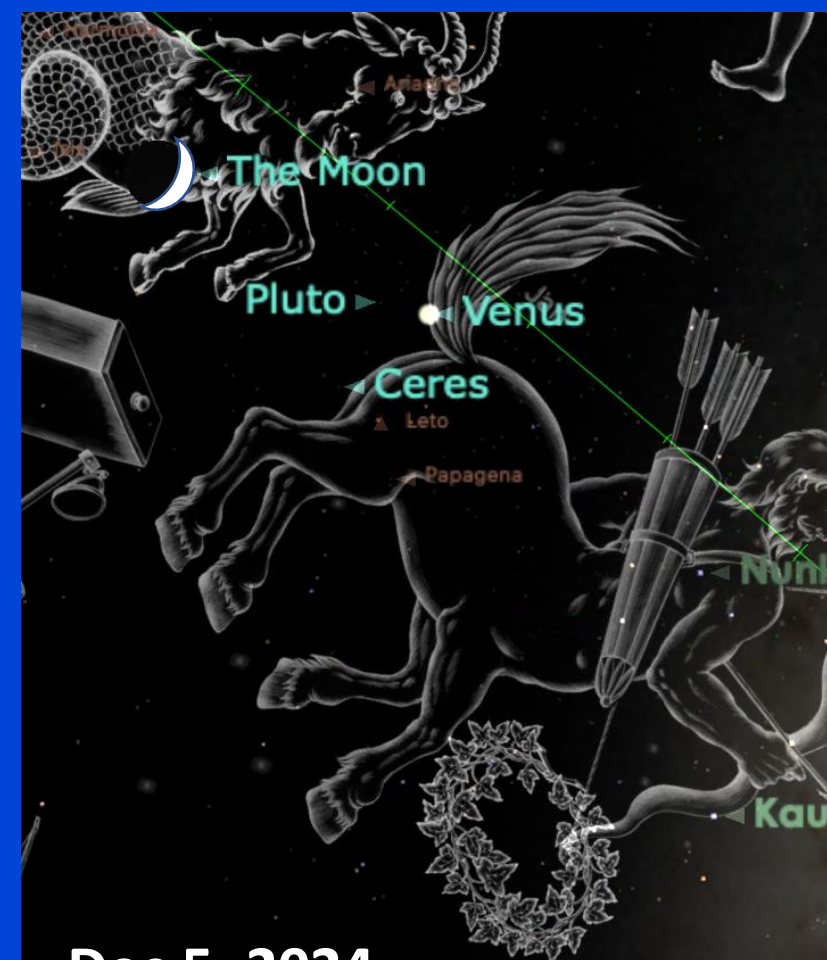
Dec 3, 2024
5:30 pm

SW

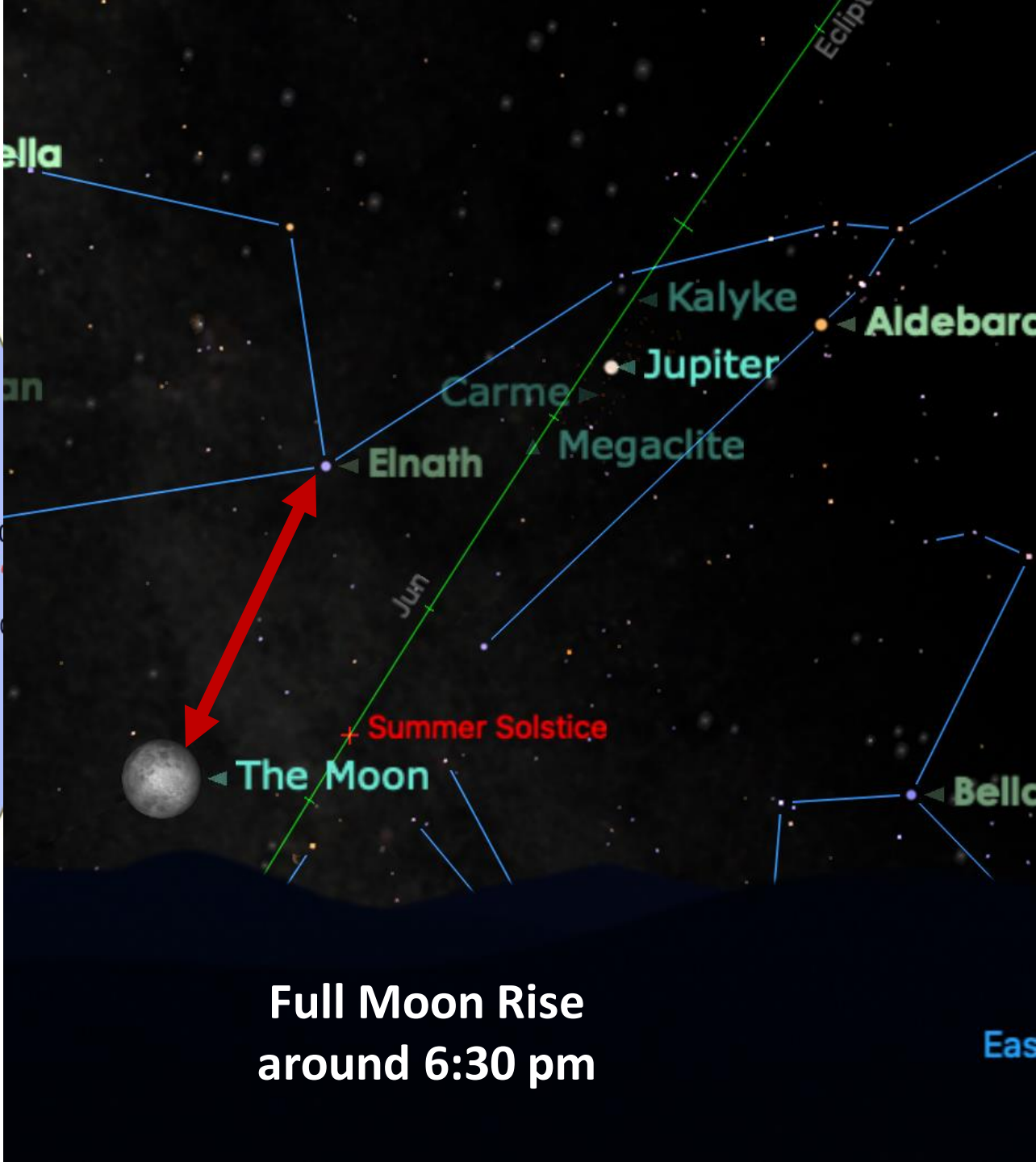
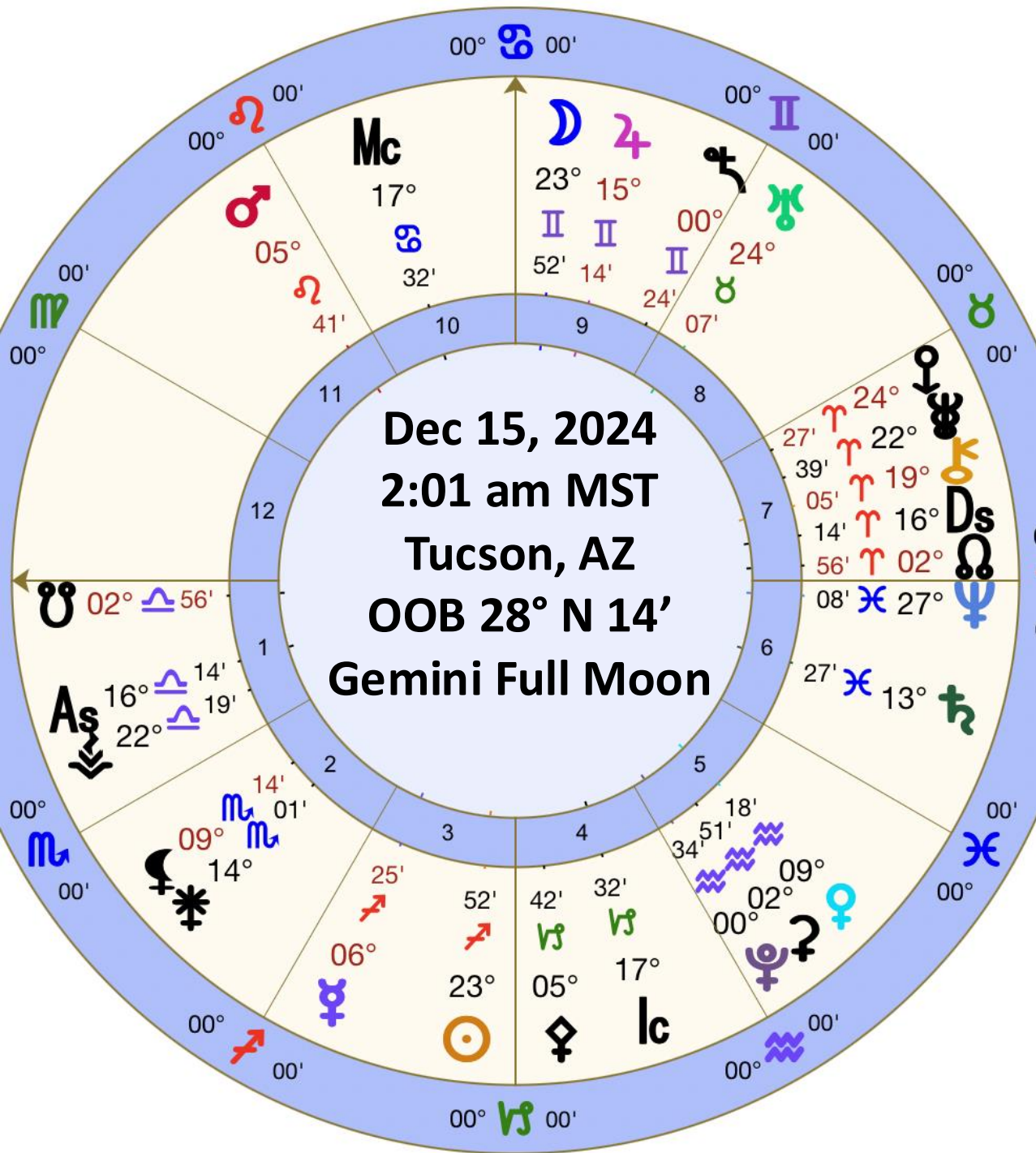


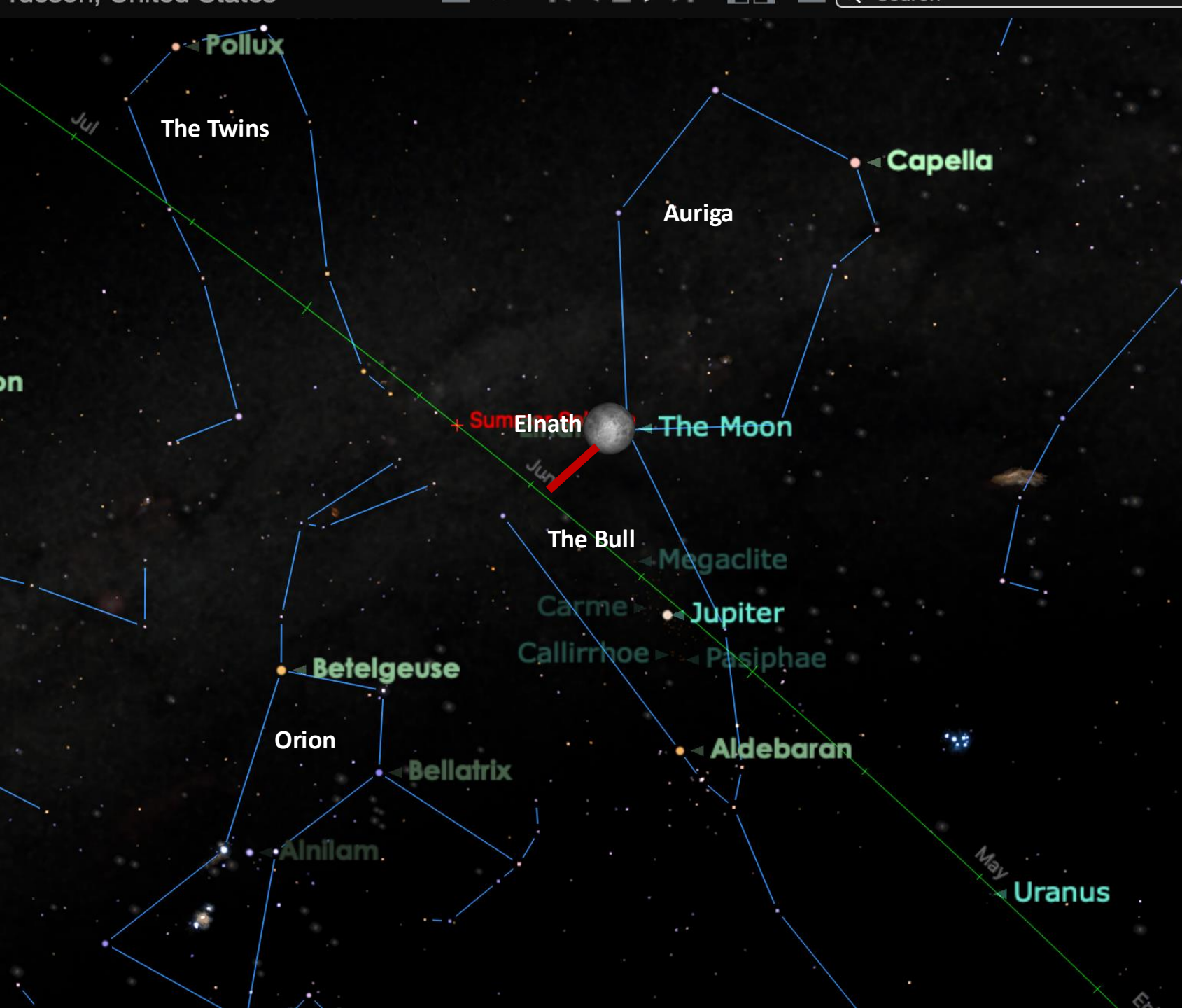
Dec 4, 2024
5:30 pm

SW



Dec 5, 2024
5:30 pm





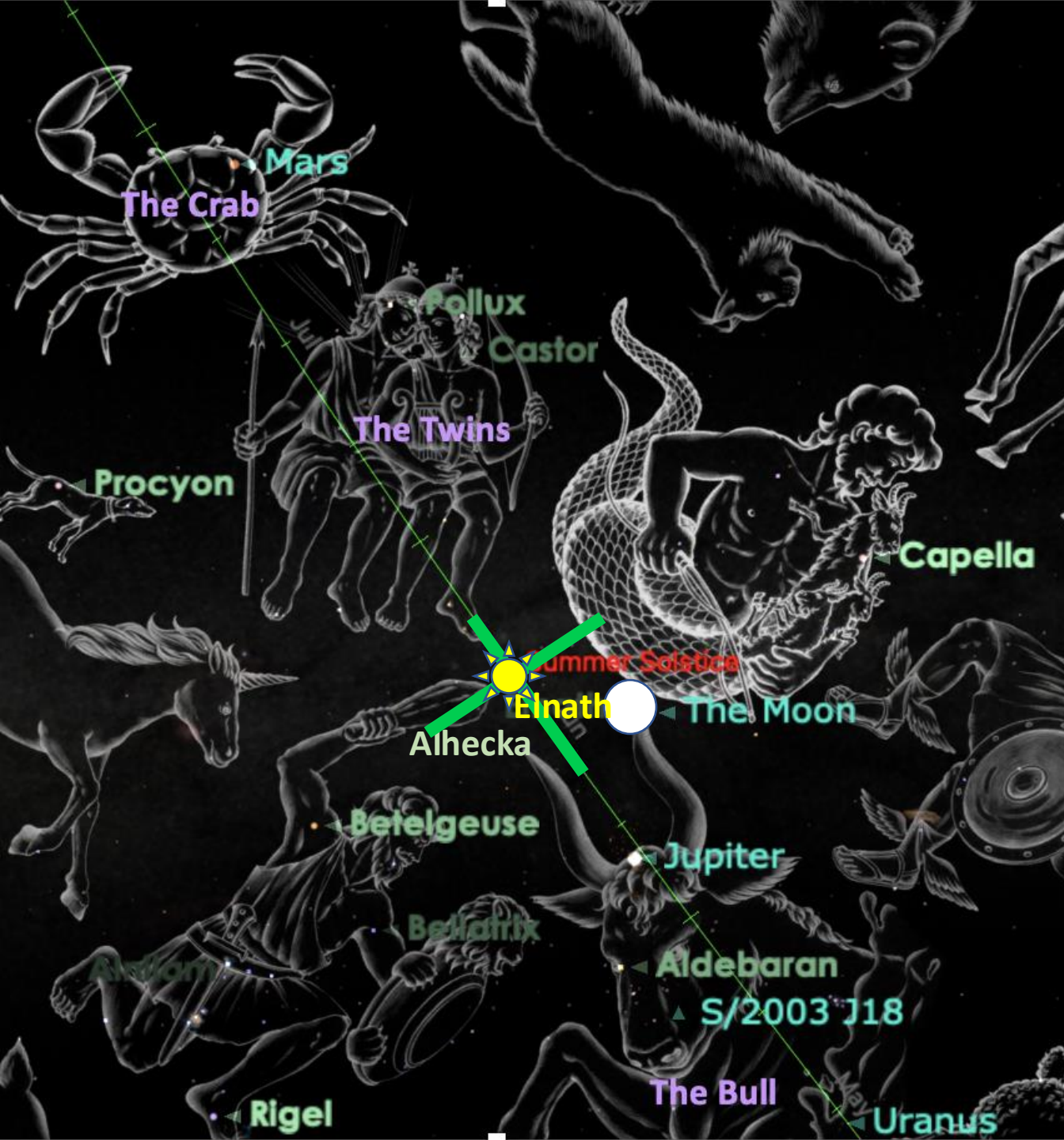
The Gemini Full Moon on Dec 15 is also occulting the star Elnath marking one of the tips of the Horns of the Bull.

The Moon will pass in front of Elnath a.k.a. Beta Tauri creating a lunar occultation visible from Central and South America.

Although the occultation is only visible in certain locations - the rest of the world will see a close conjunction between this star and the Moon.

The Lunar Occultation Series over Elnath began September 2023 and the last one is April 11, 2027.

The next closest Full Moon to this star is December 13, 2027 after the occultation series completes.



Elnath (aka Zeta Tauri) marks the northern tip of horn of the Bull (22 Gemini 51)

Al Hecka marks the southern tip of the horn (25 Gemini 03)

The horns of the Bull are on the eastern edge of the Milky Way near the Galactic Cross at the Galactic Edge.

The Bull had an important role in many ancient mythologies including the Egyptian concept of how one enters the Elysian Fields.

Their story is the hero/ine must pass by the bull that guards the route to the West, or the Elysian Fields.

In Greek and Roman mythology this was the home of the blessed, a location or state of ideal happiness also known as paradise.



Leo Evening Star Throat Chakra Gate

Nov 30/Dec 01 OOB Sagittarius New Moon 09° Sag 33'

Dec 02 Venus 24° Capricorn trine Uranus 24° Taurus

Dec 04 Venus and the Moon (27° Capricorn 21') meet at the Throat Chakra Gate

Dec 05 Retrograde Mercury conjunct Sun a.k.a. Cazimi at 14° Sag 27' near the Great Attractor

Dec 06 Mars stations Retrograde 06° Leo 10' with the Beehive Cluster

Dec 06/07 Venus enters Aquarius and conjuncts Pluto (00° Aqu 22')

Dec 07 Neptune stations Direct 27° Pisces 07'

Dec 12 Venus 06° Aquarius opposite Retrograde Mars 06° Leo

Dec 15 Mercury stations Direct 06° Sagittarius and the 23° Gemini 52' Full Moon occulting Elnath

Dec 19 Venus 14° Aquarius trine Jupiter 14° Gemini (also celebrated as Saturnalia in Roman times)

Dec 21 December Solstice Sun enters Capricorn

Dec 23 Venus 19° Aquarius Sextile Chiron 19° Aries

Dec 27/28 Venus 23° Aquarius square Uranus 23° Taurus

Dec 30 Capricorn New Moon 09° Capricorn 44' is way OOB at 28° S. This is the date of our next Live Class

Dec 31/Jan 01 End and Beginning of a New Year with the Star Sirius Overhead at midnight

Jan 02 Venus enters Pisces and Mars is opposite Pluto

Jan 03 Venus Moon conjunction at the Third Eye Chakra Gate



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Reclaiming the Power of our Voice at the Throat Chakra with the Leo Meta-Goddess with Venus in Capricorn

Thru Dec 6/7

The Leo Meta-Goddess continues her journey through steady, earthly Capricorn, for a few more days. She guides in uncovering greater self-love through reclaiming the ancient wisdom of our voices. Grounded in nature, we unearth our vital sound to share with each other.

Serving the world and ourselves we speak our loving truth, originating deep within our authentic selves. Our grandmother-guided mission is reclaiming the power of healthy communication, singing our wisdom into the earth. We listen with equal intensity, knowing the earth, the crones, and the Goddesses speak to us through our hearts.

- What would it take to openly share the power of my voice?
- How is it that I now feel my sound flowing easily from my throat?
- What would it take for me to become so empowered in my voice that it makes a difference for the generations to come?

Art by Autumn Skye



Reclaiming the Power of our Voice at the Throat Chakra with the Leo Meta-Goddess with Venus in Aquarius

Dec 6/7 — Jan 2/3

The Leo Meta-Goddess moves into Aquarius seeing herself across the wheel. Flying high in the realms of consciousness she connects with humanity by communicating our equality. She knows reclaiming the power of her voice is key to loving herself more completely. Her divinity is sparked by what she hears, guiding humanity towards greater freedom and egalitarianism.

She emboldens us to become more conscious of how we speak to ourselves and each other. She increases our awareness as we uncover greater internal harmony by listening. With her we learn to love ourselves through our beautiful sound and the songs of people worldwide.

- What would it take to honor my voice completely?
- How is it I am now experiencing hearing more clearly what others are sharing?
- What would it take to feel I am empowered in trusting my truth and sharing it with trusted others?

Leo Meta Goddess Wisdom

Your loving, kind caring, presence is more precious to this world than you may have ever imagined.

Your soul is a unique medicine and gift to this world.

Our presence is a gift and has an equally important (maybe even more so) than those who are on a big world stage...

It is not about what you accomplish in the outer world that is most important but rather how you shine your light from the inside out.



Honoring the Goddess Saraswati

She personifies the great healing river.
She is the lullaby that soothes a child to sleep,
the om chanted, and the words whispered by
lovers.

She is the dance on stage and in the dark.
She is inspiration and the perfect word.

In the beginning, Brahma, the lord of creation,
sat and wondered how to turn all chaos into
order. From within, a voice answered, “with
knowledge.”

And from Brahma’s mouth came out
Saraswati, playing her lute and shimmering
with gold light.

As she strummed, she taught Brahma the
mantras necessary to create the next world.

From Beyogi.com

Artist unknown



Leo Goddess

Throat Chakra Demons

Small, Quiet, Shy Voice Demon
Fear of Shining your Light Demon
Not Trusting Your Knowing Demon
Not listening, Rushing to Speak Demon
Dismissing Your Truth as Invalid Demon
Fear of Speaking And Being Seen Demon
I have nothing of Real Value to Say Demon
Difficulty Authentically Communicating Demon

Name yours _____





Boundaries at the Throat Chakra

Boundaries — how we communicate with ourselves

Myths

- Other people cross them
- Others should respect them
- They're about other people
- They're just about saying no
- Are mean or selfish

Truths

- What works and doesn't work for us
- Are about us solely
- Only we can cross our boundaries
- How we say yes to us
- Are how we learn to trust ourselves
- Don't need to be communicated to others

Touchstones - Throat Chakra

Daily Connecting Practices

Reminders

- Altars
- Meditations
- Mantras/Mudras
- Gems or Crystals
- Candles
- Aromatherapy
- Flower Essences
- Jewelry
- Herbs
- Yoga
- Looking for Venus — one of our favs ☺



A person with long, dark hair is seen from behind, looking out over a vast body of water towards a bright, hazy horizon. The scene is bathed in the warm, golden light of a low sun, creating a soft, ethereal atmosphere. The person is wearing a light-colored, long-sleeved top. The background shows a calm sea and distant, hazy landmasses under a pale sky. A blue banner with white text is overlaid at the bottom of the image.

Conscious Connection Rituals — Morning and Evening



Explore the Magical Formula that helps you manifest your attention and cultivate a conscious relationship with your divinity...

Reclaiming Creating Magic with our Voice

Cultivating more empowered ways to access our magical selves

- First: Be willing to cultivate a Relationship with Magic
- Cultivate your Relationship with the Magical Sacred Spaces Within and Around You
- Magic is infused into every part of our world when we know how (or are willing) to see it and give it a voice
- Magic is a perpetual permanent presence to remember
- Separation occurred due to our cultural conditioning around seeming Opposites Including: Time and Eternity, Human and Divine, Nature and Culture, Good and Evil, Right and Wrong, Life and Death, Light and Dark
- These opposites are not separate - one does not exist without the other. Our task is to remember their relationship rather than how they appear to be separate.



Reclaiming Creative Magic through Music and Speaking, Singing, Writing Invocations

The Latin word for poem (poeta) originally meant *Magical Formula* and the word for sing was Cantre meaning "to work magic, to produce by magic."

"The knower of the mystery of Sound knows the mystery of the whole universe."

The World is Sound, Nada Brahma: Music and the Landscape of Consciousness Joachim-Ernst Berendt, 1991

Remembering Magic and Magical ways through story, myth and song helps us to remember our own soul and come home to the truth and inspiration of who we really are.

Chanting/Toning Mantras, Invocations - see Class Page for link to PDF featuring the names of Sekhmet and her mantra
Throat Chakra Mantra: Om Mani Padme Hum "Praise to the Jewel in the Lotus."

Chanting The Sekhmet Mantra

SA SEKHEM SAHU

- SA - Breath of life
- SEKHEM - Sacred Power, Life Force
- SAHU - Realized Human Being

In Robert Masters' book *The Goddess Sekhmet, The Way of the Five Bodies* he suggests that: **chanting these words of power while gazing on, (or imaging) images of Sekhmet evoke and call forth the possibility of experiencing an altered state in your physical body, while also expanding and altering your mind, your emotional body and your spiritual body.**



Activating the Throat Chakra

The Way of Rose by Perdita Fin and Clark Strand

The Rosary is linked with Venus who creates the Rose Pattern in the Sky.
Birthing, dying and rebirthing again.

Guidelines on How to Pray the Rosary

The rosary alternates two prayers...the Hail Mary and the Our Father, Mothers and Paters, Mothers and Fathers, Yin and Yang, Darkness and Light, the Earth (Matter) and the Sun.

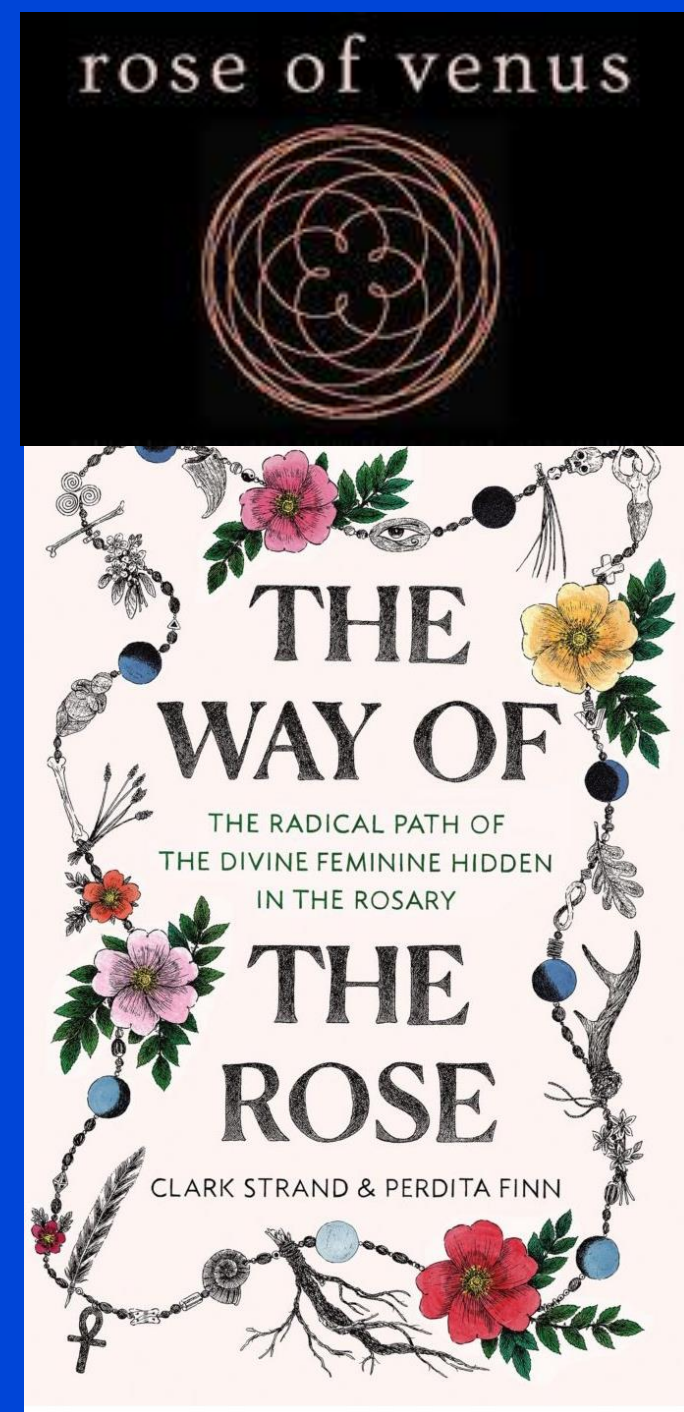
There are A LOT more Hail Marys than Our Fathers for a reason.

This is the story of The Mother...of her bringing Life into the world, watching that Life destroy itself and then rebirthing it (and herself) back into the world.

Women hid their devotion to the Great Mother in the rosary during the Middle Ages. They couldn't celebrate her as before, so they hid her magic in the circle of beads. This where they hid all the wisdom they had collected through the ages.

The medieval rosary emerged in areas of France and Europe where the oldest goddess figurines (some are 40,000+ years old) have been found.

When we pray the rosary our voice joins with those ancestral mothers.



Hail Mary 10 times

*Hail Mary, full of grace,
the Lord (Love) is with thee
Blessed art thou amongst women,
and blessed is the fruit of thy womb.
Holy Mary, Mother of God, pray for us,
Now and at the hour of our death. Amen.*

Our Father Once for every 10 Hail Marys

*Our Father, Who art in heaven,
hallowed be Thy name;
Thy kingdom come; Thy will be done,
on Earth as it is in Heaven.
Give us this day our daily bread;
And forgive us our trespasses,
as we forgive those who trespass against us;
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power,
and the glory for ever and ever. Amen.*

The Hail Mary itself is a 3-part prayer....

to the Maiden: hail full of grace, the Lord is with thee (I like saying: Love is With Thee)

to the Mother: blessed art thou among women and blessed is the fruit of thy womb

and the Crone: Holy Mother of God, pray for us now and at the hour of our death

Use the diagram in a way that works for you. There are no rosary police. Until the modern era, there were literally hundreds of different ways of saying and engaging the rosary. Do what works for you. 4 Sets of the Rosary have been known to cover the Joyful, Sorrowful, Glorious and Luminous.

Glory Be Once for every 10 Hail Marys

The Glory Be is an Honoring of the Eternal Return of Life. It is usually said at the end of a grouping of Hail Marys.

*Glory be to the Father,
to the Child,
and to the Holy Mother,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.*

Diagram Below is at this link

<https://wayoftherose.org/sample-page/>



Amen:

a Semitic root derived from “firm,” “fixed,” or “sure,” also related to the Hebrew verb meaning “to be reliable” and “to be trusted.”

The Greek Old Testament usually translates Amen as “So Be It”

It is also understood to be an agreement with what is being said, invoked, prayed.

Awen:

Awen is a Welsh, Cornish, and Breton word meaning "inspiration," especially poetic divine inspiration.

Awen is also considered the Holy Spirit.

In Celtic and Druid culture, **Awen** is symbolized by three rays of light, with the outer rays representing the masculine and feminine, and the middle ray representing balance.

Awen is the divine inspiration that comes when opening to the energy of nature and the energy within and could be used to end your prayer instead of Amen.

*Glory be to the Divine In Me,
Glory be to the Pure Love expressing through Me,
Glory Be to the Divine Inspiration that Guides Me! Awen*

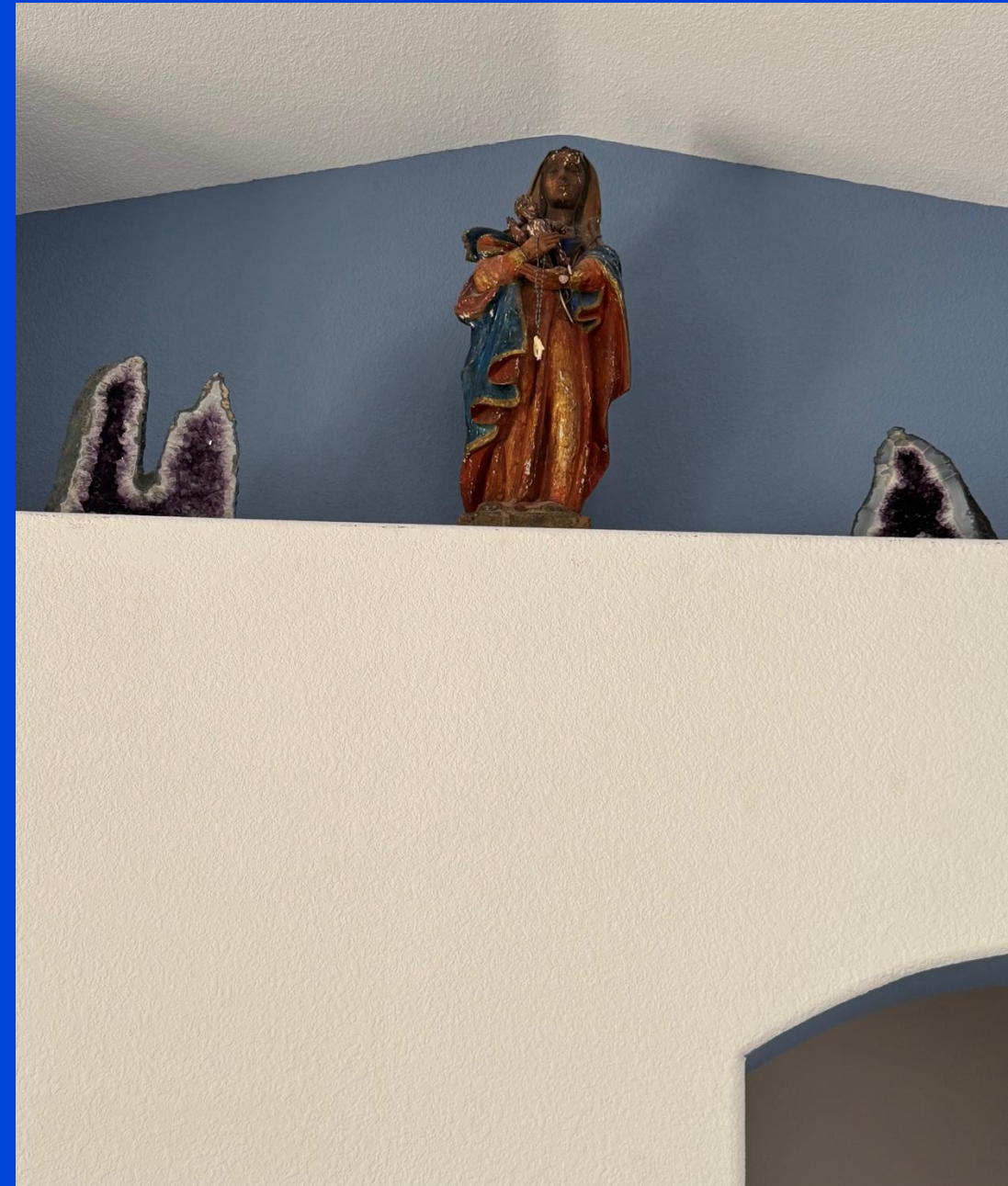


Baby Jesus



An Ancient
Mother Mary
Statue from a
church
in Spain or some
other part of
the world
Peter
inherited her
from his
Grandparents

She is high
above us
Blessing us
with her
loving
presence



Home Play

Deepening Practices

- Renew/Connect with your **Venus Altar**
- Continue with or initiate a **Venus Journal**
- See if you can see **Venus with the Moon** on Dec. 4
- Spend time with Venus in the **Evening Sky**
- **Ceremony** With Venus & Moon in Evening Sky
- Evening Star **Venus Buddy** Check-In (buddy signup on class page)
- Set your **intention** for what you are **reclaiming** and work with any of the questions listed that resonate with you
- Listen to Guided Journeys and Meditations, most especially the **Throat Chakra Meditation** by Cayelin
- **Share** your experiences and insights on Facebook

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[Print Available from Etsy](#)



Intentions & Micro-actions

A landscape photograph of a mountain range at twilight. The sky is a deep blue with a thin crescent moon visible on the left side. The mountains are dark and silhouetted against the sky. The foreground shows some snow-covered slopes and evergreen trees.

Ceremony



Connection Groups

Guidelines

Joining the Session is Optional

Purpose is to foster community, connection and offer mutual support

**We are here to listen and be heard
(please, no cross talking or interrupting)**

We are not here to fix or judge – just listen

**Give everyone an opportunity to share
(be mindful of the time)**

Feel free to continue the conversation by mutual agreement via personal messaging after the class

Connecting Conversation

Start with Your Name

Where You are From

Suggested Topics:

- Share your intent for this Throat Chakra journey
- What has been your experience with the Heart Gate?
- How are you practicing self-love?

