

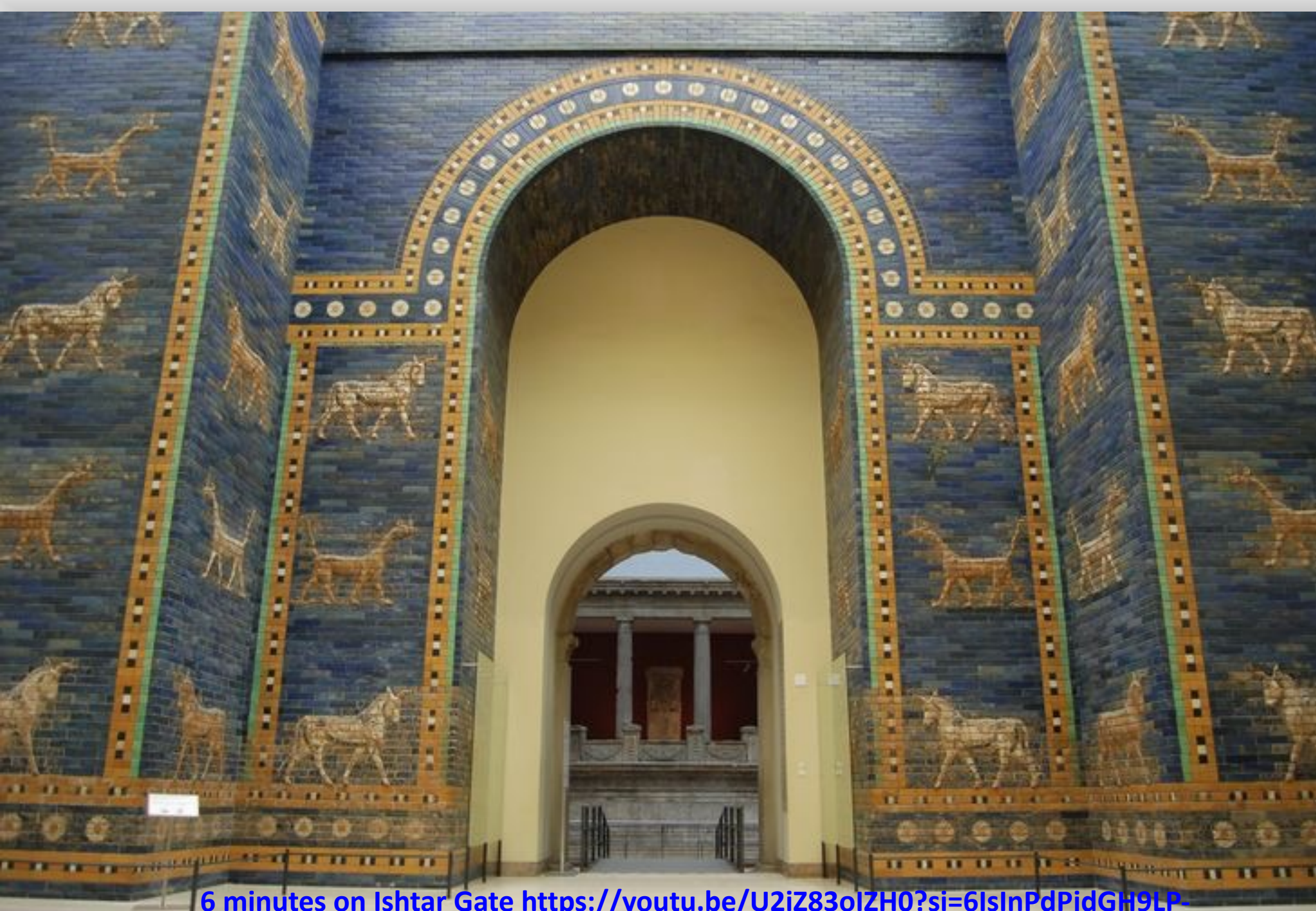


# **Venus Alchemy**

## **Soul Star Chakra 8<sup>th</sup> Gate Evening Sky**

**with Cayelin K Castell and Sheridan Semple**





## **The Eighth Gate into Babylon or The Ishtar Gate**

**Representing the 8<sup>th</sup> gate of the Venus Cycle**

It was excavated in the early 20th century and reconstructed in the Pergamon Museum, Berlin using original bricks

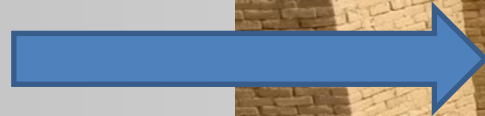
[6 minutes on Ishtar Gate https://youtu.be/U2iZ83oIZH0?si=6IsInPdPjdGH9LP-](https://youtu.be/U2iZ83oIZH0?si=6IsInPdPjdGH9LP-)



The Ishtar Gate was originally constructed around 575 BC by order of King Nebuchadnezzar II on the North side of Babylon

This gate was originally on the list of the [7 Wonders of the World](#). Later this site was replaced on the list by the Lighthouse of Alexandria.

Lions, dragons, and bulls were carved into the gate that stood more than 38 feet (12 meters) high





The Ishtar Gate was covered in blue lapis lazuli stone linked to the Venus Cycle as Inanna or Ishtar gives up her Lapis Lazuli Beads.



Ishtar was the goddess of love, war, and fertility and was strongly linked to the Venus Cycle.

The lion was a symbol of power in Babylon based on the Mesopotamian lion, that once lived in that region representing protective powers to scare away demons and evil spirits.

The lion's repeated design guided ritual processions from the city down the processional way to the temple.

Recent Reconstructed 8<sup>th</sup> Gate into Babylon



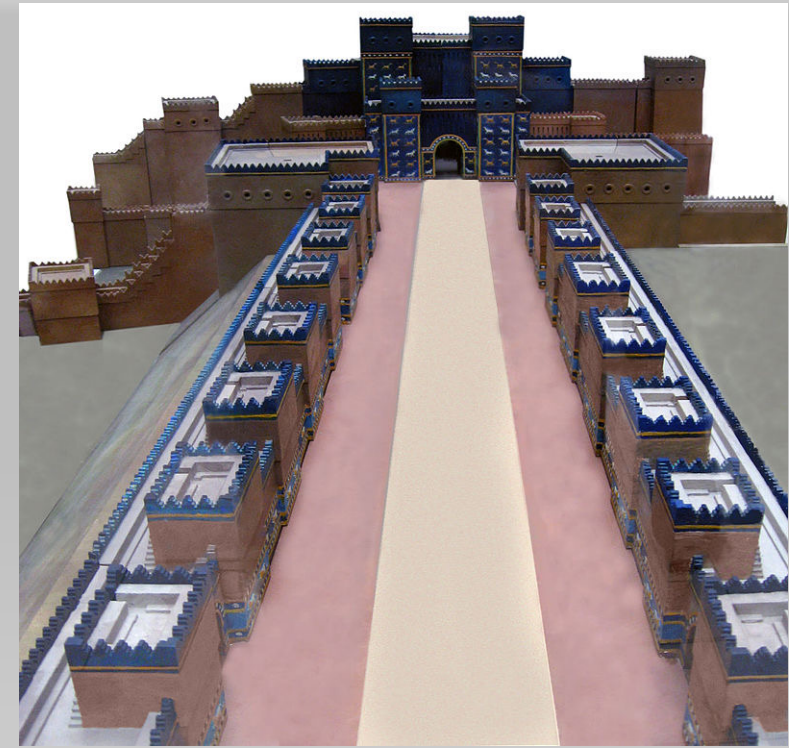


## The Ishtar Gate

### The 8<sup>th</sup> Gate Into Babylon

The Processional Way ran through this gate for more than half a mile.

Additional insights [HERE](#)



Rendition of the Processional Way



Artists Perspective





**The Dragons** represented Marduk god of creation.

Many tales speak of Marduk slaying the Mother Dragon Tiamat (who was the Goddess of Primordial Chaos or so that is how her story was told) using her body to create Heaven and Earth symbolizing the beginning of the Patriarchy.

**The Bull** represented Adad god of weather, storms, rain, and thunder.

And was the god of oracles and divination.





**The 8<sup>th</sup> Chakra or Soul Star Chakra** is considered the seat of the soul.

It is the energy center for Divine Love, Spiritual Compassion and Selflessness.

It is a gateway to ideas and concepts beyond everyday reality.

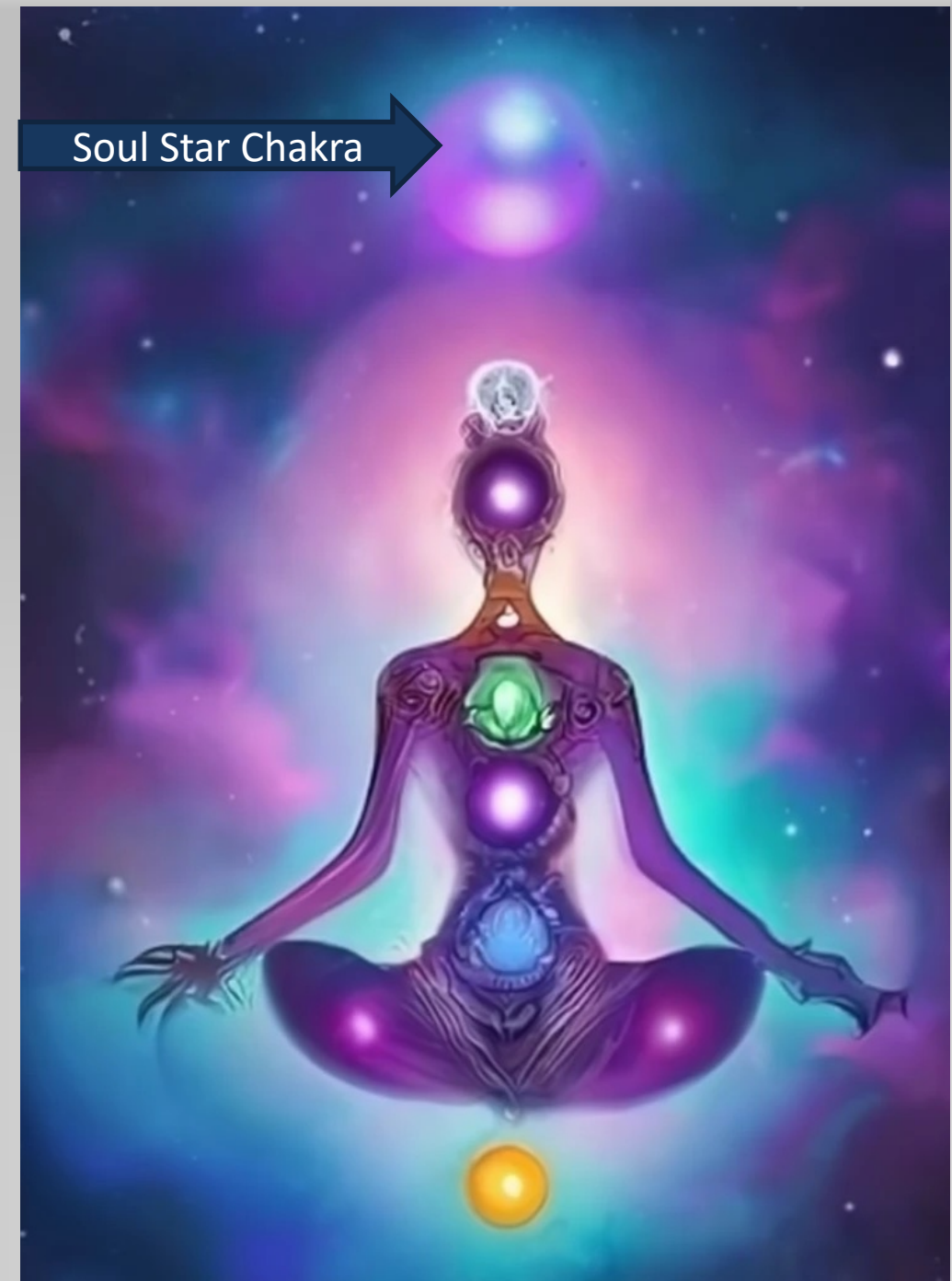
It is the gateway to enhanced clairvoyance, out of body travel, healing gifts, telepathy, empathy, and advanced dream-recall capabilities.

This Chakra downloads specific information to the lower chakras and clearly connects you with your spirit guides and your higher self (the part of you that knows).

Your crown chakra represents how your individual essence is connected to the divine, while your soul star chakra is beyond your personal self, representing your Pure Soul Self.

This Chakra fills your soul with the necessary elements required to go beyond individuality becoming one with the divine.

In the physical world, connecting with your soul star chakra enables you to be at peace and find your purpose in life.





Chakra		Location	Color	Body Connections	Spiritual Purpose
8	Soul	Above Head	Rainbow or Silvery White	All/Thymus	Will To Enjoy Expressing Divine Love
7	Crown	Top of Head	Violet	Pineal Gland, Head, Upper Brain	Will To Do
6	Third Eye	Forehead	Indigo	Pituitary Gland, Eyes, Left and Right Brain	Will to Express Wisdom
5	Throat	Throat	Blue	Thyroid Gland, Nose, Ears, Throat, Neck	Will to Create
4	Heart	Chest	Green	Thymus Gland, Heart, Immune System	Will to Love
3	Solar Plexus	Above Naval	Yellow	Stomach, Kidneys, Liver, Skin, Gall Bladder,	Will Power
2	Sacral	Below Naval	Orange	Sexual Organs, Digestion	Will to Feel
1	Root	Base of Spine	Red	Adrenal Glands, Colon Elimination, Bones, Blood	Will to Live



# Ascension Gate

## Embracing Our Presence on Earth

Inanna/Venus at the 8<sup>th</sup> Gate or Ascension Gate is the final step in completing the Initiatory Journey, passing through the last gate out of the underworld into divine love and spiritual wisdom.

This is about Ascension INTO the Earth realm, where Queen Inanna is re-emerging into the World as a fully initiated Goddess.

How does our perception of Ascension change when we consider Ascension INTO joyfully living in this Earth Experience rather than ascension that takes us up and OUT of this realm?

How do we bring our Divine Sovereign Self Fully into the World Now?



**What if our Full Feeling Presence on Earth  
is What Causes “Ascension”  
to the next level of awareness?**



## The Soul Star Chakra or Star Gate Chakra

Located outside the Physical Body about 15-30 inches above the crown chakra connecting soul and spirit and is considered the gateway to higher conscious or cosmic consciousness deepening spiritual insights and connections.

Has the power to connect us to higher dimensions of consciousness where we experience spiritual enlightenment.

Connects us with and helps us understand our soul's mission.

Plays a key role in understanding and releasing karmic patterns.

Helps us connect with our guardian angels and spirit guides.

**Color** bright white, silver and iridescent blue-violet representing purity, spiritual enlightenment and the connection with the cosmic.

**Symbol** is a shining star or a beautiful orb of light, representing the connection to higher dimensions and divine consciousness.



**Soul Star Chakra**



# Imbalanced Soul Star Chakra

Feeling isolated or alone

Excessive self-doubt and self-criticism

Anxiety, Worry, Fear

Mistrust

Overly Cautious and Wary

Disbelieving, Overly Skeptical

Feeling lost or disconnected from your life purpose

Lack of direction or uncertainty about your path

Difficulty connecting with the Wise, Loving, Kind Spirit Within You



Though she feels these challenges, she is bathed in white light helping to heal her Soul Star Chakra



# Rebalancing Your Soul Star Chakra Practices

- **Meditation:** Any practice that helps you focused on connecting with your higher self and universal energy
- **Visualization exercises:** Imagine yourself bathed in white light, representing the soul star chakra
- **Gratitude/Celebration practices:** Cultivate a sense of appreciation and celebration of life's blessings/challenges
- **Spend time in nature:** Connect with the natural world to feel a sense of belonging
- **Acts of service:** Helping others is a way to align with your higher purpose
- **Wear white or silver**
- **Connect with Soul Star Chakra Gemstones**
- **Use Soul Star Chakra Herbs and Essential Oils**





## Mudra for the Soul Star Chakra

Most used Mudra to activate the Soul Star Chakra is the Dhyana Mudra.

This is the classic meditative position where the hands rest in the lap, with the right hand above the left hand and the thumbs lightly touching, promoting a sense of deep meditation and connection with the higher self.

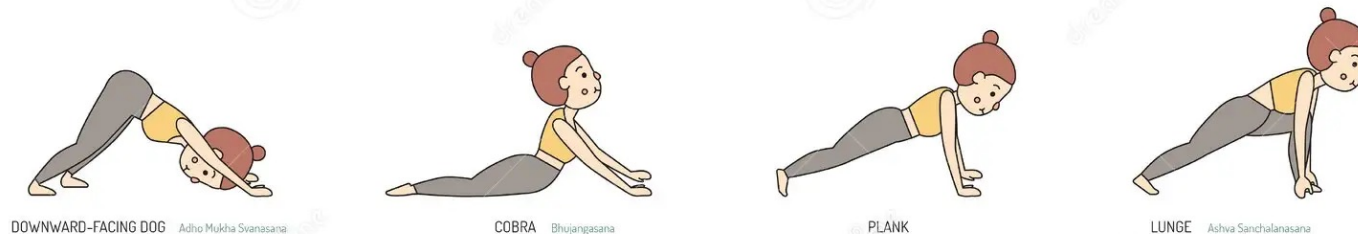
### Mantra

“OM” or “AUM”

This is the universal sound vibration that activates cosmic energy opening and balancing the Soul Star Chakra.







# 8 HEART OPENING YOGA POSES

THEFOXANDSHE.COM

Any of the Yoga Poses from our previous chakra videos are helpful in activating the chakras and that helps activate the Soul Star Chakra.

Heart opening Yoga Poses are especially helpful.





# Soul Star Chakra Stones

**Auralite 23** has a high vibration that connects our consciousness to higher realms and spiritual energies.

**Datolite** calibrates with the soul star chakra enhancing spiritual awareness.

**Tanzanite** activates and balances the throat, third eye, and crown chakras and aligns the soul star chakra enhancing intuitive understanding and perception, developing psychic abilities, and bolstering the connection with higher realms.

**Brandenberg Amethyst Quartz** stimulates the soul star chakra, facilitating connection with higher dimensions and spiritual guides, providing access to greater spiritual wisdom.

**Danburite** facilitates spiritual awakening, intuitive communication and strengthens the connection with higher realms transforming karmic patterns.

**Citrine** boosts personal power, sparks creativity, and enhances manifestation abilities and higher spiritual purposes and facilitates spiritual expansion.

**Clear Quartz**



Augments spiritual clarity and facilitates a stronger link to the divine







# Soul Star Chakra Aromatherapy

- Sage
- Siberian Silver Fir
- Lotus
- Rose
- Mugwort
- Angelica Root
- Spruce and Pine
- Palo Santo
- Sandalwood
- Spikenard





## A Healthy Balanced Soul Star Chakra Expresses As:

**Enhanced awareness:** A heightened sense of intuition and understanding of your place in the universe.

**Deep spiritual connection:** Feeling strongly connected to something greater than yourself.

**Clear life purpose:** Knowing your life's mission and actively pursuing it.

**Inner peace and harmony:** A feeling of contentment and overall well-being.

**Compassion and Love:** Radiating pure love towards yourself and others.

**Emotional Release:** Letting go of old wounds that assist in radical forgiveness and healing.

**Empathy:** Increased ability to send and understand the emotions of others without becoming overwhelmed.

**Mental Clarity:** Sharp, clear thinking that allows you to understand complex ideas and spiritual concepts.

**Increased Concentration** and Ability to Focus.

**Cosmic Consciousness:** Expands awareness in ways that allow you to see and understand the bigger picture.

**Spiritual Gifts:** Developing and utilizing spiritual gifts such as clairvoyance, clairsentience, and telepathy.

**Transcendence:** Experiencing moments of transcendence where you feel at one with the universe and the divine.

**Energy balance:** Feeling a balanced flow of energy throughout your body, contributing to an overall feeling of well-being.

**Light and Freedom:** Your body feels light and free, as if you are freed from physical and energetic burdens.

**Improved Sleep:** Experiencing deep, restful sleep and vivid, meaningful dreams.

**Strengthened Immunity:** A healthy immune system that functions optimally, resulting in better overall health.

**Vitality and Life Force:** Feeling vital and energetic, ready to tackle daily tasks with enthusiasm and vigor.



The 8<sup>th</sup> Chakra is our portal into and out of the Time/Space continuum.

This chakra is connected to the Akashic Records, the **Book of Life**, and the **Shadow Records** (or *The Book of Shadows*)

The **Akashic Records** are the “books” where everything we have ever seen, done, or said, in this life or any other is recorded.

We can journey to any place that exists in the present or in other dimensions, or probe into potential or desired futures. **The Akashic Records meticulously presents the facts.**

The **Book of Life** offers only *positive perspectives* on what has occurred or what will happen.

It allows the viewer to read the past, present or future through rose-colored glasses, seeing the benefit of all experiences, thoughts, or interactions that may not have been evident when they were happening.



*The **Shadow Records** hold what was **never done, said, or thought** and is especially useful for clearing regret, the belief that we have lost or might lose a desirable opportunity.*

[~The Complete Book of Chakra Healing](#)  
by Cyndi Dale



"To confront a person with his shadow  
is to show him his own light."

Carl Jung

www.jungquotes.com  
Photo: Susan Burnstine



"One does not become  
enlightened by imagining  
figures of light, but by  
making the darkness  
conscious."

Carl Jung



**The Shadow is where we Uncover our Light**



## ***Our point of power is always Now.***

*In the present moment, we can choose what we will take from the past - from our ancestors, from re-incarnational dramas, from the ghosts who may be walking beside us - and what we will leave behind, once and for all.*

### **Our Power is Now Releasing Karmic Debt**



*If you think you are connected to personalities in other times - that you have past lives and future lives - then **consider the possibility that it is all going on now and that you can reach to those other possible selves, mind to mind, for mutual benefit.***

***Don't trap yourself in negative stories, from this life or any other, that binds and confines you.***

*If you think you are connected to this moment of Now you are **free to claim a bigger and braver story.***

~Robert Moss, from his book  
[The Boy Who Died and Came Back](#)



**Choosing a  
New Timeline**





## 8th Chakra

### Releasing Old Beliefs around Karmic Debt

*I the Lord your God am a jealous God, visiting the iniquity of the fathers on the children to the third and the fourth generation.*  
~Old Testament, Christian Bible

*Karma is the root cause of birth and death, and these are said to be the source of misery. None can escape the effect of their own past karma.* ~Mahavira



# Going Beyond Karmic Debt at the 8<sup>th</sup> Chakra

*Karma has become a habitual orientation. To be free, one must recognize that karma is now a limiting belief and accept its release. Expansion is different from cycling through the same energy over and over again. Recognition of release of the karmic imperative frees us all from the repetitive cycle!*

~Sri Ram Kaa, Kira Raa, [2012 Awakening: Choosing Spiritual Enlightenment over Armageddon](#)

*I recommend a brief daily practice of revoking all agreements to experience hardship, limitation, bad relationships, health problems, financial problems, family dysfunctions, and anything else in your life that is energy-draining. ~Cameron Day, [Why I Am No Longer a Lightworker](#)*

*For sin shall not have dominion over you:  
for ye are not under the law, but under grace.*

~ New Testament, Christian Bible



*The 8<sup>th</sup> Chakra encourages us all to re-examine family-of-origin doctrines and to finish soul learning. Many people would suggest that you also make reparation for what you did in past lives.*

*Personally, I believe the real goal behind this Chakra is to stop making the past more important than the present. ~Cyndi Dale [The Intuition Handbook](#)*



# Jumping Timelines

*Whenever there is an increase in chaotic events there is a convergence of multiple timelines.*

*This is occurring due to the fact that your planet has entered a chaotic node and is experiencing ever increasing levels of chaos.*

*There is also an increase in what we call time nodes. Time nodes occur when two or more timelines converge as a result of their proximity.*

*Creative and novel effects often occur within timelines when they enter a time node proximity to other timelines. **These are evolutionary jump starts** that hold tremendous possibility for accelerated evolution if you understand how to utilize them.*

*We believe this information has vital significance for those of you engaged in the ascension process and for its sheer survival value.*

*From Article by [Tom Kenyon Channeling the Hathors](#)*





# Jumping Timelines

*You already possess two of the greatest treasures in your very own nature - **your sovereign will (to make choices)** and **your capacity to feel**.*

*These two, when combined properly allow you to jump timelines as you so desire, as co-creators of your reality rather than being mere pawns on a chessboard.*

*The fundamental principle, for jumping timelines, involves the coordination of a few significant fields of intentionality.*

**~Tom Kenyon, from the Hathor Archives**



1. **Identify the timeline you wish to move into perhaps it is LOVE, Joy, Peace, Kindness?**
2. **Focus your attention on the vibrational state that matches your desired timeline.**
3. **Create a statement or mantra that helps you focus your attention on the vibrational state you desire.**  
**For Example: *I am Joyously Living in the Magic of Love!***
4. **Saying your mantra everyday helps you focus your energy aligning with this timeline.**



# 8<sup>th</sup> Chakra Demons

**Demons of:**

**Regret**

**Distress**

**Uncertainty**

**Didn't Do It Right**

**Too Much to Do**

**Missed Opportunities**

**Cluttered Thinking**

**Karmic Retribution**

**Guilty Conscience**

**Overwhelming Shame**

**Name Yours** \_\_\_\_\_





**Kindness is Healthy for Our Hearts** increasing our sense of connection with others, activating the feel-good hormone oxytocin and releasing nitric oxide lowering blood pressure and increasing joy.

This is true for those who perform the act of kindness, those who receive the act of kindness and those who witness the act of kindness.

**Kindness is link to happiness.** When we are kind to others, we feel good physically, mentally, emotionally and spiritually. Kindness elevates other feel-good hormones including **dopamine**, **serotonin**, and **endorphins**.

**Kindness lowers inflammation in the body slowing the aging process** again through releasing oxytocin and stimulating the Vagus Nerve.

**Kindness is good for our relationships creating deeper bonds of love and trust** reducing any emotional distance between us.

**We are wired for kindness and cooperation** in ways that strengthen our relationships and help us create new ones. It's in our DNA.

**Kindness is Contagious.** Our kindness inspires others to be kind - activating a kindness revolution that spreads into our culture - changing our world.



**Kindness Changes the World**

**[Random Acts of Kindness](https://www.randomactsofkindness.org)**  
<https://www.randomactsofkindness.org>



# Deepening Practices for 8<sup>th</sup> Chakra

1. **Revisit this entire Venus Cycle** using your Venus Journal and/or other journals or ways of accessing your memory, seeing and feeling the timeline of this Venus Cycle.

It might help to divide the phases of this journey according to Morning Star featuring the Descending Chakra Gates, Venus with the Sun or Underworld, and Evening Star featuring the Ascending Chakra Gates and lastly Venus Retrograde. Journal on each phase, creating a summary. Be sure to celebrate any miracles, fun moments, and insights, while also honoring the challenges.

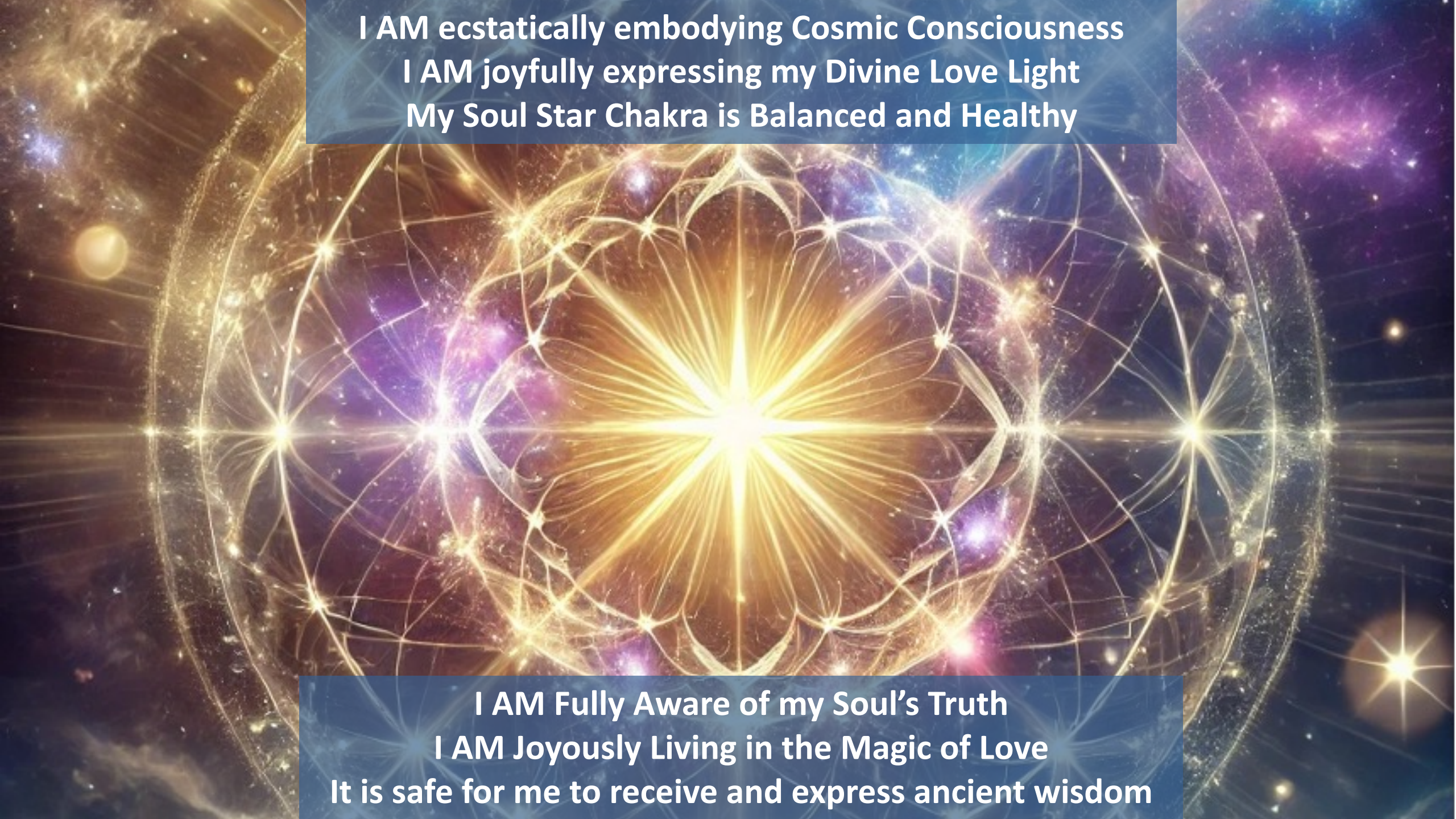
2. **Shadow Review/Meeting Your Demons:** Journal honestly on what you regret, any missed opportunities, demons you feel are still with you, any frustration, anger, hurt or other lingering feelings. Then consider doing a self-forgiveness ceremony.

1. **“Book of Life” Positive Review:** Journal on these events from a positive perspective, wearing “rose colored glasses.” This includes regrets, judgments of self and others, or other challenges you experienced. What were positive outcomes from your choices or lack of action?

2. **Soul Star Chakra and Venus Cycle Integration:** Consider your reflections and create a Mantra (examples on next slide) and/or choose images for each Chakra including:
  - a) A vision board or
  - b) An oracle deck for each gate and the underworld or
  - c) An object for each chakra or the overall cycle to place on your Venus Altar.







**I AM ecstatically embodying Cosmic Consciousness  
I AM joyfully expressing my Divine Love Light  
My Soul Star Chakra is Balanced and Healthy**

**I AM Fully Aware of my Soul's Truth  
I AM Joyously Living in the Magic of Love  
It is safe for me to receive and express ancient wisdom**



# The Soul (Star Chakra) is the Gateway to Heaven within you!

~[Choa Kok Sui](#) devised a system of secular multicultural practices leading to realization of the greater soul (or self).

